



Salish Behavioral Health Administrative Services Organization

Substance Use Services Community Survey Results Summary

(Survey Dates: April 15, 2021 – June 1, 2021)

Prepared by: Sam Agnew, SUDP, Care Manager

Overview

The Salish Behavioral Health Organization (SBH-ASO) developed and distributed a survey to community organizations, courts, behavioral health providers, law enforcement, and individuals across the Salish region to gather information regarding Substance Use Disorder (SUD) treatment and treatment support needs. The survey sought to assess the level of awareness and understanding of SUD services, providers, and funding throughout Clallam, Jefferson, and Kitsap counties.

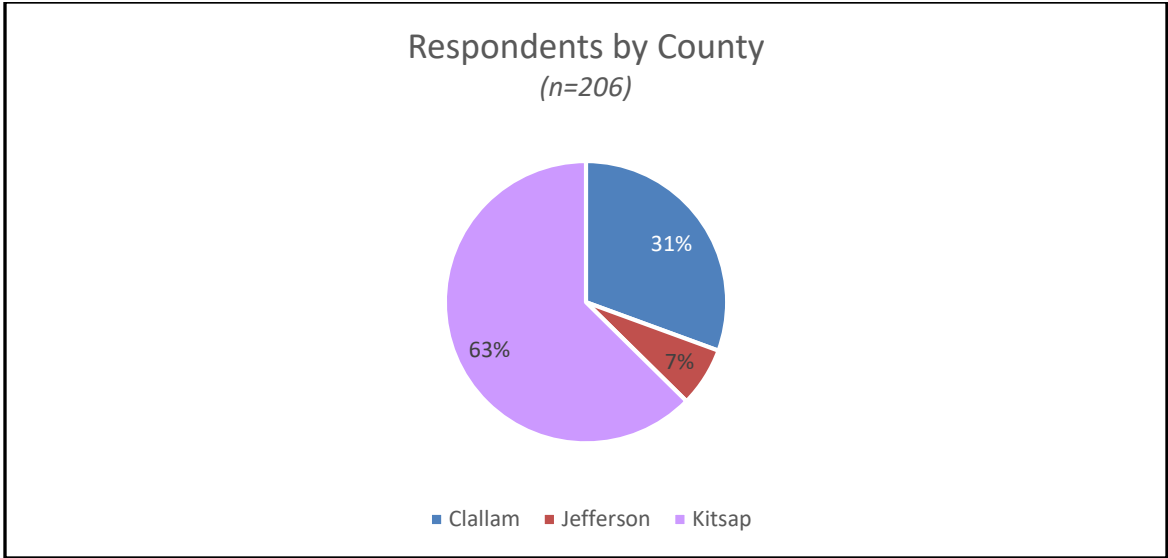
The survey was developed through cooperative efforts with SUD providers and the established CJTA committees in each of our three counties. Each committee was pro-active in determining the final survey content as well as determining recipients from which to solicit feedback.

The survey remained open from April 15th – June 1st to provide sufficient life to the survey, allow enough time for the survey to reach as many respondents as possible, and allow sufficient time for the rendered results to be provided to the CJTA committees for effective planning purposes. Survey questions inquired about the awareness of CJTA, what types of SUD treatment services and recovery supports are needed, and demographic information pertaining to survey respondents. Survey results are regional as well as specific to each county.

CJTA Survey Respondents

A total of 206 survey responses were submitted across the 3-county region. Specific county submissions are indicated below:

- Clallam county: 63 surveys submitted (31%)
- Jefferson county: 14 surveys submitted (7%)
- Kitsap county: 129 surveys submitted (63%)



Responses are fairly aligned by population with Clallam County showing a slightly higher response rate based on population.

Respondents provided demographic information in six categories that can be used for tailoring planning efforts for increasing CJTA awareness across the region. Demographic categories and indicators are as follows

Gender				
	All	Clallam	Jefferson	Kitsap
Female	71%	81%	77%	66%
Male	29%	19%	23%	34%

Across the region there were nearly 2.5 times as many female respondents as there were male. In Clallam County over four times as many female respondents took the survey than males. In Jefferson over three times as many female respondents took the survey than males. In Kitsap County almost twice as many female respondents took the survey than males.

