Name of Organization	Contact Information	Description
NW Paralyzed Veterans of America	www.nwpva.org 206-241-1843	Provides expertise on a wide variety of issues involving the special needs of veterans of the armed forces who have experienced spinal cord injury or dysfunction. The NW Chapter serves over 650 members in Washington, Oregon, Idaho and Montana.
Office of Education Ombudsman	www.waparentslearn.org 866-297-2597	Functions independently from the public school system. Helps solve disputes and conflicts between families and elementary and secondary public schools that affect student learning.
Parent Help 123	www.parenthelp123.org	Assists families to verify if they qualify for health insurance and food programs in Washington State.
Parent Information and Resource Center	www.wapirc.org	Offers information to parents on state educational standards, supplemental services and school choice.
Parent to Parent of Washington State	www.arcwa.org/parent to parent.htm 800-821-5927	Matches new parents with parent "mentors" and provides trainings, workshops and support groups for parents with children with disabilities.
PAVE (Parents Are Vital in Education)	www.wapave.org 800-572-7368 253-565-2266	A parent-directed organization that works with families, individuals with disabilities, professionals and community members with disabilities. Statewide Parent Training Information Center (PTI), a federally funded program providing training, resources, and support for parents in Washington State whose children have special learning needs.
	Family Voices of Washington www.familyvoicesofwashington.com	Serves families who have children and youth with special health care needs age birth to 18 years. It provides individual information on advocating for your child in the health care system and refers you to healthcare resources that are available in Washington State.

Name of Organization	Contact Information	Description
People First of Washington	www.peoplefirstofwashington.org	Supports people with developmental disabilities to strengthen and refine their leadership and advocacy skills.
Self-Advocacy in Leadership (SAIL)	www.sailcoalition.org 888-754-8798	Provides opportunities for people with developmental disabilities to shape the services and policies affecting their lives.
Traumatic Brain Injury Council of Washington	www.tbiwashington.org 877-824-1766	Advises and works in collaboration with the Department of Social and Health Services (DSHS) and other stakeholders on the best ways to create and provide an array of coordinated, accessible services and supports promoting the optimal quality of life for all individuals with traumatic brain injury and their families.
Washington Assistive Technology Act Program (WATAP)	www.watap.org 800-214-8731	Assists individuals with disabilities to obtain assistive technology and related services needed for employment, education and independent living.
Washington Assistive Technology Foundation (WATF)	www.watf.org 800-214-8731	Provides access to technology and economic opportunity for individuals with disabilities in Washington State.
Washington Community Mental Health Council (WCMHC)	www.wcmhcnet.org 206-628-4608	A non-profit, professional association of licensed community mental health centers creating healthy and secure communities through partnerships, advocacy, high quality service and public education.
Washington Initiative for Supported Employment (WISE)	www.thinkbeyondthelabel.com	Dedicated to expanding employment opportunities for people with disabilities through the Think Beyond the Label program, providing local resources for hiring workers with disabilities.

This is a directory of many disability partners that provide community resources, including emergency and transitional housing, transportation, health clinics, rent or utility assistance, legal help, homeless prevention, food banks and general resources.

To find other organizations not listed, please call 211.

Name of Organization	Contact Information	Description
ARC of Washington State	www.arcwa.org 888-754-8798	The mission of the ARC is to promote the education, health, self-sufficiency, self-advocacy, inclusion and choices of individuals with intellectual disabilities and their families.
Autism Outreach Project	www.nwesd.org/autism 888-704-9633	A statewide program which coordinates the identification, program development, placement, and development activities for students with autism spectrum disorders, birth through 21, in all school districts, and works with parents and state agencies.
Autism Society of Washington	www.autismsocietyofwa.org 888-279-4968	Advocacy, public awareness, education and research related to autism.
Brain Injury Association (BIA) of Washington	www.braininjurywa.org	Provides prevention education, advocacy, and support to survivors of brain injury and their families.
Center for Change in Transition	www.seattleu.edu 206-296-6494	Provides special education teachers, directors, students and their families with resources, information and news regarding secondary special education and transition services.
Department of Services for the Blind	www.dsb.wa.gov	Helps individuals with visual disabilities gain the necessary skills and access opportunities to reach their employment goals. Services focus on independent living by providing orientation training and mobility support to individuals and families.

Name of Organization	Contact Information	Description
Developmental Disabilities Council	www.ddc.wa.gov 800-634-4473	Promotes a comprehensive system of services, and serves as an advocate and a planning body for Washington State's citizens with developmental disabilities.
Disability Rights Washington	www.disabilityrightswa.org 800-562-2702	Provides free advocacy services to people with disabilities. Protects the rights of people with disabilities, advancing the dignity, equality, and self-determination of people with disabilities. Works to pursue justice on matters related to human and legal rights.
Developmental Disabilities Administration (DDA)	www.dshs.wa.gov/ddd 800-788-2053	Assists individuals with intellectual and developmental disabilities and their families obtain services/supports based on individual preference, capabilities and needs. DDA serves individuals of all ages.
Easter Seals	www.easterseals.com 206-281-5700	Offers a variety of services assisting people to help people with disabilities address life's challenges and achieve personal goals.
Hearing Loss Association of Washington	www.hearingloss-wa.org	Provides information on hearing loss in both adults and children, answers frequently asked questions regarding hearing loss, and hearing disorders; new technologies, and links to online resources.
Learning Disabilities Association of Washington	www.ldawa.org	Provides services and support to improve the quality of life for individuals and families affected by learning and attention disabilities.
Multiple Sclerosis Society – Greater NW Chapter	www.MSnorthwest.org 800-344-4867	Addresses the challenges of living with MS. The Society helps individuals affected by MS by facilitating professional education and providing programs and services that help people with MS and their families move their lives forward.
Multiple Sclerosis Society – Inland NW Chapter	www.nationalMSsociety.org/WAI 509-482-2022	

Name of Organization	Contact Information	Description
Washington Sensory Disabilities Services	www.wsdsonline.org 800-572-7000	Provides information, training, technical assistance and resources to families and educators for individuals age birth to 21 with sensory disabilities, including individuals who are deaf, hard of hearing, blind, visually impaired or deaf-blind.
Washington State Association of the Deaf	www.wsad.org info@wsad.org	Promotes improvements in the quality of life for deaf and hard of hearing individuals including but not limited to deaf-blind individuals, parents of deaf children, interpreters, late deafened adults, Children of Deaf Adults.
Washington State Hands and Voices	www.wahandsandvoices.org	A parent-driven organization dedicated to supporting and unifying families with children who are deaf, hard of hearing, or deaf-blind to improve communication access and education outcomes for their children.
Washington State Special Education Coalition	www.wssec.org Special Ed Ombudsman 360-725-6075 Education Ombudsman 866-297-2597	Brings together parents and professional organizations in a spirit of cooperation to share information, explore issues and effectively advocate for quality education for children with special needs.