### 2019 GRANT SUMMARY PAGE

### MENTAL HEALTH, CHEMICAL DEPENDENCY, AND THERAPEUTIC COURTS RFP KITSAP COUNTY HUMAN SERVICES DEPARTMENT

Organization Name: Kitsap Community Reso	ources		
Proposal Title: Housing Stability Services for	or Individuals wi	th Behaviora	ıl Health Issues
Please Check One	⊠ Co	ntinuation G	irant Proposal
Please check which area of the Continuum th	nis project addre	sses:	
☐ Prevention, Early Intervention and	☐ Medical and	Sub-Acute	Detoxification
Training	☐ Acute Inpati		
☐ Crisis Intervention	☑ Recovery S	upport Servi	ces
☐ Outpatient treatment			
Number of Individuals Screened:N/A	Number of Ind	ividuals Ser	ved:23
fund a team of two positions responsible for services for recently housed individuals who Mental Illness and/or Substance Use Disorderecently transitioned Kitsap Connect participal households placed into housing by KCR. To Development Specialist and a KMHS Behawork in collaboration to provide long-term has these households.	ose challenges i ders. The house pants, as well as he team will incl vioral Health Su	include Persectorial Persectoria Persectorial Persectorial Persectorial Persectorial Persectoria	sistent Serious d would include er barrier Family alist, who will
Requested Funds Amount: \$\\$144,33	<u>31.00</u>		
Matching/In-kind Funds Amount: \$70,00	<u>00.00</u>		
Street Address: 845 8th Street			
City: Bremerton		State: WA	Zip: 98337
Primary Contact: Jeremy Silver Phone:	360-473-2150	E-Mail: jsilve	er@kcr.org
Non-Profit Status: 501C3 of the Internal Reve	enue Code?		□ No
Federal Tax ID Number: 91-0791411			
<ul> <li>If incorporated, attach a list of the member and addresses.</li> <li>If not incorporated (sole proprietor or part addresses of the principals.</li> </ul>		list of the na	mes and
Signature	Title		Date

# KCR List of Board Members

Name: Scott Haeg	JO J	Officer Position, if applicable: President	olicable: President
Board Term Expiration Date: 9/30/19	Number of Years on Board:5		City of Residence: Bremerton
Experience and qualifications:			
Credit Union Manager			
Name: Shannon Turner	JO J	ficer Position, if app	Officer Position, if applicable: Vice President
Board Term Expiration Date: 9/30/18	Number of Years on Board: 5		City of Residence: Bremerton
Experience and qualifications:			
Former Head Start/ECEAP Policy Council Chair, Olympic College Student Body President	, Olympic College Student Bod	ነሃ President	
Name: Rudy Taylor	HO .	Officer Position, if applicable: Treasurer	licable: Treasurer
Board Term Expiration Date: 9/30/18	Number of Years on Board: 14	[4	City of Residence: Bremerton
Experience and qualifications:			
Construction contract management, former Head Start/ECEAP Policy Council member	ead Start/ECEAP Policy Counci	il member	
Name: Lori Buijten	HO Off	Officer Position, if applicable	licable
Board Term Expiration Date: 9/30/19	Number of Years on Board: 1 year	l year	City of Residence: Bremerton
Experience and qualifications:			
Assistant Director of Special Education and Stu	Student Services		

Name: Tina Robinson	Officer Position, if applicable:	applicable:
Board Term Expiration Date: 9/30/19	Number of Years on Board: 2	City of Residence: Port Orchard
Experience and qualifications:		
Kitsap County Prosecutor		
Name: Natasha Fecteau	Officer Position, if applicable:	applicable:
Board Term Expiration Date: 9/30/18	Number of Years on Board: 5	City of Residence: Bremerton
Experience and qualifications:		
Office Manager		
Name: Brian Pickard	Officer Position, if applicable:	applicable:
Board Term Expiration Date: 9/30/18	Number of Years on Board: 2	City of Residence: Port Orchard
Experience and qualifications:		
Executive Director of Staff and School Support for South Kitsap School District	t for South Kitsap School District	
Name: Victoria Hilt	Officer Position, if applicable:	applicable:
Board Term Expiration Date: 9/30/19	Number of Years on Board: 4	City of Residence: Bremerton
Experience and qualifications:		
Former Head Start/ECEAP Policy Council Chairperson	rperson	

Name: Brandon Johnston	<b>J</b> O	Officer Position, if applicable:	licable:
Board Term Expiration Date: 9/30/19	Number of Years on Board: 2	2	City of Residence: Bremerton
Experience and qualifications:			
Representing the Faith Community, fourth generation Bremerton resident	neration Bremerton resident		
Name: Dian Poyssick	Of	Officer Position, if applicable:	licable:
Board Term Expiration Date: 9/30/18	Number of Years on Board: 27	27	City of Residence: Kingston
Experience and qualifications:			
Pharmacy manager			
Name: Senator Christine Rolfes	Of	Officer Position, if applicable:	licable:
Board Term Expiration Date: 9/30/18	Number of Years on Board: 8	∞	City of Residence: Bainbridge Island
Experience and qualifications:			
WA State Senator			
Name: Linda Sullivan-Dudzic	of	Officer Position, if applicable:	licable:
Board Term Expiration Date: 9/30/19	Number of Years on Board: 8	8	City of Residence: Keyport
Experience and qualifications:			
Special Programs Director for the Bremerton School District and an independent education consultant	School District and an indepen	ndent education con	sultant

