

Are you still on Active Duty? Within 180 - 90 days of your discharge date and want to file a "BDD" disability claim? Select a link below to learn more about qualifications to file a claim under this special program:

- [Your VA Transition Assistance Program \(TAP\) - Outreach, Transition and Economic Development](#), 800-MyVA411 (800-698-2411)
- [Benefits Delivery at Discharge Program - Veterans Benefits Administration \(va.gov\)](#)
- [Pre-Discharge Claim | Veterans Affairs \(va.gov\)](#)
- Feel free to reach out to Sean Contreras at 206-341-8262 or sean.contreras@va.gov for questions.
- Joint Base Lewis-McChord, National Pre-Discharge Claims Representative, Waller Hall - VFW Room 700, 2140 Liggett Ave., JB Lewis - McChord, WA. Office: 253.966.1279, Cell: 253.569.2790, or Email: bdd@vfw.org