

Department of Human Services

Doug Washburn Director

KITSAP COUNTY DEPARTMENT OF HUMAN SERVICES

Sonya Miles Deputy Director Phone: 360-337-4839

Kesha Anderson - Evans Office Supervisor Phone: 360.337.7185 x 3530

Developmental Disabilities Kelly Oneal, Coordinator Phone: 360.337.4624

Behavioral Health Jolene Kron, Administrator Phone: 360.337.4832

Mental Health/Chemical Dependency/Therapeutic Court Hannah Shockley, Coordinator Phone: 360.337.4827

1/10th Affordable Housing Joel Warren, Coordinator Email: jwarren@kitsap.gov

Pretrial Services William Basler, Program Specialist Phone: 360.337.4457

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Aging & Long-Term
Care/Senior Information &
Assistance
Givens Community Center
1026 Sidney Avenue, Suite 105
614 Division Street, MS-5
Port Orchard, WA 98366
Phone: 360.337.5700
1.800.562.6418
Fax: 360.337.5746
Stacey Smith, Administrator
Phone: 360.337.5624

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Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Acting Director Phone: 253.370.1136.

Veterans Assistance Richard Becker, Coordinator Phone: 360.337.4811

North Kitsap Substance Abuse Prevention Coalition

Monday, Jan. 13, 2025

1:00 p.m. - 2:30 p.m. (Workgroups:12:00 - 1:00 & 2:30 - 3:00 p.m.)

Click here to JOIN the Meeting

Meeting ID: 699 110 4058 Call in: 1-253-215-8782

In-Person: Kitsap Regional Library 700 NE Lincoln Rd.

Poulsbo

AGENDA

- Welcome and Land Acknowledgment
 - o Ice Breaker and Introductions
 - Youth Voice Opportunity
- Coalition and Community updates
 - Mark your calendars

Prevention Education

- Spotlight: Preparing for Change
 - Event and Activities review
 - Capacity in prevention

Prevention Efforts

- Prevention Coalition 2025
 - Who are our Champions

New Business

- Action Items
- Reminders

Next Meeting Dates: 2/10/25, 3/10/25 and 4/14/25. Upcoming meeting at Kitsap Regional Library 700 NE Lincoln Rd. Poulsbo. Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx





North Kitsap Substance Abuse Prevention Coalition Monday, December 9, 2024

ANNOUNCEMENTS:

- Marsha shared that there have been 16 motor vehicle accident deaths this year in Kitsap. She also shared that the Night of 1000 Stars is on December 13th.
- Naomi shared that the Naloxone/Narcan Train the Trainers is going to expand to overdose education throughout the community.

PARTNER HIGHLIGHTS:

- Steve shared an update on the Quick Start cards (drug cards). He has been working with Naomi and Kelly on these and they are well underway. He shared examples of them with the group. They will continue the work and are hoping to have them done by the end of February, in hopes to hand out at the SAP "meet and greet" event.
- Deanne shared about the "meet and greet" event. It will be held at the end of February 2025, potentially at the Silverdale library. The intention is to have prevention partners attend. There will be trainings and networking time. The goal is to invite about 60 people.
- Deanne shared that the current activities the coalition is already involved in include Guiding Good Choices, Positive Action, various community outreach measures, capacity building, community and staff trainings, public awareness/media campaigns, CMCA with vaping.
- The group participated in a brainstorming activity discussing ideas of potential future events, goals, community needs, etc.
- Rene reported that she has kids that express concern about substance abuse/misuse within their homes. She advises these kids to "choose not to use".

MOVING FORWARD - NEXT STEPS:

• The next meeting will include going through the list of brainstorm ideas to select items based on capacity, etc.

- Multi-Cultural Fair July (TBD)
- Kitsap Youth Rally March 25
- Salish Recovery Coalition December 13
- Opioid Response Network meeting December 30
- December is National Impaired Driving Prevention Month
- OPP Meeting December 10



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North Kitsap Substance Abuse Prevention Coalition

Monday, February 10, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting

Meeting ID: 699 110 4058 Call in: 1-253-215-8782

In-person: Kitsap Regional Library 700 NE Lincoln Rd.

Poulsbo

AGENDA

- Welcome and Land Acknowledgment
 - Ice Breaker and Introductions
 - Youth Voice Opportunity
- Coalition and Community updates
 - o Mark your calendars

Prevention Education

- Spotlight: Preparing for Change talking hold of 2025
 - Capacity in prevention Are we up to the task
 - Getting behind local events and activities identifying our selections

Prevention Efforts

- Prevention Coalition 2025
 - Volunteer Shout out –
 - Gaps, barriers and the rise of champions for prevention
 - o Progress re-cap of where we are

New Business

- Action Items
- Reminders

Community Comments

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 3/10/25, 4/14/25 and 5/12/25. Upcoming meeting at Kitsap Regional Library 700 NE Lincoln Rd. Poulsbo. Hope you can join us.

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North Kitsap Substance Abuse Prevention Coalition Thursday, January 13, 2025

ANNOUNCEMENTS:

- Rene received Friends for Life posters and is working on planning a campaign
- Anyone interested in posters can reach out to Aura or Deanne to request them
- All members are invited to the Quick-start cards workgroup, contact Deanne for details
- All members are invited to the Fetal Alcohol Awareness event workgroup, January 23rd, 10am
- Recommendations of partners interested/working in Fetal Alcohol Awareness are requested
- All members are invited to the workgroup for the Building a Healed Community: A Connections & Resource Event, held every Friday at 10am. Ideas/input for the event, are welcomed also.
- Deanne will be staffing a table at the MLK event on January 20, asking for other volunteers. Event is at the Kitsap Fairgrounds from 10am to 12:30pm.
- Severe Weather Shelter open over the weekend, G2G2 offers free transportation for individuals needing to get to the shelters. Contact them at 360-373-3000.

PARTNER HIGHLIGHTS:

• Rene reported that she has not had the opportunity as of yet, to follow-up with students who expressed concern about substance misuse within homes.

MOVING FORWARD – NEXT STEPS:

- The group participated in a planning activity, discussed current obligations/commitments, reviewed list of previously created potential events. The group will be sent the list via email and are asked to review and respond with the activities they would like to see the coalition move forward on. It was noted that some of the proposed events could be combined. Next meeting goal, finalize which events to proceed with.
- The group discussed coalition champions and recognition planning.

- Building a Healed Community: A Connections & Resource Event February 26
- Multi-Cultural Fair July (TBD)
- Recovery Advocacy Day February 6
- Kitsap Youth Rally March 25
- Opioid Response Network Meeting January 30
- Effects of Vaping January 22

Building a Healed Community: A Connection & Resource Event

Date: Wednesday, February 26th

Time: 2:00pm to 4:00pm

Location: Kitsap Regional Library - Silverdale

Registration: https://tinyurl.com/55b6745r





Join us for this educational AND fun event!

Topics are centered around substance use prevention, treatment and recovery. There will be a dynamic presentation about cultivating healthy community connections and resource tables with a community café layout.

Light refreshments will be provided.

Come and join us!







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North Kitsap Substance Abuse Prevention Coalition

Monday, March 10, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting

Meeting ID: 699 110 4058 Call in: 1-253-215-8782

In-person: Kitsap Regional Library 700 NE Lincoln Rd.

