

The following guide lists the essential services for people with developmental disabilities in Kitsap County. Please submit additions, deletions or modifications to Kitsap County, Department of Human Services, Developmental Disabilities Program at 360-337-4622.

*(You can access this guide online at [kitsapgov.com](http://kitsapgov.com). For additional copies of this guide, please call 360-337-4622)*

**If you are looking for specific support for people or families with special needs which is not listed in this directory, please call any of the following numbers.**

The Arc of Kitsap and Jefferson County.....	360-377-3473
Family Resource Coordinator.....	360-373-2536
Kitsap County DD Coordinator.....	360-337-4624
Kitsap County Parent Coalition Coordinator.....	360-373-2502
Kitsap Community Resources.....	360-473-2075

# TABLE OF CONTENTS

	<u>Page</u>
Advocacy/Disability Support in Kitsap County .....	1
Blindness .....	3
Children's Therapy Services .....	4
Clothing/Food .....	6
Deafness .....	7
Education.....	8
Employment/Community Inclusion .....	11
Financial .....	13
Governmental Supports.....	13
Housing/Living Assistance.....	15
Information and Referral .....	16
Learning Disabilities .....	17
Legal.....	18
Medical/Dental.....	19
Mental Health Services/Supports.....	20
Military Supports.....	22
Personal Care/Respite.....	23
Protection/Supports.....	24
Recreational/Leisure.....	25
Services for Children With Special Needs .....	26
Supports (General Community) .....	29
Technology/Literature .....	30
Transportation .....	31
Volunteers .....	31
Washington/National Advocacy/Disability Support .....	32
The ABC's of DD/Acronyms .....	42
Phrases .....	50

## **ADVOCACY/DISABILITY SUPPORTS**

**The Arc of Kitsap of the Peninsulas** ..... 360-377-3473  
3243 N Perry Ave., Bremerton WA 98310  
penarc.org

- ◇ provides information and referrals to individuals with developmental disabilities and their families.
- ◇ includes Parent to Parent and parent education programs, monthly newsletter, Friday Night Social, Recreation and Resident Camp and adult classes.
- ◇ representative payee program, counseling for individuals and families.

**C.H.A.D.D. ADD/ADHD Support Group** ..... 360-779-5362  
chadd.net

- ◇ support group for children and adults
- ◇ support and information for parents, AD/HD adults, educators and healthcare professionals

**Down Syndrome Support Group of Kitsap County and Surrounding Areas, (UPSIDE)** ..... 360-308-0187  
theupside@comcast.net

- ◇ meets monthly, contact for meeting schedule

**Harrison Outpatient Rehabilitation** ..... 360-744-6530  
2520 Cherry Ave, Bremerton WA 98310  
harrisonmedical.org

- ◇ occupational therapy, physical therapy, speech therapy and rehabilitation for neurological, illness, or work related injuries
- ◇ clinic locations in Bremerton, Port Orchard and Silverdale

**Harrison Medical Center, Education** ..... 360-744-6765  
2520 Cherry Ave., Bremerton WA 98310  
harrisonmedical.org

- ◇ community health programs including maternal-child birth and safe sitters (11-13 ages)

**Harrison Medical Center Support Groups** ..... 866-844-9355  
harrisonmedical.org

- ◇ on web page under events calendar, category: support groups
- ◇ variety of support groups meet regularly, check website for details.

**Holly Ridge Center Infant Toddler Program** .. 360-373-2536  
Toll Free ..... 1-800-449-1660  
5112 NW Taylor Rd., Bremerton WA 98312  
itp@hollyridge.org

hollyridge.org

- ◇ birth to three neurodevelopment early learning center for children and families with special needs
- ◇ contact: Connie Zapp, Director

**Kitsap County Family Resource Coordinator** 360-373-2536

Toll Free ..... 1-800-449-1660

5112 NW Taylor Rd., Bremerton WA 98312

frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

**Kitsap County Father's Network** ..... 425-653-4286

doug\_st@hotmail.com

fathersnetwork.org

- ◇ monthly support group for fathers of children with special needs
- ◇ meets 3rd Saturday, 10am–12pm during school year at the ARC

**Kitsap County Parent Coalition** ..... 360-373-2502

3100 Bucklin Hill Rd, Suite 207, Bremerton WA 98310

easterseals.com/washington

- ◇ advocacy, consulting, newsletter, training, resource navigation

**Kitsap Parent Child Assistance Program**

**(PCAP)** ..... 360-377-0370

4841 Auto Center Way, Suite 103, Bremerton, WA 98312

kitsappcap@agapekitsap.com

- ◇ administered by Agape' Unlimited
- ◇ advocacy and case management intervention for high-risk women with maternal alcohol and drug abuse

**Northwest ADA Center** ..... 1-800-949-4234

nwadacenter.org

- ◇ information, training and guidance on the Americans with Disabilities Act (ADA)

**Opening Doors for Multicultural Families** ..... 253-216-4479

multicultrualfamilies.org

- ◇ provides culturally and linguistically relevant information, services and programming to individuals with developmental disabilities and their families

**Parent to Parent Support Program** ..... 360-516-8276

3243 N. Perry Ave, Bremerton WA 98310

- ◇ parent mentoring, support group, information, referral, and lending library, senior family caregiver project
- ◇ Autism Support, Information and Fun for Kitsap (AS IF Kitsap)

## **Self Advocates of Washington**

**Kitsap County**.....253-571-8665

P.O. Box 6513, Tacoma WA 98464

wearesaw.org

- ◇ self-advocacy groups for people with developmental disabilities
- ◇ contact: Shannon Carlson

**Washington PAVE** ..... 1-800-572-7368

6316 S. 12th St., Tacoma, WA 98465

wapave.org

- ◇ parent-directed organization, information and training available to parents about the educational system for preschoolers and school age children with special needs
- ◇ workshops, referrals, IEP support and information

## **BLINDNESS**

**Able Opportunities, Inc.** ..... 360-638-0881(V/TTY)

P.O. Box 468, Hansville, WA 98340

ableopportunities.com

- ◇ vocational evaluation, placement and retention, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss

**Blind Veterans Association**..... 1-800-669-7079

bva.org

- ◇ veteran benefits, employment, legislation

**Department of Services for the Blind** ..... 1-800-552-7103

4565 7th Ave. SE, Lacey WA 98503

3411 S Alaska Street, Seattle WA 98118

949 Market Street, Ste 508, Tacoma WA 98402

dsb.wa.gov

- ◇ independent living, vocational rehabilitation, orientation, training
- ◇ assistive technology training/services, family services

**Kitsap Regional Library**..... 360-405-9100

1301 Sylvan Way, Bremerton, WA 98310

krl.org

- ◇ computers dedicated for use by people with visual disabilities
- ◇ online catalog accessible to visually impaired users
- ◇ training available for using systems
- ◇ large print and audio books

**LS&S Group** ..... 1-800-468-4789

lssproducts.com

- ◇ catalog specializing in products for the visually and hearing impaired

**NW Lions Foundation**

**For Sight and Hearing** ..... 206-838-4600  
nlfoundation.org  
info@nlfoundation.org

- ◇ eyeglasses and vision exams for low income residents
- ◇ eye tissue bank, accepts donated eyeglasses and hearing aides

**Olympic College**

Adaptive Technology ..... 360-475-7510  
Access Services ..... 360-475-7540  
1600 Chester Ave., Bremerton WA 98337  
oc.ctc.edu  
AccessServices@olympic.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

**Peninsula Council of the Blind** ..... 360-373-2772

thepcb.tripod.com  
mekawh@gmail.com

- ◇ local chapter of WA Council of the Blind
- ◇ public awareness, education, provides vision loss support group
- ◇ opportunities for community participation, recreation and vocation

**Washington State School for the Blind** ..... 360-696-6321

wssb.wa.gov  
2214 E 13th Street, Vancouver WA 98661-4120

- ◇ on-campus programs at no cost to parents and districts
- ◇ Lions Low Vision Clinic, Instruction Resource Center, Braille Production, Statewide Technology Center, Evaluation Assessment, in-service and training

**Washington Talking Book and**

**Braille Library** ..... 1-800-542-0866  
2021 9th Avenue, Seattle WA 98121-2783  
wtbbl@sos.wa.gov  
wtbbl.org

- ◇ free, statewide public library service for individuals with disabilities
- ◇ books and magazines, large print or Braille available

**CHILDREN'S THERAPY SERVICES**

**Children's Hospital** ..... 1-866-987-2000  
Family Resource Center ..... 206-987-2201  
TTY ..... 206-987-2280  
4800 Sand Point Way NE, Seattle WA 98105  
seattlechildrens.org

**Olympic Peninsula**

**Autism Center**..... 360-337-2222

3100 Bucklin Hill Rd NW, Suite 215, Silverdale, WA 98383

easterseals.com/washington

- ◇ Applied Behavior Analysis (ABA) services provided to children with Autism, birth to age 18

**Harrison Medical Center Pediatric**

**Rehabilitation Services** ..... 360-744-6080

1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

chifranciscan.org

**Hearing, Speech and Deafness Center (HSDC)**

Seattle..... 1-888-222-5036

Tacoma ..... 1-866-421-5560

hscd.org

- ◇ speech, language and motor services
- ◇ services for deaf and hard of hearing children
- ◇ audiology services (including infants) and hearing aids

**Holly Ridge Center**..... 360-373-2536

5112 NW Taylor Rd., Bremerton WA 98312

hrc@hollyridge.org

hollyridge.org

**Mary Bridge Children's Health Center** ..... 1-800-552-1419

1780 NW Myhre Rd. Suite G220, Silverdale, WA 9838-8677

multicare.org

**Mary Bridge Children's Hospital** ..... 253-403-1444

311 S. L St., Tacoma WA 98405

multicare.org/marybridge

**OCCUPATIONAL THERAPISTS**

**Apple Tree Therapy, LLC**..... 360-286-2351

9951 Mickelberry Rd NW, Suite 225

appletreeot.com

- ◇ provides occupational therapy treatments for children with special needs (autism, sensory processing disorders, ADHD, learning disabilities and developmental delays)

**Center for Therapeutic Intervention**..... 253-851-3874

6659 Kimball Dr., Suite D-403., Gig Harbor WA 98335

ctgigharbor.com

- ◇ pediatric occupational therapy clinic

**Elk's Therapy Program** ..... 253-472-6223

P.O. Box 11076, Tacoma WA 98411

waelks.org

- ◇ provides home-based occupational and physical therapy to children with disabilities

**Harrison Medical Center Pediatric Rehabilitation Services** ..... 360-744-8980  
 1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

**PHYSICAL THERAPISTS**

**Harrison Medical Center Pediatric Rehabilitation Services** ..... 360-774-6080  
 1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

**Kitsap Children's Therapy** ..... 360-697-2228  
 19319 7th Ave, Suite 104, Poulsbo WA 98370  
[kitsapchildrenstherapy.com](http://kitsapchildrenstherapy.com)

- ◇ pediatric children's therapy, speech and OT

**SPEECH THERAPISTS**

**Children's Hospital Speech and Language** ... 206-987-2104  
 4800 Sand Point Way NE, MS-W6839, Seattle WA 98105-0371  
[seattlechildrens.org](http://seattlechildrens.org)

