



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA January 2, 2025, 4:30-6:00pm



## Join Zoom Meeting

<https://us06web.zoom.us/j/89458459355?pwd=WMaSubW627HxdNGRcSDBAbbReBO5Ge.1>

Meeting ID: 894 5845 9355

Passcode: 538756

## By phone:

Meeting ID: 894 5845 9355

Passcode: 538756

## Dial by your location

1 253 215 8782 US (Tacoma)

1 253 205 0468 US

1 720 707 2699 US (Denver)

1 301 715 8592 US (Washington DC)

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

# AGENDA

- 4:30 WELCOME & INTRODUCTIONS**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 PROJECT UPDATES & ACTIVITIES**
- 5:10 WORK PLAN OVERVIEW & APPROVAL**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – FEBRUARY 6, 2025**

*“Nothing great was ever achieved without enthusiasm” Ralph Waldo Emerson*

**Kitsap County Commission on Children and Youth**  
**AGENDA BRIEFING – JANUARY 2, 2025**  
**4:30 P.M. –6:00 P.M.**

**This is a virtual meeting with the meeting link provided on the Agenda and on our webpage [kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx](https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx)**

**4:30 p.m.     WELCOME & INTRODUCTIONS**

Chairpersons Lynne Tabone and Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered quarterly until further notice.

**4:40 p.m.     APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

December Meeting Minutes will be approved and any changes to the January Agenda will be approved.

**4:45 p.m.     YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m.     PROJECT UPDATES & ACTIVITIES**

Updates on upcoming projects, the membership drive, and other activities will be shared and discussed.

**5:15 p.m.     ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**5:30 p.m.     WORK PLAN OVERVIEW & APPROVAL**

Laura will explain the details of our 2025 Work Plan Draft and the board will discuss then make changes as needed. The board will vote to approve the final draft to be submitted to the county.

**5:25 p.m.     ADJOURNMENT & NEXT MEETING:**

The next monthly meeting will be held February 6, 2025.



## **Kitsap County Commission on Children and Youth**

### **MINUTES December 2, 2024**

The Kitsap County Commission on Children and Youth meeting was held on Thursday December 2, 2024, from 4:30 -6:00 p.m. via Zoom. Abigail Stevenson and Lynne Tabone Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### **I. WELCOME & INTRODUCTIONS**

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### **II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

November 7, 2024, meeting minutes were approved and entered into the record. We are meeting virtually today. The December 2024 Agenda was approved.

#### **III. YOUTH REPRESENTATIVE REPORTS**

Youth Board Members offered an update on activities and events within their districts over the last month.

#### **IV. PROJECT UPDATES & ACTIVITIES**

Information was shared about community activities happening in the future.

#### **V. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### **VII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on January 2, 2025. We will meet virtually. In-person meeting will occur quarterly.

### VIII. ATTENDANCE

COMMISSION MEMBERS	STAFF	GUESTS
Abigail Stevenson	Laura Hyde	Aldrin Villahermosa
Lynne Tabone		Meghan Cuscuna
Brendan Taga		
Kimberly Riley		
Courtney Oliver		
Danielle Jenkel		
Cathy Adams Bomar		
Emily Main		
Crista Magneson		
Absent		
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facteau Minger		
Nic Clay		
Miles Borer		
Elsa Drugge		
Dragan Kardzic		
Amanda Williamson		



The Attorney General's Office  
is recruiting members for the  
HearMeWA Youth Advisory Group.

The HearMeWA Youth Advisory  
Group was created to ensure that  
HearMeWA is and stays youth  
centered.

HearMeWA Youth Advisory Group  
members may be eligible for a  
compensation per AGO Stipend  
and Travel guidelines.



## Be part of the Youth Advisory Group

Youth will have the opportunity to:

- **Be in conversation** with their peers and make suggestions when it comes to HearMeWA's branding, marketing and advertising, and program feedback.
- **Gain leadership opportunities** to facilitate and conduct meetings, compose notes, and hold the group accountable to its purpose and community agreements.
- **Become more knowledgeable** and conscious about community issues and the larger factors that affect youth lives.
- **Provide a youth perspective** to the HearMeWA Program.
- **Represent the HearMeWA Youth Advisory Group** at events to create awareness about the program.

Youth between the ages of 12-25 who reside in Washington State can apply to be a member. Youth who are motivated and committed to learning and addressing issues related to youth, have a vision for the future, and are not afraid to voice their opinions in a respectful way are highly encouraged to apply.

Information youth provide during meetings could be subject to public record. Youth must have access to a smart phone or a computer for Zoom meetings.

The deadline to submit an application is the end of the day, January 1, 2025. Applications will be thoroughly reviewed and applicants can expect to hear about their submission by January 22nd.

[www.research.net/r/youthadvisorygroupapplication](http://www.research.net/r/youthadvisorygroupapplication)

[www.HearMeWa.org](http://www.HearMeWa.org)



## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA February 6, 2025, 4:30-6:00pm



Join Zoom Meeting

<https://us06web.zoom.us/j/87690023854?pwd=q9YfZvlGO0q8AjINfglOiQxaDbW23j.1>

Meeting ID: 876 9002 3854

Passcode: 935729

By phone:

Dial by your location

Meeting ID: 876 9002 3854 1 253 215 8782 US (Tacoma) 1 360 209 5623 US

Passcode: 935729 1 253 205 0468 US 1 301 715 8592 US (Washington DC)

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**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

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- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (3 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – MARCH 6, 2025**

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair or designee will call upon the attendee to speak at the designated time. Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to [Lhyde@kitsap.gov](mailto:Lhyde@kitsap.gov).

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – FEBRUARY 6, 2025**

**4:30 P.M. –6:00 P.M.**

**This is a hybrid meeting with in person at 507 Austin Ave. Port Orchard, WA. The meeting link provided on the agenda and on our webpage**

**[kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx](https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx)**

**4:30 p.m.     WELCOME & INTRODUCTIONS**

Chairpersons Lynne Tabone and Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered at the Kitsap County Human Services Department 507 Austin Ave. Port Orchard, WA 98366 until further notice.

**4:40 p.m.     APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

January Meeting Minutes will be approved and any changes to the January Agenda will be approved.

**4:45 p.m.     YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m.     PROJECT UPDATES & ACTIVITIES**

Updates on upcoming projects, the membership drive, and other activities will be shared and discussed.

**5:15 p.m.     WORK PLAN OVERVIEW & APPROVAL**

Laura will explain the details of our 2025 Work Plan Draft and the board will discuss then make changes as needed. The board will vote to approve the final draft to be submitted to the county.

**5:45 p.m.     ANNOUNCEMENTS AND PUBLIC COMMENT (3 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m.     ADJOURNMENT & NEXT MEETING:**

The next monthly meeting will be held March 6, 2025.

## Kitsap County Commission on Children and Youth

### MINUTES January 2, 2025

The Kitsap County Commission on Children and Youth meeting was held on Thursday January 2, 2025, from 4:30 -6:00 p.m. via Zoom. Abigail Stevenson and Lynne Tabone Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. **WELCOME & INTRODUCTIONS**

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

December 5, 2024, meeting minutes were approved and entered into the record. We are meeting virtually today. The January 2<sup>nd</sup> Agenda was approved.

III. **YOUTH REPRESENTATIVE REPORTS**

Youth Board Members offered an update on activities and events within their districts over the last month.

IV. **PROJECT UPDATES & ACTIVITIES**

Information was shared about community activities happening in the future.

V. **WORK PLAN OVERVIEW & APPROVAL**

VI. **ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

VII. **ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on February 2, 2025. We will meet virtually. In-person meeting will occur quarterly.

VIII. **ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Abigail Stevenson	Laura Hyde	Nanine Nicolette
Miles Borer		
Brendan Taga		
Kimberly Riley		
Dragan Kardzic		
Amanda Williamson		
Absent		
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facticeau Minger		
Nic Clay		
Lynne Tabone		
Elsa Drugge		
Courtney Oliver		
Danielle Jenkel		
Emily Main		
Crista Magneson		
Cathy Adams Bomar		

# Building a Healed Community: A Connection & Resource Event

**Date:** Wednesday, February 26th

**Time:** 2:00pm to 4:00pm

**Location:** Kitsap Regional Library - Silverdale

**Registration:** <https://tinyurl.com/55b6745r>

To register:

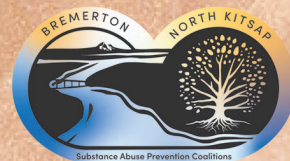


Join us for this educational AND fun event!

Topics are centered around substance use prevention, treatment and recovery. There will be a dynamic presentation about cultivating healthy community connections and resource tables with a community café layout.

Light refreshments will be provided.

*Come and join us!*





# GUIDING GOOD CHOICES



**Promote healthy  
development &  
reduce risky behavior!**

## VIRTUAL CLASSES

### Schedule



**Thursday Feb 6, 2025**  
**Thursday Feb 13, 2025**  
**Thursday Feb 20, 2025**  
**Thursday Feb 27, 2025**  
**Thursday Mar 6, 2025**  
**Thursday Mar 13, 2025**

### About the Training ▼

Learn how to promote healthy development & reduce risky behavior in teen years & build family connections! This training emphasizes strong family bonds as the key that motivates preteens to follow family guidelines and stay on a course toward better health and educational outcomes as teenagers.

**JOIN US ▼**

To register email us at  
**[marwancameron@gmail.com](mailto:marwancameron@gmail.com)**  
<http://kcowa.us/prevention>

**5:30pm - 7:30pm**





# **GIRLS EXPLORING MATH & SCIENCE**

## **FREE EVENT FOR GRADES 5-8**

**Sat., Mar. 22 | 9am - 12:30pm | Bremerton Campus**

**Explore hands-on science and math-oriented workshops and discover career opportunities.** Parents and guardians may attend concurrent workshops on guiding students for their future.

**Sign up today to select your workshops.**  
**There is no onsite registration.**

**Questions?** E: [OCO Outreach@olympic.edu](mailto:OCO Outreach@olympic.edu) | P: 360-801-4508



**SCAN TO SIGN UP!**



[View this email in your browser](#)



For more information see: [www.wapc.org](http://www.wapc.org)

Oops! We had the wrong zip code on the mailing address for your contest entries.

Be sure to mail your entries to:

Washington Poison Center

155 NE 100th St. Suite #100

Seattle, WA 98125

**Because of this mistake, we're extending the entry deadline to February 14**

Washington Poison Center and Seattle Children's are inviting **students from Kindergarten through 12th grade** to participate in our 19th annual Poison Prevention Poster Contest! This year's theme is "Pick Your Poison."

**Submit a poster by February 14**

Here's how it works:

1. **Pick a poison:** choose a harmful substance (like a chemical, toxic plant, or local venomous animal)
2. **Learn about it:** explore how your selected poison affects people and how people can stay safe
3. **Get creative:** design a unique, eye-catching poster to share what you've learned
4. **Win a prize:** winners will be celebrated in multiple age categories

Your artwork can make a difference by educating our communities about poison prevention. We can't wait to see your submissions!

[Click here for contest rules & resources](#)

## Contest Schedule

- **Mail your poster by: February 14, 2025**
- Posters will be judged by Washington Poison Center and Seattle Children's staff throughout February 2025
- Winners will be announced during **National Poison Prevention Week:** March 16-22, 2025

## Our Winners

- We will select the top winner within 4 age groups:
  - Kindergarten – 2nd grade
  - 3rd – 5th grade
  - 6th – 8th grade
  - 9th – 12th grade
- Our younger winners (Kindergarten – 5th grade) will receive a variety of prizes, including gift cards to local businesses and a class party (with a visit from the one and only Mr. Yuk!)
- Our 6th-8th grade and high school winners will receive an iPad and a visit with their local legislators
- All of our winners will be recognized in a Washington Poison Center press release, newsletter, and on our social media platforms!

## Help us promote the contest

All Washington students in Kindergarten - 12th grade are eligible to participate. Students may be home schooled, in private school, or public school.

- [Letter to parents/caregivers](#)
- [Flyer](#) (8.5x11")
- Social media or newsletter graphics:
  - [PNG](#) (square)
  - [PNG](#) (rectangle)
  - [PNG with QR code](#)

### Resources for schools & youth-serving organizations:

- Poison Safety Curriculum on Kahoot!
  - **Kindergarten - 2nd Grade Lesson**
    - [Lesson script](#)
    - [Kahoot! link](#) for classes/groups
  - **3rd - 6th Grade Lesson**

- [Lesson script](#)
  - [Kahoot! link](#) for classes/groups
- **Middle School - High School Lesson**
  - [Toxic Trivia for Teens Kahoot! link](#)
- [Instructions](#) on how to use a **Washington Poison Center Kahoot!**
- Check out a Yuk Box, which includes a variety of materials visually demonstrating how similar packaging is for certain food products and poisonous products. Examples include a milk bottle and bleach bottle, candy and medicines, and more. Yuk Boxes are available across the state. [Find a box near you.](#)

**Washington Poison Center is your nonprofit resource on poison prevention and drug safety. We offer timely, relevant, and life-saving information, 24/7, at no-cost to everyone in Washington.**



**Our mailing address is:**

155 NE 100th St., Suite 100, Seattle, WA 98125

email: [mryuk@wapc.org](mailto:mryuk@wapc.org).