Poulsbo

AGENDA

- Welcome and Land Acknowledgment
 - Ice Breaker and Introductions
 - Youth Voice Opportunity
- Coalition and Community updates
 - Mark your calendars

Prevention Education

- Spotlight:
 - Quick Start informational cards workgroup
 - Socktober Community Connections activity workgroup –
 - Secure Medicine Take Back partner engagement

Prevention Efforts

- Events, Activities, and Public Presence
 - Fetal Alcohol Syndrome Awareness event workgroup
 - Developing leaders workgroup to be announced
- Progress where are we and what's next

New Business

- Action Items
- Reminders

Community Comments

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 4/14/25, 5/12/25 and 6/9/25. Upcoming meeting at Kitsap Regional Library 700 NE Lincoln Rd. Poulsbo. Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx





North Kitsap Substance Abuse Prevention Coalition Thursday, February 10, 2025

ANNOUNCEMENTS:

- Steve announced that Coffee Oasis has many socks they will donate to him for "Socktober".
- Quick Start cards are well underway with drafts coming soon.
- All members are invited to the Fetal Alcohol Awareness event workgroup, Feb. 19, contact Deanne for details.
- Kitsap Black Student Union is in Olympia, we will ask for feedback when they return.
- New brochures need to be created with the new logos, a workgroup will be formed soon.
- The group recognized the coalition champions.

PARTNER HIGHLIGHTS:

- Rene reported that she has a lunch event coming up soon with her youth.
- Gene, from Freedom 13, gave a presentation around the negative impacts of social media/internet use among teens. Teens spending between 2-5 hours a day on social media are more likely to be diagnosed as "clinically depressed". There is a significant difference in this impact based on gender, female teens depression rates based on social media use is drastically higher. Girls who spend only 30 minutes per day on social media have an increased depression rate of up to 15%. Freedom 13 suggests a 1–2-hour reduction in internet/social media use per day. They suggest when you get your teen a phone, to only get the talk/text plan so they have less access to the internet.
- Current activities: Positive Action with KBSU, Guiding Good Choices with G2G2, Communities Mobilizing on Change for Alcohol (CMCA) with KBSU, Social Media campaigns.

MOVING FORWARD – NEXT STEPS:

- The group participated discussed "preparing for change", reviewing the updated list of potential activities and events based on capacity. Volunteers will be needed for the upcoming events/activities.
- The group is asked to consider ways to combat smoking/vaping, ideas on what we can do.

- Building a Healed Community: A Connections & Resource Event February 26
- Multi-Cultural Fair July (TBD)
- Fetal Alcohol Awareness event September (TBD)
- KPHD Overdose Awareness Day Event TBD
- Socktober October (TBD)
- Kitsap Youth Rally March 25
- Salish Recovery Meeting February 20
- Olympic Prevention Partnership Meeting March 11



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North Kitsap Substance Abuse Prevention Coalition

Monday, April 14, 2025 1:00 p.m. - 2:30 p.m.

JOIN the Meeting

Meeting ID: 699 110 4058 Call in: 1-253-215-8782

In-person: Kitsap Regional Library 700 NE Lincoln Rd.

Poulsbo

AGENDA

- Welcome and Land Acknowledgment
 - Ice Breaker and Introductions
 - Youth Voice Opportunity
- Coalition and Community updates
 - Mark your calendars

Prevention Education

- Spotlight:
 - Social Development Learning

Prevention Efforts

- Workgroups
 - Updates and progress
 - Call for champions new workgroups volunteers
- · Events and Activities
 - Volunteer participation

New Business

- Action Items
- Reminders

Community Comments

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 5/12/25, 6/9/25 and 7/14/25. Upcoming meeting at Kitsap Regional Library 700 NE Lincoln Rd. Poulsbo. Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx





North Kitsap Substance Abuse Prevention Coalition Thursday, March 10, 2025

ANNOUNCEMENTS:

- The event "Building a Healed Community" had to be rescheduled due to widespread power outages in Kitsap. The workgroup is working on rescheduling.
- Socktober planning is underway. Distribution ideas are needed. Coffee Oasis recommended handing out the Quick Start Cards with the socks.

PARTNER HIGHLIGHTS:

- Kingston SAP reported that she has a "drug facts" lunch event at the end of the month. She is currently seeing about 10-11 students each week.
- KPHD announced a "kick off" meeting for Lived & Living Experience in partnership with Olympic College Recovery Rangers, will be held March 24. There will be compensation for board members.
- Kitsap County Prevention/Youth Services announced an upcoming RFP. It's a small fund match grant for resiliency programs within the community. Will be announced around March 14, closes April 17.
- Kitsap County Prevention/Youth Services is partnering with the OESD 114 to offer Hidden in Plain Sight presentations in 3 of our 5 School Districts, with the other 2 Districts at a later date. Flyer will be provided by the OESD.
- Target Zero reported that National Night Out will be different this year, they will be focusing on individual communities instead of hosting 1 event.
- Port Gamble S'Klallam Youth Services has offering services around healthy communications, internet safety, budgeting and self-care. Upcoming events/activities include coalition meetings, reentry programs, recovery town hall, missing indigenous protocols, etc.
- Kitsap County Substance/Youth reported that they have partnered with Peninsula Community Health Service for secure medicine take back activities. They will put prevention materials in prescription bags provided to customers. The group discussed reaching out to other/all Kitsap County pharmacies to see about other partnerships.
- Kitsap County Substance/Youth is working with NK Boys & Girls Club to implement
 Positive Action, sessions are well underway and going well. They are working on getting
 PA into the Bremerton area, starting soon. Guiding Good Choices has new sites pending.
 CMCA is well underway.

MOVING FORWARD – NEXT STEPS:

- Workgroups needing partner involvement include Fetal Alcohol Syndrome, Developing Leadership, Socktober, Brochure/Rebranding.
- Attendance requests for community events have been coming in, members will be notified of these for volunteer opportunities.
- There is opportunity for Parent Night Presentations at the Boys & Girls Club.

- Building a Healed Community: A Connections & Resource Event TBD
- Multi-Cultural Fair TBD
- Fetal Alcohol Awareness event September 9
- KPHD Overdose Awareness Day Event September 5
- Salish Recovery 5k September 6
- Socktober October (TBD)
- Kitsap Youth Rally March 25
- Olympic Prevention Partnership Meeting March 11



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North Kitsap Substance Abuse Prevention Coalition

Monday, May 12, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting

Meeting ID: 832 1747 2793

Passcode: 139918

In-person: Kitsap Regional Library 700 NE Lincoln Rd.

Poulsbo

AGENDA

- Welcome and Land Acknowledgment
 - Ice Breaker and Introductions
 - Youth Voice Opportunity
- Coalition and Community updates
 - Mark your calendars

Prevention Education

- · Spotlight:
 - Putting Prevention in Place implementation activity

Prevention Efforts

- Workgroups
 - Updates and progress
- · Events and Activities
 - Volunteer participation needed current call to action

New Business

- Action Items
 - Additions
- Reminders

Community Comments

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 6/9/25, 7/14/25 and 8/11/25. Upcoming meeting at Kitsap Regional Library 700 NE Lincoln Rd. Poulsbo. Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx





North Kitsap Substance Abuse Prevention Coalition Thursday, April 14, 2025

ANNOUNCEMENTS:

- The event "Building a Healed Community" has been rescheduled to June 17. Flyer to come.
- Hidden in Plain Sight events are next week. April 15 Kingston MS, April 16 Mountain View MS, April 17 Central Kitsap MS.
- Samples for the Quick Start cards are done. KPHD is providing a QR code for the cards with a link to their site with more info.
- As of May 2025, these meetings will require a password for entry.
- Leadership work group to be formed soon, looking for leaders to join.
- Socktober work group is underway, looking for volunteers.

