

#### **Department of Human Services**

Doug Washburn Director

KITSAP COUNTY DEPARTMENT OF HUMAN SERVICES

Sonya Miles Deputy Director Phone: 360-337-4839

Kesha Anderson - Evans Office Supervisor Phone: 360.337.7185 x 3530

Developmental Disabilities Kelly Oneal, Coordinator Phone: 360.337.4624

Behavioral Health Jolene Kron, Administrator Phone: 360.337.4832

Mental Health/Chemical Dependency/Therapeutic Court Hannah Shockley, Coordinator Phone: 360.337.4827

1/10<sup>th</sup> Affordable Housing Joel Warren, Coordinator Email: jwarren@kitsap.gov

Pretrial Services William Basler, Program Specialist Phone: 360.337.4457

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Aging & Long-Term
Care/Senior Information &
Assistance
Givens Community Center
1026 Sidney Avenue, Suite 105
614 Division Street, MS-5
Port Orchard, WA 98366
Phone: 360.337.5700
1.800.562.6418
Fax: 360.337.5746
Stacey Smith, Administrator
Phone: 360.337.5624

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Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Acting Director Phone: 253.370.1136.

Veterans Assistance Richard Becker, Coordinator Phone: 360.337.4811

#### **Bremerton Substance Abuse Prevention Coalition**

#### Thursday, January 9, 2025

1:00 p.m. - 2:30 p.m. (Workgroups: 12:00 - 1:00 & 2:30 - 3:00 p.m.)

<u>Click here to JOIN the Meeting</u> virtually or in-person (address below)

Meeting ID: 699 110 4058 Call in: 1-253-215-8782

#### **AGENDA**

- Welcome and Land Acknowledgment
  - o Ice Breaker and Introductions
    - Youth Voice Opportunity
- Coalition and Community updates
  - Mark your Calendars

#### **Prevention Education**

- Spotlight: Preparing for Change
  - Event and Activities review
  - Capacity in prevention

#### **Prevention Efforts**

- Prevention Coalition 2025
  - Who are our Champions

#### **New Business**

- Action Items
- Reminders

Next Meeting Dates: 2/13/25, 3/13/25 and 4/10/25 We welcome you to join face to face at 419 Park Ave. Bremerton (G2G2) or virtually at the link found above. Hope you can join us. <a href="https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx">https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx</a>

Our Mission: to provide opportunities for youth to be in a safe and substance free environment while they move from surviving to thriving, coordinate and generate resources for youth, families, and the Bremerton community, develop a unified message to end substance abuse and communicate common values of respect and empower today's youth to be Bremerton's better tomorrow!





## Bremerton Substance Abuse Prevention Coalition Monday, December 9, 2024

#### **ANNOUNCEMENTS:**

- Deanne shared an update from Marsha; there have been 16 motor vehicle accident deaths this year in Kitsap. She also shared that the Night of 1000 Stars is on December 13<sup>th</sup>.
- Deanne shared that there is a new SAP for Bremerton, she has not officially met this person yet.
   They reported to her that they have completed the 9<sup>th</sup> grade prevention curriculum and are working on building their prevention club.
- There will be coalition workgroups for an upcoming event, volunteers needed. An event at the end of February potentially at the Silverdale library. Food, education, etc. More to come.

#### **PARTNER HIGHLIGHTS:**

- Deanne and Kelly shared info on Quick Start cards that the North Kitsap SAP Coalition has been
  working on. These are cards to be provided to caregivers providing quick info about drugs and
  misuse signs. They will continue the work and are hoping to have them done by the end of
  February, in hopes to hand out at the upcoming event.
- Deanne shared that the current activities the coalition is already involved in include Guiding Good Choices, Positive Action, information dissemination, various community outreach measures, capacity building, community and staff trainings, public awareness/media campaigns, CMCA with vaping.
- The group participated in a brainstorming activity discussing ideas of potential future events, goals, community needs, etc. Members are encouraged to email Deanne or Aura if new ideas come up.
- PCHS has a new respite facility opening in January/February, it will serve adult patients only.
   They also have a new clinic at Ridgetop Middle School. They will also have a clinic at the new shelter in Poulsbo, scheduled to open in April.

#### **MOVING FORWARD – NEXT STEPS:**

- The next meeting will include going through the list of brainstorm ideas to select items based on capacity, etc.
- Deanne will be stepping back in some of the coalition efforts, allowing members opportunity to take a more proactive role.
- Deanne expressed a need for representation in the LGBTQ+ community, Rachel shared that she identifies as part of this community and will now be the coalitions official rep in this sector.
- Voting for the new meeting locations was conducted, Deanne will be reaching out to members not in attendance to get their votes and will share the results in a few days.

- Multi-Cultural Fair July (TBD)
- Kitsap Youth Rally March 25
- Recovery Advocacy Day February 6
- Stone Soup January 25
- Health Equity Meeting TBD
- Salish Recovery Coalition December 19
- Opioid Response Network meeting January 30
- December is National Impaired Driving Prevention Month
- Olympic Prevention Partnership Meeting December 10
- Holiday Potluck at The Refuge Church December 14 & 15



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Veterans Assistance Richard Becker, Coordinator

Phone: 360.337.4811

Phone: 253.370.1136.

#### Bremerton Substance Abuse Prevention Coalition

#### Thursday, February 13, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting virtually or in-person (address below)

Meeting ID: 699 110 4058 Call in: 1-253-215-8782

#### **AGENDA**

- Welcome and Land Acknowledgment
  - o Ice Breaker and Introductions
    - Youth Voice Opportunity
- Coalition and Community updates
  - Mark your Calendars

#### **Prevention Education**

- **Spotlight:** Preparing for Change Taking hold of 2025
  - Capacity in prevention Are we up to the Task
  - Getting behind local events and activities identifying our selections

#### **Prevention Efforts**

- **Prevention Coalition 2025** 
  - Volunteer shout out
  - Gaps, barriers and the rise of champions for prevention
  - Progress Re-cap of where we are

#### **New Business**

- Action Items
- Reminders

#### **Community Comments**

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 3/13/25, 4/10/25 and 5/8/25 We welcome you to join face to face at 419 Park Ave. Bremerton (G2G2) or virtually at the link found above. Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx

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### Bremerton Substance Abuse Prevention Coalition Thursday, January 9, 2025

#### **ANNOUNCEMENTS:**

- SAP is still in training
- Volunteers are needed in the Fetal Alcohol Awareness planning workgroup
- Recommendations of partners interested/working in Fetal Alcohol Awareness are requested
- Ideas/input for the Building a Healed Community: A Connections & Resource Event, are welcomed
- Severe Weather Shelter open over the weekend, G2G2 offers free transportation for individuals needing to get to the shelters. Contact them at 360-373-3000.

#### **PARTNER HIGHLIGHTS:**

- DVR not seeing a lot of Spanish speaking individuals, connected with KIAC.
- It was noted, the importance for organizations to offer appropriate translation services internally and not rely only on outside services.

#### **MOVING FORWARD – NEXT STEPS:**

- The group discussed capacity in prevention and coalition champions.
- The group participated in a planning activity, discussed current obligations/commitments, reviewed list of previously created potential events. The group will be sent the list via email and are asked to review and respond with the activities they would like to see the coalition move forward on.
- Watch for the "save the date" flyer for the Building a Healed Community: A Connections & Resource Event

- Stone Soup event January 10
- MLK event January 20
- Recovery Advocacy Day February 6
- Kitsap Youth Rally March 25
- Multi-Cultural Fair July (TBD)
- Opioid Response Network January 30
- Fetal Alcohol Awareness event September (TBD)
- Building a Healed Community: A Connections & Resource Event February 26

## Building a Healed Community: A Connection & Resource Event

Date: Wednesday, February 26th

Time: 2:00pm to 4:00pm

Location: Kitsap Regional Library - Silverdale

Registration: https://tinyurl.com/55b6745r





Join us for this educational AND fun event!

