

The Department of Human Services



League of Women Voters Presentation

March 14, 2018

A Progress Report on the 1/10th of 1% Behavioral Health Tax in Kitsap County



Direction, Purpose and Mission

To fund a county wide infrastructure for behavioral health treatment programs and services that benefits Kitsap County youth and adults who are impacted by chemical dependency and mental illness.

Prevent and reduce the impacts of disabling chemical dependency and mental illness by creating and investing in effective, data driven programs for a continuum of recovery-oriented systems of care.



Authority - RCW 82.14.460 (2005)

“Funds must be used solely for the purpose of providing for the operation or delivery of chemical dependency or mental health treatment programs and services and for the operation or delivery of therapeutic court programs and services.”



“Programs and services” includes, but is not limited to, treatment services, case management, transportation, and housing that are a component of a coordinated chemical dependency or mental health treatment program or service. Approximately \$4,000,000 are awarded for projects per year.

Commissioner's Strategic Goals

1. Improve the health status and well-being of Kitsap County residents.
2. Reduce the incidence and severity of chemical dependency and/or mental health disorders in adults and youth.
3. Divert chemically dependent and mentally ill youth and adults from initial or further criminal justice system involvement.
4. Reduce the number of people in Kitsap County who cycle through the criminal justice systems, including jails and prisons.
5. Reduce the number of people in Kitsap County who use costly interventions including hospitals, emergency rooms, and crisis services.
6. Increase the number of stable housing options for chemically dependent and mentally ill residents of Kitsap County.

Citizens Advisory Committee (CAC)

Citizens Advisory Committee Members:

Richard Daniels, Chair

Connie Wurm, Vice-Chair

Kathleen Cronin

Russell Hartman

Lois Hoell

Robert Parker

Ursula Petters

Jeannie Screws

Kimberly Shipp

Meetings are held the third
Tuesday of every month

Kitsap WorkSource Center
1300 Sylvan Way, Bremerton, WA
5:00 p.m.— 7:00 p.m.



Request for Proposal Grant Cycle

January -
May

June - July

August

September

October -
December

- RFP Sub-Committee convenes and meets monthly to begin updates to RFP
- CAC approves Final RFP at May CAC Meeting
- CAC meets with Commissioners to review RFP

- June 1st Request for Proposal (RFP) goes out to community
- Proposers Conference to review questions related to RFP
- Proposers complete application process

- Applications Due August 1st
- CAC members review and individually score all proposals
- CAC meets to develop questions for Proposers

- Question and Answer Sessions with Proposers (Week 2)
- CAC Meets to rank applications
- CAC Meets to finalize awards amounts
- CAC Approves final Recommendations at September Meeting

- Work Study with Commissioners
- BOCC Approval at Regular Business Meeting
- Statements of Work and Budgets completed
- Contracts routed and signed

