



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA January 5, 2023, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/84295747300>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 646 876 9923 US (New York)  
Meeting ID: 961 5275 7562

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

## AGENDA

- 4:30 WELCOME & INTRODUCTIONS – In person and online**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 PROJECT UPDATES – My Shoes My Story, Advocacy Efforts, Youth Leadership Training, Grant funded projects**
- 5:15 UPCOMING PROJECTS & ACTIVITIES**
- 5:30 PROJECT TEAMS SIGN UP – Members sign up for 2023 projects**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – FEBRUARY 2, 2023**

**Kitsap County Commission on Children and Youth**  
**MINUTES**  
**December 1, 2022**

The Kitsap County Commission on Children and Youth meeting was held on Thursday December 1, 2022, from 4:30 -6:00 p.m. via Zoom. Jeff Allen and Michael Ramsdell, Board Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

**I. WELCOME & INTRODUCTIONS**

Jeff asked members and guests for self-introductions. Attendees offered introductions.

**II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

The November 2022 Meeting Minutes were approved and entered into the record. The It was noted that we are meeting virtually only today. There is snow and ice in most of the county and it was determined to be a safety issue. We will start our Hybrid meetings in Jan. with the in-person meeting being at OESD 114.

**III. YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

**IV. ELECTIONS**

We held elections for our adult leadership positions. Jeff Allen was voted in as Adult Co-Chair and Lisa Lechuga was elected as Vice Chair. We will hold elections for our Youth Co-Chairperson in June.

**V. PROJECT TEAM SIGN UPS**

Laura introduced the Project Teams and what each entailed. Board Members offered to serve on the teams. We will send out a description of each project and ask for more board members to sign up for the groups.

**VI. PROJECT UPDATES – Youth Forum, My Shoes My Story, Advocacy Efforts**

Board members and staff provided updates on our projects. An overview of where we are now and what is planned for the My Shoes, My Story project as well as youth advocacy events and opportunities for this session. Laura shared information about a Youth led Training for youth advocacy is coming up Dec. 7 and 8. Jeff shared that Kitsap Strong is looking for youth to serve on their advisory board. A stipend will be provided for youth to participate.

**VI. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

**VII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. Next meeting will be held on January 5, 2023.

**IV. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Jeff Allen	Laura Hyde	Sydney Perales
Michael Ramsdell		Carissa Carlson
Elisabeth Nillson		Lynne Tabone
Ursula Petters		Natasha Fecteau Minger
Teagan Krog		Kaitlyn Chermak
Lisa Lechuga		Susan Winfield Mayes
Crista Magneson		
Cathy Adams Bomar		
Dragan Karzdic		
Camden Singer		
Emily Main		
Juliana Meyer		
Abigail Stevenson		
<b>Absent</b>		
Bethany Wecks		
Jim Riddell		



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA February 2, 2023, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/84295747300>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 646 876 9923 US (New York)  
Meeting ID: 961 5275 7562

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

## AGENDA

- 4:30 WELCOME & INTRODUCTIONS – In person and online**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 PRESENTATION – KidVantage (formerly Eastside Baby Corner West Sound) will share about the services they were able to offer with our grant funding.**
- 5:20 RFP UPDATES – Laura will share the draft 2023 Request for Proposals for Board Approval**
- 5:35 UPCOMING PROJECTS & ACTIVITIES**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – MARCH 2, 2023**

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – Feb. 2, 2023**

**4:30 P.M. –6:00 P.M.**

**In Person at 105 National Ave. N. Bremerton, WA 98312 and via  
Zoom meeting- details provided on Agenda**

- 4:30 p.m. WELCOME & INTRODUCTIONS**  
The Chairpersons will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.
- 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**  
January Meeting Minutes will be approved and any changes to the February Agenda will be approved.
- 4:45 p.m. YOUTH REPRESENTATIVE REPORT**  
Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.
- 5:00 p.m. PRESENTATION – KidVantage(formerly Eastside Baby Corner West Sound)**  
will share about the services they were able to offer with our grant funding.
- 5:20 p.m. RFP UPDATES**- Laura will share the draft of the 2023 RFP (Request for Proposals) and the Board will approve changes. This is our funding announcement and information about how to apply for the grant funding we offer each year. Title: Programs that Prevent and Reduce the Impact of Adverse Childhood Experiences through Building Resiliency – 2023.
- 5:35 p.m. UPCOMING PROJECTS & ACTIVITIES –** Information will be shared about community activities happening in the future.
- 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**  
Members of the board & the public will announce events & share comments.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held March 2, 2022.**

## Kitsap County Commission on Children and Youth

### MINUTES January 5, 2023

The Kitsap County Commission on Children and Youth meeting was held on Thursday January 5, 2022, from 4:30 -6:00 p.m. via Zoom and in person. Jeff Allen Board Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. **WELCOME & INTRODUCTIONS**

Jeff asked members and guests for self-introductions. Attendees offered introductions.

#### II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

The December 2022 Meeting Minutes were approved and entered into the record. The It was noted that we are meeting virtually and in-person today. The in-person meeting being at OESD 114. We were scheduled to go Hybrid in December but moved it to virtual only due to snow and ice causing hazardous driving conditions.

#### III. **YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. **PROJECT UPDATES**

Updates to the My Shoes, My Story project, Advocacy Efforts, Youth Leadership Training, and Grant funded projects were offered.

#### V. **UPCOMING PROJECTS & ACTIVITIES**

Information about the My Shoes My Story displays, Alcohol Prevention and Mental Health Awareness walk planned in April and planning our annual grant announcement that will start in Feb. were shared.

#### VI. **PROJECT TEAM SIGN UPS**

Laura introduced the Project Teams and what each entailed. Board Members offered to serve on the teams. We will send out a description of each project and ask for more board members to sign up for the groups.

#### VII. **ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### VIII. **ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. Next meeting will be held on February 2, 2023.

**IV. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Jeff Allen	Laura Hyde	Sydney Perales
Jim Riddell		Susan Mayes Winfield
Elisabeth Nillson		Sonya Miles
Bethany Wecks		
Teagan Krog		
Lisa Lechuga		
Abby Stevenson		
Juliana Meyer		
Dragan Karzdic		
Emily Main		
Absent		
Michael Ramsdell		
Cathy Adams Bomar		
Crista Magneson		
Camden Singer		

[Summer Backpacking Camp Registration is Open](#) 🌿 (mailchi.mp)

# Wild Society: Registration is open for Summer Backpacking Camps!

Campers will carry everything they need on their backs into the magnificent Olympic Mountains! We want our campers to leave with the necessary understanding and skills to be able to enter the wilderness with safety, respect, and a sense of wonder and belonging. This program is uniquely designed to create an opportunity to feel at home with backcountry living, natural observation, and inquiry.

[Learn More & Register!](#)

**Trip cost includes all meals, transportation, and equipment loans.** Wild Society welcomes youth of all backgrounds, regardless of experience, access to equipment, or ability to pay tuition. ***Financial aid is available, if you need it, please ask!***

Backpacking camp groups are all gender, ages 12-18.



# Washington State Department of Health Youth Advisory Council

The Washington State Department of Health is inviting young people from across our state to apply to be a member of a public health Youth Advisory Council. The council will serve for about two years and help staff in the Adolescent and Young Adult Health Unit make programming decisions.

We are looking for applicants ages 13-22 who live in Washington state and have access to the internet, social media, and email.

Our recruitment will center the communities most affected by health care inequities. We especially encourage young people with these lived experiences to apply:

- Affected by disabilities
- Experiences with different systems, including juvenile justice, child protective services, or foster care
- Experience with behavioral and mental health conditions and treatment
- Experience with chronic disease conditions and treatment
- Feeling left out at school or experiencing challenges at school
- From marginalized and/or underserved communities
- Experience with houselessness and/or unstable housing
- Struggles with access to or challenges with health care

We are asking our public health partners to help us get the word out. Please share with your contacts who work with schools, teachers, youth organizations, and young people in the state.

- For more information and to apply go to: [Youth Engagement and the Youth Advisory Council | WaPortal.org](#)
- For questions, contact Alexis Bates, Adolescent Health Consultant: [alexis.bates@doh.wa.gov](mailto:alexis.bates@doh.wa.gov) or (360) 688-3064.

***Please help us disseminate this information and share with others.***

---



**Represent  
Your  
Community**



**Learn  
&  
Grow**



**Create  
Change  
Now!**

*Interested in making a difference in your community?*

## **Apply to Join the FEMA Youth Preparedness Council!**

The Youth Preparedness Council (YPC) brings teens together from across the country who are passionate about emergency preparedness and making a difference in their communities. Council members are selected based on involvement in extracurricular activities, leadership experience, and interest in preparedness and emergency management.

Students in grades 8 through 11 are eligible to apply.

YPC members share ideas and feedback with FEMA, collaborate to develop preparedness project proposals, and build their leadership and emergency management skills. Youth leaders who are interested in applying to the YPC must submit a completed application form and provide two letters of recommendation.

**The application period is January 23 – March 6, 2023**

## **Learn More and Apply Today!**

Visit [ready.gov/kids/youth-preparedness-council](https://ready.gov/kids/youth-preparedness-council) to learn more.



**FEMA**



**Applications Due**





**Representa  
a tu  
comunidad**



**Aprende  
y  
crece**



**¡Logra crear  
el cambio  
ahora!**

*¿Te interesa hacer la diferencia en tu comunidad?*

## **¡Solicita formar parte del Consejo de Preparación Juvenil de FEMA!**

El Consejo de Preparación Juvenil (YPC, por sus siglas en inglés) agrupa a adolescentes de todo el país que están interesados con la preparación comunitaria y lograr hacer la diferencia en sus comunidades. Los miembros del consejo son elegidos según participación en actividades extracurriculares, experiencia en liderazgo y su interés en la preparación y el manejo de emergencias.

Los estudiantes de octavo a undécimo grado son elegibles para solicitar.

Los miembros del YPC comparten sus ideas y opiniones con FEMA, colaboran para desarrollar proyectos de preparación y desarrollan sus destrezas de liderazgo y manejo de emergencias. Los jóvenes interesados en participar en el consejo deben presentar un formulario de solicitud completado e incluir dos cartas de recomendación.

**El período para solicitar empieza al 23 de enero de 2023 y vence a las 11:59 p.m., hora del Pacífico, del 6 de marzo.**

## **¡Conozca más y solicite hoy!**

Visite [ready.gov/kids/youth-preparedness-council](https://ready.gov/kids/youth-preparedness-council) para más información.



**FEMA**



**Solicitudes vencen**



## YOUTH SERVICES

**Coffee Oasis** (Youth 13-25): (See front page)

**WIC (Women/Infant/Children Program)**: Nutrition for pregnant women, moms, kids 0-5.

- Bremerton: Kitsap Community Resources (KCR), 845 6th St, 360-373-6221.
- Port Orchard: KCR (SK Family Service Center), 3200 SE Rainshadow Ct, 360-473-2144.
- Silverdale: KCR (Martha & Mary Child Center), 3513 NW Anderson Hill Rd, 360-692-6530.
- Suquamish: 360-621-5839.

**StandUp For Kids**: Food and clothing assistance (multiple locations). 360-204-0365.

**Kitsap Public Health District Parent Child Health**: M-F 8am-4:30pm. 360-728-2235.

**KCR Early Learning & Family Services**: (Ages 0-5) 1201 Park Ave, Bremerton. 360-473-2075.

**OESD 114 Early Learning**: Ages 0-5, kids & pregnant women. 360-478-6889.

**PCAP (Parent/Child Assistance Program)**: Agape Unlimited, 4843 Auto Center Way, Bremerton. M-Th 9am-5pm, F 9am-1pm. 360-377-0370.

**Holly Ridge**: Early intervention for ages 0-3. 5112 NW Taylor Road, Bremerton. 360-373-2536.

## SENIOR SERVICES

**Kitsap Aging & Long Term Care/Senior Information & Assistance**: Supports older adults and adults with disabilities. Givens Community Center, 1026 Sidney Ave, Suite 105, Port Orchard. M-F 8am-4:30pm. 360-337-5700 or 1-800-562-6418.

**Catholic Community Services**: Transportation and home help for seniors and people with disabilities. 844-851-9380.

**Meals on Wheels Kitsap**: Meals for homebound seniors. 2817 Wheaton Way, Suite 208, Bremerton. M-Th 9am-3pm. 360-377-8511 or 888-877-8511.

## VETERANS' ASSISTANCE

**Kitsap Community Resources Veterans Assistance**: 1201 Park Ave, Bremerton. 360-473-2034.

**Veteran Housing Options Group**: Meets every M, 1pm.

**Kitsap County Veterans Assistance Fund**: Temporary emergency funds. 360-337-4811.

**Catholic Community Services**: Housing support for homeless veterans and their families. Max Hale Center, 285 5th St, Bremerton. 253-208-7505.

**VA Clinic**: 9177 Ridgetop Blvd NW, Silverdale. 8am-4:30pm. 360-307-6920.

**Retail Veterans Home**: 1141 Beach Dr E, Port Orchard. 360-895-4700.

**VFW Post 239**: 190 Dora Ave, Bremerton. M-F 2-8:30pm, Sa-Su 9am-10pm. 360-377-6739.

**VFW Post 2669**: 3100 Mile Hill Dr, Port Orchard. 2-8pm. 360-876-2669.

**Disabled American Veterans (DAV) Chapter 5**: 4980 Auto Center Way, Bremerton. M-W 9am-2pm. 360-373-2397.

## DOMESTIC PROTECTIVE SERVICES

**If you are in immediate danger, call 911. If you are in crisis, call/text 988.**

**YWCA Kitsap**: 24-hour Hotline: 800-500-5513. 24-hour text line: 360-277-7607. Admin office: 905 Pacific Ave, Bremerton. 360-479-0522.

**Kitsap Support, Advocacy, & Counseling**: Advocacy and therapy for survivors of sexual assault. 600 Kitsap Street, #103, Port Orchard. Support and referral line: 9am-4pm, 360-337-9773.

**Scarlet Road**: Support for survivors of sexual exploitation and sex trafficking. Survivor hotline (call/text): 360-362-5143. Office: 360-850-9718.

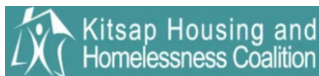
**Coffee Oasis Crisis Services** (Youth 13-25): (See front page) Text "HELP" to 360-377-5560.

**WA DSHS**: Report abuse of a vulnerable adult. 1-866-ENDHARM (1-866-363-4276).

**Kitsap Free Meal List** is a separate handout.

This guide is maintained by the Kitsap Housing and Homeless Coalition: [KitsapHHC.org](http://KitsapHHC.org)

Email [Admin@KitsapHHC.org](mailto:Admin@KitsapHHC.org) with updates. Last updated: January 2023.



## KITSAP COMMUNITY

# HOMELESS & LOW-INCOME RESOURCE GUIDE

## SALLY'S GUIDE - WINTER 2023

**Are you experiencing homelessness or housing instability? Start here:**

**Housing Solutions Center**: Coordinates placement for shelters, provides short term rental assistance, and makes referrals for housing and community programs through Kitsap County.

