

SEE YOU ONLINE

TEENS FALLING VICTIM TO JUUL



One Teens Story



QR—Codes provide easy access to videos related to the dangers of vaping.

Kitsap County Substance Abuse
Prevention and Youth Services

*“Community Education projects
and partnerships, that prevent and
reduce youth substance abuse”*
fostering support for healthy people and
communities”

Kitsap County Commission on Children and
Youth (CCY)

Youth Marijuana Prevention and Education
Program (YMPEP)

Youth Tobacco and Vaping Prevention (YTVP)

Local Prevention Coalitions:

Bremerton Substance Abuse Prevention Coali-
tion.

North Kitsap Substance Abuse Prevention
Coalition.

Staff: Coalition Coordinator
Deanne Jackson (360)337-4878
dmontgom@co.kitsap.wa.us

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Program Lead
Laura Hyde (360) 337-4789
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614 Division Street MS-23
Port Orchard, WA 98366-4676



Vaping / E-cigs Awareness

Digital Youth Resources



Kitsap County
Substance Abuse Prevention and
Youth Services

Tel: (360) 337-4879
lhyde@co.kitsap.wa.us
www.kitsapgov.com



Taking Down Tobacco

Taking down Tobacco offers free swag to youth that are willing to complete some informational courses and spread the word in regards to the dangers associated with tobacco.

Access the webpage at:

www.takingdowntobacco.org/main/swag

SCAN THE CODE FOR APPS THAT PROVIDE SUPPORT WHILE YOU ARE QUITTING..



Access Best Quit Smoking Apps at:

<https://www.healthline.com/health/quit-smoking/top-iphone-android-apps>

Are You Experiencing Withdrawal

Take the following online quiz and see if vaping and or e-cigs might be effecting your health.

SCAN THE CODE



Or Visit the following link:

smokefree.gov/challenges-when-quitting/withdrawal/withdrawal-quiz

Secondary Heading

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