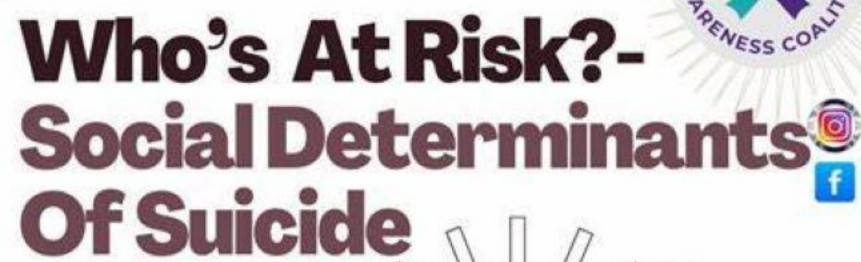
PARTNER HIGHLIGHTS:

• Kitsap County Substance Abuse Prevention/Youth Services has partnered with the OESD 114 to offer Hidden in Plain Sight events at all 5 school districts. Dates of the first three are listed above and the other two are in the works for May, more to come.

MOVING FORWARD – NEXT STEPS:

- The group reviewed the Social Development Strategy and discussed it.
- The group discussed how the coalition is implementing the 5 steps of the strategy and how they could do more to implement them.

- Building a Healed Community: A Connections & Resource Event June 17
- Multi-Cultural Fair TBD
- Fetal Alcohol Awareness event September 9
- KPHD Overdose Awareness Day Event September 5
- Salish Recovery 5k September 6
- Socktober October (TBD)
- Annual Suicide Awareness Walk and Resource Fair September 14
- Summer Academy by Kitsap Strong July 14-21 & August 4-14
- Missing, Murdered Indigenous Women Walk May 5
- Who's at Risk? Social Determinants of Suicide May 14
- Opioid Response Partnership Meeting May 19
- Parent Coalition; All About Fetal Alcohol Spectrum Disorder
- Resource Fair Marvin Williams Center June 20



Save The Date!!!

A panel and community discussion on the causes/risk factors of suicide within Kitsap County, with provided resources.

MAY14 2025

6:30-8:30 pm at Olympic College in Bremerton.



Join us for New Day's 11 years celebration event on May 17, 2025 at 5:00 p.m.

Theme: "Walking in God's purpose; being a lifeline to many."

Cost for Individual—\$40

Cost for reserved table for 6-\$240

Baymont Inn

5640 Kitsap Way, Bremerton

Dinner Program Recognitions Dessert Dash

Mission: To provide meals, pantry foods, referral service, basic needs assistance, and offer 12-Step classes, all at no cost to low-income community members.

Vision: To end hunger and restore the quality of life for our community members so that they have a chance at a New Beginning, New Start, and a Brand New Day.

To register, visit our website at www.newdayministrywa.org, call us at 360-373-0184 or email us at newdayministrywa@gmail.com.

Payment can also be done via New Day's CashApp. \$newdayministrywa

LEARN. TALK. LOCK.

Steps to Take to Help Prevent Suicide & Create A Safer Environment For All



Learn the warning signs

- Talking, joking about death; researching ways to die
- Hopelessness, depression, anxiety, significant loss or shame; sleep or appetite issues
- Isolating or withdrawing from friends & favorite activities; decreased work performance
- Increasing use of alcohol or other substances; chronic pain; family history of suicide



Talk about what you're seeing

- Empathize and listen to what they say.
- Offer compassion, not advice.
- If you see multiple troubling signs, ask directly if they are thinking about suicide.
- Asking about suicide will NOT plant the idea in someone's mind.



Lock to reduce the dangers

- Putting time & distance when someone is at risk for suicide can save a life.
- Securely storing or removing items such as firearms, medications, or other dangerous objects, may offer that opportunity.

Learn more about how you can help protect those you care about by visiting: saferhomescoalition.org

saferhomescoalition.org intheforefront.org





Fact Sheet: Means Safety



Ways You Can Help Prevent Suicide & Create A Safer Environment For All

What is means safety?

Means safety is limiting the access of lethal methods of suicide, such as reducing access to firearms and toxic substances

Families can restrict access to means by:

- Removing lethal means from households entirely.
- Store firearms with law enforcement (if allowed).
- Store firearms in lockboxes and safes.
- Store ammunition in a separate location.
- Secure medications and dispense safe quantities, as necessary.



Even if families do not have a child at-risk for suicide, if they have a child under 18 it is important to store firearms and all lethal means safely.

Why is means safety important?

Access to lethal means is a risk factor for suicide. Many suicide attempts take place during a short-term crisis; therefore, means restriction is an effective way to reduce the risk of suicide.

Peers or friends can:

- Ask direct questions about risk of suicide. Asking about suicide does not increase the risk of suicide.
- Ask for your friend's permission to store their means.
- Refer friends to mental health professionals.
- Encourage your friend to call crisis hotlines if they are in a crisis. Practice calling the crisis hotline with your friend.

Learn more about how you can help protect those you care about by visiting: saferhomescoalition.org intheforefront.org

988

SUICIDE & CRISIS
LIFELINE

If you or someone you know needs support now, call or text 988 or chat 988 lifeline.org.



If you think someone might be considering suicide, **be the one to** help them by taking these 5 steps:

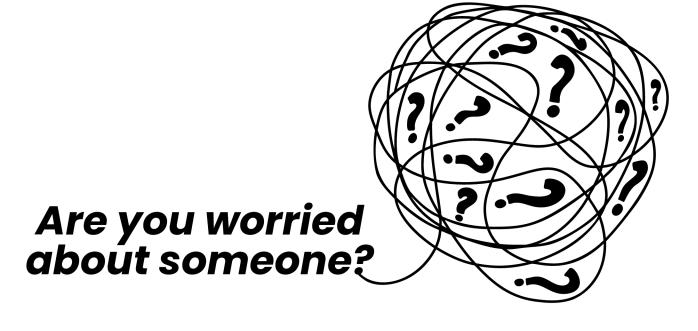
Ask.
Keep Them Safe.
Be There.
Help Them Connect.
Follow Up.



#BeThe1To help save a life.







#BeThe1To

KEEP THEM SAFE

Learn more about how you can help protect those you care about by visiting:

saferhomescoalition.org
intheforefront.org





#BeThe1To

ASK

Ask the tough question.

When somebody you know is in emotional pain, ask them directly: "Are you thinking about killing yourself?"



Learn more about how you can help protect those you care about by visiting:

saferhomescoalition.org

intheforefront.org



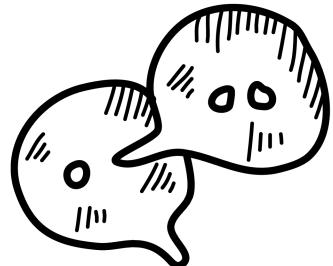


#BeThe1To

BE THERE

If someone you care about is thinking about suicide, **be there** to listen to their reasons for feeling hopeless and in pain.

Listen with compassion and empathy and without dismissing or judging.



Learn more about how you can help protect those you care about by visiting: saferhomescoalition.org intheforefront.org







KEEP THEM SAFE

When someone is experiencing a suicidal crisis, you can help keep them safe by securing or removing firearms, medications, cleaners and other household items. Following the guidance below can help save a life.