- Bremerton: Kitsap Community Resources, 1201 Park Ave, 360-473-2035.
- Port Orchard: Kitsap Community Resources, 3200 SE Rainshadow Ct. 360-473-2146.
- North Kitsap and Bainbridge Island: NK Fishline, 787 Liberty Lane NW, PL. 360-801-2564.

Walk up clients welcome M-F 8:30-10:30am and 12:30-3pm. For questions or issues getting to HSC locations, contact your local office to make a phone appointment with a Navigator.

## HOMELESS SUPPORT SERVICES

**Salvation Army**: Social services and shelter. 832 6th St, Bremerton. 9:15am-3:30pm. 360-373-5550.

Emergency night shelter through April 30, 2023: intake every night, 7-8:45pm.

Meals: breakfast 8am, lunch 12pm, dinner (through April 30, 2023) 5pm.

Showers: M-F 9:15am-2:30pm. Laundry: drop off and pick up M W F 9:15am-3pm.

**Coffee Oasis** (Youth 16-20): Emergency 24/7 youth shelter. 822 Burwell St, Bremerton (in the back, upstairs). All genders welcome. Check in 9pm, check out 8am. 360-479-5123.

**Crisis Text Line** (ages 13-25): Text "HELP" to 360-377-5560.

**Drop-in centers** (case management, counseling, showers, laundry, clothing, food, job training and internships, rental assistance for youth 18-24):

- Bremerton: 822 Burwell St. M-F 2-5pm. 360-479-5123.
- Port Orchard: 807A Bay St. M-F 2-5pm. 360-602-0408.
- Poulsbo: 780 NE Iverson St. M-F 2-5pm. 360-598-2091.
- Kingston: 11212 WA-104. M W F 2-5pm. 360-881-0228.

**St. Vincent de Paul**: Offers 24-Hour packs, general assistance (transportation, rent, utilities, hygiene), food bank, women's shelter (Bremerton only), thrift store.

- Bremerton: 1137 N Callow Ave. Tu Th F Sa 10:30am-2:30pm. 360-377-2929.
- Port Orchard: 2525 Bethell Rd SE. M-F 9:30am-5pm. 360-876-6933.
- Poulsbo: 18943 Caldart Ave NE. Tu Th 10am-12pm. 360-779-9980.

**NK Fishline**: Serving Kingston, Poulsbo, Suquamish, and Keyport. Food, housing, showers, laundry, utilities, safe park, transportation. 19705 Viking Way NW, Poulsbo. 360-779-5190. Food market M Tu Th F 11am-4pm, W 1-6pm. Comprehensive services M-F 9am-5pm.

**Northwest Hospitality**: Resources and support for people living homeless. 888-222-5240. "Welcome Neighbor" resource database: [nwhospitality.org/welcome-homeless-neighbor](http://nwhospitality.org/welcome-homeless-neighbor)

**Gather Together Grow Together (G2)**: Homeless and community support, transportation, meal delivery, and job readiness. 419 Park Ave, Bremerton. 360-373-3000.

**Are you being evicted?**

**Kitsap Legal Services**: Free assistance for tenants facing eviction and civil issues. M-F 9am-4pm. 360-479-6125, [EvictionDefense@KitsapLegalServices.org](mailto:EvictionDefense@KitsapLegalServices.org)

## GENERAL ASSISTANCE

**St. Vincent de Paul:** (See front page)

**NK Fishline:** Food, housing, utilities, transportation, showers, laundry. (See front page)

**ShareNet:** Food bank, utility & rental assistance. 25994 Barber Cut-Off Rd, Kingston. Food bank Tu F 10am-2pm; Thrift store W Th Sa 10am-3pm. 360-297-2266.

**BI Helpline House:** Food bank, housing/utility assistance, counseling. 282 Knetchtel Way NE, Bainbridge. Food bank M-F 10am-4pm, closed W; Social services M-F 9am-5pm. 206-842-7621.

## CLOTHING & OTHER GOODS

**Salvation Army Clothing Bank:** (See front page)

**St. Vincent de Paul:** Thrift store for clothing and household goods.

- Bremerton: 1117 N Callow Ave. M-Sa, 9:30am-5pm. 360-377-2929.

- Port Orchard: 2525 Bethell Rd SE. M-Sa 9:30am-6pm. 360-876-6933.

**Abraham's House:** Clothing, furniture, and household goods. 312 N Callow Ave, Bremerton. Tu-F 10am-5pm, S 10am-3pm. 360-405-0488.

**Coffee Oasis** (Youth 13-25): (See front page)

**Taking It to the Streets Ministry:** Clothing for adults. Cornerstone Christian Fellowship, 901 N Wycoff Ave, Bremerton. Pastor Art: 360-689-3219 or Kelly: 360-801-3569.

**New Beginnings Closet:** 2027 13th St, Bremerton. Th Su 2-6pm. 360-265-3398.

**Silverdale United Methodist Church:** 9982 Silverdale Way NW, Silverdale. Tu 3:15-3:45 and 4-5pm. 360-692-9813.

**Kids Kloset:** 5000 Bethel Rd SE, Port Orchard. Th 11am-3pm. 360-649-7577.

**ShareNet Thrift Store:** 25994 Barber Cut-Off Rd, Kingston. W Th Sa, 10am-3pm. 360-297-2266.

## SHOWERS & LAUNDRY

**Salvation Army:** Showers: M-F 9am-3pm. Laundry: M W F 9am-2:30pm. (See front page)

**Coffee Oasis** (Youth 13-25): Over 25 by appointment, M 2-5pm. (See front page)

**NK Fishline:** Showers and laundry: M-F 9am-5pm. (See front page)

## FOOD BANKS

*Bring a photo ID and something with your current mailing address.*

**Bremerton Foodline:** 1600 12th St, Bremerton. M-Th 10am-1:15pm. 360-479-6188.

**St. Vincent de Paul Assistance Office:** (See front page for locations)

**Olympic College Food Pantry:** OC students only. Bremerton (walk-in): Building 12, Room 119. M-Th 9am-2pm. Poulsbo: Building P1, Room 11. Shelton: Room S1. 360-475-7290.

**Bremerton Backpack Brigade:** Weekend food bags for elementary students. 360-471-9588, BremertonBackpackBrigade@gmail.com

**Taking It to the Streets Ministry:** Food bank by appointment; meals Th Su. Cornerstone Christian Fellowship, 901 N Wycoff Ave, Bremerton. Pastor Art: 360-689-3219 or Kelly: 360-801-3569.

**Central Kitsap Food Bank:** 3537 NW Anderson Hill Rd, Silverdale. M-F 10am-1:15pm. 360-692-9818.

**NK Fishline:** Food market M Tu Th F 11am-4pm, W 1-6pm. (See front page)

**ShareNet:** Serving NK. 25994 Barber Cut-Off Rd, Kingston. Tu F 10am-2pm. 360-297-2266.

**BI Helpline House:** 282 Knetchel Way NE, Bl. M-F 10am-4pm, closed W. 206-842-7621.

**SK Helpline:** Serving SK school district area. 1012 Mitchell Ave, Port Orchard. M Tu Th F 12-5pm. 360-876-4089.

## TRANSPORTATION

**Kitsap Transit:** 1-800-501-RIDE (7433) or 360-373-2877. **ACCESS:** Serving seniors and people with disabilities. 800-422-2877 or 360-479-7272.

**Gather Together Grow Together (G2):** Call to schedule a ride. 360-373-3000.

**Catholic Community Services:** Volunteer rides for low-income elders and disabled adults. 844-851-9380.

## MEDICAL HEALTH

**If you are in an emergency, call 911.**

**West Sound Free Clinic:** Free medical care, by appt only. 3627 Wheaton Way, Bremerton. 2nd + 4th Tu, 1-4pm. 360-209-2376 (*Spanish interpreter*).

**Peninsula Community Health Services:** Medical, dental, substance use, behavioral health, pharmacy services. Main: 360-377-3776. Extended hours: M-F 4-8:30pm, Sa 9am-3pm, 360-475-3729.

- Bremerton: 616 6th St. M-F 7:15am-6pm.

- Port Orchard: 320 S Kitsap Blvd (medical), 1950 Pottery Ave, #170 (dental). M-F 7:30am-6pm.

- Silverdale: 3100 NW Bucklin Hill Rd, #202. M-F 7:15am-6pm.

- Poulsbo: 19917 7th Ave, #205 (medical), 19705 Viking Ave NW, #201 (dental). M-F 7:30am-6pm.

- Kingston: 25989 Barber Cut Off Rd. M-F 8am-5pm.

**St. Michael Medical Center:** Emergency: 1800 NW Myhre Rd, Silverdale. 360-744-8800.

**Harrison Urgent Care:** 450 S Kitsap Blvd, Suite 100, Port Orchard. M-Su 8am-7:30pm. 360-744-6275.

**Franciscan Urgent Care:** 1344 Wintergreen Lane NE, Suite 100, Bl. M-F 7am-6:30pm, Sa-Su 8am-4:30pm. 206-780-6360.

**Planned Parenthood:** Health care, birth control, pregnancy services. 723 NE Riddell Rd, Suite A, Bremerton. M-Tu 9am-5pm, W 8am-4pm, Th 11am-7pm, F 8:30am-4:30pm. 800-769-0045.

## NEEDLE EXCHANGE

**People's Harm Reduction/Mobile Needle Exchange:** Supplies for clean injection, wound care, and overdoses. Bremerton Tu Th S 9am-5pm; NK Tu 9am-5pm; SK Th 9am-5pm. 253-470-6534.

## BEHAVIORAL & MENTAL HEALTH

**If you are in crisis, call Salish Regional Crisis Line (888-910-0416) or call/text 988.**

**Kitsap Mental Health Services:** 5455 Almira Dr. NE, Bremerton. 360-373-5031.

**Coffee Oasis** (Youth 13-25): Text "HELP" to (360) 377-5560. (See front page)

**Kitsap Recovery Center:** Inpatient and withdrawal management: 661 Taylor St, Port Orchard. Outpatient and drug court: 1026 Sidney Ave, Port Orchard. 360-337-4625.

**Eagles Wings Coordinated Care:** Mental health services, counseling, and case management. Community center: 8050 Illahee Rd, Bremerton. 360-337-0672.

**Kitsap Support, Advocacy, & Counseling:** Advocacy and therapy for survivors of sexual assault. 600 Kitsap Street, #103, Port Orchard. Support and referral line: 9am-4pm, 360-337-9773.

## BENEFITS/EMPLOYMENT

**DSHS Community Services:** Food stamps, cash assistance, ID card voucher, and more.

4710 Auto Center Blvd, Bremerton. M-F 8am-5pm, self-service by phone 24/7. 877-501-2233.

**WA Unemployment Benefits:** Claims questions: M-F 8am-4pm. 800-318-6022

**Kitsap Community Resources:** Employment assistance programs. Bremerton: 845 8th St, 360-478-2301. Port Orchard: 3200 SE Rainshadow Ct, 360-473-2144.

**WA DVR (Division of Vocational Rehabilitation):** Bremerton: 4710 Auto Center Blvd, 360-405-7810. Silverdale: 3888 NW Randall Way, #201, 360-698-4360.

**Goodwill Job Training & Education Center:** Job readiness, GED, ESOL, and computer classes. 4209 Wheaton Way, Bremerton. M W 10am-4pm, Tu Th F by appt. 360-373-3692.

**WorkSource Kitsap:** Job training and placement. 3120 NW Randall Way, Silverdale. M-Th 8am-5pm, F 9am-5pm. 360-516-1001.

**Skookum Community Employment Services:** 4525 Auto Center Way, Bremerton. M-F 7:30am-4pm. 360-475-0756.

**Sound Works Job Center:** Countywide employment assistance. Office at NK Fishline (see front page). M 10am-3pm, W 1-3pm. 360-779-1160.

## LEGAL

**Kitsap Legal Services:** (See front page)

**Northwest Justice Project/CLEAR:** Low-income legal services. M-F 9:15am-12:15pm. Main: 888-201-1014, Seniors: 888-387-7111.

**YWCA Kitsap:** Advocacy for domestic violence survivors. M-F 8:30am-4:30pm. 360-479-0491.

# Youth Preparedness Council 2023



**Represent  
Your  
Community**



**Learn  
&  
Grow**



**Create  
Change  
Now!**

## Youth Preparedness Council (YPC) Application

Promotion Toolkit

*January 2023*  
Individual and Community Preparedness Division



**FEMA**

## Contents

<b>Overview</b> .....	<b>3</b>
The Application Process .....	3
Application Timeline .....	4
<b>Key Messages</b> .....	<b>4</b>
Key Points to Mention .....	4
<b>Audience</b> .....	<b>4</b>
<b>Suggested Outreach Channels</b> .....	<b>5</b>
Promotional Messaging Directly Targeting Youth.....	6
Promotional Messaging Targeting Educators, Parents, and Organizations.....	7
<b>Sample Outreach Products</b> .....	<b>10</b>
Email Targeting Youth.....	10
Email Targeting Parents, Educators, and Organizations.....	11
Sample Newsletter Article.....	11
Sample Graphics.....	13



**FEMA**



## **Overview**

The Federal Emergency Management Agency (FEMA) created the Youth Preparedness Council (YPC) in 2012 to bring together young leaders who are interested in supporting disaster preparedness and making a difference in their communities. The YPC demonstrates FEMA's commitment to involving America's youth in preparedness-related activities and allows FEMA to engage with young people and solicit their perspectives, feedback, and opinions.

The 2023 Youth Preparedness Council application period begins Jan. 23, 2023 and extends through March 6, 2023, 11:59 p.m. PT. With your help, we're looking forward to reaching diverse audiences and encouraging young people throughout the country to apply to the YPC.

This promotion kit provides key messages, social media captions and graphics, and other information on the YPC application that you can use for your websites, communications, newsletters, and social media pages.

## **The Application Process**

From Monday, Jan. 23 until Monday, March 6 at 11:59 p.m. PT, young people in grades 8 through 11 can apply to join the YPC online at <https://community.fema.gov/ApplyToYPC>. The YPC application includes:

- Parental or guardian consent;
- An application form (including narrative responses that can be written or submitted in a video);
- Letters of recommendation;
- A list of extracurricular activities; and
- Any supplemental materials that showcase your capabilities, as chosen by the applicant.

If selected, YPC members meet with FEMA leadership to provide input on disaster preparedness strategies, initiatives, and projects. YPC members will also participate in YPC Summit, a two-day event held in Washington DC, meet regularly with FEMA staff, and complete emergency preparedness project proposals. In addition to FEMA's National YPC, some FEMA regions also select members for their Regional YPCs through this process.

Potential applicants can learn more about the application process at two information sessions:

- Monday, Jan. 30, 2023 at 8 p.m. ET (register at [https://fema.zoomgov.com/meeting/register/vJltd-GvqDgoHf\\_f-90X\\_JBR7f6LVS93Y](https://fema.zoomgov.com/meeting/register/vJltd-GvqDgoHf_f-90X_JBR7f6LVS93Y))
- Tuesday, Feb. 28, 2023 at 8 p.m. ET (register at <https://fema.zoomgov.com/meeting/register/vJltd-qurjMtHMIYax2T6NbEocKo3c4f9kY>)

Please note that these information sessions are optional and will not influence final YPC member selection. The same information will be presented at both sessions.



