

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

## Advisory Council Meeting

**Date:** January 15, 2025

**Time:** 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

**Virtual Meeting Link:** Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

**Meeting ID:** 360 337 5624

**Passcode:** 98366

**Phone Dial-in:** 1 (253) 215-8782

**Meeting ID:** 360 337 5624

**Password:** 98366

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### A G E N D A

- 11:30am    1. Call To Order
2. Introduction of Council members and public members- expectations for public input
3. Meeting Agenda- Approval
4. December Meeting Notes (Attachment 1) - Approval
5. Updated Council Bylaws, status
- 11:40am    6. Submitted 2025 Workplan (Attachment 2)
- a. Updated Outreach Form (Attachment 3) - discussion
- b. January Legislative Activities, status of scheduled appointments
- January 21 Advocacy webinar- 21<sup>st</sup> from Noon-1:00pm
- Need to schedule planning meeting
- c. Thank You card – review design
- 12:20pm    7. Council Member Report of Activities
- a. 1/10<sup>th</sup> Citizens Advisory Council- Charmaine Scott
- b. Kitsap Accessibilities & Public Works Transitions Plan- Ranae Beeker
- c. Council Member Report of Community Outreach
- d. 2025 SCOA Meetings- **vacancy**
- 1:00pm    8. Aging Services: Dashboard Report (Attachment 4)
- 2025 Dashboard New Metrics & Revenue, discuss
- Recruitments
- 1:25pm    9. 2025 Advisory Council Business
- a. 2025 Calendar of Events (Attachment 5)
- b. Recruitment & Orientation for new membership
- c. Kitsap County Ordinance- Public Meetings Code of Conduct (Attachment 6)
- 1:30pm    ADJOURN

# Kitsap County Division of Aging & Long Term Care Advisory Council

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Port Orchard, WA 98366

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## **December 17, 2024 Aging Advisory Council Meeting Minutes**

### **Zoom**

#### **1. Convened at 11:30 a.m.**

**Members Present:** Steve McMurdo, Sandra Miles, Laney Calhoon, Ann Paoletti, Barabara Paul, Ranae Beeker, Linette Zimmerman, Cynthia Blinkinsop, Elizabeth Safsten.

**Members Excused:** Charmaine Scott, Karol Stevens.

**Members Unexcused:** None.

**Guests Present:** None.

**Staff Present:** Stacey Smith, Cristiana Fillion.

#### **2. Public Address:** None.

#### **3. Approval of Agenda:** The meeting agenda was reviewed.

- Ann made a motion to approve the agenda, Barbara seconded, and the agenda was approved.

#### **4. Approval of Minutes:**

- Ranae made a motion to approve the September meeting minutes. The motion was seconded by Barbara. The minutes were approved.

#### **5. Updated Council Bylaws—Status**

- Stacey explained that Rebecca Pirtle approved the finalized bylaws, and they will be presented to the Board of County Commissioners (BOCC) at the January 13 meeting. Stacey will provide an update during January's Council meeting.

#### **6. 2025 Workplan**

- The council reviewed the 2025 Workplan draft. Stacey stated that the Workplan must be submitted by February. The time, location, and year were updated. Goal 1 (advocacy) will remain unchanged as an ongoing, high-priority goal. Goal 2 (strengthen relationships with elected officials) remains unchanged. A new Goal 3

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was created: “Fill Council Vacancies”. With four upcoming Council member vacancies, recruitment will be a high priority in the upcoming year. Goal 4 (social isolation) previously Goal 3, will remain ongoing and high-priority. The Council added “Promote strategies to combat” to the goal title “Decrease social isolation for older adults. The 2024 goal, “Review Council Bylaws” has been completed. Stacey will submit the Workplan to Rebecca.

### 7. Council Member Report of Activities

- a. 1/10<sup>th</sup> Citizens Advisory Council- Charmaine Scott
  - No report- Charmaine was not in attendance.
- b. Kitsap Accessibilities and Public Works Transitions Plan- Ranae Beeker
  - Ranae attended a meeting where Christy DeGeus gave an overview of the Public Works ADA Transition Plan for county unincorporated areas. The plan discusses the ways ADA compliance will impact roadways, sidewalks, crosswalks, etc., the costs associated with these projects, and how planners prioritize each project. Christy is open to meet with Advisory Councils and Ranae will reach out to her to coordinate a meeting date with this Council. Considering the time the Council will be spending on Advocacy early in the year, Stacey foresees meeting in March or April.
- c. Council Member Report of Community Outreach
  - Steve wrote to Rep. Derek Kilmer and House Speaker Mike Johnson in support of the Older Americans Act. He will send the letter to the rest of the Council.
  - Barbara shared the monthly Caregiver Newsletter and provided information on the Care Transitions program.
  - Ranae attended a HEAL event and met Habitat for Humanity’s new volunteer coordinator Mary VonRanker. The event had many booths for different organizations and programs. Ranae plans to distribute materials at the next event.
  - Elizabeth has shared information on services online. She added that she will soon be leaving her position at the Washington State Department of

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Transportation and moving to the Department of Social and Health Services as part of the Behavioral Health Administration.

- Cynthia stated that she's been delivering supplies to isolated seniors. She also visited a long-term care facility.
- Ranae, as part of her membership on the Accessibilities committee, has been working with a representative from the Kitsap County Parks Department to plan walks and trail events.
- Laney attended County Commissioner Charlotte Garrido's retirement party and met the incoming Commissioner, Oran Root.

### **d. 2024 SCOA Meeting**

- Stacey reminded the Council that there is an open seat for the State Council on Aging, and asked members to let her know if they are interested.

## **8. Aging Services**

- The council reviewed the December dashboard report. The revenue graph will be in January. Stacey asked if there are any graphs the Council would like to add or remove from the report. The Council discussed removing ombuds volunteer hours and adding website traffic, if possible. Cristiana will look for the number of website visits for the last quarter.

## **9. 2024 Advisory Council Business**

### **a. 2025 Officer Elections**

- Laney moved that Steve continue as Chair; Ranae seconded, and all were in favor. Laney volunteered to be Vice-Chair. Barbara made a motion and Ranae seconded. All were in favor.

### **b. 2025 Calendar of Events**

- The Council reviewed the 2025 Calendar of Events. January will be very busy as the Council prepares for the 2025 Legislative Advocacy Days. Stacey explained that the legislative session begins January 13, and the w4a Legislative training webinar will take place on January 21. Stacey would like

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to set a date and time for a planning meeting. The Legislative Advocacy days begin on February 4.

c. Recruitment and Orientation

- Rebecca Pirtle will start recruitment for multiple Advisory Councils in January.

d. Holiday Card

- Cristiana shared two holiday card samples. The council selected holiday card that will be distributed by staff.

### **ADJOURNMENT**

The meeting was adjourned at 1:39 p.m.

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Steve McMurdo, Chair



## **KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL** **2025 WORK PLAN**

**Meeting Days, Time and Location:** Third Wednesday of Each Month  
 11:30 am – 1:30 pm  
 Hybrid virtual (Zoom) meetings

**Advisory Council Staff:** Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant

**Advisory Council Chair:** Steve McMurdo

**Advisory Council Vice Chair:** Laney Calhoon

**Advisory Council Purpose/Mission Statement:** The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being and independence of older adults, people with disabilities, and caregivers.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services, preventing unnecessary or premature facility-based care;
- Removal of individual and social barriers to economic and personal independence;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition, health promotion and disease prevention education and activities;
- Connecting caregivers to individualized support and guidance to help empower them in their caregiving role;
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2025 Goal	Status	Priority Level	Comments/Coordination
<b>TIER 1: HIGH PRIORITY</b>			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community-based organization to link/attend.  Measure: a. Each member will identify 1-2 group/ gaps to concentrate connections, annually b. Promote legislative issues that impact older adults and people with disabilities
2. Continue to strengthen the Advisory Council's relationship with state, national and <i>with emphasis to the local elected officials</i> as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions.  Measure: Advocacy activities are reported during monthly Council meetings, reflected in meeting minutes, and recorded on outreach form.
3. Fill Council vacancies	Ongoing	High	Measure: Fill vacancies
4. Promote strategies to combat social isolation.	Ongoing	High	Measure: Identify strategies for safe social connections for older adults and their caregivers
<b>TIER 2: MODERATE PRIORITY</b>			
<b>TIER 3: LOW PRIORITY</b>			
5. Update Kitsap Aging Outreach form		Low	Revise to make more user friendly for reporting outreach activities.
<b>GOALS ON HOLD</b>			
<b>GOALS COMPLETED OR DELETED</b>			
2024 Review Council Bylaws	Completed		Submitted final revisions November 2024 for BOCC approval

# Advisory Council Community Outreach Tracking Form

## 1. Type of Outreach:

- ☐ Community Outreach Event
 ☐ Group Education
 ☐ Media/Internet
 ☐ One on One
 ☐ Material Dissemination
 ☐ Advocacy Action Alert

## 2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

## 3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

## 4. Topic(s) Discussed:

- |   |   |   |  |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia       | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA         | <input type="checkbox"/> SHIBA/Medicare        |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver        | <input type="checkbox"/> Medicaid         | <input type="checkbox"/> Systems Advocacy      |
| <input type="checkbox"/> Disaster Preparedness        | <input type="checkbox"/> Legal Services           | <input type="checkbox"/> Nutrition        | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse                  | <input type="checkbox"/> Legislative Town Hall    | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____           |
| <input type="checkbox"/> End of Life Planning         | <input type="checkbox"/> Long Term Care Planning  | <input type="checkbox"/> Senior I&A       |  |

## 5. Estimated Age Range of Attendees:

- |                                |                                |                                |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+   |

## 6. Groups- Targeted or in Attendance:

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare)      | <input type="checkbox"/> Unpaid Caregivers   | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers  | <input type="checkbox"/> Low Income                  | <input type="checkbox"/> Other _____            |
| <input type="checkbox"/> Individuals w/ Disabilities              | <input type="checkbox"/> Social Workers      | <input type="checkbox"/> Pre-retirees                |   |
| <input type="checkbox"/> Person w/ dementia                       | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees                    |   |

## 7. Race/Ethnicity- Targeted or in Attendance:

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> American Indian           | <input type="checkbox"/> Samoan              | <input type="checkbox"/> Asian Indian          | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native             | <input type="checkbox"/> Filipino            | <input type="checkbox"/> Black, African Am     | <input type="checkbox"/> Other Race-Ethnicity   |
| <input type="checkbox"/> Chinese                   | <input type="checkbox"/> Japanese            | <input type="checkbox"/> Korean                |   |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian         | <input type="checkbox"/> Guamanian or Chamorro |   |
| <input type="checkbox"/> Native Hawaiian           | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese            |   |

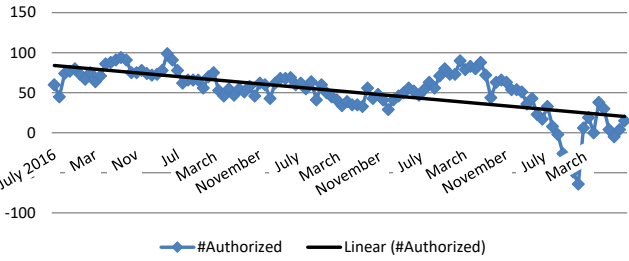
## 8. Materials Handed Out- Type & Quantity:

- |                                       |                         |                                |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards                   | ___ Senior I&A Brochure | ___ Other                      |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA            | ___ Advisory Council Bus. Card |

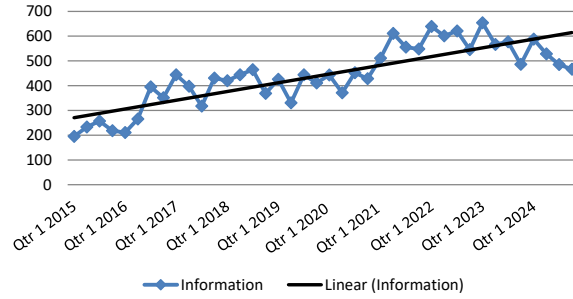


## Aging & Long Term Care Advisory Council Dashboard- January 2025

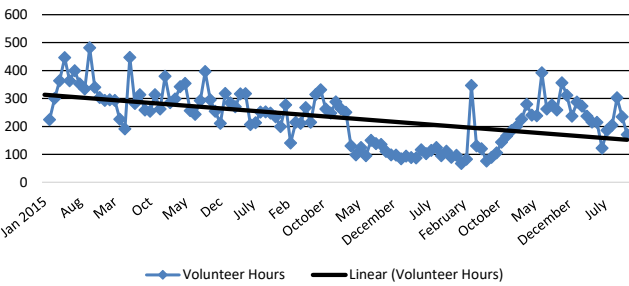
**\* Medicaid Opportunity Gap**  
**#Projected minus #Authorized**



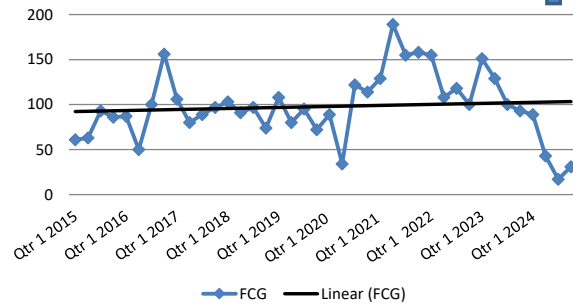
**Senior Information & Assistance**



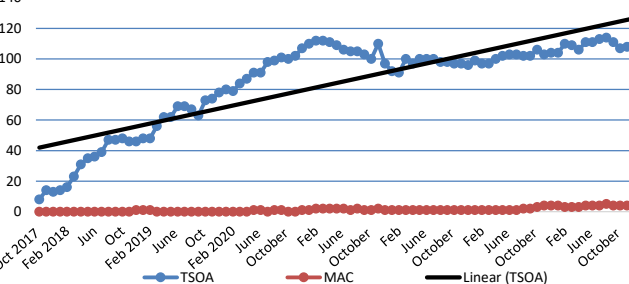
**LTC OMBUDSMAN**  
**# Volunteer Hours**



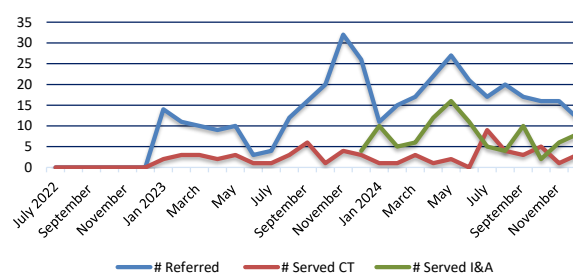
**Family Caregiver Program Contacts**



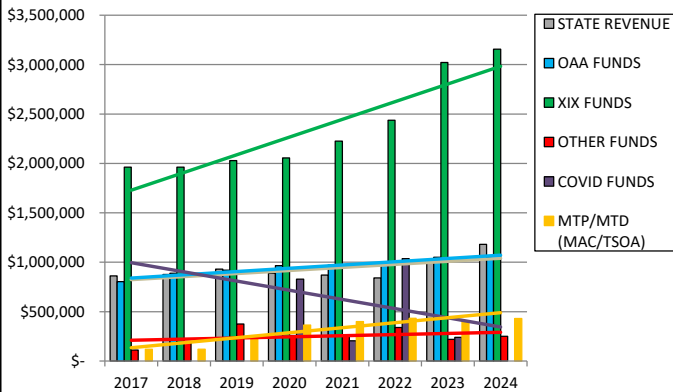
**MAC & TSOA Program**  
**Average Monthly Caseload**



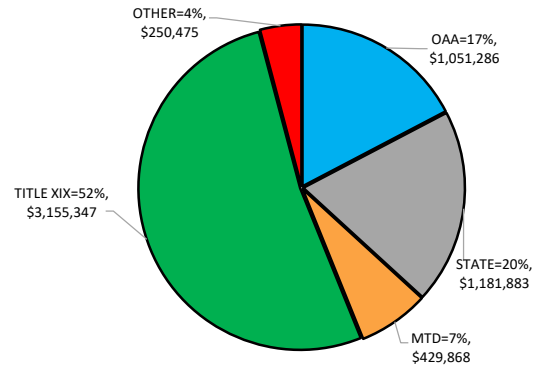
**Hospital Care Transitions**  
**Older Adults**



**TOTAL REVENUE 2017-2024**



**AGING & LTC REVENUE - 2024**



\* 1,146 caseload max

**Community Outreach Activities:**

January 22: Program Overview with EasterSeals (6:00pm zoom)

January 28: Project Connect, Silverdale Newlife Center (10:00am- 2:00pm)

January 29: Project Connect, Bremerton Salvation Army (10:00am- 2:00pm)

January 30: Project Connect, Port Orchard United methodist Church (10:00am- 2:00pm)

## 2025 Advisory Council Meetings & Activities

January 13	WA Legislature Begins (ends April 27, 2025)
January 15	* Advisory Council from 11:30am- 1:30pm
January 21	* w4a Legislative Training Webinar (Noon-1:00pm)
January TBD	* Advisory Council Legislative Planning meeting (insert time)
February 3-7:	* w4a Advocacy Days (appointments with elected officials)
February 19 (Wed)	* Advisory Council from 11:30am- 1:30pm
February 20:	Spring Senior Lobby Day
March 19 (Wed)	* Advisory Council from 11:30am- 1:30pm
April 16 (Wed)	* Advisory Council from 11:30am- 1:30pm
May 21 (Wed)	* Advisory Council from 11:30am- 1:30pm
May Workshops TBD	<u>May Older Adults Virtual Workshops</u>
June 18 (Wed)	* Advisory Council from 11:30am- 1:30pm
July 16 (Wed)	Optional Picnic
August 20 (Wed)	* Advisory Council from 11:30am- 1:30pm Area Plan Update presentation
September 17 (Wed)	* Advisory Council from 11:30am- 1:30pm
October 15 (Wed)	<del>* Advisory Council from 11:30am- 1:30pm</del> CANCELLED 2024 AAA & State Council on Aging (SCOA) Conference
October 17 TBD	2024 Fall Senior Lobby Conference
November TBD	Kitsap Caregiver Fall Caregiver Workshop/Conference
November 19 (Wed)	* Advisory Council from 11:30am-1:30pm
December 17 (Wed)	* Advisory Council from 11:30am- 1:30pm

\*indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room



Meeting Date: December 2, 2024  
 Agenda Item No:

<b><u>Kitsap County Board of Commissioners</u></b>			
<b>Department:</b> Commissioners Office <b>Staff Contact:</b> Eric Baker, Deputy County Administrator <b>Title:</b> AN ORDINANCE ESTABLISHING A PUBLIC CODE OF CONDUCT IN COUNTY BUILDINGS OR MEETINGS			
<b>Recommended Action:</b> Approve the Ordinance establishing a Public Code of Conduct for County Buildings or Meetings			
<b>Summary:</b>	To ensure clarity and consistency regarding expectations of public conduct in the Kitsap County Administration Building premises and public meetings, this Ordinance is established. The Ordinance sets forth actions unlawful in the Administration Building and public meetings, the process for their enforcement and the potential implications of those actions.		
<b>Attachments:</b>	1) Ordinance		
<b><u>Fiscal Impact</u></b>			
<b>Expenditure required for this specific action:</b>	0		
<b>Total cost including all related costs:</b>	0		
<b>Related Revenue:</b>	0		
<b>Cost Savings:</b>	0		
<b>Total Fiscal Impact:</b>	0		
<b>Source of Funds:</b>	NA		
<b><u>Fiscal Impact (DAS) Review</u></b>			
<b>Departmental Coordination</b>			
<b>Department</b>	<b>Representative</b>	<b>Recommendation/Comments</b>	
Torie Brazitis	County Administrator		
<b>Contract Information</b>			
<b>Contract Number</b>	<b>Date Original Contract or Amendment Approved</b>	<b>Amount of Original Contract Amendment</b>	<b>Total Amount of Amended Contract</b>



**ORDINANCE NO. \_\_\_\_\_****AN ORDINANCE ESTABLISHING  
A PUBLIC CODE OF CONDUCT IN COUNTY BUILDINGS OR MEETINGS**

WHEREAS, the First Amendment of the U.S. Constitution and the Washington State Constitution Article I, Sections 4 and 5 protects the rights of freedom of speech and assemblage ;

WHEREAS, the board of county commissioners recognizes that freedom of speech is an important right that is a hallmark of a democratic society and recognizes the importance of remaining vigilant in protecting free speech even when establishing reasonable viewpoint-neutral restrictions for limited public forums;

WHEREAS, county meetings, access to the county building, and other limited public forums may be subject to reasonable time, place, and manner regulations of conduct to preserve the intended purpose of the same;

WHEREAS, the board seeks to encourage the public to participate in county meetings and to access county resources, while discouraging disruptive conduct and other prohibited behaviors that interfere with county business or county meetings or pose a risk to the safety and security of county employees and members of the public who work in or use the county building and attend county meetings.

WHEREAS, the board reserves the right to prohibit certain conduct in public meetings and in the county building in which county business is being actually disrupted as authorized by RCW 42.30.050 and other laws.

WHEREAS, this ordinance is intended to be viewpoint neutral for the purpose of governing decorum when accessing a county building, attending a county meeting or other limited public forum, not to regulate protected speech based on the viewpoints expressed; and

WHEREAS, in the interests of transparency, the board desires to adopt this ordinance to establish and provide notice of a public code of conduct in the county building and county meetings.

