

MENTAL HEALTH CHEMICAL DEPENDENCY AND THERAPEUTIC COURT PROGRAM 2026 ANTICIPATED SCOPE OF WORK

Projects must implement interventions and programs that address a minimum of one Goal, Objective and Strategy from the following list prioritized in the 2021 Behavioral Health Strategic Plan. Be clear in your proposal on the goals, objectives, and strategies this program will address and how.

Goal #1: Improve the health status and wellbeing of Kitsap County residents.

Objective #1: Decrease the impact of systemic racism on the mental health and well-being of Kitsap County's communities of color.

Strategies include:

- Examine funding priorities and decision-making process from an equity lens.
- Examine policy and procedures with an equity lens, including evaluating common practices.
- Involve communities of color in shaping funding decisions, performance outcomes and evaluation.

Objective #2: Expand prevention and early intervention programs for youth.

Strategies include:

- Increase capacity of programs that provide evidence-based prevention and early intervention programs.
- Promote proactive support for student well-being in schools starting at elementary.
- Deliver culturally relevant materials, education and outreach.

Objective #3: Increase Trauma Informed Care training, policies and practices.

Strategies include:

- Provide education on equity, inclusion, diversity and historical trauma to the behavioral health workforce.
- Provide targeted funding for organizations to invest in trauma-informed care.
- Require workforce policy and procedures be developed through a trauma informed lens.

Goal #2: Reduce the incidence and severity of chemical dependency and/or mental health disorders in adults and youth.

Objective #1: Increase the variety and options of nontraditional behavioral health treatment programs and approaches.

Strategies include:

- Fund nontraditional treatment approaches including Housing First Workforce Development programs and Harm Reduction programs - neuroscience informed and body-based.
- Develop culturally appropriate and sensitive programs and services for individuals who shy away from traditional behavioral health approaches.

- Establish behavioral health support groups with a focus on the needs of gay, lesbian, transgender and questioning youth.

Objective #2: Address service gaps along the behavioral health Continuum of Care, especially targeting services for children, youth and the aging populations.

Strategies include:

- Establish more certified youth behavioral health treatment providers county wide including outlying areas of the County.
- Ensure behavioral health treatment services are available in all of the schools at all of the age levels.
- Establish in home behavioral health services for individuals who are struggling to age in place.

Objective #3: Enhance Recovery Support Services.

Strategies include:

- Build in options for work, school, or volunteer experiences for individuals in behavioral health treatment programs.
- Provide transportation to ancillary services not covered by Access or Paratransit, including court appearances, social service appointments, and to and from jail.
- Create more diverse and nontraditional self-help groups.

Goal #3: Reduce the number of chemically dependent and mentally ill youth and adults from initial or further criminal justice system involvement.

Objective #1: Enhance diversion approaches, practices and programs for individuals with behavioral health disorders.

Strategies include:

- Offer more prevention services targeting juveniles before they become involved in the criminal justice system.
- Sustain and enhance juvenile therapeutic treatment courts.
- Offer pretrial diversion, such as voluntary, post-charging diversion programs in which formal adjudication is avoided and charges are dismissed upon completion of a specific set of requirements, such as participating in treatment, completing community service, and paying restitution.

Objective #2: Expand police training in crisis intervention and de-escalation approaches, practices and policies.

Strategies include:

- Support Crisis Intervention Training (CIT) for all law enforcement agencies countywide.
- Advocate for Crisis Intervention Training to include ongoing and advanced training; expand partnership with community organizations; and include neuroscience and equity.

- Promote coordination and collaboration with law enforcement for better handling of people with psychiatric issues.

Objective #3: Increase specialized police responses in dealing with individuals with behavioral health disorders.

Strategies include:

- Expand specialized law enforcement responses, such as co-response teams, in which a police officer and a mental health professional respond to calls together.
- Expand navigator programs to offer individuals with behavioral health issues and have potential involvement in the criminal justice with advocacy.
- Promote differential police response.

Goal #4: Reduce the number of people in Kitsap County who cycle through our criminal justice systems, including jails and prisons.

Objective #1: Improve availability and coordination of in-jail behavioral health screening, assessment, treatment and referral services.

Strategies include:

- Expand training for correctional officers in the Crisis Intervention Team (CIT) model.
- Reinforce screening of inmates as soon as possible for symptoms of a behavioral health issue.
- Expand behavioral health treatment options and recovery support services within the jail.

Objective #2: Intensify transitional behavioral health services for individuals reentering the community from jail and/or inpatient treatment services.

Strategies include:

- Enhance behavioral health transition services to support successful reentry to the community.
- Strengthen the continuum of effective behavioral health reentry services including outpatient, inpatient and recovery support services.
- Provide direct admission into treatment from jail to services-inpatient and outpatient programs.

Objective #3: Expand Therapeutic Court Programs to provide access to all eligible individuals in the community.

Strategies include:

- Expand therapeutic treatment courts to include superior, district and municipal jurisdictions.
- Support coordination, screening and swift referral and entry into all therapeutic court programs
- Enhance behavioral health treatment and recovery support services for all therapeutic courts.

Goal #5: Reduce the number of people in Kitsap County who use costly interventions including hospitals, emergency rooms, and crisis services.

Objective #1: Expand behavioral health treatment providers, approaches and options for high utilizers.

Strategies include:

- Establish less restrictive local options to the Involuntary Treatment Act (ITA).
- Strengthen partnerships with Law Enforcement, EMS, and Fire to create co-response or follow-up (DCR/Crisis Worker/behavioral health staff) units with a paramedic and Law Enforcement officers.
- Establish low-barrier crisis services for the hard-to-engage.

Objective #2: Intensify supportive and/or treatment services for family members experiencing a behavioral health crisis.

Strategies include:

- Designate shelter services for women (and/or men) with behavioral health issues and their children.
- Provide families approaching crisis wraparound services and support.
- Support easily accessible 24/7 sexual assault hotline with trained providers.

Objective #3: Intensify supportive and/or treatment services for youth experiencing a behavioral health crisis.

Strategies include

- Provide behavioral health specialist to work with children/adolescents and their families in their homes, after responding to engage with them at Emergency Department.
- Establish a Juvenile Designated Crisis Responder.
- Establish a Crisis Residential Center providing short-term crisis services for youth.

Goal #6: Increase the number of stable housing options for chemically dependent and mentally ill residents of Kitsap County.

Objective #1: Expand behavioral health services for the homeless who experience mental illness or substance use disorders.

Strategies include:

- Provide strong case management to support the homeless with behavioral health issues.
- Establish a proactive, community-based approach to preventing homelessness for those with behavioral health issues.
- Provide access to treatment services prior to getting housing assistance and placement.

Objective #2: Strengthen support for individuals with behavioral health disorders to establish and maintain housing long-term.

Strategies include:

- Provide access to more subsidized housing options for individuals with behavioral health issues.
- Offer rental assistance to individuals with behavioral health issues with realistic limitations including fixed rent/housing.
- Recruit more private apartment- community housing for individuals with behavioral health issues.

Objective #3: Increase supportive shelter, transitional and permanent housing options for individuals with behavioral health disorders.

Strategies include:

- Build affordable housing for individuals with behavioral health issues with onsite caseworker support.
- Build additional shelter(s) for individuals with behavioral health issues with 24/7 access.
- Establish more long-term housing supports and options for individuals with serious mental illness.