**FEMA**





## Application Timeline

Date	Activity
January 23	Application opens
January 30	Applicant Informational Webinar #1
February 28	Applicant Informational Webinar #2
March 6	Application closes (11:59 PM PST)
March 15 – 31	Application review period
April 3 – 14	YPC Interviews
May 1	Selection notification
July TBD	YPC Summit (Washington, DC)

## Key Messages

The messages below can be used to spread awareness of the YPC application period. Partners can share them through social media channels (Twitter, Facebook, Instagram or LinkedIn), newsletters, bulletins, word of mouth, and emails. Please include the hashtags #YPC2023 and #YouthPrep to connect these messages with the larger conversation.

## Key Points to Mention

- Application period dates (Jan. 23 – March 6, 2023)
- Applicant Information Session dates (Jan. 30, 2023 and Feb. 28, 2023)
- Where to apply (<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>)
- Where to learn more ([ready.gov/kids/youth-preparedness-council](https://ready.gov/kids/youth-preparedness-council))
- Who can apply (teens in grades 8 through 11)

## Audience

We have identified several key audiences that we would like the YPC application to reach. As a promotional partner, you can help us reach these audiences and encourage young people throughout the country to apply to the YPC.

As a promotional partner, you can:

- Use your platforms to help build awareness of the YPC application period.
- Encourage individuals and their networks to share information with teens about joining the YPC.
- Drive teens to access and complete the YPC application.



FEMA



Below are the key audiences we hope to engage:

TARGET AUDIENCE	WHAT THEY NEED TO KNOW	CALL TO ACTION
<b>New Youth Applicants</b>	<ul style="list-style-type: none"> <li>• What the YPC is</li> <li>• Why they should apply</li> <li>• How to apply</li> </ul>	Apply to the YPC and join our webinars to learn more
<b>Educators and Parents</b>	<ul style="list-style-type: none"> <li>• What the YPC is</li> <li>• Why they should encourage their students/children to apply</li> <li>• How their students/children can apply</li> </ul>	Encourage youth in grades 8 through 11 to apply to the YPC
<b>Organizations</b>	<ul style="list-style-type: none"> <li>• What the YPC is</li> <li>• How the youth they work with may be strong candidates and why they should apply</li> <li>• How the youth they work with can apply</li> </ul>	Encourage youth in grades 8 through 11 to apply to the YPC

## Suggested Outreach Channels

To promote the application, we encouraged you to use a variety of channels during the application period so we can reach a higher number of individuals from diverse audiences. Suggested channels include:



- Direct emails using listservs and distribution lists
- Newsletters and bulletins
- Social media platforms such as Facebook, LinkedIn, Twitter, and Instagram
- Webinars
- Website announcements and press releases

Below are some considerations for promoting on social media:

- Optimize content for each platform by understanding the audience. LinkedIn followers will most likely be professionals, parents, or teachers, while Instagram followers will most likely be younger in age.
- Diversify messaging/graphics across platforms to keep audiences engaged.
- Research (Source: Zenesys) suggests that posting during lunch hours on the weekdays is most effective for Instagram and Twitter, posting during lunch hours on the weekends is the most effective for Facebook, and posting in the morning on the weekdays is most effective for LinkedIn.
- Include a call-to-action for interested users to take action/learn more.



**FEMA**



## Promotional Messaging Directly Targeting Youth

The below sample messages are geared towards social media platforms, which are commonly used by young people. **All messages should include a link to the application and any approved hashtags.**

**Link:** <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>  
**Posting Frequency:** 1–2 status updates a week from Jan. 23 to March 6, 2023  
**Main Hashtags:** #YPC2023, #YouthPrep  
**Tip:** Use location-based geotags for your region and/or hashtags aligned to your school or organization to reach a wider audience.

- FEMA wants to hear from teens ready to lead in emergency management and community resilience. Apply to the Youth Preparedness Council today! #YPC2023, #YouthPrep  
<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- You can play a role in strengthening community resilience and helping FEMA promote and sustain a prepared nation. Join a team of like-minded peers by applying to FEMA’s Youth Preparedness Council. #YPC2023 #YouthPrep  
<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- Ready to represent your community as a young leader and help FEMA build a culture of preparedness? Apply to FEMA’s Youth Preparedness Council today! #YPC2023, #YouthPrep  
<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- FEMA is looking for young leaders like you to build a culture of preparedness. Join the Youth Preparedness Council to help your communities be safer, more prepared, and more resilient. #YPC2023, #YouthPrep <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- Are you interested in learning more about a career in emergency management? Join a team of like-minded peers by applying to FEMA’s Youth Preparedness Council. You’ll gain valuable experience and expand your leadership skills. #YPC2023, #YouthPrep  
<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- Ready to apply your leadership skills and learn more about emergency management? Join FEMA’s Youth Preparedness Council! #YPC2023, #YouthPrep  
<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- Have ideas to strengthen your community’s preparedness? Apply to FEMA’s Youth Preparedness Council to be part of a group of young leaders who can impact the nation’s preparedness. #YPC2023, #YouthPrep <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- Are you interested in learning how to improve climate resilience or disaster-related mental health outcomes in your community? Tell us in your Youth Preparedness Council application and you



FEMA



could join a team of like-minded peers to share your perspective with FEMA. #YPC2023, #YouthPrep <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>

- Looking for an extracurricular activity to boost your college application while making a difference in your community? Apply to join FEMA's Youth Preparedness Council! #YPC2023, #YouthPrep <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>

## Promotional Messaging Targeting Educators, Parents, and Organizations

FEMA developed the below sample messages for parents, educators, administrators, community leaders, etc. who might know teens interested in the YPC. These messages are ideal for social media platforms such as Twitter and Facebook. However, feel free to use these messages on any social media platform (LinkedIn, Instagram). Be sure to include a link to the application.

- Link:** <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- Posting Frequency:** 1–2 status updates per week between Jan. 23 to March 6, 2023
- Main Hashtag:** #YPC2023, #YouthPrep
- Tip:** Use location-based geotags for your region and/or hashtags aligned to your school or organization to reach a wider audience.

## FACEBOOK/LINKEDIN

- Spread the news! FEMA wants to hear from teens ready to lead in emergency management by participating in the Youth Preparedness Council! The application period is now open through March 6, 2023. #YPC2023, #YouthPrep <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- FEMA's Youth Preparedness Council (YPC) encourages teens to use their unique perspectives and experiences to make a difference in their communities. Let the teens in your life know that the YPC application period is open now through March 6, 2023. #YPC2023, #YouthPrep <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- Do you know any teens who want to build leadership skills while making a difference in their community? FEMA is now accepting applications for its Youth Preparedness Council. Spread the word with students in your community by letting them know about this unique opportunity. #YPC2023, #YouthPrep <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- Do you work with young leaders interested in improving climate resilience and disaster-related mental health outcomes in their community? Let them know that FEMA is now accepting applications for its Youth Preparedness Council! Applications close March 6. #YPC2023, #YouthPrep <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>



FEMA



- FEMA wants to hear from young people ready to get more involved in emergency management and community resilience by joining its Youth Preparedness Council. Help us get the word out by sharing this opportunity with students you know. #YPC2023, #YouthPrep  
<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- Spread the news! FEMA's Youth Preparedness Council gives teens a unique opportunity to make a difference in their community while gaining valuable experience that will prepare them for college, a professional career, and a life of service. Applications are open until March 6. #YPC2023, #YouthPrep <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- It is never too early for young people to get a glimpse of what a career in emergency management involves! The Youth Preparedness Council brings together like-minded peers to help FEMA build climate and community resilience. Spread the word! #YPC2023, #YouthPrep  
<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- FEMA's Youth Preparedness Council gives teenagers in grades 8–11 an opportunity to strengthen resilience in their communities and help FEMA promote national preparedness. Tell a teen in your life about this unique opportunity. #YPC2023, #YouthPrep  
<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>

## TWITTER

- Do you know a student who wants to represent their community, make a positive impact, learn, and grow? FEMA's Youth Preparedness Council was made for them! The application period is open, so share the news! #YPC2023, #YouthPrep  
<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- FEMA's Youth Preparedness Council is looking for young leaders who have helped their communities get more prepared for disasters. The application period is now open until March 6, so spread the news! #YPC2023, #YouthPrep  
<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- Know a young student leader with a passion for disaster preparedness? FEMA is now accepting applications for its Youth Preparedness Council through March 6, 2023. #YPC2023, #YouthPrep  
<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>
- Spread the news! FEMA wants to hear from teens who are ready to lead in emergency management by applying to join the Youth Preparedness Council! The application period is now open through March 6, 2023. #YPC2023, #YouthPrep  
<https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>



**FEMA**



- Retweet this news! FEMA is looking for young leaders interested in improving climate resilience and disaster-related mental health outcomes. Students in grades 8-11 are encouraged to join the Youth Preparedness Council and help their communities become safer and more prepared. #YPC2023, #YouthPrep <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>



**FEMA**



## **Sample Outreach Products**

### **Email Targeting Youth**

Sending e-mail blasts about the YPC application period is an effective way to announce the release of the application and share reminders. You can use the below message as a starting point.

## **Become a Member of the Youth Preparedness Council**

Are you a young leader passionate about disaster preparedness and making a positive impact on your community's resilience? The Federal Emergency Management Agency (FEMA) is committed to actively involving students like you in preparedness activities through the Youth Preparedness Council (YPC). Apply today to be a part of the YPC and share your voice with FEMA!

### **What is the YPC?**

YPC members meet regularly to develop disaster preparedness projects, share feedback with FEMA staff, and learn about emergency preparedness. They also attend the YPC Summit in Washington, DC where they work with their peers to develop preparedness project proposals and network with FEMA leaders and other emergency management professionals.

### **Why Should You Apply?**

The YPC provides an opportunity for you to make a difference in your community and work with a group of like-minded peers towards building a more resilient nation. It also allows you to gain valuable experience in emergency preparedness. If you are ready to collaborate with peers and improve your leadership and project management skills, apply today!

### **How to Apply?**

The YPC application period opens on Jan. 23, 2023 and closes March 6, 2023 at 11:59 p.m. PT. Students in grades 8 through 11 are eligible to apply. Selected candidates will be notified by June 2023.

To learn more about the YPC and application requirements, visit [ready.gov/kids/youth-preparedness-council](https://ready.gov/kids/youth-preparedness-council) and visit <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc> to apply. FEMA will also host two informational webinars for potential applicants on [Jan. 30, 2023](#) and [Feb. 28, 2023](#).



**FEMA**



## Email Targeting Parents, Educators, and Organizations

Consider using the sample messages below to send an e-mail to promote the YPC application.

## FEMA Now Accepting Youth Preparedness Council Applications

Do you know a young leader who is passionate about making a positive impact on their community? The Federal Emergency Management Agency (FEMA) is looking for students in grades 8 through 11 interested in supporting disaster preparedness to join the Youth Preparedness Council (YPC).

### Why Is It Important for Youth to Apply?

FEMA created the Youth Preparedness Council in 2012 to bring together young leaders from across the country who are interested in disaster preparedness and community service. The YPC demonstrates FEMA's commitment to involve America's youth in preparedness-related activities. It also provides young people an opportunity to present their perspectives, feedback, and opinions to FEMA staff.

During their terms, YPC members can make a difference in their community, gain valuable leadership and emergency management experience, and work with like-minded peers to help strengthen preparedness and resilience across the country.

### What do YPC members do?

YPC members meet with FEMA staff throughout their term to develop strategies, initiatives, and project proposals. YPC members will also participate in the YPC summit held in Washington, DC with FEMA leaders and other preparedness professionals to network and learn more about the field.

### Who should join the YPC?

Students in grades 8 through 11 who have a passion for preparedness and helping others, are involved in their community, and have an aptitude for working on teams and as leaders.

### Spread the Word!

You can spread the word by sharing information about the YPC with parents, educators, schools, organizations and reaching out to friends and family! Do you know a student who would make a great candidate? Encourage them to apply today!

### How to Apply?

The online application opens on Jan. 23, 2023, and closes March 6, 2023, 11:59 p.m. PT. To learn more about the YPC and application requirements, visit [ready.gov/kids/youth-preparedness-council](https://ready.gov/kids/youth-preparedness-council) and visit <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc> to apply. FEMA will also host two webinars for potential applicants on [Jan. 30, 2023](#) and [Feb. 28, 2023](#).

## Sample Newsletter Article

### FEMA's YPC Application Period Opens Jan. 23



FEMA





Do you know a teen who has a passion for preparedness? Starting Jan. 23, 2023, FEMA will accept applications for its 2023 Youth Preparedness Council (YPC) from youth in grades 8 through 11.

Since 2012, FEMA has been bringing together young people from across the nation who have a interest in preparedness and community service. Each year, teens apply to the YPC for an opportunity to join FEMA in moving people to action. As part of the YPC, members meet peers from across the country, build leadership skills, represent their schools and communities, and share their perspectives, feedback, and opinions with FEMA. Members will also participate in the YPC Summit, held in Washington, DC.

The application period begins on Jan. 23, 2023 and ends March 6, 2023 at 11:59 p.m. PT. The application will be available at <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc>. Those who apply should express what preparedness means to them and how their skills and background can help strengthen FEMA's work. Responses should provide a well-rounded view of those who apply from their schoolwork, community service, and leadership. Applicants can apply through either a written or video response.

If you know a teen who is interested in preparedness and community service, please encourage them to apply! Help us spread the word about this year's YPC by using #YPC2023 #YouthPrep on social media when sharing this news. Bookmark [this link](#) for when the application goes live on Jan. 23.

To learn more about the YPC and its current members, visit [ready.gov/kids/youth-preparedness-council](https://ready.gov/kids/youth-preparedness-council). FEMA will also host two webinars for potential applicants on [Jan. 30, 2023](#) and [Feb. 28, 2023](#).