**BE IT ORDAINED:**

- Section 1. Kitsap County Code Chapter 3.02, ‘Public Code of Conduct in County Buildings, Meetings’ as identified in Attachment 1 is adopted.
- Section 2. Effective Date. This ordinance shall take effect immediately.
- Section 3. Severability. The provisions of this ordinance are severable. If a court determines that a word, phrase, clause, sentence, paragraph, subsection, section, or other provision is invalid or unconstitutional, or that the application of any part of the provision to any person or circumstance is invalid or unconstitutional, the

remaining provisions and the application of those provisions to other persons, entities or circumstances shall not be affected.

**ENACTED** this \_\_\_\_ day of \_\_\_\_\_, 2024.

**BOARD OF COUNTY COMMISSIONERS  
KITSAP COUNTY, WASHINGTON**

\_\_\_\_\_  
**KATHERINE T. WALTERS**, Chair

\_\_\_\_\_  
**CHRISTINE ROLFES**, Commissioner

\_\_\_\_\_  
**CHARLOTTE GARRIDO**, Commissioner

ATTEST:

\_\_\_\_\_  
Dana Daniels, Clerk of the Board

**ATTACHMENT 1**  
**CHAPTER 3.02**  
**PUBLIC CODE OF CONDUCT IN COUNTY BUILDINGS OR MEETINGS**

Sections

3.02.010	Purpose and intent
3.02.020	Definitions
3.02.030	Prohibited conduct in a county meeting
3.02.040	Prohibited conduct in a county building
3.02.050	Trespassed from county building and/or county meetings.
3.02.060	Trespass notice, administrative appeal
3.02.070	Penalties

3.02.010 Purpose and intent

The purpose of this ordinance is to identify minimum standards of conduct for the public while accessing the county building and/or when attending county meetings to prevent disruptive behavior and maintain peace in the public workplace and protect the safety and security of county employees and members of the public who work in or use the county building and attend county meetings.

3.02.020 Definitions.

A. The following definitions shall apply to this chapter.

1. "County" means Kitsap County, Washington.
2. "County administrator" means the Kitsap County Administrator, Deputy County Administrator or designees.
3. "County building" means the internal and external premises of the Kitsap County Administration Building located at 619 Division Street, Port Orchard, WA.
4. "County meeting" means a meeting of a County board, committee, or commission when the meeting is open to the public under chapter 42.30 (Open Public Meetings Act) RCW.
5. "County official" means a county elected or appointed official, or the county administrator, county department head, or county department supervisor or manager or designee.
6. "Member" means a member of a Kitsap County board, committee, or commission.
7. "Presiding officer" means the chair or acting chair for the county meeting who by the nature of the position has the authority to exclude a person from attending the county meeting for violating this chapter.

3.02.030 Prohibited conduct in a county meeting.

A. It is prohibited for a person to do any of the following in a county meeting:

1. Engage in prohibited conduct that actually disrupts, disturbs, or otherwise impedes the orderly conduct of a county meeting.

B. Prohibited conduct includes any of the following in a county meeting:

1. Speaking without being recognized by the presiding officer;



2. Continuing to speak after the allotted time has expired;
3. Speaking on an item at a time not designated for discussion by the public;
4. Speaking on an issue not within the authority or jurisdiction of the county;
5. Attempting to engage the audience rather than presenting to the members;
6. Throwing objects;
7. Refusing to stop the conduct prohibited in subsection A after being instructed by the presiding officer to do so; or
8. Disobeying any lawful direction of the presiding officer.

C. Enforcement. If a person engages in prohibited conduct:

1. The presiding officer of the county meeting will warn the person to discontinue the prohibited behavior. If the person continues the prohibited conduct after receiving a warning, the presiding officer may instruct the person to leave the meeting.
2. If the person refuses to leave or does not leave, or returns to, the county meeting after being instructed to do, the presiding officer may have the person removed from attending the remainder of that county meeting.
3. Nothing in this section prohibits the immediate removal of any person, without prior warnings, if the person presents an actual or imminent threat of harm to any person or property.
4. Nothing precludes the removed person from attending that meeting via an available electronic format.

D. In the event the interruption of any meeting by a group of persons makes the orderly conduct of a meeting unfeasible and order cannot be restored by the removal of group, the presiding officer may order the meeting room cleared and continue in session or may adjourn the meeting and reconvene at another location selected by majority vote of the members as provided in RCW 42.30.050.

3.02.040 Prohibited conduct in a county building.

A. It is prohibited for a person to do any of the following inside a county building:

1. Engage in behavior that actually disrupts, disturbs, or otherwise impedes the orderly conduct of county business;
2. Engage in behavior that actually unreasonably interferes with others' access or use of a county building;
3. Enter any restricted area in a county building that is not open to the public unless the person has been invited to the restricted area by an authorized county employee and accompanied by a county representative, if applicable;
4. Actually disrupt, disturb, or impede the ability of a county employee or a member of the public from conducting county business;
5. Any act that presents an actual or imminent threat of harm to any person or property;
6. Obstructing or unreasonably interfering with the ability of a county employee or member of the public from freely entering, exiting, or moving about a county building or county office;
7. Entering or failing to leave a county building when instructed to leave or when the building is closed to the public; or

8. Causing or making unnecessary loud noise, shouting or yelling; challenging to fight or fighting any person.

B. Enforcement. If a person engages in conduct identified in subsection A:

1. A county official shall warn the person to discontinue the prohibited conduct. If the person continues the prohibited conduct after receiving a warning, the county official may instruct the person to leave the building. If the person refuses or does not leave after being instructed to do so, the county official may have the person removed.
2. Nothing in this section prohibits the immediate removal of any person, without prior warnings, if the person presents an actual or imminent threat of harm to any person or property.
3. Nothing precludes the removed person from conducting county business via an available electronic format.

3.02.050 Trespassed from county building, meeting

- A. A person who engages in conduct prohibited by this chapter in a county building may be trespassed by the county official or the county administrator from accessing one or more county buildings for a specified period of time.
- B. A person may be trespassed by the county official or county administrator from being present at future county meeting when the individual presents a legitimate public safety concern (actual or imminent threat of harm).

3.02.060 Trespass Notice, Administrative Appeal

- A. As legal advisor to the county, the civil division of the prosecuting attorney's office should be consulted prior to issuance of a trespass notice.
- B. The trespass notice issued pursuant this section shall contain the following information:
  1. Name of person trespassed;
  2. Date notice is issued and effective date, if different than issue date;
  3. Identify the behavior and the violation the person is alleged to have committed;
  4. Identify the location(s) in the building, the building, and/or county meetings from which the person is excluded;
  5. Duration of the trespass notice, which may range from one day to one year;
  6. Method to appeal, including the address and time frame to appeal; and
  7. Warning that violation of the trespass notice is a criminal act, in violation of chapter 9A.52 RCW.
- C. The person trespassed has 10-business days from receipt of the notice to administratively appeal to the trespass notice in writing to the County Administrator. The county has 10-business days from receipt of the written appeal to provide a written response. The county may affirm, modify, terminate, or reverse the prohibition. The decision of the county is final. The trespass notice shall remain in effect while the appeal is pending.
- D. Should the trespassed person need physical access to the county building for business matters that cannot be conducted electronically, or to attend a county meeting during the trespassed

period, he/she may contact the person designated in the trespass notice to obtain approval for such access and an escort. If county reasonably believes the person presents an imminent danger to individuals in the county building or county meeting, physical access may be denied.

### 3.02.070 Penalties

The remedies and penalties set forth in this chapter are non-exclusive and the county may seek any and all legal and equitable relief permitted by law. A violation of any provision of this chapter may be pursued as a civil infraction as provided in chapter 2.116, or a criminal violation as provided in chapter 1.12, of the Kitsap County Code.

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

## Advisory Council Meeting

**Date:** February 19, 2025

**Time:** 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

**Virtual Meeting Link:** Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

**Meeting ID:** 360 337 5624

**Passcode:** 98366

**Phone Dial-in:** 1 (253) 215-8782

**Meeting ID:** 360 337 5624

**Password:** 98366

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### A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members- expectations for public input (please reference page 2 of the agenda for protocol during hybrid meetings)
3. Meeting Agenda- Approval
4. January Meeting Notes (Attachment 1) - Approval
5. Approved Amended Council Bylaws (Attachment 2)
- 11:40am 6. Legislative Activities – January & February
- a. De-brief activities & meetings (w4a Advocacy webinar, meetings, follow-up)
- 12:20pm 7. Council Member Report of Activities
- a. 1/10th Community Advisory Committee- Charmaine Scott
- b. Kitsap Accessibilities & Public Works Transitions Plan- Ranae Beeker
- c. Council Member Report of Community Outreach
- d. 2025 SCOA Meetings- vacancy
- 1:00pm 8. Aging Services:
- 2025 Dashboard Updated Metrics & Revenue (Attachment 3-discuss revisions)
  - Staff recruitments, status
  - Federal grants, discussion
- 1:25pm 9. 2025 Advisory Council Business
- a. Revised Outreach & Volunteer Hours Reporting form (Attachment 4)
- b. 2025 Calendar of Events (Attachment 5)
- Senior Lobby Day
- c. Council recruitment & Orientation for new membership
- 1:30pm ADJOURN

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

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### **Instructions for members of the public during a hybrid meeting:**

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair, or designee, will call upon the attendee to speak at the designated time.

Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to Stacey Smith at [sasmith@kitsap.gov](mailto:sasmith@kitsap.gov)

# **Kitsap County Division of Aging & Long Term Care Advisory Council**

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

## **January 15, 2025 Aging Advisory Council Meeting Minutes**

### **Zoom**

#### **1. Convened at 11:32 a.m.**

**Members Present:** Steve McMurdo, Laney Calhoon, Ann Paoletti, Ranae Beeker, Linette Zimmerman, Charmaine Scott, Elizabeth Safsten.

**Members Excused:** Karol Stevens.

**Members Unexcused:** None.

**Guests Present:** Theresa Lambert, prospective member.

**Staff Present:** Stacey Smith, Cristiana Fillion.

#### **2. Public Address:** The council made introductions.

#### **3. Approval of Agenda:** The meeting agenda was reviewed.

- Laney made a motion to approve the agenda, Charmaine seconded, and the agenda was approved.

#### **4. Approval of Minutes:**

- Ann made a motion to approve the December meeting minutes. The motion was seconded by Laney. The minutes were approved.

#### **5. Updated Council Bylaws—Status**

- Stacey informed the Council that the Board of County Commissioners' review of the updated bylaws has been postponed until their January 27 meeting.

#### **6. 2025 Workplan**

- The council reviewed the 2025 Workplan. There were no changes. Stacey will submit the final plan to Rebecca Pirtle.
- Outreach form: The Council discussed the content of the outreach form. The form will be simplified to consist of activity date/time, total time spent, format, and topic. A draft form will be presented at the next meeting.

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

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Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- Advocacy: The legislative session began on Monday. Stacey forwarded the save-the-date email for the w4a Legislative Training webinar taking place on January 21 to Council members. The primary ask this year is Senior Nutrition Funding. Stacey explained that funds for senior nutrition were included in Gov. Inslee's Budget, but the incoming Gov. Ferguson will release his own budget. Stacey has reached out to elected officials and has scheduled five appointments so far. The Council will meet with legislators during the first week of February; all meetings will be virtual (Microsoft Teams or Zoom formats). The Council will have their planning meeting on January 29.
- Cristiana shared the Thank You card. The Council updated the wording.

### **7. Council Member Report of Activities**

- a. 1/10<sup>th</sup> Citizens Advisory Council- Charmaine Scott
  - Charmaine explained that the 1/10<sup>th</sup> Citizens Advisory Council did not meet in December. Their Council is planning a retreat and will go over their 2025 Workplan and bylaws. Charmaine noted that they would like to return to in-person provider site-visits.
- b. Kitsap Accessibilities and Public Works Transitions Plan- Ranae Beeker
  - Ranae explained that there were only minor comments on the Accessibilities and Public Works Transitions Plan as the plan was very thorough. Ranae spoke with Mary VonRanker from Habitat for Humanity, who hosts a booth at HEAL events. The booth will be changing focus and Ranae plans to hand out ALTC literature at the next event.
  - Ranae took part in an accessibility walk to fight isolation at Bloedel Reserve. There were 38 in attendance. The next walk will take place on April 26 at Harper Park. There is also discussion with the Bremerton Rotary Club to plan a walk at the Illahee Preserve.
- c. Council Member Report of Community Outreach
  - In addition to the work Ranae has been doing on the Accessible Communities Advisory Committee, she has been acting on advocacy alerts and sending them to friends in the community.

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- Steve had his law license renewed and has been preparing for next month's advocacy events. He's also been following a bill regarding Social Security for public service employees.
- Ann has been sharing information about dementia and caregiving, as well as forwarding advocacy alerts and AARP information.
- Laney has been looking forward to an upcoming meeting with several community groups and County Commissioners.
- Elizabeth finalized an ADA policy at work.

### **d. 2025 SCOA Meeting**

- Stacey reminded the Council that there is an open seat for the State Council on Aging, and asked members to let her know if they are interested in joining.

### **e. Stacey shared the new Council roster and will send to Council members.**

## **8. Aging Services**

- The Council reviewed the January dashboard report. A new metric showing the number of visits to the ALTC website will be added in February, replacing the hours donated by volunteer Ombuds each month.
- Stacey explained that ALTC hired a Fiscal Manager in December, a WA Cares Coordinator, and an Information & Assistance Technician. There are currently two open recruitments.

## **9. 2025 Advisory Council Business**

### **a. 2025 Calendar of Events**

- The Council reviewed the 2025 Calendar of Events.

### **b. Recruitment and Orientation**

- There are currently three Council member vacancies. Stacey will hold an orientation when the vacancies are filled. Rebecca Pirtle has been forwarding applications to Stacey as they come in.

### **c. Kitsap County Ordinance – Public Meetings Code of Conduct**

- Stacey gave an overview of the new Public Meetings Code of Conduct County ordinance.



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### **ADJOURNMENT**

The meeting was adjourned at 1:24 p.m.

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Steve McMurdo, Chair

RESOLUTION NO. 017 -2025

**AMENDMENTS TO THE AREA AGENCY ON AGING ADVISORY COUNCIL  
BYLAWS**

**WHEREAS**, the Kitsap County Board of Commissioners advocates public participation and supports and encourages citizen involvement in all matters of County Government; and

**WHEREAS**, the Kitsap County Division of Aging & Long-Term Care, as an Area Agency on Aging, is required to maintain an Advisory Council, pursuant to the Older Americans Act, Public Law 89-73; and

**WHEREAS**, county advisory groups periodically review their bylaws to ensure they reflect current governance of the group and these amendments must be approved by the Board of County Commissioners; and

**WHEREAS**, the Area Agency on Aging Advisory Council amended its bylaws and voted to approve these November 24, 2024 and seek final approval from the Board of County Commissioners.

**NOW THEREFORE, BE IT RESOLVED BY THE KITSAP COUNTY BOARD OF COMMISSIONERS** that the bylaws amendments are approved.

Adopted this 27th Day January 2025



BOARD OF COUNTY COMMISSIONERS  
KITSAP COUNTY, WASHINGTON

*Christine Rolfes*  
CHRISTINE ROLFES, Chair

*Oran Root*  
ORAN ROOT, Commissioner

*Katherine T. Walters*  
KATHERINE T. WALTERS, Commissioner

ATTEST:

*Dana Daniels*  
Dana Daniels, Clerk of the Board

## **KITSAP COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL BYLAWS**

Last amended and approved by BOCC 6/26/2017  
Draft Revisions 11/2024  
BOCC Approval 1/27/25

### **PREAMBLE**

The Advisory Council for the Kitsap County Area Agency on Aging was established June 1, 1980 pursuant to the Basic Agreement between the State of Washington Department of Social and Health Services and the Board of Kitsap County Commissioners and pursuant to the provisions of the Older Americans Act.

### **ARTICLE I - NAME**

The name of the organization shall be the KITSAP COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL.

### **ARTICLE II - PURPOSE and DUTIES**

The purpose and duty of the Advisory Council is to advise the Board of Kitsap County Commissioners and staff of the Area Agency on Aging to:

- A. Develop and administer the Area Plan;
- B. Conduct public meetings;
- C. Represent and advocate for the interests of older adults, people with disabilities, and caregivers;
- D. Review and comment on community policies, programs, and actions which affect older adults, people with disabilities, and caregivers.

### **ARTICLE III - MEMBERSHIP**

#### **Section 1. Eligible members**

Membership on the Advisory Council shall be open to individuals residing within Kitsap County. As required under the Older Americans Act, a majority to the council shall be made up of individuals over age 60 who are participants or who are eligible to participate in the programs sponsored by the Area Agency on Aging.

Members shall be ineligible to serve if they move out of or no longer reside within Kitsap County. When this occurs, the Chairperson with the assistance of the Lead Staff to the council shall so notify the member in writing citing this article and section of the Bylaws.

The balance of membership shall be comprised of individuals representing the interests of older adults, people with disabilities, caregivers, representatives of local elected

officials and members of the general public.

Membership is not open to individuals who are employed by agencies or organizations contracted with the Area Agency on Aging to provide services.

#### Section 2. Membership Size

There shall be three (3) appointments from each Commissioner's district and at least two (2) appointments at large.

The Kitsap County Representative to the Washington State Council on Aging shall be a member of the Advisory Council.

#### Section 3. Selection and Appointments of Members

The Area Agency on Aging shall solicit nominations for Advisory Council membership from throughout Kitsap County, following criteria set by the Older Americans Act. A special effort will be made to secure representation for low income, minority, older adults, people with disabilities and caregivers. The Lead Staff to the Advisory Council will invite potential council members to a meeting with chair, vice chair and staff to explain members expectations and activities. Potential council members will be encouraged to join a monthly council meeting, then forwarded to the Board of Commissioners for selection and appointment.

#### Section 4. Term of Membership

Advisory Council members shall be appointed for a term of three (3) years. There are no term limits.

All Advisory Council appointments to the extent feasible will be made during the month of January, to coincide with the calendar year. All appointments made after January, for whatever reason, shall have a termination date of December 31, three years from the nearest January.

#### Section 5. Terminations

Membership on the Advisory Council will be reviewed for termination if a member is absent for three (3) consecutive meetings of the Council without previously contacting Lead Staff to the Advisory Council (or designee) and being excused by the Chairperson.

In the event a member is unable to attend a regular meeting he/she will contact the Lead Staff to the Advisory Council (or designee) who so shall advise the Council Chairperson. Lack of notification will be considered an unexcused absence. More than three unexcused absences by any member during any 12-month period may result in removal of the member by the Board of Commissioners.

In the event the member will be absent for an extended period of time, he/she may request a

Leave of Absence, which is subject to approval by the Executive Committee of the Advisory Council and will be considered an "inactive member" for that period and will not be allowed to vote.

Section 6. Resignations

Resignation may be written or verbal. A written resignation is preferred and effective immediately when presented at a meeting of the Advisory Council or at the time specified by the Council Member.

**ARTICLE IV - ELECTIONS**

Section 1. Officers

Officers of the Advisory Council shall consist of Chairperson and Vice-Chairperson.

Section 2. Election and Term of Office

The Kitsap County Advisory Council shall elect officers annually. The elections shall be conducted by December, the term of office coinciding with the calendar year. No officer shall be elected to the same office for more than two (2) consecutive one-year terms. Terms may be extended beyond a one-year limit by vote of the Council. Officers will be elected by a majority vote of the Council present.

Section 3. Vacancies of officer positions

In the event a vacancy of an officer position should occur, the Advisory Council shall elect a new officer, by a majority vote of those present, to serve the remainder of the term. All such elections shall occur at the next regular meeting following the vacancy.

**ARTICLE V - MEETINGS, COMMITTEES**

Section 1. Meetings

The Advisory Council will meet on a monthly basis, time and place to be determined by agreement of the full council. Special meetings may be called at the discretion of the Chairperson in coordination with the Area Agency of Aging Administrator and/or Lead Staff to the Advisory Council not less than 24 hours prior to the time of the special meeting. A special meeting should be called only if necessary to conduct business that cannot wait until the next regularly scheduled meeting. The notice will be provided as soon as possible to members and must be publicly noticed on the Council's website. Every effort will be made to plan and distribute an annual calendar at the beginning of the calendar year.

Items may be placed on a meeting agenda by any member or by County staff. The Chair and staff will coordinate preparation of meeting agendas. The agenda will be distributed to members and the public at least five days prior to the regular meeting.

In the event any meeting is interrupted by an individual or individuals so as to render the orderly conduct of the meeting unfeasible and order cannot be restored by the removal of the person or persons who are interrupting the meeting, the Chair may order the meeting room cleared and continue in session or may adjourn the meeting and reconvene at another location selected by the majority vote of the members. In such a session, final disposition may only be taken on matters appearing on the agenda. The Chair may readmit an individual or individuals not responsible for disturbing the orderly conduct of the meeting.

Any member of the public will be welcome to attend and provide input at Council meetings. Public comments will be encouraged and accepted verbally or in writing. Anyone who wishes to voice an opinion or present information or concerns to the Committee may attend meetings or contact either the Chair, the Vice-Chair, or staff. Arrangements will be made, and time will be allotted at meetings as appropriate to assure broad public participation.

#### Section 2. Quorum

Fifty percent plus one of the currently appointed active membership shall constitute a quorum for any meeting of the Advisory Council. The Council will allow voting by email for extenuating circumstances.

#### Section 3. Committees

The Advisory Council may establish such committees as may be necessary to conduct the Council's business.