Topics are centered around substance use prevention, treatment and recovery. There will be a dynamic presentation about cultivating healthy community connections and resource tables with a community café layout.

Light refreshments will be provided.

Come and join us!







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#### Bremerton Substance Abuse Prevention Coalition

Thursday, March 13, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting virtually or in-person (address below)

Meeting ID: 699 110 4058 Call in: 1-253-215-8782

#### **AGENDA**

- Welcome and Land Acknowledgment
  - Ice Breaker and Introductions
    - Youth Voice Opportunity
- Coalition and Community updates
  - Mark your Calendars

#### **Prevention Education**

- Spotlight:
  - Quick Start informational cards workgroup
  - Socktober Community Connections activity workgroup
  - Secure Medicine Take Back partner engagement

#### **Prevention Efforts**

- Events, Activities and Public Presence
  - Fetal Alcohol Syndrome Awareness event workgroup
  - Developing Leaders workgroup to be announced
  - Progress where we are and what's next

#### **New Business**

- Action Items
- Reminders

#### **Community Comments**

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 4/10/25, 5/8/25 and 6/12/25 We welcome you to join face to face at 419 Park Ave. Bremerton (G2G2) or virtually at the link found above. Hope you can join us. <a href="https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx">https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx</a>

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#### tomorrow!



#### **Bremerton Substance Abuse Prevention Coalition**

#### Thursday, February 13, 2025

#### **ANNOUNCEMENTS:**

- Group welcomed new Bremerton SAP, invited his youth to the meetings.
- All members are invited to the Fetal Alcohol Awareness event workgroup, Feb. 19.
- Group was asked to consider/make recommendations for next year's leadership.
- Steve with the NKSAP Coalition will be hosting an event called "Socktober", volunteers wanted.
- Quick Start cards are well underway with drafts coming soon.
- New brochures need to be created with the new logos, a workgroup will be formed soon.
- The group recognized the coalition champions.

#### PARTNER HIGHLIGHTS:

- Freedom13 gave a presentation at the NKSAP Coalition, slides will be shared with the group.
- KBSU has fundraisers coming, see their website for all event details.
- DVR needs help getting word out that they help people with <u>all</u> disabilities (depression, anxiety, substance use disorders, etc.).
- KAYAK is looking for more SUD education for youth in multiple languages in more agencies.
- Coffee Oasis is currently adding a crisis interventionist for each of their locations, currently hiring in the South end.
- KPHD, YCCTPP is working on a provider info sheet about cannabis.
- KPHD, Community Health is partnering with OC to create an advisory board for people with lived experiences. She will share flyers when they are available.
- The CSO would like to offer in-house assessments, looking for partnerships.

#### **MOVING FORWARD - NEXT STEPS:**

- The group participated discussed "preparing for change", reviewing the updated list of potential activities and events based on capacity. Volunteers will be needed for the upcoming events/activities.
- Guiding Good Choices was discussed as an opportunity.
- Group was asked to recruit youth for the meetings. Because the meetings are held during school hours, it was asked if there was a document with a set of questions youth could fill out.

- Building a Healed Community: A Connections & Resource Event February 26
- Multi-Cultural Fair July (TBD)
- Fetal Alcohol Awareness event September (TBD)
- KPHD Overdose Awareness Day Event TBD
- Socktober October (TBD)
- Kitsap Youth Rally March 25
- Salish Recovery Meeting February 20
- Olympic Prevention Partnership Meeting March 11



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#### **Bremerton Substance Abuse Prevention Coalition**

Thursday, April 10, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting virtually or in-person (address below)

Meeting ID: 699 110 4058 Call in: 1-253-215-8782

#### **AGENDA**

- Welcome and Land Acknowledgment
  - o Ice Breaker and Introductions
    - Youth Voice Opportunity
- Coalition and Community updates
  - Mark your Calendars

#### **Prevention Education**

- Spotlight:
  - Social Development Learning

#### **Prevention Efforts**

- Workgroups
  - Updates and progress
  - Call for champions new workgroups volunteers
- Events and Activities
  - Volunteer participation

#### New Business

- Action Items
- Reminders

#### **Community Comments**

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 5/8/25, 6/12/25 and 7/10/25. We welcome you to join face to face at 419 Park Ave. Bremerton (G2G2) or virtually at the link found above. Hope you can join us. <a href="https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx">https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx</a>

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## Bremerton Substance Abuse Prevention Coalition Thursday, March 13, 2025

#### **ANNOUNCEMENTS:**

- The event "Building a Healed Community" had to be rescheduled due to widespread power outages in Kitsap. The workgroup has reformed and are currently working on rescheduling.
- Socktober planning is underway. Distribution ideas are needed. Coffee Oasis recommended handing out the Quick Start Cards with the socks.

#### **PARTNER HIGHLIGHTS:**

- Olympic Educational Service District reported that the Bremerton HS SAP has resigned. They are currently looking for a replacement.
- Kitsap Black Student Union is working on annual youth focused "block party".
- Kitsap County Commission on Children & Youth announced an upcoming RFP. It's a small fund match grant for resiliency programs within the community. Will be announced around March 14, closes April 17.
- Kitsap County Prevention/Youth Services is partnering with the OESD 114 to offer Hidden in Plain Sight presentations in 3 of our 5 School Districts, with the other 2 Districts at a later date. Flyers will be provided. Need agency reps to host a table at these events.
- Kitsap County Prevention/Youth Services reported that they have partnered with Peninsula Community Health Service for secure medicine take back activities. They will put prevention materials in prescription bags provided to customers. The group discussed reaching out to other/all Kitsap County pharmacies to see about other partnerships.
- Kitsap County Prevention/Youth Services reported that Guiding Good Choices is going very well. Positive Action is going well in NK and that it is shifting in the Bremerton area. CMCA is well underway. Friends for Life campaign partnership with KPHD & OESD underway.

#### **MOVING FORWARD – NEXT STEPS:**

- Workgroups needing partner involvement include Fetal Alcohol Syndrome, Developing Leadership, Socktober, Brochure/Rebranding.
- Attendance requests for community events have been coming in, members will be notified of these for volunteer opportunities.
- There is opportunity for Parent Night Presentations at the Boys & Girls Club.

- Opportunity to partner with Kitsap Regional Library's to distribute prevention bookmarks through the summer reading program.
- Consider "back to school" opportunities coming up.
- Prevention voices needed in Health Equity Collaboration "Mental Health" and "Housing Services" meetings.
- Group discussed Coalition involvement from the following agencies: Department of Children, Youth & Families, Nar-anon. Discussed wanting a "deeper reach into communities".

- Building a Healed Community: A Connections & Resource Event TBD
- Multi-Cultural Fair TBD
- Fetal Alcohol Awareness event September 9
- KPHD Overdose Awareness Day Event September 5
- Salish Recovery 5k September 6
- Socktober October (TBD)
- Kitsap Youth Rally March 25
- Olympic Prevention Partnership Meeting March 11



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#### **Bremerton Substance Abuse Prevention Coalition**

Thursday, May 8, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting virtually or in-person (address below)

Meeting ID: 852 6336 5856

**Passcode: 568015** 

#### **AGENDA**

- Welcome and Land Acknowledgment
  - Ice Breaker and Introductions
    - Youth Voice Opportunity
- Coalition and Community updates
  - Mark your Calendars

#### **Prevention Education**

- Spotlight:
  - Putting Prevention in Place implementation activity

#### **Prevention Efforts**

- Workgroups
  - Updates and progress
- Events and Activities
  - Volunteer participation needed current call to action

#### **New Business**

- Action Items
  - Additions
- Reminders

#### **Community Comments**

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 6/12/25, 7/10/25 and 8/14/25. We welcome you to join face to face at 419 Park Ave. Bremerton (G2G2) or virtually at the link found above. Hope you can join

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### Bremerton Substance Abuse Prevention Coalition

#### Thursday, April 10, 2025

#### **ANNOUNCEMENTS:**

- The event "Building a Healed Community" has been rescheduled to June 17. Flyer to come.
- Hidden in Plain Sight events are next week. April 15 Kingston MS, April 16 Mountain View MS, April 17 Central Kitsap MS.
- Samples for the Quick Start cards are done. The work group continues to make progress towards completion.
- As of May 2025, these meetings will require a password for entry.
- Leadership work group to be formed soon, looking for leaders to join.
- Socktober work group is underway, looking for volunteers.