Name: Kurt Wiest			
Board Term Expiration Date: 9/30/19	Number of Years on Board: 10	: 10	City of Residence: Bremerton
Experience and qualifications:			
Executive Director Bremerton Housing Authori	ority		
Name: Leslie Daugs	0	Officer Position, if applicable:	Dicable:
Board Term Expiration Date: 9/30/18	Board Term Expiration Date: 9/30/18	e: 9/30/18	City of Residence: Bremerton
Experience and qualifications:			
Bremerton City Council member			
Name: Tracy Flood	0	Officer Position, if applicable:	olicable:
Board Term Expiration Date: 9/30/18	Number of Years on Board: 4 months	: 4 months	City of Residence: Bremerton
Experience and qualifications:			
President NAACP, Attorney			
Name: Reshai Brooks	0	Office Position, if applicable:	icable:
Board Term Expiration Date: 9/30/19	Number of Years on Board: 6 months	: 6 months	City of Residence: Bremerton
Experience and qualifications:			
Head Start/ECEAP Policy Council member			

Name: Travis Smith		Officer Position, if applicable:	olicable:
Board Term Expiration Date: 9/30/19	Number of Years on Board: 6 months	d: 6 months	City of Residence: Allyn
Experience and qualifications:			
Central Kitsap School District			

### Kitsap County Mental Health, Chemical Dependency & Therapeutic Court Programs 2019 Continuation Grant Proposal

### Housing Stability Services for Individuals with Behavioral Health Issues

People experiencing chronic homelessness and living with serious mental illness and/or substance use disorders have exhausted community resources, been repeatedly evicted from housing or shelters and lost all sense of hope that life could ever be different. That sense of hope was renewed with the 2016 implementation of Kitsap Connect, which focused on providing wrap around engagement services for the highest utilizers of public services in our community. Kitsap Connect was never intended to be the long-term services provider and it soon became apparent that individuals housed through this program needed long-term tenancy supports to help them remain stable in their housing. To that end, Kitsap Community Resources, with the support of Kitsap Mental Health Services (KMHS), created a supportive services team designed to engage Kitsap Connect and other tenants with high behavioral health needs to address issues threatening their tenancy as well as support ongoing engagement with behavioral health services.

### 1. PROJECT DESCRIPTION

### A. Project Design

The proposed project will provide housing stability support services to 18 recently housed adult households, who have complex conditions including mental health, substance use, and chronic health conditions. The households served would include recently discharged Kitsap Connect participants, as well as other higher barrier households placed into housing by KCR. Specifically, this project proposal will continue to fund a team of two positions:

- The Housing Stabilization Specialist will be staffed by KCR and will have demonstrated experience providing housing stability support services for this population.
- The Behavioral Health Support Specialist, who will be responsible for engagement and connecting participating households with desired mental health and substance use services, will be subcontracted to, and supervised by, KMHS.

Together, the services provided by this team will continue to improve the likelihood that that individuals with Serious Mental Illness and Substance Use Disorders will engage in services so that they can live successfully and independently in their housing in the community. The team will be based at KCR facilities in Bremerton, and will provide inhome services at the residence of the program participants.

KCR will continue to serve as the lead agency for this project. Using principles of low

barrier housing and evidence based practices, KCR will provide project management and oversight, including ensuring data is collected, reports completed, and evaluation measures are met. The Housing Stabilization Specialist will provide crucial case management and tenant advocacy services to ensure housing stability, and will link individuals to needed support services that foster resiliency and stability. The frequency and intensity of the housing stability supportive services will be tailored to the needs of the household using a progressive engagement approach. The KMHS Behavioral Health Support Specialist will work in partnership with the KCR Family Development specialist, in providing services to the individuals on their shared caseload. The KMHS staff person will be responsible for providing care management which includes engaging and supporting the enrollment of participants into more intensive mental health and substance use services if desired, ensuring communication across care providers, supporting engagement in primary care services and coordinating access to inpatient and outpatient treatment, crisis services, and relapse-prevention services as may be needed.

During the first six months of implementation, we observed that many of the high-barrier clients served by this project find it difficult to meet our staff at our offices. To help offset this challenge, the KCR Housing Stabilization Specialist has teamed up with Kitsap Connect nurses to visit homeless encampments and meet clients where they are living, continue fostering relationships, and help the client feel more comfortable with accepting the resources offered. In 2019, we propose adding an additional amount for community incentives to cover incidental items needed by individuals receiving services in response to landlord concerns as well as to cover expenses associated with community engagement (i.e. meet for coffee).

Once the Kitsap Connect team has successfully identified a permanent housing unit for the client receiving Kitsap Connect services, the Housing Stabilization team oversees the leasing process and ensures the client is connected to long term rental supports from a variety of funding sources including the Consolidated Housing Grant, the Supportive Housing Programs, and Housing and Recovery through Peer Supports, to help make the unit affordable over the longer term. Given the significant level of mental illness and/or substance use issues experienced by these individuals, these services often include helping the client complete rental applications, mediate landlord issues, prepare subsidized housing applications and ensuring they attend required orientations (often attending with them), and submit required follow-up paperwork.

The Housing Stabilization Services team is integral to the success of Kitsap Connect clients once they are permanently housed. While the Kitsap Connect team nurses/program coordinators continue working with housed clients for up to 6 months to ensure a smooth transition to permanent services, the Housing Stabilization team takes over immediately at the point of permanent housing to begin providing long term case management services. Their services include the creation of a care plan outlining goals and progress with respect to mental health and substance use, employment, and accessing other community resources including accessing income subsidies and exploring home energy assistance payment options.

### **B. Staffing Qualifications**

- The Housing Stabilization Specialist, staffed by KCR, holds a Master's in Business Administration and is certified as a Family Development Specialist who has continued improving his skills this year through trainings in Mental Health First Aid, Trauma Informed Care, Adverse Childhood Experiences, Racial Equity and Homelessness, First Aid & CPR recertification, and NARCAN (opioid overdose engagement training). This position is not billable to Medicaid, though KCR has applied to be a partner with the new Medicaid Transformation Project for Foundational Community Supports, which may provide ongoing reimbursement for housing support services provided through this program in 2020.
- The Behavioral Health Housing Support Specialist, staffed by KMHS, holds a Bachelor's in Arts and is certified as a Chemical Dependency Professional-intraining as well as trained in the principles of Trauma Informed Care and Motivational Interviewing. This position requires a B.A. and has responsibility for outreach and engagement with these individuals, assisting them in accessing behavioral health (mental health and substance use) and primary care services, conflict resolution and de-escalation of behavioral health situations. Agency Affiliated Counselor registration required. These services are not currently billable to Medicaid.
- Manager Housing and Homeless Services, (.1FTE included in this request) staffed by KCR and will provide oversight for overall Housing Stability Supports program operations, contract administration, outcomes and performance measurements.
   B.A. /M.S. preferred. Position is currently vacant. No certifications required. Not billable to Medicaid.
- Director Housing and Community Support Services, staffed by KCR, oversees overall Housing and Homeless program administration including budgets, contract administration, and community partner engagement. The Director has a MBA and over 10 years of nonprofit experience, including programs serving unsheltered youth and homeless adults. No certifications required.