The Chairperson shall appoint an Executive Committee of three (3) members of the Advisory Council, including the Chairperson, Vice Chairperson and one other Council member. The Executive Committee shall act in an advisory capacity to the Chairperson, Administrator and Lead Staff to the Advisory Council. The Executive Committee shall carry out the business of the Council between meetings, and all recommendations shall be considered as automatic motions to adopt/concur to be acted upon at the next Advisory Council meeting.

The Council members shall elect at least three (3) members to a Nominating Committee for the purpose of nominating Officers and new members and shall report to the Council their recommendations.

### **ARTICLE VI- CONFLICT OF INTEREST & CODE OF ETHICS**

#### Conflict of Interest

No member of the Advisory Council may debate or vote on a Council recommendation, the result of which would financially benefit the member or any agency or organization of which the member is a decision making officer.

It shall be the responsibility of each Advisory Council member to declare potential conflicts of interest. The Advisory Council Chairperson shall, in consultation with the Administrator and/or Lead Staff to the Council as needed, be responsible for mediating differences of opinion in this matter as they arise.

#### Code of Ethics

Advisory Council members are provided the Kitsap County Advisory Council Handbook at time of appointment. All Council members are expected to follow the expectations outlined in the handbook for a volunteer citizens advisory council member.

#### ARTICLE VII - AMENDMENTS

The Advisory Council, in consultation with the Administrator of the Area Agency on Aging and/or Lead Staff to the Advisory Council, may offer amendments to these Bylaws to the full council for a majority vote of those members present at any regular meeting. Bylaws will be reviewed at least every three years. Prior written notice, together with proposed written amendments, shall have been made available to all members. Such amendments are subject to review and approval by the Board of Commissioners.

Bylaws are in effect when approved by the Board of County Commissioners.

Adopted this 27 day of January 2025



BOARD OF COUNTY COMMISSIONERS  
KITSAP COUNTY; WASHINGTON

Christine Rolfes  
CHRISTINE ROLFES, Chair

Oran Root  
ORAN ROOT, Commissioner

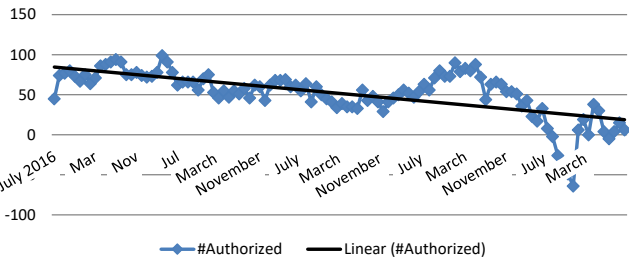
Katherine T. Walters  
KATHERINE T. WALTERS, Commissioner

ATTEST:

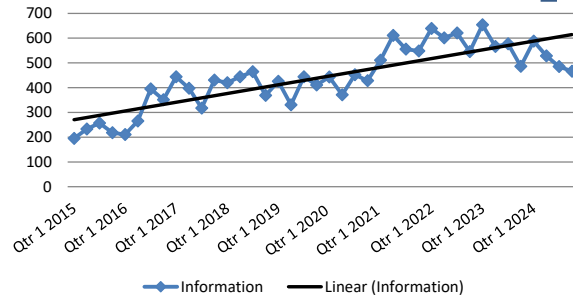
Dana Daniels  
Dana Daniels, Clerk of the Board

## Aging & Long Term Care Advisory Council Dashboard- February 2025

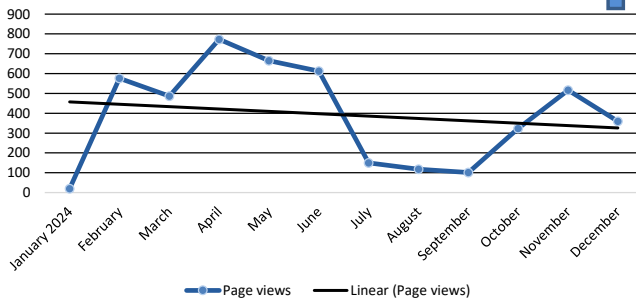
**\* Medicaid Opportunity Gap**  
**#Projected minus #Authorized**



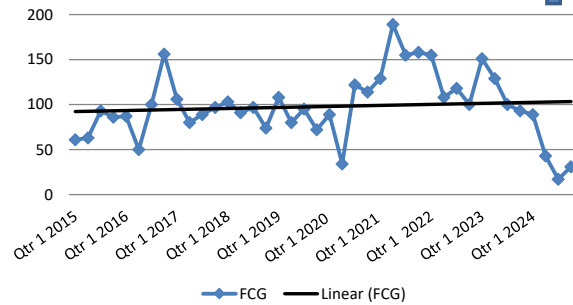
**Senior Information & Assistance**



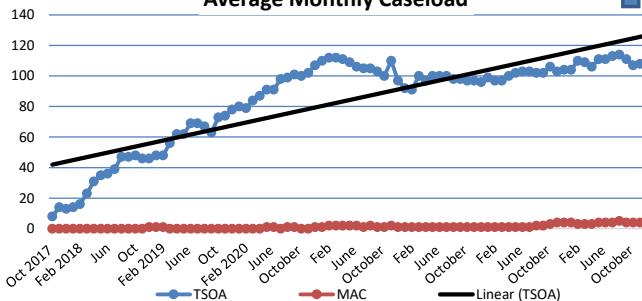
**Website Visits Per Month**



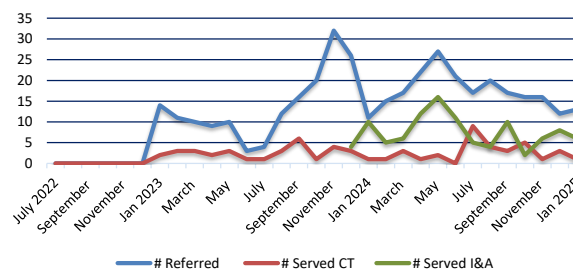
**Family Caregiver Program Contacts**



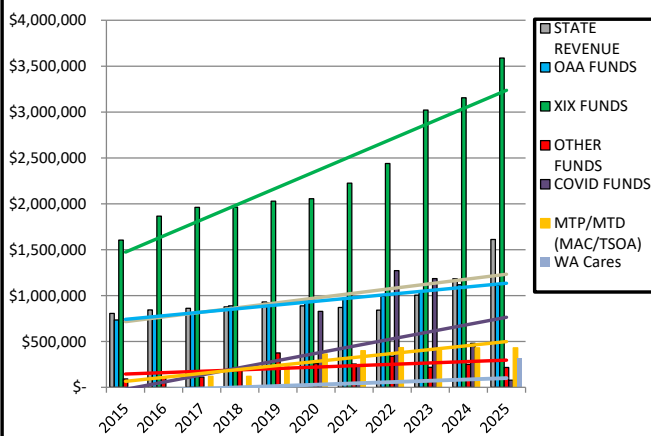
**MAC & TSOA Program**  
**Average Monthly Caseload**



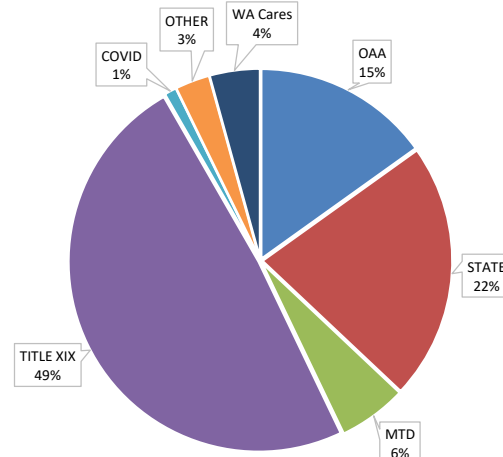
**Hospital Care Transitions**  
**Older Adults**



**TOTAL REVENUE 2015-2025**



**AGING & LTC REVENUE - 2025**



\* 1,146 caseload max



**Community Outreach Activities:**

March 4: Manette History Club, 1:00pm (Jason)

March 13: Brownsville Untied Methodist, 1:30pm (Jason & Eric)

March 30: Bainbridge Island Senior Resource Fair, 1:00-4:00pm (Jason & Dana)

## Advisory Council Community Outreach Tracking Form

**Month:** \_\_\_\_\_

**Name:** \_\_\_\_\_

### Summary of Activities

Date of Activity	Describe Activity: <ul style="list-style-type: none"> <li>AC Meeting</li> <li>Community outreach or event (name)</li> <li>Social Media/Email</li> <li>Material Dissemination</li> <li>Advocacy Alert Action</li> <li>Other: Describe</li> </ul>	Topic: <ul style="list-style-type: none"> <li>General Aging Info (programs, services or events)</li> <li>General Caregiver Info (programs, services or events)</li> <li>Memory Loss</li> <li>Other: Describe</li> </ul>	Total Duration of Time (include prep & travel)	Approx. number of individuals reached (per activity)

**Notes:**

Please complete and return to Aging by the 5<sup>th</sup> of each month -mail or attach to an email.

Mail: 614 Division St., MS-5  
Port Orchard, WA 98366

Email: Cristiana at [cfillion@kitsap.gov](mailto:cfillion@kitsap.gov)

## 2025 Advisory Council Meetings & Activities

January 13	WA Legislature Begins (ends April 27, 2025)
January 15	* Advisory Council from 11:30am- 1:30pm
January 21	* w4a Legislative Training Webinar (Noon-1:00pm)
January 29	* Advisory Council Legislative Planning meeting (10:00-11:00am)
February 3-7:	* w4a Advocacy Days (appointments with elected officials)
February 19 (Wed)	* Advisory Council from 11:30am- 1:30pm
February 20:	Spring Senior Lobby Day
March 19 (Wed)	* Advisory Council from 11:30am- 1:30pm
April 16 (Wed)	* Advisory Council from 11:30am- 1:30pm
May 21 (Wed)	* Advisory Council from 11:30am- 1:30pm
May Workshops TBD	<u>May Older Adults Virtual Workshops</u>
June 18 (Wed)	* Advisory Council from 11:30am- 1:30pm
July 16 (Wed)	Optional Picnic
August 20 (Wed)	* Advisory Council from 11:30am- 1:30pm Hold: Area Plan Update presentation
September 17 (Wed)	* Advisory Council from 11:30am- 1:30pm
October 15 (Wed)	<del>* Advisory Council from 11:30am- 1:30pm</del> CANCELLED 2025 AAA & State Council on Aging (SCOA) Conference
October 17 TBD	2025 Fall Senior Lobby Conference
November TBD	Kitsap Caregiver Fall Caregiver Workshop/Conference
November 19 (Wed)	* Advisory Council from 11:30am-1:30pm
December 17 (Wed)	* Advisory Council from 11:30am- 1:30pm

\*indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to Stacey Smith at [sasmith@kitsap.gov](mailto:sasmith@kitsap.gov)

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

## **February 19, 2025 Aging Advisory Council Meeting Minutes**

### **Zoom**

#### **1. Convened at 11:32 a.m.**

**Members Present:** Steve McMurdo, Laney Calhoun, Theresa Lambert, Charmaine Scott, Linette Zimmerman.

**Members Excused:** Karol Stevens, Ranae Beeker, Elizabeth Safsten.

**Members Unexcused:** None.

**Guests Present:** None.

**Staff Present:** Stacey Smith, Cristiana Fillion.

#### **2. Public Address:** The council made introductions.

#### **3. Approval of Agenda:** The meeting agenda was reviewed.

- Laney made a motion to approve the agenda, Linette seconded, and the agenda was approved.

#### **4. Approval of Minutes:**

- Linette made a motion to approve the January meeting minutes. The motion was seconded by Charmaine. The minutes were approved.

#### **5. Council Bylaws**

- The amended Council Bylaws were approved by the Board of County Commissioners on January 27.

#### **6. Legislative Activities**

- Stacey asked that council members share their feedback on the w4a Advocacy webinar. Steve appreciated the input from other councils regarding how receptive legislators would be to the asks. Laney enjoyed the breakout groups. Linette said the priorities were very clear and concise. Stacey found the information about the budget and the likely messages they would be hearing from legislators to be very useful. Charmaine thought they did a great job of preparing.

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

614 Division Street, MS-5

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- Regarding the Council's planning meeting: Steve found it to be a helpful refresher, and it was nice to hear Sara Thompson's (Pierce County) input. Laney thought it was good to know what each legislator's particular passions were.
- The first legislative meeting was on Tuesday with the 35<sup>th</sup> district Rep. Travis Couture's Assistant, Tristan Mospan. Several members of the Lewis-Mason-Thurston advisory Council attended. Stacey met with 23<sup>rd</sup> District Rep. Greg Nance alone, due to a scheduling error. The Council then met with Sen. Drew Hansen. Kathy Knight, w4a Director, was in attendance. The final meeting on Tuesday was with 26<sup>th</sup> District Rep. Michelle Caldier; she was receptive but made it clear that the budget is very tight.
- On Thursday, Council members met with 26<sup>th</sup> District Sen. Deb Krishnadasan. Laney said she was very receptive and was very attentive. The Council then met with 23<sup>rd</sup> Districts Rep. Tarra Simmons. The final meeting with 26<sup>th</sup> District Rep. Adison Richards. Sarah was also in attendance.
- Steve asked when the budget is expected to be released. Stacey said the policy statement cutoff is February 21, and the fiscal committee cutoff is February 28. The budget will then go to the house of origin by March 12. The budget proviso will go straight to the floor. Stacey will provide a report at the next meeting.

### **7. Council Member Report of Activities**

- a. 1/10<sup>th</sup> Community Advisory Committee- Charmaine Scott
  - Charmaine explained that the 1/10th Community Advisory Committee met last night. They are planning to restart community visits for courts and substance abuse programs. Charmaine and their co-chair are working on scheduling, with plans to begin in March and April. Laney asked for background on the group. Charmaine explained that their committee reviews competitive grants and awards funds for contracts related to substance abuse, mental health, and housing support. This funding is provided by 1/10th of 1 percent sales-and-use tax.
- b. Kitsap Accessibilities and Public Works Transitions Plan- Ranae Beeker
  - Ranae was not in attendance.

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

### **c. Council Member Report of Community Outreach**

- In addition to attending legislative activities, Steve, Stacey, and Laney have been interviewing prospective Council members. Steve has also been responding to Advocacy Alerts.
- Linette has been sharing information and forwarding w4a Advocacy Alerts to her contacts from multiple Soroptimist clubs.
- Laney is still working with the Silverdale Senior Center committee. They voted on an 18-month plan and will be conducting a survey requesting for ideas on what individuals would like out of a senior center. They have conducted interviews with several groups, done research online, and are creating a report, which will be shared with the co-chairs. The committee meets on the last Thursday of each month. The project is still in its early stages, and they continue to look for a location.

### **d. 2025 SCOA Meeting**

- Stacey reminded the Council that there is an open seat for the State Council on Aging, and asked members to let her know if they are interested in joining.

## **8. Aging Services**

- The Council reviewed the February dashboard report. They discussed the new [agingkitsap.com](http://agingkitsap.com) website traffic metrics. Stacey gave an overview of the updated revenue chart.
- Stacey explained that ALTC is now distributing a Healthy Aging newsletter, with a new topic featured every month. Each issue will highlight services ALTC provides.
- Stacey also mentioned ALTC has just finished interviews for two Medicaid Case Manager positions. Care Transitions Case Manager interviews are scheduled for today. Stacey explained the Care Transitions program and noted that they are working with St. Michaels and St. Anthony's.

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

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### **9. 2024 Advisory Council Business**

#### **a. Revised Outreach Form**

- Stacey gave an overview of simplified outreach form. The updated form will be sent out later this week. Council members were asked to start using the new form immediately.

#### **b. 2025 Calendar of Events**

- The Council reviewed the 2025 Calendar of Events. The virtual Senior Lobby Day conference is tomorrow. There is no fee this year, so Council members can come and go as needed. Senior Lobby Days take place in the spring and fall. These events provide information from across the state and cover a wide range of topics concerning older adults.

#### **c. Recruitment and Orientation**

- There are currently three vacancies on the Council. Theresa was appointed earlier this month. There are two open seats for District 1 and one at-large seat. Stacey would like to schedule orientation meetings once more members are on board, ideally within the next 1-2 months, possibly one in the spring and one in the fall. Current members are welcome to attend. However, if it's preferred, Stacey can schedule a meeting sooner. Steve will send out a social media message to help with recruitment.

## **ADJOURNMENT**

The meeting was adjourned at 12:54 p.m.

---

Steve McMurdo, Chair



Dear Senator Robinson, Representative Ormsby, and Legislative and Budget Leaders,

We the undersigned 73 organizations urge you to provide \$35.4 million to sustain the current caseload of hungry older adults who rely on the senior nutrition program to provide life-saving hot meals and human connection.

In 2023, Area Agency on Aging nutrition programs served over 3.2 million meals for 49,000 older adults and people with disabilities. Nutrition programs are a crucial part of the safety net for low-income older adults. We now have waiting lists for group meals and home-delivered meals in many areas.

Poverty among Washingtonians age 65+ is at its highest rate in at least 10 years: nearly 1 in 10 older adults now live in poverty. The [USDA's recently released food insecurity data for 2023](#) shows 9.3% of households with a person over age 65 were food insecure. Older adults are the most likely to qualify for only the minimum SNAP benefit: just *\$23 per month to buy groceries*.

Our state budget has not expanded *ongoing* funding for these critical, targeted meals programs in years – even though more older adults are living in poverty.

- **Meal programs promote health for older adults and people with disabilities.** Healthy, regular meals prevent hospitalization, delay residential care, and protect against frailty and damaging falls.
- **Group meal programs combat loneliness**, an epidemic among older adults. Loneliness and isolation have far-reaching impacts, with health consequences as bad as smoking 15 cigarettes a day. *Too many clients say their hot meal is their only social contact of the week.*
- **Meal programs help older adults prevent food insecurity and manage related illnesses:** older adults who are food insecure are 65% more likely to be diabetic, and also more likely to have congestive heart failure, high blood pressure, asthma, and obesity.
- **Meal programs sustain and connect older adults with community safety nets.** Senior centers serve as hubs, with volunteers to deliver meals and other services, like haircuts or foot care. AAA nutrition funding enhances clients' independence and dignity. *If older adults are in trouble, meal providers connect them to essential social services to avert a crisis.*

We urge you to provide \$35.4 million in your budget to sustain current levels of senior nutrition services.

AARP	Aging & Long-Term Care of Eastern Washington	Area Agency on Aging & Disabilities of Southwest Washington
Aging & Adult Care of Central Washington	Alzheimer's Association	
Aging & Disability Services of Seattle/King County	Anti-Hunger & Nutrition Coalition	Auburn Senior Activity Center

Bellingham Senior Activity Center	Kitsap County Area Agency on Aging Advisory Council	Pierce County Aging & Disability Resources
Blaine Senior Center	Klickitat County Senior Services	Planning and Management Council for Aging & Long-Term Care of Eastern Washington
Camano Senior Services Association	Lake Stevens Senior Center	Rural Resources Community Action
Catholic Community Services Senior Nutrition Program, Pierce County	Lewis Mason Thurston Area Agency on Aging	SE WA Aging and Long-Term Care
City of Issaquah Senior Center	Lifelong: Health For All	Sea Mar
City of Kirkland	Lopez Island Senior Center	Seattle-King County Advisory Council for Aging and Disability Services
City of Selah	Lower Columbia CAP	Second Harvest Inland Northwest
City of Union Gap	Mayor's Council on African American Elders	Skamania County Senior Services
Confederated Tribes of the Chehalis Reservation	Meals on Wheels People	Snohomish County Council on Aging
Confederated Tribes of the Colville Reservation	Mid-County Community Center	Snohomish County Human Services/Aging and Disability Services
Faith Action Network	Monroe Community Senior Center	Snohomish Senior Center/Snohomish Seniors
Food Lifeline	Mullis Community Senior Center	Sound Generations
Graham-Kapowsin Community Council's Senior Center	Northshore Senior Center	Stilly Valley Senior Center, Arlington
Greater Spokane County Meals on Wheels	Northwest Harvest	The Council on Aging & Human Services
Jewish Community Relations Council of the Jewish Federation of Greater Seattle	Northwest Regional Council	The Northwest Regional Council Senior Services Board (NWSSB)
Kings Manor Senior Living	Olympic Area Agency on Aging	
Kirkland Senior Council	Orting Senior Center Organization	
Kitsap County Aging & Long-Term Care	People For People	
	Pierce County Aging & Disability Advisory Board	

The Whitman County  
Food Coalition

Thurston County Food  
Bank

Tieton Senior Center

University District Food  
Bank

Upper Kittitas County  
Senior Center

Walla Walla Senior  
Center

Washington Association  
of Area Agencies on  
Aging (W4A)

Washington Association  
of Senior Nutrition  
Programs (WASNP)

Washington Food  
Coalition

Washington State  
Association of Senior  
Centers

Washington State  
Council on Aging

Washington State Senior  
Citizens Lobby

Whatcom Council on  
Aging



## Aging Advisory Council Community Outreach Tracking Form

**Month:** \_\_\_\_\_

**Name:** \_\_\_\_\_

### Summary of Activities

Date of Activity	Describe Activity: <ul style="list-style-type: none"> <li>AC Meeting</li> <li>Community outreach or event (name)</li> <li>Social Media/Email</li> <li>Material Dissemination</li> <li>Advocacy Alert Action</li> <li>Other: Describe</li> </ul>	Topic: (optional) <ul style="list-style-type: none"> <li>General Aging Info (programs, services or events)</li> <li>General Caregiver Info (programs, services or events)</li> <li>Memory Loss</li> <li>Other: Describe</li> </ul>	Total Duration of Time (include prep & travel)	Approx. number of individuals reached (per activity), as applicable

**Notes:**

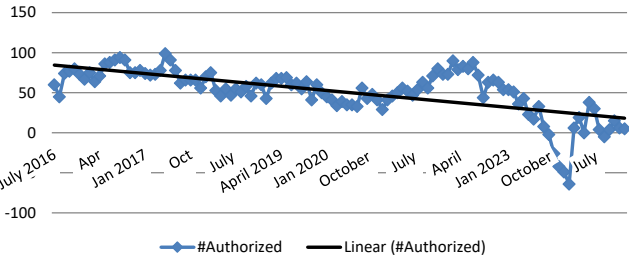
Please complete and return to Aging by the 5<sup>th</sup> of each month -mail or attach to an email.

