

Developmental Disabilities Resource Guide



The following guide lists the essential services for people with Developmental Disabilities in Kitsap County. Please submit additions, deletions or modifications to Kitsap County, Department of Human Services, Developmental Disabilities Program at kmurray@kitsap.gov.

You can access this guide online at Kitsap.gov. For additional copies of this guide, please call (360) 337-4622.

If you are looking for specific support for people or families living with disabilities not listed in this directory, please call any of the following numbers.

Family Resource Coordinator: 360-373-2536

Kitsap County DD Coordinator: 360-337-4624

Kitsap County Parent Coalition Coordinator: 206-486-0300

Kitsap Community Resources (KCR): 360-473-2075

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ADVOCACY/DISABILITY SUPPORTS

Dad's Move_____800-736-0979

Dadsmove.org

info@dadsmove.org

- ❖ Family focused, dad driven peer support model offering education, advocacy and peer support.

Down Syndrome Support Group of Kitsap County and Surrounding Areas, (UPSIDE)_____360-308-0187

Theupside@comcast.net

- ❖ Meets monthly, contact for meeting schedule.

Holly Ridge Center Infant Toddler Program_____360-373-2536

5112 NW Taylor Rd., Bremerton, WA 98312

ltp@hollyridge.org

hollyridge.org

- ❖ A birth to-three early intervention program offering specialized instruction, speech, occupation, and physical therapy for children with developmental delays or disabilities.
- ❖ Applies Behavior Analysis (ABA) therapy is also available for children with autism up to age 3.

Kitsap County Family Resource Coordinator_____360-373-2536

5112 NW Taylor Rd., Bremerton, WA 98312

Frc@hollyridge.org

- ❖ Free developmental screening and referral for infants and toddlers under age three.

Kitsap County Parent Coalition_____206-486-0300

2528 Wheaton Way, Suite 106, Bremerton, WA 98310

Kitsapcountyparentcoalition.org

- ❖ Advocacy, consulting, newsletter, training, resource navigation.

Kitsap Parent Child Assistance Program (PCAP)_____360-377-0370

4841 Auto Center Way, Suite 103, Bremerton, WA 98312

Kitsappcap@agapekitsap.com

- ❖ Administered by Agape Unlimited
- ❖ Advocacy and case management intervention for high-risk women with maternal alcohol and drug abuse.

Northwest ADA Center_____800-949-4234

Nwacenter.org

nwadactr@uw.edu

- ❖ Information, training and guidance on the American with Disabilities Act (ADA).

Opening Doors for Multicultural Families_____253-216-4479

Opendoorswa.org

info@opendoorswa.org

- ❖ Provides culturally and linguistically relevant information, services and programming to individuals with developmental disabilities and their families.

Peninsula Alliance_____360-377-3473

3243 N Perry Ave., Bremerton, WA 98310

Peninsulaalliance.org

- ❖ Provides information and referrals for individuals with developmental disabilities and their families.
- ❖ Includes monthly newsletter, Friday Night Social, Recreation and Resident Camp and adult classes.
- ❖ Representative payee program, Community Engagement.

People First (Kitsap Chapter)_____253-999-7222

Peoplefirstofwashington.org

theaddamsfamily93@gmail.com

- ❖ Self-Advocacy and support
- ❖ Local Kitsap Chapter, monthly meetings

South Sound Parent to Parent Program_____360-352-1126

Ssp2p.org

- ❖ Parent mentoring, support groups, parent education and sib-shops
- ❖ Local Coordinator

Washington PAVE_____253-565-2266

6316 S. 12th St., Tacoma, WA 98465

Wapave.org

PAVE@wapave.org

- ❖ PAVE provides support, training, information, and resources to empower and give voice to individuals, youth and families impacted by disabilities in Washington.
- ❖ Visit the PAVE website (www.wapave.org) for support, training, information, and resources. To find support, click “Get Support”, to find trainings click “See Calendar”, to find information click “Read Articles”, or enter a topic in the search bar, and to find resources click any of these at the top: Learning in School, Parent & Family, Health and Wellness, and Young Adults.

BLINDNESS

Able Opportunities, Inc_____206-406-9900

P.O. Box 468, Hansville, WA 98340

Ableopps.com

- ❖ Vocational evaluation, placement and retention, independent living assessments and training.
- ❖ Communication consultation for those supporting nonverbal individuals, specialization: sensory loss.

Department of Services for the Blind_____800-552-7103

Dsb.wa.gov

- ❖ Independent living, vocational rehabilitation, orientation, training.
- ❖ Assistive technology training/services, family services.

Kitsap Regional Library_____360-447-5480

1301 Sylvan Way, Bremerton, WA 98310

Krl.org

- ❖ Computers dedicated for use by people with visual disabilities.
- ❖ Online catalog accessible to visually impaired users.
- ❖ Training available for using systems.
- ❖ Large print and audio books.

LS&S Group_____800-468-4789

Lssproducts.com

- ❖ Catalog specializing in products for the visually and hearing impaired.

NW Lions Foundation for Sight and Hearing_____206-838-4668

Northwestlionsfoundation.org

- ❖ Eyeglasses and vision exams for low income residents.
- ❖ Eye tissue bank accepts donated eyeglasses and hearing aids.

Olympic College

Student Disability Services_____360-475-7540

1600 Chester Ave., Bremerton, WA 98337

Olympic.edu

disabilityservices@olympic.edu

- ❖ Access, academic accommodations, adaptive technology for students with disabilities.

Washington Council of the Blind_____800-255-1147

Wcbinfo.org

- ❖ Local chapter of WA Council of the Blind.
- ❖ Public awareness and education, provides vision loss support group.
- ❖ Opportunities for community participation, recreation and vocational.

Washington State School for the Blind_____360-696-6321

2214 E 13th Street, Vancouver, WA 98661-4120

- ❖ On-campus programs at no cost to parents and districts.
- ❖ Lions Low Vision Clinic, Instruction Resource Center, Braille Production and Statewide Technology Center.

Washington Talking Book and Braille Library_____800-542-0866

Wtbbl.org

wtbbl@sos.wa.gov

- ❖ Free, statewide public library service for individuals with disabilities.
- ❖ Books and magazines, large print or Braille available.

CHILDREN'S THERAPY SERVICES

Easter Seals Olympic Peninsula Autism Center_____360-337-2222

3100 Bucklin Hill Rd NW, Suite 215, Silverdale, WA 98383

Easterseals.com

- ❖ Applied Behavior Analysis (ABA) services provided to children with Autism, birth to age 18.

Helpline House Bainbridge Island_____206-842-7621

282 Knechtel Way, Bainbridge Island, WA 98110

Helplinehouse.org

frontdesk@helplinehouse.org

- ❖ Can provide services 5-12 years old. Must live or attend school on Bainbridge Island.

Holly Ridge Center Infant and Toddler Program_____360-373-2536

5112 NW Taylor Rd., Bremerton, WA 98312

ltp@hollyridge.org

hollyridge.org

- ❖ A birth to three early intervention program offering specialized instruction, speech, occupation, and physical therapy for children with developmental delays or disabilities.
- ❖ Applied Behavior Analysis (ABA) therapy is also available for children with autism up to age 3.

Mary Bridge Children's Eye Center – Silverdale_____253-792-6630

9800 Levin Rd NW, Suite 208, Silverdale, WA 98383

Marybridge.org

Mary Bridge Children's Hospital_____253-403-1400

311 S. L St., Tacoma, WA 98405

Multicare.org/marybridge

Seattle Children's Hospital_____866-987-2000

Family Resource Center_____206-987-2000

4800 Sand Point Way NE, Seattle, WA 98105

Seattlechildrens.org

Winlock Pediatrics, LLC_____564-234-3327

19540 Front St NE, Poulsbo, WA 98370

Winlockpediatrics.com

info@winlockpediatrics.com

- ❖ Autism center of excellence in Kitsap County
- ❖ Provides developmental assessments to establish or confirm an ASD diagnosis and develop a treatment plan.

OCCUPATIONAL THERAPISTS

Apple Tree Therapy, LLC_____360-286-2351

9951 Mickleberry Rd NW, Suite 123

Appletreeot.com

info@appletreeot.com

- ❖ Provides occupational therapy treatments for children with special needs (autism, sensory processing disorders, ADHD, learning disabilities and developmental delays).

Center for Therapeutic Intervention_____253-851-3874

6659 Kimball Dr., Suite D-403., Gig Harbor, WA 98335

Ctigigharbor.com

cti@ctigigharbor.com

- ❖ Pediatric occupational therapy clinic.

Elk's Therapy Program_____253-472-6223

P.O. Box 110760, Tacoma, WA 98411

Waelks.org

- ❖ Provides home-based occupational and physical therapy to children with disabilities.

PHYSICAL THERAPISTS

Kitsap Children's Therapy_____360-697-2228

19319 7th Ave, Suite 104, Poulsbo, WA 98370

Kitsapchildrenstherapy.com

- ❖ Pediatric children's therapy, speech and OT.

SPEECH THERAPISTS

Children's Hospital Speech and Language_____206-987-2104

4800 Sand Point Way NE, Seattle, WA 98105

Seattlechildrens.org

Hearing, Speech and Deafness Center (HSDC)

Seattle_____888-222-5036

Hsdc.org

- ❖ Services for deaf and hard of hearing for children.
- ❖ Audiology services (including infants) and hearing aids.

Mary Bridge Speech and Hearing_____253-697-5200

1220 Division Ave., Tacoma, WA 98403

Marybridge.org

CLOTHING/FOOD

Bremerton Food Line_____360-479-6188

1600 12th Street, Bremerton, WA 98312

Bremertonfoodline.org

info@bremertonfoodline.org

- ❖ Open Monday-Friday from 10:00am to 1:30pm.
- ❖ Donations accepted.

Central Kitsap Food Bank_____360-692-9818

3537 Anderson Hill Rd., Silverdale, WA 98383

Ckfoodbank.org

info@ckfoodbank.org

- ❖ Open Monday-Friday from 10:00am to 1:15pm.
- ❖ Donations accepted.