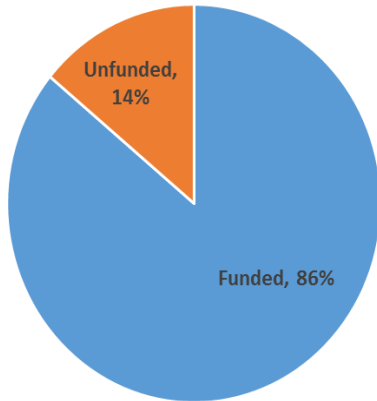
Services begin January 1, 2019

Funding History

July 1, 2014 – June 30, 2015

Requests - \$3,453,190

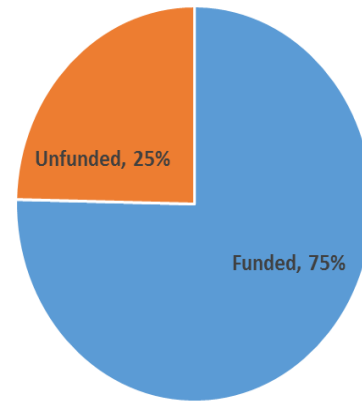
Awards - \$2,969,842



July 1, 2015 – June 30, 2016

Requests - \$3,145,937

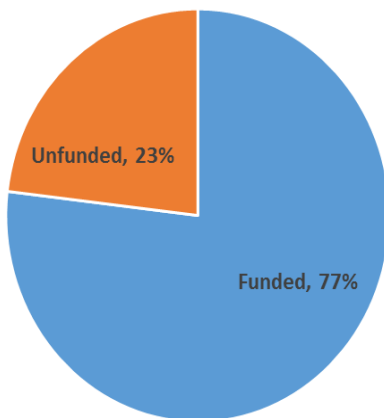
Awards - \$2,371,000



July 1, 2016 – Dec 31, 2017

Requests - \$7,209,263

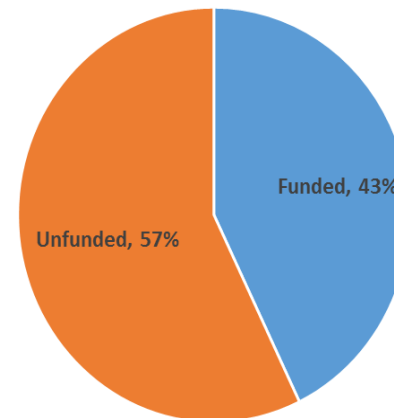
Awards - \$5,541,355



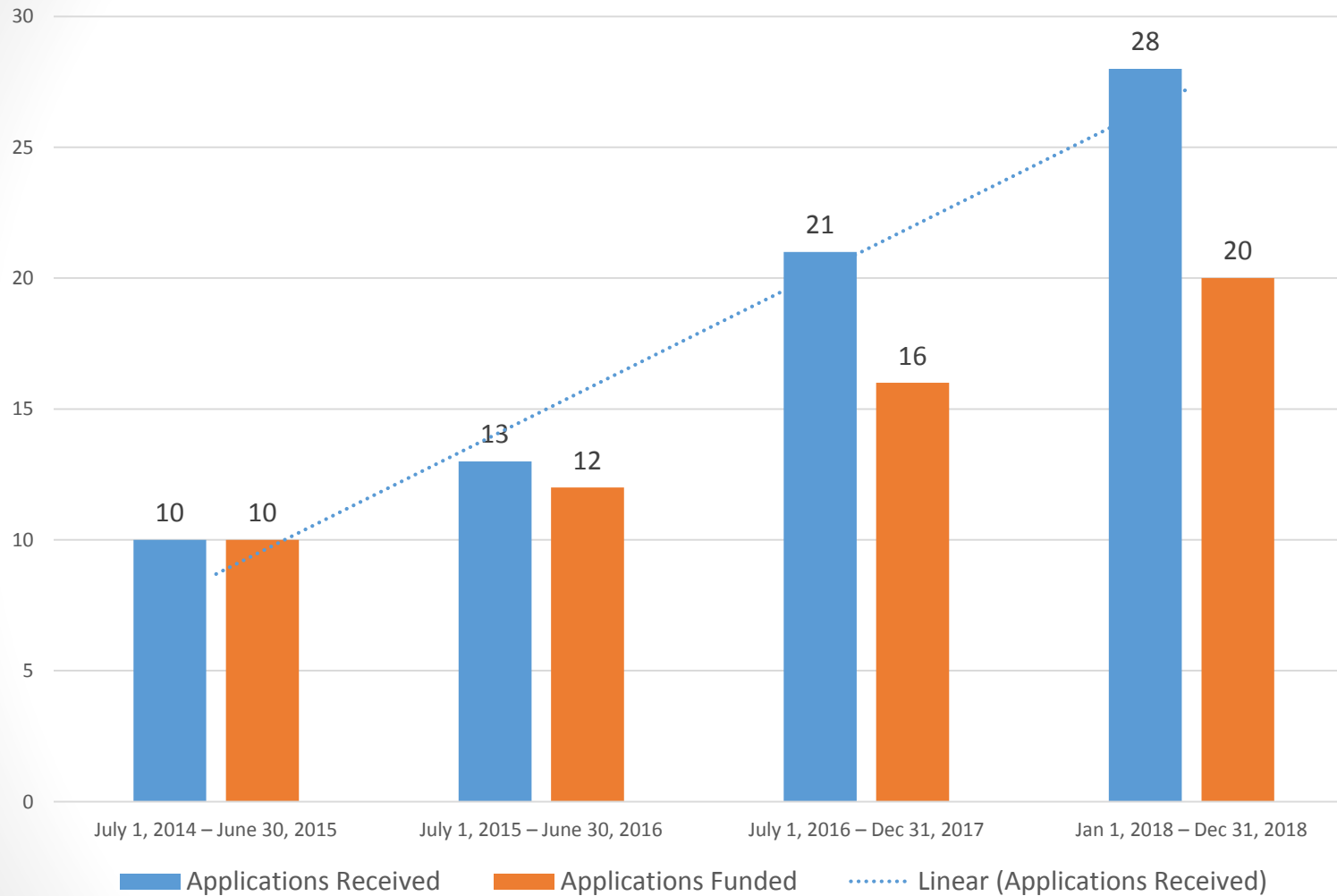
Jan 1, 2018 – Dec 31, 2018

Requests - \$9,340,861

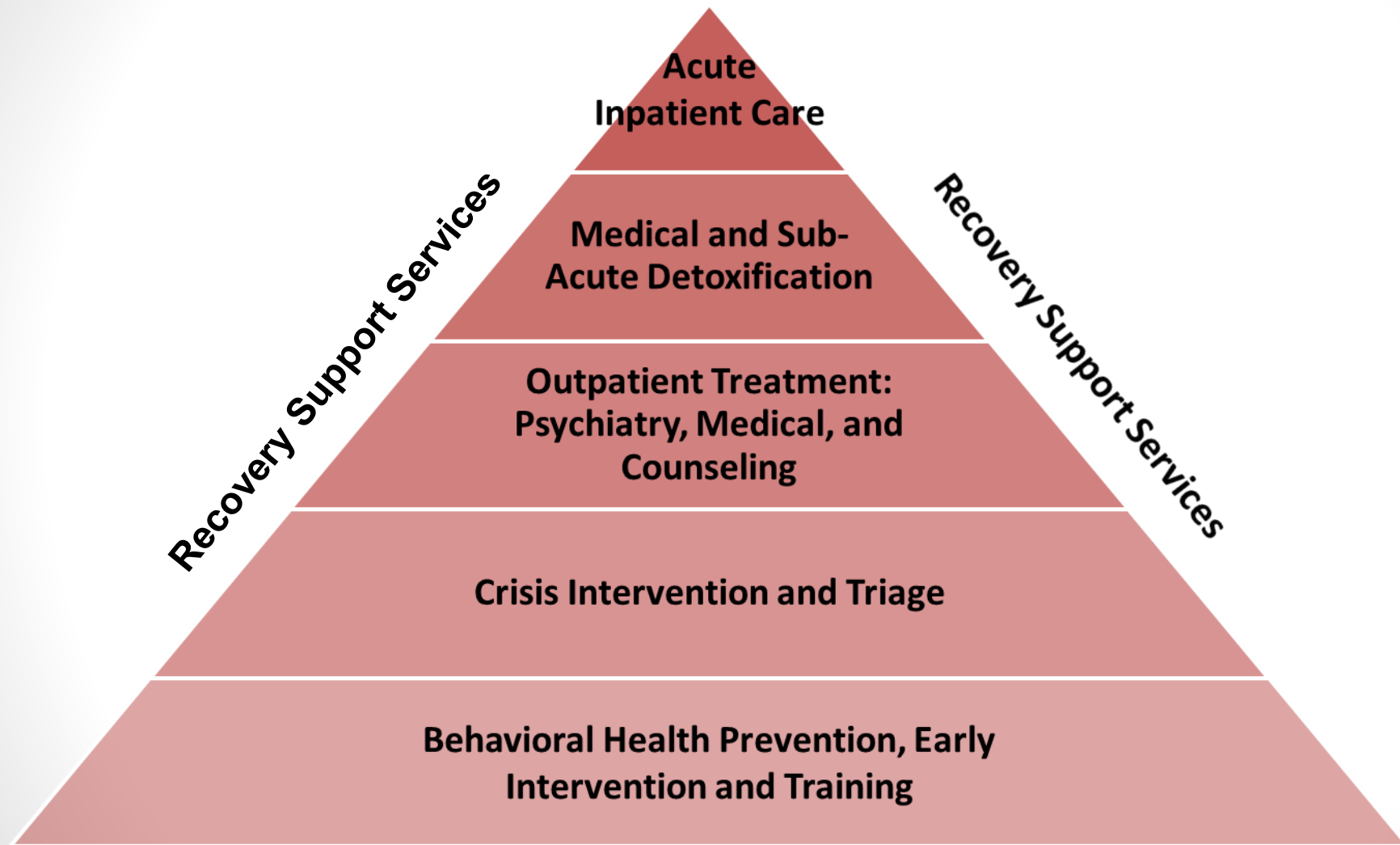
Awards - \$4,000,590



Applications Received/Funded



Kitsap County Continuum of Care