Mail: 614 Division St., MS-5  
Port Orchard, WA 98366

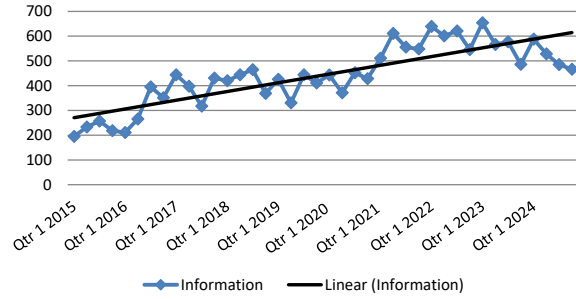
Email: Cristiana at [cfillion@kitsap.gov](mailto:cfillion@kitsap.gov)

## Aging & Long Term Care Advisory Council Dashboard- March 2025

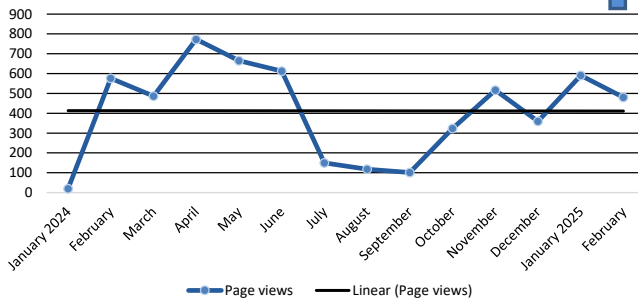
**\* Medicaid Opportunity Gap**  
**#Projected minus #Authorized**



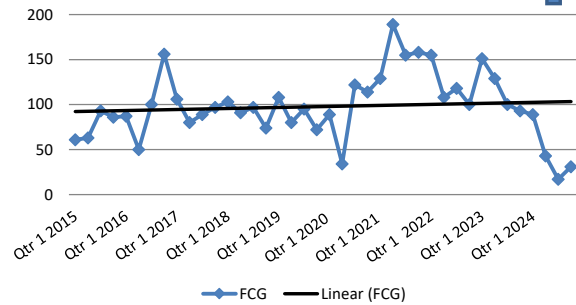
**Senior Information & Assistance**



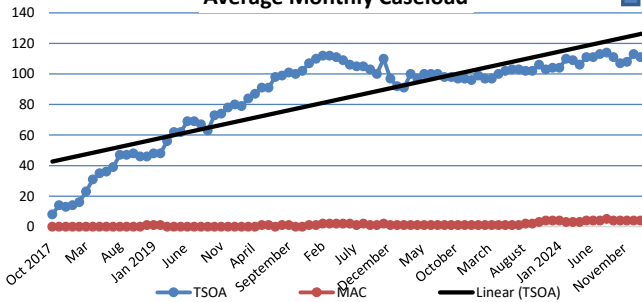
**Website Visits Per Month**



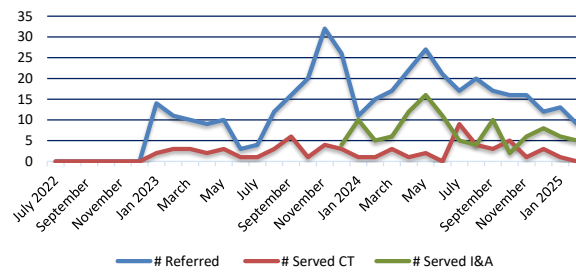
**Family Caregiver Program Contacts**



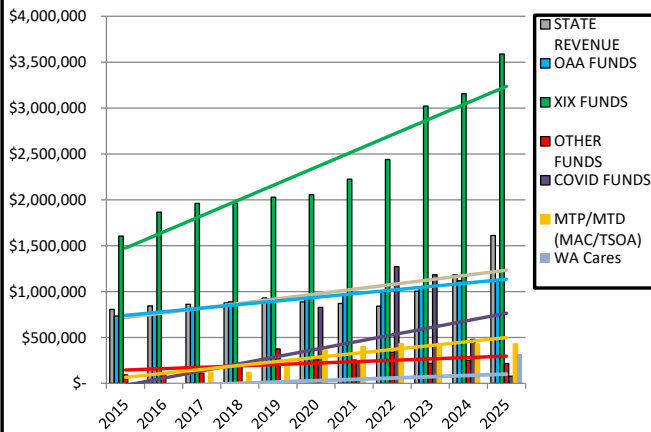
**MAC & TSOA Program**  
**Average Monthly Caseload**



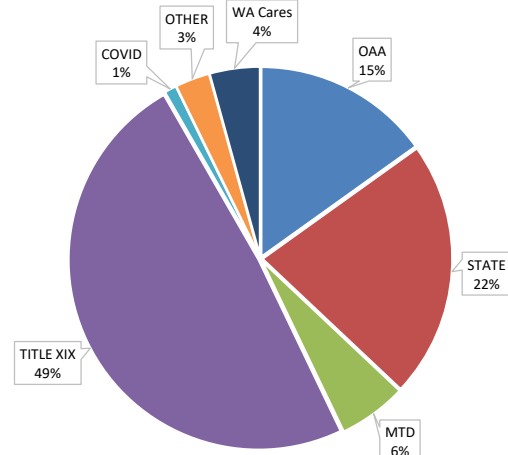
**Hospital Care Transitions**  
**Older Adults**



**TOTAL REVENUE 2015-2025**



**AGING & LTC REVENUE - 2025**



\* 1,146 caseload max

**Community Outreach Activities:**

March 3: Givens Senior Center (Eric & Davin)

March 13: Brownsville United Methodist, 2:00-3:00pm (Jason & Eric)

March 15: Silverdale Library Senior Resource Fair, 10:00am- Noon (Jason & Dan)

March 27: Kitsap Alliance of Property Owners, 6:00-7:00pm (Jason & Stacey)

March 30: Bainbridge Island Senior Resource Fair, 1:00-4:00pm (Jason & Dana)

## 2025 Advisory Council Meetings & Activities

January 13	WA Legislature Begins (ends April 27, 2025)
January 15	* Advisory Council from 11:30am- 1:30pm
January 21	* w4a Legislative Training Webinar (Noon-1:00pm)
January 29	* Advisory Council Legislative Planning meeting (10:00-11:00am)
February 4-7:	* w4a Advocacy Days (appointments with elected officials)
February 19 (Wed)	* Advisory Council from 11:30am- 1:30pm
February 20:	* Virtual Spring Senior Lobby event
March 19 (Wed)	* Advisory Council from 11:30am- 1:30pm Topic: PW Accessibility Taskforce, Christy DeGeus
April 16 (Wed)	* Advisory Council from 11:30am- 1:30pm
May 21 (Wed)	* Advisory Council from 11:30am- 1:30pm
May Workshops TBD	<u>May Older Adults Virtual Workshops</u>
June 18 (Wed)	* Advisory Council from 11:30am- 1:30pm
July 16 (Wed)	Optional Picnic
August 20 (Wed)	* Advisory Council from 11:30am- 1:30pm
September 17 (Wed)	* Advisory Council from 11:30am- 1:30pm Tentative Topic: PSRC Transportation, Coordinated Mobility Plan Jean Kim
October 15 (Wed)	<del>* Advisory Council from 11:30am- 1:30pm</del> CANCELLED 2024 AAA & State Council on Aging (SCOA) Conference
October 17 TBD	2024 Fall Senior Lobby Conference
November TBD	Kitsap Caregiver Fall Caregiver Workshops
November 19 (Wed)	* Advisory Council from 11:30am-1:30pm
December 17 (Wed)	* Advisory Council from 11:30am- 1:30pm

\*Indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5747

## Advisory Council Meeting

**Date:** April 16, 2025

**Time:** 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

**Virtual Meeting Link:** Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

**Meeting ID:** 814 6322 1480

**Passcode:** 98366

**Phone Dial-in:** 1 (253) 215-8782

**Meeting ID:** 360 337 5624

**Password:** 98366

---

### A G E N D A

- 11:30am    1. Call To Order
2. Introduction of Council members and public members- expectations for public input  
                    (please reference bottom of agenda for protocol during hybrid meetings)
3. Public Comments.
4. Meeting Agenda- Approval
5. March Meeting Notes (Attachment 1) - Approval
- 12:00pm    6. Legislative Activities – State & Federal (Town Hall events)
- a. WA state legislative budget - deadlines
- b. Federal impacts
- CR passed March 14<sup>th</sup>, included \$800B Medicaid reduction
- Reduced field offices: ACL, SSA, IRS
- 12:30pm    7. Council Member Report of Activities - Outreach form (Attachment 2)
- a. 1/10<sup>th</sup> Citizens Advisory Council- Charmaine Scott
- b. Kitsap Accessibilities & Public Works Transitions Plan- Ranae Beeker
- c. Council Member Report of Community Outreach
- 1:10pm    8. Aging Services:
- 2025 Dashboard (Attachment 3)
- May Older Americans Month activities (Attachment 4)
- 1:20pm    9. 2024 Advisory Council Business
- a. Council recruitment status
- b. 2025 Calendar of Events (Attachment 5) – discuss meeting in May/June
- 1:30pm    ADJOURN

#### **Instructions for members of the public during a hybrid meeting:**

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair, or designee, will call upon the attendee to speak at the designated time.

Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to Stacey Smith at [sasmith@kitsap.gov](mailto:sasmith@kitsap.gov)



# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

## **March 19, 2025 Aging Advisory Council Meeting Minutes**

### **Zoom**

#### **1. Convened at 11:32 a.m.**

**Members Present:** Steve McMurdo, Laney Calhoon, Theresa Lambert, Charmaine Scott, Linette Zimmerman, Ranae Beeker, Elizabeth Safsten.

**Members Excused:** Karol Stevens.

**Members Unexcused:** None.

**Guests Present:** Christy DeGeus (Public Works ADA Plan Program manager), Dr. Paul Nuchims.

**Staff Present:** Stacey Smith, Cristiana Fillion.

#### **2. Public Address:**

- Steve read the rules of public comment. The Council and guests made introductions. Dr. Nuchims shared his concept of an inter-generational residential home that residents would manage the community themselves, giving them the freedom to come and go as they like. The concept involves parents bringing their children to the community to engage in play and learning activities with the older adults. This would create a happy environment where older adults remain active contributors to society by helping children and parents with childcare

#### **3. Approval of Agenda:** The meeting agenda was reviewed.

- Ranae made a motion to approve the agenda, Charmaine seconded, and the agenda was approved.

#### **4. Approval of Minutes:**

- Laney made a motion to approve the February meeting minutes. The motion was seconded by Theresa. The minutes were approved.

#### **5. KC Public Works ADA Transition Plan, Christy DeGeus** provided an overview of the Plan.

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

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- The Americans with Disabilities Act (ADA) was originally enacted in 1990 and in 2010 the Standards and the Public Right of Way Accessibility Guidelines were created. The Guidelines took effect in 2023 and require employers with 50,000 or more employees to develop transition plans to address non-compliance and develop plans to remove barriers.
- The plan focuses on addressing barriers with public right-of-way, particularly near streets and transportation facilities as mandated by ADA Title II. This initiative is dedicated exclusively to enhancing pedestrian accessibility.
- A self-evaluation process was conducted. A scoring matrix was then developed to prioritize projects by assessing the degree of non-compliance and the proximity to major landmarks. The evaluation included push-button signals, curb ramps, and sidewalks. It also reviewed general hazards, including driveways, tripping hazards, and obstacles like trees and telephone poles, with the standard that sidewalks must have a minimum width of 4 feet.
- Estimated barrier removal costs exceed \$99 million, while current funding is approximately \$270,000. Other sources of funds include the County maintenance program, 6-Year TIP County Wide ADA and Non-Motorized Improvements, the Traffic Signal Division, and private property owners responsible for obstructions
- In development of the plan, public input was gathered through an online survey, an open house, and a reporting tool, with responses from 154 participants. The ADA Transition Plan Advisory Committee was formed which created the scoring matrix, and various community groups were involved.
- Elizabeth asked whether the plan covers all of Kitsap County or only unincorporated areas. Christy clarified it only covers unincorporated areas. When asked whether she had collaborated with Kitsap Transit to ensure pedestrian accessibility at park-and-ride locations, Christy explained that their involvement is at street level where connections to the public right-of-way occur, rather than on-site.
- Steve asked about potential lighting improvements for individuals with vision impairments. Christy noted that lighting does not fall under the public right-of-way

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requirements and is not mandated by the ADA. Stacey then inquired about next steps, asking whether the plan had been approved. Christy explained that it was presented to the Board of County Commissioners in March as a final draft and will be submitted in April, making the project eligible for continued funding.

- Christy will send the updated presentation slide show to Stacey to distribute to the Council following the meeting.

### **6. Legislative Activities – State & Federal**

- Stacy shared a Seattle Times op-ed highlighting the increasing hunger among our neighbors and emphasizing that Washington lawmakers need to do better in addressing food insecurity. The piece underscores the need to support all populations experiencing food insecurity. Stacey explained that the State's House and Senate will release their budgets on the March 23, the legislative session will end on April 21, and the new provisions will take effect on July 1. A special session may be considered due to the volume of work. ALTC's federally funded program are guaranteed through current contracts until September 30, while Congress determines the implementation details.
- Ranae mentioned the upcoming Washington Legislative districts town hall at Olympic College and Stacey noted that other town halls are also scheduled: 23rd District representatives will meet on March 22 on Bainbridge Island and later that same day at Olympic College, and the 35th District representatives will hold a telephone town hall on March 25.

### **7. Council Member Report of Activities**

- 1/10<sup>th</sup> Community Advisory Committee- Charmaine Scott
  - Charmaine explained that the 1/10th Community Advisory Committee has been scheduling appointments for and conducting site visits.
- Kitsap Accessibilities and Public Works Transitions Plan- Ranae Beeker
  - Ranae explained that there are no notable developments to report.
- Council Member Report of Community Outreach

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- Theresa contacted Meals on Wheels Kitsap and will participate in a ride along next Tuesday as a ride-along.
- Ranae stated that there will be another walk at Harper Park in April and another Bikes for All event in September.
- Linette has been responding to advocacy alerts and sharing them with members of multiple soroptimist clubs.
- Laney explained that Senior Center committee is now the Silverdale Community Center Foundation and has a board of directors. They are currently recruiting for additional board members who will be open to fundraising.
- Last Thursday, Steve co-presented presented to the Suquamish Community Advisory Council with Jason Doty, Senior Information & Assistance Supervisor, and Chief William from the Suquamish Police Department. Twenty-two people attended including Rebecca Pirtle, Kitsap County Volunteer Coordinator, and Commissioner Christine Rolfes.

### **8. Aging Services**

- The Council reviewed the March dashboard report and community outreach activities.
- Staff recruitments – Stacey explained that next week ALTC will be fully staffed.

### **9. 2024 Advisory Council Business**

#### **a. Council Recruitment Status**

- Steve stated that Rebecca Pirtle sent out an electronic notification to advertise open recruitment for multiple councils.

#### **b. Orientation for New Members**

- Stacey explained the tentative plan to meet prior to the April Advisory Council meeting.

#### **c. 2025 Calendar of Events was briefly reviewed**

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

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### **ADJOURNMENT**

The meeting was adjourned at 1:15 p.m.

---

Steve McMurdo, Chair

## Aging Advisory Council Community Outreach Tracking Form

**Month:** \_\_\_\_\_

**Name:** \_\_\_\_\_

### Summary of Activities

Date of Activity	Describe Activity: <ul style="list-style-type: none"> <li>AC Meeting</li> <li>Community outreach or event (name)</li> <li>Social Media/Email</li> <li>Material Dissemination</li> <li>Advocacy Alert Action</li> <li>Other: Describe</li> </ul>	Topic: (optional) <ul style="list-style-type: none"> <li>General Aging Info (programs, services or events)</li> <li>General Caregiver Info (programs, services or events)</li> <li>Memory Loss</li> <li>Other: Describe</li> </ul>	Total Duration of Time (include prep & travel)	Approx. number of individuals reached (per activity), as applicable

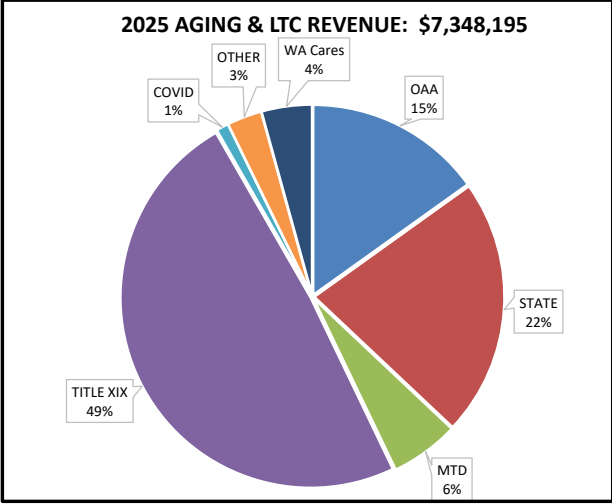
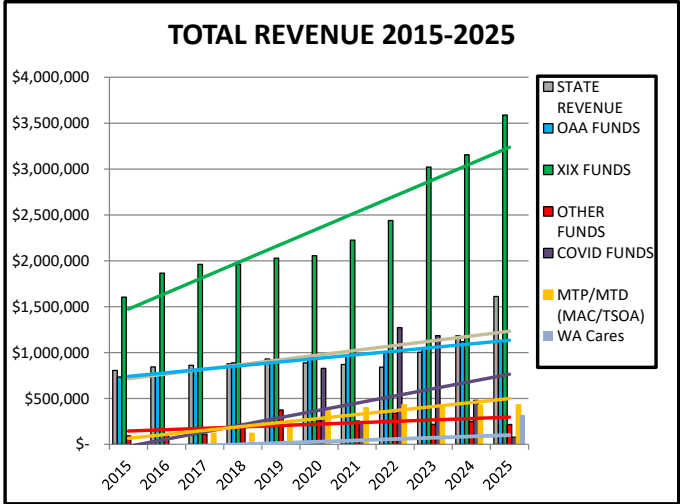
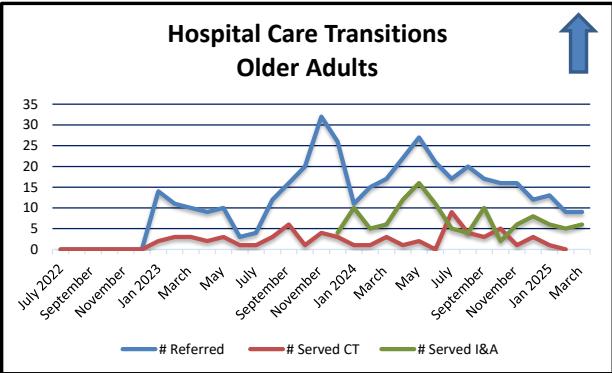
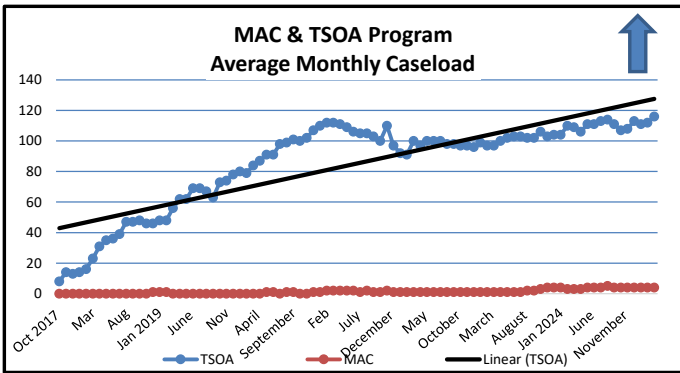
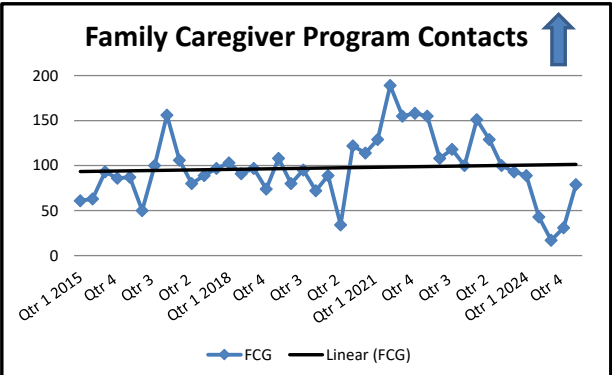
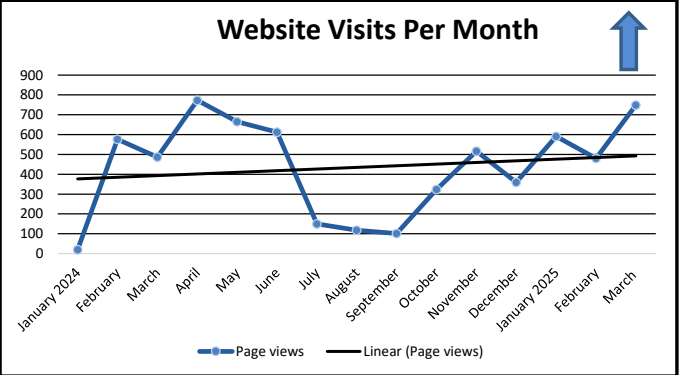
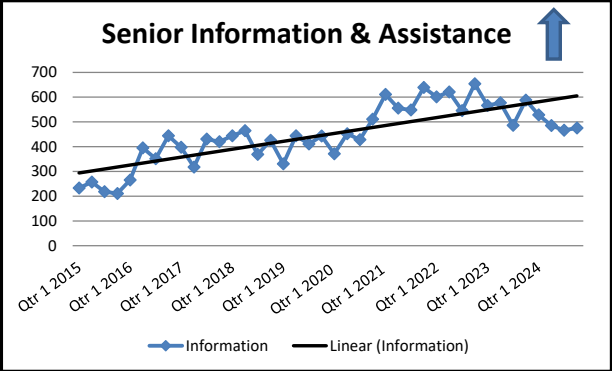
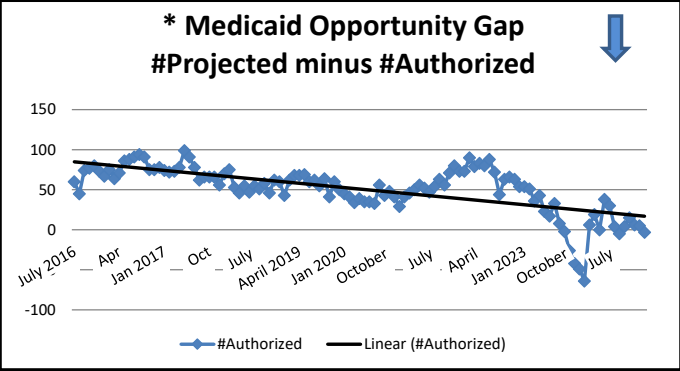
**Notes:**

Please complete and return to Aging by the 5<sup>th</sup> of each month -mail or attach to an email.