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).





## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA March 6, 2025, 4:30-6:00pm



### Join Zoom Meeting

<https://us06web.zoom.us/j/87690023854?pwd=q9YfZvlGO0q8AjINfglOiQxaDbW23j.1>

Meeting ID: 876 9002 3854

Passcode: 935729

By phone:

Dial by your location

Meeting ID: 876 9002 3854 1 253 215 8782 US (Tacoma) 1 360 209 5623 US

Passcode: 935729 1 253 205 0468 US 1 301 715 8592 US (Washington DC)

**In-person Meeting** 507 Austin Ave., Kitsap County Public Works, Port Orchard

### THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

- |             |   |
|-------------|---|
| <b>4:30</b> | <b>WELCOME &amp; INTRODUCTIONS</b>                    |
| <b>4:40</b> | <b>APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA</b>    |
| <b>4:45</b> | <b>YOUTH REPRESENTATIVE REPORTS</b>                   |
| <b>5:00</b> | <b>GRANT APPLICATION APPROVAL</b>                     |
| <b>5:10</b> | <b>PROJECT UPDATES &amp; ACTIVITIES</b>               |
| <b>5:50</b> | <b>ANNOUNCEMENTS/PUBLIC COMMENT (3 min. limit)</b>    |
| <b>6:00</b> | <b>ADJOURNMENT &amp; NEXT MEETING – MARCH 3, 2025</b> |

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair or designee will call upon the attendee to speak at the designated time. Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to [Lhyde@kitsap.gov](mailto:Lhyde@kitsap.gov).

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – MARCH 6, 2025**

**4:30 P.M. –6:00 P.M.**

**This is a hybrid meeting via Zoom & in-person at 507 Austin Ave., Kitsap County Public Works, Port Orchard. The meeting link provided on the agenda and on our webpage**

[kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx](https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx)

**4:30 p.m.     WELCOME & INTRODUCTIONS**

Chairpersons Lynne Tabone and Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered at the Kitsap County Human Services Department 507 Austin Ave. Port Orchard, WA 98366 until further notice.

**4:40 p.m.     APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

February Meeting Minutes will be approved and any changes to the March Agenda will be approved.

**4:45 p.m.     YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m.     GRANT APPLICATION APPROVAL**

Laura will explain the details of our 2025 Grant Application Draft and the board will discuss then make changes as needed. The board will vote to approve the final draft to be submitted to the county.

**5:15 p.m.     PROJECT UPDATES & ACTIVITIES**

Updates on upcoming projects, the membership drive, and other activities will be shared and discussed.

**5:45 p.m.     ANNOUNCEMENTS AND PUBLIC COMMENT (3 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m.     ADJOURNMENT & NEXT MEETING:**

The next monthly meeting will be held April 3, 2025.



## **Kitsap County Commission on Children and Youth**

### **MINUTES February 6, 2025**

The Kitsap County Commission on Children and Youth meeting was held on Thursday February 6, 2025, from 4:30 -6:00 p.m. via Zoom. Abigail Stevenson and Lynne Tabone Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### **I. WELCOME & INTRODUCTIONS**

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### **II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

January 3, 2025, meeting minutes were approved and entered into the record. We are meeting virtually today. The January 2<sup>nd</sup> Agenda was approved.

#### **III. YOUTH REPRESENTATIVE REPORTS**

Youth Board Members offered an update on activities and events within their districts over the last month.

#### **IV. PROJECT UPDATES & ACTIVITIES**

Information was shared about community activities happening in the future.

#### **V. WORK PLAN OVERVIEW & APPROVAL**

#### **VI. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### **VII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on March 6, 2025. We will meet virtually. In-person meeting will occur quarterly.

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COMMISSION MEMBERS	STAFF	GUESTS
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Brendan Taga		
Emily Main		
Elsa Drugge		
Miles Borer		
Dragan Kardzic		



# OLYMPIC CONNECT

Olympic Connect will connect you to the right services in Clallam, Jefferson, and Kitsap Counties while surrounding you with care.

## 1 GET STARTED

Contact Olympic Connect by calling us at 360.301.8252 or **scan the QR code below to access our online referral form.**

## 2 GET PAIRED

We will match you with a trusted helper in your community.

## 3 GET CONNECTED

Your trusted helper will connect you to resources and services.



Olympic Connect is free\* and serves anyone regardless of insurance, income, or status

Connect with us to get support accessing local resources and services to meet your needs like job training, childcare, food assistance, and more.

Olympic Connect is a service of Olympic Community of Health.

\*Connecting to a trusted helper at Olympic Connect is free, though health care and other services may have a cost.



Salish Behavioral Health  
Administrative Services Organization

# OPIOID RESPONSE COMMUNITY SURVEY

**Salish BHASO is seeking community input to improve services and support for those affected by Opioid Use Disorder in Clallam, Jefferson, and Kitsap Counties.**

The survey can be completed online using the QR code or link below, or by phone by calling Salish BHASO Customer Service at 360-337-7050.

**<https://tinyurl.com/y8n6a8dh>**





## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA April 3, 2025, 4:30-6:00pm



### Join Zoom Meeting

<https://us06web.zoom.us/j/87690023854?pwd=q9YfZvlGO0q8AjINfglOiQxaDbW23j.1>

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**In Person Meeting** 507 Austin Ave., Public Works Building, Port Orchard

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| <b>4:40</b> | <b>APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA</b>  |
| <b>4:45</b> | <b>PRESENTATION: ADVERSE CHILDHOOD EXPERIENCES</b>  |
| <b>5:35</b> | <b>YOUTH REPRESENTATIVE REPORTS</b>                 |
| <b>5:45</b> | <b>PROJECT UPDATES &amp; ACTIVITIES</b>             |
| <b>5:50</b> | <b>ANNOUNCEMENTS/PUBLIC COMMENT (3 min. limit)</b>  |
| <b>6:00</b> | <b>ADJOURNMENT &amp; NEXT MEETING – MAY 1, 2025</b> |

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**Kitsap County Commission on Children and Youth**  
**AGENDA BRIEFING – APRIL 3, 2025**  
**4:30 P.M. –6:00 P.M.**

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Chairpersons Lynne Tabone and Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered at the Kitsap County Human Services Department 507 Austin Ave. Port Orchard, WA 98366 until further notice.

**4:40 p.m.     APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

March Meeting Minutes will be approved and any changes to the April Agenda will be approved.

**4:45 p.m.     PRESENTATION: ADVERSE CHILDHOOD EXPERIENCES- THE BASICS**

Kitsap Strong will share information about the Adverse Childhood Experiences Study by Kaiser Permanente and strategies to help children build resiliency skills which have been shown to improve health outcomes.

**5:35 p.m.     YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:45 p.m.     PROJECT UPDATES & ACTIVITIES**

Updates on upcoming projects, the membership drive, and other activities will be shared and discussed.

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Members of the board & the public will announce events & share comments.

**6:00 p.m.     ADJOURNMENT & NEXT MEETING:**

The next monthly meeting will be held May 1, 2025.

## **Kitsap County Commission on Children and Youth**

### **MINUTES March 6, 2025**

The Kitsap County Commission on Children and Youth meeting was held on Thursday March 6, 2025, from 4:30 -6:00 p.m. in-person at the Kitsap County Human Services Department offices located at 507 Austin Ave. Port Orchard and via Zoom. Abigail Stevenson and Lynne Tabone Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### **I. WELCOME & INTRODUCTIONS**

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### **II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

February 6, 2025, meeting minutes were approved and entered into the record. We are meeting virtually today. The March Agenda was approved.

#### **III. YOUTH REPRESENTATIVE REPORTS**

Youth Board Members offered an update on activities and events within their districts over the last month.

#### **IV. GRANT APPLICATION APPROVAL**

The 2025 grant application for the annual grant offered by the Commission on Children and Youth (Programs that Prevent and Reduce the Impact of Adverse Childhood Experiences through Building Resiliency) was presented by Laura Hyde and reviewed by the board. A vote was taken, and the RFP and grant announcement were approved for posting.

#### **V. PROJECT UPDATES & ACTIVITIES**

Information was shared about community activities happening in the future.

#### **VI. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### **VII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on April 3, 2025. We will meet in hybrid mode with the online meeting via zoom and in-person at the Kitsap County Department of Human Services office located at 507 Austin Ave. Port Orchard.

#### **VIII. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Abigail Stevenson	Laura Hyde	Aldrin Villahermosa II
Lynne Tabone		Meghan Cuscuna
Brendon Taga		
Kimberly Riley		
Danielle Jenkel		
Amanda Williamson		
Courtney Oliver		
Cathy Adams Bomar		
Nic Clay		
Elsa Drugge		
Absent		
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facticeau Minger		
Crista Magneson		
Emily Main		
Dragan Kardzic		
Miles Borer		



Request for Proposals now open for programs that prevent and reduce the impact of adverse childhood experiences (ACES) through building resiliency.



**KITSAP COUNTY, Wash.** — The Kitsap County Commission on Children and Youth is requesting proposals for public matching dollars from organizations and/or youth serving agencies who are working to prevent and reduce the impact of Adverse Childhood Experiences (ACES) through building resiliency in youth ages birth to eighteen in Kitsap County.

Visit [Kitsap County's Online Bids page](#) to review the RFP in full, view the [legal ad](#), and learn more about the application process. Proposals are due **Thursday, April 17, 2025, by 2:00PM**

For more information or questions contact Glen McNeill by phone at 360-337-4789 or email [purchasing@kitsap.gov](mailto:purchasing@kitsap.gov).

Attached is a link to our online website for your convenience where you can find all attachments and other information regarding this Competitive Solicitation.

<https://www.kitsapgov.com/das/Pages/Online-Bids.aspx>

Proposals are due Thursday **April 17, 2025, at 2:00PM**



# Children's Vaccine Clinic

**April 7:** 1–4 p.m. | **April 23:** 9–11 a.m., 1–3 p.m.

345 6th Street, Suite 300, Bremerton

Join us for a free vaccine clinic for children 18 and younger!

No insurance needed.

## Appointment required:

- Varicella
- Meningococcal
- Pneumococcal
- Haemophilus influenzae (HIB)
- Polio
- MMR
- Tdap/DTaP
- Hepatitis B
- HPV

## No appointment required:

- COVID-19
- Flu



## Learn more & book your appointment

Scan this code or go to **[kitsappublichealth.org/clinic](https://kitsappublichealth.org/clinic)** to learn more about this clinic and view a schedule of upcoming clinics.

Questions?



360-728-2007



[immunizations@kitsappublichealth.org](mailto:immunizations@kitsappublichealth.org)



KITSAP PUBLIC  
HEALTH DISTRICT

# Clínica de vacunación infantil

**7 de abril de 2025**

9:00 a 11:00 horas & 13:00 a 16:00 horas

**23 de abril de 2025**

13:00 a 16:00 horas

345 6th Street, Suite 300, Bremerton

**Llámenos al 360-728-2235 para reservar su cita**

¡Únase a nosotros para una clínica de vacunación gratuita para niños de 18 años o menos!

**No necesita seguro.**

**Se requiere cita previa:**

- Varicella
- Hepatitis B
- VPH
- Neumococo
- Haemophilus influenzae (HIB)
- Tdap/DTaP
- Meningococo
- Vacuna triple viral (sarampion, paperas y rubeola)
- Polio

**No se requiere cita previa:**

- COVID-19
- Influenza



## Más información

Escanee este código o visite [kitsappublichealth.org/es/clinic](https://kitsappublichealth.org/es/clinic) para obtener más información sobre esta clínica y ver un calendario de las próximas clínicas.

¿Preguntas?



360-728-2235



[immunizations@kitsappublichealth.org](mailto:immunizations@kitsappublichealth.org)





# ANNUAL KITSAP COUNTY DEVELOPMENTAL DISABILITIES RESOURCE FAIR

**APRIL 23, 2025**

**4:00-6:00 PM**

Central Kitsap High School Gym  
10140 Frontier Pl NW, Silverdale

**Explore services in our community in the areas  
of Education, Advocacy, Support, Employment,  
Care, Housing, Recreation, Leisure, and more!**

**More Info: (360) 337-4624**

**Sponsored By**



# Mama Moves Kitsap

Join our nurse-led parent support group that encourages mindfulness, movement, and community by exploring Kitsap's beautiful parks together.