Helpline House – Bainbridge Island_____206-842-7621

282 Knechtel Way, Bainbridge Island, WA 98110

Helplinehouse.org

frontdesk@helplinehouse.org

- ❖ Food bank shopping hours are Tuesday-Friday 10:00am to 4:00pm.

North Kitsap Fishline_____360-779-5190

19705 Viking Ave NW., Poulsbo, WA 98370

Fishlinehelps.org

- ❖ Food bank, thrift store, housing assistance.

ShareNet_____360-297-2266

25994 Barber Cut Off Rd NE., Kingston, WA

Sharenetfoodbank.org

director@sharenetfoodbank.org

- ❖ Food bank hours are Tuesday and Friday from 10:00am to 2:00pm.
- ❖ Thrift store hours are Wednesday-Saturday from 10:00am to 3:00pm.
- ❖ Sign up for back to school clothing assistance during food bank hours.

South Kitsap Helpline_____360-876-5550

1012 Mitchel Ave, Port Orchard, WA 98366

Skhelpline.org

- ❖ Food bank and other assistance.

Salvation Army_____360-373-5550

832 6th St., Bremerton, WA 98337

Bremerton.salvationarmy.org

- ❖ Serving breakfast and lunch; call for mealtimes.
- ❖ Food bank.

SNAP/EBT Food Benefits/Stamps_____877-501-2223

Dshs.wa.gov/community-services-offices/basic-food

- ❖ For low-income people to get monthly benefits for food.

St. Vincent de Paul_____360-377-2929

1137 N Callow, Bremerton, WA 98312

- ❖ Food bank and assistance office.
- ❖ Thrift store.

DEAFNESS

711_____711

Fcc.gov/consumers/guides/711-telecommunications-relay-service

- ❖ TTY-based Telecommunications Relay Services permit persons with a hearing or speech disability to use the telephone system via text telephone (TTY) or other devices to call persons with or without such disabilities.

Able Opportunities, Inc_____206-404-9900

P.O. Box 468, Hansville, WA 98340

Ableopps.com

- ❖ Vocational evaluation, job placement and retention, independent living assessments and training.
- ❖ All services available in ASL (American Sign Language).

Deaf/Blind Service Center

Voice Phone_____833-235-5550

Video Phone_____206-455-7932

1620 18th Ave, Suite 200, Seattle, WA 98122

Seattlebcs.org

info@seattledbsc.org

- ❖ Serves all of Washington State.

Early Hearing Loss, Detection, Diagnosis, and Intervention

Program_____206-418-5613

1610 NE 150th St., Shoreline, WA 98155

- ❖ WA State DOH genetic services section.
- ❖ Contact EHDDI Program Consultant, ehddi2@doh.wa.gov.

Hearing, Speech and Deafness Center

Seattle_____888-222-5036

Tacoma_____866-421-5560

Hsdc.org

- ❖ Services for deaf and hard of hearing children.
- ❖ Audiology services (including infants) and hearing aids.

Holly Ridge Center_____360-373-2536

5112 NW Taylor Rd., Bremerton, WA 98312

Hollyridge.org

hrc@hollyridge.org

- ❖ Birth to three Neurodevelopment Clinic and Preschool serving families and children with special needs.

Kitsap County Family Resource Coordination_____360-373-2536

5112 NW Taylor Rd., Bremerton, WA 98312

frc@hollyridge.org

- ❖ Free developmental screening and self-referral for infants and toddlers.

NW Lions Foundation for Sight and Hearing_____206-838-4668

Nlfoundation.org

info@nlfoundation.org

- ❖ Accepts donated hearing aids.

Telecommunication Equipment Distribution_____360-339-7382

Odhh.dshs.gov/altsa/odhh/telecommunication-equipment-device

odhh@dshs.wa.gov

- ❖ Applications to receive equipment on website.

Office of the Deaf & Hard of Hearing (ODHH)

Video Phone_____425-461-4603

Audio Phone_____360-725-3450

dshs@dshs.wa.gov

- ❖ Services for individuals who are Deaf, Deafblind, Deaf disabled, Hard of Hearing, Late Deafened, and Speech disabled.
- ❖ Case Management Services: cms@dshs.wa.gov

Olympic College

Student Disability Services_____360-475-7540

1600 Chester Ave., Bremerton, WA 98337

Disabilityservices@olympic.edu

Olympic.edu

- ❖ Access, academic accommodations, adaptive technology for students enrolled at Olympic College with disabilities.

EDUCATION

Bainbridge Island School District Special Education_____206-780-1052

Bisd303.org/33722_3

Bremerton School District Special Services Department_____360-473-1000

Bremertonschools.org/33522_3

specialeducation@bremertonschools.org

- ❖ Provides accommodations for students with developmental needs who attends school within the district.

Central Kitsap School District Special Services Department____360-662-1610

Ckschools.org/programs/support/special_education

Disabilities, Opportunities, Internetworking and Technology

(DO-IT) (V/TTY)_____206-685-3648

Washington.edu/doit

- ❖ Grant funded program that focuses on college and career preparation for students with disabilities.
- ❖ Information, training for employers and educators.

Going-to-College.org

- ❖ Information about living college life with a disability.
- ❖ Designed for high school students and provides video clips, activities and additional resources that can help students get a head start in planning for college.

Kitsap Community Resources, Head Start/Early Childhood

Education Program_____360-377-0053

1201 Park Ave, Bremerton, WA 98337

Krc.org/pre-school-early-learning

- ❖ Serving ages birth to 5 years old.
- ❖ Early health & childhood development classes.

Kitsap County Parent Coalition_____206-486-0300

Wheaton Way, Suite 106, Bremerton, WA 98310

Kitsapcountyparentcoalition.org

- ❖ Advocacy, consulting, newsletter, and training.

North Kitsap School District Special Education_____360-396-3024

Nkschools.org/about-us/departments/special-education

Office of the Education Ombudsman_____866-297-2597

Oeo.wa.gov

Oeoinfo.wa.gov

- ❖ Resolves complaints, disputes and problems between families and WA State K-12 public schools.

Olympic College

Student Disabilities Services_____360-475-7540

1600 Chester Ave., Bremerton, WA 98337

disabilityservices@olympic.edu

Olympic.edu

- ❖ Access, academic accommodations, adaptive technology for students with disabilities.

Olympic ESD 114_____360-479-0993

105 National Ave. N, Bremerton, WA 98312

Oesd114.org

- ❖ Serving the Olympic and Kitsap Peninsulas
- ❖ HeadStart, EHS and ECEAP: 360-478-6889
- ❖ Special Services: 360-478-6886

Seattle University Center for Change in Transition Services____206-296-6494

P.O. Box 222000, Seattle, WA 98122-1090

Seattleu.edu/ccts

- ❖ Technical assistance and training provided to school districts addressing transition needs of students with disabilities.

South Kitsap School District Office of Special Services_____360-443-3629

Skschools.org/departments/office-of-special-services

Special Education Technology Center_____509-963-3350

Central Washington University

Cwu.edu/setc

- ❖ A statewide project designed to assist school districts with the special technology needs of their students by providing technology resources that are otherwise difficult to find or access.

Superintendent of Public Instruction_____360-725-6000

K12.wa.us

Washington PAVE_____253-565-2266

6316 S. 12th St., Tacoma, WA 98465

Wapave.org

pave@wapave.org

- ❖ PAVE provides support, training, information, and resources to empower and give voice to individuals, youth and families impacted by disabilities in Washington.
- ❖ Visit the PAVE website (www.pave.org) for support, training, information, and resources. To find support click 'Get Support', to find trainings click "See Calendar", and to find information click "Read Articles" or enter a topic in the search bar. To find resources click any of these at the top: Learning in School, Parent & Family, Health & Wellness, and Young Adults.

West Sound Technical Skills Center_____360-473-0550

101 National Avenue N, Bremerton, WA 98312

Westsoundtech.org

setc@cwu.edu

- ❖ Serving all high school students; vocational training classes.
- ❖ Must be referred through high school.

EMPLOYMENT/COMMUNITY INCLUSION

Able Opportunities, Inc_____206-406-9900

P.O. Box 468, Hansville, WA 98340

Ableopps.com

jennifer@ableopps.com

- ❖ Vocational evaluation, placement and retention.
- ❖ Communication consultation for those supporting nonverbal individuals, specialization: sensory loss.
- ❖ Contact agency for WIN, a job placement program at local hospital.
- ❖ All services available in American Sign Language.

Bainbridge Island Youth Services_____206-842-9675

Askbys.org

info@bainbridgeyouthservices.org

- ❖ Provides Bainbridge Island residents ages 13-21 with counseling services, peer tutoring, and a job board.

BenefitU_____206-312-1099

Benefitu.org

Schedule an intake: www.benefitu.org/get-help

support@benefitu.org

- ❖ Information and resources for managing social security and other public benefits via website.
- ❖ Individualized benefits coaching and support available to eligible Washington residents.

Cares of Washington_____206-938-1253

Caresofwa.org

wehr@caresofwa.org

- ❖ Short and long-term individual supported employment and community inclusion services.

Easter Seals Washington_____844-451-2828

2528 Wheaton Way, Suite 106, Bremerton, WA 98310

Easterseals.com/Washington

- ❖ Supported individual employment, community inclusion services.

Foundational Community Supports (FCS)_____360-997-6017

Provider.wellpoint.com/Washington-provider/patient-care/foundational-community-supports

FCSTPA@wellpoint.com

- ❖ Offering benefits for supportive employment for Apple Health-eligible beneficiaries with complex needs (mental health and/or SUD diagnosis, receiving ABD/HEN benefits). Wellpoint will work with housing and employment providers to help enrollers find and maintain jobs; acquire stable, independent housing; and gain the necessary skills to be successful.

Holly Ridge Center_____360-373-2536

5002 Kitsap Way, Suite 200, Bremerton, WA 98312

Hollyridge.org

aes@hollyridge.org

- ❖ Supports adults with disabilities in finding and maintaining competitive, community-based employment. Services include job coaching, career exploration, skills training, and ongoing support tailored to each individual's goals and abilities.