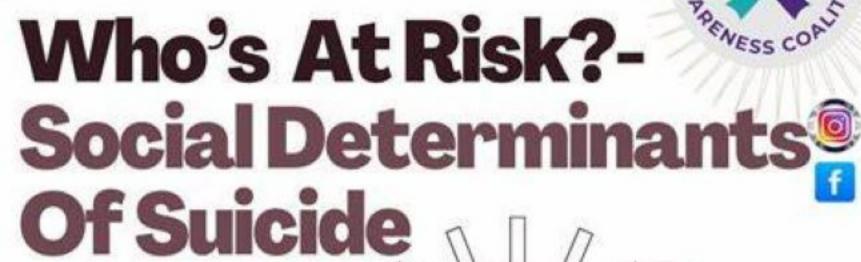
#### **PARTNER HIGHLIGHTS:**

 Kitsap County Substance Abuse Prevention/Youth Services has partnered with the OESD 114 to offer Hidden in Plain Sight events at all 5 school districts. Dates of the first three are listed above and the other two are in the works for May, more to come.

#### **MOVING FORWARD – NEXT STEPS:**

- The group reviewed the Social Development Strategy and discussed it.
- The group discussed how the coalition is implementing the 5 steps of the strategy and how they could do more to implement it.

- Building a Healed Community: A Connections & Resource Event June 17
- Multi-Cultural Fair TBD
- Fetal Alcohol Awareness event September 9
- KPHD Overdose Awareness Day Event September 5
- Salish Recovery 5k September 6
- Socktober October (TBD)
- Annual Suicide Awareness Walk and Resource Fair September 14
- Summer Academy by Kitsap Strong July 14-21 & August 4-14
- Missing, Murdered Indigenous Women Walk May 5
- Who's at Risk? Social Determinants of Suicide May 14
- Opioid Response Partnership Meeting May 19



Save The Date!!!

A panel and community discussion on the causes/risk factors of suicide within Kitsap County, with provided resources.

MAY14 2025

6:30-8:30 pm at Olympic College in Bremerton.



Join us for New Day's 11 years celebration event on May 17, 2025 at 5:00 p.m.

Theme: "Walking in God's purpose; being a lifeline to many."

Cost for Individual—\$40

Cost for reserved table for 6-\$240

#### **Baymont Inn**

5640 Kitsap Way, Bremerton

Dinner Program Recognitions Dessert Dash

Mission: To provide meals, pantry foods, referral service, basic needs assistance, and offer 12-Step classes, all at no cost to low-income community members.

Vision: To end hunger and restore the quality of life for our community members so that they have a chance at a New Beginning, New Start, and a Brand New Day.

To register, visit our website at www.newdayministrywa.org, call us at 360-373-0184 or email us at newdayministrywa@gmail.com.

Payment can also be done via New Day's CashApp. \$newdayministrywa

## LEARN. TALK. LOCK.

## Steps to Take to Help Prevent Suicide & Create A Safer Environment For All



#### Learn the warning signs

- Talking, joking about death; researching ways to die
- Hopelessness, depression, anxiety, significant loss or shame; sleep or appetite issues
- Isolating or withdrawing from friends & favorite activities; decreased work performance
- Increasing use of alcohol or other substances; chronic pain; family history of suicide



#### Talk about what you're seeing

- Empathize and listen to what they say.
- Offer compassion, not advice.
- If you see multiple troubling signs, ask directly if they are thinking about suicide.
- Asking about suicide will NOT plant the idea in someone's mind.



#### **Lock** to reduce the dangers

- Putting time & distance when someone is at risk for suicide can save a life.
- Securely storing or removing items such as firearms, medications, or other dangerous objects, may offer that opportunity.

Learn more about how you can help protect those you care about by visiting: saferhomescoalition.org

saferhomescoalition.org intheforefront.org





## Fact Sheet: Means Safety



## Ways You Can Help Prevent Suicide & Create A Safer Environment For All

What is means safety?

Means safety is limiting the access of lethal methods of suicide, such as reducing access to firearms and toxic substances

### Families can restrict access to means by:

- Removing lethal means from households entirely.
- Store firearms with law enforcement (if allowed).
- Store firearms in lockboxes and safes.
- Store ammunition in a separate location.
- Secure medications and dispense safe quantities, as necessary.



Even if families do not have a child at-risk for suicide, if they have a child under 18 it is important to store firearms and all lethal means safely.

Why is means safety important?

Access to lethal means is a risk factor for suicide. Many suicide attempts take place during a short-term crisis; therefore, means restriction is an effective way to reduce the risk of suicide.

#### Peers or friends can:

- Ask direct questions about risk of suicide. Asking about suicide does not increase the risk of suicide.
- Ask for your friend's permission to store their means.
- Refer friends to mental health professionals.
- Encourage your friend to call crisis hotlines if they are in a crisis. Practice calling the crisis hotline with your friend.

Learn more about how you can help protect those you care about by visiting: saferhomescoalition.org intheforefront.org

988

SUICIDE & CRISIS
LIFELINE

If you or someone you know needs support now, call or text 988 or chat 988 lifeline.org.



If you think someone might be considering suicide, **be the one to** help them by taking these 5 steps:

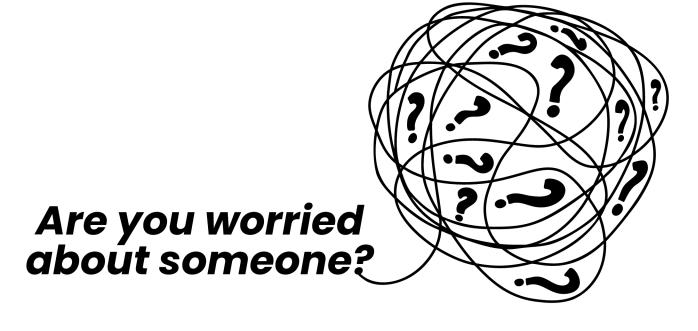
Ask.
Keep Them Safe.
Be There.
Help Them Connect.
Follow Up.



#BeThe1To help save a life.







# #BeThe1To

## KEEP THEM SAFE

Learn more about how you can help protect those you care about by visiting:

saferhomescoalition.org
intheforefront.org





# #BeThe1To

## ASK

## Ask the tough question.

When somebody you know is in emotional pain, ask them directly: "Are you thinking about killing yourself?"



Learn more about how you can help protect those you care about by visiting:

saferhomescoalition.org

intheforefront.org



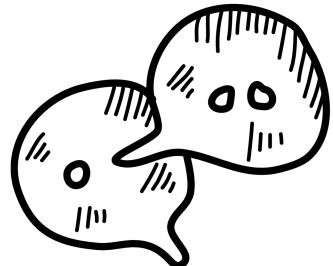


# #BeThe1To

# BE THERE

If someone you care about is thinking about suicide, **be there** to listen to their reasons for feeling hopeless and in pain.