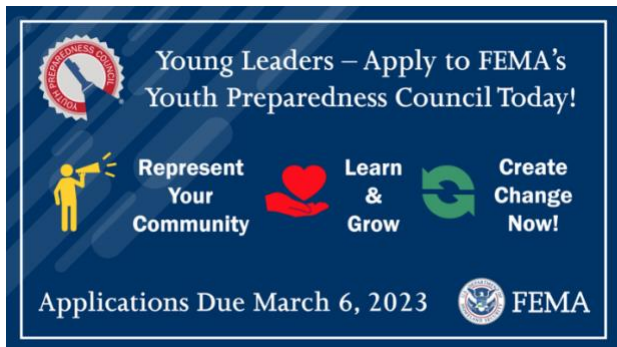


**FEMA**



## Sample Graphics

The following images can be used for posts on social media such as Facebook, Instagram, Twitter and LinkedIn. Refer to the previous “Suggested Outreach Channels” for captions to pair with these graphics. Don’t forget to include the hashtags #YPC2023, #YouthPrep



FEMA



The following images can be used for story posts on platforms like Facebook and Instagram. Consider tagging @FEMA to direct your story viewers to links and resources from FEMA. You can also include the hashtags #YPC2023, #YouthPrep



**Young Leaders – Apply to FEMA’s Youth Preparedness Council Today!**  
Applications Due March 6, 2023



-  **Represent Your Community**
-  **Learn & Grow**
-  **Create Change Now!**



**The 2023 Youth Preparedness Council Application is LIVE!**  
Apply Today!



-  **Represent Your Community**
-  **Learn & Grow**
-  **Create Change Now!**



# Strengthening Families Program 10-14 New Facilitator Training and Certification (In-Person)

Submitted by Anamaria. Martin... on Thu, 01/19/2023 - 08:52

This training will be in-person and is for SFP 10-14 new facilitators who will be working in a team of three to deliver the evidence-based prevention program to families in their local communities.

The training will include:

- an introduction to SFP 10-14,
- review and practice of the 7-week program in a team setting,
- review of the research and current updates,
- discussion- and experiential-based engagement with the curriculum and participants,
- readiness-primer to discuss implementation, logistics, technology, recruitment, and retention, and
- technical support for next steps.

Training Dates: February 27 - March 1, 2023

Time: 8:30 am - 5 pm

Location: Bremerton, Washington (specific location TBA)

Trainer: AnaMaria Diaz Martinez (National Trainer) [a.martinez@wsu.edu](mailto:a.martinez@wsu.edu)

Training Cost: \$0.0

Meals: On your own.

**Registration Closes: February 22, 2023**

Registration: [https://wsu.co1.qualtrics.com/jfe/form/SV\\_eLovjsu1f5f9p2e](https://wsu.co1.qualtrics.com/jfe/form/SV_eLovjsu1f5f9p2e)

For training or registration information or questions: [sfp.1014@wsu.edu](mailto:sfp.1014@wsu.edu) or [a.martinez@wsu.edu](mailto:a.martinez@wsu.edu). For ADA accommodations or site/location questions contact Laura Hyde [lh Hyde@kitsap.gov](mailto:lh Hyde@kitsap.gov)

**Date and Time:**

February 27, 2023 - 8:30am to March 1, 2023 - 5:00pm

**Category:**

Training

**Location:**

Bremerton, Washington (specific site location TBA)

**Registration Link:**

[Event registration website](#)



# BOYS VOLLEYBALL

DEC. 3rd & DEC 10th, PEACE LUTHERAN SCHOOL, BREMERTON

NOON-3 PM

**INFO@DRAGONSVBC.ORG**  
**#KITSAPBOYSVOLLEYBALL**  
**#DRAGONSVBC**

**206-291-8977**





# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA March 2, 2023, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/84295747300>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 646 876 9923 US (New York)  
Meeting ID: 961 5275 7562

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

## AGENDA

- 4:30 WELCOME & INTRODUCTIONS – In person and online**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 PRESENTATION – Boys & Girls Club of North Kitsap**
- 5:20 PRESENTATION – YWCA of Kitsap**
- 5:35 UPCOMING PROJECTS & ACTIVITIES**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – APRIL 6, 2023**

## Kitsap County Commission on Children and Youth

AGENDA BRIEFING – Mar. 2, 2023

4:30 P.M. –6:00 P.M.

In-Person at 105 National Ave. N. Bremerton, WA 98312 and via  
Zoom meeting - details provided on Agenda

- 4:30 p.m. **WELCOME & INTRODUCTIONS**  
The Chairpersons will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.
- 4:40 p.m. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**  
February Meeting Minutes will be approved and any changes to the March Agenda will be approved.
- 4:45 p.m. **YOUTH REPRESENTATIVE REPORT**  
Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.
- 5:00 p.m. **PRESENTATION** – The Boys & Girls Club of Kitsap will share about the services they were able to offer with our grant funding.
- 5:20 p.m. **PRESENTATION** – The YWCA of Kitsap County will share about the services they were able to offer with our grant funding.
- 5:40 p.m. **UPCOMING PROJECTS & ACTIVITIES** – Information will be shared about community activities happening in the future.
- 5:50 p.m. **ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**  
Members of the board & the public will announce events & share comments.
- 6:00 p.m. **ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held April 6, 2023.**



## Kitsap County Commission on Children and Youth

### MINUTES February 2, 2023

The Kitsap County Commission on Children and Youth meeting was held on Thursday February 2, 2022, from 4:30 -6:00 p.m. via Zoom and in person. Jeff Allen and Michael Ramsdell Board Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. **WELCOME & INTRODUCTIONS**

Jeff asked members and guests for self-introductions. Attendees offered introductions.

#### II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

The January 2023 Meeting Minutes were approved and entered into the record. The It was noted that we are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

#### III. **YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. **PRESENTATION**

Helen Banks Routon presented information about how KidVantage (formerly Eastside Baby Corner West Sound) utilized their 2022 Youth Commission grant funds.

#### V. **RFP UPDATE**

Laura updated the Board on the RFP process and presented the 2023 Draft. The Board voted and approved the Grant Request for Proposal.

#### VI. **UPCOMING PROJECTS & ACTIVITIES**

Information about the My Shoes My Story displays, Alcohol Prevention and Mental Health Awareness walk planned in April.

#### VII. **ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### VIII. **ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. Next meeting will be held on March 2, 2023.

#### IV. **ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Jeff Allen	Laura Hyde	Helen Banks Ronton
Michael Ramsdell		Susan Mayes Winfield
Camden Singer		Erica Whares
Bethany Wecks		Lynn Tabone
Teagan Krog		Natasha Minger
Lisa Lechuga		
Abby Stevenson		
Juliana Meyer		
Dragan Karzdic		
Emily Main		
Jim Riddell		
Crista Magneson		
Cathy Adams Bomar		
Absent		
Elisabeth Nilsson		
Crista Magneson		



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA May 4, 2023, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/84295747300>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 646 876 9923 US (New York)  
Meeting ID: 961 5275 7562

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments.

**Facilitate** Coordination of information among agencies to maximize resources.

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth, and families.

## AGENDA

- 4:30 WELCOME & INTRODUCTIONS – In person and online**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 PRESENTATION – Recommendations from the Grant Application Review Committee**
- 5:20 VOTE – Board Recommendations re: grant funding**
- 5:35 UPCOMING PROJECTS & ACTIVITIES**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – JUNE 1, 2023**

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – May 4, 2023**

**4:30 P.M. –6:00 P.M.**

**In-Person at 105 National Ave. N. Bremerton, WA 98312 and via  
Zoom meeting- details provided on Agenda.**

**4:30 p.m. WELCOME & INTRODUCTIONS**

The Chairpersons will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.

**4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

April Meeting Minutes to be approved and any changes to the May agenda will be approved.

**4:45 p.m. YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m. PRESENTATION – Recommendations from the Grant Application Review Committee**

The grant review committee will share about the process, the applications, and their recommendations on funding.

**5:20 p.m. VOTE – Board Recommendations re: grant funding**

Board members will vote on the proposed recommendations for funding the grant applicants.

**5:40 p.m. UPCOMING PROJECTS & ACTIVITIES – Information to be shared about community activities happening in the future.**

**5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held May 4, 2023.**

**Kitsap County Commission on Children and Youth**  
**MINUTES**  
**April 6, 2023**

The Kitsap County Commission on Children and Youth meeting held on Thursday, April 6, 2022, from 4:30 -6:00 p.m. via Zoom and in-person. Lisa Lechuga- Vice Chairperson and Jeff Allen Board Co-Chairperson facilitated this meeting and Lisa called the meeting to order. Laura Hyde served as staff and recorder.

**I. WELCOME & INTRODUCTIONS**

Lisa Lechuga started the meeting as Jeff Allen was attending a work-required meeting at the start of the meeting and joined in mid-meeting. Lisa asked members and guests for self-introductions. Attendees offered introductions. It was noted that it is Spring Break for many schools at this time. Several Board Members contacted staff regarding their absence due to travel during the vacation.

**II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

March 2, 2023, Meeting Minutes were approved and entered into the record. It was noted that we are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

**III. YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

**IV. PRESENTATION – SYNC Program – Bryan Gross**

Bryan Gross of the Salish BH-ASO presented on the Salish Youth Network Collaborative which serves children and youth experiencing complex behavioral health needs and their families.

**V. RFP UPDATE & PLANNING**

Laura provided an update on the RFP process and next steps.

**VI. UPCOMING PROJECTS & ACTIVITIES**

Information was shared about upcoming events and opportunities attached to the agenda.

**VII. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

**VIII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on May 4, 2023. We will meet in hybrid mode – in-person at OESD 114 and virtually.

**IV. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Jeff Allen	Laura Hyde	Bryan Gross
Cathy Adams-Bomar		Dr. Kimberly Riley
Elisabeth Nilsson		Erica Whares
Susan Mayes Winfield		Lynn Tabone
Jim Riddell		Sonya Miles
Lisa Lechuga		Bryan Gross
Abby Stevenson		
Crista Magneson		
Camden Singer		
Emily Main		
Absent		
Michael Ramsdell		
Dragan Karzdic		
Juliana Meyer		
Bethany Wecks		
Teagan Krog		



**Alta Vista**  
Integrated Life Services

Mental Health | ABA Therapy | Education | Respite | Family Services

# Parent & Caregiver Support Group

**Every Other Thursday**

**3/30, 4/13, 4/27, 5/11**

**5:30-7:00 pm**

*Come together to connect and share  
with other parents and caregivers of children and  
adults with special health and developmental needs.  
Attend one session or as many sessions as you can.*

1950 Pottery Ave Ste. 124, Port Orchard

**Please RSVP to: (253) 858-5846**

admin@altavistalife.com

Child Care Available

**Free- Donations Accepted**



## **PSRC Youth Engagement Program - Summer Planning Academy**

Staff introduced a new summer youth engagement program called Summer Planning Academy (SPA), beginning in July 2023. The program will introduce individuals to the planning process and profession at an early age, engage young people to provide input on PSRC's policies and programs, and promote equity in the region by recruiting and engaging youth from diverse backgrounds. The program is open to rising high school students in the region 16 years and older. With successful completion of the SPA, students will be eligible for a \$500 scholarship. The application is open through May 15. [View presentation.](#)



# 2023 COMMUNITY CONNECTION EVENT

## SPEAKER

16TH  
MAY  
5PM-7PM



**JASON KILMER**

ASSOCIATE PROFESSOR IN PSYCHIATRY  
AND BEHAVIORAL SCIENCES AT UW  
SCHOOL OF MEDICINE

**DUANE DEBOCK**

SUBSTANCE USE  
DISORDER TREATMENT



**BERGEN STARK**

DIRECTOR OF  
BEHAVIORAL HEALTH



**SCOTT WILSON**

PRINCIPAL  
OLYMPIC HIGH SCHOOL



**JACKIELYN JONES**

ASSOCIATE BEHAVIORAL  
HEALTH PROGRAM  
DIRECTOR



**MARC GABRIEL**

BOARD MEMBER OF THE  
KIDS UP COUNTY DRUG  
COURT ALUMNI  
ASSOCIATION



Kitsap County Townhall: Engaging community to discuss youth mental health and substance abuse prevention needs in Kitsap County. Hear from a panel of experts with lived experience on supporting youth mental health and substance abuse prevention, including an administrator from the Kitsap County Sheriff's Office.

**Location**  
Norm Dicks Government Center  
345 6th Street  
Bremerton, WA 98337

To attend virtually please click the link [here](#)  
or scan the QR code.



# HIDDEN IN PLAIN SIGHT



The teen years can be difficult. Indicators of teen drug use, mental health concerns, unhealthy relationships, human trafficking, and other risk factors can be hidden in plain sight, but easy for parents and other adults to miss.

Join us to learn about current trends, how to recognize common warning signs and how to talk to youth about these important issues.

Parents, Caregivers, Educators and other adults who work with youth are encouraged to attend.

**\*Must be 18+ to attend**

Washington State  
Health Care Authority



## EVENT DETAILS

### HANDS ON

Participants will walk through a mock teen bedroom and try to identify 70+ items, which can indicate problem or risky behaviors.

### PRESENTATION

After walking through the teen room, attendees will participate in a presentation and discussion which will cover:

- Identification and discussion of items and how they may indicate problem or risky behaviors
- Popular local youth trends
- Tools to help navigate the teen years and discussion points for family conversations

### RESOURCES

Local resources will be available for all participants

## EVENT INFORMATION

Date: Wed., May 24, 2023

Time: 5:00PM – 7:00PM

Location: Cedar Heights MS  
2220 Pottery Ave, Port Orchard,  
WA 98366

\*Childcare and refreshments  
will be provided

We are the **Graduate Strong Future Bound Youth Leadership Team**, students from seven local high schools, looking to express our thoughts and feelings on what we can do to make students successful and graduate strong.

On **Tuesday, June 13th from 4-6 PM at the Marvin Williams Center in Bremerton**, we will host a convening for school leaders and community members who work with youth and care about our futures. We will share data from a survey and listening sessions with students in our community, lead a discussion to share our first-hand opinions, thoughts, and facts on future bound needs that are prominent in our schools, and provide our recommendations and ideas for solutions.

We would appreciate your attendance at this convening so that you may also share your voice while we work together to support students. Come help us make changes in our community to support all youth!

- Aaliyah Boston, Bremerton High School class of 2024
- Allison McDermott, Kingston High School class of 2025
- Andy Lujan, Central Kitsap High School class of 2024
- Ebony Noel, Olympic High School class of 2024
- Eden Parry, North Kitsap High School class of 2025
- Lexi Cochran, Klahowya Secondary School class of 2026
- Leyla Noel, Olympic High School class of 2026
- Maggie Bartosovsky, North Mason High School class of 2024 & Olympic College Running Start
- Nicco High, Bremerton High School class of 2026
- Wyatt Flores, Kingston High School class of 2023



---

Graduate Strong hopes you can join us at this exciting youth-led event to hear from young people about their needs, ideas, and recommendations for support from schools and community to explore future bound pathways and make their future bound plans.

Youth are the experts! Graduate Strong is working to [shift power](#) by collaborating and engaging and empowering the youth in our community. Our Future Bound Youth Leadership Team has been meeting twice a month since January. Activities have included community building, reflective exercises, sharing experiences, and setting goals. The Team is analyzing the results of a future bound youth needs survey and listening sessions to make recommendations to the community. They are looking forward to sharing with you at the Convening on June 13th.

[Contact Promise Partner](#), Future Bound Facilitator, with questions.

Please register for the convening by June 1st to help us prepare.

[Register Here](#)

[www.graduatestrong.org](http://www.graduatestrong.org)

Follow Us



Graduate Strong hopes you can join us at this exciting youth-led event to hear from young people about their needs, ideas, and recommendations for support from schools and community to explore future bound pathways and make their future bound plans.