### C. Organization License and Certifications

Kitsap Community Resources is not itself licensed to provide behavioral health services through the Department of Social and Health Services and/or the Department of Health. As the designated community mental health provider for Kitsap County, KMHS is a certified, licensed mental health agency holding additional licenses including but not limited to, co-occurring substance use and chemical dependency, residential treatment, and psychiatric evaluation and treatment.

### D. Outreach

Primarily these individuals will be identified through the Kitsap Connect program, once they have been placed into housing. The population served by Kitsap Connect is homeless or at high risk of homelessness, has frequent encounters with EMS, emergency department, crisis services, and law enforcement, and has serious mental

health and/or substance use issues. These characteristics exemplify the population who could benefit from more intensive long-term supportive services. This team also accepts referrals from other KCR housing programs if an assessment determines that an individual in KCR housing has serious mental illness and/or substance use disorders and in need of more frequent or more highly skilled level of supportive services. Individuals receiving housing stability supportive services through this program will be engaged on their own terms and offered support services designed to meet their individual needs. This team will serve people who are Medicaid eligible with serious mental illness and substance use disorders.

Both KCR and its subcontractor KMHS comply fully with local, state, federal laws and executive orders for national equal employment opportunity policies and service provision. Both agencies are committed to affording employment, providing agency services, and administering agency contracts consistent with applicable laws to ensure non-discrimination regardless of race, color, religion, sex, sexual orientation, national origin, creed, marital status, age, disabled veteran status, Vietnam era veteran status, disability, or other protected status under applicable laws. Both agencies conduct cultural diversity trainings for all staff.

### E. Evaluation

As outlined in Attachment D – Evaluation Worksheet, our primary goal for this program is to promote housing stability for recently housed individuals with significant mental health and/or substance use disorders.

This goal will be accomplished by the following Activities:

- Sustain the Housing Stability Services team consisting of 1 KCR Family Development Specialist and 1 KMHS Behavioral Health Specialist to provide inhome housing stability services.
- Maintain a caseload of 18 individuals with diagnosed mental health and/or substance use disorders.
- Provide referrals and support engagement with community resources including mental health and/or substance use services, primary care services and employment services.

These goals will be evidenced through achievement of the following objectives:

- 13 of 18 (72%) will maintain their housing for at least 6 months
- 9 of 18 (50%) of households will enter into treatment services for either mental health or co-occurring disorders.
- 2 of 18 (11%) will enter substance use disorder treatment services
- 9 of 18 (50%) will utilize primary care services
- 2 of 18 (11%) will engage in employment services
- Individuals on caseload that were referred by Kitsap Connect will reduce their 911 calls by 30% over their baseline.
- 12 of 18 (66%) of households will be connected to resources that will allow them to access income streams and supports, such as Aged, Blind, and Disabled (ABD), SSI, SSDI, SNAP, and TANF.

The Homeless Management Information System (HMIS) will track number of persons receiving housing support services, including rental assistance. It will also track housing status, including people who may exit program services and/or return to homelessness. Through client self-report and the Release of Information between Kitsap Connect partners KCR is able to access information regarding the nature of community services in which the individual is enrolled. Engagement with employment services is self-reported and tracked in casefiles of the individuals. KCR will utilize the outcome tracking tool provided by the Kitsap Public Health District epidemiology team, and will report on outcome performance quarterly or as requested by the funder.

### 2. ACCOMPLISHMENTS TO DATE:

### A. Progress to date

The Housing Stability Services team was launched in January, 2018. Since that time, the project has proven very successful and instrumental to supporting housing stability for recently housed individuals with significant behavioral health issues. Specifically, for the period January – June, 2018, the Housing Stability Team:

- Worked with 23 individuals who met the criteria of having mental health and/or substance use challenges. Of these 23 individuals, 12 remain active on their caseload.
- Provided outreach and engagement efforts resulting in 8 out of 12 individuals enrolling in treatment services including 6 (50%) individuals receiving mental health treatment services and 2 (17%) individuals receiving services for co-occurring disorders. Note that mental health engagement efforts are not limited to KMHS services. Instead individuals are encouraged to work with alternative community providers, including Peninsula Community Health Services, if they are either not eligible for KMHS services or choose to work with another provider.
- Provided housing stability services that resulted in 8 of 12 individuals, (67%) retaining housing for 6 months.
- A total of \$ 36,636 in direct rental and deposit assistance was provided to support long term housing stability. Through the team's efforts, the following funds were leveraged to support permanent housing:
  - \$19,366 Consolidated Homeless Grant (CHG)
  - \$1,780 Housing and Recovery through Peer Supports program
  - o \$3,488 Washington Families Fund Retention Assistance
  - \$12,002 Bremerton Housing Authority rent subsidies for people in KCR's supportive housing program.

### B. Barriers to implementation

This project encountered several challenges in its initial implementation. First, it took 4 months for Kitsap Mental Health Services to identify an appropriate staff member for the Behavioral Health Specialist position. The shortage of trained behavioral health specialists is an issue statewide, and locally it is no different. The Behavioral Health Specialist is now hired and in place, and we expect this barrier to be resolved going forward.

