

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5747

Advisory Council Meeting

Date: August 20, 2025

Time: 11:30am- 1:30pm (11:15am for pre-meeting technical assistance)

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624 **Passcode:** 98366

Phone Dial-in: 1 (253) 215-8782 Meeting ID: 360 337 5624 Password: 98366

A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members- expectations for public input (please reference page 2 of agenda for protocol during hybrid meetings)
3. Public Comments
4. Meeting Agenda- Approval
5. June Meeting Notes (Attachment 1) - Approval
- 12:00pm 6. Legislative Activities
- a. Federal impacts:
- OBBBA “H.R.1” executed July 4th
 - FFY 2026- President’s Budget (maintains OAA 2025 funding levels)
- b. King County (ADS) Advisory Council meeting- USAgings presentation
- 12:30pm 7. Council Workplan Goal: Combatting Social Isolation- discussion (Attachment 2)
- a. Council recruitment status- OAA membership sectors (Attachment 3)
- 12:45pm 8. Council Member Report of Activities - Outreach form (Attachment 4)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
- b. Kitsap Accessibilities & Public Works Transitions Plan- Ranae Beeker
- c. Member Report of Community Outreach
- 1:10pm 8. Aging Services:
- 2025 Dashboard (Attachment 5)
 - Plans for FY 2026: Staff vacancies, expand Nurse capacity for Medicaid program, expand WA CARES staff, allocate senior nutrition funds, launch Health-Related Social Needs programs (new)
 - YMCA Enhanced®Fitness Flyer (Attachment 6)
- 1:20pm 9. 2024 Advisory Council Business: 2025 Calendar of Events (Attachment 7)
- 1:30pm ADJOURN

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Instructions for members of the public during a hybrid meeting:

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair, or designee, will call upon the attendee to speak at the designated time.

Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to Stacey Smith at sasmith@kitsap.gov

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June 18, 2025 Aging Advisory Council Meeting Minutes

Zoom

1. Convened at 11:31 a.m.

Members Present: Steve McMurdo, Laney Calhoon, Theresa Lambert, Ranae Beeker, Charmaine Scott.

Members Excused: Karol Stevens, Elizabeth Safsten.

Members Unexcused: Linette Zimmerman.

Guests Present: James Geiger, Martha Ward.

Staff Present: Stacey Smith, Cristiana Fillion.

2. **Public Comments:** James Geiger is a resident of Port Orchard who is retired. He began attending Board of County Commissioner sessions to learn how the county operates. He became interested in the Aging Advisory Council after seeing a presentation by Stacey during a Board of County Commissioners presentation.

3. **Approval of Agenda:** The meeting agenda was reviewed.

- Laney made a motion to approve the agenda, Theresa seconded, and the agenda was approved.

4. **Approval of Minutes:**

- Ranae made a motion to approve the April meeting minutes. The motion was seconded by Theresa. The minutes were approved.

5. **Legislative Activities**

a. WA state legislative budget

- The Council reviewed the w4a "Post 2025 Legislative Session Connect" webinar slide show and discussed the successes and challenges of the legislative session.

b. Federal impacts

- H.R. 1 was passed over Memorial Day and is now under Senate review for approvals and changes. If revised, it will return to the House for a vote, then

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go back to the Senate, and finally to the administration. A major concern is that H.R. 1 proposes significant cuts to Medicaid and SNAP over the next 10 years.

At the federal level, the Administration for Community Living (ACL) has reduced its regional offices from ten to five. Following the consolidation, Region 10 was slated for closure and the liaison will officially depart in June. Last week, Stacey heard that the ACL will continue but downsize. Stacey gave an overview of the FY 2022-2025 Labor/HHS Appropriations.

6. Council Workplan Goal: Combating Social Isolation

- Stacey asked if the group would like to defer discussion of the work of the Social Isolation Subcommittee until another meeting. The Council agreed.