Listen with compassion and empathy and without dismissing or judging.



Learn more about how you can help protect those you care about by visiting: saferhomescoalition.org intheforefront.org







## KEEP THEM SAFE

When someone is experiencing a suicidal crisis, you can help keep them safe by securing or removing firearms, medications, cleaners and other household items. Following the guidance below can help save a life.

#### **MEDICATIONS**

Store medications in a locked container or medicine cabinet. Dispose of or destroy unused or expired medications.

#### **CLEANERS**

Keep cleaning supplies in a locked container or cabinet.

#### **LIGATURES**

Safely store or remove items such as large ropes, cords, belts or other items that could be used to tie or bind things tightly.

#### **ALCOHOL**

Remove all alcohol from the home. If that is not possible, lock in a secure storage container or cabinet.

#### **FIREARMS**

When possible, completely remove firearms from the home. Check with local gun ranges or police departments about possible storage options. You can also check if your state has Extreme Risk Protective Order laws, also known as red flag laws. If guns cannot be stored outside the home, store ammunition and the gun separately, both in locked safes. Use cable locks or gun safety locks in addition to storing the firearm in a locked safe.

#### **KNIVES OR SHARP OBJECTS**

Store cooking knives in a locked cabinet and remove other sharp objects that could be used to cut or pierce. Keep sharp objects that are not regularly used in a secure box or container and place in a difficult-to-reach space or outside the home, if possible.

#### OTHER ACTIONS YOU CAN TAKE TO KEEP YOUR LOVED ONE SAFE AT HOME

Search your basement, garage, shed or other places on the property to be sure potentially lethal items are not being hidden or stockpiled.

Contact local law enforcement, your pharmacy, or your doctor for more guidance on how to safely store, remove or dispose of lethal items.

Check daily to ensure quantities of medications, alcohol and other toxins/poisons that could not be removed from the home remain the same.

Stay alert for new items or products entering the home that could be harmful or dangerous.

SUICIDE & CRISIS
LIFELINE

SUICIDE & CRISIS
LIFELINE

If you or someone you know needs support now, call or text 988 or chat 988 lifeline.org.

Flyer brought to you by.





#### **Department of Human Services**

Doug Washburn Director

KITSAP COUNTY DEPARTMENT OF HUMAN SERVICES

Sonya Miles Deputy Director Phone: 360-337-4839

Kesha Anderson - Evans Office Supervisor Phone: 360.337.5750 x 3530

Developmental Disabilities Heidi Scheibner, Coordinator Phone: 360,337,4624

Behavioral Health Jolene Kron, Executive Director Phone: 360.337.4832

Mental Health/Chemical Dependency/Therapeutic Court Hannah Shockley, Coordinator Phone: 360.337.4827

1/10<sup>th</sup> Affordable Housing Joel Warren, Coordinator Email: jwarren@kitsap.gov

Pretrial Services William Basler, Program Specialist Phone: 360.337.4457

Substance Abuse Prevention/ Treatment and Youth Services Laura Hyde, Coordinator Phone: 360.337.4879 Substance Abuse Prevention Deanne Jackson, Prevention Coalition Coordinator Phone: 360.337.4878

Aging & Long-Term Care/Senior Information & Assistance Givens Community Center 1026 Sidney Avenue, Suite 105 614 Division Street, MS-5 Port Orchard, WA 98366 Phone: 360.337.5700 1.800.562.6418 Fax: 360.337.5746 Stacey Smith, Administrator Phone: 360.337.5624

Community Development Block Grant Norm Dicks Government Center 345 6th Street, Suite 400 Bremerton, WA 98337 Fax: 360.337.4609 Bonnie Tufts, Coordinator

Phone: 360.337.4606

Housing and Homelessness Carl Borg, Program Manager Phone: 360.337.7286

Kitsap Recovery Center Outpatient Services: 1026 Sidney Road Port Orchard, WA 98366 Inpatient and Detox Services: 661 Taylor Street Port Orchard, WA 98366 Fax: 360.377.7027 Vacant, Clinical Manager Phone: 360.337.5640

Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Acting Director

Phone: 253.370.1136.

Veterans Assistance Steve Corcoran, Coordinator Phone: 360,337,4811

#### **Bremerton Substance Abuse Prevention Coalition**

Thursday, June 12, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting virtually or in-person (address below)

Meeting ID: 852 6336 5856

Passcode: 568015

#### **AGENDA**

- Welcome and Land Acknowledgment
  - o Ice Breaker and Introductions
    - Youth Voice Opportunity
- Coalition and Community updates
  - Mark your Calendars

#### **Prevention Education**

- Spotlight:
  - Upstream efforts prevention planning activity

#### **Prevention Efforts**

- Current and Upcoming projects and opportunities
  - Policy and prevention
  - Coalition activities
  - Volunteer opportunity updates
  - Campaigns and media

#### **New Business**

- Action Items
  - Additions
- Reminders

#### **Community Comments**

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 7/10/25, 8/14/25 and 9/11/25. We welcome you to join face to face at 419 Park Ave. Bremerton (G2G2) or virtually at the link found above. Hope you can join us. <a href="https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx">https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx</a>

Our Mission: to provide opportunities for youth to be in a safe and substance free environment while they move from surviving to thriving, coordinate and generate resources for youth, families, and the Bremerton community, develop a unified message to end substance abuse and communicate common values of respect and empower today's youth to be Bremerton's better tomorrow!





## Bremerton Substance Abuse Prevention Coalition Thursday, May 8, 2025

#### **ANNOUNCEMENTS:**

- Melia Hughes is no longer with Kitsap County Parent Coalition.
- The training "All About Fetal Alcohol Spectrum Disorder" has been cancelled.
- The training "Who's at Risk? Social Determinants of Suicide" has been cancelled.
- Leadership work group to be formed soon, looking for leaders to join!
- Socktober work group is underway, looking for volunteers for the event and workgroup.
- Quick Start cards done soon. Partnership with KPHD with links to informational website.
- Looking for tabling volunteers for Juneteenth Freedom Festival, Kitsap County Fair.

#### **PARTNER HIGHLIGHTS:**

- Kitsap County Substance Abuse Prevention/Youth Services and the OESD are hosting their second round of Hidden in Plain Sight events. May 21 at Marcus Whitman Middle School and May 22 is on Bainbridge Island.
- Kitsap County Substance Abuse Prevention/Youth Services contractor will be implementing Positive Action in 2 locations, starting soon.
- Bremerton SAP position is still open.

#### **MOVING FORWARD - NEXT STEPS:**

- The group discussed creative ways to get into communities. Ideas included youth lead activities, meeting community where they're at, prevention messaging, parent involvement, outdoor/hiking activities, rent a theater out, ask groups what they find valuable and provide those services, farmers markets, festivals, more activities for youth.
- The group was asked to think about leadership for the Coalition, if they, or someone they know are a good fit for the Chair and Co-Chair positions.

- Building a Healed Community: A Connections & Resource Event June 17
- Fetal Alcohol Awareness event September 9
- Juneteenth Freedom Festival June 14
- 'Tools for the Trade' Summer Academy June 30 July 18
- Opioid Response Partnership Meeting May 19
- OPP meeting June 10
- Scarlett Road presentation, Dispute Resolution Center May 21
- Signs of Substance Abuse & Resources June 18

#### Building a Healed Community: A Connection & Resource Event

Date: Tuesday, June 17th Time: 1:00pm to 3:30pm

Location: Kitsap Regional Library - Silverdale

Registration: https://rb.gy/lu5vkv

To register:

Join us for this educational AND fun event!