2018 Funded Projects by Continuum

Prevention/Early Intervention	Crisis Intervention	Outpatient Treatment	Recovery Support Services
<p>Nurse Family Partnership & Maternal Support Services</p> <p>NEW Bremerton SD Social and Emotional Learning Project</p> <p>School Based Behavioral Health Enhancement Project</p>	<p>Homeless Youth Intervention</p> <p>Crisis Intervention Team Training for Law Enforcement</p> <p>NEW <u>RideAlong</u> & Kitsap County Jail Behavioral Health Unit</p> <p>Behavioral Health Outreach</p> <p>Kitsap Connect</p> <p>Crisis Triage Center</p>	<p>Youth Outpatient Substance Use Disorder Treatment</p> <p>Juvenile Therapeutic Court Services</p> <p>NEW District Court Behavioral Health Court</p> <p>Adult Drug Court & Veterans Therapeutic Court</p> <p>NEW Trauma Informed Care Services</p>	<p>New Start Jail Transition</p> <p>NEW Partners in Memory Care</p> <p>NEW Housing Stability Services</p> <p>NEW Housing Feasibility Study</p>

Quality - Across the Continuum

Nurse Family Partnership
Maternity Support Services
School Based Behavioral Health
Social and Emotional Learning
Juvenile Therapeutic Courts
Homeless Youth Intervention
Crisis Intervention Training
New Start Jail Services
Adult and Veterans Courts
Behavioral Health Court
Behavioral Health Outreach
Kitsap Connects
Trauma Informed Care Services
Crisis Triage Center
Partners in Memory Care