Walks are every Friday\* at 11 a.m. from May 16 – Sept. 26, 2025


We meet at the 9/11 Memorial (1300 Highland Ave) in Bremerton\*\*

**All parents and caregivers  
are welcome!**


**Stay up to date on our events!**



 [kitsappublichealth.org/mmk](https://kitsappublichealth.org/mmk)

 [mama\\_moves\\_kitsap](https://www.instagram.com/mama_moves_kitsap)

 [kitsappublichealth.org/subscribe](https://kitsappublichealth.org/subscribe)

 Janet: 360-265-0990  
Martitha (Español): 360-621-3462



**\*No walk on July 4 and August 29.**

**\*\* May 30, July 25, & Sept. 26 will be at Silverdale Rotary Gateway Park (next to dog park)**

**\*\* June 27 & August 22 will be at McCormick Village Park (next to restrooms)**



# Mama Moves Kitsap

Únase a nuestro grupo de apoyo para padres dirigido por enfermeras que explora los hermosos parques de Kitsap y fomenta la atención plena, el movimiento y la comunidad.

Los paseos se realizan todos los viernes\* a las 11 a. m. desde el 16 de mayo hasta el 26 de septiembre de 2025.

Nos reunimos en el 9/11 Memorial (1300 Highland Ave) en Bremerton\*\*

**¡Todos los padres y cuidadores son bienvenidos!**

**¡Manténgase actualizado sobre nuestros eventos!**



☎ Martitha (Español): 360-621-3462

🌐 [kitsappublichealth.org/mmk](https://kitsappublichealth.org/mmk)

📷 [mama\\_moves\\_kitsap](https://www.instagram.com/mama_moves_kitsap)

✉ [kitsappublichealth.org/subscribe](https://kitsappublichealth.org/subscribe)



**\*No habrá reunión los días 4 de julio y 29 de agosto.**

**\*\* El 30 de mayo, el 25 de julio y el 26 de septiembre serán en Silverdale Rotary Gateway Park (al lado del parque para perros)**

**\*\* El 27 de junio y el 22 de agosto serán en McCormick Village Park (al lado de los baños)**





# KITSAP 4-H SUMMER CAMP

PANHANDLE LAKE,  
SHELTON

JULY 27 - JULY 31, 2025

4-H  
MEMBERSHIP  
NOT  
REQUIRED



FISHING | CANOEING | CAMPING | ADVENTURE

AGES 8 -16 (AS OF 10/1/24) | \$270 PER CAMPER

SCHOLARSHIPS AVAILABLE

(EARLY BIRD COST \$240 BEFORE 3/28)



KITSAP4HYOUTHCAMP@GMAIL.COM  
<https://extension.wsu.edu/kitsap/4-h/camp/>



WSU EXTENSION PROGRAMS AND EMPLOYMENT ARE AVAILABLE TO ALL WITHOUT DISCRIMINATION



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA May 1, 2025, 4:30-6:00pm



## Join Zoom Meeting

<https://us06web.zoom.us/j/87690023854?pwd=q9YfZvlGO0q8AjINfglOiqxaDbW23j.1>

Meeting ID: 876 9002 3854

Passcode: 935729

By phone:

Dial by your location

Meeting ID: 876 9002 3854 1 253 215 8782 US (Tacoma) 1 360 209 5623 US

Passcode: 935729 1 253 205 0468 US 1 301 715 8592 US (Washington DC)

In Person Meeting 507 Austin Ave. Port Orchard, WA 98366

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

**4:30 WELCOME & INTRODUCTIONS**

**4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**

**4:45 PRESENTATION: Grant Review Committee Recommendations**

**5:15 VOTE – Funding Recommendations to County Commissioners**

**5:20 YOUTH REPRESENTATIVE REPORTS**

**5:45 PROJECT UPDATES & ACTIVITIES**

**5:50 ANNOUNCEMENTS/PUBLIC COMMENT (3 min. limit)**

**6:00 ADJOURNMENT & NEXT MEETING – JUNE 5, 2025**

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair or designee will call upon the attendee to speak at the designated time. Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to [Lhyde@kitsap.gov](mailto:Lhyde@kitsap.gov).



## **Kitsap County Commission on Children and Youth AGENDA BRIEFING – MAY 1, 2025**

**4:30 P.M. –6:00 P.M.**

**This is an online only meeting due to staffing shortage. We will resume hybrid meetings in June. The meeting link is provided on the agenda and on our webpage [kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx](https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx)**

**4:30 p.m.     WELCOME & INTRODUCTIONS**

Chairpersons Lynne Tabone and Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually only this month due to staffing shortage on this day. We will resume hybrid meetings in June with an in-person option offered at the Kitsap County Human Services Department 507 Austin Ave. Port Orchard, WA 98366.

**4:40 p.m.     APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

April Meeting Minutes will be approved and any changes to the May Agenda will be approved.

**4:45 p.m.     PRESENTATION – GRANT REVIEW COMMITTEE**

The grant review committee will present their recommendations for funding for our grant - Programs that Prevent and Reduce the Impact of Adverse Childhood Experiences through Building Resiliency. The committee will share information about their process and answer questions of the board.

**5:15 p.m.     VOTE – Funding Recommendations to County Commissioners**

The Board will vote on funding recommendations for our grant – Programs that Prevent and Reduce the Impact of Adverse Childhood Experiences through Building Resiliency. The funding recommendations are to be offered to the Board of County Commissioners who will make the final decision.

**5:20 p.m.     YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and youth guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:15 p.m.     PROJECT UPDATES & ACTIVITIES**

Updates on upcoming projects, the membership drive, and other activities will be shared and discussed.

**5:45 p.m.     ANNOUNCEMENTS AND PUBLIC COMMENT (3 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m.     ADJOURNMENT & NEXT MEETING:**

The next monthly meeting will be held June 5, 2025.

## **Kitsap County Commission on Children and Youth**

### **MINUTES April 3, 2025**

The Kitsap County Commission on Children and Youth meeting was held on Thursday April 3, 2025, from 4:30 -6:00 p.m. in-person at the Kitsap County Human Services Department offices located at 507 Austin Ave. Port Orchard and via Zoom. Abigail Stevenson Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### **I. WELCOME & INTRODUCTIONS**

Board Co-Chair Lynne Tabone called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### **II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

March 6, 2025, meeting minutes were approved and entered into the record. We are meeting virtually today. The April Agenda was approved.

#### **III. PRESENTATION – ADVERSE CHILDHOOD EXPERIENCES**

Kitsap Strong shared information about the Adverse Childhood Experiences Study by Kaiser Permanente and strategies to help children build resiliency skills which have been shown to improve health outcomes.

#### **IV. YOUTH REPRESENTATIVE REPORTS**

Youth Board Members offered an update on activities and events within their districts over the last month.

#### **V. PROJECT UPDATES & ACTIVITIES**

Information was shared about community activities happening in the future.

#### **VI. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### **VII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on May 1, 2025. We plan to meet in hybrid mode with the online meeting via zoom and in-person at the Kitsap County Department of Human Services office located at 507 Austin Ave. Port Orchard.

#### **VIII. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Lynne Tabone	Laura Hyde	Aldrin Villahermosa II
Crista Magneson		Christina Roark
Brendon Taga		Victoria Hilt
Kimberly Riley		
Elsa Drugge		
Miles Borer		
Courtney Oliver		
Cathy Adams Bomar		
Absent		
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facticeau Minger		
Abigail Stevenson		
Emily Main		
Dragan Kardzic		
Danielle Jenkel		
Amanda Williamson		
Meghan Cuscuna		



## Kitsap County News

Celebrating Kitsap County Volunteers!

April 21, 2025

### THANK YOU, KITSAP COUNTY VOLUNTEERS!



We celebrate, recognize and thank the thousands of incredible volunteers who generously contribute time, input and expertise to Kitsap County government services and resources, **helping communities thrive!**



**Volunteer Appreciation Week April 20–26, 2025**

### Kitsap County celebrates and honors volunteers during Volunteer Appreciation Week April 20-26

The Board of County Commissioners has officially proclaimed April 20–26, 2025, as **Kitsap County Volunteer Appreciation Week**, recognizing the remarkable contributions of nearly 7,000 volunteers who generously give their time, talent, and voices to support county programs and services each year.

In 2024 alone, volunteers contributed an incredible **150,000 hours** across a wide range of departments and initiatives—supporting residents, protecting and improving natural environments, and building stronger, safer, and more connected communities.

- [View the 2024 Volunteer Services Report](#)
- [Read the 2025 Volunteer Appreciation Proclamation](#)

Kitsap County's observance aligns with National Volunteer Week, and we are proud to join in celebrating the **impact, dedication, and transformative power** of volunteerism.

Volunteers are the heart of community service, involved in nearly every aspect of county government. Their work fosters civic engagement, inspires others to take action, and brings awareness to local needs. Through shared purpose and collective effort, they help strengthen community ties and enhance the county's resilience and resources.

In addition to service work, many volunteers act as community ambassadors—engaging the public in county planning, policy development, and funding priorities. Volunteerism empowers individuals to find purpose, channel their passion, and create lasting, meaningful change.

We are deeply grateful for our volunteers' selfless generosity and unwavering commitment. Their efforts make Kitsap County a better place to live, work, and play.

**Thank you, volunteers!** You help our communities thrive.

---

Learn more about volunteer opportunities at <https://kcowa.us/volunteer>.

# Save the Date!

## Hidden in Plain Sight

Parents, caregivers, and educators — Join us for a powerful and eye-opening event!

Step into a **mock youth bedroom** and discover the signs of risky behavior that are often hidden in plain sight. Learn about current youth trends, warning signs and what everyday items could really mean.

**May 21 – South Kitsap**

**6:00 PM – 8:00 PM**

**May 22 – Bainbridge Island**

**6:00 PM – 8:00 PM**

Don't miss this chance to become more informed and empowered!

More information to come.

RESCHEDULED!

# Building a Healed Community: A Connection & Resource Event

**Date:** Tuesday, June 17th

**Time:** 1:00pm to 3:30pm

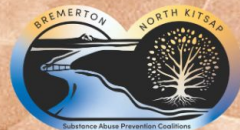
**Location:** Kitsap Regional Library - Silverdale

Join us for this educational AND fun event!

Topics are centered around substance use prevention, treatment and recovery. There will be a dynamic presentation about cultivating healthy community connections and resource tables with a community café layout.

Light refreshments will be provided.

*Save the date!*





A free, 24/7 helpline for  
Washington youth

## For whatever's bothering you

Whether your problem is big or small, or you're not sure it's a problem at all, HearMeWA is here to listen and connect you to support. **Created just for youth and young adults in Washington up to age 25.**

## How HearMeWA can help

HearMeWA connects youth to trained counselors and local resources. It's safe and you can remain anonymous—whatever you're going through, we've got your back.

**Important:** If you want to remain anonymous, please do not provide identifying or personal information.



HearMeWA was created and informed by input from young people to ensure it's youth-centered, trauma-informed, and antiracist. HearMeWA is made possible through partnership with

the Sandy Hook Promise Crisis Center, which receives and responds to every message.

**You're not alone.** Visit [HearMeWA.org](https://HearMeWA.org) to learn more or get help now!

## Reach out about ANY concern

Bullying  
Anxiety or depression  
Suicidal thoughts  
Domestic or sexual violence  
Housing or food insecurity  
Gender identity or expression  
Rumors of violence or threats



## 4 ways to contact HearMeWA

Get help the way you want



Call our toll-free number  
**888-537-1634**



Text **HearMeWA** to **738477**



Visit **HearMeWA.org** and click **"Get Help"**



Download the **HearMeWA app** from the Apple App Store or Google Play





# Kitsap County Parent Coalition

For families and caregivers of people with disabilities

## All About Fetal Alcohol Spectrum Disorder

Carolyn Hartness of Seventh Generation will give a presentation about Fetal Alcohol Spectrum Disorder (FASD) and answer questions from family and community members.

**May 22, 2025 @ 6:00 - 7:30 PM**

**Online Teams Meeting**

### Topics Covered

- Description and History
- Signs a child may be living with FASD
- Supports & Resources
- Inclusion Strategies
- Q&A



Carolyn Hartness  
Seventh Generation

### Questions

Melia Hughes  
(206) 486-0300  
[kcpc@wa.easterseals.com](mailto:kcpc@wa.easterseals.com)

Join Online Meeting



<https://tinyurl.com/ybkbjzn>

<http://kitsapcountyparentcoalition.org/>



JOIN US IN CELEBRATING THE...