**Harrison Medical Center Pediatric Rehabilitation Services** ..... 360-774-8980  
 1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

**Hearing, Speech and Deafness Center (HSDC)**  
 Seattle ..... 1-888-222-5036  
 Tacoma ..... 1-866-421-5560  
[hscd.org](http://hscd.org)

- ◇ services for deaf and hard of hearing children
- ◇ audiology services (including infants) and hearing aids

**Mary Bridge Speech and Hearing** ..... 1-800-552-1419  
 1220 Division Ave., Tacoma WA 98405  
[marybridge.org](http://marybridge.org)

**Tacoma Speech and Language Clinic** ..... 253-472-6454  
 5005 Center St., Suite H, Tacoma WA 98409

**CLOTHING/FOOD**

**Helpline House/Bainbridge Is.** ..... 206-842-7621  
 282 Knechtel Way, Bainbridge Island WA 98110  
[helplinehouse.org](http://helplinehouse.org)

**North Kitsap Fishline** ..... 360-779-4191  
 19705 Viking Ave N., Poulsbo WA 98370  
[nkfishline.org](http://nkfishline.org)

- ◇ food bank, thrift store, housing assistance

**S. Kitsap Helpline**..... 360-876-4089  
1012 Mitchel Ave, Port Orchard WA 98366  
skhelpline.org

- ◇ food bank and other assistance

**Salvation Army**..... 360-373-5550  
PO Box 886, (832 6th St.), Bremerton WA 98337  
Bremerton.salvationarmynw.org

- ◇ serving breakfast and lunch; call for meal times
- ◇ food bank

**St. Vincent de Paul**..... 360-377-2929  
1137 N Callow, Bremerton WA 98312

- ◇ food bank and assistance office

**St. Vincent de Paul**..... 360-377-2929  
1117 N. Callow, Bremerton, WA 98312

- ◇ thrift store

## **DEAFNESS**

**Able Opportunities, Inc.** ..... 360-638-0881(V/TTY)  
P.O. Box 468, Hansville, WA 98340  
ableopportunities.com

- ◇ vocational evaluation, job placement and retention, independent living assessments and training
- ◇ all services available in ASL, American Sign Language

**Early Hearing Loss, Detection, Diagnosis,  
and Intervention Program** ..... 206-418-5613  
1610 NE 150th St., Shoreline WA 98155

- ◇ WA state DOH genetic services section
- ◇ contact: EHDDI Program Consultant, ehddi2@doh.wa.gov

**Family Conversations**..... 425-482-4185  
2525 220th St. SE, Ste. 100, Bothell WA 98021  
family-conversations@seattlechildrens.org

- ◇ home based program for families with deaf or hard of hearing children living in western Washington
- ◇ playgroups, parent support, sign language classes and assistance with school transition
- ◇ workshops for deaf and hearing co-workers

**Hearing, Speech and Deafness Center (HSDC)**  
Seattle ..... 1-888-222-5036  
Tacoma ..... 1-866-421-5560  
hsvc.org

- ◇ services for deaf and hard of hearing children
- ◇ audiology services (including infants) and hearing aids

**Holly Ridge Center** ..... 360-373-2536  
Toll Free ..... 1-800-449-1660  
5112 NW Taylor Rd. , Bremerton, WA 98312  
hollyridge.org  
hrc@hollyridge.org

- ◇ birth to three Neurodevelopmental Clinic and Preschool serving families and children with special needs

**Kitsap County**

**Family Resource Coordination** ..... 360-373-2536  
Toll Free ..... 1-800-449-1660  
5112 NW Taylor Rd. , Bremerton, WA 98312  
frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

**N.W. Lions Foundation**

**For Sight and Hearing** ..... 206-838-4600  
nlfoundation.org  
info@nlfoundation.org

- ◇ accepts donated hearing aides

**Office of the Deaf & Hard of Hearing (ODHH)** 1-800-422-7930  
dshs.wa.gov/odhh

- ◇ services for persons who are deaf, hard of hearing, deaf-blind or hearing with a speech disability

**Olympic College**

Adaptive Technology ..... 360-475-7510  
Access Services ..... 360-475-7540  
1600 Chester Ave., Bremerton WA 98337  
AccessServices@olympic.edu  
oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

**Tacoma Area Coalition of Individuals with**

**Disabilities (TACID) V** ..... 1-253-565-9000  
TTY ..... 1-253-565-3486  
6315 S. 19th St, Tacoma, WA 98466  
tacid.org

- ◇ deaf-blind and hard of hearing services

**EDUCATION**

**Bainbridge Island School District**

**Special Education** ..... 206-842-2907  
bisd303.org

**Bremerton School District**  
**Special Services Department** ..... 360-473-1011  
bremertonschools.org

**Central Kitsap School District**  
**Special Services Department** ..... 360-662-1040  
cksd.wednet.edu

**Disabilities, Opportunities, Internetworking**  
**And Technology (DO-IT) (V/TTY)** ..... 206-685-3648  
Toll Free (V/TTY)..... 1-888-972-3648  
University of Washington, Box 354842, Seattle, WA 98195-4842  
washington.edu/doit

- ◇ grant funded program that focuses on college and career preparation for students with disabilities
- ◇ information, training for employers and educators

**ERIC– Educational Resources**  
**Information Center**..... 1-800-538-3742  
eric.ed.gov

- ◇ database with information on the education of children with disabilities and children who are gifted

**Going-to-College.org**  
◇ this website contains information about living college life with a disability.  
◇ designed for high school students and provides video clips, activities and additional resources that can help students get a head start in planning for college

**Kitsap Community Resources, Head Start/ Early Childhood Education & Assistance Program** 360-473-2075  
1201 Park Avenue, Bremerton WA 98337

- ◇ serving ages birth to 5 years
- ◇ early health & childhood development services

**Kitsap County Parent Coalition** ..... 360-373-2502  
3100 Bucklin Hill Rd, Suite 207, Silverdale 98383  
easterseals.com/washington

- ◇ advocacy, consulting, newsletter, training

**North Kitsap School District**  
**Special Education Department**..... 360-396-3024  
nkschools.org

**Office of the Education Ombudsman**..... 1-866-297-2597  
governor.wa.gov/oeo

- ◇ resolves complaints, disputes and problems between families and WA State elementary and secondary public schools

## **Olympic College**

**Adaptive Technology** ..... 360-475-7510

**Access Services** ..... 360-475-7540

1600 Chester Ave., Bremerton WA 98337

[accessservices@olympic.edu](mailto:accessservices@olympic.edu)

[oc.ctc.edu](http://oc.ctc.edu)

- ◇ access, academic accommodations, adaptive technology for students with disabilities

**Olympic ESD 114** ..... 360-479-0993

105 National Ave. N, Bremerton WA 98312

[Oesd114.org](http://Oesd114.org)

- ◇ serving the Olympic and Kitsap Peninsulas
- ◇ Headstart, EHS and ECEAP, 360-478-6887

## **Seattle University, Center for Change**

**in Transition Services** ..... 206-296-6494

PO Box 222000, Seattle, WA 98122-1090

[seattleu.edu/ccts](http://seattleu.edu/ccts)

- ◇ technical assistance and training provided to school districts addressing transition needs of students with disabilities

## **Special Education Parent Advisory Council**

**(S.E.P.A.C)** ..... 360-779-4726

[cksd.wednet.edu/specialservices](http://cksd.wednet.edu/specialservices)

- ◇ working partnership between parents educators and the special education community.
- ◇ promotes awareness of student with special needs

## **South Kitsap School District**

**Special Services Department** ..... 360-443-3625

[skitsap.wednet.edu](http://skitsap.wednet.edu)

**Special Education Technology Center** ..... 509-963-3350

Central Washington University

Mail stop 7413, 400 University Ave, Ellensburg, WA 98926

[specialedtechcenter.org](http://specialedtechcenter.org)

- ◇ a statewide project designed to assist school districts with the special technology needs of their students by providing technology resources that are otherwise difficult to find or access

**Superintendent of Public Instruction** ..... 360-725-6000

[k12.wa.us](http://k12.wa.us)

**Washington PAVE** ..... 1-800-572-7368

6316 S. 12th St., Tacoma, WA 98465

[wapave.org](http://wapave.org)

- ◇ parent-directed organization, information and training available to parents about the educational system for preschoolers and

- ◇ school age children with special needs
- ◇ workshops, referrals, and support

**West Sound Technical Skills Center** ..... 360-473-0556  
 101 National Avenue N, Bremerton WA 98312  
 westsoundtech.com  
 wstinfo@wstsc.com

- ◇ serving all high school students; vocational training classes
- ◇ must be referred through high school

**EMPLOYMENT/ COMMUNITY INCLUSION**

**Able Opportunities, Inc.** ..... 360-638-0881(V/TTY)  
 P.O. Box 468, Hansville, WA 98340  
 ableopportunities.com

- ◇ vocational evaluation, placement and retention, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss
- ◇ contact agency for WIN, a job placement program at Harrison Medical Center: <http://ableopportunities.com/win/winentry.html>
- ◇ all services available in ASL, American Sign Language

**Bainbridge Island Youth Services** ..... 206-842-9675  
 PO Box 11173, Bainbridge Island WA 98110  
 bainbridgeyouthservices.org

- ◇ job referrals, counseling, serves young people ages 12-20, must live on the Island or North Kitsap

**Cares of Washington** ..... 253-414-7635  
 caresofwa.org

- ◇ short and long-term individual supported employment and community inclusion services

**Easter Seals Washington** ..... 360-373-2502  
 3100Bucklin Hill Rd, Suite 116, Bremerton WA 98310  
 easterseals.com/washington

- ◇ supported individual employment, community inclusion services

**Holly Ridge Center** ..... 360-479-9023  
 252 Wilkes Ave, Bremerton WA 98312  
 hollyridge.org

- ◇ individual employment, job placement and retention services
- ◇ contact: Melinda Slater, AES Program Manager

**Kitsap Community Resources** ..... 360-473-2118  
 kcr.org

- ◇ employment and training, community service

- ◇ AmeriCorp 360-473-2015
- ◇ SK Family Service Center - WorkSource affiliated 360-473-2144

**Pathways to Success/WorkSource**..... 360-337-4737  
 TTY ..... 360-337-4778  
 1300 Sylvan Way, Bremerton, WA 98310  
 Oesd114.org

- ◇ academic support, job training, career development for youth ages 16-21

**Peninsula Services** ..... 360-479-6520  
 7500 Werner Road, Bremerton, WA 98312  
 peninsulaservices.org

- ◇ individual employment, vocational rehabilitation, job development and placement services

**Plan to Work**.....866-497-9443  
 25 W. Main, Suite 310, Spokane WA 99201  
 plantowork.org

- ◇ benefits planning for persons receiving disability benefits from the Social Security Administration (SSA)

**Skookum**.....360-475-0756  
 4525 Auto Center Way, Bremerton WA 98312  
 skookum.org

- ◇ helps people with disabilities obtain and maintain jobs with employers that match their skills, interest and abilities

**Sound Works Job Center, Poulsbo**..... 360-779-1160  
 787 NW Liberty Rd, Poulsbo WA 98370

- ◇ non-profit employment services and resources, job listings

**Trillium**..... 360-698-6659  
 3501 Lowell St, Suite 101, Silverdale, WA 98383  
 trillium.org

- ◇ provides individualized employment services including job development, job coaching and retention services