Kitsap Community Resources_____360-478-2301

Kcr.org/employment

- ❖ Employment and training, community service.
- ❖ AmeriCorps: 360-473-2015
- ❖ SK Family Service Center – WorkSource affiliated: 360-473-2144

Pathways to Success/WorkSource_____360-515-1001

3120 NW Randal Way, Silverdale, WA 98383

Oesd114.org

- ❖ Academic support, job training, career development for youths 16-21.

Plan to Work_____866-497-9443

Plantowork.org

- ❖ Benefits planning for persons receiving disability benefits from the Social Security Administration (SSA).

Tessera_____360-475-0756

Skookum.org

- ❖ Helps people with disabilities obtain and maintain jobs with employers that match their skills, interest and abilities.

Sound Works Job Center_____360-779-1160

780 NW Liberty Rd.

P.O. Box 2019, Poulsbo, WA 98370

soundworks@silverlink.net

- ❖ Non-profit employment services and resources, job listings.

Trillium_____360-698-6659

3501 Lowell St, Suite 101, Silverdale, WA 98383

Trillium.org

lindsey@trillium.org

- ❖ Provides individualized employment services including job development, job coaching and retention services.

Vadis_____253-863-5173

3381 NW Bucklin Hill Rd., Suite B, Silverdale, WA 98383

Vadis.org

Shuana@vadis.org

- ❖ Provides customized employment services including job development, job coaching and retention services.

WISE_____206-343-0881

Gowise.org

support@gowise.org

- ❖ Information and resources for managing Social Security and other public benefits via website.
- ❖ Individualized benefits coaching and support is available to eligible Washington State residents.

WorkSource_____360-516-1001

3120 NW Randall Way, Silverdale, WA 98383

Kitsapgov.com

- ❖ Job listings, career exploration and resume software, job skill workshops, and career counseling.

FINANCIAL

BenefitU _____ 206-312-1099

Benefitu.org

Schedule an intake: www.benefitu.org/get-help

support@benefitu.org

- ❖ Information and resources for managing social security and other public benefits via website.
- ❖ Individualized benefits coaching and support available to eligible Washington residents.

Cares of Washington – Jones and Ibrahim, PLLC _____ 206-405-3240

14711 NE 29th PL, Suite 202, Bellevue, WA 98007-8613

Seattledisabilitylaw.com

info@seattledisabilitylaw.com

- ❖ Estate planning for families with special needs children.
- ❖ Special needs trusts.
- ❖ Guardianship services, initial and ongoing reports to the court.

Developmental Disabilities Endowment Trust Fund _____ 888-754-8798

Arcwa.org

- ❖ Allows individuals with developmental disabilities and their families to set aside funds for future use without affecting their eligibility for government benefits and services.

Northwest Access Fund _____ 206-328-5116

Nwaccessfund.org

info@nwaccessfund.org

- ❖ Low interest loans for any type of assistive technology or services, as well as vehicle and home modifications, small business and other life opportunities. Free financial coaching and disability benefits planning for people with disabilities, including youth ages 14+ with Certified Disability Benefits Planner. Small business coaching is also available.

Plan to Work _____ 866-497-9443

Plantowork.org

- ❖ Planning services for individuals with Social Security Disability Benefits.

Security Financial Services_____360-874-9443

1307 Bay St., Port Orchard, WA 98366

- ❖ Social Security representation payee services.

GENETIC COUNSELING

Children's Hospital & Medical Centers, Seattle_____866-987-2000

Seattlechildrens.org

University Hospital, Seattle_____206-598-3300

Uwmedicine.org

Mary Bridge Children's Hospital, Tacoma_____253-403-4473

Multicare.org

GOVERNMENTAL/COUNTY/TRIBAL SUPPORTS

Department of Social and Health Services (DSHS)

Community Services Office_____877-501-2233

4710 Auto Center Blvd., Bremerton, WA 98312

- ❖ Food stamps, financial and medical assistance.

DSHS, Adult Protective Services_____877-734-6277

- ❖ Investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18+ with disabilities, information and referral.

DSHS, Aging and Long-Term Support Administration_____360-725-2300

Dshs.wa.gov/altsa

DSHS, Division of Children and Family Services,

Child Protective Services_____360-842-2323

4210 Wheaton Way, Suite 100, Bremerton, WA 98310

- ❖ Primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18.

DSHS, Developmental Disabilities Administration (DDA)_____360-405-7800

4710 Auto Center Blvd., Bremerton, WA 98312

Dshs.wa.gov/DDA

- ❖ Intakes, information and referral, case/resource management, residential, community and employment supports, eligibility assessments for personal care services.

DSHS, Division of Vocational Rehabilitation (DVR)_____360-405-7810

4710 Auto Center Blvd., Bremerton, WA 98312

Dshs.wa.gov/DVR

- ❖ Post high school assessments, education, placement training, eligibility for services, referrals, case management, employment training and assistance.

DSHS, Health Care Authority_____800-562-3022

Hrsa.wa.gov

- ❖ Free and low-cost health care.

DSHS, Working Connections Childcare_____844-626-8687

4710 Auto Center Blvd., Bremerton, WA 98312

Dcyf.wa.gov

- ❖ Childcare subsidy for working parents.
- ❖ Contact agency for eligibility and program requirements.

Kitsap County Developmental Disabilities_____360-337-4624

614 Division St., MS-23, Port Orchard, WA 98366

Kitsapgov.com

- ❖ Funding for day and employment programs; responsible for community plan; advocacy; coordination of services.

Port Gamble S'Klallam Tribe_____360-297-2646

Pgst.nsn.us

- ❖ Various services are available through different departments including early childhood education, child and family services, career and education, and health services to support enrolled tribal members and their families.

Social Security Administration_____800-772-1213

9594 Mickleberry Rd., Silverdale, WA 98383

Socialsecurity.gov

- ❖ Financial Assistance, Social Security Income (SSI), disability and Social Security Insurance (SSDI).

Suquamish Tribe_____360-598-3311

Suquamish.nsn.us

- ❖ Variety of available services provided through different departments including education, community development, family and friends center, human services, health division and wellness center to support the Suquamish community.

Washington State Information

wa.gov

- ❖ The official website of Washington State, with easy access to online state services and government agencies.

HOUSING/LIVING ASSISTANCE

Helpline House – Bainbridge Island_____206-842-7621

282 Knechtel Way, Bainbridge Island, WA 98110

Helplinehouse.org

Frontdesk@helplinehouse.org

- ❖ Offers rent and utility assistance. Must reside on Bainbridge Island.

Bremerton Housing Authority_____360-479-3694

600 Park Ave., Bremerton, WA 98310

Bremertonhousing.org

- ❖ Applications for public housing, housing for people with disabilities, homeownership programs.

COPES Program_____360-842-2112

4210 Wheaton Way, Suite 110, Bremerton, WA 98310

Dshs.wa.gov/search/site/COPES

- ❖ Range of services that assist with daily activities, administered by DSHS.

Catholic Social Services Benedict House,

Single Men's Shelter_____360-377-6136

- ❖ Contact for eligibility requirements and available program services.

City of Bremerton_____360-377-7738

Bremertonwa.gov

- ❖ Down payment assistance program for first time, income eligible home buyers, home rehabilitation program.
- ❖ Contact program for eligibility requirements.

Communitas_____360-377-7231

920 Park Ave., Bremerton, WA 98337

Communitas.org

- ❖ Group homes, apartment programs, tenant support, recreational support, serves adults 18+.

Habitat for Humanity of Kitsap County_____360-479-3853

3581 Wheaton Way, Bremerton, WA 98312

Kitsaphabitat.org

info@kitsaphabitat.org

- ❖ Homeownership opportunities for low-income residents.

Helpline House – Bainbridge Island_____206-842-7621

282 Knechtel Way, Bainbridge Island, WA 98110

Helplinehouse.org

Frontdesk@helplinehouse.org

- ❖ Offers rent and utility assistance. Must reside on Bainbridge Island.

Housing Kitsap_____360-535-6100

2244 NW Bucklin Hill Rd., Silverdale, WA 98383

Housingkitsap.org

- ❖ Applications for subsidized and affordable housing, housing for people with disabilities, homeownership programs.

Housing Resources Bainbridge (HRB)_____206-842-1909

Housingresourcesbi.org

info@housingresourcesbi.org

- ❖ Non-profit agency that provides low-income homeownership on Bainbridge Island.
- ❖ Independent living program that provides health and safety related home modifications for Bainbridge Island residents.

Kitsap Community Resources_____360-473-2035

1201 Park Ave., Bremerton, WA 98337

Kcr.org

- ❖ Housing assistance, transition housing, weatherization.
- ❖ Energy assistance: 360-479-1507

Kitsap County PUD_____360-779-7656

Kpud.org/water-wastewater/customer-service-billing/reduced-basic-rate

- ❖ Eligibility for reduced basic service for water bills.

Kitsap Residents, Port Orchard_____360-876-1470

2505 SE Mile Hill Dr, Unit 201, Port Orchard, WA 98366

Kitsapresidences.org

- ❖ Apartment programs, tenant support, community integration, recreational support for persons with developmental disabilities.

Kitsap Tenant Support Services (KTSS)_____360-377-7307

2540 Cascades Pass Blvd., #100, Bremerton, WA 98312

Kitsaptenantsupportservicesinc.com

- ❖ Assisted living alternatives, supported living assistance and recreational support for persons with developmental disabilities.

Low Income Energy Assistance (LIHEAP)_____360-479-1507

Kcr.org

- ❖ Program assists income-eligible renters and homeowners by providing financial assistance to pay their electric bills, natural gas, and heating bills.

Max Hale Center_____360-792-2117

285 5th St., Bremerton, WA 98337

- ❖ Non-emergency, permanent housing for homeless and income-eligible persons.

PSE Bill Discount Rate

pse.com/en/account-and-billing/assistance-programs/bill-discount-rate

- ❖ Applications online.
- ❖ Ongoing help with your monthly energy bill depending on your household income and size. You can save 5%-45% a month on your bill.

Saint Vincent De Paul_____360-473-2035

1137 N Callow, Bremerton, WA 98312

- ❖ Women's shelter, contact for eligibility requirements.