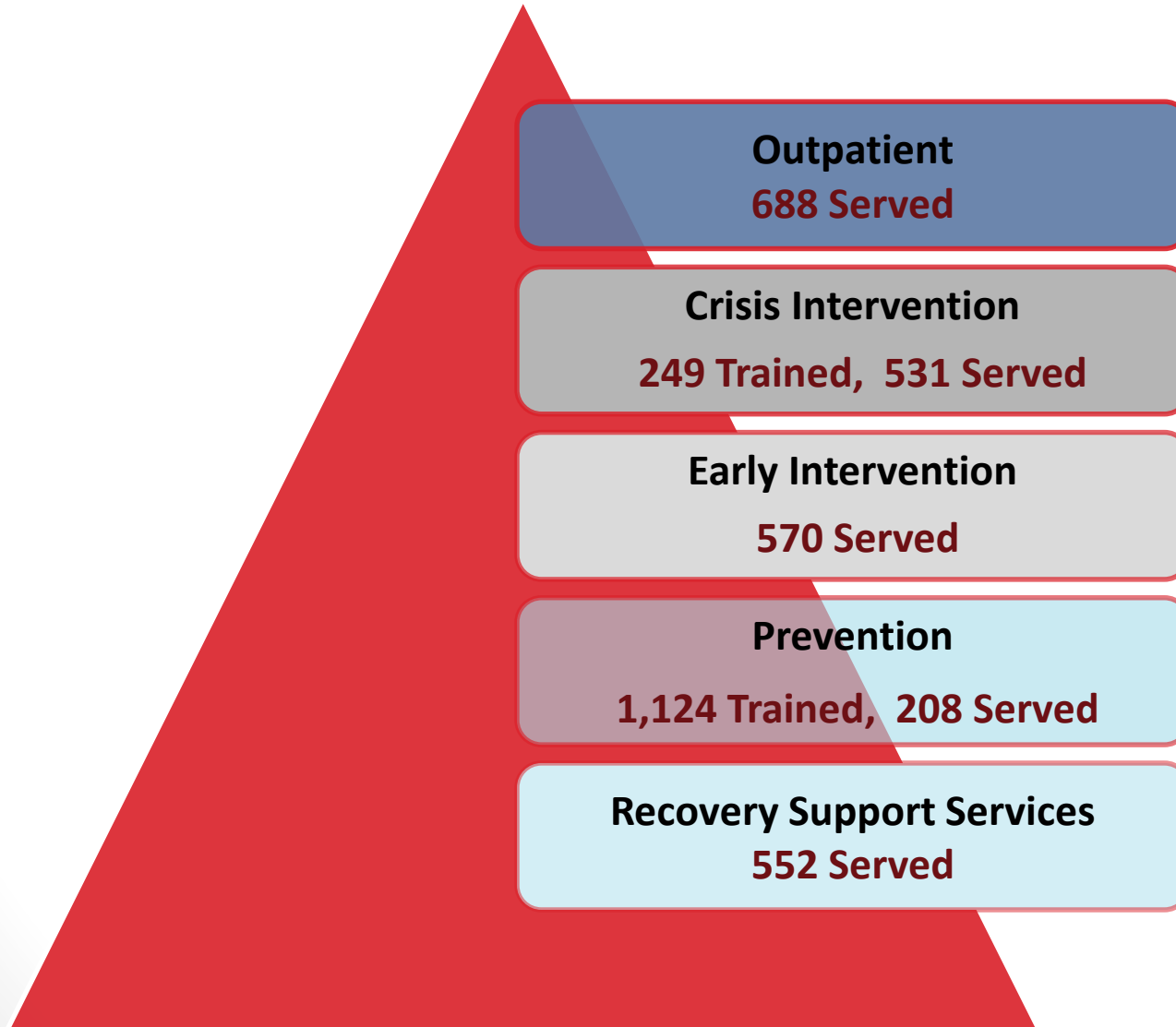
Quality - Across the Continuum

Evaluation efforts must include standardized data collection and reporting processes that produce the following information:

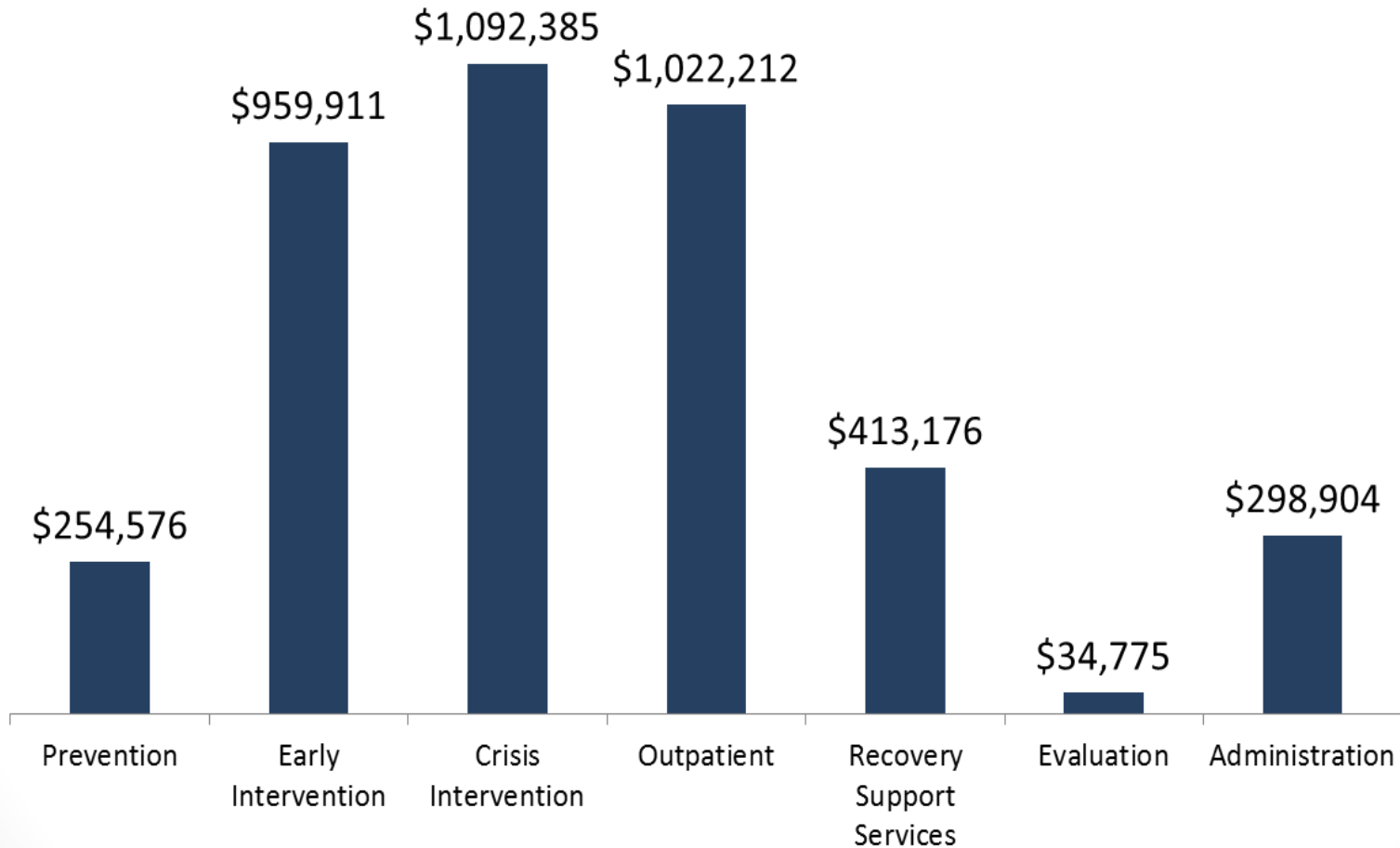


- Quantity of services (outputs) *required*
- Level of change occurring among participants (outcomes) *required*
- Return-on-investment or cost-benefit (system savings) *strongly encouraged*
- Adherence to the model (fidelity) *required if applicable*
- Common measures (to be identified by the Citizens Advisory Committee and Kitsap Public Health District staff that all programs must report on) *required if applicable*

