

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

## Advisory Council Meeting

**Date:** March 19, 2024

**Time:** 11:30am- 1:30pm (11:15am for pre-meeting technical assistance)

**Virtual Meeting Link:** Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

**Meeting ID:** 360 337 5624

**Passcode:** 98366

**Phone Dial-in:** 1 (253) 215-8782

**Meeting ID:** 360 337 5624

**Password:** 98366

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### A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members- expectations for public input
  3. Meeting Agenda Approval
  4. February meeting notes (Attachment 1) - Approval
- 11:40am 5. Kitsap DCD Comprehensive Plan, Colin Poff – Aging focus
- 12:45pm 6. Advocacy Efforts
- FY 2025 Legislative funding requests, effective July 1<sup>st</sup>
- 12:50pm 7. Social Isolation subcommittee, updates
- 12:55pm 8. Council Member Report of Activities- Outreach form (Attachment 2)
- a. 1/10<sup>th</sup> Citizens Advisory Council- Charmaine Scott
  - b. 2024 SCOA Meeting- Susan Kerr
  - c. Kitsap Accessibilities and Public Works Transitions Plan- Ranae Beeker
  - d. (If time permits) Council Member Report of Community Outreach
- 1:15pm 9. Aging Services: Dashboard Report overview (Attachment 3)
- May Older Adult workshops & planning
- 1:25pm 10. 2024 Advisory Council Calendar of Events (Attachment 4)
- Reminder: No April meeting
  - Review of Bylaws, review and discuss updates in May
- 1:30pm ADJOURN

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

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### **February 20, 2023 Aging Advisory Council Meeting Minutes**

#### **Zoom**

#### **1. Convened at 11:31 a.m.**

**Members Present:** Steve McMurdo, Ranae Beeker, Ann Paoletti, Charmaine Scott, Linette Zimmerman, Karol Stevens, Elizabeth Safsten, Cynthia Blinkinsop.

**Members Excused:** Barbara Paul, Susan Kerr.

**Members Unexcused:** Sandra Miles.

**Guests Present:** Laney Calhoon.

**Staff Present:** Stacey Smith, Cristiana Fillion.

**Public Address:** None.

**Approval of Agenda:** The meeting agenda was reviewed.

- Karol made a motion to approve the agenda as amended, Charmaine seconded, and the agenda was approved.

#### **2. Approval of Minutes:**

- Karol made a motion to approve the December meeting minutes. The motion was seconded by Ann. The minutes were approved.

#### **3. January Advocacy Efforts**

- Debrief – Stacey opened the floor for Council members to share feedback on January's legislative activities. There was open dialogue about the Council member experiences. Steve suggested tailoring their discussion to the legislators, to better communicate their message to them. Stacey asked how Council members felt about attending the legislative meetings virtually. Charmaine, Karol, and Ann stated that they liked using Zoom for the meetings.
- Status on Legislative Requests – Stacey shared an update on the budgets that were released, and explained that w4a requests were budget provisos, not bills. First the Governor released his budget in December, then the Senate and House released their budgets during week of February 19<sup>th</sup>. Unfortunately, no budget was approved for AAA case management support. Some good news is that the Senate budget included \$7 million in state funds for senior nutrition, and the House budget

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included \$10 million. Steve asked if the federal funds that were provided during the pandemic will become unavailable after September, and if approved funds will become available at that point. Stacey explained that the state funds will be available on July 1, while AAAs stimulus funds expire September 30, 2024.

- Kitsap DCD Comprehensive Plan – Stacey reminded Council members that they spoke briefly in December about providing feedback about the Kitsap County DCD comprehensive plan, and asked if the Council would like her to reach out to them. Stacey explained that the Department of Community Development, who oversees unincorporated areas of Kitsap County, is working on an update to their 30-year Comprehensive Plan. Stacey believes that DCD needs to hear more about the needs of seniors living in these areas. Karol stated that Eric Baker, Kitsap County Deputy Administrator, spoke in Keyport about the plan and that during the meeting Comm Cynthia pointed out that social isolation, food insecurity, and transportation would also be important topics to include in the plan. Stacey shared the Comprehensive Plan Update webpage, showed how to access it, and went over upcoming events.
- Kitsap Regional Library – Steve stated he and Ranae met up with Lucretia Robertson, Director of Human Resources & DEI, and Jeannie Allen, Director of Strategy & Communications, after they reached out to the Council. Steve explained that every year the Kitsap Regional Library (KRL) sets priorities and focus topics for all employees. They are considering “Aging” as the topic for this year. Steve stated that an agenda is in development, and she will be in touch at a later date. Lucretia also offered to present to the Council and is still open to adding the senior resource tab to their website.

#### **4. Social Isolation Subcommittee Update**

- Karol stated that the subcommittee met yesterday via Zoom and will soon meet at the Silverdale Library to assemble informational packets for various healthcare providers around the county.