# 23RD ANNUAL KITSAP JUNETEENTH FREEDOM FESTIVAL



..for a day of heritage and joy. Celebrating unity, community,  
and STILL fighting for freedom!!!



SATURDAY JUNE 14, 2025  
BREMERTON, WA  
EVERGREEN ROTARY PARK



# FUTURE FOCUSED SUMMER ACADEMY

Two session options: July 14-24 or August 4-14



A free summer program on the Olympic College, Bremerton campus where **students entering sixth grade in fall 2025 will:**

- improve self-regulation skills
- learn about goal setting and hope
- explore personal strengths and values
- explore career and college pathways
- build community

**SCAN QR CODE OR CLICK TO REGISTER - SPACE LIMITED**

Questions? E: [promise.partner@kitsapstrong.org](mailto:promise.partner@kitsapstrong.org) C: 206.771.0029

Olympic College does not discriminate on the basis of race, color, national origin, religion, sex, disability, honorably-discharged veteran or military status, sexual orientation, or age in the administration of its programs and activities. Learn more at: [olympic.edu/nondiscrimination](http://olympic.edu/nondiscrimination).



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA June 5, 2025, 4:30-6:00pm



## Join Zoom Meeting

<https://us06web.zoom.us/j/87690023854?pwd=q9YfZvlGO0q8AjINfglOiQxaDbW23j.1>

Meeting ID: 876 9002 3854

Passcode: 935729

By phone:

Dial by your location

Meeting ID: 876 9002 3854 1 253 215 8782 US (Tacoma) 1 360 209 5623 US

Passcode: 935729 1 253 205 0468 US 1 301 715 8592 US (Washington DC)

In Person Meeting 507 Austin Ave. Port Orchard, WA 98366

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

- |             |  |
|-------------|--|
| <b>4:30</b> | <b>WELCOME &amp; INTRODUCTIONS</b>                 |
| <b>4:40</b> | <b>APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA</b> |
| <b>4:45</b> | <b>YOUTH REPRESENTATIVE REPORTS</b>                |
| <b>5:15</b> | <b>PRESENTATION – ADVOCACY STRATEGIES</b>          |
| <b>5:45</b> | <b>PROJECT UPDATES &amp; ACTIVITIES</b>            |
| <b>5:50</b> | <b>ANNOUNCEMENTS/PUBLIC COMMENT (3 min. limit)</b> |
| <b>6:00</b> | <b>ADJOURNMENT &amp; NEXT MEETING – TBD, 2025</b>  |

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair or designee will call upon the attendee to speak at the designated time. Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to [Lhyde@kitsap.gov](mailto:Lhyde@kitsap.gov).

## **Kitsap County Commission on Children and Youth**

**AGENDA BRIEFING – JUNE 5, 2025**

**4:30 P.M. –6:00 P.M.**

**This is a hybrid meeting with in-person at 507 Austin Ave. Port Orchard.**

**The meeting link provided on the agenda and on our webpage**

[kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx](https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx)

**4:30 p.m.     WELCOME & INTRODUCTIONS**

Chairpersons Lynne Tabone and Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered at the Kitsap County Human Services Department 507 Austin Ave. Port Orchard, WA 98366 until further notice.

**4:40 p.m.     APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

May Meeting Minutes will be approved and any changes to the June Agenda will be approved.

**4:45 p.m.     YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and youth guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:15 p.m.     PRESENTATION – ADVOCACY STRATEGIES**

Laura Hyde will share information about advocacy strategies to empower Board members to advocate for the needs of Kitsap children, youth and families.

**5:45 p.m.     ANNOUNCEMENTS AND PUBLIC COMMENT (3 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m.     ADJOURNMENT & NEXT MEETING:**

The next monthly meeting will be held in July 2025. The board will discuss moving this month's meeting to July 10 due to the holiday July 4 and member conflicts due to vacations.

**Kitsap County Commission on Children and Youth  
Minutes  
May 1, 2025**

The Kitsap County Commission on Children and Youth meeting was held on Thursday May 1, 2025, from 4:30 -6:00 p.m. The board met this month online only via Zoom due to staffing shortages. Abigail Stevenson and Lynne Tabone, Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

**I. WELCOME & INTRODUCTIONS**

Board Co-Chair Lynne Tabone called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

**II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

April 3, 2025, meeting minutes were approved and entered into the record. We are meeting virtually today only due to staffing shortages. Laura is attending mandatory training in Portland and will staff the meeting remotely. There was no other staff available to host the meeting in-person for this meeting. The May Agenda was approved.

**III. PRESENTATION – GRANT REVIEW COMMITTEE RECOMMENDATIONS**

The grant review committee presented their recommendations for funding for our grant *Programs that Prevent and Reduce the Impact of Adverse Childhood Experiences through Building Resiliency*. The committee shared information about their process and answer questions of the board.

**IV. VOTE – Funding Recommendations to County Commissioners**

The Board voted on funding recommendations for our grant – *Programs that Prevent and Reduce the Impact of Adverse Childhood Experiences through Building Resiliency*. The funding recommendations of the committee were approved and *will* be offered to the Board of County Commissioners who will make the final decision.

**V. YOUTH REPRESENTATIVE REPORTS**

Youth Board Members offered an update on activities and events within their districts over the last month.

**V. PROJECT UPDATES & ACTIVITIES**

Information was shared about community activities happening in the future.

**VI. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

**VII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on June 5, 2025. We plan to meet in hybrid mode with the online meeting via zoom and in-person at the Kitsap County Department of Human Services office located at 507 Austin Ave. Port Orchard.

**VIII. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Lynne Tabone	Laura Hyde	Aldrin Villahermosa II
Crista Magneson		Tiffany Hye
Abigail Stevenson		
Kimberly Riley		
Elsa Drugge		
Amanda Williamson		
Courtney Oliver		
Cathy Adams Bomar		
Meghan Cuscuna		
Absent		
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facteau Minger		
Brendon Taga		
Emily Main		
Dragan Kardzic		
Danielle Jenkel		
Miles Borer		
Meghan Cuscuna		





# TOOLS FOR THE TRADES

SUMMER 2025

REGISTER HERE



**Tessera Summer Academy: Tools for the Trades** is an exciting opportunity to learn, train, and connect with real-world employers in skilled trades fields.

- **Hands-on Safety Training** – Learn essential workplace safety skills for trades vocations.
- **Soft Skills for Success** – Develop professional communication, teamwork, and workplace readiness.
- **Exclusive Job Tours** – Visit local trades facilities to see trades careers in action.
- **Receive Training Based on OSHA-Recognized Standards**
- **Red Cross First Aid** – Have the opportunity to earn your Adult First Aid certification!
- **PAID Internship Opportunity** – Students (ages 18-22) who complete the full program can apply to our 40-hour, paid summer internship to put their skills to the test!

**Space is limited—sign up today!**



## ACADEMY

JUNE 30TH - JULY 18TH

## PAID INTERNSHIPS

JULY 28TH - AUGUST 15TH



**TESSERA BREMERTON OFFICE**  
4525 AUTO CENTER WAY

**For more information about the program, including the application process contact:**



**tessera™**

**DIXIE CARTELLI**

**Pre-ETS Coordinator**

360-731-1689

dixie.cartelli@tessera.org



**TRACEY HOUSE**

**Regional Transition Consultant**

360-480-0612

tracey.house@dshs.wa.gov



# TOOLS FOR THE TRADES REQUIREMENTS

REGISTER HERE



## Who Can Participate?

To enroll in the Tessera Summer Academy: Tools for the Trades, students must meet the following criteria:

- Be a student enrolled in a local high school, or a recent 2025 graduate
- Be between the ages of 14-22 (ages 18-22 for internships)
- Have an IEP, 504 Plan, or documented disability
- Complete or have already completed a DVR Pre-Employment Transition Services Approval consent form
- Be able to independently self-manage personal needs/behaviors in a group learning environment

If you meet these qualifications and are ready to explore a future in the trades, this program is for you! Don't miss your chance to gain real-world experience, earn industry-recognized certifications, and take the next step toward a rewarding career.

**Space is limited—scan or click the QR code above to sign up!**

**For more information about the program, including the application process contact:**



**tessera™**

**DIXIE CARTELLI**  
**Pre-ETS Coordinator**  
360-731-1689  
dixie.cartelli@tessera.org



**TRACEY HOUSE**  
**Regional Transition Consultant**  
360-480-0612  
tracey.house@dshs.wa.gov



# Building a Healed Community: A Connection & Resource Event

**Date:** Tuesday, June 17th

**Time:** 1:00pm to 3:30pm

**Location:** Kitsap Regional Library - Silverdale

**Registration:** <https://rb.gy/lu5vkx>

To register:



Join us for this educational AND fun event!

Topics are centered around substance use prevention, treatment and recovery. There will be a dynamic presentation about cultivating healthy community connections and resource tables with a community café layout.

Light refreshments will be provided.

*Come and join us!*





# SPACE FOR ALL

**Friday, May 30th  
4–6 pm  
Bremerton, WA**

**YOUTH-LED  
GATHERING  
FOR WELLBEING**



**Free event  
for grades 9–12  
with community,  
art, discussion,  
and dinner**



**Seats limited  
RSVP today**

[bit.ly/spaceforall2025](https://bit.ly/spaceforall2025)



Venue location  
shared after  
RSVP

JOIN US IN CELEBRATING THE...



# 23RD ANNUAL KITSAP JUNETEENTH FREEDOM FESTIVAL



..for a day of heritage and joy. Celebrating unity, community,  
and STILL fighting for freedom!!!



**SATURDAY JUNE 14, 2025  
BREMERTON, WA  
EVERGREEN ROTARY PARK**





# FUTURE FOCUSED SUMMER ACADEMY

Two session options: July 14-24 or August 4-14



A free summer program on the Olympic College, Bremerton campus where **students entering sixth grade in fall 2025 will:**

- improve self-regulation skills
- learn about goal setting and hope
- explore personal strengths and values
- explore career and college pathways
- build community

**SCAN QR CODE OR CLICK TO REGISTER - SPACE LIMITED**

Questions? E: [promise.partner@kitsapstrong.org](mailto:promise.partner@kitsapstrong.org) C: 206.771.0029

Olympic College does not discriminate on the basis of race, color, national origin, religion, sex, disability, honorably-discharged veteran or military status, sexual orientation, or age in the administration of its programs and activities. Learn more at: [olympic.edu/nondiscrimination](http://olympic.edu/nondiscrimination).



## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA July 10, 2025, 4:30-6:00pm



### Join Zoom Meeting

<https://us06web.zoom.us/j/87690023854?pwd=q9YfZvlGO0q8AjINfglOiQxaDbW23j.1>

Meeting ID: 876 9002 3854

Passcode: 935729

By phone:

Dial by your location

Meeting ID: 876 9002 3854 1 253 215 8782 US (Tacoma) 1 360 209 5623 US

Passcode: 935729 1 253 205 0468 US 1 301 715 8592 US (Washington DC)

In Person Meeting 507 Austin Ave. Port Orchard, WA 98366

### THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

- |             |  |
|-------------|--|
| <b>4:30</b> | <b>WELCOME &amp; INTRODUCTIONS</b>                   |
| <b>4:40</b> | <b>APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA</b>   |
| <b>4:50</b> | <b>YOUTH REPRESENTATIVE REPORTS</b>                  |
| <b>5:00</b> | <b>PROJECT UPDATES &amp; ACTIVITIES</b>              |
| <b>5:10</b> | <b>PLANNING THE YOUTH FORUM</b>                      |
| <b>5:50</b> | <b>ANNOUNCEMENTS/PUBLIC COMMENT (3 min. limit)</b>   |
| <b>6:00</b> | <b>ADJOURNMENT &amp; NEXT MEETING – AUG. 7, 2025</b> |

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair or designee will call upon the attendee to speak at the designated time. Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to [Lhyde@kitsap.gov](mailto:Lhyde@kitsap.gov).

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – JULY 10, 2025**

**4:30 P.M. –6:00 P.M.**

**This is a hybrid meeting with in-person at 507 Austin Ave. Port Orchard, WA. The meeting link is provided on the agenda and on our webpage**

**[kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx](https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx)**

**4:30 p.m. WELCOME & INTRODUCTIONS**

Chairpersons Lynne Tabone and Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered at the Kitsap County Human Services Department 507 Austin Ave. Port Orchard, WA 98366 until further notice.

**4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

June Meeting Minutes will be approved and any changes to the July Agenda will be approved.

**4:50 p.m. YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and youth guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m. PROJECT UPDATES & ACTIVITIES**

The leadership team and staff will offer project updates and upcoming activities.

