



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA October 2, 2025, 4:30-6:00pm



Join Zoom Meeting

<https://us06web.zoom.us/j/84149883025?pwd=leYEnWiTOsbNSsYHysELCSFc13q7aC.1>

Meeting ID: 841 4988 3025

Passcode: 244650

By phone:

Dial by your location

Meeting ID: 841 4988 3025 • +1 253 215 8782 US (Tacoma)

• +1 253 205 0468 US

Passcode: 244650

• +1 719 359 4580 US

• +1 301 715 8592 US (Washington DC)

In Person Meeting 507 Austin Ave. Port Orchard, WA 98366

THE PURPOSE OF THIS BOARD IS TO:

Advise County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

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|-------------|--|
| 4:30 | WELCOME & INTRODUCTIONS |
| 4:40 | APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA |
| 4:50 | YOUTH REPRESENTATIVE REPORTS |
| 5:00 | PRESENTATION – FREEDOM 13 – INTERNET SAFETY |
| 5:30 | PROJECT UPDATES & ACTIVITIES |
| 5:50 | ANNOUNCEMENTS/PUBLIC COMMENT (3 min. limit) |
| 6:00 | ADJOURNMENT & NEXT MEETING – NOV. 6, 2025 |

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair or designee will call upon the attendee to speak at the designated time. Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to Lhyde@kitsap.gov.

Kitsap County Commission on Children and Youth

AGENDA BRIEFING – October 2, 2025

4:30 P.M. –6:00 P.M.

This is a hybrid meeting with in-person at 507 Austin Ave. Port Orchard, WA. The meeting link provided on the agenda and on our webpage

kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx

4:30 p.m. WELCOME & INTRODUCTIONS

Abigail Stevenson and Elsa Drugge will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered at the Kitsap County Human Services Department 507 Austin Ave. Port Orchard, WA 98366 until further notice.

4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

September Meeting Minutes will be approved and any changes to the October Agenda will be approved.

4:50 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and youth guests will have an opportunity to update the Commission on youth issues and activities in their community.

5:00 p.m. PRESENTATION – FREEDOM 13 – INTERNET SAFETY

Gene and Sandy Hill of Freedom 13 will present to the board and audience. They will share information about youth safety on the internet, AI, and the latest trends.

5:30 p.m. PROJECT UPDATES & ACTIVITIES

The leadership team and staff will offer project updates and upcoming activities.

5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (3 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

6:00 p.m. ADJOURNMENT & NEXT MEETING:

The next monthly meeting will be held on November 6, 2025.

Kitsap County Commission on Children and Youth

MINUTES September 4, 2025

The Kitsap County Commission on Children and Youth meeting was held on Thursday September 4, 2025, from 4:30 -6:00 p.m. The board met in person at the Kitsap County Human Services Department offices located at 507 Austin Ave. Port Orchard and via Zoom. Abigail Stevenson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Board Co-chairperson Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

August 2025, meeting minutes were approved and entered into the record. The September Agenda was approved.

III. YOUTH REPRESENTATIVE REPORTS

Elsa Drugge and Cooper Stevenson offered youth representative reports to the board.

IV. PRESENTATION – KITSAP MENTAL HEALTH YOUTH SERVICES

Jenna Vyhldal of Kitsap Mental Health's Mobile Crisis Outreach Team presented information about the program. This service serves adult & youth customers. Referrals are made by local crisis lines and can be on location with the customer as quickly as one hour.

V. ELECTIONS – YOUTH CO-CHAIRPERSON

Elections were held for Board Co-Chairperson as Lynne Tabone has graduated and is going to college. Congratulations were offered to our other graduating youth members Miles Borer and Nic Clay. Elsa Drugge was elected to serve in the position of Board Co-Chairperson. Congratulations were offered to Elsa!!!

VI. PROJECT UPDATES & ACTIVITIES

Laura Hyde shared information about the planning of the Youth Forum. We will be moving the Youth Forum to March, and it will be held during the school day. Transportation and coordination with schools will be necessary. It was decided to continue the discussion next month.

VII. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements. We are currently recruiting Youth Board Representatives.

VIII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. The next meeting will be held on October 2, 2025. We plan to meet in hybrid mode with the online meeting via zoom and in-person at the Kitsap County Department of Human Services office located at 507 Austin Ave. Port Orchard.

VIII. ATTENDANCE

COMMISSION MEMBERS	STAFF	GUESTS
Abigail Stevenson	Laura Hyde	Aldrin Villahermosa II
Elsa Drugge		Barb Santos
Courtney Oliver		Stacy Scott
Cathy Adams Bomar		Cooper Stevenson
Kimberly Riley		Jenna Vyhlidal
Tiffany Hye		
Brendon Taga		
Absent		
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facteau Minger		
Amanda Williamson		
Crista Magneson		
Meghan Cuscuna		

Substance Use Disorder education sessions

These one-of-a-kind education sessions are specifically designed for **parents, caregivers, and family members of individuals** impacted by addiction. Gain up-to-date knowledge on substance use disorder (SUD), its impact on youth, and effective ways to support your loved one.

Presented **by families for families**, this training reflects the voices of those with lived experience and was developed in collaboration with **Health Care Authority**, family-led organizations, and dedicated advocates.