In addition, it has taken much longer than anticipated to educate landlords on supportive assistance for our clients, and ensuring that landlords feel comfortable renting to them. It has been additionally challenging to find rentals within the price range of Fair Market Rate that is covered by housing grants. KCR's Housing Stabilization Specialist has been able to work around this with landlords by offering additional amounts for deposit in order to offset some of both the pre-existing misconceptions about our clients as well as covering some of the difference in the cost of housing through other funding sources.

Finally, KCR's Chief Fiscal officer, Irmgard Davis, who has an MBA and 25 years of experience managing KCR operations, was recently named Interim Executive Director by KCR's Board while the Board is actively engaged in a search process to fill that Executive Director position. During the first 6 months of this year, KCR experienced turnover in two key housing positions, the Housing and Community Support Services Director, which was filled in May 2019 by Jeremy Silver, and the Housing Manager position, for which a search is underway. Jeremy holds a MBA and has more than 10 years of non-profit experience, including housing programs. KCR Housing and Homelessness programs continue to operate at a high level of performance and quality, as before these transitions, and we expect all positions to be filled within the next few months.

### C. Integration and Collective Impact

This project leverages services of Continuum of Care partners, including community partners engaged in the Kitsap Connect Program (Kitsap Public Health District, The Salvation Army, BHA, and KMHS). In addition, the Salvation Army provides shelter, showering station, meals, and means for receiving communications. This project is rooted in a strong history of community collaboration, service integration and creating a collective community impact. Our community partners include:

Kitsap Mental Health Services – KMHS has a long established relationship with KCR to provide services benefitting low-income children and adults in Kitsap County. In addition to strong collaboration involved with the creation of the Housing Solutions Center six years ago, and working together as part of the design team that created the Kitsap Connect program in 2016, KMHS also partners with KCR through the Housing and Recovery through Peer Supports (HARPS) program. KMHS has staff located onsite at KCR to provide short term housing peer supports designed to divert people from inpatient settings or assist them in their efforts to reintegrate into the community after release from an institutional care setting. KMHS is committed to continuing their supervision to the KMHS Behavioral Health Support Specialist that will be assigned to this housing stability supportive services team.

The Kitsap Connect Project – Kitsap Connect will serve as a major partner in this project given that KC's underlying purpose is to engage high utilizers and connect them with key long-term behavioral health, physical health and housing services in the community. Kitsap Connect was never intended to take over the role of community services. The housing stability services provided by this proposed team will ensure access to the longer term supportive services for recently housed individuals with mental illness and/or substance use disorders at the level of frequency and intensity necessary to ensure greater success in their permanent housing.

The Bremerton Housing Authority administers the Supportive Housing rental assistance funds that are provided by the HUD Continuum of Care grant. This funding source provides up to two years of rental subsidy for eligible homeless households. Historically this assistance has been reserved for families with children, but KCR recently opened it to individuals served through Kitsap Connect. The supportive housing program continues to be a key program providing a long term housing subsidy (up to two years) during which time the housing stability support services team can work with individuals to access long term affordable housing.

In addition we have engaged the following community providers:

- Peninsula Community Health, which provided staff at weekly care team meetings to debrief on what clients have done or accomplished while in their care.
- Kitsap Recovery Center, which acted as a transition support between Kitsap Connect and KCR housing as well as developed recovery plans of clients being housed.
- AmeriCorps and Kitsap Youth in Action have collected hygiene kits for clients
- Abraham's House has offered free items of furniture for our recently-housed clients
- Kitsap Real Estate Group, which worked with our staff on keeping tenants housed, suggesting places to go, understanding the eviction process, and work through challenging qualifying questions that can be barriers to housing our clients.
- Harrison Hospital social workers as part of the greater care team and they follow up about safety of clients in their new residence, make KCR aware of resources the client should be using, and ensure communication and safety before releasing the clients.
- DSHS, who help acquire caregivers for clients, and make sure the caregivers are being utilized, and help with Social Security questions and issues in gaining supplemental income.

### D. Key Accomplishments

We are most proud of the fact that together, this team has successfully engaged 8 high utilizer individuals into mental health and co-occurring disorder treatment services. In many cases these individuals have lived through extended periods of chronic homelessness. When someone lives in a constant state of "survival mode", worried where they will sleep, where they will eat, will they be assaulted, the thought of entering

treatment services which promote long-term healing, stability and recovery is the farthest thing from their mind. Now, having been engaged by Kitsap Connect and connected with permanent housing, with the support of the Housing Stability team, treatment is finally something that people are willing to consider.

We are also very proud that 8 of 12 individuals engaged in our supportive services who have remained stable in their housing for at least six months. If they have been fortunate enough to have permanent housing in the past, their limited income and untreated behavioral health issues put them at immediate risk for eviction and returning to the streets. Instead, with the supportive services provided by this program, we are able to ensure they are meeting their leasehold obligations, while promoting practices and behaviors that support long-term housing stability.

### Success story

When working with such a challenging population, success is often measured in small incremental steps an individual makes take toward improving their stability and wellness. An example of this progress is a person who worked closely with the Housing Stability Services team, and who also struggles with alcohol dependency and a personality disorder diagnosis. This person often would become suicidal when drinking and call 911. Since moving off the Kitsap Connect caseload, the Housing Stability Services team has continued to work with this individual, helping them obtain Housing and Essential Needs funding to continue their rent after their Consolidated Homeless Grant funding expires. Since starting Kitsap Connect, and continuing on to the stabilization phase, this person has reduced their ED utilization drastically, and is looking into clean and sober living options if they do not feel they can stay sober in their own home.

### 3. BUDGET NARRATIVE

### A. Past expenditures

For the period January 1 – June 30, 2018, KCR has expended \$31,845.59 (25%) against its \$128,000 contract. The primary driver of the budget shortfall resulted from the delay in hiring of the KMHS Behavioral Health Specialist member of the Housing Stability team. This individual was hired May 2018 and his expenses are not yet reflected in the contract billing. Overall, the hiring delay contributed \$25,242 of the total \$32,154 contract underspend to date. Other primary driver of the shortfall includes less than projected funding for local travel and transportation and related underspend on indirect.