**5:10 p.m. PLANNING THE YOUTH FORUM**

The leadership team will facilitate planning for the Kitsap Youth Forum.

**5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (3 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m. ADJOURNMENT & NEXT MEETING:**

The next monthly meeting will be held on August 7, 2025.

## **Kitsap County Commission on Children and Youth**

### **MINUTES June 5, 2025**

The Kitsap County Commission on Children and Youth meeting was held on Thursday June 5, 2025, from 4:30 -6:00 p.m. The board met in person at the Kitsap County Human Services Department offices located at 507 Austin Ave. Port Orchard and via Zoom. Abigail Stevenson and Lynne Tabone Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### **I. WELCOME & INTRODUCTIONS**

Board Co-Chair Lynne Tabone called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### **II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

May 1, 2025, meeting minutes were approved and entered into the record. The June Agenda was approved.

#### **III. PRESENTATION – ADVOCACY STRATEGIES**

Laura Hyde shared a presentation on advocacy strategies specific to our county advisory board and their individual roles. The board had a discussion o

#### **IV. PROJECT UPDATES & ACTIVITIES**

Information was shared about community activities happening in the future.

#### **V. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### **VII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The board decided to move the July meeting to the following week (the 10<sup>th</sup>) due to the Fourth of July holiday. The next meeting will be held on July 10, 2025. We plan to meet in hybrid mode with the online meeting via zoom and in-person at the Kitsap County Department of Human Services office located at 507 Austin Ave. Port Orchard.

#### **VIII. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Lynne Tabone	Laura Hyde	Aldrin Villahermosa II
Crista Magneson		Cooper Stevenson
Abigail Stevenson		Tiffany Hye
Courtney Oliver		
Elsa Drugge		
Amanda Williamson		
Absent		
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facticeau Minger		
Brendon Taga		
Emily Main		
Dragan Kardzic		
Danielle Jenkel		
Miles Borer		
Meghan Cuscuna		
Cathy Adams Bomar		
Kimberly Riley		





# Free Summer Meals

**For Kids & Teens 18 & Under**

**Multiple sites serving meals in your community**

**Visit [bremertonschools.org/summermeals](https://bremertonschools.org/summermeals) for the most up to date schedules and communication**

## June 23, 2025 - August 15, 2025

Location	Address	Brkfst	Lunch	Snack	Days
Mountain View Middle School (main building)	2400 Perry Avenue NE	9:00-9:30	12:00-12:30		M - F
YMCA (East Bremerton)	2261 Homer Jones Rd	-	11:30-12:00	2:00-2:30	M - F
Kitsap Regional Library (Sylvan Way)	1301 Sylvan Way		12:15-12:45		M - F
Kitsap Regional Library (Downtown Bremerton - MLK)	612 5th St		11:30-12:00		WEDNESDAYS ONLY
West Hills Stem Academy (Playground)	520 S National Ave		11:45-12:15		M - F
The Summit at Bay Vista	4650 Bay Vista Blvd		11:45-12:15	2:00-2:15	M - F

## June 25, 2025 - August 15, 2025

Location	Address	Brkfst	Lunch	Snack	Days
Crownhill Elem (YKids)	1500 Rocky Pt Rd	8:00-8:30	11:15-11:45		M - F

## June 23, 2025 - July 11, 2025

Bremerton High School	1500 13th St	7:30-8:00	12:00-12:30		M - F
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## July 7, 2025 - August 8, 2025

Park Locations	Address	Brkfst	Lunch	Snack	Days
Blueberry Park	737 Sylvan Way	-	12:00-12:30	-	M - F
Kiwanis Park	1701 5th Street	-	12:00-12:30	-	M - F

**No meal service on July 4, 2025**

**This institution is an equal opportunity provider**

# Family Engagement Focus Groups



## -Parents/Guardians of 5<sup>th</sup> - 8<sup>th</sup> grade students-

Share your insight as we work to co-design a family engagement academy that supports Bremerton School District families through transitions within the K12 education journey. What do you need to support your student's vision for their future as it relates to career and college preparation?

- Meals provided
- \$50 stipend provided for participation
- Onsite activities for your children during participation



## **RSVP for one of these dates at Mountain View Middle School:**

- June 17 10am-12pm
- June 24th 5:30pm-7:30pm
- July 12th 10am-12pm



Questions? Email: [promise.partner@kitsapstrong.org](mailto:promise.partner@kitsapstrong.org)



## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA August 7, 2025, 4:30-6:00pm



### Join Zoom Meeting

<https://us06web.zoom.us/j/84149883025?pwd=leYEnWiTOsbNSsYHysELCSFc13q7aC.1>

Meeting ID: 841 4988 3025

Passcode: 244650

By phone:

Dial by your location

Meeting ID: 841 4988 3025 • +1 253 215 8782 US (Tacoma)

• +1 253 205 0468 US

Passcode: 244650

• +1 719 359 4580 US

• +1 301 715 8592 US (Washington DC)

**In Person Meeting** 507 Austin Ave. Port Orchard, WA 98366

### THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

- 4:30 WELCOME & INTRODUCTIONS**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:50 YOUTH REPRESENTATIVE REPORTS**
- 5:00 PROJECT UPDATES & ACTIVITIES**
- 5:10 PLANNING THE YOUTH FORUM**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (3 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – SEPT. 4, 2025**

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair or designee will call upon the attendee to speak at the designated time. Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to [Lhyde@kitsap.gov](mailto:Lhyde@kitsap.gov).

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – AUG. 7, 2025  
4:30 P.M. –6:00 P.M.**

**This is a hybrid meeting with in-person at 507 Austin Ave. Port Orchard, WA. The meeting link is provided on the agenda and on our webpage [kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx](https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx)**

**4:30 p.m. WELCOME & INTRODUCTIONS**

Chairpersons Lynne Tabone and Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered at the Kitsap County Human Services Department 507 Austin Ave. Port Orchard, WA 98366 until further notice.

**4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

July Meeting Minutes will be approved and any changes to the August Agenda will be approved.

**4:50 p.m. YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and youth guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m. PROJECT UPDATES & ACTIVITIES**

The leadership team and staff will offer project updates and upcoming activities.

**5:10 p.m. PLANNING THE YOUTH FORUM**

The leadership team will facilitate planning for the Kitsap Youth Forum.

**5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (3 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m. ADJOURNMENT & NEXT MEETING:**

The next monthly meeting will be held on September 4, 2025.

## **Kitsap County Commission on Children and Youth**

### **MINUTES July 10, 2025**

The Kitsap County Commission on Children and Youth meeting was held on Thursday July 10, 2025, from 4:30 -6:00 p.m. This meeting was moved from our regular day (first Thursday of the month) due to the 4<sup>th</sup> of July holiday affecting Board Members' availability. The board met in person at the Kitsap County Human Services Department offices located at 507 Austin Ave. Port Orchard and via Zoom. Abigail Stevenson Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### **I. WELCOME & INTRODUCTIONS**

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### **II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

June 5, 2025, meeting minutes were approved and entered into the record. The July Agenda was approved.

#### **III. PROJECT UPDATES & ACTIVITIES**

Information was shared about community activities happening in the future.

#### **V. PLANNING THE YOUTH FORUM**

Abigail Stevenson led the planning discussion about the Youth Forum. It has been proposed to move the Youth Forum to the spring and hold it during the school day. Transportation and coordination with schools will be necessary. It was decided to continue the discussion next month.

#### **VII. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

#### **VII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held August 7, 2025 returning to our regular meeting day and time. We plan to meet in hybrid mode with the online meeting via zoom and in-person at the Kitsap County Department of Human Services office located at 507 Austin Ave. Port Orchard.

#### **VIII. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Meghan Cuscuna	Laura Hyde	Aldrin Villahermosa II
Crista Magneson		Cooper Stevenson
Abigail Stevenson		
Absent		
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facticeau Minger		
Brendon Taga		
Emily Main		
Kimberly Riley		
Lynne Tabone		
Miles Borer		
Courtney Oliver		
Cathy Adams Bomar		
Elsa Drugge		
Amanda Williamson		
Tiffany Hye		



**The Kitsap County Commission on Children & Youth Advisory Board is looking for volunteers:**

As of 7/31/25 we are accepting applications for youth and adult positions.

**POSITION SUMMARY:**

The 20 members of the Kitsap County Commission on Children and Youth Advisory Board are volunteers from throughout the county appointed by the Board of County Commissioners. They represent health and social services, law and justice, military, education, parks and recreation, business, youth and the general community.

The Youth Commission advises County Commissioners and residents on the needs of children, youth and families based on periodic assessments; facilitates coordination of information among agencies to maximize resources; and advocates for an environment that fosters healthy, self-sufficient, responsible and productive children, youth, and families.

**JOB DUTIES:**

Meet at least once a month. Attendance is vitally important for the success of the advisory group. Function as part of a team of 20. Actively participate in discussion and actions of the Board. Serve as an official communication body between County Commissioners, the youth and organizations serving youth throughout Kitsap County. Share information between the community and the Board. Participate in committees and related activities. Assist with strategic planning, policy review and outreach and education initiatives.

**SKILLS AND QUALIFICATIONS:**

Must be a Kitsap County resident. Must be willing and able to attend monthly meetings, participate in committees and function as part of an advisory team.

**TIME COMMITMENT:**

Attend the monthly meeting on the first Thursday of the month from 4:30 to 6:30 p.m. Meetings are held virtually and in person every month. Other meetings and training may be occasionally scheduled. Committee times vary.

**If interested, please complete the application at:**

<https://www.cognitoforms.com/KitsapCounty1/ApplicationForAppointmentToKitsapCountyAdvisoryGroups>

**For more information on the Commission on Children and Youth Advisory Board, please go to:**

<https://www.kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx>

**or contact Laura Hyde at 360-337-4879 or [lh Hyde@kitsap.gov](mailto:lh Hyde@kitsap.gov)**



## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA September 4, 2025, 4:30-6:00pm



### Join Zoom Meeting

<https://us06web.zoom.us/j/84149883025?pwd=leYEnWiTOsbNSsYHysELCSFc13q7aC.1>

Meeting ID: 841 4988 3025

Passcode: 244650

By phone:

Dial by your location

Meeting ID: 841 4988 3025 • +1 253 215 8782 US (Tacoma)

• +1 253 205 0468 US

Passcode: 244650

• +1 719 359 4580 US

• +1 301 715 8592 US (Washington DC)

**In Person Meeting** 507 Austin Ave. Port Orchard, WA 98366

### THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

**4:30 WELCOME & INTRODUCTIONS**

**4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**

**4:50 YOUTH REPRESENTATIVE REPORTS**

**5:00 PRESENTATION – KITSAP MENTAL HEALTH YOUTH SERVICES**

**5:25 ELECTIONS – YOUTH CO-CHAIRPERSON**

**5:40 PROJECT UPDATES & ACTIVITIES**

**5:50 ANNOUNCEMENTS/PUBLIC COMMENT (3 min. limit)**

**6:00 ADJOURNMENT & NEXT MEETING – OCT. 2, 2025**

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair or designee will call upon the attendee to speak at the designated time. Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to [Lhyde@kitsap.gov](mailto:Lhyde@kitsap.gov).

## **Kitsap County Commission on Children and Youth**

### **AGENDA BRIEFING – Sept. 4, 2025**

**4:30 P.M. –6:00 P.M.**

**This is a hybrid meeting with in-person at 507 Austin Ave. Port Orchard, WA. The meeting link provided on the agenda and on our webpage**

**[kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx](https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx)**

**4:30 p.m.     WELCOME & INTRODUCTIONS**

Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered at the Kitsap County Human Services Department 507 Austin Ave. Port Orchard, WA 98366 until further notice.

**4:40 p.m.     APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

August Meeting Minutes will be approved and any changes to the September Agenda will be approved.

**4:50 p.m.     YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and youth guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m.     PRESENTATION – KITSAP MENTAL HEALTH YOUTH SERVICES**

Jenna Vyhlidal of Kitsap Mental Services will present about youth mental health services available through KMHS.

**5:25 p.m.     ELECTIONS – YOUTH CO-CHAIRPERSON**

The board will have election for the Youth Co-Chairperson. Elsa Drugge has been nominated.

**5:40 p.m.     PROJECT UPDATES & ACTIVITIES**

The leadership team and staff will offer project updates and upcoming activities.

**5:50 p.m.     ANNOUNCEMENTS AND PUBLIC COMMENT (3 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m.     ADJOURNMENT & NEXT MEETING:**

The next monthly meeting will be held on October 2, 2025.