Mail: 614 Division St., MS-5  
Port Orchard, WA 98366

Email: Cristiana at [cfillion@kitsap.gov](mailto:cfillion@kitsap.gov)

Aging & Long Term Care Advisory Council Dashboard- April 2025



\* 1,146 caseload max

**Community Outreach Activities:**

April 23: DDA Resource Fair, 2:00-4:00pm (Jason & Russ)

April 26: Veterans Stand Down, 10:00am- 2:00pm (Jason & Russ)

May 6: RESCHEDULED Manette History Club, 1:00-2:00pm (Jason & Russ)

May 6: Manchester Community Advisory Council Open House , 6:00-8:00pm (Stacey & Jason)

May 8: Kingston Library (OAM), 2:00-3:00pm

May 28:Medicare 101 Overview (OAM) Silverdale Library, 11:00am- Noon

June 5: Silverdale Senior Center, 1:00-2:00pm (Stacey & Jason)





## May is Older Americans Month

The 2025 theme, *Flip the Script on Aging*, focuses on transforming how society perceives, talks about, and approaches aging. It encourages individuals and communities to challenge stereotypes and dispel misconceptions. This year, join us in honoring older adults' contributions, exploring the many opportunities for staying active and engaged as we age, and highlighting the opportunities for purpose, exploration, and connection that come with aging.

In recognition of this month, **Kitsap County Aging and Long-Term Care** is offering free virtual and in-person events to older persons, family, caregivers, and supports.

### What does Kitsap Aging Information and Assistance offer me?

May 8<sup>th</sup> 2:00 – 3:00pm

**In-Person Location:** Kitsap Regional Library (Meeting Room) – 26159 Dulay Rd NE, Kingston, WA 98346

**Presenters:** Jason Doty and Dan Parsons with Kitsap County Aging and Long-Term Care

**This presentation will cover a range of services and supports intended to help older adults, adults with disabilities, and caregivers in Kitsap County**

### Fact or Myth: Falls are Part of Normal Aging

May 14<sup>th</sup> 2:00 – 3:00pm

**In-Person Location:** Kitsap Regional Library, 3650 NW Anderson Hill Rd, Ste 101, Silverdale, WA 98383

**Presenter:** Jennifer Calvin Myers with Kitsap County Aging and Long-Term Care

**Join us for a review of lifestyle options that flip the script on stereotypes about aging and support your brain health!**

### What does Kitsap Aging Information and Assistance offer me?

May 16<sup>th</sup> 10:00 – 11:00 AM

**Virtual – Zoom, Registration Link:** <https://us06web.zoom.us/meeting/register/WNRnNbTbROeyzGtC70rCjg>

**Presenters:** Jason Doty and Claire Mackie with Kitsap County Aging and Long-Term Care

**This presentation will cover a range of services and supports intended to help older adults, adults with disabilities, and caregivers in Kitsap County**

### Where to Turn: The Right Program for the Right Time

May 21<sup>st</sup> 2:00 – 3:00pm

**In-Person Location:** Kitsap Regional Library – 87 Sidney Ave, Port Orchard, WA 98366

**Presenter:** Carrie Mulcahy with Kitsap County Aging and Long-Term Care

**Join us for an overview of available programs for caregivers and individuals who are looking for options outside of traditional Medicaid programs**

### Medicare Basics

May 29<sup>th</sup> 2:00 – 3:00pm

**In-Person Location:** Kitsap Regional Library – 87 Sidney Ave, Port Orchard, WA 98366

**Presented by:** Davin Reyes with Kitsap County Aging and Long-Term Care

**This presentation will provide insight into how basic Medicare programs work**

Visit [www.agingkitsap.com](http://www.agingkitsap.com) for event information and video library

For questions, call 360-337-5700, 1-800-562-6418 or Email: [SeniorInfo@Kitsap.gov](mailto:SeniorInfo@Kitsap.gov)



# 2025 Advisory Council Meetings & Activities

January 13	WA Legislature Begins (ends April 27, 2025)
January 15	* Advisory Council from 11:30am- 1:30pm
January 21	* w4a Legislative Training Webinar (Noon-1:00pm)
January 29	* Advisory Council Legislative Planning meeting (10:00-11:00am)
February 4-7:	* w4a Advocacy Days (appointments with elected officials)
February 19 (Wed)	* Advisory Council from 11:30am- 1:30pm
February 20:	* Virtual Spring Senior Lobby event
March 19 (Wed)	* Advisory Council from 11:30am- 1:30pm Topic: PW Accessibility Taskforce, Christy DeGeus
April 16 (Wed)	* Advisory Council from 11:30am- 1:30pm
May 21 (Wed)	* Advisory Council from 11:30am- 1:30pm
May Workshops TBD	<b><u>May Older Adults Virtual Workshops</u></b> <ul style="list-style-type: none"> <li>• May 8<sup>th</sup> Kitsap Aging Services presentation, Kingston Library</li> <li>• May 14<sup>th</sup> Fall Prevention presentation, Silverdale Library</li> <li>• May 16<sup>th</sup> Kitsap Aging Services presentation, zoom</li> <li>• May 21<sup>st</sup> Kitsap Aging Caregiver Programs Overview, Port Orchard Library</li> <li>• May 29<sup>th</sup> Medicare Basics, Port Orchard Library</li> </ul>
June 18 (Wed)	* Advisory Council from 11:30am- 1:30pm
July 16 (Wed)	Optional Picnic
August 20 (Wed)	* Advisory Council from 11:30am- 1:30pm
September 17 (Wed)	* Advisory Council from 11:30am- 1:30pm Tentative Topic: PSRC Transportation, Coordinated Mobility Plan Jean Kim
October 15 (Wed)	<del>* Advisory Council from 11:30am- 1:30pm</del> <b>CANCELLED</b> <b>2024 AAA &amp; State Council on Aging (SCOA) Conference</b>
October 17 TBD	<b>2024 Fall Senior Lobby Conference</b>
November TBD	<b>Kitsap Caregiver Fall Caregiver Workshops</b>
November 19 (Wed)	* Advisory Council from 11:30am-1:30pm
December 17 (Wed)	* Advisory Council from 11:30am- 1:30pm

\*Indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5747

## Advisory Council Meeting

**Date:** June 18, 2025

**Time:** 11:30am- 1:30pm (11:15am for pre-meeting technical assistance)

**Virtual Meeting Link:** Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

**Meeting ID:** 814 6322 1480

**Passcode:** 98366

**Phone Dial-in:** 1 (253) 215-8782

**Meeting ID:** 360 337 5624

**Password:** 98366

---

### A G E N D A

11:30am 1. Call To Order

2. Introduction of Council members and public members- expectations for public input  
(please reference page 2 of agenda for protocol during hybrid meetings)

3. Public Comments.

4. Meeting Agenda- Approval

5. April Meeting Notes, Attachment 1- Approval

12:00pm 6. Legislative Activities

a. WA state legislative budget, Attachment 2

b. Federal impacts:

- CR passed March 14th, (\$800B Medicaid & SNAP reductions). Passed the House and currently in the Senate for consideration
- FFY 2026- President's Budget (maintains OAA 2025 funding levels), Attachment 3
- USAgings reported: Administration for Community Living (ACL) closure and re-assignment to Administration for Children & Families (ACF)

12:30pm 7. Council Workplan Goal: Combating Social Isolation- discussion

12:45pm 8. Council Member Report of Activities - Outreach form, Attachment 4

a. 1/10<sup>th</sup> Community Advisory Committee- Charmaine Scott

b. Kitsap Accessibilities & Public Works Transitions Plan- Ranae Beeker

c. Member Report of Community Outreach

1:10pm 9. Aging Services:

- 2025 Dashboard, Attachment 5- 1<sup>st</sup> quarter call volume topics
- Plans for FY 2026: Fill vacancies, expand Nurse capacity for Medicaid program, expand WA CARES staff, allocate senior nutrition funds, launch Health-Related Social Needs programs (new)

1:20pm 10. 2024 Advisory Council Business: 2025 Calendar of Events (Attachment 6)

a. Council recruitment status- OAA membership and resignation

b. July 16<sup>th</sup> picnic: 10:30am- 12:30pm; Karol's home in Keyport

1:30pm ADJOURN

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### **Instructions for members of the public during a hybrid meeting:**

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair, or designee, will call upon the attendee to speak at the designated time.

Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to Stacey Smith at [sasmith@kitsap.gov](mailto:sasmith@kitsap.gov)

# Kitsap County Division of Aging & Long Term Care Advisory Council

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Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

## **April 16, 2025 Aging Advisory Council Meeting Minutes**

### **Zoom**

#### **1. Convened at 11:31 a.m.**

**Members Present:** Steve McMurdo, Laney Calhoun, Theresa Lambert, Ranae Beeker, Elizabeth Safsten, Linette Zimmerman.

**Members Excused:** Karol Stevens, Charmaine Scott.

**Members Unexcused:** None.

**Guests Present:** None.

**Staff Present:** Stacey Smith, Cristiana Fillion.

#### **2. Public Address:** None.

#### **3. Approval of Agenda:** The meeting agenda was reviewed.

- Theresa made a motion to approve the agenda, Laney seconded, and the agenda was approved.

#### **4. Approval of Minutes:**

- Laney made a motion to approve the March meeting minutes. The motion was seconded by Elizabeth. The minutes were approved.

#### **5. Legislative Activities – State & Federal**

- Steve attended a townhall in Seattle hosted by Representative Pramila Jayapal, where he voiced concerns about Governor Ferguson's proposed furloughs. Stacey explained that the caseload forecast released this month was worse than expected, and the upcoming June report may be even more concerning. A short session may be held to make adjustments, and further budget cuts could be necessary next year.
- Both the House and Senate included funding for nutrition programs in their budgets, allocating \$27.9 million over two years. Once the funds are released in

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July, ALTC will coordinate with food bank partners. Stacey anticipates receiving approximately \$450,000 annually.

- The House and Senate budgets take different approaches to furloughs. The Senate's budget mimics the governor's plan of one furlough day per month. The House budget does not include furloughs, instead it aims to roll compensation back to 2020–2022 levels, eliminating caseload funding gains over the last few years and reducing Care Transitions staffing by 0.5 FTE.
- Other expected impacts include cuts to the health-home program, paused or discontinued committees, and broader program reductions. The June revenue forecast may show a need for tax increases, and if the budget isn't finalized next week, an extended session is likely.
- At the federal level, the March 14 continuing resolution cut \$880 billion from Medicaid and \$245 billion from SNAP. DSHS is receiving daily updates from the executive branch and coordinating with the Washington State Attorney General's office. The state is focused on maintaining operations until final budget decisions are made.
- Washington is merging the Aging and Long-Term Support Administration and Developmental Disabilities Administration. Federal reductions have also decreased the Administration for Community Living regional offices from ten to five, and the IRS saw nearly 30% of its workforce resign voluntarily.
- The Senior Farmers Market Nutrition Program applications will be released next week, and applications will be accepted beginning in May.

### 6. Council Member Report of Activities

- The Council reviewed the new outreach form. No additional revisions. Form is final.
- a. 1/10<sup>th</sup> Community Advisory Committee- Charmaine Scott
  - Charmaine was not in attendance.
- b. Kitsap Accessibilities and Public Works Transitions Plan- Ranae Beeker
  - Ranae reported no new updates on the ADA Transition Plan. The Accessible Communities Advisory Committee is organizing an accessible walk at Harper

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Park on April 26; Ranae will share the flyer. The "Bikes for All" event is still scheduled for September 10, and details for the Clear Creek trail ride will be shared when finalized.

### c. Council Member Report of Community Outreach

- Ranae attended multiple town halls and the Manette Bridge rally on April 5, where she came across Representative Emily Randall. She also attended events with Representatives Greg Nance and Terra Simmons, and Senator Drew Hansen. She also volunteered to schedule meetings with the offices of Senators Patty Murray and Maria Cantwell, as well as Representative Adam Smith. During a discussion with Cantwell's staff, she expressed concerns about Medicaid cuts, emphasizing their impact on vital services. She later sent an email to Senator Murray's team and received a response the next day. Ranae will be traveling to Washington, D.C. in June with the United Spinal Association.
- Theresa has been volunteering for Meals on Wheels Kitsap, completing routes in Bremerton, Silverdale, and Seabeck, with plans to do another this Thursday. She also participated in the Night to Shine prom for individuals with special needs. She hopes to volunteer weekly or biweekly and is trying the Bremerton route next week and hopes to build connections and support the community.
- Laney leads the Silverdale Senior Center committee researching how to expand programs, funding and a permanent location. They've been discussing the construction of a new building for the senior center and are currently trying to identify potential renters once the building is complete.
- Steve attended the Hands Off! rally in Seattle on April 5<sup>th</sup>.
- Linette expressed appreciation for the congressional contact emails and shared that she will be speaking with 250 Soroptimists next week, where she will have the opportunity to discuss the Area Agency on Aging in home long-term care services.

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### **7. Aging Services**

- The Council reviewed the April dashboard report.
- Stacey explained that ALTC had an all-staff meeting. She explained how federal and state funding decisions do not impact the daily operations of Kitsap Aging; but may result in revisions to program capacity.
- ALTC has one open recruitment for a Medicaid case manager and may bring on a part time nurse case manager. ALTC is also looking to hire two more staff members in July, subject to new revenue contract funding.
- May is Older Americans month. Jason Doty, Information & Assistance Supervisor, is working on a workshop distribution plan. The national theme this year is “flip the script on aging.” There will be several workshops including a virtual and in-person overview of ALTC services, “Fact or Myth: Falls are Part of Normal Aging,” “Where to Turn: The Right Program for the Right Time,” and “Medicare Basics.”

### **8. 2024 Advisory Council Business**

- a. Council Recruitment Status
  - There have been no new Council member applications.
- b. 2025 Calendar of Events was reviewed
  - The Council agreed to cancel the May meeting. Stacey stated that with all the legislative happenings, June’s meeting may be a busy one.

### **ADJOURNMENT**

The meeting was adjourned at 1:06 p.m.

---

Steve McMurdo, Chair





# Post 2025 Legislative Session Connect

Good afternoon! Thanks for being here. We'll get started  
at 3:02 pm

# Agenda

- **Introductions and Remarks from Assistant Secretary Bea Rector**
- **Successes of the 2025 Legislative Session**
  - Bills of interest
  - Group Discussion
- **Challenges of the 2025 Legislative Session**
  - Budget
  - Federal reconciliation update
  - Bills of interest
  - Group Discussion
- **Open discussion**
  - What work are you/your organization hoping to see this interim?



# Introductions --- Welcome to HCLA!

***Housekeeping note:*** This is a Zoom Webinar. If you have a question, drop it in the chat or use the 'raise hand' function. Laura will read questions out or allow folks to unmute throughout the presentation.

# Success from 2025 Legislative Session

Bill Number	Title	Key Points
HB 1142 (ARL)	Standardizing basic training and certification requirements for long-term care workers who provide in-home care for their family members, including spouses or domestic partners	Regardless of administrative employer: <ul style="list-style-type: none"><li>• In-home caregivers caring only for family members in 35 BT category, no certification required</li><li>• Beginning July 1, 2026, all spouses in 21 BT category, no certification required</li></ul>
HB 1490 (ARL)	Concerning Fingerprint Background Checks	<ul style="list-style-type: none"><li>• Changes background check statute to better align with FBI expectations</li><li>• Adds Transitional Care Facility</li></ul>
SB 5079 (ARL)	Addressing the burden of unintentional overpayments on older adults and adults with disabilities served by DSHS	<ul style="list-style-type: none"><li>• Allows the department to waive overpayments to clients when the overpayment is the department's fault</li></ul>

# Success from 2025 Legislative Session

Bill Number	Title	Key Points
SB 5691	Adopting the department of social and health services report recommendations addressing a regulatory oversight plan for continuing care retirement communities	<ul style="list-style-type: none"><li>• Broader application of Consumer Protection Act in CCRC RCW</li><li>• Expecting additional work in the interim with Rep. Macri and Sen Cleveland</li></ul>
SB 5337	Creating a Certification for Memory Care Services	<ul style="list-style-type: none"><li>• Creates new certification for ALFs operating restricted egress facilities or advertising as “memory care” facilities</li><li>• Rule writing in progress, interested party meetings between July and September 2025</li></ul>
SB 5291	Implementing the recommendations of the long-term services and supports trust commission.	<ul style="list-style-type: none"><li>• Creates supplemental private long-term care insurance market</li><li>• Allows pilot to test WA Cares systems beginning January 2026</li></ul>

# Success from 2025 Legislative Session

Bill Number	Title	Key Points
SB 5253 (OSPI ARL)	Extending Special Education Services to Student with Disabilities until the end of the school year in which the student turns 22	<ul style="list-style-type: none"><li>• Extends public edu. services till the year student turns 22</li><li>• Cost savings for HCLA (DDA)</li></ul>
SB 5394 (OFM ARL)	<i>Reducing the developmental disabilities administration's no-paid services caseload services</i>	<ul style="list-style-type: none"><li>• Limits case management services for those on no paid services caseload</li></ul>
N/A -- Budget	Office of Civil Legal Aide legal assistance to Medicaid residents in LTSS facilities	<ul style="list-style-type: none"><li>• Allows Medicaid LTSS clients to access legal assistance for discharge/transfer related issues</li><li>• CR-102 filed May 8. Public hearing is June 24 at 10 a.m.</li></ul>



# Group Discussion

# Challenges from 2025 Legislative Session -- Budget

The Good	The Not as Good
Overall budgets increased. 24% for section 204 (ALTSA), 13.5% for section 203 (DDA)	Increases to licensing fees for most licensure types (reimbursement for portions of licensing fees attributed to Medicaid beds)
Rate increases: <ul style="list-style-type: none"><li>• Adult Family Homes</li><li>• Individual Providers</li><li>• Home Care Aides</li><li>• DD Residential Rates</li></ul>	Meaningful Day Program eliminated
\$27 million GF-S over biennium for Senior Nutrition Services	Significant reductions to DSHS staff– HCLA will need to eliminate approx. 220 positions (number includes some that are currently vacant)
Funding to support transitions from Rainer School to community settings	



# Challenges from 2025 Legislative Session -- Bills

Bill Number	Title	Key Points
HB 1130	Concerning utilization of developmental disabilities waivers.	<ul style="list-style-type: none"><li>• Creates statutory requirements for prioritization of waiver services, different than what is currently in WAC</li><li>• Requires public reporting of certain data related to waiver utilization</li></ul>
SB 5393	<p>Closure of Rainer School</p> <p><i>**Note: Klamath Cottage's one time funding from 2023-25 was not renewed, will cease operations July 1, 2025</i></p>	<ul style="list-style-type: none"><li>• As of June 30, 2027, no new admissions to Rainer School</li><li>• Limited readmissions for clients who had transitioned from the school to the community and want to come back</li><li>• Full closure when census reaches zero</li></ul>

# Challenges- Federal Uncertainty

- House passed reconciliation bill, H.R. 1, *One Big Beautiful Bill Act* yesterday.
  - Significant cuts to many social programs, including Medicaid
- Reconciliation process allows for bills to pass the Senate by simple majority
- If H.R. 1 passes, State will need to figure out what to do with gaps in funding it creates



# **Group Discussion**

# Open Discussion

Lessons learned during this session? Good things? Bad things?