### **B.** Funding Request

The proposed budget includes funding for two full-time staff members, the Family Development Specialist at KCR and the Behavioral Health Specialist at KMHS. With the KMHS staff person fully on board, our proposed budget includes 100% of both positions. A \$70,000 rental assistance match is included, funded through KCR's various rental assistance and housing programs. KCR's indirect rate of 8.3%, is a federally approved indirect rate that is consistently applied to all agency contracts.

### C. Funding Modifications

We are adding an additional \$1,200 for community engagement expenses to the 2019 proposed budget. Over the first 6 months of this program the Housing Stabilization team has learned sometimes the smallest expenses can ensure clients remain stably housed. For instance, when a landlord was becoming frustrated over a client's constant knocking on the doors of other residences requesting a lighter, the landlord communicated his frustrations to the team and our team purchased a lighter for the client. A more common example of this is meeting a client in the community, purchasing a cup of coffee or an ice cream for them, and normalizing social engagements. Flexible spending dollars for these small purchases allows the team to support not just clients engaging in the community but also providing peace of mind that our team is able to address concerns brought up by strategic partners, such as landlords

### D. Subcontractors

Kitsap Mental Health Services will be a subcontractor for this proposal and will provide 1.0 FTE Behavioral Health Specialist responsible for engagement and connecting participating households with desired mental health and substance use supportive services. This person would function as a team with the KCR Family Development specialist, working together to ensure housing stability.

### 4. SUSTAINABILITY

### A. Leveraged Funds

KCR's diverse mix of existing programs are leveraged to support the success of the Housing Stability Services program, making it possible for the Housing Stability Services team to provide rental assistance and subsidies as well as other program supports including energy assistance. Overall funding for KCR's housing programs is expected to come from multiple sources including the coordinated grant, HUD, Community Services Block grant, Consolidated Homeless Grant (State via Kitsap County), and rental income from operations of our 34 interim and permanent housing units. In addition, KCR operates 36 units of housing, include 14 that receive funding from the BHA Supportive Housing Program. The BHA Supportive Housing program prioritizes funding for individuals served by Kitsap Connect in the community.

### B. Sustainability Plan

Kitsap Community Resources has applied to be a partner with the new Medicaid Transformation Project for Foundational Community Supports, which would provide ongoing reimbursement for the type of clients served by our program. As KCR waits for approval and continues exploring requirements for participation, the continued support of this grant is imperative to ensuring stable housing for these clients.

### **EVALUATION WORKSHEET**

PROJECT NAME: Housing Stability Services for Individuals with Behavioral Health Issues

	KCR and KMHS Case management records.	Case Management Records.
Date and time	9 as of 6/1/19.	25% of objective by 3/1/19 50% of objective by 6/1/19 75% of objective by 9/1/19 100% of objective by 11/19.
	Short  Medium  Long Start date: 1/1/2019 Frequency:  Quarterly  Semi-annual  SAnnual	□Short  ⊠Medium □Long Start date: 1/1/2019 Frequency:  ©Quarterly □Semi-annual □Annual □Other:
	□Output □Outcome: Participant satisfaction □Outcome: Knowledge, attitude, skill ⊠Outcome: Practice or behavior ⊠Outcome: Impact on overall problem □Return-on-investment or cost-benefit If applicable: □Fidelity measure	□Output □Outcome: Participant satisfaction ⊠Outcome: Knowledge, attitude, skill ⊠Outcome: Practice or behavior □Outcome: Impact on overall problem □Return-on-investment or cost-benefit if applicable: □Fidelity measure
	13 (72%) of 18 will retain housing for at least six months	Engage 9 households (50%) Into Mental Health and co-occurring SUD services.  Engage 2 (11%) households into substance use treatment Engage 7 (50%) households into primary care services Engage 2 (11%) households into employment and training services.  Connect 12 (66%) households to resources that will allow them to access income streams and supports, such as Aged, Blind, and Disabled (ABD), SSI, SSDI, SNAP, and TANF.
	1 FTE Family Development Specialist (KCR) and 1 FTE Behavioral Health Support Specialist (KMHS) will jointly provide in-home housing stability supportive services to 18 recently housed households who are diagnosed with Serious Mental Illness and Substance Use Disorders.	Provide referrals and support engagement with community resources, clinical mental health and/or substance use services, primary care and employment services
	Promote housing stability for recently housed individuals, identified and prioritized as the most vulnerable among chronically homeless, with Serious Mental Illness and Substance Use Disorders.	Promote housing stability for recently housed individuals, identified and prioritized as the most vulnerable among chronically homeless, with Serious Mental Illness and Substance Use Disorders.

### ATTACHMENT D

## **EVALUATION WORKSHEET**

G. SOURCE	KCR and KMHS Case management records.
F.BASELINE	%0
E. TIMELINE	□Short  ⊠ Medium □Long Start date: 1/1/2019 Frequency: □ Quarterly □ Semi-annual □ Other: □ Start date: 1/1/2019 Frequency: ⊠ Quarterly □ Start date: □ Other: □ Other:
D. TYPE OF MEASURE	□Output □Outcome: Participant satisfaction □Outcome: Knowledge, attitude, skill □Outcome: Practice or behavior ⊠Outcome: Impact on overall problem □Return-on-investment or cost-benefit If applicable: □Fidelity measure
C. SMART OBJECTIVE	Individuals originating from Kitsap Connect will reduce calls 30% from their baseline prior to enrollment.
B. ACTIVITY	1 FTE Family Development Specialist (KCR) and 1 FTE Behavioral Health Support Specialist (KMHS) will jointly provide in-home housing stability supportive services to 18 recently housed households who are diagnosed with Serious Mental Illness and Substance Use Disorders.
A, GOAL	Promote housing stability for recently housed individuals, identified and prioritized as the most vulnerable among chronically homeless, with Serious Mental Illness and Substance Use Disorders.

