

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5747

## Advisory Council Meeting

**Date:** September 17, 2025

**Time:** 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

**NEW Virtual Meeting Link:** Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09&omn=86039950706>

**Meeting ID:** 360-337-5624

**Passcode:** 98366

**Phone Dial-in:** 1 (253) 215-8782

**Meeting ID:** 360 337 5624

**Password:** 98366

---

### A G E N D A

- 11:30am    1. Call To Order
2. Introduction of Council members and public members- expectations for public input  
                  (reference bottom of page for protocols during hybrid meetings)
3. Public Comments
4. Meeting Agenda- Approval
5. August Meeting Notes (Attachment 1) - Approval
- 11:45am    6. PSRC Transportation Planning –Coordinated Mobility Plan (Jean Kim & Erin Hogan)
- 12:30pm    7. Council Member Report of Activities - Outreach form (Attachment 2)
- a. 1/10<sup>th</sup> Citizens Advisory Council- Charmaine Scott
- b. Kitsap Accessibilities & Public Works Transitions Plan- Ranae Beeker
- c. Member Report of Community Outreach
- 1:10pm     8. Aging Services:
- a. 2025 Dashboard (Attachment 3)
- 1:20pm     9. 2025 Advisory Council Business:
- a. 2025 Council Roster (Attachment 4)
- b. 2025 Council Workplan, updated (Attachment 5)
- c. 2025 Calendar of Events (Attachment 6)
- 1:30pm    ADJOURN

### **Instructions for members of the public during a hybrid meeting:**

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair, or designee, will call upon the attendee to speak at the designated time.

Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to Stacey Smith at [sasmith@kitsap.gov](mailto:sasmith@kitsap.gov)

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

## August 20, 2025 Aging Advisory Council Meeting Minutes

### Zoom

#### 1. Convened at 11:31 a.m.

**Members Present:** Steve McMurdo, Laney Calhoun, Theresa Lambert, Ranae Beeker, Charmaine Scott, Linette Zimmerman.

**Members Excused:** Elizabeth Safsten.

**Members Unexcused:** None

**Guests Present:** James Bray, Linda Navage, Dr. Kenneth Klein.

**Staff Present:** Stacey Smith, Cristiana Fillion.

2. **Public Comments:** Introductions were made. James Bray, legislative Aide to Representative Emily Randall, works as a field representative for Kitsap and Mason Counties. Linda Navage represents Bainbridge Island and was previously a member of this Advisory Council. Dr. Kenneth Klein is also from Bainbridge Island, physician and member of the Bainbridge Medical Reserve Corps.

3. **Approval of Agenda:** The meeting agenda was reviewed.

- Laney made a motion to approve the agenda, Ranae seconded, and the agenda was approved.

4. **Approval of Minutes:**

- Laney made a motion to approve the April meeting minutes. The motion was seconded by Theresa. The minutes were approved.

5. **Legislative Activities**

- H.R. 1 (also known as the “OBBBA”) – Stacey explained that she has been monitoring federal impacts on food assistance and Medicaid benefits, including the new Medicaid eligibility requirements. These changes could have provider payment secondary impacts on healthcare providers and may cause them to struggle to maintain business. James shared that Peninsula Community Health

## Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5  
Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Services have been trying to mitigate the impacts; Jefferson County Health systems is committed to serving their community; Olympic Medical Center is not planning to close but may have reductions in services. There are similar sentiments at Grays Harbor and Mason General in Shelton. James stated that they're continuing to monitor the situation. James encouraged the Council to provide feedback to legislators and stated that there will be a town hall in Kingston on August 29.

- Steve shared that on the 8th, King County's Area Agency on Aging (AAA) held a meeting and Olivia Ezeuko from USAging presented on federal impacts/updates. The focus was on the reauthorization of the Older Americans Act (OAA), supporting caregivers, Medicaid's Home and Community-Based Services (HCBS), and connecting service sectors.
- Stacey shared a FFY 2026 Federal budget process slide and walked through next steps, noting that while it's not a great year overall, the current outcome is a win compared to earlier versions of the budget. USAging did caution that a federal budget continuing resolution may occur. Ranae asked what it might look like to shift funding from other programs and whether that's legal. James said it's difficult to pin down the legality. It could be challenged, but only the Speaker of the House and Senate Majority Leader can sue the executive branch, and current leadership isn't likely to take that on. Some impacted individuals could file class action suits and are starting to go that route. Stacey reminded the group that the Aging Advisory Council is an apolitical advocacy group, with a focus to advocate for older adults, people with disabilities, and caregivers regardless of the political party.