Telephone Assistance Program

Lifewireless.com

- ❖ Life Wireless provides free phone service as well as free government phones with qualifying enrollment through the Lifeline phone program.

HOTLINES/CRISIS LINES

Salish Regional Crisis Line_____888-910-0416

Imhurting.org

- ❖ Comprehensive community resource information.
- ❖ Listening ear, crisis intervention.

NW Justice Project, CLEAR Hotline_____888-201-1012

Nwjjustice.org

- ❖ Free legal referral and information services.

YWCA

Port Orchard/Bremerton_____360-479-0522

24 Hr. Hotline_____800-500-5513

905 Pacific Ave., Bremerton, WA 98337

Ywcakitsap.org

- ❖ ALIVE shelter for women and children who are victims of domestic violence.
- ❖ Legal advocacy, support groups, and youth services.

Kitsap County Crisis Triage Center_____888-910-0416

Kitsapmentalhealth.org/crisis-21-7-services/crisis-triage-center

- ❖ The voluntary Kitsap County Crisis Triage Center provides short term stabilization and crisis services (up to 5 days) to adults experiencing a psychosocial crisis such as mental health issue, eviction, domestic violence, substance use, homelessness, and more.

Lyme Disease Hotline_____860-454-8909

Lyme.org

Lymediseasefoundation@gmail.com

INFORMATION AND REFERRAL

Salish Regional Crisis Line_____888-910-0416

Imhurting.org

- ❖ Comprehensive community resource information.
- ❖ Listening ear, crisis intervention.

The Child Care and Action Council_____360-786-8907

Ccacwa.org

- ❖ Childcare resources and referral.

Kitsap Regional Library_____360-447-5480

1301 Sylvan Way, Bremerton, WA 98310

Krl.org

- ❖ Local and national resource database.

Lutheran Community Services

NW Navy EFM Respite Care_____800-424-2246

Lcsnw.org

- ❖ Respite care for active duty navy families with EMF children.

Senior Information and Assistance_____360-337-5700

Agingkitsap.com

- ❖ Information and referral for senior programs and services.

Peninsula 211_____211

Wa211.org

- ❖ Community and state-wide information and referral assistance.

Washington PAVE_____253-565-2266

6316 S 12th St., Tacoma, WA 98465

Wapave.org

pave@wapave.org

- ❖ Provides support, training, information and resources to empower and give voice to individuals, youth and families impacted by disabilities in Washington.
- ❖ Visit the PAVE website (www.pave.org) for support, training, information, and resources. To find support click 'Get Support', to find trainings click "See Calendar", and to find information click "Read Articles" or enter a topic in the search bar. To find resources click any of these at the top: Learning in School, Parent & Family, Health & Wellness, and Young Adults.

LEARNING DISABILITIES

Front Street Clinic_____360-697-1141

20174 Front St NW., Poulsbo, WA 98370

Frontstreetclinic.com

- ❖ Testing for learning disabilities for adolescents 18 and under as well as adults.

Hope Clinic_____360-613-0181

9633 Levin Rd NE, Suite 201, Silverdale, WA 98383

Hopecliniconline.com

- ❖ Free testing for learning disabilities.

Learning Disabilities Association of Washington_____425-882-0820

ldawa.org

- ❖ Online directory to help those affected by learning disabilities find resources within the greater Puget Sound region.

Learning Disabilities Online

ldonline.com

- ❖ Web-based information and resource site related to learning disabilities.

LEGAL

Crime Victim Support Services_____425-252-6081

- ❖ Free advocacy services for victims/survivors of robbery, assault, abuse, fraud, and other crimes.

Developmental Disabilities Endowment Trust Fund_____888-754-8798

Arcwa.org

- ❖ Special needs trust accounts for individuals with developmental disabilities.
- ❖ State matching funds available.

Disability Rights Washington_____800-562-2702

Disabilityrightswa.org

info@dr-wa.org

- ❖ Legal and information services.

Dispute Resolution Center of Kitsap County_____360-698-0968

9004 Washington Ave., Silverdale, WA 98383

Kitsapdrc.org

- ❖ Mediation and conciliation, and problem-solving services.

Jones and Ibrahim, PLLC_____206-405-3240

14711 NE 29th PL, Suite 202, Bellevue, WA 98007-8613

Seattledisabilitylaw.com

info@seattledisabilitylaw.com

- ❖ Estate planning for families with special needs children.
- ❖ Special needs trust.
- ❖ Guardianship services, initially and ongoing reports to the court.

Kitsap Legal Services _____ 360-479-6125

Kitsaplegalservices.org

- ❖ Legal referral; works in conjunction with the NW Justice Project.

NW Justice Project, CLEAR Hotline _____ 888-201-1012

Nwjustice.org

- ❖ Free legal referral and information services.

U.S. Department of Justice, Equal Employment

Opportunity Commission (EEOC) _____ 800-669-4000

Eeoc.gov

- ❖ Interprets and enforces employment regulations of the ADA.

Washington Law Help

Washingtonlawhelp.org

- ❖ Web-based legal information website.

YWCA

Port Orchard/Bremerton _____ 360-479-0491

905 Pacific Ave., Bremerton, WA 98337

Ywcakitsap.org

- ❖ Legal and family advocacy.

MEDICAL/DENTAL

**Directory of Dentists for Children with Developmental Disabilities
or Special Needs**

wsda.org/public/special-needs-directory

HealthCare for Workers with Disabilities (HWD) _____ 800-871-9275

Dshs.wa.gov

- ❖ Medical state program that allows workers with disabilities to purchase Medicaid coverage.

KCHELP _____ 360-329-2461

Kchelp.org

- ❖ Hospital equipment lending program.

Kitsap Public Health District _____ 360-728-2235

345 6th St., Suite 300, Bremerton, WA 98337

Kitsappublichealth.org

- ❖ Immunizations, public health nurse, children with special health care needs.

Kitsap County Medical Society _____ 360-698-2928

Kcmedical.org

- ❖ County-wide referral line to Kitsap County physicians, grievance committee, and mediation services.

ABC Dental _____ 360-373-3487

4207 Wheaton Way, Suite C, Bremerton, WA 98310

Abc-dental.org

- ❖ Accepts Medicaid coupons.

Peninsula Community Health Services _____ 360-377-3776

Pchsweb.org

- ❖ Medical assistance, dental services for children under 19 (at the Bremerton clinic only), sliding fee schedule.
- ❖ Multiple locations throughout Kitsap County.

Sexual Assault Nurse Examiner (S.A.N.E.) _____ 360-744-8800

Vmfh.org

- ❖ Medical services, assistance and exams to victims of sexual assault.

Washington Apple Health for Kids _____ 800-562-3022

Wahealthplanfinder.org

- ❖ A Washington State initiative aimed at streamlining applications for children's medical insurance.
- ❖ Administered locally by the Kitsap County Health District.

University of Washington, DECODE Clinic _____ 206-543-4619

Dental.washington.edu

- ❖ Dental treatment, prevention and rehabilitation for persons with disabilities.

MENTAL/BEHAVIORAL HEALTH SERVICES/SUPPORTS

Office of Behavioral Health Advocacy_____800-366-3103

Obhadvocacy.org

info@obhadvocacy.org

- ❖ Advocacy for persons who are receiving or eligible to receive publicly funded mental health services.

Helpline House – Bainbridge Island_____206-842-7621

282 Knechtel Way, Bainbridge Island, WA 98110

Helplinehouse.org

- ❖ Clients must reside on Bainbridge Island to receive services.

Kitsap Mental Health Services_____360-373-5031

Kitsapmentalhealth.org

- ❖ Comprehensive mental health services.
- ❖ Locations throughout Kitsap County.

Olympic Peninsula Autism Center_____360-337-2222

3100 NW Bucklin Hill Rd., Suite 215, Silverdale, WA 98383

Easterseals.com/Washington

- ❖ Provides Applied Behavioral Analysis (ABA) services to support children birth to age 18 with Autism Spectrum Disorder.

NAMI – Kitsap County_____800-950-6264

Namikitsap.org

- ❖ Affiliate of National Alliance for the Mentally ill.
- ❖ Advocacy, support groups, education, information and referral.

Salish Behavioral Health Organization_____360-337-7050

614 Division St., Port Orchard, WA 98366

- ❖ Plans and administers state funded programs for children and adults with persistent and severe mental illness in Kitsap, Jefferson, and Clallam counties.

Salish Regional Crisis Line_____888-910-0416

Imhurting.org

- ❖ Comprehensive community resource information.
- ❖ Listening ear, crisis intervention.

YWCA

Port Orchard/Bremerton_____360-479-0522

24 Hr. Hotline_____800-500-5513

905 Pacific Ave., Bremerton, WA 98337

Ywcakitsap.org

- ❖ ALIVE shelter for women and children who are victims of domestic violence.
- ❖ Legal advocacy, support groups and youth services.

MILITARY SUPPORTS

Disabled American Veterans – Chapter 5_____360-373-2397

4980 Auto Center Way, Bremerton, WA 98312

- ❖ Open Monday, Tuesday and Wednesday from 9:00am-2:00pm.
- ❖ Resources, information and assistance for veterans.

Kitsap County Parent Coalition_____206-486-0300

2528 Wheaton Way, Suite 106, Bremerton, WA 98310

Kitsapcountyparentcoalition.org

- ❖ Information and referral for military programs and services.

Kitsap County Veterans Assistance_____360-337-4811

Kitsapgov.com

- ❖ Provides information and assistance to veterans.

Madigan Army Medical Center_____253-968-1110

9040 Jackson Ave., Tacoma, WA 98431

Madigan.tricare.mil

Naval Hospital Bremerton_____360-475-4000

Exceptional Family Member Program_____360-475-4205

Bremerton.tricare.mil

Navy Relief Society Naval Base Kitsap Bremerton_____360-672-2187

Nmcrs.org

officeadmin@nmcrs.org

- ❖ Family assistance, interest free loans/grants for emergency needs to active duty and retired navy/marine corps families/dependents.

Navy Sexual Assault Prevention and Response (SAPR)_____ 877-995-5247

- ❖ Advocacy, information, referral and counseling.
- ❖ Assistance with obtaining civilian and military protective orders.