Youth are the experts! Graduate Strong is working to [shift power](#) by collaborating and engaging and empowering the youth in our community. Our Future Bound Youth Leadership Team has been meeting twice a month since January. Activities have included community building, reflective exercises, sharing experiences, and setting goals. The Team is analyzing the results of a future bound youth needs survey and listening sessions to make recommendations to the community. They are looking forward to sharing with you at the Convening on June 13th.

[Contact Promise Partner](#), Future Bound Facilitator, with questions.

Please register for the convening by June 1st to help us prepare.

[Register Here](#)

---

[www.graduatestrong.org](http://www.graduatestrong.org)



Learn More

Email



# Salish Regional FYS...

Share your voice!



We're Listening

We are the  
Salish Regional FYSPRT Program

Family, Youth, System Partner Round Table

FYSPRT provides the opportunity for Youth who have received Behavioral Health Services, their families, and System Partners an equal platform to share their lived experience and identify improvements to Systems of Care

**Salish Regional FYSPRT provides an opportunity for all voices to be heard**

- ✔ We meet virtually every month.
- ✔ You can receive compensation for your time.
- ✔ Together we will influence positive change!



For more information contact Sam Agnew,  
Salish FYSPRT Regional Convener

360-337-4664  
sagnew@kitsap.gov  
www.salish-bhaso-fysprt.org

The South Kitsap School District does not sponsor or endorse the activity and/or information contained in this flyer.





Kitsap Suicide Awareness Coalition

# MENTAL HEALTH AWARENESS EVENT

## We're better together

**May 20th, 1 - 3 PM**

**Kitsap County  
Administration Building  
619 Division St, Port Orchard 98366**

**Vendors & Resources  
Ask the Experts Panel Discussion  
Mental Health Vigil  
Light snacks available**

[www.facebook.com/KitsapSuicideAwarenessCoalition](http://www.facebook.com/KitsapSuicideAwarenessCoalition)

#breakthestigma



MENTAL HEALTH AWARENESS MONTH

**ASB Fundraiser**

*Mental Health*  
**Awareness Event**

Wolves Walk For Wellness

**May 6th, 2023**

**11:00am-1pm**

**SKHS KITSAP BANK STADIUM**

**PRE-REGISTER HERE**

<https://tinyurl.com/SKWolvesWalk>



**Register**

**FREE COMMUNITY EVENT**

DONATIONS ARE APPRECIATED!  
ALL PROCEEDS WILL GO TO SUPPORT  
AGAPE, (NON PROFIT) SUPPORTING  
DRUG AND ALCOHOL TREATMENT



**Donate**





# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA April 6, 2023, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/84295747300>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 646 876 9923 US (New York)  
Meeting ID: 961 5275 7562

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments.

**Facilitate** Coordination of information among agencies to maximize resources.

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth, and families.

## AGENDA

- 4:30 WELCOME & INTRODUCTIONS – In person and online**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 PRESENTATION – SYNC Program – Bryan Gross**
- 5:20 RFP UPDATE & PLANNING**
- 5:35 UPCOMING PROJECTS & ACTIVITIES**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – MAY 4, 2023**

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – April 6, 2023**

**4:30 P.M. –6:00 P.M.**

**In Person at 105 National Ave. N. Bremerton, WA 98312 and via  
Zoom meeting- details provided on Agenda**

- 4:30 p.m. WELCOME & INTRODUCTIONS**  
The Chairpersons will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.
- 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**  
March Meeting Minutes will be approved and any changes to the April Agenda will be approved.
- 4:45 p.m. YOUTH REPRESENTATIVE REPORT**  
Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.
- 5:00 p.m. Presentation – SYNC Program** – Bryan Gross of the Salish BH-ASO will share information about the new SYNC program.
- 5:20 p.m. RFP Update & Planning** – Laura will share where we are in the RFP process and next steps.
- 5:40 p.m. UPCOMING PROJECTS & ACTIVITIES** – Information will be shared about community activities happening in the future.
- 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**  
Members of the board & the public will announce events & share comments.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held May 4, 2023.**

## Kitsap County Commission on Children and Youth

### MINUTES March 2, 2023

The Kitsap County Commission on Children and Youth meeting was held on Thursday March 2, 2022, from 4:30 -6:00 p.m. via Zoom and in person. Jeff Allen and Michael Ramsdell Board Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. **WELCOME & INTRODUCTIONS**

Jeff asked members and guests for self-introductions. Attendees offered introductions.

#### II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

The February 2023 Meeting Minutes were approved and entered into the record. The It was noted that we are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

#### III. **YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. **PRESENTATION – Boys & Girls Club of North Kitsap**

Chelsea Tate presented information about how the Boys & Girls Club of North Kitsap utilized their 2022 Youth Commission grant funds.

#### V. **PRESENTATION – YWCA of Kitsap County**

Harriette Bryant and Jackie Brown presented information about how the YWCA of Kitsap County utilized their 2022 Youth Commission grant funds.

#### VI. **UPCOMING PROJECTS & ACTIVITIES**

Information was shared about the Youth Rally and the Community Connections Walk planned in April. It was announced that there will be a Town Hall Event focused on substance abuse prevention and mental health promotion in May. Emily invited the Board to come for the Canoe Landing at Port Gamble S'Klallam Tribal Lands on July 27<sup>th</sup>.

#### VII. **ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### VIII. **ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. Next meeting will be held on April 2, 2023.

#### IV. **ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Jeff Allen	Laura Hyde	Bryan Gross
Michael Ramsdell		Chelsea Tate
Elisabeth Nilsson		Erica Whares
Bethany Wecks		Lynn Tabone
Teagan Krog		Natasha Minger
Lisa Lechuga		Sydney Perales
Abby Stevenson		Lynne Dewald
Juliana Meyer		Mary Rose Dewald
Dragan Karzdic		Harriette Bryant
Emily Main		Jackie Brown
Jim Riddell		Brooke
Susan Mayes Winfield		
Cathy Adams Bomar		
Absent		
Crista Magneson		
Camden Singer		



**Alta Vista**  
Integrated Life Services

Mental Health | ABA Therapy | Education | Respite | Family Services

# Parent & Caregiver Support Group

**Every Other Thursday**

**3/30, 4/13, 4/27, 5/11**

**5:30-7:00 pm**

*Come together to connect and share  
with other parents and caregivers of children and  
adults with special health and developmental needs.  
Attend one session or as many sessions as you can.*

1950 Pottery Ave Ste. 124, Port Orchard

**Please RSVP to: (253) 858-5846**

admin@altavistlife.com

Child Care Available

**Free- Donations Accepted**



## **Press Release for the 2023 Youth Empowerment Conference by Living Life Leadership**

### **Annual Free Youth Empowerment Conference Happening over Spring Break April 3-7**

Living Life Leadership is hosting the 5<sup>th</sup> annual week-long Youth Empowerment Conference from April 3<sup>rd</sup> through the 7<sup>th</sup> from 10:30 AM – 3:30 PM daily at the Marvin Williams Center in Bremerton. This year's theme for the conference is "The Art of Healing" where students are invited to breathe and make time for themselves through participation in activities that center on wellness and self-care. This year's Collage of Care programming includes special guest speakers and workshops offering inspiring sessions for student expression through creative arts, movement, nutritional foods, music, and courageous conversations where students listen and share their voices and perspectives.

On Thursday, April 6<sup>th</sup> students attending the conference will take a field trip to Evergreen State College in Tacoma. There they will participate in the Ancestral Healing Tour.

On Friday, April 7<sup>th</sup> students will meet for a special Villaging Circle to gather students for reflection of hearts and to share their vision of wellness for themselves as they spring forward in the season ahead and then close with our conference celebration at SEEFilms.

All middle school and high school youth are invited to participate in the conference. Register for the conference at: <https://forms.gle/5kqZRBN4TBBRJ4oe8>



# Paddle Safe Washington Youth Paddle Curriculum



## Program Overview:

Washington State Parks Boating Program invites youth ages 11-18 to learn the basics of paddle safety, water competency and teamwork through on water and land-based instruction. Each class of 15-20 kids will receive a life jacket and four hours of instruction (2 hours on water paddle instruction).

**Community Partners:** The Boating Program partners with schools, youth organizations and recreation departments seeking additional outdoor/water safety programming for their participants.

**Cost:** Nothing! This Boating Program course is free, and the costs are covered by our No Child Left Inside grant.

**Where:** The program is mobile and will come to a public body of water near your organization. Partner organizations provide transportation to the location, and the Boating Program will do the rest. Staff/counselors must be present and are encouraged to participate.

**Safety:** Washington State Parks Boating Program is all about safety. The class will be run by trained staff and volunteers with a small youth to instructor ratio of 4:1. Each participant will receive a custom fitted life jacket to be worn while on or near the water.

For questions about the program or to get involved contact:  
[boating@parks.wa.gov](mailto:boating@parks.wa.gov).

Washington State Parks Boating Program

## What our participants had to say:

*“Instructors were great! It was my first time, and I was scared of the water. I learned to build self-confidence and continued to be a leader to help others” – Haily, participant*

*“Practicing ‘Reach, throw, don’t go’ is surprisingly popular. The campers leave the course focused on the paddling fun they had, but do retain the safety lessons they’ve learned.” – Tamara, center director*

*“The coaches are nice and patient. I like the life jacket, very high quality” – William, participant*

*“This program is way beyond expectations, professional instructors, free high-quality life jackets and nice people all around who really care for our kids and teens. We hope this program will benefit more families in our city.” – Linda, mother of participant*

*“Boating with the WA State boating program has taught me to be safe by always wearing a life jacket whenever you’re on a boat” – Irene*



# Paddle Safe Washington | Youth Paddle Curriculum



## Safety and Partnership Information:

Safety is paramount to us, and programming may be modified or cancelled if conditions do not fit our parameters:

- We provide courses for free to groups of 15-20 youth, and ensure a four to one youth to instructor ratio
- Our staff have first aid/CPR training, youth protection training, and have completed background check
- We operate in winds of 12 miles an hour or less
- We follow Department of Health and Labor and Industries policies on heat and air quality
- Life jackets must be worn at all times in boats, on docks, or in other situations as deemed necessary by staff and volunteers

In addition to our safety parameters, we ask our partners to help support our delivery of a successful program by:

- Arriving on time and keeping us informed of schedule modifications
- Setting clear and safe behavior norms for the youth in your program
- Maintaining a safe environment for your youth during breaks/lunches and other non-water parts of the program
- Designating one staff to participate in the program on the water, with the intent to engage with the youth in a supportive manner (whether encouraging or in a discipline-oriented manner)
- Have fun!





# Kitsap County Parent Coalition

## Something's Not Quite Right



**April 26 @ 6:00 - 8:00 PM**

Join KCPC and Dr Violeta Gomez on Zoom

We will discuss

- Recognizing signs of a developmental disorder like autism
- Pursuing a diagnosis
- What to do when the pediatrician won't listen to your concerns

Questions/RSVP/Zoom link: Melia Hughes

[www.KitsapCountyParentCoalition.org](http://www.KitsapCountyParentCoalition.org)

(360) 347-6412

[kcpc@wa.easterseals.com](mailto:kcpc@wa.easterseals.com)

# Community Connections Walk

And Resource Fair

**Saturday, April 15**

12:00PM-3:00PM

4650 Bay Vista Boulevard  
Bremerton

**Free Admission**

Come for a chance to win  
free prizes

For Questions:





Kitsap Suicide Awareness Coalition

# MENTAL HEALTH AWARENESS EVENT

**We're better together**

**May 20th, 1 - 3 PM**

**Kitsap County  
Administration Building  
619 Division St, Port Orchard 98366**

**Vendors & Resources  
Ask the Experts Panel Discussion  
Mental Health Vigil  
Light snacks available**

[www.facebook.com/KitsapSuicideAwarenessCoalition](http://www.facebook.com/KitsapSuicideAwarenessCoalition)

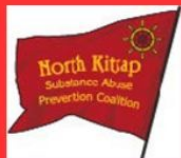
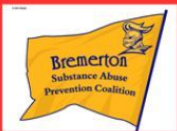
# STRENGTHENING FAMILIES PROGRAM 10-14 NEW FACILITATOR TRAINING & CERTIFICATION

*3-Day Training - Tools, skills  
& strategies to build families*



TRAINING DATES & TIMES  
APRIL 11  
8AM-4PM  
APRIL 12&13  
8:30AM-4:30PM  
645 4TH ST, #101  
BREMERTON, WA 98337

Presented By:



- Become a Certified Facilitator
- An introduction to SFP 10-14
- Review & practice the program in a team setting
- Review of the research & current updates
- Discussion & experiential-based engagement with curriculum & participants
- Readiness-primer to discuss implementation, logistics, technology, recruitment, retention & technical support for next steps



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA June 1, 2023, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/84295747300>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 646 876 9923 US (New York)  
Meeting ID: 961 5275 7562

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments.

**Facilitate** Coordination of information among agencies to maximize resources.

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth, and families.

## AGENDA

- 4:30 WELCOME & INTRODUCTIONS – In person and online**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 PRESENTATION – Boys & Girls Club of North Kitsap**
- 5:20 PRESENTATION – YWCA of Kitsap**
- 5:35 UPCOMING PROJECTS & ACTIVITIES**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – July 6**

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – June 1, 2023**

**4:30 P.M. –6:00 P.M.**

**In Person at 105 National Ave. N. Bremerton, WA 98312 and via  
Zoom meeting- details provided on Agenda**

**4:30 p.m. WELCOME & INTRODUCTIONS**

The Chairpersons will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.

**4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

May Meeting Minutes will be approved and any changes to the June Agenda will be approved.

**4:45 p.m. YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m. PRESENTATION & DISCUSSION– Local Data Presentation – Laura Hyde**

Laura Hyde will share the findings of a county-wide data review performed by the Kitsap County Substance Abuse Prevention Coalitions.

**5:40 p.m. UPCOMING PROJECTS & ACTIVITIES – Information will be shared about community activities happening in the future.**

**5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held July 6, 2023.**

## Kitsap County Commission on Children and Youth

### MINUTES May 4, 2023

The Kitsap County Commission on Children and Youth meeting was held on Thursday May 4, 2022, from 4:30 -6:00 p.m. via Zoom and in person. Jeff Allen Board Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. **WELCOME & INTRODUCTIONS**

Jeff Allen called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

April 6, 2023, Meeting Minutes were approved and entered into the record. It was noted that we are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

#### III. **YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. **PRESENTATION – Recommendations from the Grant Application Review Committee**

Laura Hyde and members of the RFP Review Committee presented the slides that explain the Review Committee process and recommendations. Members of the committee shared about their experience and recommendations.

#### V. **VOTE – Board Recommendations re: grant funding**

Board members voted on the proposed recommendations for funding the grant applicants. The recommendations were accepted. The next steps are the recommendation goes to the County Board of Commissioners who have the final decision on the awards. Laura will report back at the June meeting.

#### VI. **UPCOMING PROJECTS & ACTIVITIES**

Information was shared about upcoming events and opportunities attached to the agenda.

#### VII. **ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### VIII. **ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on June 1, 2023. We will meet in hybrid mode – in-person at OESD 114 and virtually.

