#### WHAT YOU SHOULD KNOW ABOUT MARIJUANA EDIBLES

#### What Are Marijuana Edibles?

Marijuana edibles are food or drink items made with marijuana or marijuana oils.

### Are there different types of marijuana edibles?

Edibles come in many different liquid forms and food types, including:

- Brownies
- Cookies
- Drinks
- Popcorn
- Candies (including animal or fruit-shaped gummies, suckers and chocolates)





# How does ingesting marijuana affect me differently than smoking it?

Unlike smoking marijuana, where the effects can be felt almost immediately, effects from edibles can:

- Take 30 minutes to 2 hours to take effect; and
- Last longer than expected depending on the dose, last meal, and/or medications or alcohol used at the same time.

## Why do edible marijuana products seem so much stronger?

The amount of THC, the main ingredient in marijuana, can vary in marijuana edible products due to the production of more potent strains of marijuana plants. This makes it harder to control how much THC is consumed. The amount of THC in homemade marijuana edibles can vary even more. Many users can be caught off-guard by the stronger potency and long-lasting effects of edibles.

In case of emergency

**GET HELP NOW** 

**Call 911** 

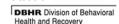
http://www.kitsapgov.com/hs/substanceabuse/

substance a buse prevention. htm

http://starttalkingnow.org

For more information visit:

Get to the nearest emergency room



Department of Social