### Total Agency or Departmental Budget Form ces Project: Housing Stability Services

Agency Name: Kitsap Community Resources

		Accrual	<b>✓</b>		Cash				
AGENCY REVENUE AND EXPENSES		201.7		Π	2018			2019	
	$oldsymbol{\perp}$	Actual	Percent	L	Budget	Percent	L	Budget	Percent
AGENCY REVENUE				l					
Federal Revenue	\$	8,243,707.00	56%	\$	8,245,000.00	56%	\$	8,245,000.00	569
WA State Revenue	\$	2,520,335.00	17%	\$	2,550,000.00	17%	\$	2,550,000.00	179
Local Revenue	\$	1,000,423.00	7%	\$	1,000,500.00	7%	\$	1,000,500.00	79
Private Funding Revenue	\$	75,000.00	1%	\$	78,000.00	1%	\$	78,000.00	19
Agency Revenue	\$	915,904.00	6%		920,000.00	6%	\$	920,000.00	69
Miscellaneous Revenue	\$	2,023,293.00	14%	\$	1,900,000.00	13%	\$	1,900,000.00	139
Total Agency Revenue (A)	\$	14,778,662.00		\$	14,693,500.00		\$	14,693,500.00	
AGENCY EXPENSES									
Personnel	L								
Managers	\$	1,230,500.00	8%		1,238,000.00	9%	\$	1,247,000.00	99
Staff	\$	2,835,750.00	19%		2,895,450.00	20%	\$	2,901,300.00	209
Total Benefits	\$	1,945,126.00	13%	<u> </u>	1,951,550.00	14%	_	1,954,700.00	149
Subtotal	\$	6,011,376.00	41%	\$	6,085,000.00	42%	\$	6,103,000.00	42%
supplies/Equipment	1.			L_					
Equipment	\$	30,744.00	0%		34,000.00	0%	\$	34,000.00	0%
Office Supplies Other (Describe) <u>Education Supplies</u>	\$	188,717.00	1%		195,000.00	1%	\$	198,000.00	1%
Subtotal	\$	17,794.00	0%	-	18,000.00	0%	\$	20,000.00	0%
dministration	\$	237,255.00	2%	\$	247,000.00	2%	\$	252,000.00	2%
Advertising/Marketing	\$	4 500 00	0%	<del>-</del>	4 500 00 I	00/		4 000 00 1	
Audit/Accounting	<del>  }</del>	4,500.00 44,300.00	0%	-	4,500.00 44,300.00	0%	\$	4,800.00	0%
Communication	\$	82,072.00	1%	<u> </u>	82,500.00	0% 1%	\$	44,300.00	0%
Insurance/Bonds	\$	90,776.00	1%		91,000.00	1%	\$	83,000.00 91,000.00	19/
Postage/Printing	\$	41,872.00	0%		42,000.00	0%	\$	43,000.00	0%
Training/Travel/Transportation	\$	123,385.00	1%	\$	124,000.00	1%	\$	125,000.00	1%
% Indirect	\$	1,090,150.00	7%		1,100,000.00	8%	\$	1,100,000.00	8%
Other (Describe) Contracted Services	\$	192,399.00	1%		198,000.00	1%	\$	203,000.00	1%
Subtotal	1 \$	1,669,454.00	11%	\$	1,686,300.00	12%	\$	1,694,100.00	12%
Ingoing Operations and Maintenance	1			1			-	2,05 1,200.00	
Janitorial Service	\$	45,000.00	0%	\$	47,500.00	0%	\$	48,500.00	0%
Maintenance Contracts	\$	42,250.00	0%	\$	45,000.00	0%	\$	46,000.00	0%
Maintenance of Existing Landscaping	\$	20,000.00	0%	\$	20,000.00	0%	\$	20,000.00	0%
Repair of Equipment and Property	\$	31,713.00	0%	\$	33,000.00	0%	\$	34,000.00	0%
Utilities	\$	81,549.00	1%	_	82,000.00	1%	\$	83,000.00	1%
Other (Describe) Weatherization & Minor Home Repair	\$	758,863.00	5%		760,000.00	5%	\$	765,000.00	
Other (Describe) BE\$T Program	\$	135,000.00	1%	<u> </u>	140,000.00	1%	\$ \$		5%
Other (Describe) Fundraising	\$	60,836.00	0%	\$	<del></del>		<u> </u>	145,000.00	1%
Other (Describe) Other KCR Programs	\$	1,770,721.00		'	65,000.00	0%	\$	68,000.00	0%
Other (Describe) West Hills STEM Project	\$	554,592.00	12%		1,800,000.00	13%	\$	1,850,000.00	13%
Subtotal	\$		4%		2 002 500 00	0%			0%
ther Costs	<del>  ³</del>	3,500,524.00	24%	•	2,992,500.00	21%	<b>&gt;</b>	3,059,500.00	21%
Debt Service	\$	3,325,660.00	23%	\$	3,325,660.00	23%	¢	3,325,660.00	23%
Other (Describe)	\$		0%	<del></del>	3,323,000.00		_	3,323,000.00	
Subtotal	<del> </del>	3,325,660.00			2 225 660 00	0%		2 225 550 05	0%
Sandal	┡	3,323,000.00	23%	*	3,325,660.00	23%	ş	3,325,660.00	23%
Total Direct Expenses	\$	14,744,269.00		\$	14,336,460.00		\$	14,434,260.00	
	٠,	-,,		<u> </u>	,,		Ψ_		

NOTE: If an expenditure line item is larger than 10% of the budget, include an attachment showing detail.