## **Kitsap County Commission on Children and Youth**

### **MINUTES August 7, 2025**

The Kitsap County Commission on Children and Youth meeting was held on Thursday August 7, 2025, from 4:30 -6:00 p.m. The board met in person at the Kitsap County Human Services Department offices located at 507 Austin Ave. Port Orchard and via Zoom. Elsa Drugge facilitated this meeting and called the meeting to order. The Board Co-Chairpersons were unable to attend this meeting and Elsa volunteered to fill in and facilitate this meeting. Laura Hyde served as staff and recorder.

#### **I. WELCOME & INTRODUCTIONS**

Board Member Elsa Drugge called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### **II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

July 10, 2025, meeting minutes were approved and entered into the record. The August Agenda was approved.

#### **III. YOUTH REPRESENTATIVE REPORTS**

Elsa Drugge gave a youth representative report to the board.

#### **IV. PROJECT UPDATES & ACTIVITIES**

Information was shared about the Board activities and project updates, and upcoming activities.

#### **V. PLANNING THE YOUTH FORUM**

Laura Hyde shared information about the planning of the Youth Forum. It has been proposed to move the Youth Forum to spring and hold it during the school day. Transportation and coordination with schools will be necessary. It was decided to continue the discussion next month.

#### **VII. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements. We will hold elections for Board Co-Chairperson as Lynne Tabone has graduated and is going to college. Congratulations were offered to our other graduating youth members Miles Borer and Nic Clay. We are currently recruiting Youth Board Representatives.

#### **VII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on September 4, 2025. We plan to meet in hybrid mode with the online meeting via zoom and in-person at the Kitsap County Department of Human Services office located at 507 Austin Ave. Port Orchard.

#### **VIII. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Meghan Cuscuna	Laura Hyde	Aldrin Villahermosa II
Crista Magneson		Barb Santos
Courtney Oliver		Becca Newsome
Cathy Adams Bomar		
Kimberly Riley		
Amanda Williamson		
Absent		
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facteau Minger		
Brendon Taga		
Emily Main		
Abigail Stevenson		
Lynne Tabone		
Miles Borer		
Tiffany Hye		
Nicole (Nic) Clay		

**10<sup>th</sup> Annual**

# 9/11 SOS

**Sacrifice of Service**

**9/11 National Day of Service and Remembrance**

**9/11 24<sup>th</sup> Anniversary Commemoration**

**Honor First Responders ♦ Safe Community ♦**

**Emergency Preparedness**

**Providing Protection to Our Families and Communities**

**Please Join us on Sunday September 7, 2025**

**At The Marvin Williams Center**

**725 Park Ave, Bremerton 98337**

**9:00 AM – 1:00 PM**

**City of Bremerton ♦ Bremerton Police Department ♦ Kitsap Mesa Redonda**

**Living Life Leadership ♦ Gather Together Grow Together ♦ The Conduit ♦**

**♦ LACH ♦ Charlando Con Martitha ♦ Bremerton Fire Dept**

**♦ Kitsap County Public Health ♦ Kitsap County Dept of Emergency**







## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA October 2, 2025, 4:30-6:00pm



### Join Zoom Meeting

<https://us06web.zoom.us/j/84149883025?pwd=leYEnWiTOsbNSsYHysELCSFc13q7aC.1>

Meeting ID: 841 4988 3025

Passcode: 244650

By phone:

Dial by your location

Meeting ID: 841 4988 3025 • +1 253 215 8782 US (Tacoma)

• +1 253 205 0468 US

Passcode: 244650

• +1 719 359 4580 US

• +1 301 715 8592 US (Washington DC)

**In Person Meeting** 507 Austin Ave. Port Orchard, WA 98366

### THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

- |             |  |
|-------------|--|
| <b>4:30</b> | <b>WELCOME &amp; INTRODUCTIONS</b>                   |
| <b>4:40</b> | <b>APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA</b>   |
| <b>4:50</b> | <b>YOUTH REPRESENTATIVE REPORTS</b>                  |
| <b>5:00</b> | <b>PRESENTATION – FREEDOM 13 – INTERNET SAFETY</b>   |
| <b>5:30</b> | <b>PROJECT UPDATES &amp; ACTIVITIES</b>              |
| <b>5:50</b> | <b>ANNOUNCEMENTS/PUBLIC COMMENT (3 min. limit)</b>   |
| <b>6:00</b> | <b>ADJOURNMENT &amp; NEXT MEETING – NOV. 6, 2025</b> |

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair or designee will call upon the attendee to speak at the designated time. Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to [Lhyde@kitsap.gov](mailto:Lhyde@kitsap.gov).

## **Kitsap County Commission on Children and Youth**

### **AGENDA BRIEFING – October 2, 2025**

**4:30 P.M. –6:00 P.M.**

**This is a hybrid meeting with in-person at 507 Austin Ave. Port Orchard, WA. The meeting link provided on the agenda and on our webpage**

**[kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx](https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx)**

**4:30 p.m.     WELCOME & INTRODUCTIONS**

Abigail Stevenson and Elsa Drugge will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered at the Kitsap County Human Services Department 507 Austin Ave. Port Orchard, WA 98366 until further notice.

**4:40 p.m.     APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

September Meeting Minutes will be approved and any changes to the October Agenda will be approved.

**4:50 p.m.     YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and youth guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m.     PRESENTATION – FREEDOM 13 – INTERNET SAFETY**

Gene and Sandy Hill of Freedom 13 will present to the board and audience. They will share information about youth safety on the internet, AI, and the latest trends.

**5:30 p.m.     PROJECT UPDATES & ACTIVITIES**

The leadership team and staff will offer project updates and upcoming activities.

**5:50 p.m.     ANNOUNCEMENTS AND PUBLIC COMMENT (3 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m.     ADJOURNMENT & NEXT MEETING:**

The next monthly meeting will be held on November 6, 2025.

## **Kitsap County Commission on Children and Youth**

### **MINUTES September 4, 2025**

The Kitsap County Commission on Children and Youth meeting was held on Thursday September 4, 2025, from 4:30 -6:00 p.m. The board met in person at the Kitsap County Human Services Department offices located at 507 Austin Ave. Port Orchard and via Zoom. Abigail Stevenson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### **I. WELCOME & INTRODUCTIONS**

Board Co-chairperson Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### **II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

August 2025, meeting minutes were approved and entered into the record. The September Agenda was approved.

#### **III. YOUTH REPRESENTATIVE REPORTS**

Elsa Drugge and Cooper Stevenson offered youth representative reports to the board.

#### **IV. PRESENTATION – KITSAP MENTAL HEALTH YOUTH SERVICES**

Jenna Vyhldal of Kitsap Mental Health's Mobile Crisis Outreach Team presented information about the program. This service serves adult & youth customers. Referrals are made by local crisis lines and can be on location with the customer as quickly as one hour.

#### **V. ELECTIONS – YOUTH CO-CHAIRPERSON**

Elections were held for Board Co-Chairperson as Lynne Tabone has graduated and is going to college. Congratulations were offered to our other graduating youth members Miles Borer and Nic Clay. Elsa Drugge was elected to serve in the position of Board Co-Chairperson. Congratulations were offered to Elsa!!!

#### **VI. PROJECT UPDATES & ACTIVITIES**

Laura Hyde shared information about the planning of the Youth Forum. We will be moving the Youth Forum to March, and it will be held during the school day. Transportation and coordination with schools will be necessary. It was decided to continue the discussion next month.

#### **VII. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements. We are currently recruiting Youth Board Representatives.

#### **VIII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on October 2, 2025. We plan to meet in hybrid mode with the online meeting via zoom and in-person at the Kitsap County Department of Human Services office located at 507 Austin Ave. Port Orchard.

### VIII. ATTENDANCE

COMMISSION MEMBERS	STAFF	GUESTS
Abigail Stevenson	Laura Hyde	Aldrin Villahermosa II
Elsa Drugge		Barb Santos
Courtney Oliver		Stacy Scott
Cathy Adams Bomar		Cooper Stevenson
Kimberly Riley		Jenna Vyhlidal
Tiffany Hye		
Brendon Taga		
Absent		
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facteau Minger		
Amanda Williamson		
Crista Magneson		
Meghan Cuscuna		

# Substance Use Disorder education sessions

These one-of-a-kind education sessions are specifically designed for **parents, caregivers, and family members of individuals** impacted by addiction. Gain up-to-date knowledge on substance use disorder (SUD), its impact on youth, and effective ways to support your loved one.

Presented **by families for families**, this training reflects the voices of those with lived experience and was developed in collaboration with **Health Care Authority**, family-led organizations, and dedicated advocates.

## Connect and empower

- Learn practical skills from the **CRAFT (Community Reinforcement and Family Training)** model
- Discover real strategies for improving communication and reducing conflict
- Access guidance for navigating Washington's behavioral health systems

## Training details

- 8-week series, one 2-hour session per week
- Flexible schedule: choose a morning or evening session
- Certificate of Completion available upon attending all 8 modules

## Topics covered

Interactive, research-based content will include:

- The science behind SUD and its effects on the adolescent brain
- Relationship tools grounded in compassion and evidence-based practices
- Systems navigation and community support access within Washington State

## Resource guide

Participants receive information and resources on SUD supports and services specific to Washington State.

## Register today



**Register** for ongoing sessions throughout the year:  
[wsccsupport.org/family-navigator-training](https://wsccsupport.org/family-navigator-training)

**For questions**, contact Christina Jackson at [Christinajackson@wsccsupport.org](mailto:Christinajackson@wsccsupport.org) or WSCC SUD support at [sud@wsccsupport.org](mailto:sud@wsccsupport.org)



Joy Abundance Rest ♦ Possibilities Forward ♦ Hope & Resiliency



# 2025 Resiliency SUMMIT

FRIDAY, OCTOBER 24TH  
KIANA LODGE

TICKETS



<https://kitsapstrong.bpt.me>



Seeking sponsorships, proclamations, partner alignment for Resiliency Month



## Secure Your Ticket TODAY

Resiliency isn't about rugged independence, it's about interdependence, inclusion, empathy, and the vulnerability that allows us to form strong, healing relationships. Join us for a fun-filled day designed to inspire, empower, and strengthen our community through learning and connection. This is shared learning day of connection and growth. Please join us for your 7th Annual Kitsap Strong Resiliency Summit and [register today](#).

### **EVENT DETAILS**

Date: Friday, October 24th

Location: Kiana Lodge, 14976 Sandy Hook Rd NE Poulsbo, WA

Doors Open: 8:30 AM

### **MORNING 9:00 AM to 11:45 PM**

1. OPENING
2. Workshop on Community Connections & Wellness. Facilitated by [Saltfire](#), this session will explore strategies for inspiring sustainable, regenerative systems within our community.

### **AFTERNOON 12:30 PM to 3:30 PM**

1. Engaging and interactive experiences focusing on [hope](#) and resilience, providing a goal-setting framework and perspectives to carry into your personal and community life.
2. We also honor the legacy, wisdom, and action of the leaders whose shoulders we stand on towards educational attainment and community wellbeing so that everyone can thrive and flourish.

**CLOSING** followed by Optional Relational Networking 3:30 PM to 4:30 PM

An unstructured open time to connect in the beautiful setting of Kiana Lodge.

### **Only A Limited Number of Sponsored Sliding Scale Tickets Are Available**

A limited number of sliding scale tickets are currently available for Kitsap and North Mason youth, elders, parents/caregivers, and community members thanks to the generosity of Kitsap Great Give donors this year. We are in the process of seeking additional sponsorships to reduce barriers to costs for attendees while meeting the expenses for the event. Please reach out to [info@kitsapstrong.org](mailto:info@kitsapstrong.org) (please reference in the subject line (Resiliency Summit)).

*Ticket price include Breakfast, Lunch, and Refreshments.*



## **DANGERS OF YOUTH VAPING**

*What Parents Need to Know*

**THURSDAY | OCTOBER 9 | 6:00 PM EST | ZOOM**

This year, vaping, tobacco and nicotine use among youth and young adults are still major concerns. Every day, more and more discreet vapes enter the market. They are meant to sneak past adults by camouflaging as common household objects, video games, toys, and school supplies. Behind the enticing flavors and flashy colors of e-cigarettes are harmful chemicals and nicotine addiction.