Age				
	All	Clallam	Jefferson	Kitsap
18-29	10%	3%		14%
30-41	23%	19%	8%	28%
42-53	33%	39%	38%	29%
54-65	24%	24%	38%	23%
65+	10%	15%	15%	7%

Across the region 33% of respondents were in the 42-52 y/o age group, followed by 24% in the 54-65 y/o age group, and 23% in the 30-41 y/o age group. The percentage of respondents in the 42-53 y/o age group in Clallam County is significantly higher than other age groups. In Jefferson County the percentage of respondents in both the 42-53 and 54-65 y/o age groups is even and both are significantly higher than respondents in other age groups. In Kitsap County there is a higher percentage of respondents in the 42-53 y/o age group but only 1% more than the 30-41 y/o age group and only 6% more than the 54-65 y/o group.

The survey did not ask for youth demographics and may consider that in the next survey.

How would you best describe yourself?				
	All	Clallam	Jefferson	Kitsap
American Indian/Alaska Native	5%	9%		8%
Asian	>1%			1%
Black	4%			6%
Mixed	>1%			2%
Native Hawaiian/Pacific Islander	2%			3%
White	85%	91%	100%	81%

Do you identify as Hispanic?				
	All	Clallam	Jefferson	Kitsap
No	97%	95%	100%	98%
Yes	3%	5%		2%

Across the region survey results indicate 85% of survey respondents identify as white. In Jefferson County all 14 respondents (100%) identify as white. In Clallam County 91% of respondents identify as white and 9% AI/AN. Five percent of respondents in Clallam County identified as Hispanic. In Kitsap County 81% of respondents identify as white with 8% AI/AN, 6% Black, and 6% combined of Asian, Mixed, and Native Hawaiian/Pacific Islander.

What is the highest degree or level of education you have completed?				
	All	Clallam	Jefferson	Kitsap
Some High School			8%	3%
High School	19%	5%		28%
Trade School	8%	12%		7%
Bachelor's Degree or Higher	70%	83%	92%	62%

Educational level of respondents was collected. Across the region 70% of survey respondents have a bachelor's degree or higher. Survey results indicate the majority of respondents in each county have a bachelor's degree or higher, with Clallam County at 83% (56 individuals), Jefferson County at 92% (13 individuals), and Kitsap County at 62% (80 individuals). The survey did not ask about associates degrees.

Respondent demographics were also broken down by type of respondent. This section identifies the role of respondents based on the individual's interest/connection to SUD treatment and recovery supports. Each category is not mutually exclusive, a respondent may belong to any combination of groups. The following categories were identified.

Care Providers include Substance Use Disorder Professionals, Mental Health Professionals, Case Managers, Community Outreach providers, Mental Health Crisis services, Peer counselors, Shelter monitors, and Social Service workers.

Family includes family members, parents, and significant others of individuals with substance use disorders.

Law/Legal System includes Behavioral Health Court members, Drug Court Navigators, Law Enforcement (Sheriff's Office and Municipal), Judges, Prosecutors, and Criminal Defense Bar.

Community members includes individuals that did not identify in other categories like community business owners.

Individuals currently receiving or having been in services includes Drug Court Alumni, individuals in recovery, and individuals receiving or needing treatment.

These categories are used in the analysis of SUD treatment needs and treatment and recovery support in this report.

Summary of Survey Respondent Demographics

- Demographic information gathered from the survey indicates the highest percentage of respondents are white females ages 42-53, with a bachelor's degree or higher and have housing.
- The ratio of women respondents to men respondents was just over 4:1 in Clallam county, over 3:1 in Jefferson county, and just below 2:1 in Kitsap county.
- Regionally the highest percentage of respondents are in the 42-53 y/o age group. Clallam county is firmly represented by this age group at 39% (25 respondents) followed by the next closest age group 54-65 at 24% (15 respondents). Jefferson shows the same percentage of respondents (38%) in both the 42-53 (5 respondents), and 54-65 (5 respondents) age groups. Kitsap county indicates 29% (37 respondents) in the 42-53 age group which is only one percent higher than the next closest age group of 30-41 at 28% (36 respondents). Kitsap also shows 23% (30 respondents) in the 54-65 age group.

- Regionally just over 90% of respondents indicate they identify as white. Three percent identify as Hispanic. This indicates the need for targeted outreach in future surveys to expand the ethnic demographic of respondents.
- Regionally 98% of respondents indicate they are housed. Targeted outreach to individuals without stable residence may be considered in future surveys.

Awareness of CJTA funding, funding allocation, and agencies contracted to utilize CJTA funding

Several questions inquired as to respondent awareness of the availability of CJTA funding, knowledge that each county has a CJTA committee, utilization of funding, and which agencies are contracted to use CJTA funding.

The survey asked if respondents were aware of CJTA funding for SUD treatment and treatment support activities.