**Vadis** ..... 360-516-6484  
 3100 NW Bucklin Hill Rd, Suite 220, Silverdale, WA 98383  
 vadis.org

- ◇ provides customized employment services including job development, job coaching and retention services
- ◇ contact: Deanna Wentz, Employment Services Manager

**Washington Initiative for Supported Employment**  
**WiSe**.....206-343-0881  
 gowise.org

- ◇ dedicated to expanding employment opportunities for people with

- developmental disabilities
- ◇ training, technical assistance, informational resources
- WorkSource**..... 360-337-4767
- TTY ..... 360-792-2179
- 1300 Sylvan Way, Bremerton, WA 98312
- kitsapgov.com
- ◇ job listings, career exploration and resume software, job skills workshops, career counseling

**FINANCIAL**

- Jones and Ibrahim, PLLC** ..... 206-405-3240
- 3513 NE 45th St., Suite 2E, Seattle WA 98105
- Seattledisabilitylaw.com
- ◇ estate planning for families with special needs children
- ◇ special needs trusts
- ◇ guardianship services, initially and ongoing reports to the court

**Developmental Disabilities**

- Endowment Trust Fund**..... 1-888-754-8798
- 2638 State Ave. NE, Olympia, WA 98506
- arcwa.org
- ◇ allows individuals with developmental disabilities and their families to set aside funds for future use without affecting their eligibility for government benefits and services

- Northwest Access Fund**..... 1-877428-5116
- nwaccessfund.org
- ◇ low interest loans for any type of assistive technology device or services, as well as vehicle and home modifications

- Plan to Work**..... 1-866-497-9443
- plantowork.org
- ◇ planning services for individuals with Social Security Disability benefits

- Security Financial Services**..... 360-874-7975
- 1307 Bay Street, Port Orchard, WA 98366
- ◇ Social Security representative payee services

**GOVERNMENTAL SUPPORTS**

- Department of Social and Health Services (DSHS),  
Community Services Office** .....360-473-2200
- 4710 Auto Center Blvd, Bremerton, WA 98312
- ◇ food stamps, financial and medical assistance ..... 877-501-2233
- ◇ licensed adult family homes, referrals ..... 360-473-2299

**DSHS, Adult Protective Services** ..... 1-877-734-6277  
Fax ..... 360-664-9103

- ◇ investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

**DSHS, Aging and Long Term Support Administration** ..... 360-725-2300  
Toll Free ..... 1-800-422-3263  
PO Box 45600, Olympia, WA 98504  
adsa.dshs.wa.gov

**DSHS, Division of Children and Family Services, Child Protective Services** ..... 360-475-3688  
Toll Free ..... 1-800-423-6246

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18

**DSHS, Developmental Disabilities Administration (DDA)** ..... 360-405-7800  
Toll Free ..... 1-800-735-6740  
4710 Auto Center Blvd., Bremerton, WA 98312  
dshs.wa.gov/dda

- ◇ intake, information and referral, case/resource management, residential, community and employment supports, eligibility assessments for personal care services

**DSHS, Division of Vocational Rehabilitation (DVR)** ..... 360-405-7810  
4710 Auto Center Blvd., Bremerton WA 98312  
dshs.wa.gov/dvr

- ◇ post high school assessment, education, placement, training, eligibility for services, referrals, case management, employment training and assistance

**DSHS, Health Care Authority** ..... 1-800-562-3022  
PO Box 45505, Olympia, WA 98504  
hrsa.dshs.wa.gov

**DSHS, Working Connections Childcare** ..... 360-473-2200  
4710 Auto Center Blvd., Bremerton, WA 98312  
del.wa.gov

- ◇ childcare subsidy for working parents
- ◇ contact agency for eligibility and program requirements

**Kitsap County Developmental Disabilities** ..... 360-337-4624  
614 Division St . MS-23, Port Orchard WA 98366

kitsapgov.com

- ◇ funding for day and employment programs; responsible for community plan; advocacy; coordination of services

**Social Security Administration** ..... 1-800-772-1213  
9594 Mickleberry Rd. NW, Silverdale, WA 98383  
socialsecurity.gov

- ◇ financial assistance; Social Security Income (SSI) disability and Social Security Disability Insurance (SSDI)

**Washington State Information** ..... 1-800-321-2808  
access.wa.gov

- ◇ provides number for any state agency in Washington State

## **HOUSING/LIVING ASSISTANCE**

**Bremerton Housing Authority** ..... 360-479-3694  
600 Park Ave, Bremerton WA 98310  
bremertonhousing.org

- ◇ applications for public housing, housing for people with disabilities, home ownership programs

**Catholic Social Services Benedict House,  
Single Men's Shelter** ..... 360-377-6136

- ◇ contact for eligibility requirements and available program services

**City of Bremerton**..... 360-473-5275  
ci.bremerton.wa.us

- ◇ down payment assistance program for first time, income eligible home buyers; home rehabilitation program
- ◇ contact program for eligibility requirements

**Communitas** ..... 360-377-7231  
920 Park Ave., Bremerton WA 98337  
communitas.org

- ◇ group homes, apartment programs, tenant support; recreational support, serves adults over 18 years of age

**Habitat for Humanity of Kitsap County** ..... 360-479-3853  
3559 Wheaton Way, Bremerton WA 98312  
kitsaphabitat.org

**Housing Kitsap**..... 360-535-6100  
2244 NW Bucklin Hill Rd., Silverdale 98383  
housingkitsap.org

- ◇ applications for public housing; housing for people with disabilities, home ownership programs

**Housing Resources Board (HRB)** ..... 206-842-1909  
PO Box 11391, Bainbridge Island, WA 98110

housingresourcesboard.org

- ◇ non-profit agency that provides low-income rental housing on Bainbridge Island
- ◇ independent living program that provides health and safety related home modifications
- ◇ home share program that matches folks with rooms to rent in their homes with those looking for lower cost housing.

**Kitsap Community Resources** ..... 360-377-0053  
1201 Park Ave., Bremerton WA 98337  
kcr.org

- ◇ housing assistance, transition housing, weatherization
- ◇ energy assistance, 479-1507

**Kitsap Residences**, Port Orchard ..... 360-876-1470  
2505 Mile Hill Drive, unit 201, Port Orchard, WA 98366  
kitsapresidences.org

- ◇ apartment programs, tenant support, community integration, recreational support for persons with developmental disabilities

**Kitsap Tenant Support Services (KTSS)** ..... 360-373-4173  
109 Olding Rd, Suite 100, Bremerton WA 98312  
kitsaphomecare.com

- ◇ assisted living alternatives, supported living assistance and recreational support for persons with developmental disabilities

**Low Income Energy Assistance (LEAP)**  
commerce.wa.gov

**Max Hale Center** ..... 360-792-2117  
285 5th Street, Bremerton WA 98337

- ◇ non-emergency, permanent housing for homeless and income-eligible persons

**St. Vincent De Paul** ..... 360-479-7017  
1137 North Callow, Bremerton WA 98312

- ◇ women's shelter, contact for eligibility requirements

**Washington Telephone Assistance Program**

- ◇ discounts on monthly services and connection fees
- ◇ contact your residential phone service provider for eligibility requirements

## **INFORMATION AND REFERRAL**

**Salish Regional Crisis Line** ..... 1-888-910-0416  
imhurting.org

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

**The Child Care and Action Council** ..... 360-786-8907  
ccacwa.org

- ◇ child care resource and referral

**Kitsap County Domestic Violence Task Force** ..... 360-479-5392  
PO Box 48, Bremerton, WA 98337

- ◇ education, information, and training on DV issues
- ◇ lending library, resource referrals

**Kitsap Regional Library** ..... 360-405-9100  
1301 Sylvan Way, Bremerton WA 98310  
krl.org

- ◇ local and national resource database

**Lutheran Community Services NW Navy EFM Respite Care** ..... 360-479-3489  
lcsnw.org

- ◇ respite care for active duty navy families with EMF children

**Senior Information and Assistance** ..... 360-337-5700  
1026 Sidney, Port Orchard, WA 98366

- ◇ information and referral for senior programs and services

**Peninsula 211** ..... 211  
win211.org

- ◇ community and state-wide information and referral assistance

**Washington PAVE** ..... 1-800-5-PARENT  
wapave.org  
6316 S 12th St., Tacoma WA 98465

- ◇ comprehensive listing of state and national phone numbers for many disabilities and disability issues

## **LEARNING DISABILITIES**

**Front Street Clinic** ..... 360-697-1141  
20174 Front St., PO Box 1611, Poulsbo WA 98370  
9431 Coppertop Loop, Suite D, Bainbridge Island WA 98110  
7382 Se View Park Rd., Port Orchard WA 983676  
frontstreetclinic.com

- ◇ testing for learning disabilities

**Hope Clinic** ..... 360-613-0181  
9633 Levin Rd NE, Suite 201, Silverdale WA 98383  
hopecliniconline.com

- ◇ free testing for learning disabilities

**Learning Disabilities Association  
of Washington** .....425-882-0820  
ldawa.org

- ◇ referrals to individual physicians (no recommendations or endorsements), information

**Learning Disabilities Online**  
ldonline.org

- ◇ web-based information and resource site related to learning disabilities

**LEGAL**

**Crime Victim Assistance Center** ..... 360-874-8270  
◇ free advocacy service for victims/survivors of robbery, assault, abuse, fraud and other crimes

**Derifield Law Office** ..... 206-226-6891  
P.O. Box 1459, Poulsbo WA 98370  
derifieldlaw.com  
info@derifieldlaw.com

- ◇ assists clients in obtaining SSDI, SSI and child's disability benefits

**Developmental Disabilities  
Endowment Trust Fund** ..... 1-888-754-8798  
arcwa.org

- ◇ special needs trust accounts for individuals with developmental disabilities
- ◇ state matching funds available

**Disability Rights Washington**..... 1-800-562-2702  
TTY..... 1-800-905-0209  
disabilityrightswa.org  
info@dr-wa.org

- ◇ legal and information services

**Dispute Resolution Center of  
of Kitsap County**..... 360-698-0968  
9004 Washington Ave., Silverdale, WA 98383  
kitsapdrc.org

- ◇ mediation and conciliation, and problem-solving services

**Jones and Ibrahim, PLLC** ..... 206-405-3240  
3513 NE 45th St., Suite 2E, Seattle WA 98105  
Seattledisabilitylaw.com

- ◇ estate planning for families with special needs children
- ◇ special needs trusts
- ◇ guardianship services, initially and ongoing reports to the court

**Kitsap Legal Services** ..... 360-479-6125  
920 Park Avenue, Bremerton 98337  
kitsaplegalservices.org

- ◇ legal referral, works in conjunction with the NW Justice Project

**NW Justice Project, CLEAR Hotline** ..... 1-888-201-1012  
TTY ..... 1-888-201-1014  
nwjustice.org

- ◇ free legal referral and information services

**U.S. Dept. of Housing and Urban Development,  
Fair Housing Enforcement**..... 1-800-669-9777  
TDD..... 1-800-927-9275  
909 First Ave., Suite 205, Seattle, WA 98104-1000  
hud.gov/local