7. Council Member Report of Activities

- a. 1/10th Community Advisory Committee- Charmaine Scott
 - Charmaine stated that the 1/10th Community Advisory Committee has begun the pre-application process. They have begun their review of each of the 48 applications received and will continue through July.
- b. Kitsap Accessibilities and Public Works Transitions Plan- Ranae Beeker
 - Ranae reported no more committee meetings as they triage and work through needs to the best of their ability.
- c. Council Member Report of Community Outreach
 - Steve has continued to respond to action alerts, reaching out to Representative Emily Randall and Senators Maria Cantwell and Patty Murray.
 - Laney outreached to the Enhance®Fitness program at the YMCA. She expressed concerns with information provided about the program and the private information requested.
 - Theresa continues to volunteer with Meals on Wheels Kitsap.

8. Aging Services

- The Council reviewed the June dashboard report. ALTC is implementing a Zoom open house on the fourth Thursday of every month. This is a standing

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virtual presentation for interested community members and organizations to join to learn more about ALTC services and programs. There was low attendance for May Older Americans Month workshops.

- Stacey explained ALTC's plans for FY 2026, beginning July 1, 2025. Currently, there are three case manager vacancies. ALTC plans to begin recruitment for an additional registered nurse in July and for recruiting for additional WA CARES staff in September.

9. 2025 Advisory Council Business

a. Council Recruitment Status

- Stacey explained that changes to Aging Advisory Council member sector representations requirements have come down from are included in Federal government Older Americans Act, for all AAAs nationwide. Stacey outlined the required sectors. The changes will require work with the Board of County Commissioners to update the Advisory Council's bylaws.

b. July 16th Council Picnic

- The Council Picnic is scheduled for July 16 from 10:30 a.m. to 12:30 p.m.

ADJOURNMENT

The meeting was adjourned at 1:34 p.m.

Steve McMurdo, Chair



KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL **2025 WORK PLAN**

Meeting Days, Time and Location: Third Wednesday of Each Month
11:30 am – 1:30 pm
Hybrid virtual (Zoom) meetings

Advisory Council Staff: Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant

Advisory Council Chair: Steve McMurdo

Advisory Council Vice Chair: Laney Calhoon

Advisory Council Purpose/Mission Statement: The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being and independence of older adults, people with disabilities, and caregivers.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services, preventing unnecessary or premature facility-based care;
- Removal of individual and social barriers to economic and personal independence;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition, health promotion and disease prevention education and activities;
- Connecting caregivers to individualized support and guidance to help empower them in their caregiving role;
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2025 Goal	Status	Priority Level	Comments/Coordination
TIER 1: HIGH PRIORITY			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community-based organization to link/attend. Measure: a. Each member will identify 1-2 group/ gaps to concentrate connections, annually b. Promote legislative issues that impact older adults and people with disabilities
2. Continue to strengthen the Advisory Council's relationship with state, national and <i>with emphasis to the local elected officials</i> as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions. Measure: Advocacy activities are reported during monthly Council meetings, reflected in meeting minutes, and recorded on outreach form.
3. Fill Council vacancies	Ongoing	High	Measure: Fill vacancies
4. Promote strategies to combat social isolation.	Ongoing	High	Measure: Identify strategies for safe social connections for older adults and their caregivers
TIER 2: MODERATE PRIORITY			
TIER 3: LOW PRIORITY			
5. Update Kitsap Aging Outreach form		Low	Revise to make more user friendly for reporting outreach activities.
GOALS ON HOLD			
GOALS COMPLETED OR DELETED			
2024 Review Council Bylaws	Completed		Submitted final revisions November 2024 for BOCC approval