### 6. Council Workplan Goal: Combating Social Isolation

- Stacey asked the Council what they would like to do with the social isolation workplan goal. The Council agreed to place the goal on hold for the time being. The 2025 Council workplan will be updated with this goal on pause.
- Recruitment status— The council has 11 seats, with four current vacancies. There are two vacant seats in County Commissioner Districts 1 and one vacant

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

seat in District 2, along with two at-large vacant positions. Four applications have been reviewed. Historically, the Council structure has been composed of three members per district and two at-large.

However, a new federal rule will require AAAs to choose Council members from different sectors. Stacey shared the list of sectors to be represented. While not yet authorized, the state would like Advisory Councils to begin moving in that direction. The Council brainstormed options. It's unclear if the Board of County Commissioners (BOCC) will consider revising the bylaws or creating a policy statement.

- Stacey informed the Council that Rebecca Pirtle has resigned as the Kitsap County Volunteer Coordinator after 18 years with the county. This may impact the processing of new application Council members.

### **7. Council Member Report of Activities**

#### **a. 1/10<sup>th</sup> Community Advisory Committee- Charmaine Scott**

- Charmaine stated that the 1/10<sup>th</sup> Community Advisory Committee completed their annual recommendations for the BOCC. There was \$12M in asks this year, with only \$7.4M to allocate grant funding. Their Committee spent all of July rating and grading the proposals, which included two days of in-person meetings to make final decisions.

#### **b. Kitsap Accessible Communities Advisory Committee- Ranae Beeker**

- Ranae informed the Council that there will be a Bikes for All event on September 12, hosted by the Outdoors for All Foundation in partnership with the Kitsap Accessible Communities Advisory Committee, Easterseals, and Tessera (formerly Skookum). It will take place at the sheep barn at the Kitsap Fairgrounds. Easterseals will run activities, and there will be both ASL and Spanish interpreters. Ranae will email the flyer to the Council to share with others.

#### **c. Council Member Report of Community Outreach**

- Laney shared Ranae's Bikes for All flyer at her Community Center meeting and has leftovers to distribute. She plans to also post it to her neighborhood

## **Kitsap County Division of Aging & Long Term Care Advisory Council**

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

website. The Silverdale Senior Center group has created a full board and are officially the Silverdale Community Center Foundation. They've identified a potential building. The target date for opening in the new location is July 26, 2026.

- Theresa continues to volunteer with Meals on Wheels Kitsap. She's also volunteered at Fishline in Poulsbo.

### **8. Aging Services**

- The Council reviewed the August dashboard report.
- Kitsap ALTC recently acquired a cubicle at the Silverdale WorkSource Center. ALTC is also hosting a senior lounge at the county fair next week. ALTC is actively recruiting for a Registered Nurse. Additionally, \$450k in senior nutrition funding will be distributed equally among the network nutrition community partners.
- Stacey noted that the YMCA updated their process for applying to the Enhance®Fitness program in response to Laney's feedback

### **9. 2025 Advisory Council Business**

- The Council reviewed the 2025 calendar of events. September's meeting will include a presentation by the Puget Sound Regional Council. The October meeting is cancelled for the w4a/SCOA conference and Fall Senior Lobby.

## **ADJOURNMENT**

The meeting was adjourned at 1:10 p.m.