- ◇ handles complaints related to housing discrimination

**U.S. Dept. of Justice, Equal Employment  
Opportunity Commission (EEOC)** ... 1-800-669-4000  
TTY ..... 1-800-669-6820  
eeoc.gov

- ◇ interprets and enforces employment regulations of the ADA

**Washington Lawhelp**  
washingtonlawhelp.org

- ◇ web-based legal information site

**YWCA, Bremerton/Port Orchard** ..... 360-479-0522  
905 Pacific Ave, Bremerton WA 98337  
ywcakitsap.org

- ◇ legal and family advocacy

**MEDICAL/DENTAL**

**Directory of Dentists for Children with Developmental or  
Special Needs**  
Wsda.org/special-needs-directory

**HealthCare for Workers  
with Disabilities (HWD)** ..... 1-800-871-9275  
dshs.wa.gov

- ◇ medical state program that allows workers with disabilities to purchase Medicaid coverage

**Kitsap Public Health District** ..... 360-728-2235  
345 6th St., Suite 300, Bremerton, WA 98337  
kitsappublichealth.org

- ◇ immunization, public health nurse, children with special health care needs

**Kitsap County Medical Society** ..... 360-698-2928  
kcmmedical.org

- ◇ county-wide referral line to Kitsap County physicians, grievance committee, mediation services

**ABC Dental** ..... 360-373-3487  
4207 Wheaton Way, Suite C, Bremerton, WA 98310

- ◇ accepts Medicaid coupons

**Peninsula Community Health Services** ..... 360-377-3776  
616 6th Street, Bremerton WA 98337  
320 S Kitsap Blvd., Port Orchard WA 98366  
19917 7th Ave, Suite 205, Poulsbo WA 98370  
pchsweb.org

- ◇ medical/assistance, dental services for children under 19 (at the Bremerton clinic only), sliding fee schedule

**Sexual Assault Nurse Examiner (S.A.N.E.)**

24 Hr. On-Call Service..... 360-744-6710

Non-urgent ..... 360-744-6617

Harrison Medical Center, 2520 Cherry, Bremerton, WA 98310

- ◇ medical services, assistance and exams to victims of sexual assault

**Washington Apple Health for Kids** ..... 1-800-562-3022  
wahealthplanfinder.org

- ◇ a Washington State initiative aimed at streamlining applications for children’s medical insurance
- ◇ administered locally by the Kitsap County Health District

**University of Washington, DECODE Clinic** ... 206-543-4619  
dental.washington.edu

- ◇ dental treatment, prevention and rehabilitation for persons with disabilities

**Vision USA** ..... 1-800-766-4466  
aoa.org

visionusa@aoa.org

- ◇ free eye exam to qualified applicants

**MENTAL/BEHAVIORAL HEALTH SERVICES/**  
**SUPPORTS**

**Autism and Behavior Consulting** ..... 360-731-7728  
autismandbehaviorconsulting.com

- ◇ consulting and intervention for those facing Autism Spectrum Disorder
- ◇ TriWest, ECHO provider

**Bridges Mental Health Ombuds Service**..... 360-692-1582  
9004 Washington Ave NW, Silverdale, WA 98383  
ombuds@kitsapdr.org  
kitsapdr.org

- ◇ advocacy for persons who are receiving or eligible to receive publicly funded mental health services

**Courage to Heal Counseling Services**..... 360-779-4880  
18732 Ness Pl NE, Poulsbo, WA 98370

- ◇ serves children and adults, sliding fee scale

**Salish Regional Crisis Line**.....1-888-910-0416  
imhurting.org

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

**Division of Behavioral Health and Recovery**  
dshs.wa.gov/dbhr

**Olympic Peninsula Autism Center**.....360-337-2222  
3100 NW Bucklin Hill Rd Ste 215, Silverdale, WA 98383  
easterseals.com/washington

- ◇ provides Applied Behavioral Analysis (ABA) services to support children birth to age 18 with Autism Spectrum Disorder

**Lou-Ann Lauborough, LICSW** ..... 360-876-5483  
8987 McConnell Ave. NW, Silverdale, WA 98383  
1730 Pottery Ave, Suite 120, Port Orchard, WA 98366  
lauborough-counseling.com

- ◇ counseling and consultation services for individuals with developmental disabilities

**Kitsap Mental Health**  
5455 Almira Dr. NE, Bremerton, WA 98312  
kitsapmentalhelath.org

Intake/Access..... 360-405-4010  
Children and Family Services ..... 360-479-4994  
Adult Services ..... 360-373-7049  
Emergency Crisis Services.....1-888-910-0416

- ◇ comprehensive mental health services

**Kitsap Sexual Assault Center** ..... 360-876-3282  
**Crisis/Support 24 hr. Hotline**.....1-866-831-2050  
P.O. Box 1936, Port Orchard, WA 98366

- ◇ information, crisis intervention, counseling, support groups, legal and medical advocacy

**Magnolia Behavioral Therapy**.....206-453-4882  
magnoliabehaviortherapy.com

- ◇ provides ABA therapy

**NAMI, Kitsap County** ..... 360-377-2910  
 info@namikitsap.org

- ◇ affiliate of National Alliance for the Mentally Ill
- ◇ advocacy, education, information and referral
- ◇ support groups, call for meeting times and location

**Salish Behavioral Health Organization**..... 360-337-7050  
 Toll Free ..... 1-800-525-5637  
 614 Division St., MS-23, Port Orchard, WA 98366

- ◇ plans and administers state funded programs for children and adults with persistent and severe mental illness in Kitsap, Jefferson and Clallam counties

**YWCA, Bremerton/Port Orchard** ..... 360-479-0522  
 ALIVE, 24 Hr. Hotline.....1-800-500-5513  
 Bainbridge Island/North Kitsap ..... 206-780-2931  
 P.O. Box 559, Bremerton, WA 98337  
 ywcakitsap.org

- ◇ ALIVE shelter for women and children who are victims of domestic violence
- ◇ legal advocacy, support groups and youth services

**MILITARY SUPPORTS**

**Building 9 for Veterans Service Center** ..... 360-895-4346  
 Toll Free ..... 1-800-562-2308  
 1141 Beach Drive East, Bldg 9, Retsil WA 98378

- ◇ advocates for securing veteran benefits

**Disabled American Veterans, Chapter 5** ..... 360-373-2397  
 2315 Burwell Street, Bremerton WA 98312

- ◇ resources, information and assistance for veterans

**Kitsap County Parent Coalition** ..... 360-373-2502  
 easterseals.com/washington

- ◇ information and referral for military programs and services

**Madigan Army Medical Center** ..... 253-968-1110  
 Bldg 9040 Fitzsimmons Drive, Tacoma, WA 98431  
 mamc.amedd.army.mil

**Naval Hospital Bremerton** ..... 360-475-4000  
 Toll Free ..... 1-800-422-1383  
 Exceptional Family Member Program.....360-475-4215  
 Social Work Department..... 360-475-4541

**Navy Relief Society Naval Base Kitsap Bremerton**.....360-672-2187

- ◇ family assistance, interest free loans/grants for emergency needs to active duty and retired navy/marine corps families/dependents

**Navy Sexual Assault Prevention and Response**

**(SAPR)**.....360-340-7037  
 sharlyne.hays@navy.mil

- ◇ advocacy, information, referral and counseling
- ◇ assistance with obtaining civilian and military protective orders

**Specialized Training for Military Parents, PAVE/STOMP**

(V/TDD)..... 253-565-2266  
 Toll Free..... 1-800-572-7368  
 wapave.org

**West Sound Fleet and Family**

**Support Centers**.....1-866-854-0638  
 kitsap.navylife.com

- ◇ general social services for families or Navy personnel

**PERSONAL/RESPIRE CARE**

**Alta Vista Integrated Life Services**.....360-355-8969

1950 Pottery Ave, Suite124, Port Orchard WA 98366  
 altavistalife.com

- ◇ DDA contracted respite provider

**Bainbridge Island Special Needs Foundation,**

**Stephens House**..... 206-780-1211

191 Winslow Way, Bainbridge Island, WA 98110  
 bispecialneedsfoundation.org

- ◇ day program facility for young adults with developmental disabilities that focuses on life-enhancing activities while providing respite for care-givers
- ◇ DSHS licensed respite care provider

**Care Plus Home Health**..... ..360-373-8016

1905 Pottery Ave, Suite 60, Port Orchard, WA 98366  
 mycareplus.com

- ◇ non-medical in-home personal care supports and respite services for children/adults with disabilities; non-medical personal care supports to the elderly, nursing services available

**Caregiver Support Ctr/Caregiver Respite**..... 360-337-5700

Toll Free..... 1-800-562-6418  
 9729 Silverdale Way, Silverdale, WA 98383

- ◇ respite provided to informal, unpaid caregivers, contact program for eligibility criteria
- ◇ resource library, counseling, information and referral

**Catholic Community Services**..... 360-792-2020  
285 Fifth St., Bremerton, WA 98337  
ccsww.org

- ◇ long-term home care services, volunteer chore services and foster grandparents program

**CM and CS Services** ..... 360-874-4404  
cmandcsservices.com

- ◇ community guide, community engagement and respite services

**Communitas** ..... 360-377-7231  
920 Park Ave., Bremerton, WA 98337  
communitas.org

- ◇ non-medical in-home personal care supports to adults with disabilities

**Easterseals WA Gateway Adult Services** ..... 360-377-9810  
easterseals.com/Washington  
4414 Perry Ave NE Bremerton, WA 98310

- ◇ provides respite services in a community setting

**Kitsap Applied Technologies**.....360-377-5454  
4195 Wheaton Way, Bremerton WA 98310  
katkitsap.org

- ◇ provides adult respite services for persons with developmental disabilities

**Kitsap Home Care Services**..... 360-377-7307  
109 Olding Rd, Bremerton, WA 98312  
kitsaphomecare.com

- ◇ non-medical personal care and respite services available to the elderly, children and adults with disabilities

**Lutheran Community Services NW**..... 360-377-5511  
Toll Free ..... 1-800-378-5771  
645 4th St, Suite 202, Bremerton, WA 98337  
lcsnw.org

- ◇ non-medical in-home personal care supports to the elderly and adults with disabilities

**Martha and Mary at Home**  
Port Orchard.....360-871-4425  
Bainbridge Island..... 206-842-4527  
marthaandmary.org/home-care

- ◇ provides in-home care to adults and seniors

**PROTECTION/SUPPORTS**

**DSHS, Adult Protective Services** .....1-877-734-6277

TTY ..... 1-800-688-1169  
Fax ..... 360-664-9103

- ◇ investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

**DSHS, Division of Children and Family Services,  
Child Protective Services** ..... 360-475-3688  
Toll Free ..... 1-800-423-6246

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18

**Disability Rights Washington** ..... 1-800-562-2702  
disabilityrightswa.org

- ◇ protection and advocacy for individuals with disabilities and /or mental illness

**Washington State Office of Long Term Care  
Ombudsman Program V/TTY** ..... 1-800-562-6028  
waombudsman.org

- ◇ protection/advocacy for individuals living in boarding homes, adult family homes, IMR's, congregate care facilities, nursing homes
- ◇ Kitsap County Ombuds 360-337-5714