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### **5. Council Member Report of Activities**

- a. 1/10<sup>th</sup> Community Advisory Committee – Charmaine Scott
  - Charmaine explained that the 1/10<sup>th</sup> Community Advisory Committee is currently planning their March retreat, where they will go over their workplan, bylaws and discuss the upcoming RFP season.
- b. 2024 State Council on Aging (SCOA) Meeting – Susan Kerr
  - Susan was not in attendance.
- c. Kitsap Accessibilities and Public Works Transitions Plan
  - Ranae explained that she is still waiting to hear back on the Committee.
- d. Council Report on Activities
  - Sandra met with the Island Volunteer Caregivers about grants and asked if Council Members had any suggestions. Charmaine suggested the 1/10<sup>th</sup> Community Advisory Committee grant.
  - In addition to meeting with state legislators and library leadership, Steve assembled and distributed informational packets.
  - Elizabeth participated in the legislative meetings, and through her work on the WSDOT Public Transit Division, a policy was passed that will hold rural transit agencies to the same requirements as those in metropolitan areas. Elizabeth sent a template of the policy to Kitsap Transit for informational purposes only.
  - Ann participated in the legislative meetings and has been providing information on resources with members of her community and sharing flyers.
  - Karol attended a drug overdose training offered by the Kitsap Public Health District. She learned that since 2022, the number of overdoses has been increasing by 20% each quarter. Although not specific to seniors, the number of deaths effects all age groups.
  - Linette mentioned that there are revisions to the senior property tax exemptions. Linette will be speaking with a large group of Soroptimists about ALTC services at an upcoming meeting.
  - Cynthia is learning how to transition to Medicare. The Council discussed the difficulties of finding local providers accepting new Medicare patients and

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waiting periods.

### **6. Aging Services**

#### **a. Dashboard and May Older Adults Recognition - Planning**

- The Council reviewed the February Dashboard Report. Stacey explained that volunteer ombuds hours are getting back to pre-pandemic numbers. Outreach events are also increasing and planning has begun for Older Americans Month in May. Council members discussed potential workshop topics.

### **ADJOURNMENT**

The meeting was adjourned at 1:20 p.m.

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Steve McMurdo, Chair

# Advisory Council Community Outreach Tracking Form

**1. Type of Outreach:**

- Community Outreach Event    
  Group Education    
  Media/Internet    
  One on One    
  Material Dissemination    
  Advocacy Action Alert

**2. Outreach Details:**

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

**3. Advocacy Action Alert Details:**

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

**4. Topic(s) Discussed:**

- |   |   |   |  |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia       | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA         | <input type="checkbox"/> SHIBA/Medicare        |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver        | <input type="checkbox"/> Medicaid         | <input type="checkbox"/> Systems Advocacy      |
| <input type="checkbox"/> Disaster Preparedness        | <input type="checkbox"/> Legal Services           | <input type="checkbox"/> Nutrition        | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse                  | <input type="checkbox"/> Legislative Town Hall    | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____           |
| <input type="checkbox"/> End of Life Planning         | <input type="checkbox"/> Long Term Care Planning  | <input type="checkbox"/> Senior I&A       |  |

**5. Estimated Age Range of Attendees:**

- |                                |                                |                                |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+   |

**6. Groups- Targeted or in Attendance:**

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare)      | <input type="checkbox"/> Unpaid Caregivers   | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers  | <input type="checkbox"/> Low Income                  | <input type="checkbox"/> Other _____            |
| <input type="checkbox"/> Individuals w/ Disabilities              | <input type="checkbox"/> Social Workers      | <input type="checkbox"/> Pre-retirees                |   |
| <input type="checkbox"/> Person w/ dementia                       | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees                    |   |