#### IV. **ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Jeff Allen	Laura Hyde	Sav Bowman
Michael Ramsdell		Lynn Tabone
Elisabeth Nilsson		Sydney Perales
Susan Mayes Winfield		
Jim Riddell		
Lisa Lechuga		
Abby Stevenson		
Crista Magneson		
Camden Singer		
Emily Main		
Cathy Adams-Bomar		
Dragan Karzdic		
Bethany Wecks		
Teagan Krog		
Juliana Meyer		
Absent		





# COMMUNITIES MOBILIZING

FOR CHANGE ON ALCOHOL FREE TRAINING  
Presented by the Youth Leadership Institute

Learn about Community Organizing and working together to prevent underage drinking/substance use

**In person Training:**  
**Tuesday, June 6, 9am-2:30pm**  
**645 4th St Ste 100,**  
**Bremerton**

Followed by 2 Virtual Lunch & Learn Sessions:  
June 19 & 26th 11am-1pm

for more information:



[lhyde@kitsap.gov](mailto:lhyde@kitsap.gov)

**You Will Receive:**

- Free Training
- Lunch
- A Toolkit



Washington State  
Health Care Authority



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA August 3, 2023, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/84295747300>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 646 876 9923 US (New York)  
Meeting ID: 961 5275 7562

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments.

**Facilitate** Coordination of information among agencies to maximize resources.

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth, and families.

## AGENDA

- 4:30 WELCOME & INTRODUCTIONS – In person and online**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:15 UPDATE RE: SUMMER AND BACK TO SCHOOL ACTIVITIES**
- 5:35 PLANNING FOR THE YOUTH FORUM AND GUEST SPEAKERS**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – SEPTEMBER 7, 2023**

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – August 3, 2023**

**4:30 P.M. –6:00 P.M.**

**In-Person at 105 National Ave. N. Bremerton, WA 98312 and via  
Zoom meeting- details provided on Agenda.**

- 4:30 p.m. WELCOME & INTRODUCTIONS**  
The Chairpersons will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.
- 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**  
June Meeting Minutes will be approved and any changes to the August Agenda will be approved.
- 4:45 p.m. YOUTH REPRESENTATIVE REPORT**  
Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.
- 5:15 p.m. UPDATE RE: SUMMER AND BACK TO SCHOOL ACTIVITIES**  
Members and guests will share information about upcoming activities. We will share activities for the summer and back-to-school events.
- 5:30 p.m. PLANNING FOR THE YOUTH FORUM AND GUEST SPEAKERS**  
We will ask for volunteers to serve on the Youth Forum Planning Committee. We will also discuss the format and activities for the event.
- 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**  
Members of the board & the public will announce events & share comments.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held September 7, 2023.**

## Kitsap County Commission on Children and Youth

### MINUTES June 1, 2023

\*Let it be noted that the July 2023 meeting was cancelled. The Kitsap County Commission on Children and Youth meeting was held on Thursday June 1, 2023, from 4:30 -6:00 p.m. via Zoom and in-person. Jeff Allen Board Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. **WELCOME & INTRODUCTIONS**

Jeff Allen called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

May 4, 2023, Meeting Minutes were approved and entered into the record. It was noted that we are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

#### III. **YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. **PRESENTATION – Local Youth Data**

Laura Hyde shared data and information about youth substance use and mental health that was used in the annual data analysis completed by the Kitsap County Substance Abuse Prevention Coalitions.

#### V. **DISCUSSION - local data and resources + services**

Board members discussed the data and the implications for Kitsap youth. The discussion included local existing resources and services as well as potential resources and services.

#### VI. **UPCOMING PROJECTS & ACTIVITIES**

Information was shared about upcoming events projects and opportunities attached to the Agenda.

#### VII. **ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### VIII. **ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on Jul 6, 2023. We will meet in hybrid mode – in-person at OESD 114 and virtually.

#### IV. **ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Jeff Allen	Laura Hyde	Erica Whares
Juliana Meyer		Lynn Tabone
Elisabeth Nilsson		Sydney Perales
Susan Mayes Winfield		Dr. Kimberly Riley
Bethany Wecks		
Lisa Lechuga		
Natasha Facticeau Minger		
Teagan Krog		
Camden Singer		
Emily Main		
Cathy Adams-Bomar		
Dragan Karzdic		
Absent		
Crista Magneson		
Abigail Stevenson		
Michael Ramsdell		
Jim Riddell		

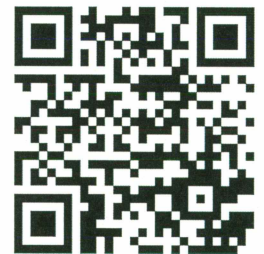
# We need your help, Kitsap County

## Take the community survey

This 3-5 minute survey will guide our work in developing youth substance abuse prevention programs. Thank you for helping us deliver programs that work for Kitsap County! If you live in, work in, or have children attending the School District listed below please click the survey link below and complete the survey.

Bremerton Residents:

<https://www.surveymonkey.com/r/KIBREN2023>



North Kitsap Residents:

<https://www.surveymonkey.com/r/KINOKIEN2023>



**To learn more** about our services or the coalitions, please consult our webpage at: <https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx>



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA October 5, 2023, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/86411987270>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 646 876 9923 US (New York)  
Meeting ID: 961 5275 7562

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments.

**Facilitate** Coordination of information among agencies to maximize resources.

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth, and families.

## AGENDA

- 4:30 WELCOME & INTRODUCTIONS – In person and online**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 ELECTIONS – CO-CHAIRS, VICE CHAIR**
- 5:30 UPDATES - YOUTH FORUM & EQUITY TRAININGS**
- 5:35 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 5:40 MEMBERSHIP OVERVIEW/NEW MEMBER ORIENTATION**
- 6:00 ADJOURNMENT & NEXT MEETING – NOVEMBER 2, 2023**

*Large streams from little fountains flow, Tall oak from little acorns grow. David Everett*

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – October 5, 2023**

**4:30 P.M. –6:00 P.M.**

**In Person at 105 National Ave. N. Bremerton, WA 98312 and via  
Zoom meeting- details provided on Agenda.**

- 4:30 p.m. WELCOME & INTRODUCTIONS**  
Lisa Lechuga, Vice Chairperson, will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.
- 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**  
September Mtg. Minutes and changes to the October Agenda will be approved.
- 4:45 p.m. YOUTH REPRESENTATIVE REPORT**  
Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.
- 5:00 p.m. ELECTIONS – CO-CHAIRS, VICE CHAIR**  
Elections will be held for the positions of: Youth Co-Chairperson, Adult Co-Chairperson and Vice Chairperson.
- 5:20 p.m. UPDATES - YOUTH FORUM & EQUITY TRAININGS**  
Updates and next steps for the Kitsap Youth Forum (Oct. 17<sup>th</sup>) will be provided by the planning committee. Details of the County Advisory Board Trainings in October will be shared by Laura. Board Members are encouraged to participate in these Health Equity Training opportunities.
- 5:30 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**  
Members of the board & the public will announce events & share comments.
- 5:35 p.m. MEMBERSHIP OVERVIEW/NEW MEMBER ORIENTATION**  
Laura Hyde, Staff to the Board, will provide an overview of the Commission on Children and Youth mission, goals, bylaws, and activities.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held November 2, 2023.**



## Kitsap County Commission on Children and Youth

### MINUTES September 7, 2023

The Kitsap County Commission on Children and Youth meeting was held on Thursday September 7, 2023, from 4:30 -6:00 p.m. via Zoom and in person. Jeff Allen Board Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. **WELCOME & INTRODUCTIONS**

Jeff Allen called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

The August 3, 2023, meeting minutes were approved and entered into the record. It was noted that we are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

#### III. **YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. **HONORING JEFF ALLEN & THANK YOU'S**

Jeff Allen has served two terms on the Commission on Children and Youth and is leaving the board due to term limits. He has served as Chairperson and as Co-Chair. Jeff has been a leader with the Commission and done a great job. The Board celebrated Jeff's accomplishments while on the Commission. The Board thanked him for his service to the children and youth of Kitsap County.

#### V. **PLANNING BOARD LEADERSHIP ELECTIONS**

With the graduation of our Youth Co-Chairperson and Jeff Allen's (Adult Co-Chairperson) departure we will hold elections during next month's meeting. We are now accepting nominations.

#### VI. **UPDATE RE: SUMMER AND BACK TO SCHOOL ACTIVITIES**

Members and guests shared information about upcoming activities, discussed summer, and back to school events.

#### VIII. **PLANNING FOR THE YOUTH FORUM & EQUITY TRAINING**

A request for volunteers to serve on the Youth Forum Planning Committee was made. We also discussed the format and activities for the event. Laura shared information about the upcoming Advisory Board Equity Trainings in October. Board members are strongly encouraged to attend.

**IX. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

**VIII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on October 5, 2023. We will meet in hybrid mode – in-person at OESD 114 and virtually.

**IV. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Jeff Allen	Laura Hyde	Amanda Williamson
Abigail Stevenson		
Elisabeth Nilsson		
Susan Mayes Winfield		
Crista Magneson		
Jim Riddell		
Natasha Facteau Minger		
Teagan Krog		
Lisa Lechuga		
Emily Main		
Cathy Adams-Bomar		
Kimberly Riley		
Dragan Karzdic		
Lynn Tabone		
Absent		
Camden Singer		
Bethany Wecks		

# Kitsap 2023 Youth Forum

**October 17th**

4:30 p.m. to 7 p.m.

**Norm Dicks Government Center**

345 6th St.

Bremerton, WA 98337

An event for youth  
to talk to  
policymakers about  
what is important to  
them



EMAIL [YOUTHFORUM@KITSAPPUBLICHEALTH.ORG](mailto:YOUTHFORUM@KITSAPPUBLICHEALTH.ORG)

REGISTER: [KCOWA.US/YOUTHFORUM](https://KCOWA.US/YOUTHFORUM)

# We need your help, Kitsap County

## Take the community survey

This 3-5 minute survey will guide our work in developing youth substance abuse prevention programs. Thank you for helping us deliver programs that work for Kitsap County! If you live in, work in, or have children attending the School District listed below please click the survey link below and complete the survey.

Bremerton Residents:

<https://www.surveymonkey.com/r/KIBREN2023>

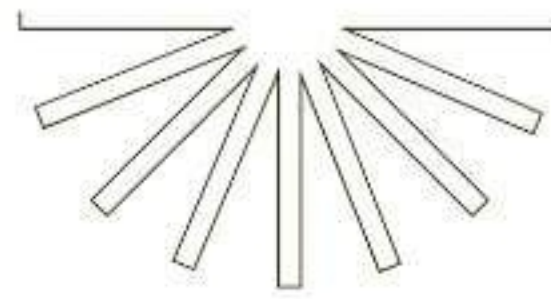


North Kitsap Residents:

<https://www.surveymonkey.com/r/KINOKIEN2023>



**To learn more** about our services or the coalitions, please consult our webpage at: <https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx>



# *SAVE THE DATE*



## *County-Wide Youth and Law Forum*

*WILL BE HELD ON*

**OCTOBER 14TH 2023**

TIME: 9AM - 4PM

Location: Marvin  
Williams Center

### ***Presented By***

*Bremerton Municipal Court-  
New Life Foundation-  
Tacoma Chapter of the Links  
Incorporated-  
Washington State Minority  
and Justice Commision-*





# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA September 7, 2023, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/86411987270>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 646 876 9923 US (New York)  
Meeting ID: 961 5275 7562

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments.

**Facilitate** Coordination of information among agencies to maximize resources.

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families.

## AGENDA

- 4:30 WELCOME & INTRODUCTIONS – In person and online**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 HONORING JEFF ALLEN & THANK YOU'S**
- 5:20 PLANNING BOARD LEADERSHIP ELECTIONS**
- 5:30 UPDATE RE: SUMMER AND BACK TO SCHOOL ACTIVITIES**
- 5:45 PLANNING FOR THE YOUTH FORUM & EQUITY TRAINING**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – OCTOBER 5, 2023**

*Be Bold and mighty powers will come to your aid. Norman Vincent Peale*

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – September 7, 2023**

**4:30 P.M. –6:00 P.M.**

**In Person at 105 National Ave. N. Bremerton, WA 98312 and via  
Zoom meeting- details provided on Agenda.**

**4:30 p.m. WELCOME & INTRODUCTIONS**

The Chairpersons will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.

**4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

August Mtg. Minutes and changes to the September Agenda will be approved.

**4:45 p.m. YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m. HONORING JEFF ALLEN & THANK YOU'S**

Jeff Allen has served two terms on the Commission on Children and Youth and is leaving the board due to term limits. He has served as Chairperson and as Co-Chair. Jeff has been a leader with the Commission and done a great job. The Board would like to thank him for his service to the children and youth of Kitsap County.

**5:20 p.m. PLANNING BOARD LEADERSHIP ELECTIONS**

With the graduation of our Youth Co-Chairperson and Jeff Allen's (Adult Co-Chairperson) departure we will hold elections during next month's meeting. We are now accepting nominations.

**5:30 p.m. UPDATE RE: SUMMER AND BACK TO SCHOOL ACTIVITIES**

Members and guests will share information about upcoming activities. We will share activities that happened during the summer and discuss back-to-school events.

**5:45 p.m. PLANNING FOR THE YOUTH FORUM & EQUITY TRAINING**

We will ask for volunteers to serve on the Youth Forum Planning Committee. We will also discuss the format and activities for the event. Laura will share the upcoming Advisory Board Equity Trainings in October. Board members are strongly encouraged to attend.

**5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held October 5, 2023.**

## Kitsap County Commission on Children and Youth

### MINUTES August 3, 2023

d. The Kitsap County Commission on Children and Youth meeting was held on Thursday Aug. 3, 2023, from 4:30 -6:00 p.m. via Zoom and in person. Jeff Allen Board Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. **WELCOME & INTRODUCTIONS**

Jeff Allen called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

The July 6, 2023, meeting was cancelled. June 1, 2023, Meeting Minutes were approved and entered into the record. It was noted that we are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

#### III. **YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. **UPDATE RE: SUMMER & BACK TO SCHOOL ACTIVITIES**

Members updated the Board on summer activities and back-to-school events.

#### V. **PLANNING FOR THE YOUTH FORUM AND GUEST SPEAKERS**

Laura shared information about the planning of the Youth Forum. Board members discussed the plans and offered suggestions. Jeff shared about the benefits of guest speakers and asked the Board for ideas of topics and speakers.

#### VI. **ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### VIII. **ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on September 7, 2023. We will meet in hybrid mode – in-person at OESD 114 and virtually.