MEDICATIONS

Store medications in a locked container or medicine cabinet. Dispose of or destroy unused or expired medications.

CLEANERS

Keep cleaning supplies in a locked container or cabinet.

LIGATURES

Safely store or remove items such as large ropes, cords, belts or other items that could be used to tie or bind things tightly.

ALCOHOL

Remove all alcohol from the home. If that is not possible, lock in a secure storage container or cabinet.

FIREARMS

When possible, completely remove firearms from the home. Check with local gun ranges or police departments about possible storage options. You can also check if your state has Extreme Risk Protective Order laws, also known as red flag laws. If guns cannot be stored outside the home, store ammunition and the gun separately, both in locked safes. Use cable locks or gun safety locks in addition to storing the firearm in a locked safe.

KNIVES OR SHARP OBJECTS

Store cooking knives in a locked cabinet and remove other sharp objects that could be used to cut or pierce. Keep sharp objects that are not regularly used in a secure box or container and place in a difficult-to-reach space or outside the home, if possible.

OTHER ACTIONS YOU CAN TAKE TO KEEP YOUR LOVED ONE SAFE AT HOME

Search your basement, garage, shed or other places on the property to be sure potentially lethal items are not being hidden or stockpiled.

Contact local law enforcement, your pharmacy, or your doctor for more guidance on how to safely store, remove or dispose of lethal items.

Check daily to ensure quantities of medications, alcohol and other toxins/poisons that could not be removed from the home remain the same.

Stay alert for new items or products entering the home that could be harmful or dangerous.

SUICIDE & CRISIS
LIFELINE

SUICIDE & CRISIS
LIFELINE

If you or someone you know needs support now, call or text 988 or chat 988 lifeline.org.

Flyer brought to you by.





Department of Human Services

Doug Washburn
Director

KITSAP COUNTY DEPARTMENT OF HUMAN SERVICES

Sonya Miles Deputy Director Phone: 360-337-4839

Kesha Anderson - Evans Office Supervisor Phone: 360.337.5750 x 3530

Developmental Disabilities Heidi Scheibner, Coordinator Phone: 360.337.4624

Behavioral Health Jolene Kron, Administrator Phone: 360.337.4832

Mental Health/Chemical Dependency/Therapeutic Court Hannah Shockley, Coordinator Phone: 360.337.4827

1/10th Affordable Housing Joel Warren, Coordinator Email: jwarren@kitsap.gov

Pretrial Services William Basler, Program Specialist Phone: 360.337.4457

Substance Abuse Prevention/ Treatment and Youth Services Laura Hyde, Coordinator Phone: 360.337.4879 Substance Abuse Prevention Deanne Jackson, Prevention Coalition Coordinator Phone: 360.337.4878

Aging & Long-Term Care/Senior Information & Assistance Givens Community Center 1026 Sidney Avenue, Suite 105 614 Division Street, MS-5 Port Orchard, WA 98366 Phone: 360.337.5700 1.800.562.6418 Fax: 360.337.5746 Stacey Smith, Administrator Phone: 360.337.5624

Community Development Block Grant Norm Dicks Government Center 345 6th Street, Suite 400 Bremerton, WA 98337 Fax: 360.337.4609 Bonnie Tufts, Coordinator Phone: 360.337.4606

Housing and Homelessness Carl Borg, Program Manager Phone: 360.337.7286

Kitsap Recovery Center Outpatient Services: 1026 Sidney Road Port Orchard, WA 98366 Inpatient and Detox Services: 661 Taylor Street Port Orchard, WA 98366 Fax: 360.377.7027 Vacant, Clinical Manager Phone: 360.337.5640

Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Acting Director

Phone: 253.370.1136.

Veterans Assistance Steve Corcoran, Coordinator Phone: 360.337.4811

North Kitsap Substance Abuse Prevention Coalition

Monday, June 9, 2025 1:00 p.m. - 2:30 p.m.

JOIN the Meeting

Meeting ID: 832 1747 2793

Passcode: 139918

In-person: Kitsap Regional Library 700 NE Lincoln Rd.

Poulsbo

AGENDA

- Welcome and Land Acknowledgment
 - Ice Breaker and Introductions
 - Youth Voice Opportunity
- Coalition and Community updates
 - Mark your calendars

Prevention Education

- Spotlight:
 - Upstream efforts prevention planning activity

Prevention Efforts

- Current and upcoming projects and opportunities
 - Policy and prevention
 - Coalition activities
 - Volunteer opportunity updates
 - Campaigns and media

New Business

- Action Items
 - Additions
- Reminders

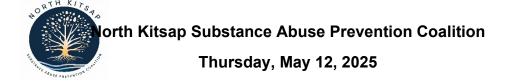
Community Comments

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 7/14/25, 8/11/25 and 9/8/25. Upcoming meeting at Kitsap Regional Library 700 NE Lincoln Rd. Poulsbo. Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx





ANNOUNCEMENTS:

- Melia Hughes is no longer with Kitsap County Parent Coalition.
- The training "All About Fetal Alcohol Spectrum Disorder" has been cancelled.
- The training "Who's at Risk? Social Determinants of Suicide" has been cancelled.
- Leadership work group to be formed soon, looking for leaders to join!
- Socktober work group is underway, looking for volunteers for the event and workgroup.
- Quick Start cards done soon. Partnership with KPHD with links to informational website.
- Looking for tabling volunteers for Juneteenth Freedom Festival, Kitsap County Fair.

PARTNER HIGHLIGHTS:

- Kitsap County Substance Abuse Prevention/Youth Services and the OESD are hosting their second round of Hidden in Plain Sight events. May 21 at Marcus Whitman Middle School and May 22 is on Bainbridge Island.
- Kitsap County Substance Abuse Prevention/Youth Services contractor will be implementing Positive Action in 2 locations, starting soon.

MOVING FORWARD - NEXT STEPS:

- The group discussed creative ways to get into communities. Ideas included youth lead
 activities, meeting community where they're at, prevention messaging, parent
 involvement, outdoor/hiking activities, rent a theater out, ask groups what they find
 valuable and providing those services, farmers markets, festivals, more activities for
 youth.
- The group was asked to think about leadership for the Coalition, if they, or someone they know are a good fit for the Chair and Co-Chair positions.

- Building a Healed Community: A Connections & Resource Event June 17
- Fetal Alcohol Awareness event September 9
- Juneteenth Freedom Festival June 14
- 'Tools for the Trade' Summer Academy June 30 July 18
- Opioid Response Partnership Meeting May 19
- OPP meeting June 10
- Scarlett Road presentation, Dispute Resolution Center May 21
- Signs of Substance Abuse & Resources June 18

Building a Healed Community: A Connection & Resource Event

Date: Tuesday, June 17th Time: 1:00pm to 3:30pm

Location: Kitsap Regional Library - Silverdale

Registration: https://rb.gy/lu5vkv

To register:

Join us for this educational AND fun event!