	No	Yes
Clallam	52%	48%
Jefferson	43%	57%
Kitsap	45%	55%
All	47%	53%

Across the region 53% of respondents (109 individuals) indicated awareness of CJTA funding for SUD treatment and treatment support activities.

The survey asked if respondents were aware that each county has a CJTA committee that determines funding allocation and utilization through contract with SBH-ASO.

	No	Yes
Clallam	70%	30%
Jefferson	57%	43%
Kitsap	59%	41%
All	62%	38%

Across the region 38% of respondents (78 individuals) are aware that each county has a committee to determine funding allocation and utilization. Awareness of this item ranged from 30% in Clallam County to 43% in Jefferson County.

The survey asked respondents if they are aware of which agencies within their county receive CJTA funding through contract with SBH-ASO.

	No	Yes
Clallam	81%	19%
Jefferson	71%	29%
Kitsap	67%	33%
All	72%	28%

Across the region 28% of respondents (58 individuals) are aware of which agencies within their county receive CJTA funding through contract with SBH-ASO. Awareness of this item ranged from 19% (12 respondents) in Clallam County to 33% (43 respondents) in Kitsap county.

The survey asked respondents if they are aware of which SUD treatment and treatment support services can be provided by CJTA funding.

	No	Yes
Clallam	76%	24%
Jefferson	64%	36%
Kitsap	67%	33%
All	70%	30%

Across the region 30% of respondents (62 individuals) indicated awareness of which SUD treatment services and treatment support activities can be provided by CJTA. Awareness of this ranged from 24% in Clallam County to 36% in Jefferson County.

Summary of awareness of CJTA funding, CJTA committees, agencies contracted to utilize CJTA funding, and SUD services available through CJTA funding

The survey results regarding community awareness of CJTA related items indicate a high level of participation and interest in SUD services throughout our region.

- Across the Salish region more respondents are aware of CJTA funding than unaware.
- Across the region survey results indicate varying levels of awareness of county CJTA committees.
- Across the region survey respondents indicate some awareness of which agencies within their communities are contracted with SBH-ASO for CJTA funding.
- Across the region almost one third of respondents are aware of which SUD treatment and treatment support services can be provided by CJTA funding.

Planning Suggestions:

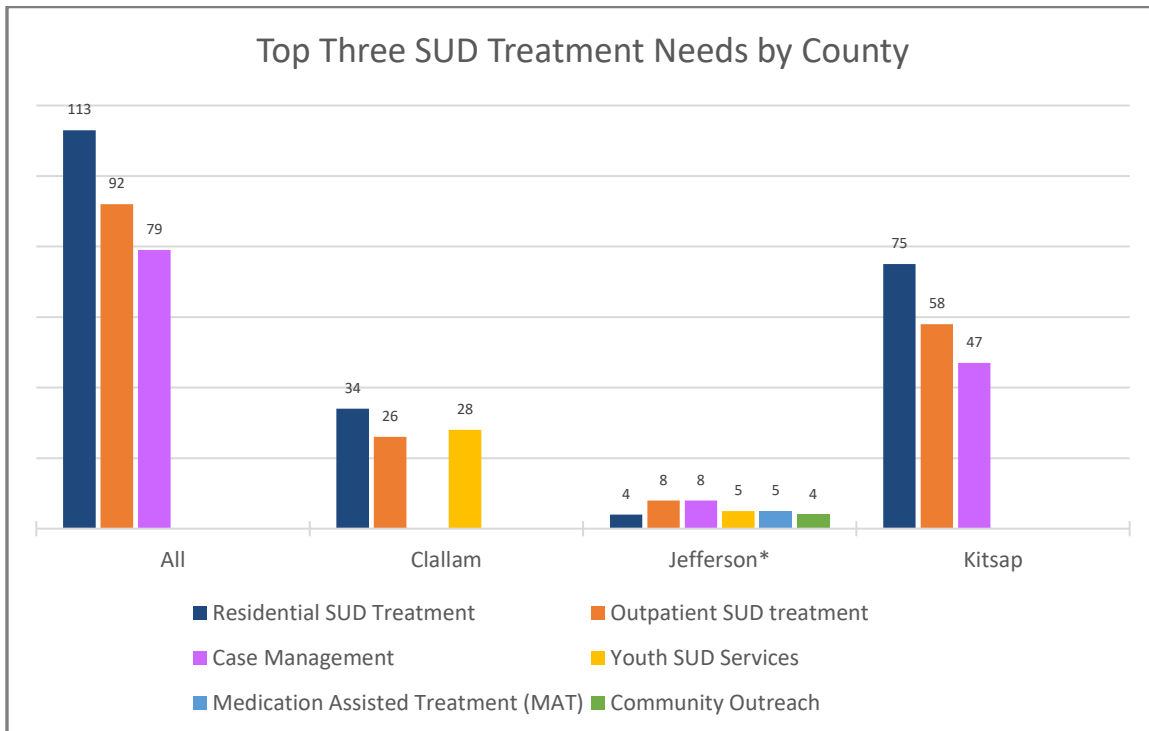
- CJTA committees could identify efforts to increase awareness of CJTA funding, decision making, and available services.