What are you hoping to see worked on this interim?

What are you/your organization working on ahead of 2026?

*Use raise hand function, and Laura will allow you to unmute in the order that hands pop up*

# Wrap up



# Thank you!



# FY 2022-2025 Labor/HHS Appropriations

As of May 30, 2025 (Dollars in thousands)

Increases over prior year final funding are noted in **BOLD**. Decreases are noted in *italics*. For the FY 2026 President's budget, asterisks denote where the budget rounded numbers up or down—this shouldn't result in any actual losses or gains.

Older Americans Act and Other Key Aging Programs	FY 2022 Enacted Mar. 2022	FY 2023 Enacted Dec. 2022	FY 2024 Enacted 3.23.24	FY 2025 House Comm. 7.9.24	FY 2025 Senate Comm. 8.1.24	FY 2025 Continuing Resolution Enacted 3.14.25	FY 2026 President's Budget 5.30.25
<b>Title III</b>							
B: Supportive Services & Centers	<b>398,574</b>	<b>410,000</b>	410,000	<b>415,000</b>	410,000	410,000	410,000
C1: Congregate Meals	515,342	<b>540,342</b>	<b>565,342</b>	<i>543,342</i>	565,342	565,342	\$1,100* combined
C2: Home-Delivered Meals	<b>291,342</b>	<b>366,342</b>	<b>381,342</b>	<i>366,342</i>	381,342	381,342	\$1,100* combined
NSIP	160,069	160,069	<i>112,000</i>	<b>132,000</b>	112,000	112,000	\$1,100* combined
D: Preventive Health	24,848	<b>26,339</b>	26,339	26,339	26,339	26,339	26,000*
E: Family Caregivers Support	<b>193,936</b>	<b>205,000</b>	<b>207,000</b>	<b>210,000</b>	<b>209,000</b>	<b>207,000</b>	207,000
<b>Title V</b> SCSEP (DOL)	405,000	405,000	405,000	0	405,000	405,000	0
<b>Title VI</b>							
A: Grants to Indians	<b>36,264</b>	<b>38,264</b>	38,264	<b>42,264</b>	38,264	38,264	38,000*
C: Native American Caregivers	<b>11,306</b>	<b>12,000</b>	12,000	<b>16,000</b>	12,000	12,000	12,000
<b>Title VII</b>							
Ombudsman/Elder Abuse	<b>24,658</b>	<b>26,658</b>	26,658	26,658	26,658	26,658	27,000*
Elder Rights Support + APS	<b>18,874</b>	<b>33,874</b>	33,874	<i>18,874</i> [no APS]	33,874	33,874	34,000*
<b>Title II</b>							
Aging Network Support Activities	<b>18,461</b>	<b>30,461</b>	30,461	<i>21,796</i>	30,461	30,461	30,000*
ADRCs	8,119	8,619	8,619	8,619	8,619	8,619	9,000*
Program Admin.	<b>42,063</b>	<b>47,063</b>	<b>48,063</b>	<b>49,063</b>	48,063	48,063	Unclear
RDE Center		<b>5,000</b>	5,000	5,000	Unclear	5,000	Unclear
<b>Other AoA/ACL Programs</b>							
State Health Insurance Asst. Program	<b>53,115</b>	<b>55,242</b>	55,242	55,242	55,242	55,242	55,000*
Community Care Corps	4,000	<b>5,500</b>	TBD	0	Unclear	Unclear	Unclear
CDSMP	8,000	8,000	8,000	8,000	8,000	8,000	0
Alzheimer's Disease Program Initiative	<b>29,500</b>		<b>31,500</b>	31,500	31,500	31,500	<i>17,000*</i>
Elder Falls Prevention	5,000	<b>7,500</b>	7,500	7,500	7,500	7,500	<i>3,000*</i>
Lifespan Respite Care	<b>8,110</b>	<b>10,000</b>	10,000	10,000	<b>11,500</b>	10,000	10,000
Senior Medicare Patrol			35,000	35,000	35,000	35,000	35,000
<b>Other HHS</b>							
Social Services Block Grant	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000
Community Services Block Grant	<b>755,000</b>	<b>804,383</b>	804,383	<i>780,000</i>	<i>770,000</i>	804,383	0
LIHEAP: Low-Income Home Energy Assist.	<b>3,800,304</b>	<b>4,000,000</b>	<b>4,025,000</b>	<b>4,040,000</b>	<b>4,125,000</b>	4,025,000	0
<b>CNCS:</b> AmeriCorps Seniors	<b>230,768</b>	<b>236,917</b>	TBD	Likely level funded	236,917	Unclear	0

## Aging Advisory Council Community Outreach Tracking Form

**Month:** \_\_\_\_\_

**Name:** \_\_\_\_\_

### Summary of Activities

Date of Activity	Describe Activity: <ul style="list-style-type: none"> <li>AC Meeting</li> <li>Community outreach or event (name)</li> <li>Social Media/Email</li> <li>Material Dissemination</li> <li>Advocacy Alert Action</li> <li>Other: Describe</li> </ul>	Topic: (optional) <ul style="list-style-type: none"> <li>General Aging Info (programs, services or events)</li> <li>General Caregiver Info (programs, services or events)</li> <li>Memory Loss</li> <li>Other: Describe</li> </ul>	Total Duration of Time (include prep & travel)	Approx. number of individuals reached (per activity), as applicable

**Notes:**

Please complete and return to Aging by the 5<sup>th</sup> of each month -mail or attach to an email.

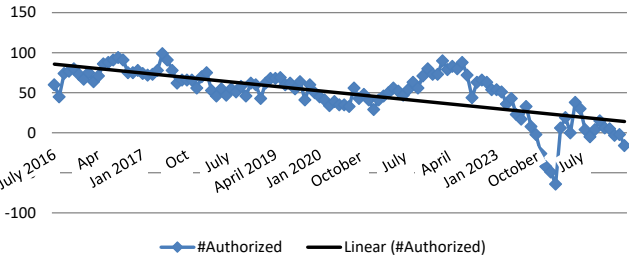
Mail: 614 Division St., MS-5  
Port Orchard, WA 98366

Email: Cristiana at [cfillion@kitsap.gov](mailto:cfillion@kitsap.gov)

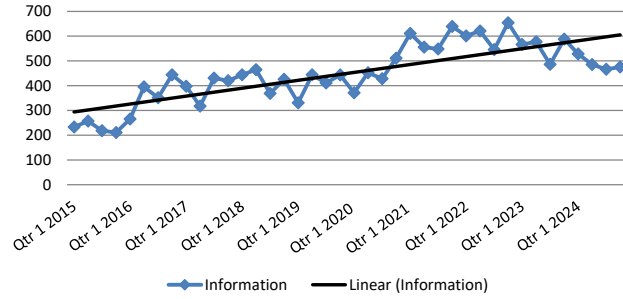


## Aging & Long Term Care Advisory Council Dashboard- June 2025

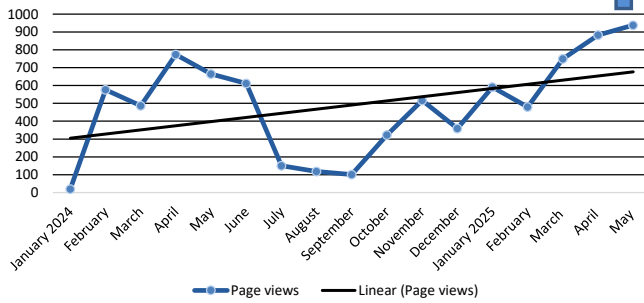
### \* Medicaid Opportunity Gap #Projected minus #Authorized



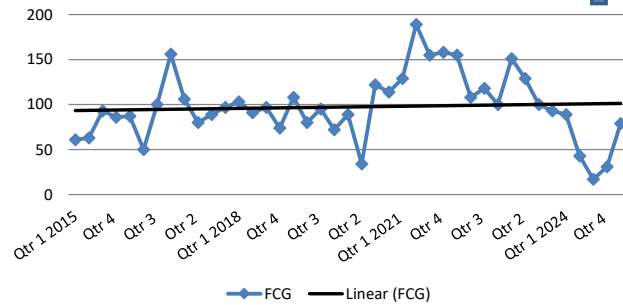
### Senior Information & Assistance



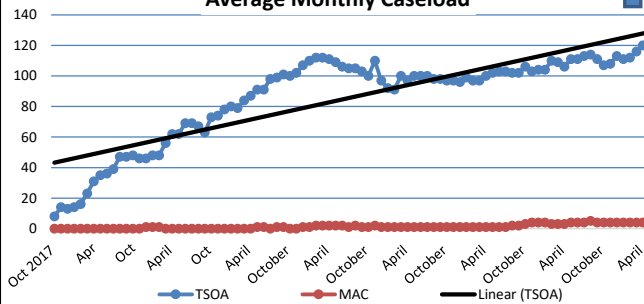
### Website Visits Per Month



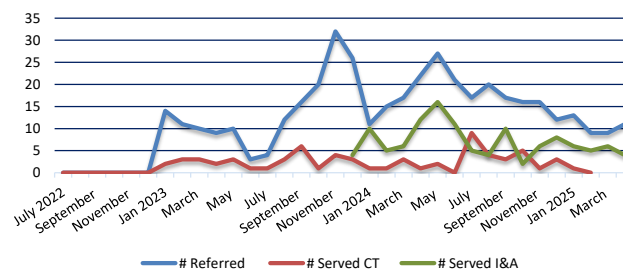
### Family Caregiver Program Contacts



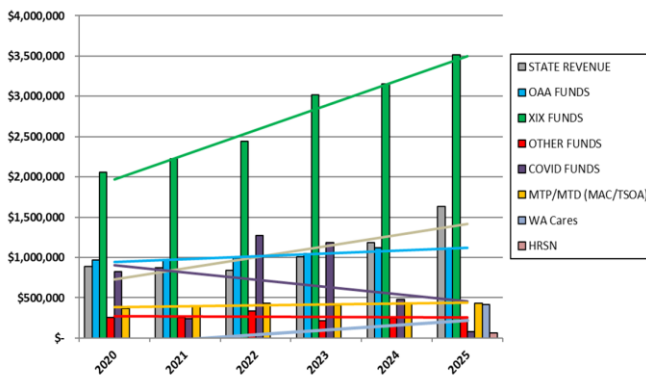
### MAC & TSOA Program Average Monthly Caseload



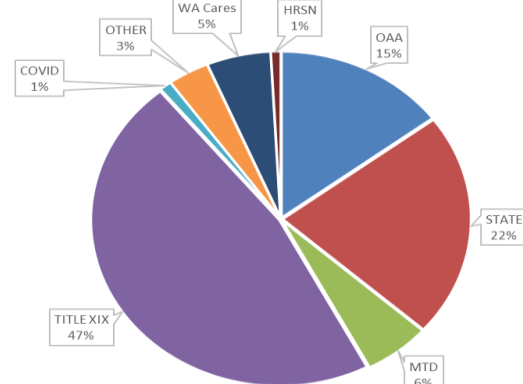
### Hospital Care Transitions Older Adults



### TOTAL REVENUE: \$7,511,466



### AGING & LTC REVENUE: 2025



\* 1,146 caseload max

**Community Outreach Activities:**

June 5: Silverdale Senior Center, 1:00-2:00pm (Jason)  
June 25: Bainbridge Island Caregiver Volunteers (Jason)  
July 16: Presentation at Kitsap DDA Advisory Council  
meeting (Jason) September 13: Suicide Awareness Walk

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May Workshops TBD	<u>May Older Adults Virtual Workshops</u> <ul style="list-style-type: none"> <li>• May 8<sup>th</sup>- Kitsap Aging Services presentation, Kingston Library</li> <li>• May 14<sup>th</sup> Fall Prevention presentation, Silverdale Library</li> <li>• May 16<sup>th</sup> Kitsap Aging Services presentation, zoom</li> <li>• May 21<sup>st</sup> Kitsap Aging Caregiver Programs Overview, Port Orchard Library</li> <li>• May 29<sup>th</sup>- Medicare Basics, Port Orchard Library</li> </ul>
June 18 (Wed)	* Advisory Council from 11:30am- 1:30pm
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August 20 (Wed)	* Advisory Council from 11:30am- 1:30pm
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October 15 (Wed)	<del>* Advisory Council from 11:30am- 1:30pm</del> CANCELLED 2024 AAA & State Council on Aging (SCOA) Conference
October 17 TBD	2024 Fall Senior Lobby Conference
November TBD	Kitsap Caregiver Fall Caregiver Workshops
November 19 (Wed)	* Advisory Council from 11:30am-1:30pm
December 17 (Wed)	* Advisory Council from 11:30am- 1:30pm

\*Indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5747

## Advisory Council Meeting

**Date:** August 20, 2025

**Time:** 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

**Virtual Meeting Link:** Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

**Meeting ID:** 360 337 5624      **Passcode:** 98366

**Phone Dial-in:** 1 (253) 215-8782      **Meeting ID:** 360 337 5624      **Password:** 98366

### A G E N D A

- 11:30am    1. Call To Order
2. Introduction of Council members and public members- expectations for public input  
   (please reference page 2 of agenda for protocol during hybrid meetings)
3. Public Comments
4. Meeting Agenda- Approval
5. June Meeting Notes (Attachment 1) - Approval
- 12:00pm    6. Legislative Activities
- a. Federal impacts:
- OBBBA "H.R.1" executed July 4<sup>th</sup>
  - FFY 2026- President's Budget (maintains OAA 2025 funding levels)
- b. King County (ADS) Advisory Council meeting- USAging presentation
- 12:30pm    7. Council Workplan Goal: Combatting Social Isolation- discussion (Attachment 2)
- a. Council recruitment status- OAA membership sectors (Attachment 3)
- 12:45pm    8. Council Member Report of Activities - Outreach form (Attachment 4)
- a. 1/10<sup>th</sup> Citizens Advisory Council- Charmaine Scott
- b. Kitsap Accessibilities & Public Works Transitions Plan- Ranae Beeker
- c. Member Report of Community Outreach
- 1:10pm    8. Aging Services:
- 2025 Dashboard (Attachment 5)
  - Plans for FY 2026: Staff vacancies, expand Nurse capacity for Medicaid program, expand WA CARES staff, allocate senior nutrition funds, launch Health-Related Social Needs programs (new)
  - YMCA Enhanced®Fitness Flyer (Attachment 6)
- 1:20pm    9. 2024 Advisory Council Business: 2025 Calendar of Events (Attachment 7)
- 1:30pm    ADJOURN

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

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Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to Stacey Smith at [sasmith@kitsap.gov](mailto:sasmith@kitsap.gov)

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

## June 18, 2025 Aging Advisory Council Meeting Minutes

### Zoom

#### 1. Convened at 11:31 a.m.

**Members Present:** Steve McMurdo, Laney Calhoun, Theresa Lambert, Ranae Beeker, Charmaine Scott.

**Members Excused:** Karol Stevens, Elizabeth Safsten.

**Members Unexcused:** Linette Zimmerman.

**Guests Present:** James Geiger, Martha Ward.

**Staff Present:** Stacey Smith, Cristiana Fillion.

2. **Public Comments:** James Geiger is a resident of Port Orchard who is retired. He began attending Board of County Commissioner sessions to learn how the county operates. He became interested in the Aging Advisory Council after seeing a presentation by Stacey during a Board of County Commissioners presentation.

3. **Approval of Agenda:** The meeting agenda was reviewed.

- Laney made a motion to approve the agenda, Theresa seconded, and the agenda was approved.

4. **Approval of Minutes:**

- Ranae made a motion to approve the April meeting minutes. The motion was seconded by Theresa. The minutes were approved.

#### 5. **Legislative Activities**

a. WA state legislative budget

- The Council reviewed the w4a "Post 2025 Legislative Session Connect" webinar slide show and discussed the successes and challenges of the legislative session.

b. Federal impacts

- H.R. 1 was passed over Memorial Day and is now under Senate review for approvals and changes. If revised, it will return to the House for a vote, then

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go back to the Senate, and finally to the administration. A major concern is that H.R. 1 proposes significant cuts to Medicaid and SNAP over the next 10 years.

At the federal level, the Administration for Community Living (ACL) has reduced its regional offices from ten to five. Following the consolidation, Region 10 was slated for closure and the liaison will officially depart in June. Last week, Stacey heard that the ACL will continue but downsize. Stacey gave an overview of the FY 2022-2025 Labor/HHS Appropriations.

### **6. Council Workplan Goal: Combating Social Isolation**

- Stacey asked if the group would like to defer discussion of the work of the Social Isolation Subcommittee until another meeting. The Council agreed.

### **7. Council Member Report of Activities**

- a. 1/10<sup>th</sup> Community Advisory Committee- Charmaine Scott
  - Charmaine stated that the 1/10<sup>th</sup> Community Advisory Committee has begun the pre-application process. They have begun their review of each of the 48 applications received and will continue through July.
- b. Kitsap Accessibilities and Public Works Transitions Plan- Ranae Beeker
  - Ranae reported no more committee meetings as they triage and work through needs to the best of their ability.
- c. Council Member Report of Community Outreach
  - Steve has continued to respond to action alerts, reaching out to Representative Emily Randall and Senators Maria Cantwell and Patty Murray.
  - Laney outreached to the Enhance®Fitness program at the YMCA. She expressed concerns with information provided about the program and the private information requested.
  - Theresa continues to volunteer with Meals on Wheels Kitsap.

### **8. Aging Services**

- The Council reviewed the June dashboard report. ALTC is implementing a Zoom open house on the fourth Thursday of every month. This is a standing

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virtual presentation for interested community members and organizations to join to learn more about ALTC services and programs. There was low attendance for May Older Americans Month workshops.

- Stacey explained ALTC's plans for FY 2026, beginning July 1, 2025. Currently, there are three case manager vacancies. ALTC plans to begin recruitment for an additional registered nurse in July and for recruiting for additional WA CARES staff in September.

### **9. 2025 Advisory Council Business**

#### **a. Council Recruitment Status**

- Stacey explained that changes to Aging Advisory Council member sector representations requirements have come down from are included in Federal government Older Americans Act, for all AAAs nationwide. Stacey outlined the required sectors. The changes will require work with the Board of County Commissioners to update the Advisory Council's bylaws.

#### **b. July 16<sup>th</sup> Council Picnic**

- The Council Picnic is scheduled for July 16 from 10:30 a.m. to 12:30 p.m.

## **ADJOURNMENT**

The meeting was adjourned at 1:34 p.m.

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Steve McMurdo, Chair





## **KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL** **2025 WORK PLAN**

**Meeting Days, Time and Location:** Third Wednesday of Each Month  
11:30 am – 1:30 pm  
Hybrid virtual (Zoom) meetings

**Advisory Council Staff:** Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant

**Advisory Council Chair:** Steve McMurdo

**Advisory Council Vice Chair:** Laney Calhoon

**Advisory Council Purpose/Mission Statement:** The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being and independence of older adults, people with disabilities, and caregivers.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services, preventing unnecessary or premature facility-based care;
- Removal of individual and social barriers to economic and personal independence;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition, health promotion and disease prevention education and activities;
- Connecting caregivers to individualized support and guidance to help empower them in their caregiving role;
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2025 Goal	Status	Priority Level	Comments/Coordination
<b>TIER 1: HIGH PRIORITY</b>			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community-based organization to link/attend.  Measure: a. Each member will identify 1-2 group/ gaps to concentrate connections, annually b. Promote legislative issues that impact older adults and people with disabilities
2. Continue to strengthen the Advisory Council's relationship with state, national and <i>with emphasis to the local elected officials</i> as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions.  Measure: Advocacy activities are reported during monthly Council meetings, reflected in meeting minutes, and recorded on outreach form.
3. Fill Council vacancies	Ongoing	High	Measure: Fill vacancies
4. Promote strategies to combat social isolation.	Ongoing	High	Measure: Identify strategies for safe social connections for older adults and their caregivers
<b>TIER 2: MODERATE PRIORITY</b>			
<b>TIER 3: LOW PRIORITY</b>			
5. Update Kitsap Aging Outreach form		Low	Revise to make more user friendly for reporting outreach activities.
<b>GOALS ON HOLD</b>			
<b>GOALS COMPLETED OR DELETED</b>			
2024 Review Council Bylaws	Completed		Submitted final revisions November 2024 for BOCC approval

## Aging Council – Members &amp; Sectors

Name	District	OAA Sector
Steve McMurdo	1	Older person, leadership experience, unpaid family caregiver
vacant	1	
vacant	1	
Charmaine Scott	2	Older person, leadership experience
Linette Zimmerman	2	Older person, leadership experience
Elizabeth Safsten	2	
Ranae Beeker	3	Older person, leadership experience, <i>retired healthcare provider (RN)</i> , greatest social need (physical/ mental health)
Laney Calhoun	3	Older person, leadership experience
Theresa Limbert	3	Older person, pharmacist (healthcare)
At-Large: vacant	At-Large	
At-Large: vacant	At-Large	

## Sectors not covered:

- Elected official
- Member of healthcare org, including Veterans healthcare. Ranae and Theresa (retired RN and pharmacist)
- Representatives of a service provider (may include legal assistance, nutrition, evidence-based disease prevention and health promotion, caregiver, ~~long-term care ombudsman~~, and other service providers)
- As available:
  - a. Representatives from Tribe within PSA
  - b. Older relative caregivers (kin and grandparent caregivers of children or adults aged 18 to 59 with a disability)
  - c. Younger disabled adults

## Aging Advisory Council Community Outreach Tracking Form

Month: \_\_\_\_\_

Name: \_\_\_\_\_

### Summary of Activities

Date of Activity	Describe Activity: <ul style="list-style-type: none"> <li>AC Meeting</li> <li>Community outreach or event (name)</li> <li>Social Media/Email</li> <li>Material Dissemination</li> <li>Advocacy Alert Action</li> <li>Other: Describe</li> </ul>	Topic: (optional) <ul style="list-style-type: none"> <li>General Aging Info (programs, services or events)</li> <li>General Caregiver Info (programs, services or events)</li> <li>Memory Loss</li> <li>Other: Describe</li> </ul>	Total Duration of Time (include prep & travel)	Approx. number of individuals reached (per activity), as applicable

**Notes:**

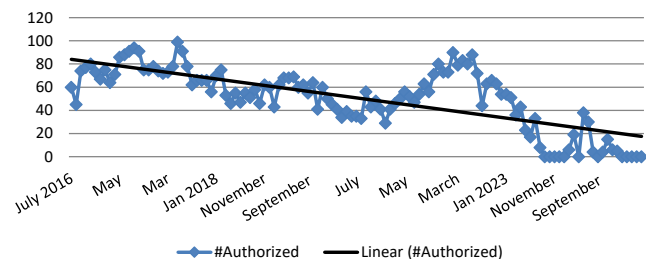
Please complete and return to Aging by the 5<sup>th</sup> of each month -mail or attach to an email.