Aging Council – Members & Sectors

Name	District	OAA Sector
Steve McMurdo	1	Older person, leadership experience, unpaid family caregiver
vacant	1	
vacant	1	
Charmaine Scott	2	Older person, leadership experience
Linette Zimmerman	2	Older person, leadership experience
Elizabeth Safsten	2	
Ranae Beeker	3	Older person, leadership experience, <i>retired healthcare provider (RN)</i> , greatest social need (physical/ mental health)
Laney Calhoon	3	Older person, leadership experience
Theresa Limbert	3	Older person, pharmacist (healthcare)
At-Large: vacant	At-Large	
At-Large: vacant	At-Large	

Sectors not covered:

- Elected official
- Member of healthcare org, including Veterans healthcare. Ranae and Theresa (retired RN and pharmacist)
- Representatives of a service provider (may include legal assistance, nutrition, evidence-based disease prevention and health promotion, caregiver, ~~long-term care ombudsman~~, and other service providers)
- As available:
 - a. Representatives from Tribe within PSA
 - b. Older relative caregivers (kin and grandparent caregivers of children or adults aged 18 to 59 with a disability)
 - c. Younger disabled adults

Aging Advisory Council Community Outreach Tracking Form

Month: _____

Name: _____

Summary of Activities

Date of Activity	Describe Activity: <ul style="list-style-type: none"> AC Meeting Community outreach or event (name) Social Media/Email Material Dissemination Advocacy Alert Action Other: Describe 	Topic: (optional) <ul style="list-style-type: none"> General Aging Info (programs, services or events) General Caregiver Info (programs, services or events) Memory Loss Other: Describe 	Total Duration of Time (include prep & travel)	Approx. number of individuals reached (per activity), as applicable

Notes:

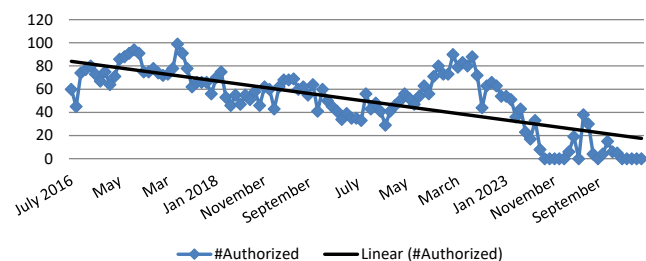
Please complete and return to Aging by the 5th of each month -mail or attach to an email.

Mail: 614 Division St., MS-5
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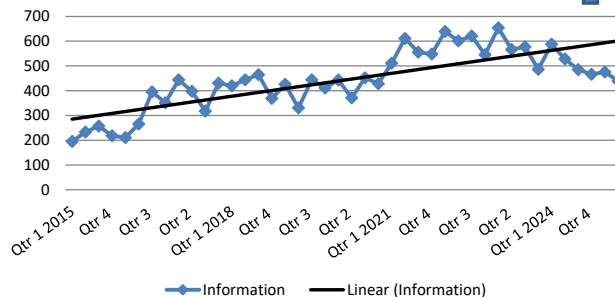
Email: Cristiana at cfillion@kitsap.gov

Aging & Long Term Care Advisory Council Dashboard- August 2025

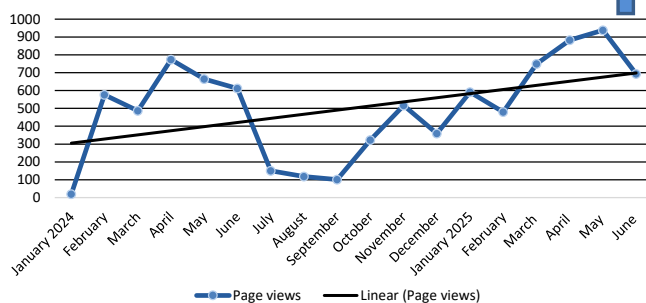
*** Medicaid Opportunity Gap**
#Projected minus #Authorized