- CJTA committees could publicize information about CJTA committee meetings and SUD treatment and recovery support services on county websites. This could include outreach to ensure access to CJTA meetings is publicized more effectively.
- CJTA committees could identify community education of SUD levels of care and recovery supports. This could include those funded under CJTA as well as other funding sources.

Top SUD Treatment Needs identified

The survey asked respondents to identify the top three SUD treatment needs. The complete list of treatment services provided to respondents includes:

- Residential SUD Treatment
- Outpatient SUD Treatment
- Case Management
- Youth SUD Services
- Community Outreach
- Medication Assisted Treatment
- Jail/Detention based SUD services
- SUD assessments (including assessments done in jail)
- Urinalysis Testing



As indicated in the chart above, overall results for the Salish region indicate the top three SUD treatment needs are: Residential SUD treatment, Outpatient SUD treatment, and Case Management. The top three identified SUD treatment needs identified by county are:

- **Clallam county:** Residential SUD treatment, Youth SUD services, Outpatient SUD treatment
- **Jefferson county:** Outpatient SUD treatment, Case Management, Youth SUD services and Medication Assisted Treatment (MAT) tied for third place.
- **Kitsap county:** Residential SUD treatment, Outpatient SUD treatment, Case Management

Further review of survey results provides perspective as to how different groups of respondents identify the top three SUD treatment needs.

- **Care Providers** identify Residential SUD treatment, Outpatient SUD treatment, and Case Management as the top three SUD treatment needs.
- **Family** identify Residential SUD treatment, Outpatient SUD treatment, and Youth SUD services as the top three SUD treatment needs.
- **Law/Legal System** identify Residential SUD treatment, Jail/Detention based SUD treatment, and Case Management as the top three SUD treatment needs.
- **Community members** identify Residential SUD treatment, Outpatient SUD treatment, and Case Management as the top three SUD treatment needs.
- **Individuals currently receiving or having been in services** identify Residential SUD treatment, Outpatient SUD treatment, and Case Management as the top three SUD treatment needs.

Summary of top three identified SUD Treatment needs:

SUD Residential treatment is clearly identified as the highest need across the region, with the exception of Jefferson County. This need was also indicated as the top priority across respondent populations.

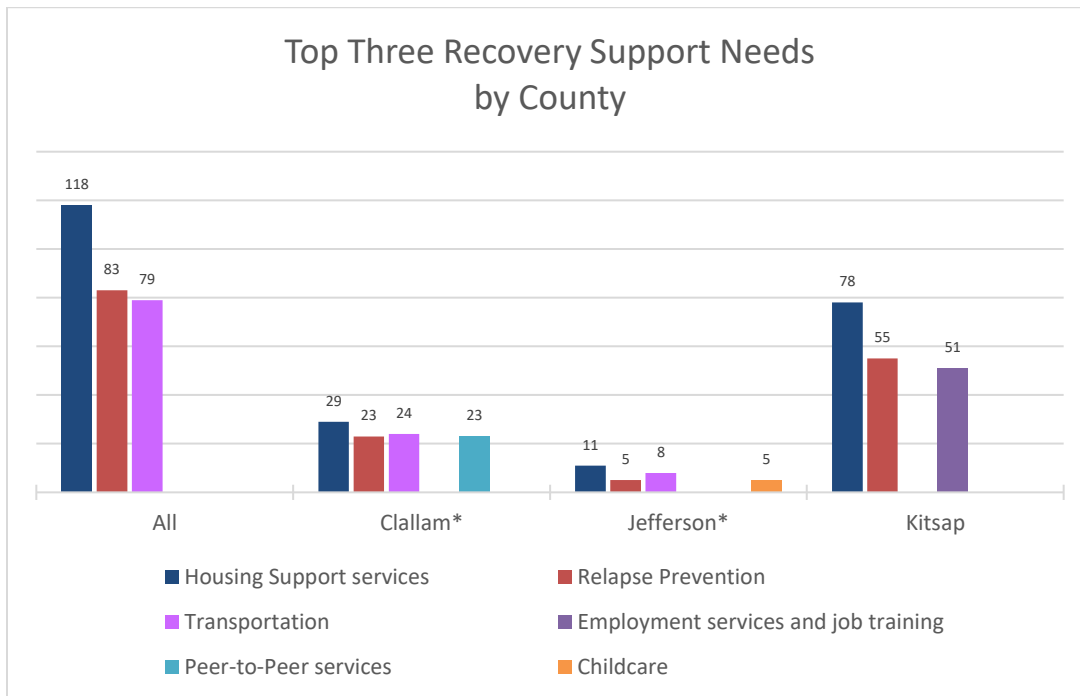
Across the region Outpatient SUD treatment is identified as the second highest need. The only exception being Clallam County which identified Youth SUD services as the second highest need.