Mail: 614 Division St., MS-5  
Port Orchard, WA 98366

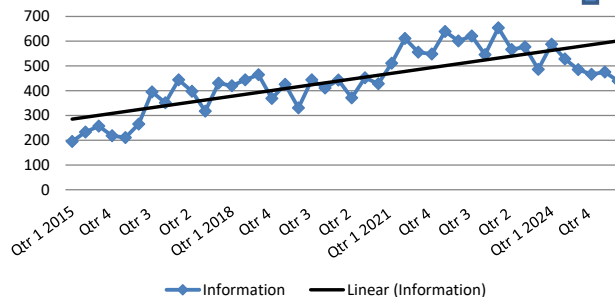
Email: Cristiana at [cfillion@kitsap.gov](mailto:cfillion@kitsap.gov)

## Aging & Long Term Care Advisory Council Dashboard- August 2025

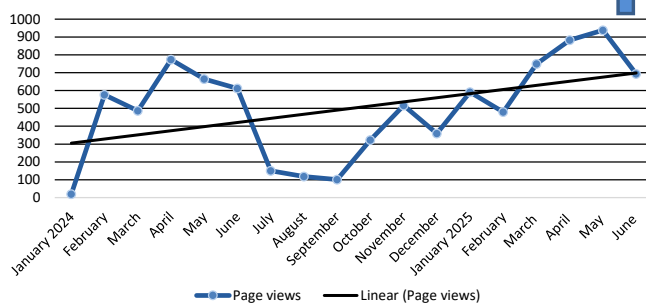
**\* Medicaid Opportunity Gap**  
**#Projected minus #Authorized**



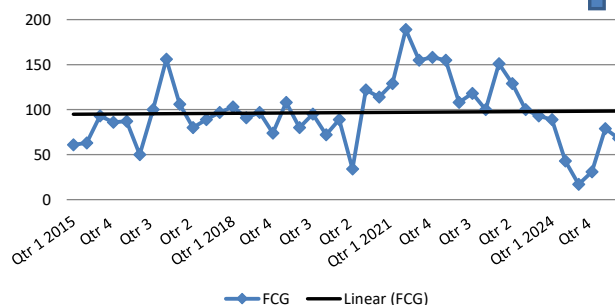
**Senior Information & Assistance**



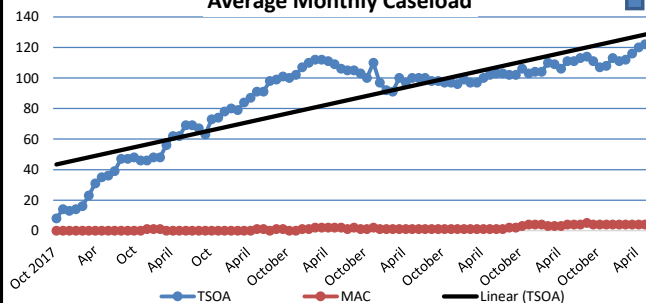
**Website Visits Per Month**



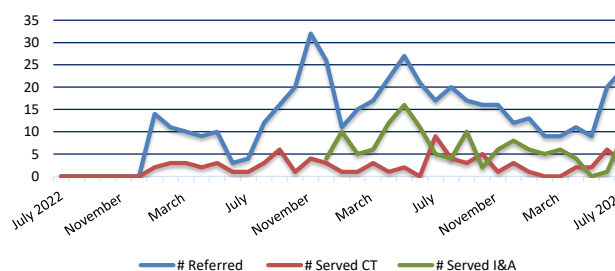
**Family Caregiver Program Contacts**



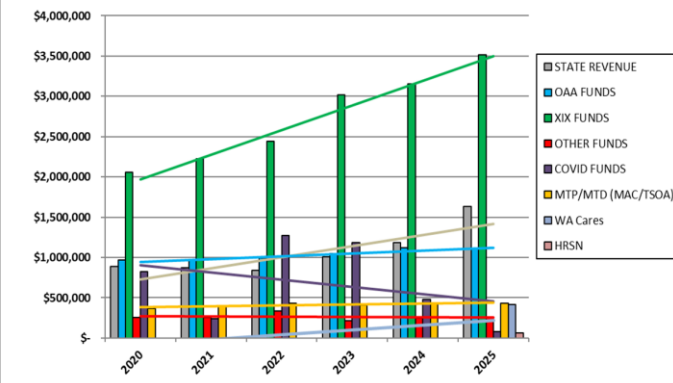
**MAC & TSOA Program**  
**Average Monthly Caseload**



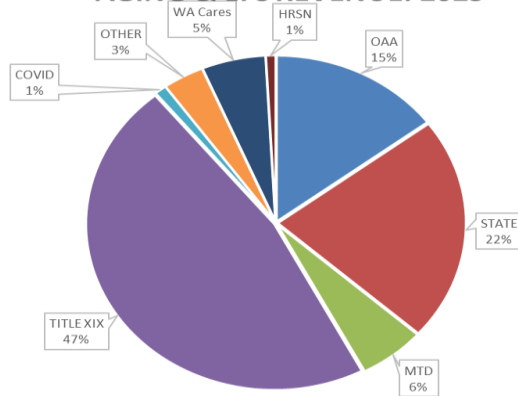
**Hospital Care Transitions**  
**Older Adults**



**TOTAL REVENUE: \$7,511,466**



**AGING & LTC REVENUE: 2025**



\* 1,255 caseload max

**Community Outreach Activities:**

September 13: Suicide Awareness Walk



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **YMCA Enhance®Fitness Program**



**Are you 60 years of age or older and a Kitsap County resident? Are you wanting to become more physically active, increase your stability and connect with other adults? If yes, then through the support of the Kitsap Area Agency on Aging, you can join a 16-week evidence-based Enhance®Fitness program at a YMCA near you at no cost.**

### **Three options to participate:**

**Haselwood Family YMCA: M | W | F 11:30a-12:30p**

**Tom Taylor Family YMCA: M | W | F 12:30p- 1:30p**

**Virtual (ZOOM): M | W | F 11:00a – 12:00p**

**To learn more, please contact the Care Coordination Team at 253-460-8935 or [Reclaimyourhealth@ymcapkc.org](mailto:Reclaimyourhealth@ymcapkc.org) and/or complete our interest form by scanning the QR code on this flyer.**



# 2025 Advisory Council Meetings & Activities

January 13	WA Legislature Begins (ends April 27, 2025)
January 15	* Advisory Council from 11:30am- 1:30pm
January 21	* w4a Legislative Training Webinar (Noon-1:00pm)
January 29	* Advisory Council Legislative Planning meeting (10:00-11:00am)
February 4-7:	* w4a Advocacy Days (appointments with elected officials)
February 19 (Wed)	* Advisory Council from 11:30am- 1:30pm
February 20:	* Virtual Spring Senior Lobby event
March 19 (Wed)	* Advisory Council from 11:30am- 1:30pm Topic: PW Accessibility Taskforce, Christy DeGeus
April 16 (Wed)	* Advisory Council from 11:30am- 1:30pm
May 21 (Wed)	* Advisory Council from 11:30am- 1:30pm
May Workshops TBD	<u>May Older Adults Virtual Workshops</u> <ul style="list-style-type: none"> <li>• May 8<sup>th</sup>- Kitsap Aging Services presentation, Kingston Library</li> <li>• May 14<sup>th</sup> Fall Prevention presentation, Silverdale Library</li> <li>• May 16<sup>th</sup> Kitsap Aging Services presentation, zoom</li> <li>• May 21<sup>st</sup> Kitsap Aging Caregiver Programs Overview, Port Orchard Library</li> <li>• May 29<sup>th</sup>- Medicare Basics, Port Orchard Library</li> </ul>
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\*Indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room



# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5747

## Advisory Council Meeting

**Date:** September 17, 2025

**Time:** 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

**NEW Virtual Meeting Link:** Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09&omn=86039950706>

**Meeting ID:** 360-337-5624

**Passcode:** 98366

**Phone Dial-in:** 1 (253) 215-8782

**Meeting ID:** 360 337 5624

**Password:** 98366

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### A G E N D A

- 11:30am    1. Call To Order
2. Introduction of Council members and public members- expectations for public input  
                  (reference bottom of page for protocols during hybrid meetings)
3. Public Comments
4. Meeting Agenda- Approval
5. August Meeting Notes (Attachment 1) - Approval
- 11:45am    6. PSRC Transportation Planning –Coordinated Mobility Plan (Jean Kim & Erin Hogan)
- 12:30pm    7. Council Member Report of Activities - Outreach form (Attachment 2)
- a. 1/10<sup>th</sup> Citizens Advisory Council- Charmaine Scott
- b. Kitsap Accessibilities & Public Works Transitions Plan- Ranae Beeker
- c. Member Report of Community Outreach
- 1:10pm    8. Aging Services:
- a. 2025 Dashboard (Attachment 3)
- 1:20pm    9. 2025 Advisory Council Business:
- a. 2025 Council Roster (Attachment 4)
- b. 2025 Council Workplan, updated (Attachment 5)
- c. 2025 Calendar of Events (Attachment 6)
- 1:30pm    ADJOURN

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614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

## August 20, 2025 Aging Advisory Council Meeting Minutes

### Zoom

#### 1. Convened at 11:31 a.m.

**Members Present:** Steve McMurdo, Laney Calhoun, Theresa Lambert, Ranae Beeker, Charmaine Scott, Linette Zimmerman.

**Members Excused:** Elizabeth Safsten.

**Members Unexcused:** None

**Guests Present:** James Bray, Linda Navage, Dr. Kenneth Klein.

**Staff Present:** Stacey Smith, Cristiana Fillion.

2. **Public Comments:** Introductions were made. James Bray, legislative Aide to Representative Emily Randall, works as a field representative for Kitsap and Mason Counties. Linda Navage represents Bainbridge Island and was previously a member of this Advisory Council. Dr. Kenneth Klein is also from Bainbridge Island, physician and member of the Bainbridge Medical Reserve Corps.

3. **Approval of Agenda:** The meeting agenda was reviewed.

- Laney made a motion to approve the agenda, Ranae seconded, and the agenda was approved.

#### 4. Approval of Minutes:

- Laney made a motion to approve the April meeting minutes. The motion was seconded by Theresa. The minutes were approved.

#### 5. Legislative Activities

- H.R. 1 (also known as the “OBBBA”) – Stacey explained that she has been monitoring federal impacts on food assistance and Medicaid benefits, including the new Medicaid eligibility requirements. These changes could have provider payment secondary impacts on healthcare providers and may cause them to struggle to maintain business. James shared that Peninsula Community Health

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Services have been trying to mitigate the impacts; Jefferson County Health systems is committed to serving their community; Olympic Medical Center is not planning to close but may have reductions in services. There are similar sentiments at Grays Harbor and Mason General in Shelton. James stated that they're continuing to monitor the situation. James encouraged the Council to provide feedback to legislators and stated that there will be a town hall in Kingston on August 29.

- Steve shared that on the 8th, King County's Area Agency on Aging (AAA) held a meeting and Olivia Ezeuko from USAging presented on federal impacts/updates. The focus was on the reauthorization of the Older Americans Act (OAA), supporting caregivers, Medicaid's Home and Community-Based Services (HCBS), and connecting service sectors.
- Stacey shared a FFY 2026 Federal budget process slide and walked through next steps, noting that while it's not a great year overall, the current outcome is a win compared to earlier versions of the budget. USAging did caution that a federal budget continuing resolution may occur. Ranae asked what it might look like to shift funding from other programs and whether that's legal. James said it's difficult to pin down the legality. It could be challenged, but only the Speaker of the House and Senate Majority Leader can sue the executive branch, and current leadership isn't likely to take that on. Some impacted individuals could file class action suits and are starting to go that route. Stacey reminded the group that the Aging Advisory Council is an apolitical advocacy group, with a focus to advocate for older adults, people with disabilities, and caregivers regardless of the political party.

### 6. Council Workplan Goal: Combating Social Isolation

- Stacey asked the Council what they would like to do with the social isolation workplan goal. The Council agreed to place the goal on hold for the time being. The 2025 Council workplan will be updated with this goal on pause.
- Recruitment status— The council has 11 seats, with four current vacancies. There are two vacant seats in County Commissioner Districts 1 and one vacant

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seat in District 2, along with two at-large vacant positions. Four applications have been reviewed. Historically, the Council structure has been composed of three members per district and two at-large.

However, a new federal rule will require AAAs to choose Council members from different sectors. Stacey shared the list of sectors to be represented. While not yet authorized, the state would like Advisory Councils to begin moving in that direction. The Council brainstormed options. It's unclear if the Board of County Commissioners (BOCC) will consider revising the bylaws or creating a policy statement.

- Stacey informed the Council that Rebecca Pirtle has resigned as the Kitsap County Volunteer Coordinator after 18 years with the county. This may impact the processing of new application Council members.

### **7. Council Member Report of Activities**

#### **a. 1/10<sup>th</sup> Community Advisory Committee- Charmaine Scott**

- Charmaine stated that the 1/10<sup>th</sup> Community Advisory Committee completed their annual recommendations for the BOCC. There was \$12M in asks this year, with only \$7.4M to allocate grant funding. Their Committee spent all of July rating and grading the proposals, which included two days of in-person meetings to make final decisions.

#### **b. Kitsap Accessible Communities Advisory Committee- Ranae Beeker**

- Ranae informed the Council that there will be a Bikes for All event on September 12, hosted by the Outdoors for All Foundation in partnership with the Kitsap Accessible Communities Advisory Committee, Easterseals, and Tessera (formerly Skookum). It will take place at the sheep barn at the Kitsap Fairgrounds. Easterseals will run activities, and there will be both ASL and Spanish interpreters. Ranae will email the flyer to the Council to share with others.

#### **c. Council Member Report of Community Outreach**

- Laney shared Ranae's Bikes for All flyer at her Community Center meeting and has leftovers to distribute. She plans to also post it to her neighborhood

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website. The Silverdale Senior Center group has created a full board and are officially the Silverdale Community Center Foundation. They've identified a potential building. The target date for opening in the new location is July 26, 2026.

- Theresa continues to volunteer with Meals on Wheels Kitsap. She's also volunteered at Fishline in Poulsbo.

### **8. Aging Services**

- The Council reviewed the August dashboard report.
- Kitsap ALTC recently acquired a cubicle at the Silverdale WorkSource Center. ALTC is also hosting a senior lounge at the county fair next week. ALTC is actively recruiting for a Registered Nurse. Additionally, \$450k in senior nutrition funding will be distributed equally among the network nutrition community partners.
- Stacey noted that the YMCA updated their process for applying to the Enhance®Fitness program in response to Laney's feedback

### **9. 2025 Advisory Council Business**

- The Council reviewed the 2025 calendar of events. September's meeting will include a presentation by the Puget Sound Regional Council. The October meeting is cancelled for the w4a/SCOA conference and Fall Senior Lobby.

## **ADJOURNMENT**

The meeting was adjourned at 1:10 p.m.

---

Steve McMurdo, Chair

## Aging Advisory Council Community Outreach Tracking Form

**Month:** \_\_\_\_\_

**Name:** \_\_\_\_\_

### Summary of Activities

Date of Activity	Describe Activity: <ul style="list-style-type: none"> <li>AC Meeting</li> <li>Community outreach or event (name)</li> <li>Social Media/Email</li> <li>Material Dissemination</li> <li>Advocacy Alert Action</li> <li>Other: Describe</li> </ul>	Topic: (optional) <ul style="list-style-type: none"> <li>General Aging Info (programs, services or events)</li> <li>General Caregiver Info (programs, services or events)</li> <li>Memory Loss</li> <li>Other: Describe</li> </ul>	Total Duration of Time (include prep & travel)	Approx. number of individuals reached (per activity), as applicable

**Notes:**

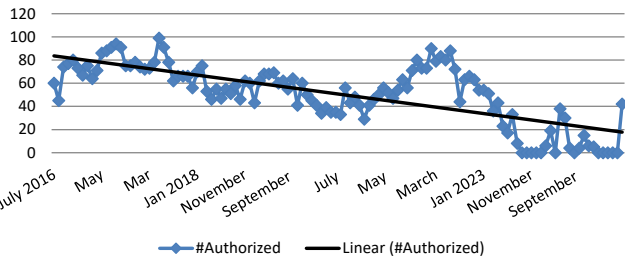
Please complete and return to Aging by the 5<sup>th</sup> of each month -mail or attach to an email.

Mail: 614 Division St., MS-5  
Port Orchard, WA 98366

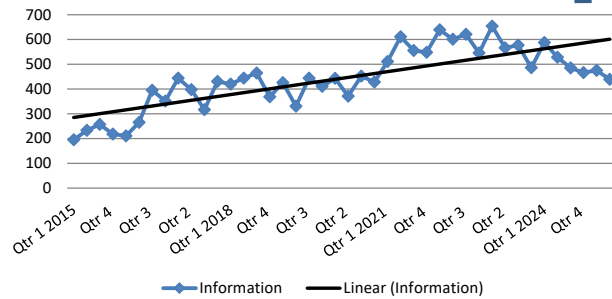
Email: Cristiana at [cfillion@kitsap.gov](mailto:cfillion@kitsap.gov)

## Aging & Long Term Care Advisory Council Dashboard- September 2025

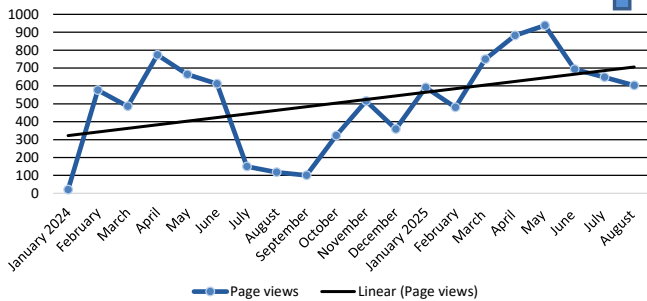
### \* Medicaid Opportunity Gap #Projected minus #Authorized



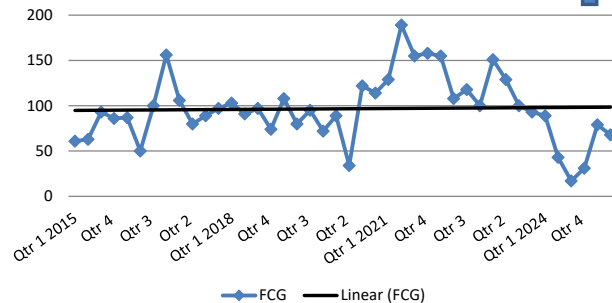
### Senior Information & Assistance



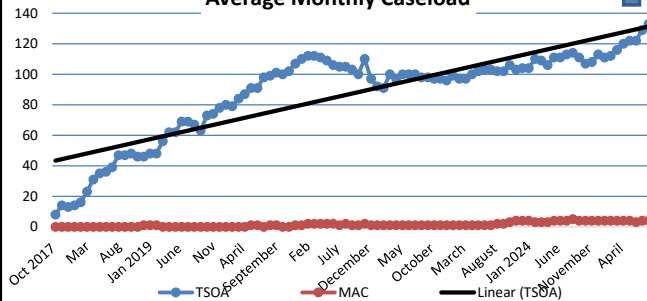
### Website Visits Per Month



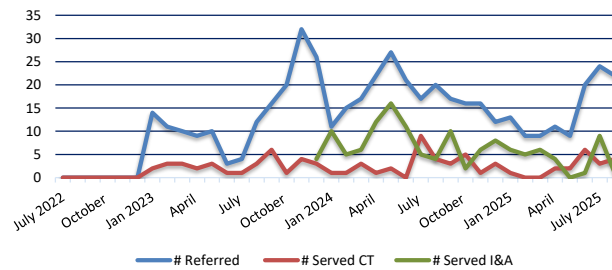
### Family Caregiver Program Contacts



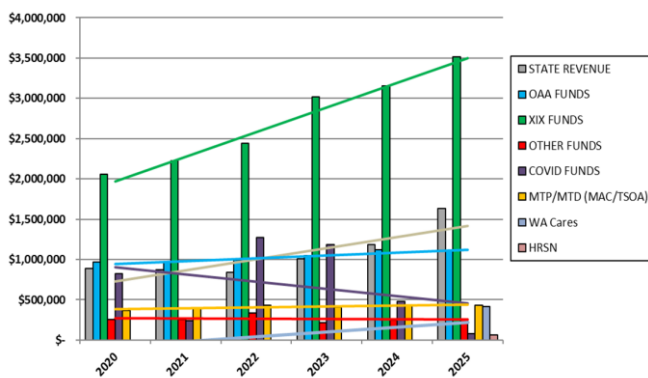
### MAC & TSOA Program Average Monthly Caseload



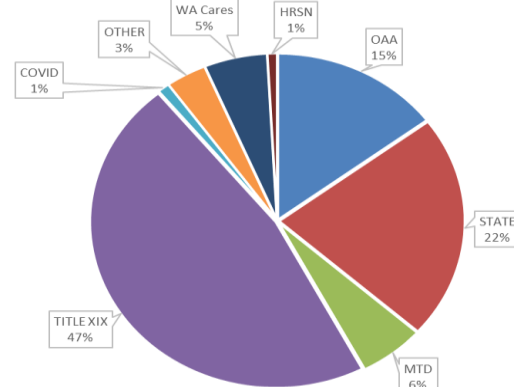
### Hospital Care Transitions Older Adults



### TOTAL REVENUE: \$7,511,466



### AGING & LTC REVENUE: 2025



\* 1,255 caseload max

**Community Outreach Activities:**

September 12: Silverdale Library Resource Fair- Bremerton VFW 10:00am- Noon

September 13: Suicide Awareness Walk

September 25: Monthly Program Overview 2:00-3:00pm Zoom meeting

September 27: Veterans Stand Down Sheridan Community Park, 10:00am- 2:00pm

September 28: BI Oktoberfest BISC Resource Fair 2:00-5:00pm (Dana and Dan)

September 29: Discover Kingston Community Open House 4:00-7:00pm, (Jason and Russ)

October 3: Suquamish Health & Wellness Fair, 9:00am- 1:00pm (Mikko and Jason)



# KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE

## 2025 Advisory Council Roster

Meets the Third Wednesday of each month, 11:30 a.m. – 1:30 p.m.