### **Special Project Budget Form**

Agency Name: Kitsap Community Resources Subcontractor: \_\_\_\_ Yes \_X\_\_ No Project: Housing Stabilization Services

Enter the estimated costs assoicated		Total Fu	nds		Requested	Funds		Other Matchin	ng Funds
with your project/program	1	Budget	Percent	i	Budget	Percent		Budget	Percent
Personnel		<del> </del>			<del></del>		<b>1</b>		
Managers	\$	5,592	3%	\$	5,592	4%	\$	-	09
Staff	\$	33,865	16%	\$	33,865	23%	\$	-	0%
Total Benefits	\$	18,328	9%	\$	18,328	13%	\$	-	0%
SUBTOTAL	\$	57,785	27%	\$	57,785	40%	\$	-	0%
Supplies & Equipment									
Equipment (rugged cell phone for field svc)	\$	-	0%	\$	-	0%	\$	-	0%
Office Supplies	\$	1,200	1%	\$	1,200	1%	\$	-	0%
Other (Describe):	\$	-	0%	\$	-	0%	\$	-	0%
SUBTOTAL	\$	1,200	1%	\$	1,200	1%	\$	-	0%
Administration									
Advertising/Marketing	\$	-	0%	\$	-	0%	\$	-	0%
Audit/Accounting	\$	-	0%	\$	-	0%	\$	-	0%
Communication (Cell plan)	\$	840	0%	\$	840	1%	\$	-	0%
Insurance/Bonds	\$	-	0%	\$	-	0%	\$	-	0%
Postage/Printing	\$	300	0%	\$	300	0%	\$	-	. 0%
Training/Travel/Transportation	\$	4,500	2%	\$	4,500	3%	\$	-	0%
% Indirect (Limited to 10%)	\$	-	0%	\$	-	0%	\$	-	0%
Other (Describe): Community Engagement Incentiv	\$	1,200	1%	\$	1,200	1%	\$	-	0%
SUBTOTAL	\$	6,840	3%	\$	6,840	5%	\$	-	0%
Ongoing Operations & Maintenance									
Janitorial Service	\$	-	0%	\$	-	0%	\$	-	0%
Maintenance Contracts	\$	-	0%	\$	-	0%	\$	. –	0%
Maintenance of Existing Landscaping	\$	-	0%	\$	-	0%	\$	-	0%
Repair of Equipment and Property	\$	-	0%	\$	- 1	0%	\$	-	0%
Utilites	\$	-	0%	\$	-	0%	\$	-	0%
Other (Describe): Building Charge	\$	600	0%	\$	600	. 0%	\$	-	0%
Other (Describe): Subcontract with KMHS	\$	77,906	36%	\$	77,906	54%	\$	-	0%
Other (Describe): Rental Assistance	\$	70,000	33%	\$	-	0%	\$	70,000	100%
SUBTOTAL	\$	148,506	69%	\$	78,506	54%	\$	70,000	100%
Other									
Debt Service	\$	0	0%	\$	0	0%	\$	0	0%
Other (Describe):	\$	-	0%	\$	<u>-</u>	0%	\$_	-	0%
SUBTOTAL	\$	0	0%	\$	0	0%	\$	0	0%
Total Project Budget	\$	214,331		\$	144,331		\$	70,000	

NOTE: Indirect is limited to 10%

### **Special Project Budget Form**

Agency Name: Kitsap Mental Health Services Subcontractor: \_x\_\_ Yes \_\_\_\_ No Project: Housing Stabilization Services

Enter the estimated costs assoicated	1	Total Fu	nds		Requested	Funds	Other Matchi	ng Funds
with your project/program	j	Budget	Percent		Budget	Percent	Budget	Percent
Personnel						<u> </u>	<u> </u>	
Managers	\$	-	0%	\$	-	0%	\$ -	0%
Staff	\$	45,032.00	58%	\$	45,032.00	58%	\$ -	0%
Total Benefits	\$	19,431.00	25%	\$	19,431.00	25%	\$ -	0%
SUBTOTAL	\$	64,463.00	83%	\$	64,463.00	83%	s -	0%
Supplies & Equipment				Ė			*	1
Equipment (rugged cell phone for field svc)	\$	-	0%	<b> </b>		0%	\$ -	0%
Office Supplies	\$	550.00	1%	\$	550.00	1%	·	0%
Other (Describe):	\$	-	0%	\$	-	0%		0%
SUBTOTAL	\$	550.00	1%	\$	550.00	1%	\$ -	0%
Administration							<u> </u>	
Advertising/Marketing	\$	-	0%	\$		0%	\$ -	0%
Audit/Accounting	\$	-	0%	\$	-	0%	\$ -	0%
Communication (Cell plan)	\$	760.00	1%	\$	760.00	1%	\$ -	0%
Insurance/Bonds	\$	760.00	1%	\$	760.00	1%	\$ -	0%
Postage/Printing	\$	360.00	0%	\$	360.00	0%	\$ -	0%
Training/Travel/Transportation	\$	2,470.00	3%	\$	2,470.00	3%	\$ -	0%
% Indirect (Limited to 10%)	\$	7,082.00	9%	\$	7,082.00	9%	\$ -	0%
Other (Describe): Software/License	\$	1,460.00	2%	\$	1,460.00	2%	\$ -	0%
SUBTOTAL	\$	12,892.00	17%	\$	12,892.00	17%	\$ -	0%
Ongoing Operations & Maintenance				··-	,			1
Janitorial Service	\$	-	0%	\$	-	0%	\$ -	0%
Maintenance Contracts	\$	-	0%:	\$	-	0%	\$ -	0%
Maintenance of Existing Landscaping	\$	-	0%	\$	-	0%	\$ -	0%
Repair of Equipment and Property	\$	-	0%	\$	-	0%	\$ -	0%
Utilites	\$	-	0%	\$	-	0%	\$ -	0%
Other (Describe): Building Charge	\$	-	0%			0%	\$ -	0%
Other (Describe): Subcontract with KMHS	\$	-	0%			0%	\$ -	0%
Other (Describe):	\$	-	0%	\$	-	0%	\$ -	0%
SUBTOTAL	\$	-	0%	\$		0%	\$ -	0%
Other				· · · · · ·				
Debt Service	\$	2.00	0%	\$	1.00	0%	\$ 1.00	100%
Other (Describe):	\$	-	0%	\$		0%	\$ -	0%
SUBTOTAL	\$	2.00	0%	\$	1.00	0%	\$ 1.00	100%
Total Project Budget	\$	77,907.00		\$	77,906.00		\$ 1.00	