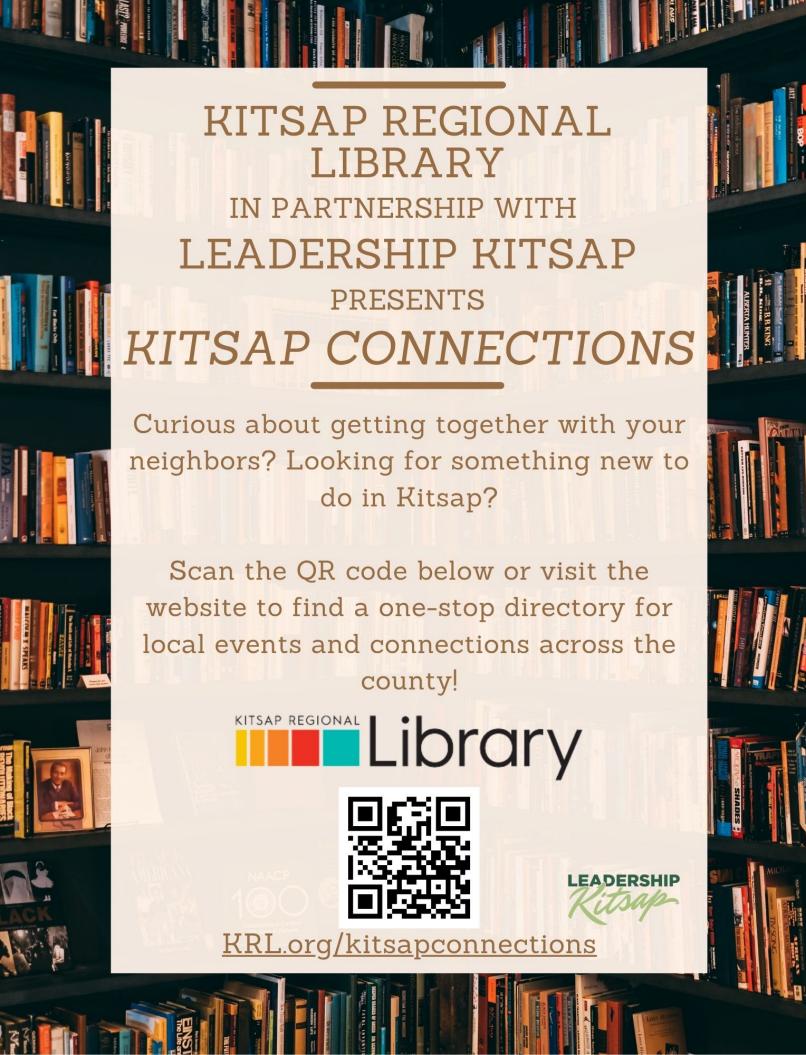
Topics are centered around substance use prevention, treatment and recovery. There will be a dynamic presentation about cultivating healthy community connections and resource tables with a community café layout.

Light refreshments will be provided.

Come and join us!









#### **Department of Human Services**

Doug Washburn
Director

KITSAP COUNTY DEPARTMENT OF HUMAN SERVICES

Sonya Miles Deputy Director Phone: 360-337-4839

Kesha Anderson - Evans Office Supervisor Phone: 360.337.7185 x 3530

Developmental Disabilities Kelly Oneal, Coordinator Phone: 360.337.4624

Behavioral Health Jolene Kron, Administrator Phone: 360.337.4832

Mental Health/Chemical Dependency/Therapeutic Court Hannah Shockley, Coordinator Phone: 360.337.4827

1/10<sup>th</sup> Affordable Housing Joel Warren, Coordinator Email: jwarren@kitsap.gov

Pretrial Services William Basler, Program Specialist Phone: 360.337.4457

Substance Abuse Prevention/ Treatment and Youth Services Laura Hyde, Coordinator Phone: 360.337.4879 Substance Abuse Prevention Deanne Jackson, Prevention

Coalition Coordinator Phone: 360.337.4878

Aging & Long-Term
Care/Senior Information &
Assistance
Givens Community Center
1026 Sidney Avenue, Suite 105
614 Division Street, MS-5
Port Orchard, WA 98366
Phone: 360.337.5700
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Stacey Smith Administrator

Stacey Smith, Administrator Phone: 360.337.5624 Community Development

Norm Dicks Government Center 345 6th Street, Suite 400

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Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Acting Director

Phone: 253.370.1136.

Veterans Assistance

Veterans Assistance Richard Becker, Coordinator Phone: 360.337.4811

#### **Bremerton Substance Abuse Prevention Coalition**

Thursday, July 10, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting virtually or in-person (address below)

Meeting ID: 852 6336 5856

Passcode: 568015

#### **AGENDA**

- Welcome and Land Acknowledgment
  - o Ice Breaker and Introductions
    - Youth Voice Opportunity
- Coalition and Community updates
  - Mark your Calendars

#### **Prevention Education**

- Spotlight:
  - New Member Welcome packet refresh prevention planning activity

#### **Prevention Efforts**

- Current and Upcoming projects and opportunities
  - Call for champions
  - Leadership Workgroup now forming
  - Volunteer opportunities
  - Campaigns and media

#### **New Business**

- Action Items
- Reminders

#### **Community Comments**

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 8/14/25, 9/11/25 and 10/9/25. We welcome you to join face to face at 1300 Sylvan Way Bremerton (New Day Ministries/G2G2) or virtually at the link found above.

Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx

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## Bremerton Substance Abuse Prevention Coalition Thursday, June 12, 2025

#### **ANNOUNCEMENTS:**

- Leadership work group to be formed soon, looking for leaders to join!
- Socktober work group is underway, looking for volunteers for the event.
- Looking for volunteers for the Fetal Alcohol Syndrome event in September.
- Quick Start cards done!

#### **PARTNER HIGHLIGHTS:**

- OESD Bremerton High School SAP position still open, decision likely at end of summer.
- Bremerton G2G2 will be moving soon, the new location will be at New Day Church on Sylvan Way. Members to vote meetings to continue at current location until November or start at new location as early as next month.

#### **MOVING FORWARD – NEXT STEPS:**

 The group participated in an activity and discussed prevention needs and identifying where and how unique needs could be met. Discussed relevance to their organizations/roles.

- Building a Healed Community: A Connections & Resource Event June 17
- Fetal Alcohol Awareness event September 9
- Juneteenth Freedom Festival June 14
- 'Tools for the Trade' Summer Academy June 30 July 18
- Opioid Summit September 4 & 5
- Signs of Abuse June 18
- Dispute Resolution Center Presentation June 18
- Recovery in the Park September 6
- Opioid Candlelight Vigil September 5
- What Preventionists Should Know About Stimulants June 17
- Opioid Response Partner Meeting August 19
- Art & Science of Community Organizing June 30



### Overdose Awareness Night

Join us in honoring those we have lost to overdose.

Friday, September 5, 6-7:30 p.m.

**Evergreen Rotary Park** 1500 Park Ave, Bremerton

Guests are welcome to bring a photo of a loved one they have lost to overdose.

Free naloxone will be available.