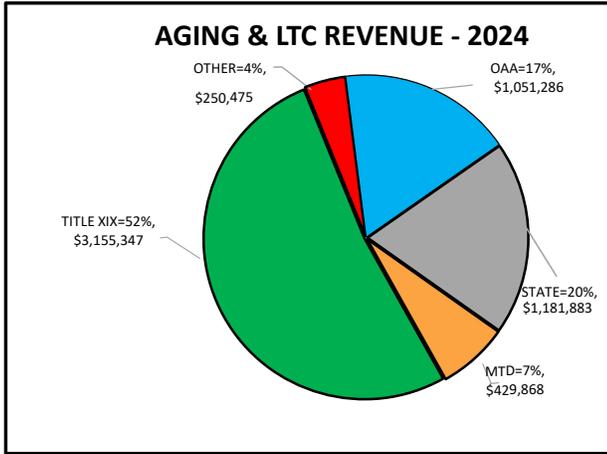
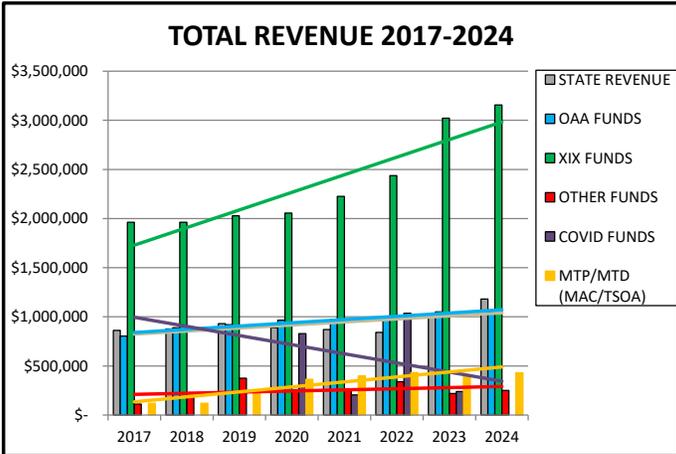
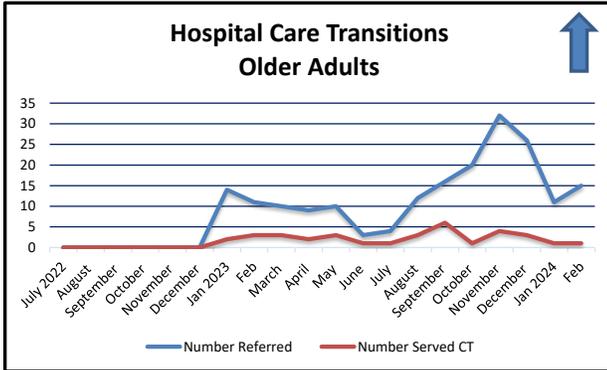
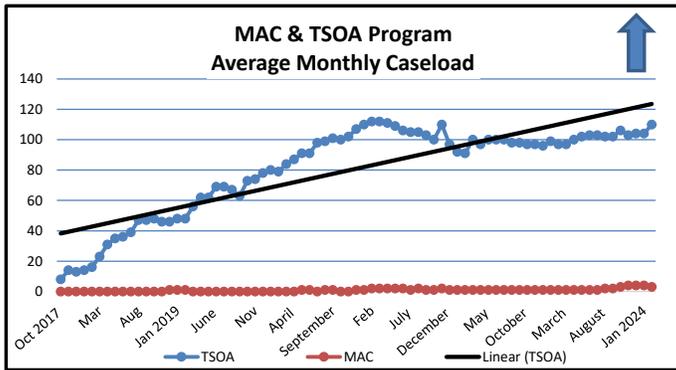
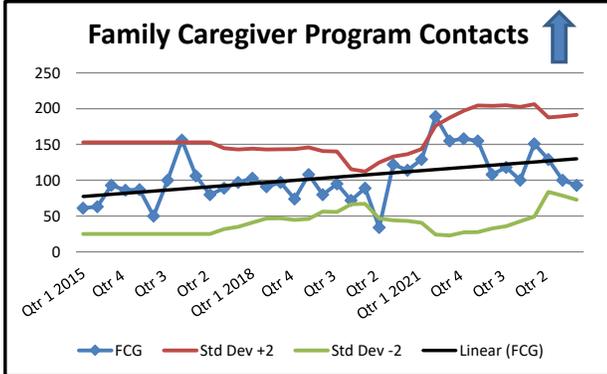
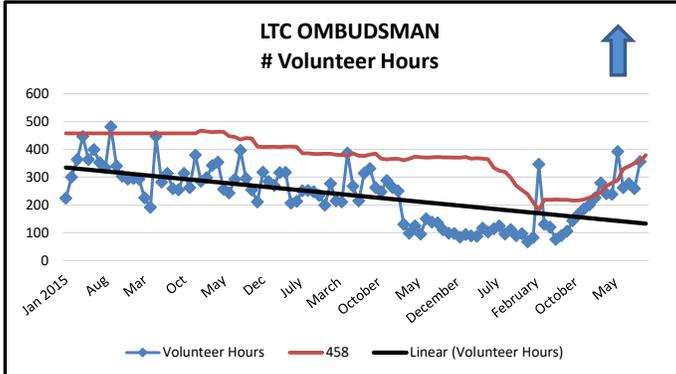
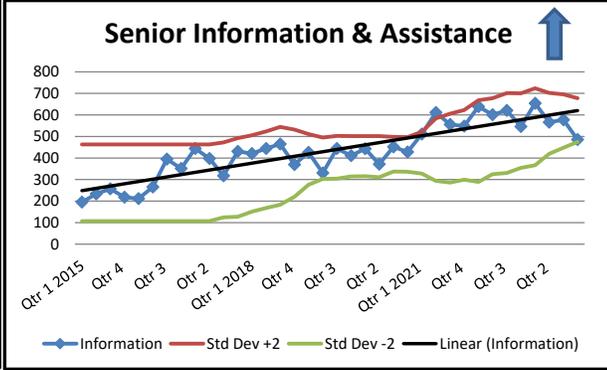
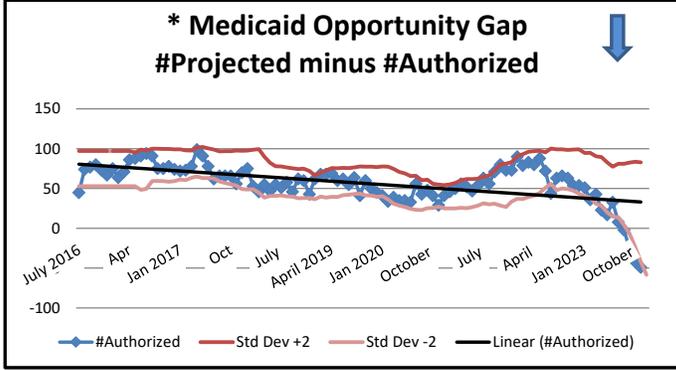
**7. Race/Ethnicity- Targeted or in Attendance:**