Specialized Training for Military Parents/STOMP_____ 253-565-2266

Wapave.org

West Sound Fleet and Family Support Centers_____ 866-854-0638

Kitsap.navylifepnw.com

- ❖ General social services for families or Navy personnel.

PERSONAL/RESPIRE CARE

Alta Vista Integrated Life Services_____ 855-201-8141

1950 Pottery Ave., Suite 124, Port Orchard, WA 98366

Altavistalife.org

Disabilities@altavistalife.org

- ❖ Adult and child respite care.
- ❖ DDCS contracted respite provider.

Bainbridge Island Special Needs Foundation

Stephens House_____ 206-780-1211

7968 Finch Rd NE, Bainbridge Island, WA 98110

Bispecialneedsfoundation.org

bisnf@thestephenshouse.org

- ❖ Weekly daily activity program and community engagement services for adults 18+.
- ❖ DSHS licensed respite care and respite community engagement provider.

Caregiver Support Center/Caregiver Respite_____ 360-337-5700

Kitsapgov.com

- ❖ Respite provided to informal, unpaid caregivers, contact program for eligibility criteria.
- ❖ Resource library, counseling, information and referral.

Catholic Community Services_____ 360-792-2020

5610 Kitsap Way, Suite 320, Bremerton, WA 98337

Ccsww.org

- ❖ Long-term home care services, volunteer chore services and foster grandparents program.

Communitas_____360-377-7231

920 Park Ave., Bremerton, WA 98337

Communitas.org

- ❖ Non-medical in-home personal care supports to adults with disabilities.

Easterseals WA Gateway Adult Services_____360-377-9810

Easterseals.com/Washington

4414 Perry Ave. NE, Bremerton, WA 98310

- ❖ Provides respite services in a community setting.

Kitsap Applied Technologies_____360-377-5454

4195 Wheaton Way, Bremerton, WA 98310

Katkitsap.org

- ❖ Provides adult respite services for persons with developmental disabilities.

Kitsap Home Care Services_____360-377-7307

2540 Cascades Pass Blvd, #100, Bremerton, WA 98312

Kitsaphomecare.com

- ❖ Non-medical personal care and respite services are available to the elderly, children, and adults with disabilities.

Lutheran Community Services NW_____360-377-5511

645 4th St., Suite 202, Bremerton, WA 98337

Lcsnw.org/programs/Kitsap-county-services

- ❖ Non-medical in-home personal care and respite services are available to the elderly and adults with disabilities.

Martha and Mary at Home_____360-779-7500

19160 Front St. NE, Poulsbo, WA 98370

Marthandmary.org/home-care

- ❖ Provides in-home care to adults and seniors.

The Shepherd's Hand LLC_____360-769-3122

Theshepherdshand.org

Theshepherdshand22@gmail.com

- ❖ Community engagement and respite services.

PROTECTION/SUPPORTS

DSHS, Adult Protective Services _____ 877-734-6277

Dshs.wa.gov/altsa/adult-protective-services

- ❖ Investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60 and individuals 18+ with disabilities.

DSHS, Division of Children and Family Services

Child Protective Services _____ 888-713-6115

Dcyf.wa.gov

- ❖ Primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18 years of age.

Disability Rights Washington _____ 800-562-2702

Disabilityrightswa.org

- ❖ Protection and advocacy for individuals with disabilities and/or mental illness.

Developmental Disabilities Ombuds _____ 833-727-8900

DDOmbuds.org

- ❖ Information and referral, complaint resolution, system improvement for individuals with I/DD receiving services through the DDA.

Washington State Office of Long Term Care Ombudsman

Program V/TTY _____ 800-562-6028

Waombudsman.org

- ❖ Protection/advocacy for individuals living in boarding homes, adult family homes, IMR's, congregate care facilities, and nursing homes.
- ❖ Kitsap County Ombuds: 360-337-5714

Washington State Office of the Family and Children

Ombudsman _____ 206-439-3870

6840 Fort Dent Way, Suite 125, Tukwila, WA 98188

Ofco.wa.gov

- ❖ Investigates complaints about an agency action or failure to act in cases involving any child at risk of abuse or neglect; a child or family involved with child protection or child welfare services.

RECREATION/LEISURE

Peninsula Alliance_____360-516-0474

3243 N Perry Ave., Bremerton, WA 98310

Peninsulaalliance.org

- ❖ Friday night dance/social for people with disabilities, classes.

Bainbridge Island Special Needs Foundation

Stephens House_____206-780-1211

7968 Finch Rd NE, Bainbridge Island, WA 98110

Bispecialneedsfoundation.org

bisnf@thestepshouse.org

- ❖ Weekly daily activity program and community engagement services for adults 18+.
- ❖ DSHS licensed respite care and respite community engagement provider.

Easterseals Washington, Camp Stand By Me_____253-884-2722

17809 Vaughn Rd. KPN, Vaughn, WA 98394-0313

Easterseals.com/Washington

- ❖ Camping and recreation.

Outdoors For All_____206-838-6030

Outdoorsforall.org

info@outdoorsforall.org

- ❖ Year-round recreational activities.

Special Olympics_____206-362-4949

Specialolympicswashington.org

- ❖ Ongoing participation in sporting events.

Vitalize Kitsap_____206-842-5594

6894 NE Seabold Church Rd., Bainbridge Island, WA 98110

Vitalizekitsap.org

info@vitalizekitsap.org

- ❖ Community engagement services, specialized habilitation and peer activities.

YMCA

Bremerton_____360-377-3741

2261 Homer James Dr., Bremerton, WA 98310

Ymcapkc.org

Silverdale_____360-698-9622

3909 NW Randall Way, Silverdale, WA 98383

Ymcapkc.org

- ❖ Variety of recreational and sports activities, membership assistance available.

SERVICES FOR CHILDREN WITH I/DD

DSHS, Developmental Disabilities Administration_____360-405-7800

4710 Auto Center Blvd., Bremerton, WA 98312

Dshs.wa.gov/dda

Holly Ridge Center, Infant Toddler Program_____360-373-2536

5112 NW Taylor Rd., Bremerton, WA 98312

Hollyridge.org

itp@hollyridge.org

- ❖ Birth to three early intervention program offering specialized instruction, speech, occupational and physical therapy for children with developmental disabilities. Applied Behavior Analysis (ABA) therapy is also available for children with autism up to age 3.

Family Resource Coordination provided by

Holly Ridge Center_____360-373-2536

5112 NW Taylor Rd., Bremerton, WA 98312

Hollyridge.org

frc@hollyridge.org

- ❖ Free developmental screenings and referral for infants and toddlers.

Kitsap Community Resources Head Start/ECEAP_____360-377-0053

1201 Park Ave., Bremerton, WA 98337

Kcr.org

- ❖ Countywide full day Head Start and daycare.
- ❖ Wrap-around program option.

Kitsap Public Health District_____360-728-2235

Kitsappublichealth.org

- ❖ Offers parent/child health services.

Olympic ESD 114 Head Start/ECEAP_____360-478-6889

105 National Ave. N, Bremerton, WA 98312

Oesd114.org

Paratransit Services_____800-933-3468

Paratransit.net

4810 Auto Center Way, Suite Z, Bremerton, WA 98312

Port Gamble S'Klallam Tribe_____360-297-6300

Pgst.nsn.us

31912 Little Boston Rd. NE, Kingston, WA 98346

- ❖ Early childhood programs, early Head Start infant/toddler services.
- ❖ Head Start pre-school, extended day childcare.

Seattle Children's Autism Center_____206-987-8080

Seattlechildrens.org/clinics-programs

- ❖ Assessments, diagnosis, treatment and support.

Specialized Training for Military Parent/STOMP_____253-565-2266

Wapave.org/stomp

- ❖ Free workshops and webinars designed to provide information and resources to EFMP military families.
- ❖ Individuals with disabilities to help them access and navigate educational and medical services.

Shriner's Hospital for Children

National Information_____800-237-5055

Portland, OR_____503-241-5090

Spokane, WA_____509-455-7844

Shrinershq.org

UW Autism Center_____206-221-6806

Depts.washington.edu

- ❖ Evaluation, treatment, training and research.

Development & Disability (CHDD)_____206-598-4317

Uwmedicine.org

Washington Apple Health for Kids_____800-562-3022

Wahealthplanfinder.org

Washington Elks Therapy_____800-825-3557

Waelks.org

WA PAVE_____253-565-2266

6316 S 12th St., Tacoma, WA 98465

Wapave.org

pave@wapave.org

- ❖ Facilitates programs for families of children with special needs.

Washington Sensory Disability Services_____360-947-3297

Wsds.wa.gov

- ❖ Assists children who are deaf or hard of hearing, blind, or visually impaired, or deaf-blind, by providing training and other support to families and service providers.

SUBSTANCE USE RELATED RESOURCES

Agape Unlimited_____360-373-1529

4842 Auto Center Way, Bremerton, WA 98312

Agapekitsap.org

- ❖ State-certified chemical dependency out-patient treatment.
- ❖ On-site childcare.
- ❖ Transitional housing.
- ❖ Everything from intensive out-patient counseling to after care.

Kitsap Recovery Center_____360-337-4625

Kitsapgov.com

- ❖ Substance use in-patient services and in-patient detoxification/withdrawal management services.
- ❖ Outpatient services.

UW Telebupe Hotline_____206-289-0287

telebup@uw.edu

- ❖ Apply through calling to be supplied Buprenorphine (Suboxone) prescription. No insurance required.
- ❖ For more information visit their website.

Washington Recovery Line_____866-789-1511

Warecoveryhelpline.org

recovery@crisisconnections.org

- ❖ Anonymous, confidential 24-hour helpline for Washington State residents for those experiencing substance use disorder, problems gambling, and/or mental health challenges.

West Sound Treatment Center_____360-876-9430

4060 Wheaton Way, Bremerton, WA 98310

Westsoundtreatmentcenter.org

- ❖ Outpatient substance use program.

SUPPORTS (General Community)

Caregiver Support Center and Caregiver Respite_____360-337-5700

9729 Silverdale Way, Silverdale, WA 98383

Agingkitsap.com

- ❖ Resource library, counseling, information and referral.