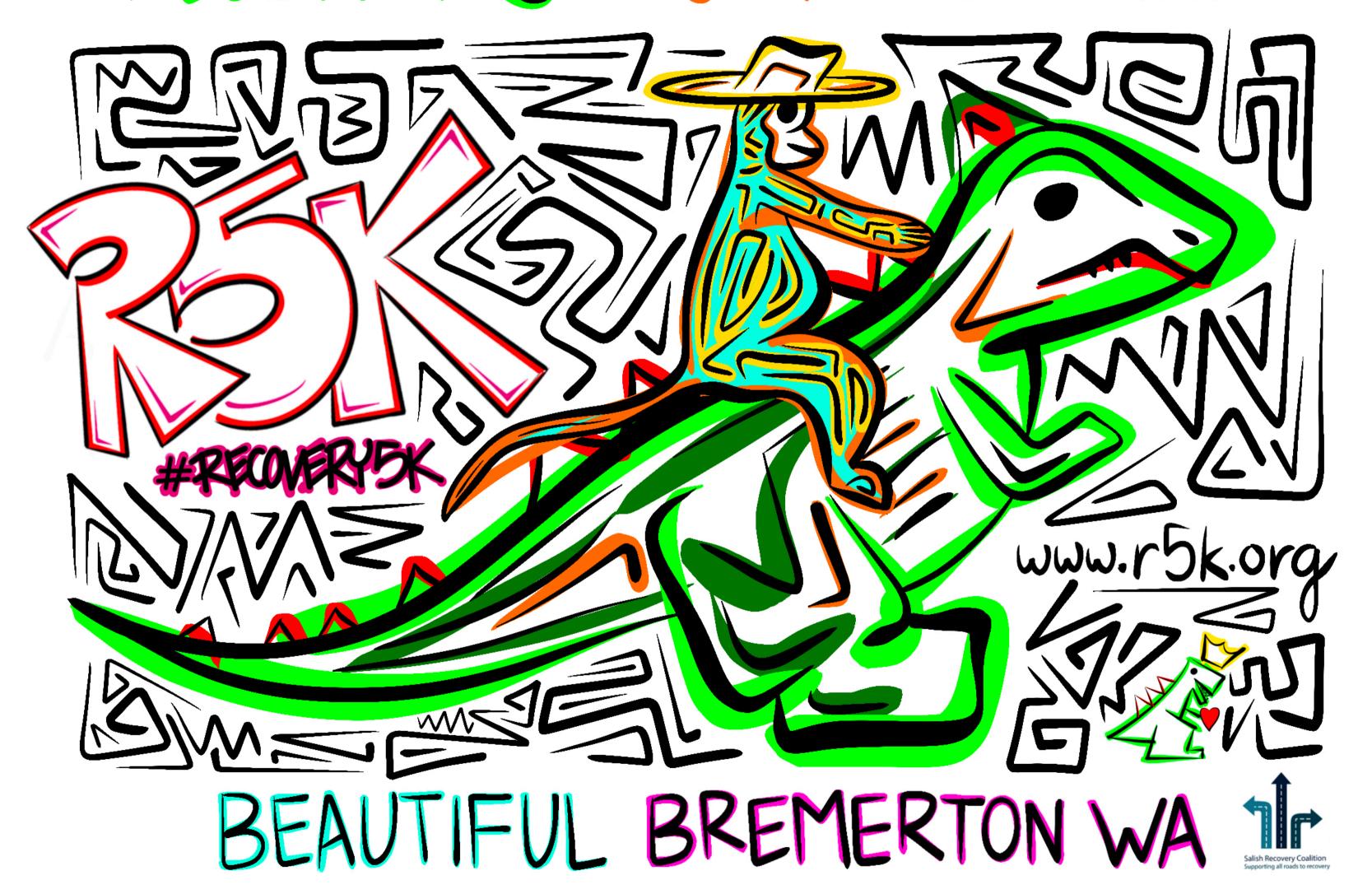
Questions? Email cdp@kitsappublichealth.org







# RECOVERY 5K SEPTEMBER 6 2025





9:00 am 11-2:00 Recovery 5k Recovery Day at the Park Illahee Preserve Evergreen Park









#### **Recovery Day at the Park**

Thanks to Salish Recovery Coalition, the Suquamish Tribe, Joseph Montalbo, Beth Morrison & Beth Wilson from WSTC, Mayor Greg Wheeler, all the providers, and others who worked to make Recovery Day at the Park a hit!













KITSAP COUNTY DEPARTMENT OF HUMAN SERVICES

Sonya Miles Deputy Director Phone: 360.337.4839

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Mental Health/Chemical Dependency/Therapeutic Court Hannah Shockley, Coordinator Phone: 360.337.4827

1/10<sup>th</sup> Affordable Housing Joel Warren, Coordinator Email: jwarren@kitsap.gov

Pretrial Services William Basler, Program Specialist Phone: 360.337.4457

Substance Abuse Prevention/ Treatment and Youth Services Laura Hyde, Coordinator Phone: 360.337.4879 Substance Abuse Prevention Deanne Jackson, Prevention Coalition Coordinator Phone: 360.337.4878

Aging & Long-Term Care Senior Information & Assistance Givens Community Center 1026 Sidney Avenue, Suite 105 614 Division Street, MS-5 Port Orchard, WA 98366 Phone: 360.337.5700 1.800.562.6418 Fax: 360.337.4950 Stacey Smith, Administrator

Community Development Block Grant

Norm Dicks Government Center 345 6th Street, Suite 400 Bremerton, WA 98337 Fax: 360.337.4609 Bonnie Tufts, Coordinator Phone: 360.337.4606

Housing and Homelessness Carl Borg, Program Manager Phone: 360.979.6027

Kitsap Recovery Center Outpatient Services: 1026 Sidney Road Port Orchard, WA 98366 Inpatient and Detox Services: 661 Taylor Street Port Orchard, WA 98366 Fax: 888.834.8027 Marche Ward, Clinical Manager Phone: 360.337.5640

Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Director Phone: 360.689.8525

Veterans Assistance Steve Corcoran, Coordinator Phone: 360.337.4811

#### **Bremerton Substance Abuse Prevention Coalition**

**Thursday, Aug. 14, 2025** 1:00 p.m. - 2:30 p.m.

JOIN the Meeting virtually or in-person (address below)

Meeting ID: 852 6336 5856

Passcode: 568015

#### **AGENDA**

- Welcome and Land Acknowledgment
  - Ice Breaker and Introductions
    - Youth Voice Opportunity
- Coalition and Community updates
  - Mark your Calendars

#### **Prevention Education**

- Spotlight:
  - Leadership identifying priorities and building for the future

#### **Prevention Efforts**

- Current and Upcoming projects and opportunities
  - Leadership Workgroup news
  - Volunteer opportunities
  - Prevention priorities and engagement

#### **New Business**

- Action Items
- Reminders

#### **Community Comments**

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 9/11/25, 10/9/25 and 11/13/25. We welcome you to join face to face at 1300 Sylvan Way Bremerton (New Day Ministries/G2G2) or virtually at the link found above.

Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx

Our Mission: to provide opportunities for youth to be in a safe and substance free environment while they move from surviving to thriving, coordinate and generate resources for youth, families, and the Bremerton community, develop a unified message to end substance abuse and communicate common values of respect and empower today's youth to be Bremerton's better tomorrow!



# REMERTO L

#### **Bremerton Substance Abuse Prevention Coalition**

#### Thursday - July 10, 2025

#### **ANNOUNCEMENTS:**

- Deanne has openings for her team for the 5K at the Recovery Day in the Park, join her!
- Volunteers needed for the Kitsap County Fair resource table! Show your support for our Coalition and sign up today! Parking and access to the fair will be provided. Shifts will be 3 hours at a time, sign up for as many as you'd like.
- The leadership workgroup will begin soon, keep an eye out. If you are interested in being a part of it, let us know.
- The Fetal Alcohol Syndrome event will be on September 9, volunteers needed! We lost most of our group due to job changes.
- Socktober planning is well underway. Volunteers needed to help distribute socks/prevention materials in October
- Scholarships for Guiding Good Choices possible through Substance Abuse Prevention & Youth Services, if interested, let us know.

