



SALISH BHO

CLINICAL POLICIES AND PROCEDURES

Policy Name: USE OF EVIDENCE BASED

Policy Number: 11.14

PRACTICES Reference: State contract

Effective Date: 2/2013

Revision Date(s): 6/2018

Reviewed Date: 12/2014; 6/2016; 7/2017; 6/2018

Approved by: SBHO Executive Board

CROSS REFERENCES

- Network Directory: Evidence Based Practices
- Policy: Corrective Action Plan
- Policy: Practice Guidelines
- Policy: Special Populations

PURPOSE

The Salish Behavioral Health Organization (SBHO) encourages network providers to use evidence based practices, attend trainings to increase staff expertise and knowledge, and maintain a list of specialty trained staff.

EBPs have strict and rigid protocol. It is understood that a network provider may use a blend of evidence based practices and utilize key points of a practice to provide high quality services.

DEFINITIONS

Evidence Based Practice (EBP) means a program or practice that has had a multiple site random controlled trials across heterogeneous populations demonstrating that the program or practice is effective for the population.

- The term “research based” is synonymous with evidence based.

PROCEDURE

The SBHO requires the provider network in subcontracts to participate with the Department to increase the use of evidence based practices (EBPs).

1. The SBHO recognizes the EBPs have rigid protocols that require specific training and associated high costs to implement to fidelity.
2. The Department has contractually focused to increase EBPs for children and youth as identified through legislative mandates. These EBPs include:
 - Trauma-Focused Cognitive Behavioral Therapy (TFCBT/CBT) and CBT-Plus (TF-CBT/CBT+)
 - The network providers are expected to maintain a workforce trained in TF-CBT/CBT+.
3. The State encourages the SBHO and network providers to expand the expertise in a multitude of recognized EBPs and research-based practices.
 - The SBHO will continue to provide the recognized list of EBPs and discuss possible implementation through the Clinical Directors meetings.
4. The network provider agencies are responsible for recording specific EBPs provided.
 - Prior to recording an EBP into the encounter system, the network agency is responsible for ensuring fidelity to a particular model.
 - An agency must sign an attestation to the fidelity of a recorded EBP.
5. The SBHO will maintain a directory of specialty trained EBP clinicians available in the network.
 - The SBHO Directory of EBP trained clinicians is updated annually and posted on the SBHO website. Reference SBHO Directory of Evidence Based Practices

MONITORING

This policy is mandated by statute and contract.

1. This policy will be monitored through use of SBHO:
 - Annual SBHO Provider and Subcontractor Administrative Review
 - Bi-Annual Provider Chart Review
 - Network Directory of Specialty trained network staff
 - Monthly SBHO UMC & Clinical Directors meetings
2. If a provider performs below expected standards during any of the reviews listed above a Corrective Action Plan will be required for SBHO approval. Reference SBHO Corrective Action Plan Policy.