Across the region Case Management is identified as the third highest need, however, Jefferson County identifies Case Management as the highest need along with Outpatient SUD treatment, and, Clallam County does not place Case Management in the top three identified needs.

Top Three Concerns for Recovery Support Needs identified

The survey asked respondents to identify the top three Recovery Support needs. The complete list of treatment and recovery support needs provided to respondents included:

- Housing Support Services
- Life Skills
- Transportation
- Relapse Prevention
- Employment Services
- Peer-to-Peer Services
- Childcare
- Self-help Support Groups
- Parenting Education
- Spiritual and Faith-based Services
- Family/Marriage Education
- Education Support (Tutoring and textbooks)



As indicated in the chart above, overall results for the Salish region indicate the top three recovery support needs include housing support services, relapse prevention supports, and transportation. The top three identified recovery support needs identified for each county are as follows:

- **Clallam county:** Housing Support services, Transportation, Relapse Prevention and Peer-to-Peer services tied for third
- **Jefferson county:** Housing Support services, Transportation, Relapse Prevention and Childcare tied for third
- **Kitsap county:** Housing Support services, Transportation, and Employment services and job training.

Further review of survey results provides perspective as to how different groups of respondents identify the top three Treatment and Recovery Support needs.

- **Care Providers** identify housing support services, transportation, employment services and job training, and relapse prevention as the top four recovery support needs.
- **Family** identify housing support services, transportation, employment services and job training, and relapse prevention as the top four treatment and recovery support needs.
- **Law/Legal System** identify housing support services, life skills, transportation, and relapse prevention as the top four treatment and recovery support needs.
- **Community members** identify housing support services, employment services and job training, relapse prevention, and transportation as the top four treatment and recovery support needs.

Summary of top three Treatment and Recovery Support Needs

Across the region and in each county housing support services is clearly identified as the highest recovery support need.

Kitsap County identified relapse prevention as their second highest need. Clallam county identified transportation as the second highest need, followed by relapse prevention. Jefferson county also identified transportation as the second highest need, followed by relapse prevention and childcare.

Across the region Transportation is identified as the third highest recovery support need, however, both Clallam and Jefferson counties indicate this is their second highest need, while Kitsap County identified Employment Services as their third highest need.

Across the region, aside from housing support services being identified as the top recovery support need, each county has identified different needs specific to their communities.

Summary of Assistance Available from Organizations within the Salish Region

Across the region approximately a third of respondents indicated that they or their place of business has willingness to assist in ensuring effective access to SUD Treatment and Recovery Supports.

Survey Summary

This survey, the first of its kind in the Salish region, has provided valuable information to assist in planning efforts to increase awareness and utilization of CJTA funded SUD services. The broad diversity of survey respondents helps illustrate where efforts can be focused to increase awareness, participation, and support for SUD services in our communities.

Collaborative efforts by each of the county CJTA committees and Drug Court programs contributed to the development of the survey and will continue to address planning needs identified in the results. Based on the survey results each CJTA committee can clearly identify goals to increase awareness and utilization of CJTA funded SUD treatment and treatment support services. Planning efforts can address specific areas for improvement and track progress through periodic assessments and feedback from active participants.

Broad community input was a significant asset in collecting the information presented by this survey. It is evident that awareness and support exists throughout the Salish region regarding

SUD treatment and treatment support needs in our communities. Also evident is that planning efforts can address the identified level of awareness and understanding of SUD needs and CJTA program elements throughout the Salish region. The separation of survey results by each county will assist in targeting planning efforts to meet specific community needs and allow for improvements within each county and the Salish region as a whole.