Connect and empower

- Learn practical skills from the **CRAFT (Community Reinforcement and Family Training)** model
- Discover real strategies for improving communication and reducing conflict
- Access guidance for navigating Washington's behavioral health systems

Training details

- 8-week series, one 2-hour session per week
- Flexible schedule: choose a morning or evening session
- Certificate of Completion available upon attending all 8 modules

Topics covered

Interactive, research-based content will include:

- The science behind SUD and its effects on the adolescent brain
- Relationship tools grounded in compassion and evidence-based practices
- Systems navigation and community support access within Washington State

Resource guide

Participants receive information and resources on SUD supports and services specific to Washington State.

Register today



Register for ongoing sessions throughout the year:
wsccsupport.org/family-navigator-training

For questions, contact Christina Jackson at Christinajackson@wsccsupport.org or WSCC SUD support at sud@wsccsupport.org

Washington State
Health Care Authority



**WASHINGTON STATE
COMMUNITY CONNECTORS**
Connecting Families, Resources & Ideas

Joy Abundance Rest ♦ Possibilities Forward ♦ Hope & Resiliency



2025 Resiliency SUMMIT

FRIDAY, OCTOBER 24TH
KIANA LODGE

TICKETS



<https://kitsapstrong.bpt.me>



Seeking sponsorships, proclamations, partner alignment for Resiliency Month

Secure Your Ticket TODAY

Resiliency isn't about rugged independence, it's about interdependence, inclusion, empathy, and the vulnerability that allows us to form strong, healing relationships. Join us for a fun-filled day designed to inspire, empower, and strengthen our community through learning and connection. This is shared learning day of connection and growth. Please join us for your 7th Annual Kitsap Strong Resiliency Summit and [register today](#).

EVENT DETAILS

Date: Friday, October 24th

Location: Kiana Lodge, 14976 Sandy Hook Rd NE Poulsbo, WA

Doors Open: 8:30 AM

MORNING 9:00 AM to 11:45 PM

1. OPENING
2. Workshop on Community Connections & Wellness. Facilitated by [Saltfire](#), this session will explore strategies for inspiring sustainable, regenerative systems within our community.

AFTERNOON 12:30 PM to 3:30 PM

1. Engaging and interactive experiences focusing on [hope](#) and resilience, providing a goal-setting framework and perspectives to carry into your personal and community life.
2. We also honor the legacy, wisdom, and action of the leaders whose shoulders we stand on towards educational attainment and community wellbeing so that everyone can thrive and flourish.

CLOSING followed by Optional Relational Networking 3:30 PM to 4:30 PM

An unstructured open time to connect in the beautiful setting of Kiana Lodge.

Only A Limited Number of Sponsored Sliding Scale Tickets Are Available

A limited number of sliding scale tickets are currently available for Kitsap and North Mason youth, elders, parents/caregivers, and community members thanks to the generosity of Kitsap Great Give donors this year. We are in the process of seeking additional sponsorships to reduce barriers to costs for attendees while meeting the expenses for the event. Please reach out to info@kitsapstrong.org (please reference in the subject line (Resiliency Summit)).

Ticket price include Breakfast, Lunch, and Refreshments.



DANGERS OF YOUTH VAPING

What Parents Need to Know

THURSDAY | OCTOBER 9 | 6:00 PM EST | ZOOM

This year, vaping, tobacco and nicotine use among youth and young adults are still major concerns. Every day, more and more discreet vapes enter the market. They are meant to sneak past adults by camouflaging as common household objects, video games, toys, and school supplies. Behind the enticing flavors and flashy colors of e-cigarettes are harmful chemicals and nicotine addiction.

Now is the time to remain vigilant and learn the essentials to help kids avoid or quit vaping! Register for this free event today here or use the QR code above

ParentsAgainstVaping.org



HOPE NAVIGATOR TRAINING

For educators and youth-serving professionals

- Learn the Science of Hope and how to nurture hope in your students, clients, schools, and organizations
- Add to your toolbox for supporting and advising students
- Connect with colleagues in a monthly community of practice and support sessions
- Free through a grant from the Washington Student Achievement Council (WSAC)

With:
DR. CHAN HELLMAN
University of Oklahoma
Hope Research Center



October 20th and 21st
8:30am - 3:30 pm



OESD 114
105 National Road N
Bremerton, WA



Clock hours available

What is a Hope Navigator?
Click or scan for a short video.



Apply as a school/org team.
Click or scan for the form.

Contact: promise.partner@kitsapstrong.org

Register Today for the Parenting Together Peer Support Group!



Parenting Together Peer Support Group

Starting September 30th!

When: Mondays, September 30 – November 18

Time: 6:30 – 8:30 PM

Where: Bainbridge Youth Services 8533 Madison Ave Bainbridge Island WA



About the Group

Registration is now open for our fall Parenting Together Support Group!

This free, 8-week program is designed for parents of children ages 5 to 18 and provides a supportive space to connect, reflect, and grow.

Led by Teri Arana, a licensed mental health counselor specializing in expressive arts, this group helps parents:

- Enhance their own well-being
- Build stronger connections with their children
- Identify and develop personal parenting values
- Learn practical parenting techniques and strategies
- Access helpful resources

To register: [Parent Peer Support Groups | AskBYS](#)

