



## SBH-ASO POLICIES AND PROCEDURES

**Policy Name:** RESIDENTIAL PLACEMENT FOR MENTAL HEALTH TREATMENT

**Policy Number:** UM808

**Effective Date:** 1/1/2020

**Revision Dates:**

**Reviewed Date:** 7/10/2019; 5/14/2020; 4/8/2024

**Executive Board Approval Dates:** 11/1/2019

### PURPOSE

To ensure that non-Medicaid funded individuals who have met medical necessity for mental health residential treatment have access to this service, within available resources, until they are clinically appropriate for a less intensive level of care. The Salish Behavioral Health Administrative Services Organization (SBH-ASO) will ensure that, based on available resources, eligible individuals within the Salish Regional Service Area (RSA) who need housing in supervised residential settings due to their current mental health disorder, receive such placement within the SBH-ASO provider network.

### POLICY

Residential placement options are for individuals who require 24-hour supportive supervision and services and require prior authorization. Length-of-stay is determined on an individual basis with an emphasis placed on transitioning individuals to more independent settings or maintaining them in their current settings.

#### ***Residential Treatment Facilities (RTF)***

Per WAC 246-337, a mental health RTF means a facility providing 24-hour evaluation, stabilization and treatment services for individuals with a mental illness and licensed by the Department of Health (DOH). For SBH-ASO-funded residential placement, SBH-ASO's expectation is that contracted RTFs are certified as an adult RTF. In addition, the facility must comply with any applicable statutes and rules.

Placement at an RTF is not meant to be a permanent housing placement and length-of-stay shall generally be between 18-24 months. One aspect of recovery planning during

the stay shall be preparing the individual for transition to a less intensive living situation such as an Adult Family Home (AFH), supported housing, or independent living.

***Assisted Living Facilities (ALF)***

Per WAC 388-78A-2020, an ALF is any home or other institution for the express or implied purpose of providing housing, basic services and assuming general responsibility for the safety and well-being of the residents. For SBH-ASO-funded residential placement, ALF placements are not intended to be permanent housing placements, but in cases where the individual states permanent ALF placement is their preference, SBH-ASO recovery concepts, medical necessity, and available resources will be considered in conjunction with individual choice.

**PROCEDURE**

Residential Prioritization Guidelines are as follows:

1. Individuals transitioning out of Western State Hospital (WSH) or Children's Long-Term Inpatient Program (CLIP) into the SBH-ASO RSA;
2. Individuals being discharged from inpatient psychiatric facilities; or
3. Individuals being discharged from Evaluation and Treatment (E&T) Facilities.

**Residential Referral and Admission**

An Individual must meet all of the following before being referred for mental health residential placement:

1. Eighteen years of age or older.
2. Currently receiving outpatient mental health services from an SBH-ASO network provider.
3. Due to a covered mental health disorder, requires 24-hour supervision to live successfully in community settings.
4. Is ambulatory and does not require physical or chemical restraints.
5. Must have cognitive and physical abilities to enable response to fire alarms.
6. Has not required physical restraint in the past 30 days.
7. Medically stable and free of physical condition(s) requiring medical or nursing care beyond what the residential facility can provide.
8. For Individuals who meet referral criteria, the residential provider shall ensure the Individual receives an intake assessment by a licensed Mental Health Professional (MHP) to determine medical necessity for mental health residential treatment.

**Residential Exclusionary Criteria**

1. Individual has a psychiatric condition that requires a more intensive/restrictive option.
2. Individual is actively suicidal or homicidal.
3. Individual is dependent on alcohol/drugs and in need of detoxification.

4. Individual has a recent history of arson, serious property damage, or infliction of bodily injury on self or others. This exclusion can be waived based upon the accepting facility's evaluation of individual's functioning.

**Authorization**

Once an individual is determined to be eligible by the residential mental health treatment facility, the RTF will submit an SBH-ASO Notification and Authorization request to the SBH-ASO. The SBH-ASO will review, within five (5) calendar days, the individual's financial eligibility, medical necessity, and available resources in order to authorize services.

**Discharge Planning**

When an individual is admitted to an RTF or ALF, discharge planning should commence upon admission. Efforts to get an Individual's funding status changed from State-Only to Medicaid should also commence upon admission.

If Medicaid funding is secured for the individual, they may then be eligible to receive services through their health plan.

If the individual is not able to attain Medicaid funding, the RTF and ALF staff are responsible for providing assistance to the individual that connects them to the most appropriate and beneficial ongoing housing resources available.