NOTE: Indirect is limited to 10%

### **Project Salary Summary**

Agency Name: Kitsap Community Resources	Subcontractor:	Yes	x_	_ No
Project: Housing Stabilization Services				
Description				
Number of Professional FTEs				0.10
Number of Clerical FTEs				0.00
Number of All Other FTEs				1.00
Total Number of FTEs				1.10
Salary Information				
Salary of Executive Director or CEO			\$	-
Salaries of Professional Staff			\$	5,592.00
Salaries of Clerical Staff			\$	-
Other Salaries (Describe Below)			\$	33,865.00
Description: Housing Stabilization Specialist			\$	33,865.00
Description:			\$	-
Description:			\$	-
Total Salaries		·	\$	39,457.00
Total Payroll Taxes			\$	3,728.69
Total Cost of Benefits			\$	12,034.39
Total Cost of Retirement		_	\$	2,564.71
Total Payroll Costs			\$	57,784.78

### **Project Salary Summary**

Agency Name: Kitsap Mental Health Services Subco	ntractor: X	Yes	No
Project: Housing Stabilization Supports			
Description			
Number of Professional FTEs			0.00
Number of Clerical FTEs			0.00
Number of All Other FTEs			1.00
Total Number of FTEs			1.00
Salary Information			
Salary of Executive Director or CEO		\$	-
Salaries of Professional Staff		\$	-
Salaries of Clerical Staff		\$	-
Other Salaries (Describe Below)		\$	45,032.00
Description: Behavioral Health Housing Specialist		\$	45,032.00
Description:			
Description:		\$	-
Total Salaries		\$	45,032.00
Total Payroll Taxes		\$	4,134.00
Total Cost of Benefits		\$	13,495.72
Total Cost of Retirement		\$	1,801.28
Total Payroll Costs		\$	64,463.00

### **ATTACHMENT H**

Letter of Support: Kitsap Mental Health Services July 25, 2018



Kitsap County Citizens Advisory Board C/O Kitsap County Human Services 614 Division Street MS-23 Port Orchard, WA 98366

Re: Letter of Commitment to provide Mental Health, Chemical Dependency and Therapeutic Court Programs

Dear Citizens Advisory Committee:

On behalf of Kitsap Mental Health Services, I am writing to express our support and commitment for the Kitsap Community Resources proposal to provide Housing Tenancy and Behavioral Health Housing Case Management Services for persons with behavioral health concerns through the Mental Health, Chemical Dependency and/or Therapeutic Court Programs.

Kitsap Mental Health Services has a long established relationship with Kitsap Community Resources to provide safety net services to low income and vulnerable children and adults in our county. Together we have worked on projects to reduce child abuse and neglect, improve housing options, and fill service gaps in the safety net health and social services. As an active participant in the Kitsap County Continuum of Care KMHS worked in support of the community's goal to create a one stop referral network for housing which became located at KCR. Two years ago we collaborated with KCR, Kitsap Public Health District and Bremerton Housing Authority to create "Kitsap Connect" designed to assist persons homeless or at risk of homelessness who experience physical and behavioral health issues, so that using a multi-agency approach of outreach and engagement together we could reconnect them to housing and to treatment. This has proved a successful strategy and unified collective effort that has proved to be effective in working with people who often are difficult to engage or choose not to engage in services. Lastly, through Salish Behavioral Health Organization funding in 2016 and again in 2017, KCR and KMHS co-located at KCR, staff to provide short-term rental assistance and high intensity wrap around peer support services to individuals who without this level of support would be unlikely to be housed or remain successfully in their housing.

### BOARD OF DIRECTORS

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The mission of kitsap Mental Health Services is to shape the future of mental health through state of the science service delivery community partnerships and advocacy.

Ph' (360) 373-5031 FDD (360) 478-2715 Fax (360) 377-0458

5455 Almira Drive INE Bremerton, WA 98311-8331

www.kitsapmentalhealth.org





KMHS does not discriminate against any person on the basis of race, color, national origin, see, disability, martial status, religion, ancestry, age, veterain status, or other protected status unde applicable laws in its programs and activities. In summer 2016 and again in 2017, KMHS, KCR, BHA, with Continuum of Care approval submitted a proposal for McKinney (State) funding for the Housing Case Management positions included in this proposal, with the goal of securing and retaining low-barrier permanent supported housing for persons with behavioral health disorders. Our proposal ranked highly, and "next-in-line" for funding in its category however there were simply not enough funds available through this source for an award. This proposal is submitted for your consideration in order to accomplish that same goal, with the expertise of both agencies brought to bear – KCR with strong housing tenancy support experience, and KMHS with behavioral health case management. We believe that this new jointly provided capacity will reduce homelessness, improve engagement in treatment services, and assist people with mental health and substance use disorders to become housed and to maintain their housing into the future.

To this end, KMHS commits 1 FTE KMHS behavioral health clinical housing support specialist, with administrative oversight and regular supervisory guidance

Kitsap Mental Health Services continues as an active member in the Kitsap County Coalition on Homelessness and several countywide housing coalitions, has been engaged in the development of our community's homeless housing plan, as well as providing services to some of the most impacted individuals. We are familiar with the Kitsap County Behavioral Health Strategic Plan and are pleased to work together with Kitsap Community Resource in this critical endeavor to bring stability to the lives of persons with behavioral health concerns, especially those with chronic, severe illnesses.

We hope you will view this application favorably and look forward to working with you in this important endeavor.

Sincerely,

Joe Roszak

Chief Executive Officer