---

Steve McMurdo, Chair

## Aging Advisory Council Community Outreach Tracking Form

**Month:** \_\_\_\_\_

**Name:** \_\_\_\_\_

### Summary of Activities

Date of Activity	Describe Activity: <ul style="list-style-type: none"> <li>AC Meeting</li> <li>Community outreach or event (name)</li> <li>Social Media/Email</li> <li>Material Dissemination</li> <li>Advocacy Alert Action</li> <li>Other: Describe</li> </ul>	Topic: (optional) <ul style="list-style-type: none"> <li>General Aging Info (programs, services or events)</li> <li>General Caregiver Info (programs, services or events)</li> <li>Memory Loss</li> <li>Other: Describe</li> </ul>	Total Duration of Time (include prep & travel)	Approx. number of individuals reached (per activity), as applicable

**Notes:**

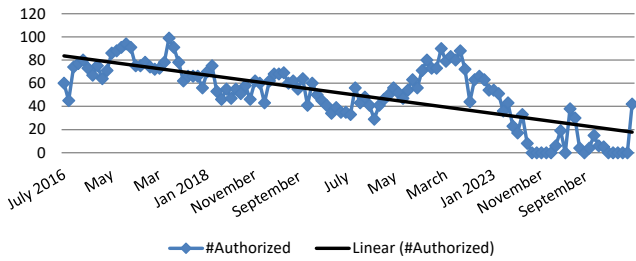
Please complete and return to Aging by the 5<sup>th</sup> of each month -mail or attach to an email.

Mail: 614 Division St., MS-5  
Port Orchard, WA 98366

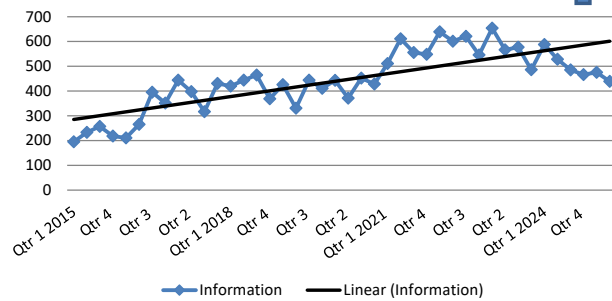
Email: Cristiana at [cfillion@kitsap.gov](mailto:cfillion@kitsap.gov)

## Aging & Long Term Care Advisory Council Dashboard- September 2025

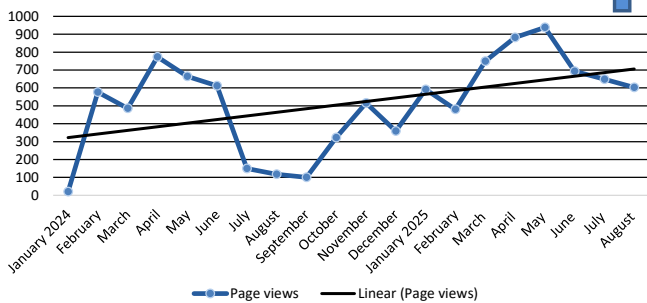
### \* Medicaid Opportunity Gap #Projected minus #Authorized