Lutheran Community Services NW_____360-377-5511

645 4th St., Suite 202, Bremerton, WA 98337

Lcsnw.org

- ❖ Respite services for caregivers, home care.

Northwest Hospitality_____888-222-5240

P.O. Box 1152, Olalla, WA 98359

Nwhospitality.org

info@nwhospitality.org

- ❖ Respite services for caregivers, home care.

The Parenting Place_____360-377-0053

1201 Park Ave., Bremerton, WA 98337

Kcr.org

- ❖ Parenting Classes.

YWCA

Port Orchard/Bremerton_____360-479-0522

24 Hr. Hotline_____800-500-5513

Ywcakitsap.org

- ❖ ALIVE shelter for women and children who are victims of domestic violence.
- ❖ Legal advocacy, support groups and youth services.

TECHNOLOGY/LITERATURE

AbleNet, Inc_____800-322-0956

Ablenetinc.com

customerservice@ablenet.com

- ❖ Products and services for people with disabilities.

Apple Computer, Inc_____877-204-3930

Apple.com/accessibility

- ❖ Innovative solutions for people with disabilities.

Brooks Publishing_____800-638-3775

Brookspublishing.com

- ❖ Resource for texts, videos, guidebooks, curriculum and tools based on research in disabilities, child development and education.

Center for Applied Special Technology_____781-245-2212

Cast.org

Diglo.com

Voice_____800-825-6758

SMS Text_____952-300-9248

hello@diglo.com

- ❖ Products for people who are deaf or hard of hearing.

Enabling Services_____866-794-0650

Enablingdevices.com

sales@enablingdevices.com

- ❖ Products for people who are deaf or hard of hearing.

Hearing, Speech and Deafness Center (HSDC)

Voice_____206-323-5770

TTY_____206-388-1275

Video Phone_____206-452-7953

Hsdc.org

seattle@hsdc.org

- ❖ Communication devices for the deaf and hard of hearing.
- ❖ ALD for conferences and meetings.

Job Accommodation Network_____800-526-7234

Askjan.org

JAN@askjan.com

- ❖ Information on adaptive devices, accommodations and ADA for the workplace.

Northwest Access Fund_____206-328-5116

Nwaccessfund.org

info@nwaccessfund.org

- ❖ Low interest loans for any type of assistive technology device or services, as well as vehicle and home modification, small business, and other life opportunities. Free financial coaching and disability benefits planning for people with disabilities, including youth ages 14+ with Certified Disability Benefit Planners. Small business coaching is also available.

Washington Assistive Technology Act Program_____800-214-8731

Watap.org

Watap@uw.edu

- ❖ Research, education and advocacy related to assistive technology and accessible information systems.

TRANSPORTATION

Angel Flight West_____310-390-2958

Angelflightwest.org

info@angelflightwest.org

- ❖ Free medical transportation for people in need.

Around the Sound Transportation Specialist_____253-858-7088

Atstrans.org

- ❖ Door-to-door service, wheelchair accessible vehicles.
- ❖ Medicaid, private pay, group trips and excursion services available.
- ❖ Serves Kitsap, Jefferson, Clallam, King, Pierce and Mason counties.

Kitsap Transit_____360-377-2877

Kitsaptransit.org

60 Washington Ave., Suite 200, Bremerton, WA 98337

Kitsap Transit Access_____360-479-7272

Kitsaptransit.org

- ❖ Door-to-door bus service for individuals with disabilities, at a discounted rate, monthly bus passes.

Paratransit Services_____360-377-7176

4810 Auto Center Way, Bremerton, WA 98312

Paratransit.net

- ❖ Door-to-door wheelchair and special needs transportation.

VOLUNTEERS

Coffee Oasis_____360-377-5560

Bremerton Location: 822 Burwell St., Bremerton, WA 98312

Volunteer Action Center, United Way_____360-377-8505

645 4th St., Bremerton, WA 98312

Unitedwaykitsap.org/volunteer-kitsap

- ❖ Look on website for current volunteer opportunities.

Volunteer Chore Service_____360-362-1391

250 S Cambrian Ave., Bremerton, WA 98312

Ccswv.org

- ❖ Assist low-income elderly and disabled in their homes.
- ❖ Provides services such as housing cleaning, transportation, yard care, home repair.

WASHINGTON STATE/NATIONAL ADVOCACY/DISABILITY SUPPORT

Alexander Graham Bell Association for the Deaf and

Hard of Hearing_____202-337-5220

Agbell.org

info@agbell.org

- ❖ Provides a parent support line with others who have been there. Phone: 202-204-4680. Email: parentsupport@agbell.org.

American Association on Intellectual and Developmental

Disabilities_____202-387-1968

Aamr.org

- ❖ Online education and publications on Intellectual and Developmental Disabilities.

American Cleft Palate Foundation_____919-933-9044

Cleftline.org

- ❖ Email through website.

American Council of the Blind_____800-424-8666

Acb.org

info@acb.org

American Speech-Language-Hearing Association Action

Center_____800-638-8255

Asha.org

nsslha@asha.org

Arc of the United States_____800-433-5255

Thearc.org

Association of People Supporting Employment First (APSE)____301-279-0060

Apse.org

Autistic Self Advocacy Network (ASAN)

Autisticadvocacy.org

Autism Society of America_____800-328-8476

Autism-society.org

Autism Society of Washington_____888-279-4968

Autismsocietyofwa.org

Batten's Disease Support Research Association_____800-448-4570

Bdsrafoundation.org

Boys Town, National Research Hospital_____800-448-3000

Boystownhospital.org

Babyhearing.org_____531-355-1234

laadp.org

International Rett Syndrome Foundation Information and

Resources_____800-818-7388

Rettsyndrome.org

Job Accommodation Network_____800-526-7234

Askjan.org

❖ Information on adaptive devices, accommodations, ADA for the workplace.

Journey Care Grief Support_____224-770-2273

Journeycare.org

Learning Disabilities Association (LDA) of Washington

Information and Referral_____425-883-0820

Ldawa.org

Lyme Disease Hotline_____860-454-8909

Lyme.org

lymediseasefoundation@gmail.com

March of Dimes Birth Defects_____888-663-4637

Marchofdimes.org

P.O. Box 5141, Boone, IA 50950

❖ NICU family support and information.

National Association for Parents of Children with Visual

Impairments_____510-450-1580

Lionsvisionresource.org

info@lionsvisionresource.org

❖ Applications for grants for those who are blind or low vision.

National Down Syndrome Congress_____800-232-6372

Ndsccenter.org

info@ndss.org

National Down Syndrome Society_____800-221-4602

Ndss.org

- ❖ Empowering individuals with Down Syndrome and their families by advocating and providing resources.

National Easter Seal Society Inc_____206-281-5700

Easterseals.com

- ❖ Email through website.
- ❖ Several resources for children, adults, seniors, veterans, caregivers and families.

National Institute of Health_____301-496-4000

Nih.gov

National Institute of Neurological Disorders and Stroke_____800-353-9424

Ninds.nih.gov

P.O. Box 5801, Bethesda, MD 20824

- ❖ Email through website.

National Multiple Sclerosis Society_____800-344-4867

Nationalmssociety.org

- ❖ Email through website.

National Organization for Albinism and Hyperpigmentation____800-473-2310

Albinism.org

info@albinism.org

- ❖ Free online education and scholarship applications.

National Organization for Rare Disorders_____617-249-7300

Rarediseases.org

- ❖ Email through website.

National Organization on Fetal Alcohol Syndrome_____800-270-4849

Nofaswa.org

- ❖ Links to local resources and support groups.

National Rehabilitation Information Center_____800-346-2742

Naric.com

naricinfo@heitechservices.com

- ❖ Check website for office hours.

National Reyes Syndrome Foundation_____800-221-4602

Reyes-syndrome.org

nrsf@reyes-syndrome.org

- ❖ Provides guidance, support, and research on Reyes Syndrome.

National Tuberous Sclerosis Complex Alliance_____800-225-6872

Tsalliance.org

support@tsalliance.org

People First – Kitsap Chapter_____253-999-7222

Peoplefirstofwashington.org

Theaddamsfamily93@gmail.com

- ❖ Several Chapters across Washington counties.

Self-Advocates in Leadership (SAIL)_____509-222-0294

Sailcoalition.org

sail@arcwa.org

- ❖ A coalition of people with developmental disabilities shaping public policy.

Sickle Cell Disease Association of America_____800-421-8453

Sicklecelldisease.org

info@sicklecelldise.org

The Stuttering Foundation_____800-473-2310

Stutteringhelp.org

info@stutteringhelp.org

TASH_____202-817-3264

Tash.org

info@tash.org

- ❖ International membership association promotes equity, opportunity and inclusion for people with developmental disabilities.

Tourette's Syndrome Association_____888-486-8738

Tsa-usa.org

support@tourette.org

U.S. Department of Justice ADA_____800-514-0301

Ada.gov

U.S. Department of Justice, Equal Employment Opportunity

Commission (EEOC)_____800-669-4000

Eeoc.gov

- ❖ Interprets and enforces employment regulations of ADA.

U.S. Department of Labor_____202-693-3844

Dol.gov

- ❖ Information to promote an inclusive workforce and increase employment opportunities for people with disabilities.

Washington Assistive Technology Act Program (WATAP)_____800-214-8731

Watap.org

watap@uw.edu

- ❖ Resources and expertise to obtain technology and related services needed for employment, education, and independent living.

Washington Department of Services for the Blind_____800-552-7103

Dsb.wa.gov

info@dsb.wa.gov

- ❖ Vocational rehabilitation, training, independent living program, assistive technology training, family services.

Washington PAVE_____253-565-2266

6316 S. 12th St., Tacoma, WA 98465

Wapave.org

PAVE@wapave.org

- ❖ PAVE provides support, training, information, and resources to empower and give voice to individuals, youth and families impacted by disabilities in Washington.