Now is the time to remain vigilant and learn the essentials to help kids avoid or quit vaping! Register for this free event today here or use the QR code above

**ParentsAgainstVaping.org**





# HOPE NAVIGATOR TRAINING

**For educators and youth-serving professionals**

- Learn the Science of Hope and how to nurture hope in your students, clients, schools, and organizations
- Add to your toolbox for supporting and advising students
- Connect with colleagues in a monthly community of practice and support sessions
- Free through a grant from the Washington Student Achievement Council (WSAC)

**With:**

**DR. CHAN HELLMAN**

University of Oklahoma  
Hope Research Center



**October 20th and 21st  
8:30am - 3:30 pm**



**OESD 114  
105 National Road N  
Bremerton, WA**



**Clock hours available**

**What is a Hope Navigator?  
[Click or scan for a short video.](#)**



**Apply as a school/org team.  
[Click or scan for the form.](#)**

**Contact:** [promise.partner@kitsapstrong.org](mailto:promise.partner@kitsapstrong.org)

# Register Today for the Parenting Together Peer Support Group!



## **Parenting Together Peer Support Group**

*Starting September 30th!*

**When:** Mondays, September 30 – November 18

**Time:** 6:30 – 8:30 PM

**Where:** Bainbridge Youth Services 8533 Madison Ave Bainbridge Island WA



## **About the Group**

Registration is now open for our fall Parenting Together Support Group!

This free, 8-week program is designed for parents of children ages 5 to 18 and provides a supportive space to connect, reflect, and grow.

Led by Teri Arana, a licensed mental health counselor specializing in expressive arts, this group helps parents:

- Enhance their own well-being
- Build stronger connections with their children
- Identify and develop personal parenting values
- Learn practical parenting techniques and strategies
- Access helpful resources

To register: [Parent Peer Support Groups | AskBYS](#)





# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA November 6, 2025, 4:30-6:00pm



## Join Zoom Meeting

<https://us06web.zoom.us/j/84149883025?pwd=leYEnWiTOsbNSsYHysELCSFc13q7aC.1>

Meeting ID: 841 4988 3025

Passcode: 244650

By phone:

Dial by your location

Meeting ID: 841 4988 3025 • +1 253 215 8782 US (Tacoma)

• +1 253 205 0468 US

Passcode: 244650

• +1 719 359 4580 US

• +1 301 715 8592 US (Washington DC)

**In Person Meeting** 507 Austin Ave. Port Orchard, WA 98366

## THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

- |             |  |
|-------------|--|
| <b>4:30</b> | <b>WELCOME &amp; INTRODUCTIONS</b>                   |
| <b>4:40</b> | <b>APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA</b>   |
| <b>4:50</b> | <b>YOUTH REPRESENTATIVE REPORTS</b>                  |
| <b>5:00</b> | <b>PRESENTATION – ROBERT’S RULES OF ORDER</b>        |
| <b>5:40</b> | <b>PROJECT UPDATES &amp; ACTIVITIES</b>              |
| <b>5:50</b> | <b>ANNOUNCEMENTS/PUBLIC COMMENT (3 min. limit)</b>   |
| <b>6:00</b> | <b>ADJOURNMENT &amp; NEXT MEETING – DEC. 4, 2025</b> |

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair or designee will call upon the attendee to speak at the designated time. Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to [Lhyde@kitsap.gov](mailto:Lhyde@kitsap.gov).



## **Kitsap County Commission on Children and Youth**

**AGENDA BRIEFING – November 6, 2025**

**4:30 P.M. –6:00 P.M.**

**This is a hybrid meeting with in-person at 507 Austin Ave. Port Orchard, WA. The meeting link provided on the agenda and on our webpage**

**[kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx](https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx)**

**4:30 p.m.     WELCOME & INTRODUCTIONS**

Co-Chairpersons Abigail Stevenson and Elsa Drugge will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered at the Kitsap County Human Services Department 507 Austin Ave. Port Orchard, WA 98366 until further notice.

**4:40 p.m.     APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

October Meeting Minutes will be approved and any changes to the November Agenda will be approved.

**4:50 p.m.     YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and youth guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m.     PRESENTATION – Robert’s Rules of Order – Laura Hyde**

Laura Hyde will share information about Robert’s Rules of Order that are the procedural rules that govern how this county advisory board runs its meetings.

**5:30 p.m.     PROJECT UPDATES & ACTIVITIES**

The leadership team and staff will offer project updates and upcoming activities.

**5:50 p.m.     ANNOUNCEMENTS AND PUBLIC COMMENT (3 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m.     ADJOURNMENT & NEXT MEETING:**

The next monthly meeting will be held on December 4, 2025.

## Kitsap County Commission on Children and Youth

### MINUTES October 2, 2025

The Kitsap County Commission on Children and Youth meeting was held on Thursday October 2, 2025, from 4:30 -6:00 p.m. The board met in person at the Kitsap County Human Services Department offices located at 507 Austin Ave. Port Orchard and via Zoom. Elsa Drugge and Abigail Stevenson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### **I. WELCOME & INTRODUCTIONS**

Board Co-chairperson Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### **II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

September 2025, meeting minutes were approved and entered into the record. The October Agenda was approved.

#### **III. YOUTH REPRESENTATIVE REPORTS**

Elsa Drugge and Cooper Stevenson offered youth representative reports to the board.

#### **IV. PRESENTATION – FREEDOM 13 – INTERNET SAFETY**

Gene Hill of Freedom 13 presented information about children and teen internet safety. Freedom 13 is a not-for-profit organization that educates people about human trafficking.

#### **V. PROJECT UPDATES & ACTIVITIES**

Laura Hyde shared information about the planning of the Youth Forum. We will be moving the Youth Forum to March, and it will be held during the school day. Transportation and coordination with schools will be necessary. It was decided to continue the discussion next month.

#### **VII. ANNOUNCEMENT/PUBLIC COMMENT**

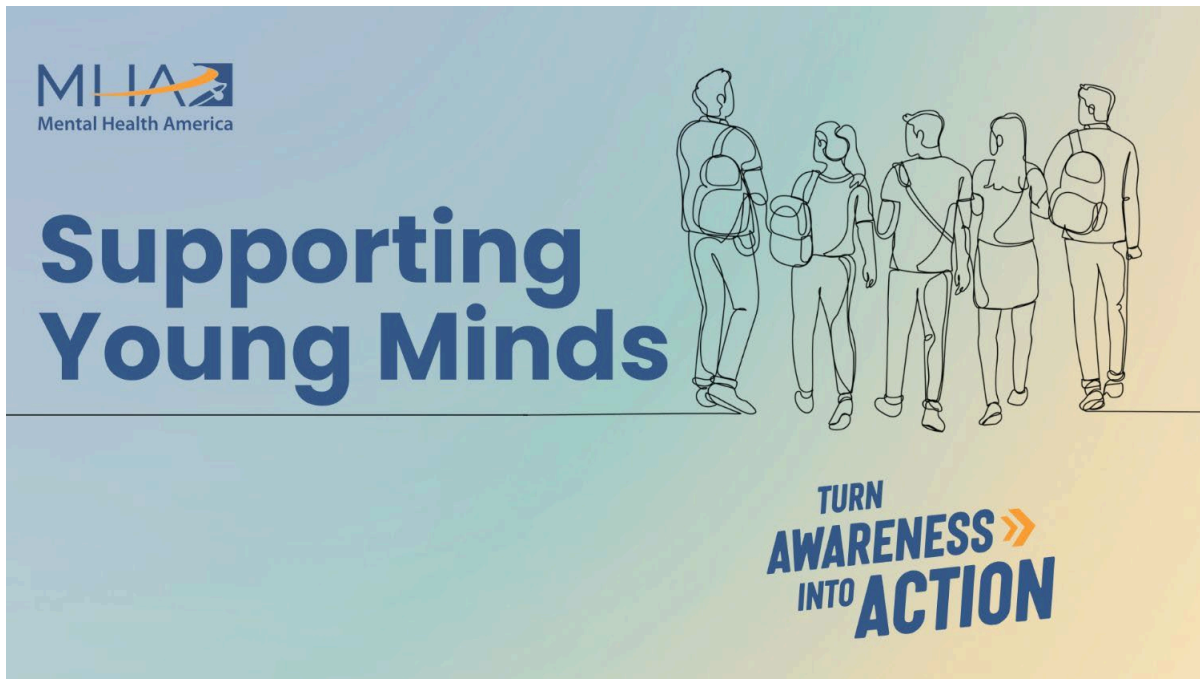
The board and guests shared announcements. We are currently recruiting Youth Board Representatives.

#### **VIII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on November 4, 2025. We plan to meet in hybrid mode with the online meeting via zoom and in-person at the Kitsap County Department of Human Services office located at 507 Austin Ave. Port Orchard.

#### **VIII. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Abigail Stevenson	Laura Hyde	Aldrin Villahermosa II
Elsa Drugge		Barb Santos
Meghan Cuscuna		Gene Hill
Cathy Adams Bomar		Cooper Stevenson
Kimberly Riley		
Absent		
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facticeau Minger		
Amanda Williamson		
Crista Magneson		
Tiffany Hye		
Courtney Oliver		
Brendon Taga		



Help youth feel hopeful, heard, and empowered with brand new resources!

We're excited to share that Mental Health America's [Supporting Young Minds materials](#) are now available—**free to download and ready to use** in classrooms, youth programs, and at home.

These resources help young people move from feeling helpless to feeling hopeful, equip adult allies to encourage advocacy and leadership, and create spaces where youth are safe, supported, and empowered.

#### What you'll find inside

- Practical tools to help youth identify what they *can* control
- Reflection prompts and creative activities to release stress and self-doubt
- Guidance for adult allies (parents/caregivers, educators, coaches, mentors)
- Activities for classrooms and community groups
- Crisis and help resources

Together, we can help young people be reminded that even when the world feels uncertain, they are not powerless.

[Explore Supporting Young Minds](#)

**P.S.** For additional youth-focused materials, visit our [youth resources page](#).

**Mental Health America**

500 Montgomery Street, Ste 820 | Alexandria, Virginia 22314

(703) 684-7722 | [info@mhanational.org](mailto:info@mhanational.org)



Having trouble viewing this email? [View it in your web browser](#)

# Suicide Protection

How to help protect yourself, your loved ones, and your community from suicide.



**Why should I build protection from suicide?** It's hard to build support when you're in the middle of a crisis. Having support already in place will make sure you have people who will help you when you need it.



**Resilience and  
inner strength**



**Problem solving  
skills**



**Access to local  
health care  
services**



**School  
support and  
involvement**



**Protective  
Factors**



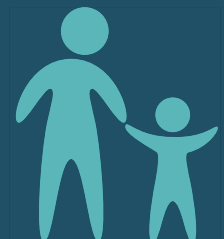
**Positive peer  
relationships**



**Sense of  
community**



**Safe  
environment**



**Positive adult  
relationships**



# Tips to build your protective factors

## **Resilience and inner strength**

Remember a time you had to overcome something challenging. Write it down and tape it to your mirror to remind yourself you can do hard things.

## **Problem solving skills**

The next time you feel stuck on a problem, talk through it with a trusted friend or family member. Talking about a problem outloud can help you find a solution.

## **School support and involvement**

Connect with a trusted teacher or guidance counselor to ask for school or career advice. Join a club! Art club, soccer, dance team, debate team - there's something for everyone!

## **Access to health care**

Find a community clinic near you that can help you find mental and physical health services for free or low-cost. Ask about health insurance options.

## **Positive peer relationships**

Find friends that are your age that encourage being healthy and making good choices.

## **Safe environments**

Find at least one safe environment (school, public library, home) that you can go to for rest and peace of mind.

## **Positive adult relationships**

Find a trusted adult (parent, guardian, teacher) that you can talk to.

## **Sense of community**

Get involved in your community by volunteering or joining a community club.

# WA survey shows shifting cannabis trends: higher use, higher perceived risks

11 years after legalization, cannabis use among WA young adults rises, but perceived risks also increase

**Olympia, Wash** Eleven years after cannabis was legalized for non-medical use in Washington, data from the Young Adult Health Survey shows increased use among 18- to 25-year-olds yet also shows encouraging signs that perceptions of risk are shifting.

The survey revealed that although more than half of young adults (53.6%) reported no cannabis use in the past year, nearly 8% of 18- to 25-year-olds report daily use. Fourteen percent of 18- to 20-year-olds obtained cannabis from a parent or a caregiver.

“We’re always talking about balancing hope and concern,” said Jason Kilmer, a University of Washington School of Medicine professor of psychiatry and behavioral sciences, who has been conducting the survey since 2014.

“While it is concerning that more frequent use has been increasing, it is hopeful that most young adults aren’t using this substance. Even 11 years into legalization, the majority of 18- to 25-year-olds aren’t using cannabis.”

“The biggest trend that we’re seeing after 11 years of data collection is that use among the 18- to 25-year-old age group has increased yearly, monthly, weekly, and daily,” Kilmer said. “And it’s largely due to the 21- to 25-year-olds who have legal access.”

## Changing perceptions of risk

For the first time, survey respondents reported an increase in perceived physical, emotional, and cognitive risk from regular cannabis use. Research from the University of Michigan’s *Monitoring the Future* study has shown that when perceived risk rises, actual use tends to decline the following year.

