Who makes up ITC?

Committed supportive adults including:

- Judge
- Probation Counselor
- Case Monitor
- Defense and Prosecuting Attorneys
- Therapist
- Partnerships with community organizations.



Engaging youth and families.

The treatment court team work with participants to create individualized case plans and set goals. Youth will be empowered to set desirable and achievable goals throughout the duration of the program. Case plans will be created with youth and their family, focusing on risk level, areas of need and identifying appropriate services. These case plans will form the pathways in which goal attainment will be achieved. Conversations with the youth and families start at the initial intake process and continues through the program.



This phoenix was drawn by a treatment-involved youth. It is proudly displayed at the Kitsap County Youth Services Center reception area.

Any further questions concerning ITC may be directed to:

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Shannon Porter, Treatment Court Supervisor (360) 337-5468 sporter@kitsap.gov

> **Todd Dowell,** Juvenile Prosecutor (360) 337-5504 tdowell@kitsap.gov

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Kitsap County
Juvenile and Family
Court Services

Individualized

Treatment

Court (ITC)



Superior Court of Kitsap County

Committed to providing compassionate and effective services to youth, their families, and our community.

What is Individualized Treatment Court (ITC)?

ITC is a voluntary therapeutic treatment court providing intensive supervision and mandatory mental health therapy (and substance abuse treatment if deemed appropriate) to youth who have committed a criminal offense.

The program integrates adolescent development and effective behavior management into probation services. A combination of rewards and sanctions are used to motivate participants in the program. Individualized treatment services are incentive based, goal orientated, and include risk assessments, rapport building and case planning for all clients.

Who is eligible for ITC?

Youth are referred to ITC after being charged with an offense by the prosecutor. Youth must have a qualifying mental health diagnosis confirmed by a certified mental health provider. Youth cannot currently be charged with, or have a history of, a sex offense, serious violent offense, an offense in which the respondent used a firearm, or an offense where the respondent caused substantial or great bodily harm to another person (RCW 2.28.170).

How long is the program?

ITC is a minimum of one-year for felony-level offenses, and nine months for non-felony offenses. The program must be completed within two years.

Basic requirements of ITC?

- Youth must comply with recommendations by the mental health provider and participate with substance abuse treatment if appropriate.
- School attendance and participation, or employment if education is complete.
- · Random urinalysis testing.
- Mandatory court appearances weekly, bimonthly or as required.
- Weekly contact with probation officer and case monitor.
- Follow the rules of the home/placement.
- Parent/guardian participation and support.

ITC is a therapeutic and incentivebased program. Incentives may include:

- Gift cards
- · Monthly drawings
- · Judicial praise
- Goal achievement rewards
- Fewer court appearances/early out cards

What sanctions can be imposed for non-compliance with conditions of ITC?

- Community restitution work
- Writing assignments
- Chores at home
- Electronic Home Monitoring
- Detention
- Termination from ITC

How do participants benefit from ITC?

- Participants receive mental health therapy and opportunities for skill development.
- Needs based referrals to community services.
- · Supportive relationships and team approach.
- Be heard regularly in court.
- Reward/incentive-based programming.
- Upon successful completion of the program charge(s) will be dismissed.

What is the opt-out period?

During the first month trial period, known as the "opt-out" period, participants may choose to have their case returned to the Juvenile Court. All their rights will be restored except for the right to a timely adjudication which will start at the next court hearing. Once participants have completed the opt-out period, they will sign a final order and can only withdraw from the program after a request is made to the judge. If a withdrawal is approved, participants do not have a right to trial and the judge will determine guilt based on the police report(s).

When does ITC meet?

Court hearings are held on Thursday afternoons at 3:00 p.m. at the Kitsap County Youth Services Center.

Graduation and completion!

Upon completion of the program, there will be a graduation and the charge(s) referred to ITC will be dismissed.