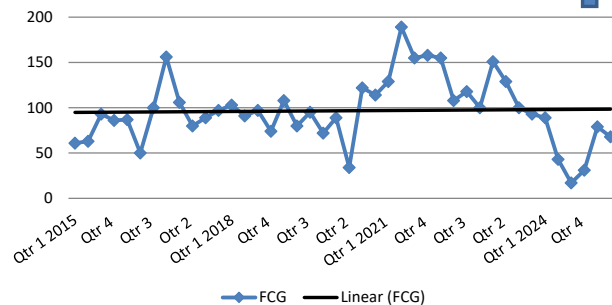
### Senior Information & Assistance



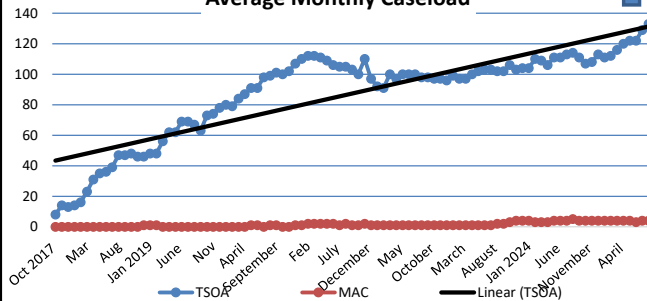
### Website Visits Per Month



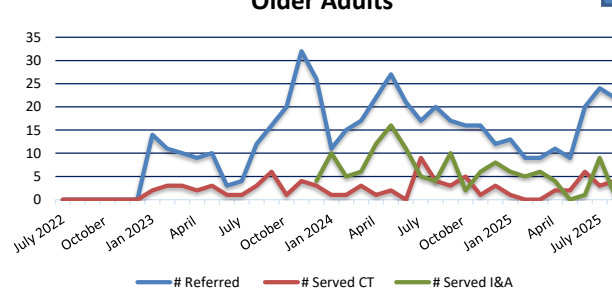
### Family Caregiver Program Contacts



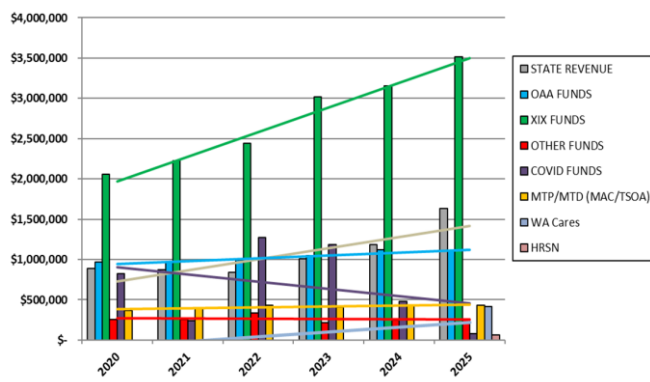
### MAC & TSOA Program Average Monthly Caseload



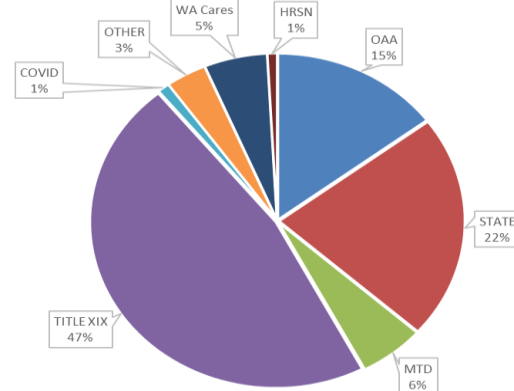
### Hospital Care Transitions Older Adults



### TOTAL REVENUE: \$7,511,466



### AGING & LTC REVENUE: 2025



\* 1,255 caseload max

**Community Outreach Activities:**

September 12: Silverdale Library Resource Fair- Bremerton VFW 10:00am- Noon

September 13: Suicide Awareness Walk

September 25: Monthly Program Overview 2:00-3:00pm Zoom meeting

September 27: Veterans Stand Down Sheridan Community Park, 10:00am- 2:00pm

September 28: BI Oktoberfest BISC Resource Fair 2:00-5:00pm (Dana and Dan)

September 29: Discover Kingston Community Open House 4:00-7:00pm, (Jason and Russ)

October 3: Suquamish Helath & Wellness Fair, 9:00am- 1:00pm (Mikko and Jason)



# KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE

## 2025 Advisory Council Roster

Meets the Third Wednesday of each month, 11:30 a.m. – 1:30 p.m.

	MEMBER	DISTRICT	TERM	TERM #
1.	McMurdo, Steve <b>Chair</b>	District 1 LEG 23	01/2025 – 12/2027	3
2.	Klein, Kenneth Dr.	District 1 LEG	09/2025- 12/2027	1
3.	Navage, Linda	District 1 LEG	09/2025- 12/2027	1
4.	<b>Vacant (Karol's Term)</b>	District <b>1 at large</b> LEG 26	<b>01/2024</b> – 12/2026	3
5.	Safsten, Elizabeth	District 2 LEG 26	01/2024 – 12/2026	2
6.	Scott, Charmaine	District 2 LEG 26	01/2025 – 12/2027	3
7.	Zimmerman, Linette	District 2 LEG 26	01/2024 – 12/2026	2
8.	<b>Vacant (Paoletti, Ann)</b>	District 2 <b>at large</b> LEG 26	<b>01/2025</b> - 12/2027	1
9.	Calhoon, Laney <b>Vice-Chair</b>	District 3 LEG 35	07/2024 – 12/2027	1
10.	Beeker, Ranae	District 3 LEG 23	09/2022 – 12/2025	1
11.	Lambert, Theresa	District 3 LEG	02/2025- 12/2027	1