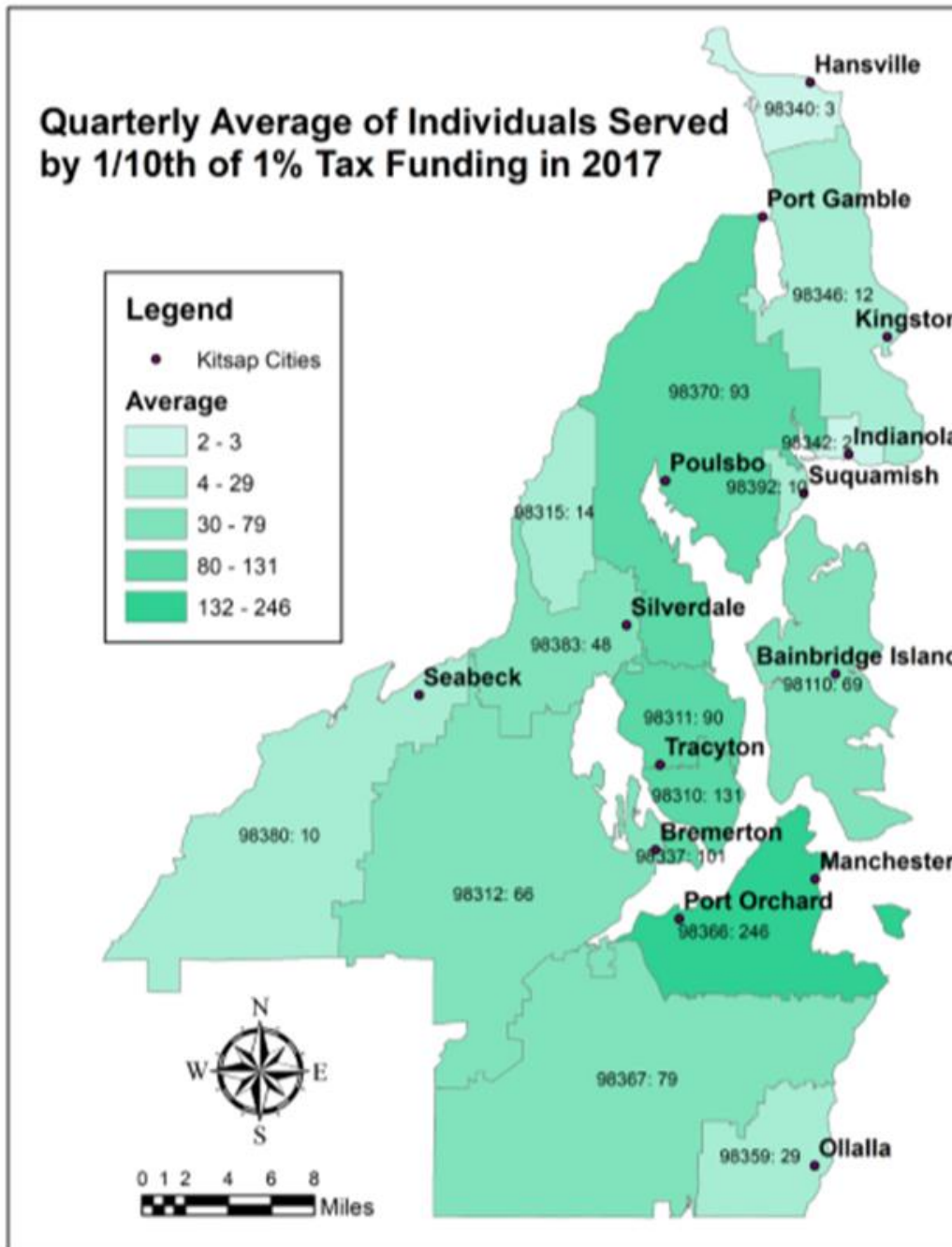
2017 Services by Continuum of Care



2017 Expenditures by Continuum



Geography of Individuals Served



2017 Program Highlights

Goal 1: Improve the health status and well-being of Kitsap County residents.

- ✦ **570 students** have been referred to school-based behavioral health services and **1,124 individuals trained**.
- ✦ **96%** elementary school staff and **93%** of secondary school staff report improvements in their school's ability to respond effectively to students' behavioral health needs as a result of the training provided.

Goal 2: Reduce the incident and severity of chemical dependency and/or mental health disorders in adults and youth.

- ✦ Of students with an identified substance use reduction goal, 25% reduced their cigarette smoking, **49%** their alcohol use, **54%** their binge drinking, and **54%** their marijuana use.

Goal 3: Divert chemically dependent and mentally ill youth and adults from initial or further criminal justice system involvement.

- ✦ **67%** of individuals in the Behavioral Health Outreach program show reduced contact with criminal justice system.
- ✦ **87%** of New Start participants have not re-entered jail following treatment.
- ✦ 28 juveniles, 283 adults and 20 veterans participated in Therapeutic Court Programs.

2017 Program Highlights

Goal 4: Reduce the number of people in Kitsap County who cycle through the criminal justice systems, including jails and prisons.