	MEMBER	DISTRICT	TERM	TERM #
1.	McMurdo, Steve <b>Chair</b>	District 1 LEG 23	01/2025 – 12/2027	3
2.	Klein, Kenneth Dr.	District 1 LEG	09/2025- 12/2027	1
3.	Navage, Linda	District 1 LEG	09/2025- 12/2027	1
4.	<b>Vacant (Karol's Term)</b>	District <b>1 at large</b> LEG 26	<b>01/2024</b> – 12/2026	3
5.	Safsten, Elizabeth	District 2 LEG 26	01/2024 – 12/2026	2
6.	Scott, Charmaine	District 2 LEG 26	01/2025 – 12/2027	3
7.	Zimmerman, Linette	District 2 LEG 26	01/2024 – 12/2026	2
8.	<b>Vacant (Paoletti, Ann)</b>	District 2 <b>at large</b> LEG 26	<b>01/2025</b> - 12/2027	1
9.	Calhoon, Laney <b>Vice-Chair</b>	District 3 LEG 35	07/2024 – 12/2027	1
10.	Beeker, Ranae	District 3 LEG 23	09/2022 – 12/2025	1
11.	Lambert, Theresa	District 3 LEG	02/2025- 12/2027	1

*Nominating committee: Steve McMurdo, Laney Calhoon*

*Executive committee: Steve McMurdo, Laney Calhoon, Charmaine Scott*

Contact person for information: Stacey Smith: [sasmith@kitsap.gov](mailto:sasmith@kitsap.gov)  
Cristiana Fillion: [cfillion@kitsap.gov](mailto:cfillion@kitsap.gov)

County District 1  
(orange)

County District 2  
(blue)

County District 3  
(green)



## **KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL**

### **2025 WORK PLAN- UPDATED 8/20/2025**

**Meeting Days, Time and Location:** Third Wednesday of Each Month  
 11:30 am – 1:30 pm  
 Hybrid virtual (Zoom) meetings

**Advisory Council Staff:** Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant

**Advisory Council Chair:** Steve McMurdo

**Advisory Council Vice Chair:** Laney Calhoon

**Advisory Council Purpose/Mission Statement:** The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being and independence of older adults, people with disabilities, and caregivers.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services, preventing unnecessary or premature facility-based care;
- Removal of individual and social barriers to economic and personal independence;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition, health promotion and disease prevention education and activities;
- Connecting caregivers to individualized support and guidance to help empower them in their caregiving role;
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2025 Goal	Status	Priority Level	Comments/Coordination
<b>TIER 1: HIGH PRIORITY</b>			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community-based organization to link/attend.  Measure: a. Each member will identify 1-2 group/ gaps to concentrate connections, annually b. Promote legislative issues that impact older adults and people with disabilities
2. Continue to strengthen the Advisory Council's relationship with state, national and <i>with emphasis to the local elected officials</i> as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions.  Measure: Advocacy activities are reported during monthly Council meetings, reflected in meeting minutes, and recorded on outreach form.
3. Fill Council vacancies	Ongoing	High	Measure: Fill vacancies
4. Promote strategies to combat social isolation.	<del>Ongoing</del> Paused	High	Measure: Identify strategies for safe social connections for older adults and their caregivers
<b>TIER 2: MODERATE PRIORITY</b>			
<b>TIER 3: LOW PRIORITY</b>			
5. <del>Update Kitsap Aging Outreach form</del>		Low	<del>Revise to make more user friendly for reporting outreach activities.</del>
<b>GOALS ON HOLD</b>			
<b>GOALS COMPLETED OR DELETED</b>			
Updated Kitsap Aging Outreach form	Completed		
2024 Review Council Bylaws	Completed		Submitted final revisions November 2024 for BOCC approval

## 2025 Advisory Council Meetings & Activities

January 13	WA Legislature Begins (ends April 27, 2025)
January 15	* Advisory Council Meeting from 11:30am- 1:30pm
January 21	* w4a Legislative Training Webinar (Noon-1:00pm)
January 29	* Advisory Council Legislative Planning Meeting (10:00-11:00am)
February 4-7:	* w4a Advocacy Days (appointments with elected officials)
February 19 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm
February 20:	* Virtual Spring Senior Lobby event
March 19 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm Topic: PW Accessibility Taskforce, Christy DeGeus
April 16 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm
May 21 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm
May Workshops TBD	<u>May Older Adults Virtual Workshops</u>
June 18 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm
July 16 (Wed)	Optional Picnic
August 20 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm
September 17 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm Topic: PSRC Transportation, Coordinated Mobility Plan Jean Kim & Erin Hogan
October 15 (Wed)	<del>* Advisory Council from 11:30am- 1:30pm</del> CANCELLED 2025 AAA & State Council on Aging (SCOA) Conference
October 16 TBD	2025 Fall Senior Lobby Conference
November TBD	Kitsap Caregiver Fall Caregiver Workshops
November 19 (Wed)	* Advisory Council Meeting from 11:30am-1:30pm
December 17 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm

\*Indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5747

## Advisory Council Meeting

**Date:** December 17, 2025

**Time:** 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

**NEW Virtual Meeting Link:** Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09&omn=81253275008>

**Meeting ID:** 360-337-5624

**Passcode:** 98366

**Phone Dial-in:** 1 (253) 215-8782

**Meeting ID:** 360 337 5624

**Password:** 98366

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### A G E N D A

- 11:30am    1. Call To Order
2. Introduction of Council members and public members- expectations for public input  
                  (reference page 2 for protocols during hybrid meetings)
3. Public Comments
4. Meeting Agenda- Approval
5. September Meeting Notes (Attachment 1) - Approval
- 11:45am    6. Debrief Advocacy Conferences:
- w4a and SCOA Conference
  - Fall Senior Lobby Conference
  - 2026 Legislative Session planning: January 12- March 12, 2026 (Jan. 20-22)
- 12:15pm    7. Council Member Report of Activities - Outreach form (Attachment 2)
- a. 1/10<sup>th</sup> Citizens Advisory Council- Charmaine Scott
  - b. Kitsap Accessibilities & Public Works Transitions Plan- Ranae Beeker
  - c. Member Report of Community Outreach
- 1:00pm     8. Aging Services:
- a. 2025 Dashboard (Attachment 3)
  - b. Area Plan Prep- Importance of OAA, rebranding, services and community input
  - c. 2026 Special Projects
- 1:20pm     9. 2025 Advisory Council Business:
- a. Council Picture: Holiday & Thank You messages
  - b. Council Roster (Attachment 4)
  - c. 2026 Workplan: Revisit Bylaws and membership slots
  - d. 2026 Calendar of Events, Draft – discuss monthly meetings dates and times;  
                  schedule January activities (Attachment 5)
  - e. 2026 Council Officers- Chair, Vice Chari, and Alternant (if needed)
- 1:30pm    ADJOURN

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

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### **Instructions for members of the public during a hybrid meeting:**

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair, or designee, will call upon the attendee to speak at the designated time.

Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to Stacey Smith at [sasmith@kitsap.gov](mailto:sasmith@kitsap.gov)

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

## September 17, 2025 Aging Advisory Council Meeting Minutes

### Zoom

#### 1. Convened at 11:31 a.m.

**Members Present:** Steve McMurdo, Laney Calhoon, Linda Navage, Dr. Kenneth Klein, Theresa Lambert, Ranae Beeker, Charmaine Scott, Linette Zimmerman.

**Members Excused:** Elizabeth Safsten.

**Members Unexcused:** None

**Guests Present:** Karen Anderson, Susan Nolan. Erin Hogan and Jean Kim, Puget Sound Regional Council.

**Staff Present:** Stacey Smith, Cristiana Fillion.

#### 2. Introductions

#### 3. Public Comments: None.

#### 4. Approval of Agenda: The meeting agenda was reviewed.

- Charmaine made a motion to approve the agenda, Ranae seconded, and the agenda was approved.

#### 5. Approval of Minutes:

- Laney noted an error in the August meeting minutes. Her report on activities should state: "Shared the bikes for all flyer with a senior group." Theresa made a motion to approve the August meeting minutes as corrected. The motion was seconded by Charmaine. The minutes were approved.

#### 6. PSRC Transportation Planning –Coordinated Mobility Plan

- Erin Hogan and Jean Kim of the Puget Sound Regional Council (PSRC) gave a presentation on their Regional Transportation Plan (RTP) and Coordinated Mobility Plan (CMP).
- The RTP is a four-year plan that addresses transportation needs and goals in Kitsap, King, Snohomish, and Pierce counties. The CMP focuses on improving

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transportation for people with mobility challenges, including older adults and individuals with disabilities. This includes identifying service gaps, creating an inventory of existing transportation programs, and prioritizing strategies.

- Phase 1 included demographic analysis, inventory survey, and data analysis. They held three Mobility Coalition meetings and ten community meetings. Now in Phase 2, they are focusing on outreach to Advisory groups and community organizations to get opinions on their findings so far and gather more feedback and suggestions.
- Some key needs identified so far are: more frequent and expanded transit services, shorter travel times and easy transfers with better cross-county/agency coordination, improved access to essential locations such as healthcare providers, grocery, and social activities, and more accessible and safer infrastructure including seating, lighting, shelter, and restrooms.
- The Council discussed lack of flexibility with current travel options to healthcare appointments and subsequent need to visit pharmacies, spontaneous travel needs, as well as needs of individuals living in rural areas.
- There will be a public meeting on October 30 at the Marvin Williams Recreation Center in Bremerton. Erin and Jean shared the following link to their engagement page: <https://www.psrc.org/planning-2050/regional-projects/2026-rtp>

### 7. Council Member Report of Activities

- a. 1/10<sup>th</sup> Community Advisory Committee- Charmaine Scott
  - Charmaine stated that the committee presented their grant recommendations to the Board of County Commissioners.
- b. Kitsap Accessible Communities Advisory Committee- Ranae Beeker
  - Ranae informed the Council of the upcoming community events. Stacey will forward information to the Council members.
- c. Council Member Report of Community Outreach
  - Linette advised two individuals looking for help with their senior parents to call Kitsap Aging and Long Term Care's (ALTC) Senior Information & Assistance line.



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- Laney informed the Council that her Silverdale Senior Center Committee has been revised to the new Silverdale Community Center Foundation. She attended interviews for prospective Council members.
- Theresa shared the “Bikes for All” flyer and continues to volunteer at Second Season and Meals on Wheels Kitsap.
- Linda stated that the Aging Mastery Program is currently on hold. She plans to work with the National Council on Aging to get it relaunched. The program includes eight modules covering social isolation, healthy eating, financial fitness, and medication management.
- Ken expressed interest in health issues affecting older adults. Ken shared the case of a senior who frequently calls 911, spends a long time in the emergency room, is admitted, then sent to rehab in a repeating cycle. This has led him to consider ways of improving transportation and coordination between healthcare providers. Stacey will share information on ALTC’s Care Transitions program.

### **8. Aging Services**

- a. The Council reviewed the September Dashboard Report.
- b. Kitsap ALTC currently has 43 staff members and are actively recruiting for a Registered Nurse Case Manager. A candidate is scheduled for a second interview. Stacey is waiting to hear back on approval of two new WA Cares positions.
- c. Stacey shared the Council roster and noted that there are two at-large positions open.
- d. The Council reviewed the updated 2025 Council Workplan and agreed to place Goal 4, “Promote Strategies to Combat Social Isolation,” on pause.

### **9. 2025 Advisory Council Business**

- The Council reviewed the 2025 calendar of events. There will be no meeting in October as the Council will attend the w4a/SCOA conference and Fall Senior

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

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Lobby on October 15 and 16, respectively. Stacey stated that there will be a new Council member orientation planned when all seats are filled.

### **ADJOURNMENT**

The meeting was adjourned at 1:34 p.m.

---

Steve McMurdo, Chair

## Aging Advisory Council Community Outreach Tracking Form

**Month:** \_\_\_\_\_

**Name:** \_\_\_\_\_

### Summary of Activities

Date of Activity	Describe Activity: <ul style="list-style-type: none"> <li>AC Meeting</li> <li>Community outreach or event (name)</li> <li>Social Media/Email</li> <li>Material Dissemination</li> <li>Advocacy Alert Action</li> <li>Other: Describe</li> </ul>	Topic: (optional) <ul style="list-style-type: none"> <li>General Aging Info (programs, services or events)</li> <li>General Caregiver Info (programs, services or events)</li> <li>Memory Loss</li> <li>Other: Describe</li> </ul>	Total Duration of Time (include prep & travel)	Approx. number of individuals reached (per activity), as applicable

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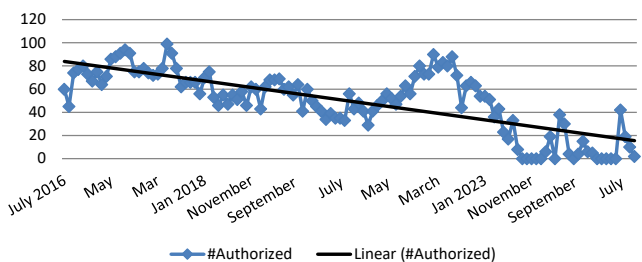
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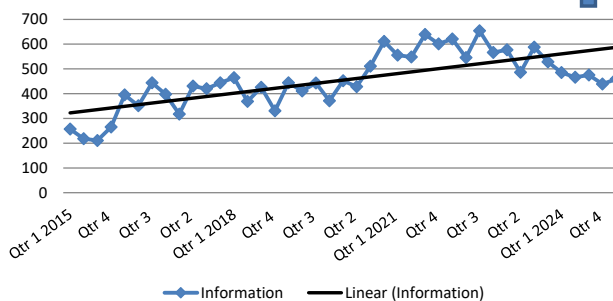
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## Aging & Long Term Care Advisory Council Dashboard- December 2025

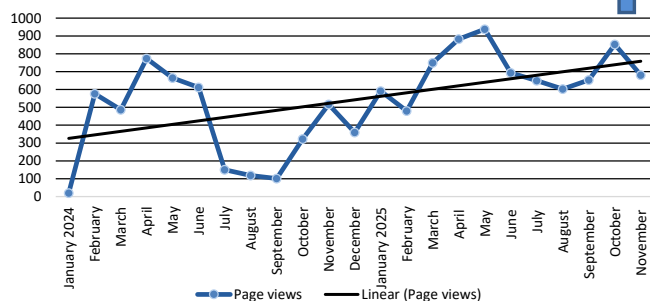
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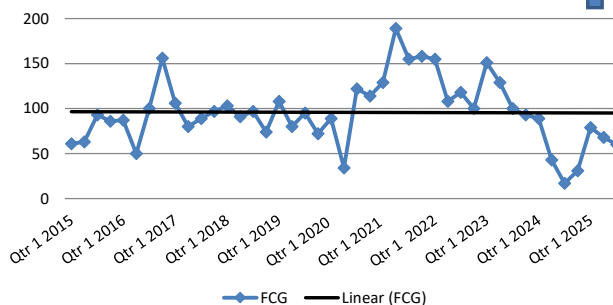
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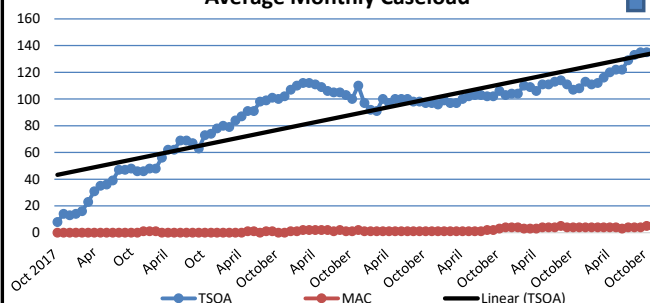
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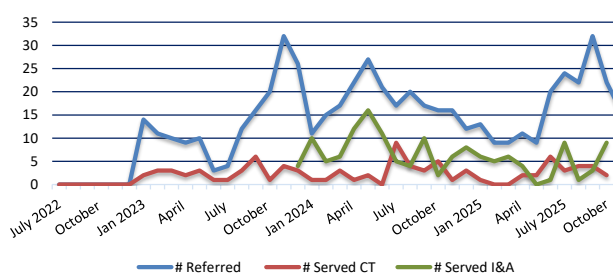
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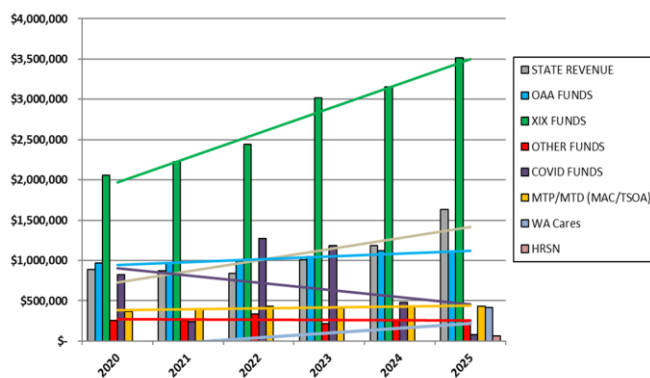
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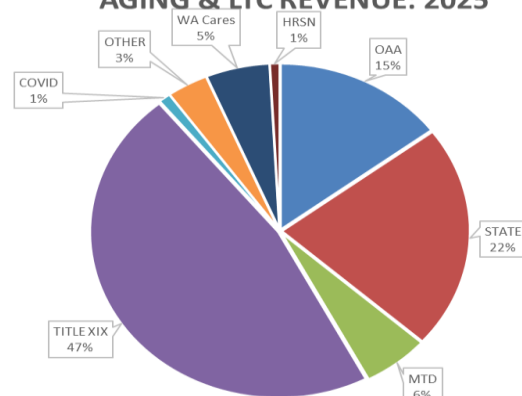
### Hospital Care Transitions Older Adults



### TOTAL REVENUE: \$7,511,466



### AGING & LTC REVENUE: 2025



\* 1,255 caseload max

**Community Outreach Activities:**

January 22: ALTC Overview (Standing monthly presentation)

January 27: ALTC Overview at The Pearl; 1:00pm (Jason & Davin)

January 27: Project Connect Day 1 Silverdale New Life Training Center from 10:00am-2:00pm

January 28: Project Connect Day 2: United Methodist (Port Orchard) from 10:00am- 2:00pm

January 29: Project Connect Day 3: Salvation Army (Bremerton) from 10:00am- 2:00pm

## KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE 2025 Advisory Council Roster

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*Nominating committee: Steve McMurdo, Laney Calhoon*

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County District 1  
(orange)

County District 2  
(blue)

County District 3  
(green)

## 2026 Advisory Council Meetings & Activities

January 12	WA Legislature Begins (ends March 13, 2026)
January 12	* w4a Legislative Training Webinar (Noon-1:00pm)
January <b>TBD</b>	* Advisory Council Legislative Planning Meeting ( <b>time</b> )
January 21	* Advisory Council Meeting from 11:30am- 1:30pm
January 20-22	* w4a Advocacy Days (appointments with elected officials)
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October 21 (Wed)	<del>* Advisory Council from 11:30am- 1:30pm</del> CANCELLED 2026 AAA & State Council on Aging (SCOA) Conference
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In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room