**Washington State Office of the Family and Children  
Ombudsman** ..... 1-800-571-7321  
governor.wa.gov/ofco

- ◇ investigates complaints about an agency action or failure to act in cases involving any child at risk of abuse or neglect; a child or family involved with child protection or child welfare services

## **RECREATION/LEISURE**

**Arc of Kitsap/Jefferson County** ..... 360-377-3473  
3243 N Perry Ave., Bremerton WA 98310  
penarc.org

- ◇ Friday night dance/social for people with disabilities, classes

**Bainbridge Island Park and Recreation** ..... 206-842-2306  
biparks.org

- ◇ classes, recreational activities

**Bainbridge Island Special Needs Foundation,  
Stephens House** ..... 206-780-1211  
191 Winslow Way, Bainbridge Island, WA 98110  
bispecialneedsfoundation.org

- ◇ day program facility for young adults with developmental disabilities that focuses on life-enhancing activities while

providing respite for care-givers

**Bremerton Parks and Recreation** ..... 360-473-5305  
ci.bremerton.wa.us

- ◇ classes, recreational activities
- ◇ summer program integrating children with and without disabilities

**CM and CS Services** ..... 360-874-4404  
cmandcsservices.com

- ◇ community guide, community engagement and respite services

**Easter Seals Washington,  
Camp Stand By Me** ..... 253-884-2722  
17809 Vaughn Rd. KPN, Vaughn, WA 98394-0313  
easterseals.com/washington

- ◇ Camping and recreation

**Island Time Activities** ..... 206-212-0145  
islandtimeactivities.org

- ◇ provides supported recreational activities on Bainbridge Island for people with developmental disabilities

**Outdoors for All** ..... 206-838-6030  
outdoorsforall.org

- ◇ year-round recreational activities

**Poulsbo Parks and Recreation** ..... 360-779-9898  
19540 Front Street, Poulsbo, WA 98370  
cityofpoulsbo.com/parks

- ◇ classes and recreational activities

**Special Olympics** ..... 206-362-4949  
specialolympicswashington.org

- ◇ ongoing participation in sporting events

**YMCA, Bremerton** ..... 360-377-3741  
2261 Homer James Dr., Bremerton, WA 98310  
ymcapkc.org

- ◇ variety of recreation and sports activities, membership assistance available

**YMCA, Silverdale** ..... 360-698-9622  
3909 NW Randall Way, Silverdale, WA 98383  
ymcapkc.org

- ◇ recreational and sports activities, membership assistance available

**SERVICES FOR CHILDREN**  
**WITH SPECIAL NEEDS**

**Arc of Kitsap/Jefferson County** ..... 360-377-3473

3243 N Perry Ave., Bremerton WA 98310  
penarc.org

**Answers for Special Kids Line (ASK)**..... 1-847-607-1612  
answersforspecialkids.org

- ◇ assists families with children who have special needs locate local and state resources

**DSHS, Developmental Disabilities**

**Administration** ..... 360-405-7802  
4710 Auto Center Blvd., Bremerton WA 98312  
dshs.wa.gov/dda

**Easter Seals Washington** ..... 1-800-678-5708  
TDD ..... 206-281-5700  
easterseals.com/washington

**Holly Ridge Center**

**Infant Toddler Program** ..... 360-373-2536  
Toll Free ..... 1-800-449-1660  
5112 NW Taylor Rd., Bremerton WA 98312  
hollyridge.org  
itp@hollyridge.org

- ◇ birth to three neurodevelopment clinic and pre-school serving children and families with special needs

**Kitsap Community Resources**

**Head Start/ECEAP** ..... 360-473-2075  
1201 Park Ave., Bremerton WA 98337  
kcr.org

- ◇ countywide full day headstart and daycare
- ◇ wrap-around program option

**Kitsap County**

**Family Resource Coordination** ..... 360-373-2536  
Toll Free ..... 1-800-449-1660  
5112 NW Taylor Rd. , Bremerton, WA 98312  
kitsapicc.org  
frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

**Kitsap Public Health District**..... 360-337-5235  
kitsappublichealth.org

- ◇ offers parent/child health services

**Olympic ESD 114 Head Start/ECEAP** ..... 360-478-6889  
Fax ..... 360-405-5808  
105 National Ave. N, Bremerton WA 98312

**Paratransit Services**..... 1-800-933-3468

paratransit.net

4810 Auto Center Way, Suite Z, Bremerton WA 98312

**Port Gamble S'Kallam Tribe, front desk**..... 360-297-2646

Health Clinic ..... 360-297-2840

pgst.nsn.us

31912 Little Boston road NE, Kingston WA 98346

- ◇ early childhood programs, early headstart infant/toddler services
- ◇ headstart pre-school, extended day child care

**Seattle Children's Autism Center**..... 206-987-8080

seattlechildrens.org/clinics-programs

- ◇ assessment, diagnosis, treatment and support

**Specialized Training for Military**

**Parents, PAVE/STOMP (V/TDD)**..... 253-565-2266

Toll Free ..... 1-800-572-7368

wapave.org

**Shriner's Hospital for Children,**

shrinershq.org

National Information ..... 1-800-237-5055

Portland ..... 503-241-5090

Spokane ..... 509-455-7844

**UW Autism Center**.....206-221-6806

- ◇ evaluation, treatment, training and research

**UW Center on Human Development & Disability (CHDD)**

depts.washington.edu/chdd

**Washington Apple Health for Kids**.....1-800-562-3022

wahealthplanfinder.org

- ◇ a Washington State initiative aimed at streamlining applications for children's medical insurance
- ◇ administered locally by the Kitsap County Health District

**Washington Elks Therapy** ..... 1-800-825-3557

waelks.net

- ◇ children's occupational and physical therapy services

**WA PAVE** ..... 253-565-2266

Toll Free ..... 1-800-572-7368

wapave.org

- ◇ facilitates programs for families of children with special needs

**Washington Sensory Disability Services**.....360-947-3297

wsdsonline.org

- ◇ assists children who are deaf or hard of hearing, blind or visually impaired, or deaf-blind, by providing training and other support to families and service providers

## **SUPPORTS (General Community)**

**Agape Unlimited**..... 360-373-1529  
4841 Auto Center Way, Bremerton WA 98312  
agapekitsap.org

- ◇ state-certified chemical dependency out-patient treatment facility
- ◇ on-site child care
- ◇ transitional housing
- ◇ everything from intensive out-patient counseling to after care

**Caregiver Support Center and  
Caregiver Respite** ..... 360-337-5700  
Toll Free ..... 1-800-562-6418  
9729 Silverdale Way, Silverdale, WA 98383  
kitsapgov.com/altc

- ◇ resource library, counseling, information and referral

**Kitsap Adult Center for Education** ..... 360-373-1539  
616 5th St., Bremerton WA 98337

- ◇ individual tutoring in reading skills
- ◇ computer labs, year round GED preparation classes, ESL

**Kitsap Recovery Center** ..... 360-337-4625  
Outpatient Services: 1026 Sidney Rd, Port Orchard, WA 98366  
Inpatient and Detox: 661 Taylor Street, Port Orchard, WA 98366

- ◇ substance abuse in-patient services
- ◇ outpatient services, detox

**Lutheran Community Services NW** ..... 360-377-5511  
Toll Free ..... 1-800-378-5771  
645 4th St., Suite 202, Bremerton WA 98337  
lcsnw.org

- ◇ respite services for caregivers, home care

**The Parenting Place** ..... 360-473-2134  
1201 Park Ave., Bremerton, WA 98337  
kcr.org

- ◇ parenting classes

**West Sound Treatment Center** ..... 360-876-9430  
1415 Lumsdem Road, Port Orchard WA 98366  
westsoundtreatmentcenter.org

- ◇ out-patient substance abuse program

**YWCA**, Bremerton/Port Orchard ..... 360-479-0522  
 ALIVE, 24 Hr. Hotline ..... 1-800-500-5513  
 Bainbridge Island/North Kitsap ..... 206-780-2931  
 P.O. Box 559, Bremerton, WA 98337

- ◇ ALIVE shelter for women and children who are victims of domestic violence
- ◇ legal advocacy, support groups and youth services

## **TECHNOLOGY/LITERATURE**

**AbleNet, Inc** ..... 1-800-322-0956  
 ablenetinc.com  
 accessibility@apple.com

- ◇ products and services for people with disabilities

**Apple Computer, Inc** ..... 1-800-767-2775  
 apple.com/accessibility

- ◇ innovative solutions for people with disabilities

**Brookes Publishing** ..... 1-800-638-3775  
 brookespublishing.com

- ◇ resource for texts, videos, guidebooks, curricula and tools based on research in disabilities, child development and education

**Center for Applied  
 Special Technology** ..... 781-245-2212  
 TTY ..... 781-245-9320  
 cast.org

**Enabling Devices** ..... 1-800-832-8697  
 enablingdevices.com

**Harris Communication** ..... 1-800-825-6758  
 TTY ..... 1-800-825-9187  
 harriscomm.com

- ◇ products for deaf and hard of hearing

**Hearing, Speech and Deafness Center (HSDC)**  
 Seattle ..... 1-888-222-5036  
 Tacoma ..... 1-866-421-5560  
 hsdc.org

- ◇ communication devices for the deaf and hard of hearing
- ◇ ALD for conferences and meetings

**Job Accommodation Network** ..... 1-800-526-7234  
 askjan.org

- ◇ information on adaptive devices, accommodations and ADA for the

workplace

**Northwest Access Fund**.....206-328-5116  
nwaccessfund.org

- ◇ provides assistive technology loans for Washington residents

**Washington Assistive  
Technology Act Program**..... 1-800-214-8731  
(TTY)..... 1-866-866-0162  
watap.org

- ◇ research, education, and advocacy related to assistive technology and accessible information systems

## TRANSPORTATION

**Angel Flight West**..... 1-888-426-2643  
angelflightwest.org

- ◇ plane ride to and from medical visits for people in need

**Around the Sound  
Transportation Specialist**..... 253-858-7088  
atstrans.org

- ◇ door to door service, wheelchair accessible vehicles
- ◇ Medicaid, private pay, group trips and excursion services available
- ◇ serves Kitsap, Jefferson, Clallam, King, Pierce and Mason counties

**Kitsap Transit**..... 360-377-2877  
Toll Free ..... 1-800-501-7433  
kitsaptransit.org  
60 Washington Ave, Suite 200, Bremerton, WA 98337

**Kitsap Transit Access**  
Reservations ..... 360-479-7272  
kitsaptransit.org  
60 Washington Ave, Suite 200, Bremerton, WA 98337

- ◇ door-to-door bus service for individuals with disabilities, at discount rates; monthly bus passes

**Paratransit Services**..... 1-800-933-3468  
4810 Auto Center Way, Suite Z, Bremerton WA 98312  
paratransit.net

- ◇ door-to-door wheelchair and special needs transportation

## VOLUNTEERS

**Lutheran Community Services NW** ..... 360-377-5511  
Toll Free ..... 1-800-378-5771

645 4th St., Suite 202, Bremerton WA 98337  
lcsnw.org

- ◇ RSVP—senior volunteers, 55 and over
- ◇ senior outreach services/adult day care

**Volunteer Action Center, United Way**.....360-377-8505  
647 4th St., Bremerton WA 98337  
unitedwaykitsap.org

**Volunteer Chore Service** ..... 360-405-0072  
Toll Free ..... 1-866-246-3642  
2525 6th St, Suite D, Bremerton WA 98337  
ccsww.org

- ◇ assists low-income elderly and disabled in their homes
- ◇ provides services such as house cleaning, transportation, yard care, home repair, etc.