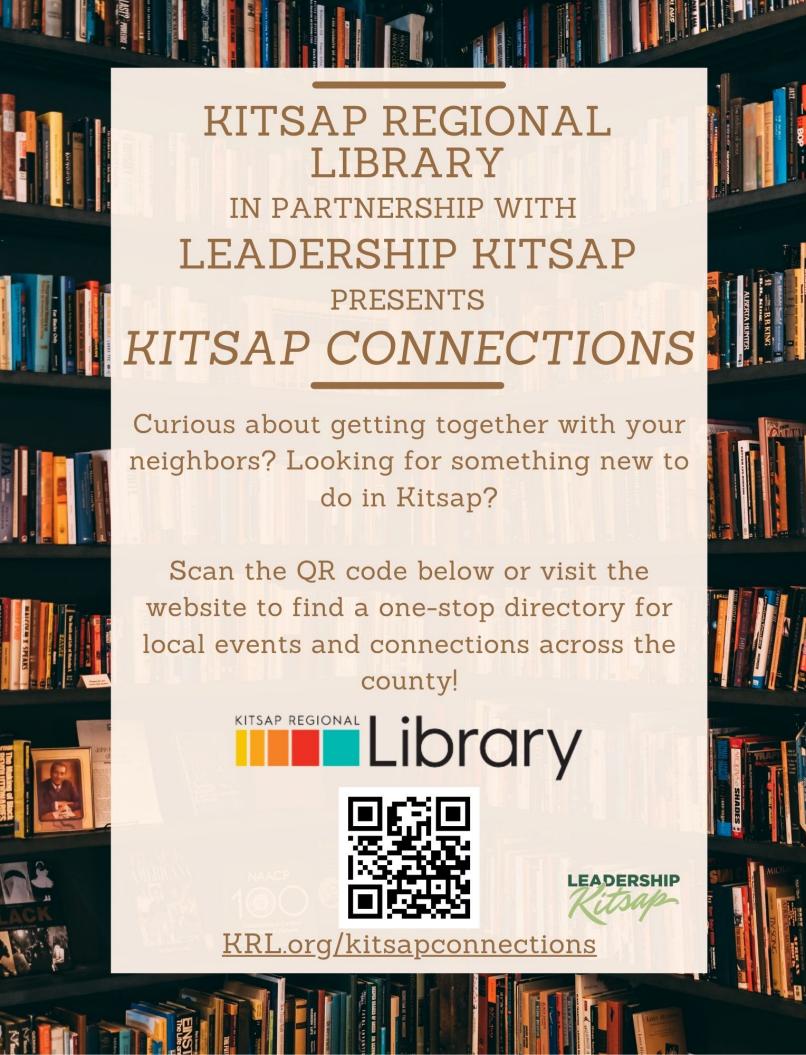
Topics are centered around substance use prevention, treatment and recovery. There will be a dynamic presentation about cultivating healthy community connections and resource tables with a community café layout.

Light refreshments will be provided.

Come and join us!









Department of Human Services

Doug Washburn Director

KITSAP COUNTY DEPARTMENT OF HUMAN SERVICES

Sonya Miles Deputy Director Phone: 360-337-4839

Kesha Anderson - Evans Office Supervisor Phone: 360.337.7185 x 3530

Developmental Disabilities Kelly Oneal, Coordinator Phone: 360.337.4624

Behavioral Health Jolene Kron, Administrator Phone: 360.337.4832

Mental Health/Chemical Dependency/Therapeutic Court Hannah Shockley, Coordinator Phone: 360.337.4827

1/10th Affordable Housing Joel Warren, Coordinator Email: jwarren@kitsap.gov

Pretrial Services William Basler, Program Specialist Phone: 360.337.4457

Substance Abuse Prevention/ Treatment and Youth Services Laura Hyde, Coordinator Phone: 360.337.4879 Substance Abuse Prevention Deanne Jackson, Prevention Coalition Coordinator Phone: 360.337.4878

Aging & Long-Term
Care/Senior Information &
Assistance
Givens Community Center
1026 Sidney Avenue, Suite 105
614 Division Street, MS-5
Port Orchard, WA 98366
Phone: 360.337.5700
1.800.562.6418
Fax: 360.337.5746
Stacey Smith, Administrator
Phone: 360.337.5624

Community Development Block Grant Norm Dicks Government Center 345 6th Street, Suite 400 Bremerton, WA 98337 Fax: 360.337.4609 Bonnie Tuffs, Coordinator

Phone: 360.337.4606

Housing and Homelessness Carl Borg, Program Manager Phone: 360.337.7286

Kitsap Recovery Center Outpatient Services: 1026 Sidney Road Port Orchard, WA 98366 Inpatient and Detox Services: 661 Taylor Street Port Orchard, WA 98366 Fax: 360.377.7027 Keith Winfield, Clinical Manager Phone: 360.337.5640

Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Acting Director

Phone: 253.370.1136.

Veterans Assistance Richard Becker, Coordinator Phone: 360.337.4811

North Kitsap Substance Abuse Prevention Coalition

Monday, July 14, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting

Meeting ID: 832 1747 2793

Passcode: 139918

In-person: Kitsap Regional Library 700 NE Lincoln Rd.

Poulsbo

AGENDA

- Welcome and Land Acknowledgment
 - Ice Breaker and Introductions
 - · Youth Voice Opportunity
- Coalition and Community updates
 - Mark your calendars

Prevention Education

- · Spotlight:
 - New Member Welcome packet refresh prevention planning activity

Prevention Efforts

- Current and upcoming projects and opportunities
 - Call for champions
 - Leadership Workgroup now forming
 - Volunteer opportunities
 - Coalition activities
 - o Campaigns and media

New Business

- Action Items
- Reminders

Community Comments

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 8/11/25, 9/8/25 and 10/20/25. Upcoming meeting at Kitsap Regional Library 700 NE Lincoln Rd. Poulsbo. Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx





North Kitsap Substance Abuse Prevention Coalition Thursday, June 9, 2025

ANNOUNCEMENTS:

- Leadership work group to be formed soon, looking for leaders to join!
- Socktober work group is underway, looking for volunteers for the event.
- Looking for volunteers for the Fetal Alcohol Syndrome event in September.
- Quick Start cards done!

PARTNER HIGHLIGHTS:

- School SAP reports she is working on exiting kids, graduations this weekend. She shared
 a success story for a student who went to treatment, sober 11 months and received
 scholarships to a tech school.
- KC Substance Abuse Prevention & Youth Services hosting table on Juneteenth.

MOVING FORWARD – NEXT STEPS:

 The group participated in an activity and discussed prevention needs and identifying where and how unique needs could be met. Discussed relevance to their organizations/roles.

- Building a Healed Community: A Connections & Resource Event June 17
- Fetal Alcohol Awareness event September 9
- Juneteenth Freedom Festival June 14
- 'Tools for the Trade' Summer Academy June 30 July 18
- Opioid Summit September 4 & 5
- Signs of Abuse June 18
- Dispute Resolution Center Presentation June 18
- Recovery in the Park September 6
- Opioid Candlelight Vigil September 5
- What Preventionists Should Know About Stimulants June 17
- Opioid Response Partner Meeting August 19
- Art & Science of Community Organizing June 30



Overdose Awareness Night

Join us in honoring those we have lost to overdose.

Friday, September 5, 6-7:30 p.m.

Evergreen Rotary Park 1500 Park Ave, Bremerton

Guests are welcome to bring a photo of a loved one they have lost to overdose.

Free naloxone will be available.