#### **PARTNER HIGHLIGHTS:**

- Coffee Oasis is looking for donations of monthly food dishes for 30-40 people. The dish would need to be cooked and delivered by 2pm.
- Coffee Oasis is looking for shoe donations for youth.
- G2G2/The Conduit is attending the Transportation Forum to support transportation equity.
- Kitsap Black Student Union will be postponed, possibly to September, more info to come.
- Kitsap Black Student Union is working on an event "Day of care" on July 26, with Puget Sound Partnership.
- Bremerton CSO will have a new employee attending the meetings to replace the current employee.
- G2G2/The Conduit is moving locations soon.
- Kitsap Immigration Assistance Center has walk-in hours on Wednesdays from 10am to 4pm.
- KPHD has an intern assisting with the services map, new insights/feedback.
- KPHD's Dr. Morrow has resigned, and will be officially wrapped up by end of July.

#### **MOVING FORWARD - NEXT STEPS:**

- Members reviewed a revision draft of the Coalition New Member Packet. Final draft expected at next meeting.
- Please consider volunteering for the various workgroups and community events happening now (or very soon). Our work can't move forward without you. We need coalition members to step up, volunteer and help turn plans into action! Even a small commitment goes a long way. Let's keep the good work growing together!

- Opioid Response Partnership Meeting August 19
- Kitsap County Fair August 20-24
- Coffee Oasis Back to School Block Party August 22
- Talk Early, Talk Often: Prevent Underage Substance Use August 26
- Region 10 Opioid Summit September 4 & 5
- Overdose Awareness Night September 5
- Recovery Day in the Park/Recovery 5k September 6



KITSAP COUNTY DEPARTMENT OF HUMAN SERVICES

Sonya Miles Deputy Director Phone: 360.337.4839

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Community Development Block Grant Norm Dicks Government Center 345 6<sup>th</sup> Street, Suite 400

Bremerton, WA 98337 Fax: 360.337.4609 Bonnie Tufts, Coordinator Phone: 360.337.4606

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Veterans Assistance Steve Corcoran, Coordinator Phone: 360.337.4811

#### **Bremerton Substance Abuse Prevention Coalition**

**Thursday, Sept. 11, 2025** 1:00 p.m. - 2:30 p.m.

JOIN the Meeting virtually or in-person (address below)

Meeting ID: 852 6336 5856

Passcode: 568015 AGENDA

- Welcome and Land Acknowledgment
  - Ice Breaker and Introductions
    - Youth Voice Opportunity
- Coalition and Community updates
  - Mark your Calendars

#### **Prevention Education**

- Spotlight:
  - Champions- who are they and how to engage them

#### **Prevention Efforts**

- Projects and opportunities
  - Leadership Workgroup updates
  - Volunteer opportunities
  - New member engagement

#### **New Business**

- Action Items
- Reminders

#### **Community Comments**

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 10/9/25, 11/13/25 and 12/11/25. We welcome you to join face to face at 1300 Sylvan Way Bremerton (New Day Ministries/G2G2) or virtually at the link found above.

Hope you can join us.

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#### **Bremerton Substance Abuse Prevention Coalition**

#### Thursday - August 14, 2025

#### **ANNOUNCEMENTS:**

- SHOUT OUT TO VIOLETA (KIAC) AND HER YOUTH FOR REPRESENTING US THE KITSAP FAIR!
- More volunteers are needed for the Kitsap County Fair resource table! Parking and access to the fair will be provided. Shifts will be 3 hours at a time, sign up for as many as you'd like.
- The leadership workgroup is ready to begin! The first meeting will be held August 28, 4:30pm to 5:30pm (invites will be sent soon). Bring ideas of any "leadership" trainings you'd like to participate in.
- The next Socktober workgroup is August 26, volunteers are needed to help distribute socks/prevention materials in October.

#### **PARTNER HIGHLIGHTS:**

- OESD still reviewing applications for the Bremerton SAP position. Plans to renew the "Prevention Club" are in the works.
- KIAC working with a community partner to offer leadership trainings for their youth. They are also planning for the year and getting youth input.

#### **MOVING FORWARD – NEXT STEPS:**

- Members reviewed the newest version of the Coalition 'New Member Packet', some changes discussed. Final draft expected at the next meeting.
- Members discussed new leadership voting in November. Discussed the goal of having youth in the Vice Chair role. Members are asked to consider themselves or recommend someone they may know for the Chair or Vice Chair roles.
- Deanne will be completing a sector review for the coalition, results/plan at the next meeting.

- Opioid Response Partnership Meeting August 19
- Kitsap County Fair August 20-24
- Coffee Oasis Back to School Block Party August 22
- Talk Early, Talk Often: Prevent Underage Substance Use August 26
- Region 10 Opioid Summit September 4 & 5
- Overdose Awareness Night September 5
- Recovery Day in the Park/Recovery 5k September 6
- Belfair Prevention Summit (Latinx focused) November 7
- Four Directions Recovery Conference September 8
- Resiliency 2025 September 10
- 2<sup>nd</sup> Annual Suicide Walk September 13
- Doc Loves the Kids August 23
- Junk in the Trunk August 16



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Workforce Development 3120 NW Randall Way Silverdale, WA 98383 William Dowling, Director Phone: 360.689.8525

Veterans Assistance Steve Corcoran, Coordinator Phone: 360.337.4811

#### **Bremerton Substance Abuse Prevention Coalition**

**Thursday, Oct. 9, 2025** 1:00 p.m. - 2:30 p.m.

JOIN the Meeting virtually or in-person (address below)

Meeting ID: 852 6336 5856

Passcode: 568015

#### **AGENDA**

- Welcome and Land Acknowledgment
  - $\circ$  Ice Breaker and Introductions
    - Youth Voice Opportunity
- Coalition and Community updates
  - o Mark your Calendars

#### **Prevention Education**

- Spotlight:
  - Community represented coalition what does that look like

#### **Prevention Efforts**

- Projects and opportunities
  - Socktober
  - · Upcoming community events
  - Voting is right around the corner

#### **New Business**

- Action Items
- Reminders

#### **Community Comments**

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 11/13/25, 12/11/25 and 1/8/26. We welcome you to join face to face at 1300 Sylvan Way Bremerton (New Day Ministries/G2G2) or virtually at the link found above. Hope you can join us.

https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx

Our Mission: to provide opportunities for youth to be in a safe and substance free environment while they move from surviving to thriving, coordinate and generate resources for youth, families, and the Bremerton community, develop a unified message to end substance abuse and communicate common values of respect and empower today's youth to be Bremerton's better





#### **Bremerton Substance Abuse Prevention Coalition**

#### Thursday - September 11, 2025

#### **ANNOUNCEMENTS:**

- Kitsap Black Student Union selected for the Non-Profit of the year from the Social Soiree Kitsap. Keep up the great work!
- The Kitsap Human Rights Youth Rally will be held on March24 at Olympic College.
- The leadership workgroup held their first meeting. Next meeting announcement will be released soon.
- Final efforts for Socktober activity are under way. If you are interested to joining a team to deliver socks please email Deanne Jackson, djackson@kitsap.gov.
- Student Assistant Professional position is still open at Bremerton High School.
- Recovery in the Park and the 5K were a huge success. Deanne and several others participated (in both) as representatives of the Bremerton and North Kitsap Substance Abuse Prevention Coalitions.

#### PARTNER HIGHLIGHTS:

- KIAC is working with a community partner to offer leadership training for their youth. They are also planning for the year and getting youth input.
- Bremerton Foodline has asked for sock bags to reach their clients, with prevention materials and a new pair of socks.
- Several of our members and partner organizations were able to attend the 2025 Peaks to Coast Opioid Summit. We are widening our reach for prevention. Yeah!

#### **MOVING FORWARD - NEXT STEPS:**

- New members' packets are ready to go. An additional item request has been made so a menu of services will be created and added to the packet. Great idea, yeah team!
- Members discussed new leadership voting in November. Discussed the goal of having youth in the Vice Chair role. Members are asked to consider themselves or recommend someone they may know for the Chair or Vice Chair roles.
- Deanne has been working on a sector review for the coalition updates at the next meeting.