## **WASHINGTON STATE/NATIONAL ADVOCACY/DISABILITY SUPPORT**

**Alexander Graham Bell Association  
For the Deaf and Hard of Hearing**..... 202-337-5220  
TTY ..... 202-337-5221  
agbell.org

**American Association on Intellectual and Developmental  
Disabilities** .....202-387-1968  
aamr.org

**American Council of the Blind**  
National Office..... 1-800-424-8666  
acb.org

**American Speech-Language-Hearing Association  
Action Center**..... 1-800-638-8255  
asha.org

**Arc of the United States** ..... 1-800-433-5255  
thearc.org

**Arc of Washington State** ..... 360-357-5596  
Toll Free .....1-888-754-8798  
2638 State Ave NE, Olympia, WA 98506  
arcwa.org

**Association of People Supporting Employment First  
(APSE)**..... 301-279-0060  
apse.org

**Autistic Self Advocacy Network (ASAN)**

autisticadvocacy.org

**Autism Society of America** ..... 1-800-328-8476  
autism-society.org

**Autism Society of Washington** ..... 1-888-279-4968  
autismsocietyofwa.org

## Basic Food

foodhelp.wa.gov

- ◇ Monthly benefits to help low-income individuals and families buy food.

## Batten's Disease Support Research Association

Toll Free ..... 1-800-448-4570  
bdsra.org

**Boys Town, National Research Hospital** ..... 402-498-6511  
TTY ..... 402-498-6543  
boystownhospital.org  
babyhearing.org

**Brain Injury Association** ..... 1-800-444-6443  
biausa.org

**Brain Injury Association of WA** ..... 1-877-982-4292  
biawa.org  
316 Broadway, Suite 305, Seattle WA, 98122

**Children's Tumor Foundation** ..... 1-800-323-7938  
ctf.org

**Cleft Palate Foundation** ..... 1-800-242-5338  
cleftline.org

**Cornelia de Lange Syndrome  
Foundation** ..... 1-800-223-8355  
cdlsusa.org

**Cystic Fibrosis Foundation** ..... 1-800-344-4823  
cff.org

**Described Caption and  
Media Program** ..... 1-800-237-6213  
TTY ..... 1-800-237-6819  
dcmp.org

**Devereux Foundation** ..... 1-800-345-1292  
devereux.org

**Disability Rights Washington** ..... 1-800-562-2702  
315 5th Ave. S., Suite 850, Seattle, WA 98104  
disabilityrightswa.org

◇ advocacy, legal information

**Epilepsy Foundation Northwest** .....206-547-4551  
Toll Free..... 1-800-752-3509  
2311 N 45th St, #134, Seattle, WA 98103-6905  
epilepsynw.org

**Family to Family**

**Health Information Center**.....1-800-572-7368  
familyvoices.org

◇ information and referral about special health care needs and insurance

**Genetic Counseling**

- ◇ Children's Hospital & Medical Centers, Seattle....1-866-987-2000  
(ask for genetic counseling dept.) seattlechildrens.org
- ◇ University Hospital, Seattle.....206-598-3300  
(ask for genetic counseling dept.) uwmedicine.org
- ◇ Mary Bridge Children's Hospital, Tacoma.....253-403-4473  
(ask for genetic counseling dept.), multicare.org

**Go.to.college.org**.....1-800-828-1851

**Governor's Committee on Disability Issues  
and Employment** .....360-725-9509  
PO Box 9046, Olympia, WA 98507-9046

**HIV and AIDS Hotline**..... 1-800-458-5231  
TTY..... 1-800-243-7012  
cdcnpin.org

**Human Growth Foundation**..... 1-800-451-6434  
hgfound.org

**Hydrocephalus Association**..... 1-888-598-3789  
hydroassoc.org

**International Association  
of Assistance Dog Partners**.....586-826-3938  
iaadp.org

**International Rett Syndrome Foundation**  
Information and Resources ..... 1-800-818-7388  
rettsyndrome.org

**Job Accommodation Network** ..... 1-800-526-7234  
askjan.org

◇ information on adaptive devices, accommodations, ADA for the workplace

**Journey: A Grief Support Program**..... 206-987-2062

seattlechildrens.org/clinics-programs/grief-and-loss

◇ Social Work Department, Children's Hospital and Medical Center

**Learning Disabilities Association (LDA) of WA**

Information and Referral.....425-882-0820  
ldawa.org

**Lyme Foundation**

Info Hotline ..... 1-860-870-0070  
lyme.org

**March of Dimes Birth Defects**

**Foundation**..... 1-206-624-1373  
1904 3rd, Suite 230, Seattle WA 98101  
marchofdimes.com/washington

**National Association for Parents of Children**

**with Visual Impairments**..... 1-800-284-4422  
spedex.com/napvi

**National Center for Stuttering** ..... 1-800-221-2483  
stuttering.com

**National Down Syndrome Congress** ..... 1-800-232-6372  
ndsccenter.org

**National Down Syndrome Society** ..... 1-800-221-4602  
ndss.org

**National Easter Seal Society, Inc** ..... 1-800-221-6827  
easterseals.com

**National Institute of Health**..... 301-496-4000  
nih.gov

**National Institute of Neurological**

**Disorders and Stroke** ..... 1-800-352-9424  
ninds.nih.gov

**National Multiple Sclerosis Society** ..... 1-800-344-4867  
192 Nickerson Suite 100, Seattle WA 98109  
nmss.org

**National Organization for Albinism** ..... 1-800-473-2310  
albinism.org

**National Organization for**

**Rare Disorders, Inc**.....203-744-0100  
rarediseases.org

**National Organization**

**on Fetal Alcohol Syndrome** ..... 1-800-666-6327

nofas.org

**National Rehabilitation Information**

**Center**..... 1-800-346-2742

**TTY** ..... 301-459-5984

naric.com

**National Reyes Syndrome Foundation**..... 1-800-233-7393

reyessyndrome.org

**National Spinal Cord Injury Association**

**National Office**..... 1-718-803-3782

spinalcord.org

**National Tuberosus**

**Sclerosis Alliance**..... 1-800-225-6872

tsalliance.org

**People First of WA**..... 1-800-758-1123

peoplefirstofwashington.org

- ◇ statewide self-advocacy organization run by and for individuals with developmental and other disabilities

**Retinitis Pigmentosa Association**..... 1-818-992-0500

rpinternational.org

**Self Advocates of Washington**

**Kitsap County**..... 253-571-8665

P.O. Box 6513, Tacoma WA 98464

wearesaw.org

- ◇ self-advocacy groups for people with developmental disabilities
- ◇ contact: Shannon Carlson

**Self Advocates in Leadership (SAIL)**..... 1-888-754-8798

sailcoalition.org

- ◇ a coalition of people with developmental disabilities shaping public policy

**Sickle Cell Disease**

**Association of America** ..... 1-800-421-8453

sicklecelldisease.org

**The Stuttering Foundation**..... 1-800-992-9392

stutteringhelp.org

**TASH** ..... 202-540-9020

tash.org

- ◇ international membership association promoting equity, opportunity and inclusion for people with developmental disabilities

**Tourettes Syndrome Association** ..... 718-224-2999

tsa-usa.org

**Trips, Inc**..... 1-800-686-1013

tripsinc.com

- ◇ all inclusive vacation packages for travelers with developmental disabilities

**U.S. Department of Justice,**

**ADA Homepage** ..... 1-800-514-0301

TTY ..... 1-800-514-0383

ada.gov

**U.S. Department of Justice,**

**Equal Employment Opportunity Commission,**

**(EEOC)**..... 1-800-669-4000

TTY ..... 1-800-669-6820

eeoc.gov

- ◇ interprets and enforces employment regulations of the ADA

**U.S. Department of Labor**..... 1-866-633-7365

dsability.gov

- ◇ Information to promote an inclusive workforce and increase employment opportunities for people with disabilities.

**Washington Assistive Technology Act Program (WATAP)**

watap.org

- ◇ resources and expertise to obtain the technology and related services needed for employment , education and independent living

**Washington Department of**

**Services for the Blind**..... 1-800-552-7103

dsb.wa.gov

- ◇ vocational rehabilitation, training, independent living program, assistive technology training, family services

**Washington PAVE**..... 253-565-2266

Toll Free ..... 1-800-572-7368

6316 S. 12th St., Tacoma WA 98465

wapave.org

pave@wapave.org

- ◇ support for parents of children with special needs
- ◇ parent training program

**Washington Prescription Drug**

**Discount Card**..... 1-800-913-4146

hca.wa.gov/pdp

**Washington Sensory Disabilities Services**

(V/TTY)..... 1-800-572-7000

[wdsd@psed.org](mailto:wdsd@psed.org)

[wdsdsonline.org](http://wdsdsonline.org)

- ◇ deaf/hard of hearing, blind/visually impaired, deaf/blind

**Washington State Developmental**

**Disabilities Council** ..... 1-800-634-4473

[ddc.wa.gov](http://ddc.wa.gov)

2600 Martin Way, Suite F, Olympia WA 98504-8314

- ◇ legislative information, grants, education

**Washington State Father's Network** ..... 425-653-4286

[fathersnetwork.org](http://fathersnetwork.org)

- ◇ support, information, resources for fathers of children with special health care needs and/or developmental disabilities

**Washington State Legislative Hotline** ..... 1-800-562-6000

P O Box 40600, Olympia, WA 98504

[leg.wa.gov](http://leg.wa.gov)

**Washington Talking Book**

**and Braille Library** ..... 1-800-542-0866

[wtbbl.org](http://wtbbl.org)

2021 9th Avenue, Seattle WA 98121

- ◇ serves the entire state

**Within Reach/Parent Help 123**

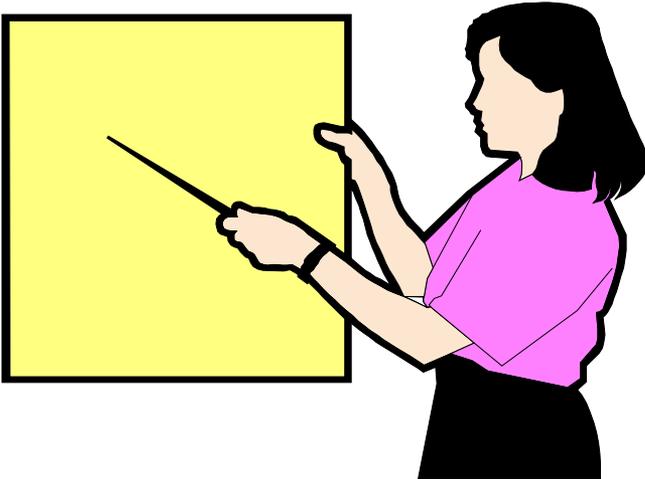
[withinreach.org](http://withinreach.org) and [parenthelp123.org](http://parenthelp123.org)

- ◇ a family-friendly clearinghouse, connecting families to resources, benefits and services.