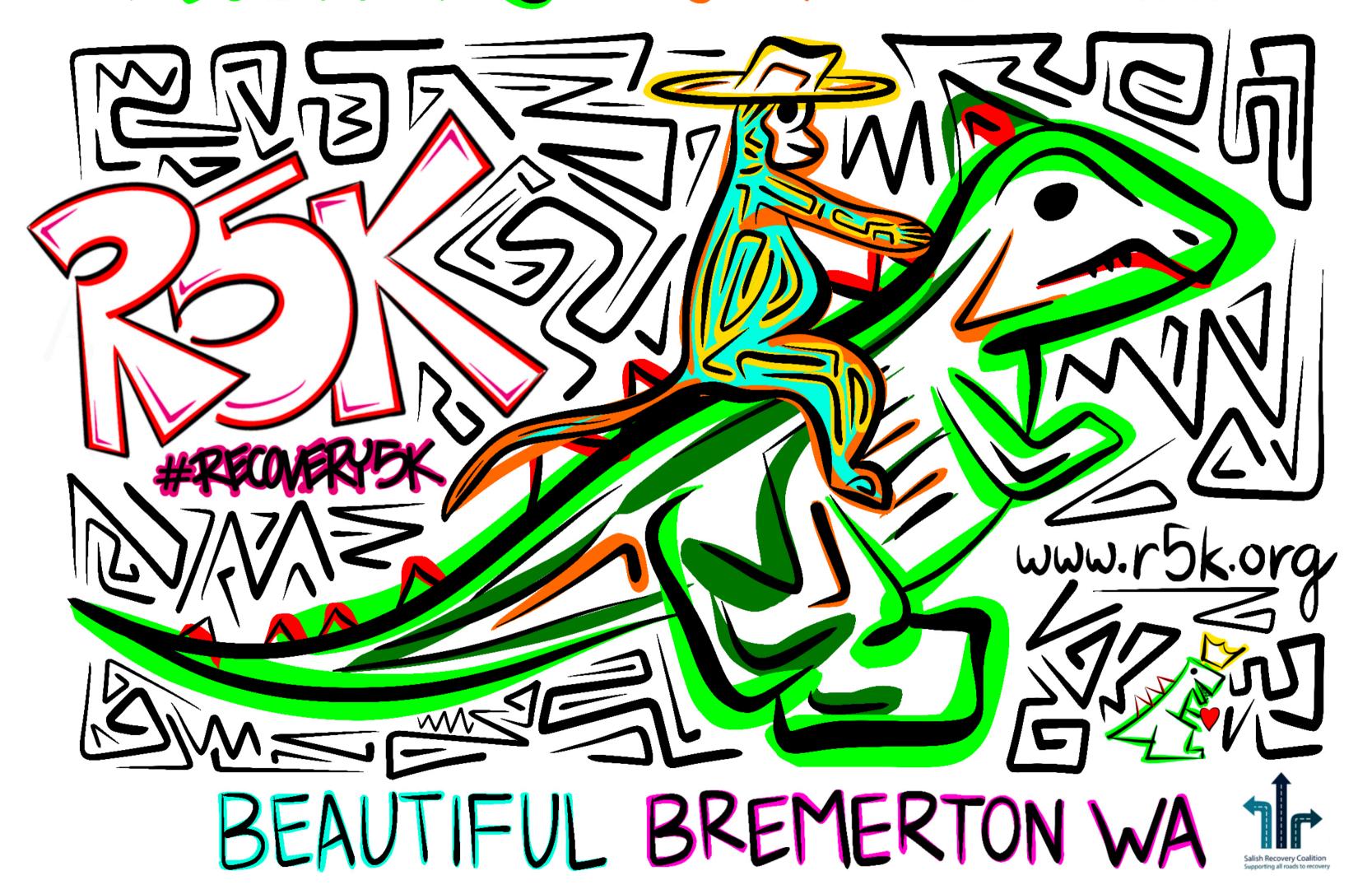
Questions? Email cdp@kitsappublichealth.org







RECOVERY 5K SEPTEMBER 6 2025





9:00 am 11-2:00 Recovery 5k Recovery Day at the Park Illahee Preserve Evergreen Park









Recovery Day at the Park

Thanks to Salish Recovery Coalition, the Suquamish Tribe, Joseph Montalbo, Beth Morrison & Beth Wilson from WSTC, Mayor Greg Wheeler, all the providers, and others who worked to make Recovery Day at the Park a hit!













KITSAP COUNTY DEPARTMENT OF HUMAN SERVICES

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Kesha Anderson - Evans Office Supervisor Phone: 360.337.5750 x 3530

Developmental Disabilities Heidi Scheibner, Coordinator Phone: 360.337.4624

Behavioral Health
Jolene Kron, Executive Director
Phone: 360,337,4832

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Pretrial Services William Basler, Program Specialist Phone: 360.337.4457

Substance Abuse Prevention/ Treatment and Youth Services Laura Hyde, Coordinator Phone: 360.337.4879 Substance Abuse Prevention Deanne Jackson, Prevention Coalition Coordinator Phone: 360.337.4878

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Housing and Homelessness Carl Borg, Program Manager

Phone: 360.337.4606

Phone: 360.979.6027

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Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Director Phone: 360.689.8525

Veterans Assistance Steve Corcoran, Coordinator Phone: 360.337.4811

North Kitsap Substance Abuse Prevention Coalition

Monday, Aug. 11, 2025 1:00 p.m. - 2:30 p.m.

JOIN the Meeting

Meeting ID: 832 1747 2793

Passcode: 139918

In-person: Kitsap Regional Library 700 NE Lincoln Rd.

Poulsbo

AGENDA

- Welcome and Land Acknowledgment
 - Ice Breaker and Introductions
 - Youth Voice Opportunity
- Coalition and Community updates
 - Mark your calendars

Prevention Education

- Spotlight:
 - New Member Welcome packet- identifying priorities and building for the future

Prevention Efforts

- Current and upcoming projects and opportunities
 - Leadership Workgroup news
 - Volunteer opportunities
 - Prevention priorities and engagement

New Business

- Action Items
- Reminders

Community Comments

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 9/8/25, 10/20/25 and 11/10/25. Upcoming meeting at Kitsap Regional Library 700 NE Lincoln Rd. Poulsbo. Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx





North Kitsap Substance Abuse Prevention Coalition

Monday – July 14, 2025

ANNOUNCEMENTS:

- Deanne has openings for her team for the 5K at the Recovery Day in the Park, join her!
- Volunteers needed for the Kitsap County Fair resource table! Show your support for our Coalition and sign up today! Parking and access to the fair will be provided. Shifts will be 3 hours at a time, sign up for as many as you'd like.
- The leadership workgroup will begin soon, keep an eye out. If you are interested in being a part of it, let us know.
- The Fetal Alcohol Syndrome event will be on September 9, volunteers needed! We lost most of our group due to job changes.
- Socktober planning is well underway. Volunteers needed to help distribute socks/prevention materials in October.
- Scholarships for Guiding Good Choices possible through Substance Abuse Prevention & Youth Services, if interested, let us know.

PARTNER HIGHLIGHTS:

- The QuickStart cards will be moving to the next topics; alcohol, nicotine, opioid and possible caffeine.
- Fetal Alcohol Syndrome event will have resource tables, a panel and interactive activities. Refreshments provided.
- Socktober will have boxes for sock donations going out soon.
- KC Prevention & Youth Services is in partnership with Stand up For Kids, more info to come. Volunteer opportunities will be available.
- KC Prevention & Youth Services reports that they had 2 full groups of Positive Action covering the whole county. Guiding Good Choices was completed and will be offered again SFY 2025/26. CMCA completed, bottle hangers/stickers/flyers with prevention messaging distributed throughout the county and will be offered again SFY 2025/26

MOVING FORWARD - NEXT STEPS:

- Members reviewed a revision draft of the Coalition New Member Packet. Final draft expected at next meeting.
- Please consider volunteering for the various workgroups and community events happening now (or very soon). Our work can't move forward without you. We need coalition members to step up, volunteer and help turn plans into action! Even a small commitment goes a long way. Let's keep the good work growing together!