Washington Prescription Drug Program (WPDP)_____206-521-2029

Hca.wa.gov

Leta.evaskus@hca.wa.gov

Washington State Developmental Disabilities Council_____800-634-4473

Ddc.wa.gov

info@ddc.wa.gov

Washington State Father's Network_____425-653-4286

Fathersnetwork.org

Matthew.rickmon@kinderig.org

- ❖ Support, information, resources for fathers of children with health care needs and/or developmental disabilities.

Washington State Legislative Hotline_____800-669-4000

P.O. Box 40600, Olympia, WA 98504

Leg.wa.gov

Washington Talking Book and Braille Library_____206-615-0866

Wtbbl.org

wtbbl@sos.wa.gov

- ❖ Support, information, resources for fathers of children with health care need and/or developmental disabilities.

Within Reach/Parent Help 123_____206-284-2465

Withinreachwa.org & parenthelp123.org

info@withinreach.org

- ❖ A family friendly clearing house, connecting families to resources, benefits and services.

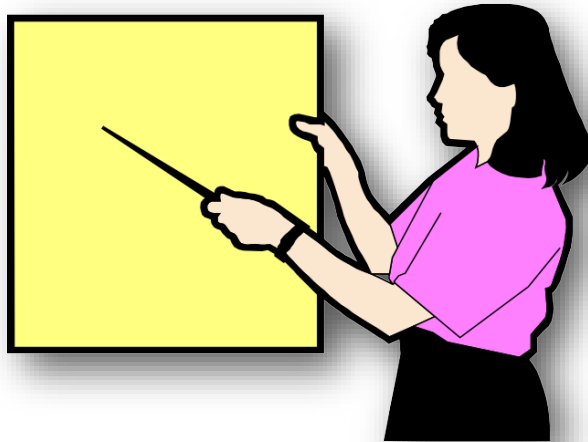
Washington Autism Alliance_____425-894-7231

Washingtonautismalliance.org

office@washingtonautismalliance.org

- ❖ A variety of services for families and individuals with autism.

The ABC's of IDD



A listing of frequently used Acronyms and Phrases

ACRONYMS

A...

AAMC	Association of American Medical Clinics
AAMC	Association of American Medical Colleges
AAPCC	Adjusted Average Per Capita Cost
AAMD	American Association of Mental Development
AAPS	American Association of Physicians and Surgeons
AASA	Aging and Adult Services Administration
ACCH	Association for the Care of Children's Health
ACHS	Association of Counties of Human Services
ADA	American Dental Association
ADA	American Dietetic Association
ADA	Americans with Disabilities Act
ADD	Attention Deficit Disorder
ADHD	Attention Deficit-Hyperactive Disorder
ADL	Activities of Daily Living
AES	Adult Employment Service
AGPA	American Group Practice Association
AHA	American Hospital Association
AHCP	Agency for Health Care Policy and Research
AHEC	American Health Education Center
AIDS	Acquired Immune Deficiency Syndrome
ALIVE	Alternatives to Living in a Violent Environment
AMA	American Medical Association
ANA	American Nurses Association
ANHA	American Nursing Homes Association
AOA	American Optometric Association
AOA	American Osteopathic Association
APA	Administrative Procedures Act
APA	American Pharmaceutical Association

B...

C...

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CHMC_____Children's Hospital and Medical Center
 CHP_____Comprehensive Health Planning
 CI_____Community Inclusion Services
 CME_____Continuing Medical Education
 CMHC_____Community Mental Health Center
 CMP_____Comprehensive Medical Plan
 COB_____Coordination of Benefits
 COG_____Council of Governments
 CON_____Certificate of Need
 COTH_____Council of Teaching Hospitals
 CP_____Cerebral Palsy
 CPA_____Certified Public Accountants
 CPHA_____Commission on Professional and Hospital Archives
 CPI_____Consumer Price Index
 CPR_____Cardio-Pulmonary Resuscitation
 CPS_____Child Protective Services
 CSHCN_____Children with Special Health Care Needs
 CSO_____Community Service Office (*DSHS*)

D...

DHHS_____Department of Health and Human Services
 DCD_____Department of Community Development
 DCFS_____Division of Children and Family Services
 DD_____Developmental Disabilities
 DD_____Developmentally Disabled
 DD_____Developmentally Delayed
 DDC_____Developmental Disabilities Council
 DDCS_____Developmental Disabilities Community Services
 DDS_____Doctor of Dental Surgery
 DMA_____Division of Medical Assistance
 DME_____Durable Medical Equipment
 DMH_____Division of Mental Health

DOD	Department of Defense
DOH	Department of Health
DOVIA	Directors of Volunteers in Agencies
DPH	Department of Public Health
DRG	Diagnosis-Related Group
DRW	Disability Rights Washington
DSHS	Department of Social and Health Services
DV	Domestic Violence
DVR	Division of Vocational Rehabilitation
E...	
E&D	Evaluation and Diagnosis
ECDAW	Early Childhood Development Association of Washington
ECEA	Early Childhood Education and Assistance Program
ECF	Extended Care Facility
EEG	Electroencephalogram
EFM	Exceptional Family Member Program (<i>Military</i>)
EKG	Electrocardiogram
EMS	Emergency Medical Services
EPSDT	Early and Periodic Screening, Diagnosis and Treatment Program
ER	Emergency Room
ERSA	Employee Retirement Income Security Act
ESD	Educational Service District
ESY	Extended School Year
F...	
FAE	Fetal Alcohol Effect
FAS	Fetal Alcohol Syndrome
FAH	Federation of American Hospitals
FAPE	Free Appropriate Public Education
FDA	Food and Drug Administration

FEHBP _____ Federal Employees Health Benefits Program

FICA _____ Federal Insurance Contributions Act

FNP _____ Family Nurse Practitioner

FPL _____ Federal Poverty Level

FRC _____ Family Resource Coordinator

E...

GIA _____ Grant-in-Aid

GP _____ General

H...

HHS _____ Department of Health and Human Services

HCBS _____ Home and Community Based Services
Waivers (DSHS)

HCLA _____ Home and Community Living Administration

HI _____ Health Impaired

HI _____ Hearing Impaired

HIAA _____ Health Insurance Association of America

HMO _____ Health Maintenance Organization

HOH _____ Hard of Hearing

HRC _____ Holly Ridge Center (*Provider*)

HRSA _____ Health Resources and Services Administration

HSA _____ Health Service Area

HSA _____ Health Systems Agency

HUD _____ Housing and Urban Development (*Federal*)

HWD _____ Healthcare for Workers with Disabilities

I...

I&R _____ Information and Referral

ICAP _____ Inventory for Client and Agency Planning

ICC _____ Interagency Coordinating Council

ICF _____ Intermediate Care Facility

ICU _____ Intensive Care Unit

I/DD _____ Intellectual/Developmental Disability

IDEA _____ Individuals with Disabilities Education Act

IDF _____ Immune Deficiency Foundation

IEP _____ Individualized Education Plan

IFSP _____ Individual Family Service Plan

IHP _____ Individual Habilitation Plan

IOM _____ Institute of Medicine of the National Academy
of Sciences

IPP _____ Individual Program Plan

IQ _____ Intelligence Quotient

IRWE _____ Income-Related Work Expense

ISE _____ Individual Supported Employment

ISP _____ Individual Service Plan

ITA _____ Involuntary Treatment Act

ITEIP _____ Infant Toddler Early Intervention Program

J...

JAMA _____ Journal of American Medical Association

JCAH _____ Joint Commission on Accreditation of Healthcare

JTPA _____ Job Training Partnership Act of 1982

JWOD _____ Javits Wagner O'Day Act

K...

KC _____ Kitsap County

KICC _____ Kitsap Interagency Coordinating Council

KMH _____ Kitsap Mental Health

KSAC _____ Kitsap Sexual Assault Center

KTSS _____ Kitsap Tenant Support Services

L...

L-TC _____ Long-Term Care

LD _____ Learning Disabled

LD _____ Learning Disability

LDA _____ Learning Disability Association

LEA _____ Local Education Agency

LICWAC_____Local Indian Child Welfare Advisory Committee

LOS_____Length of Stay

LPN_____Licensed Practical Nurse

LRE_____Least Restrictive Environment

LVN_____Licensed Vocational Nurse

M...

MAA_____Medical Assistance Administration

MAAC_____Maximum Allowable Actual Charge

MAF_____Medical Assistance Facility

MAP_____Medical Audit Program

MCAT_____Medical College Admission Test

MCH_____Maternal and Child Health Program

MCO_____Managed Case Organization

MD_____Medical Doctor

MD_____Muscular Dystrophy

MDT_____Multiple Disciplinary Team

MH_____Mental Health

MIHC_____Medically Intensive Home Care Program

MMIS_____Medicaid Management Information System

MPC_____Medicaid Personal Care

MRI_____Magnetic Resonance Imaging

MS_____Multiple Sclerosis

MSA_____Metropolitan Statistical Areas

MSW_____Master of Social Work

N...

NACO_____National Association of Counties

NAEYC_____National Association for the Education of
Young Children

NARI_____Northwest Association of Rehabilitation Industries

NCA_____National Council on Aging

NCHS_____National Center for Health Statistics

NCHSR	National Center for Health Services Research
NDT	Neurodevelopment Treatment
NF	Nursing Facility
NGA	National Governor's Association
NHIS	National Health Interview Survey
NHSC	National Health Service Corps
NICU	National Intensive Care Unit
NIH	National Institute of Health
NIMH	National Institute of Mental Health
NIOSH	National Institute of Occupational Safety and Health
NISH	National Institute for Severely Handicapped
NLM	National Library of Medicine
NP	Nurse Practitioner
NPRM	Notice of Proposed Rulemaking
O...	
OBRA	Omnibus Budget Reconciliation Act of 1987
OCR	Office of Civil Rights
OESD	Olympic Educational Service District
OFM	Office of Financial Management
OJT	On-the-Job Training
OMB	Office of Management and Budget
OPD	Outpatient Department
OPPFM	Office of Program Planning and Fiscal Management
ORDA	Office of Research and Data Analysis
OSEP	Office of Special Education Programs
OSERS	Office of Special Education and Rehabilitation Services
OSPI	Office of the Superintendent of Public Instruction
OT	Occupational Therapist
OT	Occupational Therapy
OTR	Licensed and Registered Occupational Therapist

P...