# The ABC's of DD



*A listing of  
frequently used  
Acronyms and Phrases*

## ACRONYMS

### **A A A A ...**

AAMC	Association of American Medical Clinics
AAMC	Association of American Medical Colleges
AAPCC	Adjusted Average Per Capita Cost
AAMD	American Association of Mental Development
AAPS	American Association of Physicians and Surgeons
AASA	Aging and Adult Services Administration
ACCH	Association for the Care of Children's Health
ACHS	Association of Counties of Human Services
ADA	American Dental Association
ADA	American Dietetic Association
ADA	Americans with Disabilities Act
ADD	Attention Deficit Disorder
ADHD	Attention Deficit-Hyperactive Disorder
ADL	Activities of Daily Living
AES	Adult Employment Service
AGPA	American Group Practice Association
AHA	American Hospital Association
AHCPR	Agency for Health Care Policy and Research
AHEC	American Health Education Center
AIDS	Acquired Immune Deficiency Syndrome
ALIVE	Alternatives to Living in a Violent Environment
AMA	American Medical Association
ANA	American Nurses Association
ANHA	American Nursing Homes Association
AOA	American Optometric Association
AOA	American Osteopathic Association
APA	Administrative Procedures Act
APA	American Pharmaceutical Association
APHA	American Protestant Hospital Association
APHA	American Public Health Association
APS	Adult Protective Services
ARC	Advocacy for the Rights of Citizens with Disabilities
ARNP	Advanced Registered Nurse Practitioner
ASHA	American Speech and Hearing Association
ASTHO	Association of State and Territorial Health Officials

**B B B B ...**

BARS	Budgeting, Accounting and Reporting System— <i>DSHS accounting code</i>
BCA	Blue Cross Association
BD	Behaviorally Disabled
BHP	Basic Health Plan
BHP/Plus	Basic Health Plan for eligible children
BIA	Bureau of Indian Affairs

**CC C c ...**

CA	Comprehensive Assessment
CACFP	Child and Adult Care Food Program
CAP	Community Action Program ( <i>Department of Community Development</i> )
CAP	Client Assistance Program ( <i>Division of Vocational Rehabilitation</i> )
CAT	Computerized Axial Tomography
CBO	Congressional Budget Office
CBVA	Curriculum-Based Vocational Assessment
CCF	Congregate Care Facility
CCHP	Consumer Choice Health Plan
CCR&R	Child Care Resource and Referral
CCS	Catholic Community Services
CCU	Coronary Care Unit
CD	Communication Disorders
CDC	Centers for Disease Control and Prevention
CDS	Communication Disorders Specialist— <i>now SLP</i>
CEC	Council for Exceptional Children
CFC	Combined Federal Campaign
CFR	Code of Federal Regulations
CHADD	Children and Adults with Attention Deficit Disorder
CHAMPUS	Civilian Health and Medical Program of the Uniformed Services
CHAP	Children Have a Potential ( <i>Air Force Handicap Assistance Program</i> )
CHC	Community Health Center
CHDD	Center on Human Development and Disabilities
CHMC	Children's Hospital and Medical Center
CHP	Comprehensive Health Planning
CME	Continuing Medical Education
CMHC	Community Mental Health Center
CMP	Comprehensive Medical Plan
COB	Coordination of Benefits
COG	Council of Governments
CON	Certificate of Need
COTH	Council of Teaching Hospitals
CP	Cerebral Palsy
CPA	Certified Public Accountants

CPHA	Commission on Professional and Hospital Archives
CPI	Consumer Price Index
CPR	Cardio-Pulmonary Resuscitation
CPR	Customary, Prevailing and Reasonable
CPS	Child Protective Services
CPT-4	Current Procedural Terminology, Fourth Edition
CRVS	California Relative Value Studies
CSHCN	Children with Special Health Care Needs
CSO	Community Service Office ( <i>DSHS</i> )
CT	Computer Tomographic (scanners)

**D D D D ...**

(D)HHS	Department of Health and Human Services
DCD	Department of Community Development
DCFS	Division of Children and Family Services ( <i>DSHS</i> )
DD	Developmental Disabilities
DD	Developmentally Disabled
DD	Developmentally Delayed
DDA	Developmental Disabilities Administration
DDC	Developmental Disabilities Council
DDS	Doctor of Dental Surgery
DMA	Division of Medical Assistance
DMD	Doctor of Dental Medicine
DME	Durable Medical Equipment
DMH	Division of Mental Health
DO	Doctor of Osteopathy
DOD	Department of Defense
DOH	Department of Health
DOVIA	Directors of Volunteers in Agencies
DPH	Department of Public Health
DRG	Diagnosis-Related Group
DSHS	Department of Social and Health Services
DV	Domestic Violence
DVR	Division of Vocational Rehabilitation ( <i>DSHS</i> )

**E E E E ...**

E&D	Evaluation and Diagnosis
ECDAW	Early Childhood Development Association of Washington
ECEAP	Early Childhood Education and Assistance Program
ECF	Extended Care Facility
ED	Emotionally Disturbed (severely behaviorally disabled)
EEG	Electroencephalogram
EEU	Experimental Education Unit
EFM	Exceptional Family Member Program ( <i>Military</i> )
EKG	Electrocardiogram

EMS	Emergency Medical Services
EPA	Exclusive Provider Arrangement
EPSDT	Early and Periodic Screening, Diagnosis and Treatment Program
ER	Emergency Room
ERSA	Employee Retirement Income Security Act
ESD	Educational Service District
ESRD	End Stage Renal Disease
ESY	Extended School Year
ET	Expenditure Target
<b>F F F F ...</b>	
FAE	Fetal Alcohol Effect
FAS	Fetal Alcohol Syndrome
FAH	Federation of American Hospitals
FAPE	Free Appropriate Public Education
FDA	Food and Drug Administration
FEHBP	Federal Employees Health Benefits Program
FICA	Federal Insurance Contributions Act
FNP	Family Nurse Practitioner
FPL	Federal Poverty Level
FPLS	Federal Parent Locator Service (
FRC	Family Resource Coordinator ( <i>for children birth to three</i> )
FSDB	First Steps Database
<b>G G G G ...</b>	
GHAA	Group Health Association of America
GIA	Grant-in-Aid
GP	General Practitioner
<b>H H H H ...</b>	
HHS	Department of Health and Human Services
HCBS	Home and Community Based Services Waivers (DSHS)
HEDIS	Health Plan Employer Data and Information Set
HI	Health Impaired
HI	Hearing Impaired
HIAA	Health Insurance Association of America
HMO	Health Maintenance Organization
HMSA	Health Manpower Shortage Area
HOH	Hard of Hearing
HRC	Holly Ridge Center ( <i>provider</i> )
HRSA	Health Resources and Services Administration
HSA	Health Service Area
HSA	Health Systems Agency
HUD	Housing and Urban Development ( <i>federal</i> )
HWD	Healthcare for Workers with Disabilities (MAA)

**IIII...**

I&R	Information and Referral
IADL	Instrumental Activities of Daily Living
ICAP	Inventory for Client and Agency Planning
ICC	Interagency Coordinating Council
ICD-9	International Classification of Diseases, 9th Revision
ICDA	International Classification of Diseases, Adapted
ICF	Intermediate Care Facility
ICF/MR	Intermediate Care Facility for the Mentally Retarded
ICU	Intensive Care Unit
IDEA	Individuals with Disabilities Education Act
IDF	Immune Deficiency Foundation
IEP	Individualized Education Plan
IES	Independent Employment Services ( <i>provider</i> )
IFSP	Individual Family Service Plan
IHP	Individual Habilitation Plan
IOM	Institute of Medicine of the National Academy of Sciences
IPP	Individual Program Plan
IQ	Intelligence Quotient
IRWE	Income-Related Work Expense
ISE	Individual Supported Employment
ISP	Individual Service Plan
ITA	Involuntary Treatment Act
ITEIP	Infant Toddler Early Intervention Program
ITP	Individual Training Plan
ITP	Individual Transition Plan

**J J J J ...**

JAMA	Journal of American Medical Association
JCAHO	Joint Commission on Accreditation of Healthcare
JTPA	Job Training Partnership Act of 1982 ( <i>the manpower and training programs for youth and adults which are funded by the law</i> )
JWOD	Javits Wagner O'Day Act

**K K K K ...**

KC	Kitsap County
KICC	Kitsap Interagency Coordinating Council
KMH	Kitsap Mental Health
KSAC	Kitsap Sexual Assault Center
KTSS	Kitsap Tenant Support Services ( <i>provider</i> )

**L L L L ...**

L-TC	Long-Term Care
LD	Learning Disabled
LD	Learning Disability
LDA	Learning Disability Association
LEA	Local Education Agency

LICWAC	Local Indian Child Welfare Advisory Board
LOS	Length of Stay
LPN	Licensed Practical Nurse
LRE	Least Restrictive Environment
LSC	Life Safety Code
LVN	Licensed Vocational Nurse

**M M M M ...**

MAA	Medical Assistance Administration
MAAC	Maximum Allowable Actual Charge
MAF	Medical Assistance Facility
MAP	Medical Audit Program
MCAT	Medical College Admission Test
MCH	Maternal and Child Health program
MCO	Managed Case Organization
MD	Medical Doctor
MD	Muscular Dystrophy
MDT	Multiple Disciplinary Team
MEDLARS	Medical Literature and Analysis Retrieval System
MH	Mental Health
MH	Multiply Handicapped
MIHCP	Medically Intensive Home Care Program
MMIS	Medicaid Management Information System
MPC	Medicaid Personal Care
MR	Mental Retardation
MRI	Magnetic Resonance Imaging
MS	Multiple Sclerosis
MSA	Metropolitan Statistical Areas
MSW	Master of Social Work

**N N N N ...**

NACo	National Association of Counties
NAEYC	National Association for the Education of Young Children
NARI	Northwest Association of Rehabilitation Industries
NCA	National Council on Aging
NCHS	National Center for Health Statistics
NCHSR/HCTA	National Center for Health Services Research/Health Care Technology Assessment
NDT	Neurodevelopment Treatment
NF	Nursing Facility
NGA	National Governor's Association
NHIS	National Health Interview Survey
NHSC	National Health Service Corps
NICU	Neonatal Intensive Care Unit
NIH	National Institute of Health
NIMH	National Institute of Mental Health
NIOSH	National Institute of Occupational Safety and Health

NISH	National Institute for Severely Handicapped
NLM	National Library of Medicine
NP	Nurse Practitioner
NPRM	Notice of Proposed Rulemaking
<b>O O O O ...</b>	
OBRA	Omnibus Budget Reconciliation Act of 1987 ( <i>provides funding for people in need of nursing home care or equivalent services</i> )
OCR	Office of Civil Rights
OESD	Olympic Educational Service District
OFM	Office of Financial Management
OI	Orthopedically Impaired
OJT	On-the-Job Training
OMB	Office of Management and Budget
OPD	Outpatient Department
OPPFM	Office of Program Planning and Fiscal Management
ORDA	Office of Research and Data Analysis
OSEP	Office of Special Education Programs
OSERS	Office of Special Education and Rehabilitation Services
OSPI	Office of the Superintendent of Public Instruction
OT	Occupational Therapist
OT	Occupational Therapy
OTR	Licensed and Registered Occupational Therapist
<b>P P P P ...</b>	
PA	Physicians Assistant
PA	Public Assistance
PAC	Parent Advisory Committee
PASS	Plan for Achieving Self Support
PCAP	Parent Child Assistance Program
PAVE	Parents Are Vital In Education
PCP	Primary Care Physician
PCM	Positive Crisis Management
PEAK	Parent Education and Assistance for Kids
PHN	Public Health Nurse
PKU	Phenylketonuria
PL	Public Law
PPA	Preferred Provider Arrangement
PPO	Preferred Provider Organization
ProPAC	Prospective Payment Assessment Commission
PPRC	Physician Payment Review Commission
PT	Physical Therapist
PT	Physical Therapy
PTA	Parent Teacher Association
PTI	Parent Training and Information Center
PTSS	Post Traumatic Stress Syndrome