- Opioid Response Partnership Meeting August 19
- Kitsap County Fair August 20-24
- Coffee Oasis Back to School Block Party August 22
- Talk Early, Talk Often: Prevent Underage Substance Use August 26
- Region 10 Opioid Summit September 4 & 5
- Overdose Awareness Night September 5
- Opioid Candlelight Vigil September 5
- Recovery Day in the Park/Recovery 5k September 6

- 2nd Annual Suicide Event September 13
 Go Green KBSU/OC Event July 26



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Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Director Phone: 360.689.8525

Veterans Assistance Steve Corcoran, Coordinator Phone: 360.337.4811

North Kitsap Substance Abuse Prevention Coalition

Monday, Sept. 8, 2025 1:00 p.m. - 2:30 p.m.

·

JOIN the Meeting

Meeting ID: 832 1747 2793

Passcode: 139918

Virtual only this month

AGENDA

- Welcome and Land Acknowledgment
 - Ice Breaker and Introductions
 - Youth Voice Opportunity
- Coalition and Community updates
 - Mark your calendars

Prevention Education

- Spotlight:
 - Champions who are they and how to engage them

Prevention Efforts

- Projects and opportunities
 - Leadership Workgroup updates
 - Volunteer opportunities
 - New member engagement

New Business

- Action Items
- Reminders

Community Comments

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 10/20/25, 11/10/25 and 12/8/25. Future meetings at Kitsap Regional Library 700 NE Lincoln Rd. Poulsbo. Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx





North Kitsap Substance Abuse Prevention Coalition

Monday – August 11, 2025

ANNOUNCEMENTS:

- SHOUT OUT TO VIOLETA (KIAC) AND HER YOUTH FOR REPRESENTING US THE KITSAP FAIR!
- Next month's meeting (September) will be held <u>virtually only</u>; library space was not available.
- October meeting is scheduled for Monday, October 20 in observance of Indigenous Peoples Day.
- More volunteers are needed for the Kitsap County Fair resource table! Parking and access to the fair will be provided. Shifts will be 3 hours at a time, sign up for as many as you'd like.
- The leadership workgroup is ready to begin! The first meeting will be held August 28, 4:30pm to 5:30pm (invites will be sent soon). Bring ideas of any "leadership" trainings you'd like to participate in.
- The next Socktober workgroup is August 26, volunteers are needed to help distribute socks/prevention materials in October.

PARTNER HIGHLIGHTS:

- SAP on summer break. OESD still reviewing applications for the Bremerton SAP position.
- Coffee Oasis invites members to volunteer at their Back to School events with carnival games.
- KBSU has their youth working on their community garden at Blueberry Park. They also report that they will be moving into their new building soon.

MOVING FORWARD - NEXT STEPS:

- Members reviewed the newest version of the Coalition 'New Member Packet', some changes discussed.
 Final draft expected at the next meeting.
- Members discussed new leadership voting in November. Discussed the goal of having youth in the Vice Chair role. Members are asked to consider themselves or recommend someone they may know for the Chair or Vice Chair roles.
- Deanne will be completing a sector review for the coalition, results/plan at the next meeting.
- Members are asked to invite 1 person to the next meeting.

- Opioid Response Partnership Meeting August 19
- Kitsap County Fair August 20-24
- Coffee Oasis Back to School Block Party August 22
- Talk Early, Talk Often: Prevent Underage Substance Use August 26
- Region 10 Opioid Summit September 4 & 5
- Overdose Awareness Night September 5
- Recovery Day in the Park/Recovery 5k September 6
- Resiliency 2025 September 10
- 2nd Annual Suicide Walk September 13
- Doc Loves the Kids August 23
- Junk in the Trunk August 16



KITSAP COUNTY
DEPARTMENT OF HUMAN
SERVICES

Sonya Miles Deputy Director Phone: 360.337.4839

Kesha Anderson - Evans Office Supervisor Phone: 360.337.5750 x 3530

Developmental Disabilities Heidi Scheibner, Coordinator Phone: 360.337.4624

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Community Development Block

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Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Director Phone: 360.689.8525

Veterans Assistance Steve Corcoran, Coordinator Phone: 360.337.4811

North Kitsap Substance Abuse Prevention Coalition

Monday, Oct. 20, 2025 1:00 p.m. - 2:30 p.m.

JOIN the Meeting

Meeting ID: 832 1747 2793

Passcode: 139918

Or in person (address below)

AGENDA

- Welcome and Land Acknowledgment
 - Ice Breaker and Introductions
 - Youth Voice Opportunity
- Coalition and Community updates
 - Mark your calendars

Prevention Education

• Spotlight: Community represented coalition – what does that look like

Prevention Efforts

- Projects and opportunities
 - Socktober
 - Upcoming community events
 - Voting is right around the corner

New Business

- Action Items
- Reminders

Community Comments

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 11/10/25, 2/8/25 and 1/12/26. Future meetings at Kitsap Regional Library 700 NE Lincoln Rd. Poulsbo. Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx





North Kitsap Substance Abuse Prevention Coalition

Monday – September 8, 2025

ANNOUNCEMENTS:

- October meeting is scheduled for Monday, October 20 in observance of Indigenous Peoples Day.
- Leadership voting is in November, need nominations! If you or someone you know is interested let
 Deanne know.
- Volunteers needed to table at Discover Kingston.
- Community surveys coming soon will need Coalition members' help. More info to come.
- Socktober bags are in the works, contents identified by the workgroup. The next meeting is on September 11 to start filing them. Volunteers are welcome to join and help at this meeting and/or to help distribute in October.
- Coalition is working on a "marketing/recruitment" workgroup, more info to come.
- New member packet will be complete once logos have been added. If you would like your logo on this packet, please send it to Aura or Deanne by September 30.

PARTNER HIGHLIGHTS:

- Kingston SAP reported that their internal structuring changed a bit, they can now meet with youth at start of school year. There have already been reports on youth substance use. They have a new principal who is very involved, looking forward to this year.
- Kitsap Prevention & Youth Services is in talks with homeschool groups, they are interested in receiving prevention education materials, connect with Deanne if you would like to share. Also, in talks with some of the presenters from the Opioid Summit, for potential services/partnerships. Also working on a policy change project with Rep. Tarra Simmons, more to come. Also working on a project with KIAC, workgroup may be formed, more details at a later date.
- Kayla will be departing from her position with KPHD; however, all Naloxone-related activities will continue without interruption.

MOVING FORWARD – NEXT STEPS:

- Members discussed new leadership voting in November. Members are asked to consider themselves or recommend someone they may know for the Chair or Vice Chair roles.
- Deanne will be completing a sector review for the coalition.

- Opioid Response Network Meeting November 6
- KCHIP Progress Summit October 2
- Suguamish Health Fair October 3
- Kitsap Strong Resilience Summit October 24
- Move with MADD, Seattle September 13
- Discover Kingston September 29
- Resiliency 2025 September 10
- 2nd Annual Suicide Fair & Walk September 13
- Breaking the Surface, Operation Parent September 9
- Kitsap Youth Rally March 24



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Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Director Phone: 360.689.8525

Veterans Assistance Steve Corcoran, Coordinator Phone: 360.337,4811

North Kitsap Substance Abuse Prevention Coalition

Monday, Nov. 10, 2025 1:00 p.m. - 2:30 p.m.