- ✦ **100%** of the participants who completed Juvenile Drug Court or Individualized Treatment Court **remained crime-free** for 18 months following graduation.
- ✦ **70%** of Adult Drug Court participants and **80%** of Veterans Court participants who graduated in 2016 remain conviction free to date.
- ✦ Kitsap Connect clients **reduced** the number of bed days in jail during the last quarter **from 282 to 47.**

Goal 5: Reduce the number of people in Kitsap County who use costly interventions, including hospitals, emergency rooms, and crisis services.

- ✦ **249** law enforcement officers were trained in Crisis Intervention. **81%** of Kitsap County officers are now trained in Crisis Intervention.
- ✦ 50% of individuals in the Kitsap Connect program show at least a 30% reduction in calls to 911 and 60% show at least a 15% reduction in contact with emergency departments.

Goal 6: Increase the number of stable housing options for chemically dependent and mentally ill residents of Kitsap County.

- ✦ New Start Housing for Men and Women provided **32** individuals transitioning out of the jail with housing.

2017 Strategic Plan Review

System Improvements

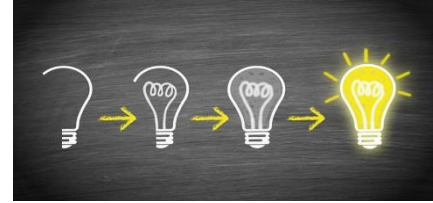
- Increased Access to School-Based Early Intervention Services
- Increased Partnerships and Collaboration between Primary Care and Service Providers
- Improved Partnerships and Collaboration between Law Enforcement and Service Providers
- Interdisciplinary Teams Forming
- Practicing Care Coordination Verses Crisis Response
- Increased Transition Support for Inmates Leaving Jail
- Pre-Trail Diversion Behavioral Health Outreach
- Increased Access to Therapeutic Court Services

Ongoing Gaps in the System

- Behavioral Health Services for Young Children in Early Learning Programs
- Cross System Data Sharing
- Mobil 24 Hour Crisis Response Teams
- Geriatric Outreach Team
- Workforce Issues – Lack of Trained Behavioral Specialists to fill Local Positions
- Central Coordination of Behavioral Health Services for Law and Justice
- Limited number of Adult Inpatient Mental Health Beds
- Medical Detoxification
- Gero Psych Unit



Lessons Learned/Key Priorities



RFP Process:

- ✓ Continue to improve the Evaluation Process with measurable outcomes
- ✓ Implement Evidence-Based and Best or Promising Practice Programs
- ✓ Emphasize Collaboration and Collective Impact

Administration:

- ✓ Leverage Medicaid Dollars
- ✓ Identify recurring fiscal commitments
- ✓ Insure sufficient funds each year for new and innovative programs
- ✓ Establish policy for use of reserve funds

System of Care:

- ✓ Develop strategy to increase the number of stable housing options
- ✓ Focus on Prevention and Early Intervention Programs which have a demonstrated return on investment
- ✓ Support local efforts for recruiting, educating, training, and retaining a skilled behavioral healthcare workforce

2018 Request for Proposal Timeline

Date	Activity
March, April, May 2018	RFP Sub-committee meetings
May 15, 2018	CAC Meeting (Approve Request For Proposal)
June 1, 2018	Request For Proposal Released
June 13, 2018	Proposers Conference – 1:30 p.m.
August 1, 2018	RFP Proposals Due by 3:00 P.M.
August 2018	Proposal Reviews and Rating Sheets Completed
August 2018	CAC Convenes to Develop Questions
September 4, 2018	Questions emailed to Proposers
September 10 th – 14 th	Proposer Question and Answer Sessions
September 18, 2018	CAC Meeting (Develop Recommendations for BOCC)
October 8, 2018	BOC Acts on Funding Recommendations
January 1, 2019	Program Year Begins



Questions?

Gay Neal – Program Manager

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360-337-4827

Please visit our website

<https://spf.kitsapgov.com/hs/Pages/CAC-LANDING.aspx>