#### IV. **ATTENDANCE**



COMMISSION MEMBERS	STAFF	GUESTS
Jeff Allen	Laura Hyde	Erica Whares
Abigail Stevenson		
Elisabeth Nilsson		Sydney Perales
Susan Mayes Winfield		
Bethany Wecks		
Jim Riddell		
Natasha Facticeau Minger		
Teagan Krog		
Camden Singer		
Emily Main		
Cathy Adams-Bomar		
Kimberly Riley		
Absent		
Crista Magneson		
Lynn Tabone		
Dragan Karzdic		

# CELEBRATE RECOVERY MONTH WITH US ON SEPTEMBER 9!

## Recovery Day 5k

Fun Run / Walk

Saturday September 9, 2023

Check in open at 8:15 am

Run/Walk start at 9:00 am

Illahee Preserve in Bremerton

Entrance on Almira Dr

Beautiful Forest Setting

Finisher Awards

Donuts & Coffee at the Finish

Recommended donation \$20, open to first 50 entrants, register now at <https://www.eventbrite.com/e/recovery-5k-tickets-673442593927?aff=oddtcreator>

## Recovery Day at the Park

### BBQ & Gathering

Saturday September 9, 2023

10:00 am—2:00 pm

Evergreen Park in Bremerton

Burgers & Hot Dogs provided,

Side dishes welcome

**No registration required for the BBQ — Come as you are and bring the Family!**



Organized by  
Salish Recovery  
Coalition



We are grateful to  
our Sponsors & Sup-  
porters:



Suquamish Tribe  
Wellness Center



# DAD ALLIES

## Community Café

Washington  
Fatherhood  
Council



### Kitsap County Dads

Holly Ridge Center, 4660 Kitsap Way,  
Bremerton, WA 98312

### September 16, 2023

10 a.m. - 1 p.m.  
Doors open at 9:30 a.m.



## Fathers Matter

Join us for a community discussion with Dads and service providers to:

- Build upon our community strengths and spark hope for Dads.
- Empower Fathers to share insights about what works and doesn't work for fathers and families.
- Learn from Dads about how to better serve and reach Dads in Kitsap County.

Topics include: Family Court, Child Support and Parenting Plans, Justice Involved and Re-Entry, Child Welfare, Co-Parenting & Healthy Relationships, Community Programs, Housing, Employment, Veteran Services, Prenatal and Early Childhood Healthcare

## We need your voice – join the conversation!

Free continental breakfast and coffee will be provided.

Registration is encouraged, but not required. Register by clicking [Here](#) or by going to EventBrite.com and searching for Fathers Matter Kitsap County. If you need assistance registering or have any questions, email [WAFatherhoodCouncil@DSHS.WA.GOV](mailto:WAFatherhoodCouncil@DSHS.WA.GOV)

**Space is Limited, so sign up now!**

Participating Dads will be provided a gift card for their contribution to this important discussion.

*We have free childcare. Let us know when you register if need childcare.*

**[Register for this free in-person event here.](#)**



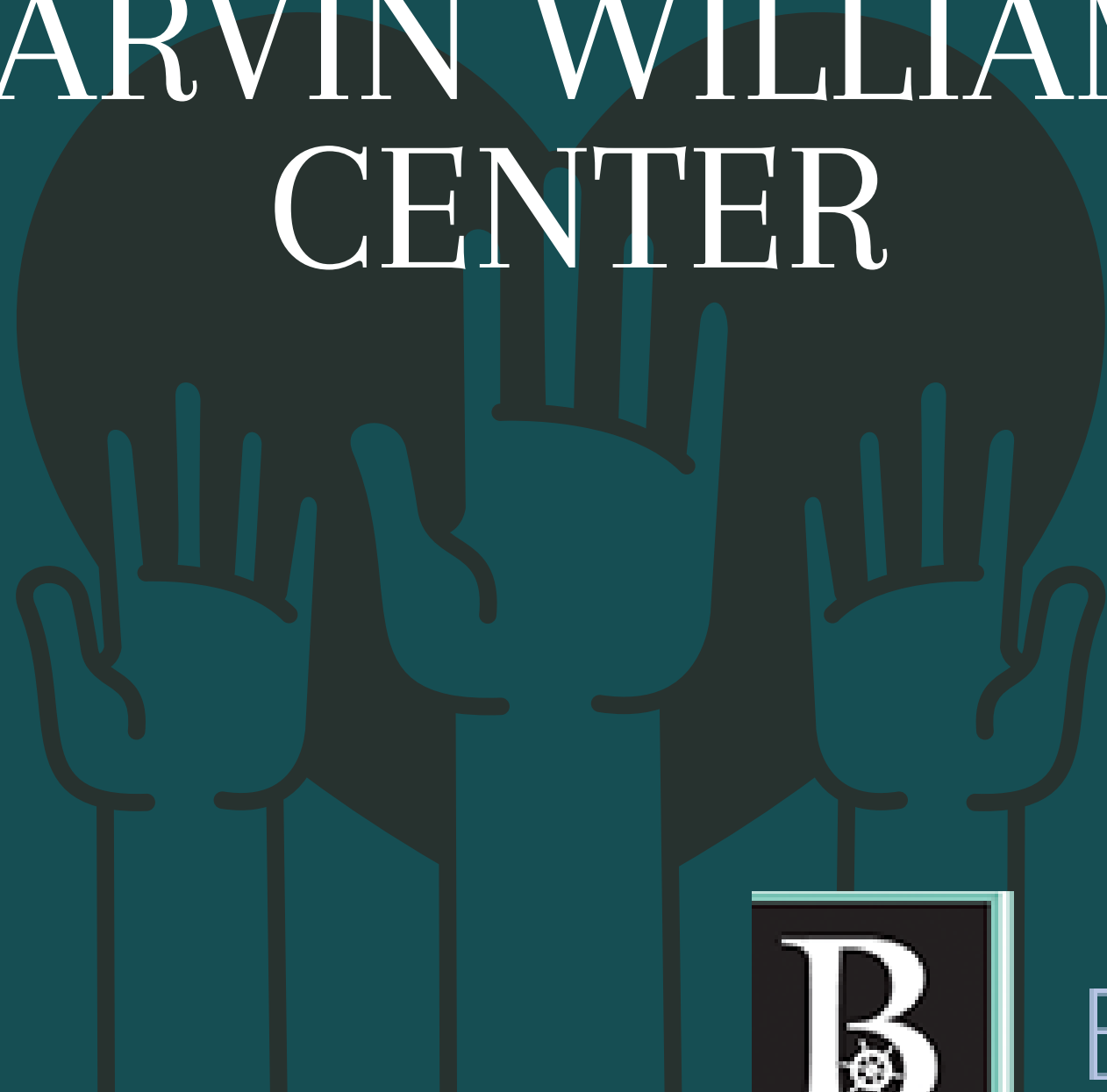


BREMERTON MUNICIPAL  
COURT PRESENTS



THERAPEUTIC COMMUNITY COURT  
RESOURCE FAIR

SEPTEMBER 22ND, 2023  
12PM-4PM  
MARVIN WILLIAMS  
CENTER



BREMERTON  
WASHINGTON

## 2023 EVENTS

DATES FOR HOLIDAY ACTIVITIES ARE TENTATIVE

DATE & EVENT	
November 17 & 18 – Friday & Saturday Thanksgiving food and Turkey give-away.	
November 23 – Thursday Thanksgiving Dinner	
December 22 & 23 – Friday & Saturday Christmas Food Box Pick Up	
December 22 & 23 – Friday & Saturday Christmas Toy Distribution	
Every Tuesday and Thursday at 5 pm Meals Service	
Our Food Pantry and Clothing Room are open: Mon, Wed, & Frid.      1 p.m. – 3 p.m. Tues & Thurs          1 p.m. – 4 p.m.	

**FOR MORE INFORMATION**

CALL US AT 360-373-0184

EMAIL US AT [NEWDAYMINISTRYWA.ORG](mailto:NEWDAYMINISTRYWA.ORG)



KITSAP COMMUNITY  
**RESOURCES**



## HEALTH & WELLNESS RESOURCE FAIR

### KCR BREMERTON

**1201 PARK AVE  
BREMERTON, WA**

**WED 09/20/2023  
10AM - 3PM**

### KCR PORT ORCHARD

**3200  
RAINSHADOW CT,  
PORT ORCHARD**

**THU 09/21/2023  
10AM - 3PM**

At our health fair, you'll have  
the opportunity to:

- ✓ Learn about community resources
- ✓ Get free health screenings
- ✓ Get more information on different things
- ✓ Discover new ways to improve you

**JOIN US**





**WORLD  
SUICIDE  
PREVENTION  
DAY**

**Kitsap Suicide Awareness Coalition**  
**Presents**

**Suicide Prevention Day  
in  
Kitsap County**

**Friday September 8, 2023  
6:30 PM - 8:00PM**

**Kitsap County Admin Bldg Pavillion  
619 Division St, Port Orchard, Washington**

The purpose is to raise awareness, reduce stigma  
and provide information regarding services and organizations  
to prevent suicide

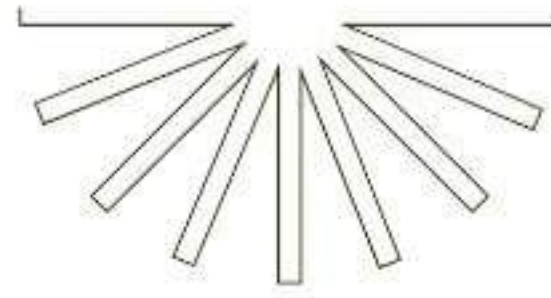
**Information booths will be open at 6:30PM**

**Guest speakers will begin  
at 7:00PM**

**Candlelight Vigil begins  
at 8:00PM**



**988  
Suicide  
& Crisis  
Lifeline**



# *SAVE THE DATE*



## *County-Wide Youth and Law Forum*

*WILL BE HELD ON*

**OCTOBER 14TH 2023**

TIME: 9AM - 4PM

Location: Marvin  
Williams Center

### ***Presented By***

*Bremerton Municipal Court-  
New Life Foundation-  
Tacoma Chapter of the Links  
Incorporated-  
Washington State Minority  
and Justice Commission-*





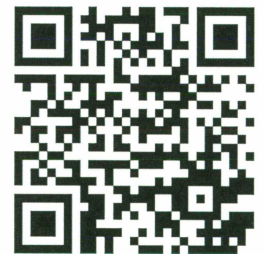
# We need your help, Kitsap County

## Take the community survey

This 3-5 minute survey will guide our work in developing youth substance abuse prevention programs. Thank you for helping us deliver programs that work for Kitsap County! If you live in, work in, or have children attending the School District listed below please click the survey link below and complete the survey.

Bremerton Residents:

<https://www.surveymonkey.com/r/KIBREN2023>



North Kitsap Residents:

<https://www.surveymonkey.com/r/KINOKIEN2023>



**To learn more** about our services or the coalitions, please consult our webpage at: <https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx>

# Olympic Prevention Partnership

September 13th  
9 - 10:30 AM

[REGISTER NOW](#)



We hope you can join us for our next Olympic Prevention Partnership Regional Networking meeting **September 13<sup>th</sup> 9 – 10:30 AM**. We will be joined by Scott Gerbert of the **Stanford REACH Lab** who will be discussing their tobacco and cannabis prevention toolkits and other resources. Please click the link above to register.

## Research and Education to Empower Adolescents and Young Adults to Choose Health

**Stanford REACH Lab** offers free curriculums and resources to supplement prevention, education, harm-reduction, interventions and cessation on: vaping/e-cigarettes, cannabis, drugs and other substances. Scan the QR code below to learn more!

### PREVENTION/EDUCATION/AWARENESS CURRICULUMS



Elementary, Middle & High School Curriculum



Middle & High School Curriculum

### HARM-REDUCTION

**safetyfirst**

A Comprehensive Drug Education and Harm-Reduction Curriculum

### INTERVENTIONS



Self-Paced or Group Led  
Alternative-to-Suspension



Interventions for  
Clinicians

### CESSATION

Individual & Group Cessation  
Coming Soon 2023-24  
School Year

Connect with us and learn more by scanning the QR Code:





# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA November 2, 2023, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/86411987270>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 646 876 9923 US (New York)  
Meeting ID: 961 5275 7562

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments.

**Facilitate** Coordination of information among agencies to maximize resources.

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families.

## AGENDA

- 4:30 WELCOME & INTRODUCTIONS – In person and online**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 PRESENTATION – MEMBERSHIP OVERVIEW/ NEW MEMBER ORIENTATION**
- 5:30 PROJECT TEAMS/COMMITTEES OVERVIEW AND SIGN UP**
- 5:40 UPDATES - YOUTH FORUM & EQUITY TRAININGS**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – DECEMBER 2, 2023**

*If we are going to survive, we must build communities of caring and connection. Cecile Andrews*

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – November 2, 2023**

**4:30 P.M. –6:00 P.M.**

**In Person at 105 National Ave. N. Bremerton, WA 98312 and via  
Zoom meeting- details provided on Agenda.**

**4:30 p.m. WELCOME & INTRODUCTIONS**

Teagan Krog and Abby Stevenson will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.

**4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

October Mtg. Minutes and changes to the November Agenda will be approved.

**4:45 p.m. YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m. ELECTIONS – CO-CHAIRS, VICE CHAIR**

Elections will be held for the positions of: Youth Co-Chairperson, Adult Co-Chairperson and Vice Chairperson.

**5:20 p.m. UPDATES - YOUTH FORUM & EQUITY TRAININGS**

Updates and next steps for the Kitsap Youth Forum (Oct. 17<sup>th</sup>) will be provided by the planning committee. Details of the County Advisory Board Trainings in October will be shared by Laura. Board Members are encouraged to participate in these Health Equity Training opportunities.

**5:30 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**5:35 p.m. MEMBERSHIP OVERVIEW/NEW MEMBER ORIENTATION**

Laura Hyde, Staff to the Board, will provide an overview of the Commission on Children and Youth mission, goals, bylaws, and activities.

**6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held December 2, 2023.**

## Kitsap County Commission on Children and Youth

### MINUTES October 5, 2023

The Kitsap County Commission on Children and Youth meeting was held on Thursday October 5, 2023, from 4:30 -6:00 p.m. via Zoom and in-person. Lisa Lechuga, Vice-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### **I. WELCOME & INTRODUCTIONS**

Lisa Lechuga called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### **II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

The September 7, 2023, meeting minutes were approved and entered into the record. It was noted that we are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

#### **III. YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### **IV. ELECTIONS – CO-CHAIRS AND VICE CHAIR**

We have all three leadership positions open, and nominations were taken over the last month. First, we had the election for Youth Co – Chairperson. Teagan Krog is the new Youth Co-Chairperson. Adult Co – Chairperson elections were held and the new Adult Co – Chairperson is Abby Stevenson. The Vice- Chairperson election was also held, and the new Vice-Chairperson is Camden Singer. Congratulations to our new leadership team.

#### **V. UPDATE – YOUTH FORUM & EQUITY TRAININGS**

Committee members shared information about the Youth Forum to be held on Oct. 17<sup>th</sup>. Laura shared information about the upcoming Equity Trainings. Board members and applicants were encouraged to attend.

#### **VI. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### **VII. MEMBERSHIP OVERVIEW/NEW MEMBER ORIENTATION**

Laura presented information about this board's mission, purpose, and composition. We have many new members and the board felt it was a good time to go over the basics. The elections took more time than planned and Laura will continue the presentation next month.