JOIN the Meeting

Meeting ID: 832 1747 2793

Passcode: 139918

Or in person (address below)

AGENDA

- Welcome and Land Acknowledgment
 - Ice Breaker and Introductions
 - Youth Voice Opportunity
- Coalition and Community updates
 - Mark your calendars

Prevention Education

• Spotlight: Revitalization in community prevention

Prevention Efforts

- Coalition Assessment data review
- Project recaps
- Volunteer opportunities
 - Building a buddy system
 - Prevention projects and activities identification
 - o Front facing messaging
 - Community connection
- Leadership vote

New Business

- Action Items
- Reminders

Community Comments

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 2/8/25, 1/12/26 and 2/9/26. Future meetings at Kitsap Regional Library 700 NE Lincoln Rd. Poulsbo. Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx





North Kitsap Substance Abuse Prevention Coalition

Monday – October 20, 2025

ANNOUNCEMENTS:

- On October 13 at the Board of County Commissioners (BOCC) Meeting, KCSAP & Youth Services read 3 proclamations: Socktober, Red Ribbon Week and Resiliency Month. Thank you to those who showed up to support!
- Socktober is well underway, Bremerton Foodline is handling the bag stuffing for us. If you know any agencies that would be interested in handling these out, please let us know.
- Voting for a new Chair & Vice Chair at next month's meeting.

PARTNER HIGHLIGHTS:

- The Seattle MADD event went great, raised around \$30,000.
- NK SAP is very busy this year, currently has 25 intakes. Prevention ed with 9th graders starting now. They received merchandise from KCSAP & Youth Services for Red Ribbon Week and will be having a lunch event where they will hand it out. SAP reported that for the first time, the school set aside 1 hour for students to complete the Healthy Youth Survey (HYS).
- The new Target Zero Project staff member started recently.
- OESD is hosting, in partnership with KCSAP & Youth Services, a Hidden in Plain Sight event on December 4th at Mountain View Middle School.

MOVING FORWARD – NEXT STEPS:

- Members discussed new leadership voting in November. Discussed the goal of having youth in the Vice Chair role. Members are asked to consider themselves or recommend someone they may know for both of the roles.
- The group discussed holding family friendly activities during non-school days.
- The group took time to complete the Coalition Assessment Tool (CAT Survey).

- Opioid Response Partnership Meeting November 6
- Resiliency Summit October 24
- Belfair Prevention Summit (Latinx focused) November 7
- Coffee Oasis "Hit the Hay" October 24
- Hidden in Plain Sight December 4
- Kitsap Youth Rally March 24



KITSAP COUNTY DEPARTMENT OF HUMAN SERVICES

Sonya Miles Deputy Director Phone: 360.337.4839

Kesha Anderson - Evans Office Supervisor Phone: 360.337.5750 x 3530

Developmental Disabilities Heidi Scheibner, Coordinator Phone: 360.337.4624

Behavioral Health Jolene Kron, Executive Director Phone: 360,337,4832

Mental Health/Chemical Dependency/Therapeutic Court Hannah Shockley, Coordinator Phone: 360.337.4827

1/10th Affordable Housing Joel Warren, Coordinator Email: jwarren@kitsap.gov

Pretrial Services William Basler, Program Specialist Phone: 360.337.4457

Substance Abuse Prevention/ Treatment and Youth Services Laura Hyde, Coordinator Phone: 360.337.4879 Substance Abuse Prevention Deanne Jackson, Prevention Coalition Coordinator Phone: 360.337.4878

Aging & Long-Term Care Senior Information & Assistance Givens Community Center 1026 Sidney Avenue, Suite 105 614 Division Street, MS-5 Port Orchard, WA 98366 Phone: 360.337.5700 1.800.562.6418 Fax: 360.337.4950 Stacey Smith, Administrator

Community Development Block Grant

Norm Dicks Government Cente 345 6th Street, Suite 400 Bremerton, WA 98337 Fax: 360.337.4609 Bonnie Tufts, Coordinator Phone: 360.337.4606

Housing and Homelessness Carl Borg, Program Manager Phone: 360.979.6027

Kitsap Recovery Center Outpatient Services: 1026 Sidney Road Port Orchard, WA 98366 Inpatient and Detox Services: 661 Taylor Street Port Orchard, WA 98366 Fax: 888.834.8027 Marche Ward, Clinical Manager Phone: 360.337.5640

Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Director Phone: 360.689.8525

Veterans Assistance Steve Corcoran, Coordinator Phone: 360.337.4811

North Kitsap Substance Abuse Prevention Coalition

Monday, December 8, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting

Meeting ID: 832 1747 2793

Passcode: 139918

Or in person (address below)

AGENDA

- Welcome and Land Acknowledgment
 - Ice Breaker and Introductions
 - Youth Voice Opportunity
- Coalition and Community updates
 - Mark your calendars

Prevention Education

• Spotlight: Year End - Recap

Prevention Efforts

- Projects and opportunities
 - Coalition Restructure committee volunteer opportunity
 - Upcoming community events volunteer opportunity
 - Creative Energy group input
- Leadership vote

New Business

- Action Items
- Reminders

Community Comments

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 1/12/26, 2/9/26 and 3/9/26. Future meetings at Kitsap Regional Library 700 NE Lincoln Rd. Poulsbo. Hope you can join us.

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North Kitsap Substance Abuse Prevention Coalition

Monday - November 10, 2025

ANNOUNCEMENTS:

- Kitsap Annual Youth Forum has been moved to Spring. Dates and more information TBA.
- Socktober efforts have come to a successful close.
- New leadership and hierarchy models are coming to the coalition. A steering committee will begin forming immediately by January 2026.
- Building a Buddy System for guests and new members is beginning in January. Champions requested.
- The coalition is looking for a wall. We are preparing for a youth engagement mural project.
- January 2026 is slated to be our prevention podcast. More information to come.
- Positive Action and Guiding Good Choices implementation will begin soon, later this month.

PARTNER HIGHLIGHTS:

- The Seattle MADD event went great, raised around \$30,000.
- Target Zero will be launching a car seat drive. Thise interested can contact Amy Grimsley.
- Freedom 13 has been busy doing training and presentations across many sectors. They will be taking December off this year to rest up for 2026.
- OESD is hosting, in partnership with KCSAP & Youth Services, a Hidden in Plain Sight event on December 4th at Mountain View Middle School.

MOVING FORWARD – NEXT STEPS:

- Members discussed activities for the upcoming year. Fetal Alcohol Awareness Day will be revisited in January. Workgroup will be formed by the end of the Jan.
- After review of C.A.T. surveys, we will be forming a few small groups to address areas of need.
- Volunteers will need to be identified for a few upcoming projects.

- Hidden in Plain Sight December 4
- Kitsap Youth Rally March 24
- PGST Holiday Book Fair November 29
- Jule Fest Poulsbo December 6
- Poulsbo Tree Lighting November 28, 5:30pm
- Norwegian Pancake Breakfast December 7, 9-11am
- Wreath Making Workshop December 7, 2-4pm
- Gently Used Treasures Donation Drop Off Village Green Kingston November 21, 1-5pm December 22, 11-3pm