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> American Indian           | <input type="checkbox"/> Samoan              | <input type="checkbox"/> Asian Indian          | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native             | <input type="checkbox"/> Filipino            | <input type="checkbox"/> Black, African Am     | <input type="checkbox"/> Other Race-Ethnicity   |
| <input type="checkbox"/> Chinese                   | <input type="checkbox"/> Japanese            | <input type="checkbox"/> Korean                |   |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian         | <input type="checkbox"/> Guamanian or Chamorro |   |
| <input type="checkbox"/> Native Hawaiian           | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese            |   |

**8. Materials Handed Out- Type & Quantity:**

- |                                       |                         |                                |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards                   | ___ Senior I&A Brochure | ___ Other                      |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA            | ___ Advisory Council Bus. Card |

### Aging & Long Term Care Advisory Council Dashboard- March 2024



\*July 2023: Medicaid caseloads maximum capacity= 1019

**COVID Timeline:**

**March- May 2020: COVID-19 Stay At Home order in effect**

**June 2020: COVID-19 phased reopening began**

**July 2020: COVID-19 July 2020 reopening paused**

**November 2020 - February 2021: Statewide restricted opening due to Winter spikes**

**December 2021- January 2022: Omicron spikes**

**March 2022- Brief home visits start**

**May 2022 - Home assessments begin (partial or full)**

**July 2022- BA.5 variant surge**

**October 31- State PHE ends for LTC facilities and some state waivers**

**May 11, 2023: Federal Public Health Emergency (PHE) and state Major Disaster Declaration (MDD) ends**

**October 9, 2023: Medicaid Early Transfers begin**

**Community Outreach Activities:**

March 14: City of Poulsbo Parks & Recreation 3:00pm zoom (Jason)

April 16: Bainbridge Kitsap Regional Library "Healthy Aging" 4:00pm (JCM)

April 24: Kitsap Developmental Disabilities Resource Fair 4:00-6:00pm (Jason)

April 27: Kitsap Veterans Stand Down at Sheridan Park (Jason)

May 6: Kitsap Aging Overview of Services Zoom 2:00-3:00pm (Jason)

## 2024 Advisory Council Meetings & Activities

January 8	WA Legislature Begins
January 16	* w4a Legislative Training Webinar Noon- 1:00pm
January 17	* Advisory Council Legislative Planning meeting 12:30-1:30pm
January 23-26	* w4a Advocacy Days (appointments with elected officials)
February 20	* Advisory Council from 11:30am- 1:30pm
March 19	* Advisory Council from 11:30am- 1:30pm DCD Comprehensive Plan Presentation (Aging focus)
April 16	<del>(No meeting)</del>
May 14	* Advisory Council from 11:30am- 1:30pm Review of Council Bylaws
May Workshops	<u>May Older Adults Virtual Workshops</u> May 6: Kitsap Aging Overview of Services Zoom
June 18	* Advisory Council from 11:30am- 1:30pm
July 16	Advisory Council from 11:30am- 3:30pm Hold for Retreat (in-person)
August 20	* Advisory Council from 11:30am- 1:30pm
September 17	* Advisory Council from 11:30am- 1:30pm
October 15	* Advisory Council from 11:30am- 1:30pm
October 16 (hold)	* 2024 AAA & State Council on Aging (SCOA) Conference
October 17(hold)	* 2024 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Workshop/Conference
November 19	* Advisory Council from 11:30am-1:30pm
December 17	* Advisory Council from 11:30am- 1:30pm

\*indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room