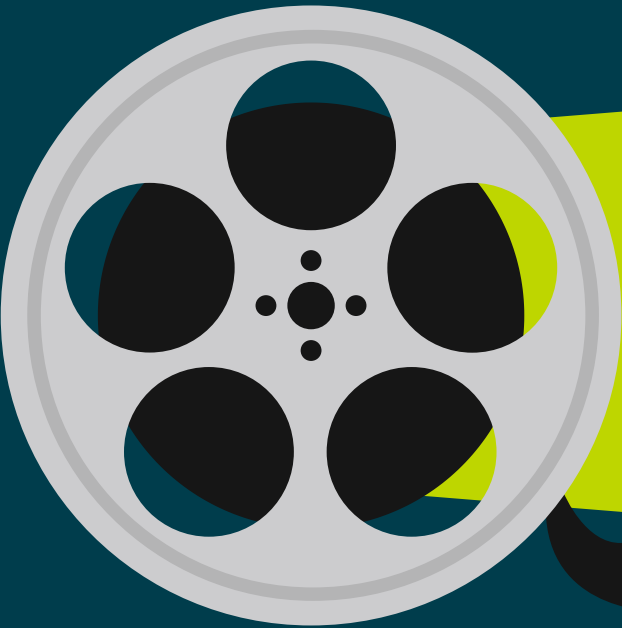
#### **ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on November 2, 2023. We will meet in hybrid mode – in-person at OESD 114 and virtually via Zoom.

**IV. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Camden Singer	Laura Hyde	Amanda Williamson
Abigail Stevenson		Jessie Smith
Elisabeth Nilsson		Josh Lane
Susan Mayes Winfield		Barb Santos
Crista Magneson		Glenna Matteson
Lynne Tabone		Kathleen Kondek
Natasha Facticeau Minger		
Teagan Krog		
Lisa Lechuga		
Emily Main		
Cathy Adams-Bomar		
Kimberly Riley		
Absent		
Jim Riddell		
Bethany Wecks		
Dragan Karzdic		

KITSAP PUBLIC HEALTH  
DISTRICT PRESENTS



# SCREENAGERS

*Under the Influence*

FILM DOCUMENTARY

We invite you to attend a FREE showing of the documentary film *Screenagers Under The Influence: Addressing Vaping, Drugs, and Alcohol in the Digital Age*

**WEDNESDAY, NOV. 15, 2023**

FROM 4-6:30 PM AT THE ROXY THEATRE  
270 4th St, Bremerton, WA 98337

An informational Q & A and resource sharing will follow the film. Parents and guardians of youth aged 12-19 are encouraged to attend. Open to anyone in the community.

Tickets are free, registration is encouraged:  
[screenagers\\_screening.eventbrite.com](https://screenagers_screening.eventbrite.com)



**QUESTIONS?**

**EMAIL [CDP@KITSAPPUBLICHEALTH.ORG](mailto:CDP@KITSAPPUBLICHEALTH.ORG)**

## Here Are Some Safety Tips to Avoid Unexpected Poisoning From WA Poison Center

Issued: October 2023

Contact WAPC at [mryuk@wapc.org](mailto:mryuk@wapc.org) (mailto:mryuk@wpc.org) with questions

Halloween is right around the corner! Follow our safety tips to ensure this spooky night doesn't become too scary with an unexpected poisoning.

- \* Be careful with glow sticks. The liquid in glow sticks is generally not toxic but can cause irritation if swallowed or splashed into the eyes. NEVER put glow sticks in the microwave.

- \* Use dry ice safely:

- + Wear gloves and be careful when handling dry ice Do not store dry ice.

- + in the freezer, and always use it in a well-ventilated area.

Swallowing or touching dry ice can cause significant burns and injury.

- \* Inspect all candy before eating for signs of tampering or compromised packaging. This includes tears, broken seals, pinholes, or discoloration.

- \* Consume wisely. Alcohol does not mix well with anything, especially cannabis or prescription drugs. When consumed together, these substances can lead to severe health and safety issues.

- \* Safely store cannabis (marijuana) edibles away from all Halloween candy—out of sight, reach, and preferably locked up.

- \* During this season of respiratory illnesses:

- + Wear a protective mask (a cloth face covering or disposable mask that covers your mouth and nose) if you are giving out candy or going trick-or-treating.

- + If you are celebrating with people outside of your household, wear a mask and celebrate outdoors when possible.

- + Use hand sanitizer after each interaction (giving OR receiving candy). Only adults should dispense hand sanitizer—do not let children apply hand sanitizer to themselves. Use a dime sized amount and ensure hands are rubbed together until dry.

- \* Do not use disinfectants or cleaning products on candy.

\*\* Follow us on Twitter (<https://twitter.com/MRYUKWA>)

\*\* Follow us on Facebook (<https://www.facebook.com/MrYukWA>)

\*\* Follow us on Instagram ([https://www.instagram.com/mryuk\\_wa/](https://www.instagram.com/mryuk_wa/))

Our mailing address is:

155 NE 100th St., Suite 100, Seattle, WA 98125

email: [mryuk@wapc.org](mailto:mryuk@wapc.org).





# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA December 7, 2023, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/86411987270>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 646 876 9923 US (New York)  
Meeting ID: 961 5275 7562

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments.

**Facilitate** Coordination of information among agencies to maximize resources.

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth, and families.

## AGENDA

- 4:30 WELCOME & INTRODUCTIONS – In person and online**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 WORK PLAN OVERVIEW**
- 5:25 PROJECT TEAMS/COMMITTEES OVERVIEW AND SIGN UP**
- 5:35 UPDATES - YOUTH ADVOCACY OPPORTUNITY & EQUITY TRAININGS**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – JANUARY 4, 2024**

*“The difference between ordinary and extraordinary is that little extra.” Anonymous*

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – December 7, 2023**

**4:30 P.M. –6:00 P.M.**

**In-person at 105 National Ave. N. Bremerton, WA 98312 and via  
Zoom meeting- details provided on Agenda.**

- 4:30 p.m. WELCOME & INTRODUCTIONS**  
Co-Chairpersons Teagan Krog and Abby Stevenson will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.
- 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**  
November Mtg. Minutes and changes to the December Agenda will be approved.
- 4:45 p.m. YOUTH REPRESENTATIVE REPORT**  
Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.
- 5:00 p.m. WORK PLAN OVERVIEW**  
Laura will provide an overview of our 2023 Work Plan and the Board will begin the draft 2024 plan.
- 5:25 p.m. PROJECT TEAMS/COMMITTEES OVERVIEW AND SIGN UP**  
The description of our Project Teams or Committees will be shared and the board will be asked to sign up for one or more team.
- 5:35 p.m. UPDATES - YOUTH ADVOCACY OPPORTUNITY & EQUITY TRAININGS**  
Updates on the Health Equity County Advisory Board Trainings held in October will be shared. It is planned for recordings to be posted on the county site and Advisory Boards are encouraged to develop a plan to utilize these recordings.
- 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**  
Members of the board & the public will announce events & share comments.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held January 4, 2024.**

## Kitsap County Commission on Children and Youth

### MINUTES November 2, 2023

The Kitsap County Commission on Children and Youth meeting was held on Thursday November 2, 2023, from 4:30 -6:00 p.m. via Zoom and in person. Lisa Lechuga, Vice-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. **WELCOME & INTRODUCTIONS**

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

The October 5, 2023, meeting minutes were approved and entered into the record. It was noted that we are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

#### III. **YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. **PRESENTATION – MEMBERSHIP OVERVIEW/ NEW MEMBER ORIENTATION**

Laura presented information about this board's mission, purpose, membership, Bylaws, and Work Plan. We have many new members and the board felt it was a good time to go over the basics.

#### V. **PROJECT TEAMS/COMMITTEES OVERVIEW AND SIGN UP**

Information was shared about the Project Teams and members were asked to email Laura with what Team(s) they would like to be on.

#### VI. **UPDATE – YOUTH FORUM & EQUITY TRAININGS**

Committee members shared information about the Youth Forum that was held on Oct. 17<sup>th</sup>. Laura shared information about the upcoming Equity Trainings. Board members and applicants were encouraged to attend.

#### VII. **ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### VIII. **MEMBERSHIP OVERVIEW/NEW MEMBER ORIENTATION**

Laura presented information about this board's mission, purpose, and composition. We have many new members and the board felt it was a good time to go over the basics. The elections took more time than planned and Laura will continue the presentation next month.

#### IX. **ADJOURNMENT & NEXT MEETING**



Children's Holiday Help



The graphic features a central photograph of four young children sitting on the floor, playing with colorful toys and wrapped gifts. To the left and right are decorative illustrations of holly leaves and berries. At the top center is a small icon with a house, a shopping cart, and a gift. The text reads: "Granting Wishes Since 1984 Children's Holiday Help DONATE TODAY!". Below this, it says: "Visit [nk.fishlinehelps.org/childrensholidayhelp](https://nk.fishlinehelps.org/childrensholidayhelp) and select 'Children's Programs' from the dropdown menu". On the right side, there is a logo for the "Lighted Ships Parade" featuring a stylized ship and the text: "Presented in part by members of the Poulsbo Yacht Club. Please join them for the Lighted Ships Parade in downtown Poulsbo at 5:00 PM on December 9th."

In December 2022, 532 children received gifts due to the generosity of North Kitsap residents and businesses. Children's Holiday Help (formerly Christmas Child) parents received "Holiday Bucks" to be used at local shops, which helped both Poulsbo businesses and families offset the economic devastation brought on by the pandemic.

**Please call us at (360) 779-5190 if you have any questions.**

**Thank you to the participating businesses and all of the Children's Holiday Help (Christmas Child) program donors!**



# Kidzz Helping Kidzz

**WHAT TO DONATE?**  
New toys appropriate for  
kids ages 2-16:

- NEW BOOKS
- CHROMEBOOKS
- TABLETS
- GAMES
- SPORTS EQUIPMENT
- LEGOS
- PUZZLES
- ART SUPPLIES



Kidzz Helping Kidzz



## Keep the Spirit of Giving Alive

We want to brighten the day of at least 5,000 ill children who will be spending the holidays at St. Michael Medical Center, St. Anthony Hospital, Seattle Children's Hospital and Mary Bridge Children's Hospital.

### ACCEPTING DONATIONS

Monday, November 13, 2023

to

Friday, December 15, 2023

Kidzz Helping Kidzz is a youth-led, IRS tax-exempt 501(c) (3) charitable nonprofit organization. Our mission is to give hope and joy to help heal children in their time of need. We hope to inspire others to create a culture of kindness and mutual support in our communities.

### Drop Off Locations

[KidzzHelpingKidzz.org/contribute](https://KidzzHelpingKidzz.org/contribute)





## WHAT IS THE CHRISTMAS ANGEL PROGRAM?



- The Christmas Angel program is created by **Kitsap Community Resources** and has been going on for many years. The Christmas Angel Program has brought **smiles to more than 17,000 low-income Kitsap County children over the years!**
- The program aims to provide holiday gifts for low-income families in Kitsap County. Families **receive a few gifts and clothing per child** as available based on donations.
- Christmas Angels (CA) is a program for **families receiving case managed services with KCR and other families from the Kitsap County community** who sign up for the program. Last year, we reached 250 families and helped 703 kiddos.

## *The Christmas Angel program returns for 2023.*

Over the years, the Christmas Angel program has brought smiles to more than 17,000 low-income Kitsap County children!

**Please partner with KCR** to help children in need. Your donation of an item or items, toys, clothing, or monetary donation is so much more than just a gift, it's hope. Hope is love, kindness, community and more! Hope keeps you striving towards goals, pushes you do to your best, and makes you feel a part of something larger than yourself – Let's give kids hope this year.

**Your gift(s) will bring children more than a Christmas**, Hannukah, or Kwanzaa gift – YOU will bring them hope, happiness, and encouragement this Holiday season!

**To previous donors**, thank you for your commitment to helping children have a wonderful holiday and start the new year off with a smile.

Donations are being accepted at 1201 Park Ave, Bremerton until December 16th, 2023. If you have a large donation drop-off, please contact the Christmas Angel Coordinator at [cangel@kcr.org](mailto:cangel@kcr.org) or call 360-473-2004 for donation information.

[If you are wondering about what items may be needed, so you can donate, do not worry at all. Click here to open a wishlist that we have created!](#)

**\*\*If donating items please do NOT donate used items – We can only accept new, unwrapped, items.**  
**\*\***

**We hope you will feel inspired to make 2023 special for others!**

**Contact Us**

**Email: [cangel@kcr.org](mailto:cangel@kcr.org)**

**Phone: 360 473 2004**

Source: [Christmas Angel - KCR](#)

**Salvation Army Christmas Assistance Help** is a program that helps many needy people by giving them Christmas trees. They just not provide Christmas trees but also helps people with many of the things that they need in their daily routine life. [Salvation Army Christmas help](#) They always stand strong to help people. And make sure that needy people get their services through the programs that they manage to help them. In the U.S. this assistance program is on the beep to [help low-income people or families With Christmas Assistance](#). But now people of the U.S. are eager to Christmas.

Salvation Army Christmas Assistance So, if you want any type of help or want to sponsor your child this Christmas then you can contact Angel Tree of Salvation Army because they are always ready to help the needy people and their families. Not only this, but they also provide toys, fruits, foods, and many gifts to those boys and girls whom they sponsor.

## WHAT ARE THE CHRISTMAS ASSISTANCE PROGRAMS ?

Christmas assistance programs are designed to help low income needy families, disabled people, [veterans](#) as well as [single mothers](#). these assistance can cover almost all the help that is needed for a common person to live life, that can be food, shelter, clothes, toys, gifts, [money for christmas](#) etc.

There are many benefits to getting help from this organization. Like, firstly, with the generosity of this organization many millions of families can make many differences in their lives. Secondly, with the help of this organization, parents can get a chance to see a smile on the face of their daughter or son on the occasion of Christmas. Even most families can get a chance to get the gifts from the organization or even they can buy gifts for their families, or buy **toys for this Christmas**, even who works hardest for their family.

Source: [Angel Tree \(saangeltree.org\)](http://saangeltree.org) and [Bremerton Corps \(salvationarmy.org\)](http://salvationarmy.org)



# MINI-GRANT OPPORTUNITY FOR YOUTH-SERVING ORGANIZATIONS



AWARDING UP TO \$3,000 PER GROUP TO  
SUPPORT COMMUNITY-LED PROJECTS!

## BASIC REQUIREMENTS

- ✓ Organization based within **Kitsap County**
- ✓ Serve **youth** and/or **young adults** (ages 12-20)
- ✓ Facilitate **activities** focusing on **empowerment** and **positive personal development**



## APPLICATIONS OPEN

NOVEMBER 15, 2023

## APPLICATIONS DUE

DECEMBER 15, 2023

To learn more, including how to apply...  
Scan the QR code or visit: [kcowa.us/YouthGrants](https://kcowa.us/YouthGrants)



CONTACT: [CDP@KITSAPUBLICHEALTH.ORG](mailto:CDP@KITSAPUBLICHEALTH.ORG)