- Belfair Prevention Summit (Latinx focused) November 7
- 2<sup>nd</sup> Annual Suicide Walk September 13
- Opioid Response meeting Nov. 6
- KCHP meeting Oct. 2
- Hope Navigator training Oct. 20-21 @ OESD
- MADD-Seattle, Mothers Against Drunk Driving walk Sept. 13



KITSAP COUNTY DEPARTMENT OF HUMAN SERVICES

Sonya Miles Deputy Director Phone: 360.337.4839

Kesha Anderson - Evans Office Supervisor Phone: 360.337.5750 x 3530

Developmental Disabilities Heidi Scheibner, Coordinator Phone: 360.337.4624

Behavioral Health Jolene Kron, Executive Director Phone: 360.337.4832

Mental Health/Chemical Dependency/Therapeutic Court Hannah Shockley, Coordinator Phone: 360.337.4827

1/10<sup>th</sup> Affordable Housing Joel Warren, Coordinator Email: jwarren@kitsap.gov

Pretrial Services William Basler, Program Specialist Phone: 360.337.4457

Substance Abuse Prevention/ Treatment and Youth Services Laura Hyde, Coordinator Phone: 360.337.4879 Substance Abuse Prevention Deanne Jackson, Prevention Coalition Coordinator Phone: 360.337.4878

Aging & Long-Term Care Senior Information & Assistance Givens Community Center 1026 Sidney Avenue, Suite 105 614 Division Street, MS-5 Port Orchard, WA 98366 Phone: 360.337.5700 1.800.562.6418 Fax: 360.337.4950 Stacey Smith, Administrator

Community Development Block Grant Norm Dicks Government Center

345 6<sup>th</sup> Street, Suite 400 Bremerton, WA 98337 Fax: 360.337.4609 Bonnie Tufts, Coordinator Phone: 360.337.4606

Housing and Homelessness Carl Borg, Program Manager Phone: 360.979.6027

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#### **Bremerton Substance Abuse Prevention Coalition**

Thursday, Nov. 13, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting virtually or in-person (address below)

Meeting ID: 852 6336 5856 Passcode: 568015 AGENDA

- Welcome and Land Acknowledgment
  - o Ice Breaker and Introductions
  - Coalition and Community updates Mark your Calendars
  - Youth voice opportunity

#### **Prevention Education**

**Spotlight:** Revitalization in community prevention

#### **Prevention Efforts**

- Coalition Assessment review data
- Project recaps
- Volunteer opportunities
  - Building a Buddy System
  - Prevention projects and activities identification
  - Front facing messaging
  - o Community connection
- Leadership vote

#### **New Business**

- Action Items
- Reminders

#### **Community Comments**

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 12/11/25, 1/8/26. And 2/12/26 We welcome you to join face to face at 1300 Sylvan Way Bremerton (New Day Ministries/G2G2) or virtually at the link found above.

Hope you can join us.

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#### **Bremerton Substance Abuse Prevention Coalition**



#### Thursday - October 9, 2025

#### **ANNOUNCEMENTS:**

- On October 13th at the Board of County Commissioners (BOCC) Meeting, KCSAP & Youth Services read 3 proclamations: Socktober, Red Ribbon Week and Resiliency Month. Thank you to those who showed up to support!
- KCSAP & Youth Services will be offering Coursera subscriptions to leadership. More details to come.
- Pictures and videos from the Recovery Day & 5k event coming soon!
- Socktober is well underway, Bremerton Foodline is handling the bag stuffing for us. If you know any agencies that would be interested in handing these out, please let us know.
- Voting for a new Chair & Vice Chair at next month's meeting.

#### **PARTNER HIGHLIGHTS:**

- OESD held interviews last week for the Bremerton SAP position with more scheduled next week. Please share job posting with anyone who may be interested.
- OESD is hosting a Hidden in Plain Sight event, in partnership with KCSAP & Youth Services, on December 4<sup>th</sup> at Mountain View Middle School.
- KPHD's Opioid Response Partnership meeting will include team building and updates to the map.
- Coffee Oasis is having a hygiene product "give away" (see date below).
- DSHS is still operating services with all of the Federal funding changes, please keep referring people to them.

#### **MOVING FORWARD – NEXT STEPS:**

- Members discussed new leadership voting in November. Discussed the goal of having youth in the Vice Chair role. Members are asked to consider themselves or recommend someone they may know for both of the roles.
- The group took time to complete the Coalition Assessment Tool (CAT Survey).

- Opioid Response Partnership Meeting November 6
- Belfair Prevention Summit (Latinx focused) November 7
- Coffee Oasis "Hit the Hay" October 24
- Coffee Oasis Hygiene Give Away October 17
- Hidden in Plain Sight December 4
- Salish Recovery Coalition October 16
- Nourishing Networks October 14
- Kitsap Youth Rally March 24



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#### **Bremerton Substance Abuse Prevention Coalition**

#### Thursday, December 11, 2025

1:00 p.m. - 2:30 p.m.

JOIN the Meeting virtually or in-person (address below)

Meeting ID: 852 6336 5856

Passcode: 568015

#### **AGENDA**

- Welcome and Land Acknowledgment
   Ice Breaker and Introductions
  - Youth Voice Opportunity
- Coalition and Community updatesMark your Calendars

#### **Prevention Education**

- Spotlight:
  - Year End Recap

#### **Prevention Efforts**

- Projects and opportunities
  - Coalition restructure committee volunteer opportunity
  - Upcoming community events volunteer opportunities
  - Creative Energy group input

#### **New Business**

- Action Items
- Reminders

#### **Community Comments**

Please limit individual comments to 2 minutes. Written comments may also be submitted to the advisory board if this timeframe is insufficient.

Next Meeting Dates: 1/8/26, 2/12/26 and 3/12/26. We welcome you to join face to face at 1300 Sylvan Way Bremerton (New Day Ministries/G2G2) or virtually at the link found above.

Hope you can join us.

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#### **Bremerton Substance Abuse Prevention Coalition**



#### Thursday - November 13, 2025

#### **ANNOUNCEMENTS:**

- KRC has beds available.
- Coffee Oasis is having a Christmas gift giveaway on Dec. 19, request slips are due Dec. 5
- KPHD will have the Overdose dashboard updated with the most up to date statistics

#### **PARTNER HIGHLIGHTS:**

- OESD Bremerton SAP position is still open.
- KRL has a lot of events on their calendars for community members

#### **MOVING FORWARD – NEXT STEPS:**

- Members discussed having a networking event with other local coalitions. Possibly focusing on the 5 determinants of health. Dinner type of event. To be discussed in January.
- The group discussed the Coalition Assessment Tool (CAT Survey results and identified areas of focus; buddy system, increasing membership and sector representation. Buddy system will be discussed more in January. Group discussed marketing ideas to increase membership/sector representation. Discussed creating "zines".
- Group discussed Kratom law changes. KRC reported that they do receive patients detoxing from it and that it is very similar to opioids.
- KC Prevention & Youth Services reported that they are starting a "Neighborhood Gardens" program in January that will run for 10 months. It will tie in Prevention and mental health, KRL mentioned they have "seed libraries" and would be willing to partner. Also reported that they are working on a community prevention mural, prevention podcast and revisiting how to share prevention messaging thru social media.
- The group discussed the desire and support of restructuring the coalition leadership. The group will revisit soon.
- Group was asked to consider where they want to contribute for the Coalition, what they want from the Coalition and to consider where they may want to volunteer.

- Opioid Response Partnership Meeting January 29
- Coffee Oasis Night of Thankfulness November 21
- Kitsap Youth Rally March 24
- Nourishing Networks 3<sup>rd</sup> Tuesday of every month