“HCA continues to use proven prevention methods to help young people choose behaviors that support their overall health,” said Ryan Moran, DrPH, MHSA, director of the Washington State Health Care Authority (HCA). “The fact that most young people are not using shows prevention techniques work, and underscores the importance of continued investments in these efforts.”

## Access, parents, and prevention

Kilmer emphasized the importance of engagement: Parents, caregivers, and guardians are partners in prevention,” said Kilmer. “Washington has great [resources to help families talk with young adults](#) about the risks of cannabis use, including the Washington state [free, anonymous resource](#) for residents 18 to 29 wishing to assess their alcohol and cannabis use and learn coping strategies.”

## **Cannabis and driving**

Nearly one-third of survey respondents who reported cannabis use in the past month also reported driving within three hours of using. Driving within three hours of using would likely result in being above the Washington State DUI threshold of 5 nanograms of THC per milliliter of blood. Research suggests waiting six to eight hours before driving after inhaling and eight to 12 hours after oral ingestion.

“Though the figure has trended down over the years,” Kilmer said, “it’s still far too high in the context of recent findings about fatalities on Washington roads. People get, ‘Don’t drink and drive,’ but we hear way too many people say, ‘Well, I drive better when I’m high,’ and they really don’t.”

According to the Washington Traffic Safety Commission, there was a 156% increase in fatal crashes involving drivers ages 18-24 from 2015 to 2024 who were impaired by cannabis (THC blood level greater than 5 ng/mL). Cannabis has been shown to reduce reaction time, ability to pay attention to multiple things occurring at once and increase lane departures.

## **About the survey**

The Young Adult Health Survey is administered by a collaborative effort including the UW Medicine Department of Psychiatry and Behavioral Sciences and is supported by a contract with HCA’s Division of Behavioral Health and Recovery. Now in its 12<sup>th</sup> year, the survey collects data from Washington residents ages 18-25.

END

# **ACT!ON FOR HEALTHY KIDS**

## **Start the Conversation: A Training for Parents and Caregivers**

### Date & Time

Nov 5, 2025 05:00 PM in Pacific Time (US and Canada)

### Description

Trusted adults, including parents and caregivers, play a vital role in preventing youth tobacco and nicotine use. The Start the Conversation: How to Talk with Young People about Vaping and Other Nicotine Products workshop supports parents and caregivers of young people ages 11-24 to talk about vaping with an open mind and accurate information. By the end of this training, participants will be able to: 1. Describe qualities of a trusted adult 2. Identify reasons why young people vape and use nicotine 3. Explain the impact of vaping & nicotine on youth health 4. Practice using supportive conversation principles.

[Meeting Registration - Zoom](#)



# Training for School Staff and Community Members: Building Trusted Relationships with Young People

This free interactive training that equips adults with youth-informed strategies to strengthen relationships that support mental health and reduce risky behaviors like vaping. Grounded in adolescent development research and real insights from young people, the training explores 10 practical principles of becoming a trusted adult. Through engaging scenarios and reflection, participants learn how to build trust, foster relational safety, and empower youth with authenticity and care.

## Audience

Adults who work with young people ages 11-24: teachers, school staff and administrators; youth-serving professionals such as public health workers, social workers and case managers, nurses, coaches, youth development staff, faith leaders, and others

To register for an upcoming session, click the links below:

- [November 6, 2025; 9am-11am MT](#)
- [November 18, 2025; 12-2pm MT](#)
- [December 4, 2025; 12-2pm MT](#)
- [December 15, 2025; 10am-12pm MT](#)
- [January 15, 2026; 9am-11am MT](#)
- [January 26, 2026; 12-2pm MT](#)



## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA December 4, 2025, 4:30-6:00pm



### Join Zoom Meeting

<https://us06web.zoom.us/j/88619962407?pwd=p3xAkoe1cflLaey3LvPNa2Ln74Z1p8.1>

Meeting ID: 886 1996 2407

Passcode: 487772

### Join by phone – One tap mobile

+12532158782,,88619962407#,,, \*487772# US (Tacoma) +12532050468,,88619962407#,,, \*487772# US

### THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

- |             |  |
|-------------|--|
| <b>4:30</b> | <b>WELCOME &amp; INTRODUCTIONS</b>                       |
| <b>4:40</b> | <b>APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA</b>       |
| <b>4:50</b> | <b>YOUTH REPRESENTATIVE REPORTS</b>                      |
| <b>5:00</b> | <b>PRESENTATION – KITSAP SUICIDE AWARENESS COALITION</b> |
| <b>5:40</b> | <b>PROJECT UPDATES &amp; ACTIVITIES</b>                  |
| <b>5:50</b> | <b>ANNOUNCEMENTS/PUBLIC COMMENT (3 min. limit)</b>       |
| <b>6:00</b> | <b>ADJOURNMENT &amp; NEXT MEETING – JAN. 8, 2026</b>     |

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair or designee will call upon the attendee to speak at the designated time. Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to [Lhyde@kitsap.gov](mailto:Lhyde@kitsap.gov).



## **Kitsap County Commission on Children and Youth**

**AGENDA BRIEFING – December 4, 2025**

**4:30 P.M. –6:00 P.M.**

**The meeting link is provided on the agenda and on our webpage**

**[kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx](https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx)**

**4:30 p.m.     WELCOME & INTRODUCTIONS**

Co-Chairpersons Abigail Stevenson and Elsa Drugge will welcome attendees and facilitate brief introductions. The board will meet virtually only this month.

**4:40 p.m.     APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

November Meeting Minutes will be approved and any changes to the December Agenda will be approved.

**4:50 p.m.     YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission and youth guests will have an opportunity to update the Commission on youth issues and activities in their community.

**5:00 p.m.     PRESENTATION – Kitsap Suicide Awareness Coalition – Shay Peters**

Shay Peters will share information about the Kitsap Suicide Awareness Coalition.

**5:30 p.m.     PROJECT UPDATES & ACTIVITIES**

The leadership team and staff will offer project updates and upcoming activities.

**5:50 p.m.     ANNOUNCEMENTS AND PUBLIC COMMENT (3 MINUTE LIMIT)**

Members of the board & the public will announce events & share comments.

**6:00 p.m.     ADJOURNMENT & NEXT MEETING:**

The next monthly meeting will be held on January 8, 2026, the second Thursday of the month due to the New Year's Holiday on the first Thursday, January 1. Meetings will resume on the first Thursday of the month beginning in February. This will be on February 5<sup>th</sup>.

## **Kitsap County Commission on Children and Youth**

### **MINUTES November 6, 2025**

The Kitsap County Commission on Children and Youth meeting was held on Thursday November 6, 2025, from 4:30 -6:00 p.m. The board met online via Zoom. Abigail Stevenson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### **I. WELCOME & INTRODUCTIONS**

Board Co-chairperson Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### **II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

October 2025, meeting minutes were approved and entered into the record. The November Agenda was approved.

#### **III. YOUTH REPRESENTATIVE REPORTS**

Cooper Stevenson offered youth representative reports to the board.

#### **IV. PRESENTATION – ROBERT’S RULES OF ORDER**

Laura Hyde presented information about Robert’s Rules of Order. These are the rules we use to run meetings with Kitsap County Advisory Boards including with our Kitsap County Commission on Children & Youth Advisory Board.

#### **V. PROJECT UPDATES & ACTIVITIES**

Laura Hyde shared information about the planning of the Youth Forum. We will be moving the Youth Forum to March, and it will be held during the school day. Transportation and coordination with schools will be necessary. It was decided to continue the discussion next month. Laura will send out information about the Planning meetings.

#### **VII. ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements. We are currently recruiting Youth Board Representatives.

#### **VIII. ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on December 4, 2025. We plan to meet in hybrid mode with the online meeting via zoom and in-person at the Kitsap County Department of Human Services office located at 507 Austin Ave. Port Orchard.

#### **VIII. ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Abigail Stevenson	Laura Hyde	Aldrin Villahermosa II
Brendan Taga		Cooper Stevenson
Meghan Cuscuna		
Cathy Adams Bomar		
Kimberly Riley		
Amanda Williamson		
Crista Magneson		
Courtney Oliver		
Absent		
Elsa Drugge		
Bethany Wecks		
Natasha Facticeau Minger		
Tiffany Hye		
Elisabeth Nilsson		

# HIDDEN IN PLAIN SIGHT

Join us to learn about current trends, how to recognize common warning signs and how to talk to youth about these important issues.

## HANDS ON

Participants will walk through a mock teen bedroom and try to identify 70+ items, which can indicate problem or risky behaviors.

**MUST BE 21+ to attend**



THURSDAY  
**DECEMBER, 4**  
MOUNTAIN VIEW MS  
6-8PM

## PRESENTATION

After walking through the teen room, attendees will participate in a presentation which will cover:

- ✓ Identification and discussion of items and how they may indicate problem or risky behaviors
- ✓ Popular local youth trends
- ✓ Tools to help navigate the teen years and discussion points for family conversations

**CHILDCARE WILL BE  
PROVIDED**



# HearMeWA

The Attorney General's Office is recruiting members for the HearMeWA Youth Advisory Group.

The HearMeWA Youth Advisory Group was created to ensure that HearMeWA is and stays youth centered.

Members will be compensated for their time and effort and will provide input on the HearMeWA program. Meetings take place on Zoom and the dates and times are below:

- Tuesday, February 17th 2026, 6pm
- Tuesday, April 21st 2026, 6pm
- Tuesday, June 16th 2026, 6pm
- Tuesday, August 18th 2026, 6pm
- Tuesday, October 20th 2026, 6pm
- Tuesday, December 15th 2026, 6pm

**APPLY  
TODAY**



## Be part of the Youth Advisory Group

Youth will have the opportunity to:

- **Be in conversation** with their peers and make suggestions when it comes to HearMeWA's outreach and engagement and program feedback.
- **Gain leadership opportunities** by facilitating and conducting meetings, composing notes, and holding the group accountable to its purpose and community agreements.
- **Become more knowledgeable** and conscious about community issues and the larger factors that affect youth lives.
- **Provide a youth perspective** to the HearMeWA Program.
- **Represent the HearMeWA Youth Advisory Group** at events to create awareness about the program.

Youth between the ages of 10-25 who reside in Washington State can apply to be a member. Youth who are motivated and committed to learning and addressing issues related to youth, have a vision for the future, and are not afraid to voice their opinions in a respectful way are highly encouraged to apply.

Information youth provide during meetings and in this application could be subject to public records requests. Youth must have access to a smart phone or a computer for Zoom meetings.

**The deadline to submit an application is the end of the day, January 2nd, 2026. Applications will be thoroughly reviewed and applicants can expect to hear about their submission by January 22nd, 2026.**



The Kitsap Youth Rally for Human Rights will be held on **Tuesday, March 24, 2026**, at **Olympic College, Bremerton Campus**. This year's school host is Olympic High School.

**The theme for 2026 is 'Be Your Own Influencer.'**

**What's a Youth Rally?** It's a gathering of students from all over the Kitsap Peninsula, with music and student-led workshops about social justice and human rights. The Rally is sponsored by Kitsap Safe Schools Network.

**What will the schedule be at the Rally ?** On-site check-in of registered student groups in the Bremer Center at Olympic College starts at 8 AM, the programming starts at 8:50 AM (with *three* breakout session *and* snacks), and the rally is over at 1:20 PM. The lunch period will be exclusively devoted to giving time for students to browse outreach tables from community organizations.

We are pleased to announce that **we are now accepting registrations for student groups and proposals for breakout sessions**. Here are the links to the forms:

[2026 Kitsap Youth Rally Breakout Session Proposal - DUE January 16](#)

[2026 Kitsap Youth Rally Registration Form - DUE February 13](#)

[Kitsap Youth Rally Slide Show](#)





# CLEAR THE VAPOR CONVERSATIONS

## THE POUCH PROBLEM: PROTECTING KIDS FROM A NEW NICOTINE TREND WITH DR. SHIVANI GAIHA



**TUESDAY, DECEMBER 2 | 6:00 PM EST | ZOOM**

Nicotine pouches are being sold as “tobacco-free” alternatives—but they’re just as addictive and increasingly popular among youth. Join Parents Against Vaping and Dr. Shivani Mathur Gaiha of Boston Children’s Hospital for a vital conversation on the rise of these products, how they’re marketed, and what parents can do to protect kids and communities.

In this webinar, you will learn how to:

- Identify how nicotine pouches are marketed and sold to young people
- Recognize the health risks and addictive nature of these products
- Talk with kids and communities about new nicotine trends



Don’t miss this opportunity to get informed, ask questions, and leave with actionable next steps. Register today by clicking here or using the QR code above.

**[www.ParentsAgainstVaping.org](http://www.ParentsAgainstVaping.org)**