PA	Physician's Assistant
PA	Public Assistance
PASS	Plan for Achieving Self Support
PCAP	Parent Child Assistance Program
PAVE	Partnerships for Action, Voices for Empowerment
PBSP	Positive Behavior Support Plan
PCP	Primary Care Physician
PHN	Public Health Nurse
PKU	Phenylketonuria
PL	Public Law
PPA	Preferred Provider Arrangement
PPO	Preferred Provider Organization
PPRC	Physician Payment Review Commission
PT	Physical Therapist
PT	Physical Therapy
PTA	Parent Teacher Association
PTI	Parent Training and Information Center
PTSS	Post Traumatic Stress Syndrome

R...

R&D	Research and Development
RCW	Revised Code of Washington
REW	Rehabilitation Enterprises of Washington
RHC	Residential Habilitation Center
RN	Registered Nurse
RPT	Registered Physical Therapist
RSAS	Rehabilitation Services Accreditation System
RSN	Regional Support Network/Mental Health
RSVP	Region Retired Seniors Volunteer Program

S...

S.A.F.E.	Schools Are For Everyone
SAMSHA	Substance Abuse and Mental Health Services Administration
S.A.N.E.	Sexual Assault Nurse Examiner
SAVI	Sexual Assault Victim Intervention (<i>Military</i>)
SCAN	State-Controlled Area Network
SCH	Sole Community Hospital
SE	Supported Employment
SEA	State Education Agency
SEAC	Special Education Advisory Council
SEPA	Special Education Parent/Professional Advisory Council
SGA	Substantial Gainful Activity (SSA)
SLD	Specific Learning Disability
SLP	Speech-Language Pathologist
SLS	Supported Living Services
SNF	Skilled Nursing Facility
SPI	Superintendent of Public Instruction
SSA	Social Security Administration
SSDI	Social Security Disability Income
SSI	Supplemental Security Income
SSP	State Supplementary Payment
STD	Sexually Transmitted Disease
STOMP	Specialized Training of Military Parents
SW	Social Work/Social Worker
T...	
TA	Task Analysis
TANF	Temporary Assistance to Needy Families
TARP	Technical Assistance for Parents and Teachers
TASH	The Association for Persons with Severe Handicaps
TBI	Traumatic Brain Injury

TDD_____Telecommunication Device for the Deaf
TS_____Tenant Support
TT_____Telephone
TTY_____Typewriter
TXIX_____Title 19 (*Medicaid funding through the Social Security Act*)

U...

UCP_____United Cerebral Palsy
UW_____United Way

V...

VA_____Veterans Administration
VI_____Visually Impaired
VR_____Vocational

W...

WAC_____Washington Administrative Code
WACD_____Washington Association for Citizens with Disabilities
WARI_____Washington Association of Rehabilitation Industries
WAIS_____Weschler Adult Intelligence Scale
WISC_____Weschler Intelligence Scale for Children
WIC_____Women, Infants and Children
WISE_____Washington Initiative for Supported Employment
WSMC_____Washington State Migrant Council

COMMONLY USED PHRASES AND WORDS

A...

Acute Illness – An illness that has occurred suddenly and may be serious.

Activities of Daily Living (ADL) – Behaviors necessary for self-care.

Adaptive Behavior – Use of basic skills in daily life activities.

Adult Service Agency – Federal, state or locally funded agency (with written policies and procedures) that provides services to adults and children (i.e., Developmental Disabilities Community Services (DDCS); Division of Vocational Rehabilitation (DVR); Women, Infants and Children (WIC); Employment Security, etc.).

Ambulatory Care – Health services that are provided without an overnight stay in a health-care facility.

Ancillary Services – Miscellaneous tests, such as laboratory or radio-logical exams.

Assistive Technology Device – Any item or piece of equipment that is useful to increase, maintain, or improve abilities of individuals with disabilities.

B...

Basic Health Plan (BHP) – Managed care plan available through the State of Washington to any individual or family. Premiums can be subsidized by the state, based on income and need.

Basic Health Plan/Plus (BHP/Plus) – Basic Health Plan for eligible children that provides its benefits through Healthy Options/ Medicaid.

C...

Case Management – The process of having a person's health-care needs coordinated by using an ongoing plan.

Case Manager – Individual who arranges services, ensures that clients progress through the process, completes reviews, and (may) maintain fiscal responsibility.

Coinsurance – A percentage (often 20%) that an insured person pays for a visit to a physician or other health care provider, a hospital stay or treatment.

Community Based Programs – Programs for individuals with disabilities that are located within the individual's community.

Community Resources – Public or private agencies, schools or programs offering services to people.

Concurrent Review – A review by an insurer at the time of service to verify that a patient needs continued inpatient care.

Copayment – A fixed dollar amount the recipient pays for health-care services at the time of receiving the service.

Curriculum-Based Vocational Assessment (CBVA) – Various tests to determine the career development and vocational instruction needs of students based on preferences in course content and curriculum; identification of students' career/ vocational strengths and weaknesses.

D...

Deductible – The amount of money an insured person pays for services before the insurer starts paying the bill.

Diagnosis – Identification of a disease producing a specific condition.

Diagnostic Services – Procedures to determine the presence of a health condition.

Durable Medical Equipment (DME) – A long-lasting medical supply, such as a wheelchair.

E...

Elective Procedure – A procedure that isn't an emergency and that a patient and doctor plan in advance.

Emergency – An injury or acute medical condition likely to cause death, disability, or serious illness if not attended to very quickly.

Exclusions – Health conditions that an insurance policy specifically doesn't cover.

F...

Functional Living Skills Assessment – Skills, interests, and values related to functioning in the home and community.

G...

Gainful Employment – Includes employment in one of the following: Competitive labor market or supported employment. Work is performed for living wage and typical benefits.

Gatekeeper – The person who controls a patient's access to health-care services, whether as a case manager or a primary-care provider. Typically, this person must approve all uses of health-care services.

H...

Habilitation – A process aimed at helping individuals with disabilities to attain, keep or improve skills and functioning for daily living.

Healthcare for Workers with Disabilities (HWD) – Medicaid buy-in program for workers with disabilities

Health Maintenance Organization (HMO) – An entity that provides, offers, or arranges for coverage of designated health services needed by plan members for a fixed, prepaid premium.

Health Plan – The set of services in an insurance policy for health care.

Health Plan Employer Data and Information Set – A standardized report used to compare and evaluate HMO's.

I...

Independent Living Skills – Basic skills needed to meet the challenges of daily living, in the least restrictive environment.

Individualized Transition Plan (ITP) – A plan which includes long-term goals and short-term objectives, which includes timelines and measurable expected outcomes.

Inclusive Work Setting – Work setting of a typical community business in which employees earn at or above minimum wage.

Inpatient – A patient who stays in a hospital overnight.

J...

Job Analysis – Job analysis identifies and describes: a) what the worker does; b) how the work is done; c) results of the work; and d) the worker's characteristics.

Job Coach – Provides individualized one-to-one assistance in job placement, travel training, skill training at the job site, ongoing assessments, and long-term assessment.

Job Development Specialist – An individual who contacts businesses and industries for the purpose of placing individuals in competitive employment or on-the-job training sites.

L...

Lifetime Maximum – The total amount that an insurance policy will pay out for medical care during the lifetime of a policy holder.

M...

Managed Care – A term used to describe strategies of health-care plans to control costs by monitoring services and providers used for fees charged.

Maximum Out-of-Pocket Cost – The maximum amount of money a member will have to pay from his or her own funds for deductibles, copayments, or other expenses.

Medically Necessary – Services required to prevent harm to the patient or to the patient's quality of life.

N...

Non-Participating Provider – A provider who isn't part of a specific health plan.

O...

Outcome Oriented – A measurable skill at the end of a set period of training.

P...

Placement Specialist – Professional who assists in job placement.

Pre-Admission Review – A review undertaken by a health plan that happens before a patient enters a hospital to determine if the admission is necessary and appropriate.

Pre-Certification – Similar to pre-admission review but requires a certificate or authorization from the patient's health plan.

Pre-Existing Condition – A health condition that a person has that an insurance policy specifically excludes from coverage or that prevents the person from qualifying for insurance.

Primary Care – First-level or generalist care that a person receives outside a hospital.

Prior Authorization – A cost-control procedure in which an insurer requires a service or medication to be approved in advance for coverage.

Provider – A person or an agency/organization that delivers a service.

R...

Referral – When one health-care provider suggests you visit another one for the purpose of further evaluation and treatment.

S...

Screening Test – A procedure to determine if a person has a certain medical condition.

Secondary Care – Care, often provided in hospitals and long-term facilities, that makes more use of caregivers with specialized training than does primary care.

Self-Referral – When a health-care provider stands to benefit financially from referring a patient to another provider for care.

Service Area – The geographic area a health plan serves.

Social Security Disability Insurance (SSDI) – Benefits provided to disabled and blind individuals who are “insured” by workers contributions to the Social Security Trust. The worker’s widower or worker’s adult child with a disability may also receive a benefit.

Specialist – A physician whose training focuses on a particular area beyond the general training for all physicians.

Supported Employment – Paid employment for individuals with intellectual/developmental disabilities. All supported employment services provide job site support in a typical community business.

Supplemental Security Income (SSI) – Cash assistance program to aged, blind and individuals with disabilities including children under 18 who have limited income and resources.

T...

Task Analysis (TA) – The breakdown of a particular job into its component work activities.

Tertiary Care – Highly specialized care for severe health problems.

U...

Utilization Management – The process health plans and insurers use to make sure the kind of treatment and care recommended for a patient is necessary and appropriate.

Thank you...

To the Kitsap County Board of County Commissioners for their support of persons with Intellectual and Developmental Disabilities in Kitsap County.

To the members of the Kitsap County Developmental Disabilities Advisory Board for their support.

And to the Kitsap County Developmental Disability staff for their assistance in completing this guide and distributing it to those that need this information the most.

Scan the QR code or visit <http://kcowa.us/resources> to access the latest version of the resource guide online.