**R R R R ...**

R&D	Research and Development
RBRVS	Resource-Based Relative Value Scale
RCW	Revised Code of Washington
REW	Rehabilitation Enterprises of Washington
RHC	Residential Habilitation Center
RN	Registered Nurse
RPT	Registered Physical Therapist
RSAS	Rehabilitation Services Accreditation System
RSN	Regional Support Network/Mental Health Region
RSVP	Retired Seniors Volunteer Program
RVS	Relative Value Scale

**S S S S ...**

S.A.F.E	Schools Are For Everyone
SAMSHA	Substance Abuse and Mental Health Services Administration
S.A.N.E.	Sexual Assault Nurse Examiner
SAVI	Sexual Assault Victim Intervention ( <i>military</i> )
SBD	Seriously Behaviorally Disabled
SCAN	State-Controlled Area Network
SCH	Sole Community Hospital
SE	Supported Employment
SEA	State Education Agency
SEAC	Special Education Advisory Council
SEPAC	Special Education Parent/Professional Advisory Council
SGA	Substantial Gainful Activity (SSA)
SLD	Specific Learning Disability
SLP	Speech-Language Pathologist
SLS	Supported Living Services
SNF	Skilled Nursing Facility
SPI	Superintendent of Public Instruction
SSA	Social Security Administration
SSBG	Social Services Block Grant ( <i>1997 Welfare Reform</i> )
SSDI	Social Security Disability Income
SSI	Supplemental Security Income
SSP	State Supplementary Payment
STD	Sexually Transmitted Disease
STOMP	Specialized Training of Military Parents
SW	Social Work/ Social Worker
<b>T T T T ...</b>	
TA	Task Analysis
TANF	Temporary Assistance to Needy Families
TARP	Technical Assistance for Parents and Teachers
TASH	The Association for Persons with Severe Handicaps
TBI	Traumatic Brain Injury
TDD	Telecommunication Device for the Deaf

TS	Tenant Support
TT/TTY	Telephone Typewriter
TXIX	Title 19 ( <i>Medicaid funding through the Social Security Act</i> )

**U U U U ...**

UCP	United Cerebral Palsy
UW	United Way

**V V V V ...**

VA	Veterans Administration
VI	Visually Impaired
VR	Vocational Rehabilitation

**W W W W ...**

WAC	Washington Administrative Code
WACD	Washington Association for Citizens with Disabilities
WARI	Washington Association of Rehabilitation Industries
WAIS	Weschler Adult Intelligence Scale
WISC	Weschler Intelligence Scale for Children
WIC	Women, Infants and Children ( <i>supplemental food program</i> )
WISE	Washington Initiative for Supported Employment
WPAS	Washington Protection and Advocacy System
WSMC	Washington State Migrant Council
WSPEP	Washington State Parent/Educator Partnership Project

## **COMMONLY USED PHRASES AND WORDS**

**A A A A ...**

Acute Illness—An illness that has occurred suddenly and may be serious.

Activities of Daily Living (ADL)—Behaviors necessary for self care.

Adaptive Behavior—Use of basic skills in daily life activities.

Adult Service Agency—Federal, state or locally funded agency (with written policies and procedures) that provides services to adults and children (i.e., Division of Developmental Disabilities (DDD); Division of Vocational Rehabilitation (DVR); Public Assistance (Welfare); Women, Infants and Children (WIC); Employment Security, etc.).

Ambulatory Care—Health services that are provided without an overnight stay in a health-care facility.

Ancillary Services—Miscellaneous tests, such as laboratory or radiological exams.

Assistive Technology Device—Any item or piece of equipment that is useful to increase, maintain, or improve abilities of individuals with disabilities.

## **B B B B ...**

Basic Health Plan (BHP)—Managed care plan available through the State of Washington to any individual or family. Premiums can be subsidized by the state, based on income and need.

Basic Health Plan/Plus (BHP/Plus)—Basic Health Plan for eligible children that provides its benefits through Healthy Options/Medicaid.

## **C C C C ...**

Case Management—The process of having a person's health-care needs coordinated by using an ongoing plan.

Case Manager—Individual who arranges services, ensures that clients progress through the process, completes reviews, and (may) maintain fiscal responsibility.

Coinsurance—A percentage (often 20%) that an insured person pays for a visit to a physician or other health care provider, a hospital stay or treatment.

Community Based Programs—Programs for individuals with disabilities that are located within the individual's community.

Community Resources—Public or private agencies, schools or programs offering services to people.

Concurrent Review—A review by an insurer at the time of service to verify that a patient needs continued inpatient care.

Copayment—A fixed dollar amount the recipient pays for health-care services at the time of receiving the service.

Curriculum-Based Vocational Assessment (CBVA)—Various tests to determine the career development and vocational instruction needs of students based on preferences in course content and curriculum; identification of students' career/vocational strengths and weaknesses.

## **D D D D ...**

Deductible—The amount of money an insured person pays for services before the insurer starts paying the bill.

Diagnosis—Identification of a disease producing a specific condition.

Diagnostic Services—Procedures to determine the presence of a health condition.

Durable Medical Equipment (DME)—A long-lasting medical supply, such as a wheelchair.

## **E E E E ...**

Elective Procedure—A procedure that isn't an emergency and that a patient and doctor plan in advance.

Emergency—An injury or acute medical condition likely to cause death, disability, or serious illness if not attended to very quickly.

Employability—Factors that determine whether an individual can be placed on a job and whether the individual can keep the job

once placed.

Exclusions—Health conditions that an insurance policy specifically doesn't cover.

**F F F F ...**

Functional Living Skills Assessment—Skills, interests, and values related to functioning in the home and community.

**G G G G ...**

Gainful Employment—Includes employment in one of the following: Competitive labor market, supported employment, sheltered employment, or homebound work. Work is performed for living wage and typical benefits.

Gatekeeper—The person who controls a patient's access to health-care services, whether as a case manager or a primary-care provider. Typically, this person must approve all uses of health-care services.

**H H H H ...**

Habilitation—Services provided to individual with developmental disabilities to help them achieve the highest level of

Healthcare for Workers with Disabilities (HWD)—Medicaid buy-in program for workers with disabilities

Health Maintenance Organization (HMO)—An entity that provides, offers, or arranges for coverage of designated health services needed by plan members for a fixed, prepaid premium.

Health Plan—The set of services in an insurance policy for health care.

Health Plan Employer Data and Information Set—A standardized report used to compare and evaluate HMO's.

**I I I I ...**

Independent Living Skills—Basic skills needed to successfully function to the greatest extent possible, in the least restrictive environment.

Individualized Transition Plan (ITP)—A plan which includes long-term goals and short-term objectives, including: a) timelines, b) measurable expected outcomes, and c) identification of persons who are responsible for teaching and monitoring the plan to ensure that the goals and objectives are met.

Inpatient—A patient who stays in a hospital overnight.

Integrated Work Setting—Work setting where duties are performed with opportunity for work and non-work interaction with workers who are not disabled. Ratio of non-disabled to disabled workers is no higher than eight-to-one.

## **J J J J ...**

Job Analysis—Job analysis identifies and describes: a) what the worker does; b) how the work is done; c) results of the work; and d) the worker's characteristics.

Job Coach—Provides individualized one-to-one assistance in job placement, travel training, skill training at the job site, ongoing assessments, and long-term assessment.

Job Development Specialist—An individual who contacts businesses and industries for the purpose of placing individuals in competitive employment or on-the-job training sites.

## **L L L L ...**

Lifetime Maximum—The total amount that an insurance policy will pay out for medical care during the lifetime of a policy holder.

## **M M M M ...**

Managed Care—A term used to describe strategies of health-care plans to control costs by monitoring services and providers used for fees charged.

Maximum Out-of-Pocket Cost—The maximum amount of money a member will have to pay from his or her own funds for deductibles, copayments, or other expenses.

Medically Necessary—Services required to prevent harm to the patient or to the patient's quality of life.

## **N N N N ...**

Non-Participating Provider—A provider who isn't part of a specific health plan.

## **O O O O ...**

Outcome Oriented—A measurable skill at the end of a set period of training.

## **P P P P ...**

Placement Specialist—Professional who assists in job placement.

Pre-Admission Review—A review undertaken by a health plan that happens before a patient enters a hospital to determine if the admission is necessary and appropriate.

Pre-Certification—Similar to pre-admission review but requires a certificate or authorization from the patient's health plan.

Pre-Existing Condition—A health condition that a person has that an insurance policy specifically excludes from coverage or that prevents the person from qualifying for insurance.

Preventive Care—Health care that stresses healthy behavior, regular testing, screening for diseases, and other services that detect diseases early or or prevents them from occurring.

Primary Care—First-level or generalist care that a person receives outside a hospital.

Primary Care Physician (PCP)—The health-care provider a person

most commonly calls first when a problem arises.

Prior Authorization—A cost-control procedure in which an insurer requires a service or medication to be approved in advance for coverage.

Provider—A person or an institution that delivers a service.

## **R R R R ...**

Referral—When one health-care provider suggests you visit another one for the purpose of further evaluation and treatment.

## **S S S S ...**

Screening Test—A procedure to determine if a person has a certain medical condition.

Secondary Care—Care, often provided in hospitals and long-term facilities, that makes more use of caregivers with specialized training than does primary care.

Self-Referral—When a health-care provider stands to benefit financially from referring a patient to another provider for care.

Service Area—The geographic area a health plan serves.

Sheltered Workshop—Provides transitional and/or long-term employment in a controlled and closed working environment. It may provide vocational evaluation, work adjustment, and supported employment service.

Social Security Disability Insurance (SSDI)—benefits provided to disabled and blind individuals who are “insured” by workers’ contributions to the Social Security Trust. The worker’s widower or worker’s adult child with a disability may also receive a benefit.

Specialist—A physician whose training focuses on a particular area beyond the general training for all physicians.

Supported Employment—Paid employment for individuals with severe disabilities. All supported employment programs take place in integrated settings with on-going job site support provided by professional staff in integrated community based employment setting.

Supplemental Security Income (SSI)—cash assistance program to aged, blind and individuals with disabilities including children under 18 who have limited income and resources.

## **T T T T ...**

Task Analysis (TA)—The breakdown of a particular job into its component work activities.

Tertiary Care—Highly specialized care for severe health problems.

## **U U U U ...**

Utilization Management—The process health plans and insurers use to make sure the kind of treatment and care recommended for a patient is necessary and appropriate.

*Thank You . . .*

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