



SALISH BHO

CLINICAL POLICIES AND PROCEDURES

Policy Name: BEHAVIORAL HEALTH PRACTICE GUIDELINES

Policy Number: 11.13

Reference: 42 CFR 438.236; PHIP and State Contract

Effective Date: 8/2004

Revision Date(s): 6/2016; 6/2018

Reviewed Date: 6/2016; 6/2017; 6/2018

Approved by: SBHO Executive Board

CROSS REFERENCES

- Guidelines: Bipolar Disease Condensed Guidelines
- Guidelines: Schizophrenia Condensed Guidelines
- Plan: Quality Management Plan
- Policy: Corrective Action Plans

PURPOSE

The Salish Behavioral Health Organization (SBHO) adopts, disseminates and ensures compliance with designated research based American Psychiatric Association (APA) Practice Guidelines, the American Academy of Child and Adolescent Psychiatry (AACAP), and Substance Abuse and Mental Health Services Administration (SAMSHA).

DEFINITIONS

Practice Guidelines means systematically developed statements designed to assist in decisions about appropriate mental health treatment. The guidelines are intended to assist practitioners in the prevention, diagnosis, treatment, and management of clinical conditions.

- The SBHO five (5) Practice Guidelines are
 - Child and Youth Trauma Disorders
 - Schizophrenia Disorder (Adult)
 - Bipolar Disorder (Adult)
 - PTSD (Adult)
 - SUD Assessment and Coordination of Alcohol and Other Drugs (AOD) Treatment

PROCEDURE

1. The SBHO adopted the practice guidelines from APA, AACAP, or SAMSHA as they are based on valid and reliable research-based clinical evidence and reflect a consensus of national behavioral health professionals.
2. The SBHO adopted the practice guidelines after:
 - The SBHO considered the service needs by targeting the most prevalent and covered behavioral health diagnoses in the SBHO
 - The SBHO clinical directors, employed by the network providers, reviewed and recommended five (5) practice guidelines for implementation
 - The recommended guidelines were reviewed by the SBHO Quality Improvement Committee (QUIC)
3. The SBHO has disseminated the five (5) practice guidelines.
 - The practice guidelines, and if applicable condensed guides, are sent electronically to all network providers' clinical director(s) in the SBHO. The SBHO Practice Guidelines are also available through the SBHO website (in Manual).
 - The practice guidelines are provided electronically to individuals, potential individuals, and interested parties, upon request.
4. The SBHO shall ensure clinical assessments and treatment services incorporate the adopted practice guidelines.
 - The SBHO, in consultation with the network clinical directors, will identify the elements within each adopted practice guideline to monitor. The SBHO will ensure those elements are included in the services provided to each client with a diagnosis of one of the practice guidelines.
5. The SBHO shall ensure the adopted practice guidelines are incorporated into the utilization management protocols, enrollee education, and the network provider training plan.
6. The SBHO adopted practice guidelines will be reviewed and updated biennially.

MONITORING

1. This policy is a mandate by contract. This policy will be monitored through use of SBHO:
 - Monthly SBHO UMC & Clinical Directors Meetings
 - Biannual Provider Chart Reviews: Practice Guidelines Chart Reviews will be completed for all charts reviewed for adult clients who have a diagnosis of one of the practice guidelines, in addition to the completion of the Standard Quality Chart Review.
2. If a provider performs below expected standards during any of the reviews listed above a Corrective Action will be required for SBHO approval.