*Nominating committee: Steve McMurdo, Laney Calhoon*

*Executive committee: Steve McMurdo, Laney Calhoon, Charmaine Scott*

Contact person for information: Stacey Smith: [sasmith@kitsap.gov](mailto:sasmith@kitsap.gov)  
Cristiana Fillion: [cfillion@kitsap.gov](mailto:cfillion@kitsap.gov)

County District 1  
(orange)

County District 2  
(blue)

County District 3  
(green)



## **KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL**

### **2025 WORK PLAN- UPDATED 8/20/2025**

**Meeting Days, Time and Location:** Third Wednesday of Each Month  
 11:30 am – 1:30 pm  
 Hybrid virtual (Zoom) meetings

**Advisory Council Staff:** Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant

**Advisory Council Chair:** Steve McMurdo

**Advisory Council Vice Chair:** Laney Calhoon

**Advisory Council Purpose/Mission Statement:** The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being and independence of older adults, people with disabilities, and caregivers.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services, preventing unnecessary or premature facility-based care;
- Removal of individual and social barriers to economic and personal independence;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition, health promotion and disease prevention education and activities;
- Connecting caregivers to individualized support and guidance to help empower them in their caregiving role;
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2025 Goal	Status	Priority Level	Comments/Coordination
<b>TIER 1: HIGH PRIORITY</b>			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community-based organization to link/attend.  Measure: a. Each member will identify 1-2 group/ gaps to concentrate connections, annually b. Promote legislative issues that impact older adults and people with disabilities
2. Continue to strengthen the Advisory Council's relationship with state, national and <i>with emphasis to the local elected officials</i> as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions.  Measure: Advocacy activities are reported during monthly Council meetings, reflected in meeting minutes, and recorded on outreach form.
3. Fill Council vacancies	Ongoing	High	Measure: Fill vacancies
4. Promote strategies to combat social isolation.	<del>Ongoing</del> Paused	High	Measure: Identify strategies for safe social connections for older adults and their caregivers
<b>TIER 2: MODERATE PRIORITY</b>			
<b>TIER 3: LOW PRIORITY</b>			
5. <del>Update Kitsap Aging Outreach form</del>		Low	<del>Revise to make more user friendly for reporting outreach activities.</del>
<b>GOALS ON HOLD</b>			
<b>GOALS COMPLETED OR DELETED</b>			
Updated Kitsap Aging Outreach form	Completed		
2024 Review Council Bylaws	Completed		Submitted final revisions November 2024 for BOCC approval

## 2025 Advisory Council Meetings & Activities

January 13	WA Legislature Begins (ends April 27, 2025)
January 15	* Advisory Council Meeting from 11:30am- 1:30pm
January 21	* w4a Legislative Training Webinar (Noon-1:00pm)
January 29	* Advisory Council Legislative Planning Meeting (10:00-11:00am)
February 4-7:	* w4a Advocacy Days (appointments with elected officials)
February 19 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm
February 20:	* Virtual Spring Senior Lobby event
March 19 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm Topic: PW Accessibility Taskforce, Christy DeGeus
April 16 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm
May 21 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm
May Workshops TBD	<u>May Older Adults Virtual Workshops</u>
June 18 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm
July 16 (Wed)	Optional Picnic
August 20 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm
September 17 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm Topic: PSRC Transportation, Coordinated Mobility Plan Jean Kim & Erin Hogan
October 15 (Wed)	<del>* Advisory Council from 11:30am- 1:30pm</del> CANCELLED 2025 AAA & State Council on Aging (SCOA) Conference
October 16 TBD	2025 Fall Senior Lobby Conference
November TBD	Kitsap Caregiver Fall Caregiver Workshops
November 19 (Wed)	* Advisory Council Meeting from 11:30am-1:30pm
December 17 (Wed)	* Advisory Council Meeting from 11:30am- 1:30pm

\*Indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room