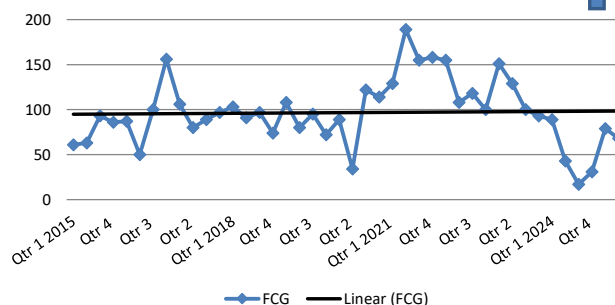
Senior Information & Assistance



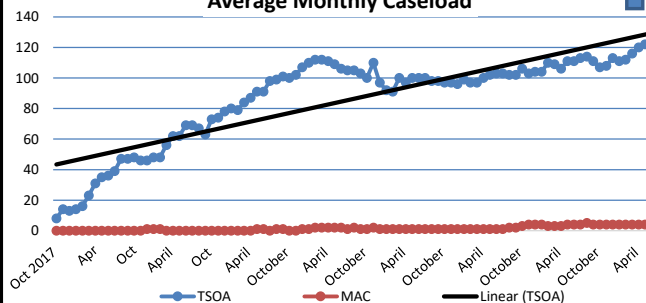
Website Visits Per Month



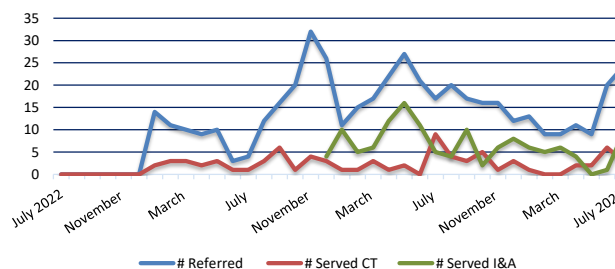
Family Caregiver Program Contacts



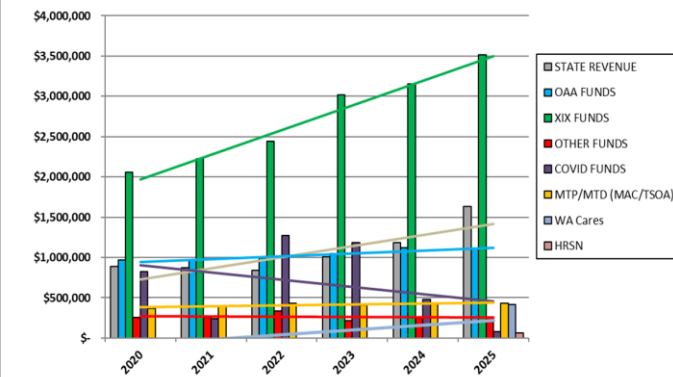
MAC & TSOA Program
Average Monthly Caseload



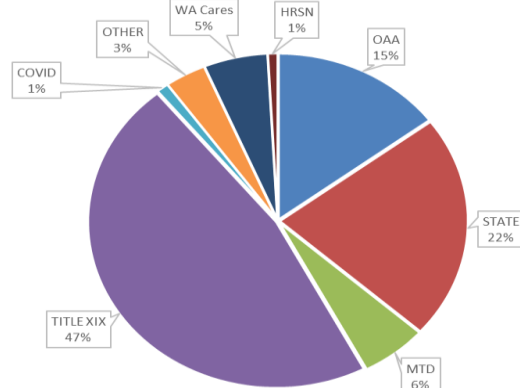
Hospital Care Transitions
Older Adults



TOTAL REVENUE: \$7,511,466



AGING & LTC REVENUE: 2025



* 1,255 caseload max

Community Outreach Activities:

September 13: Suicide Awareness Walk



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YMCA Enhance®Fitness Program



Are you 60 years of age or older and a Kitsap County resident? Are you wanting to become more physically active, increase your stability and connect with other adults? If yes, then through the support of the Kitsap Area Agency on Aging, you can join a 16-week evidence-based Enhance®Fitness program at a YMCA near you at no cost.

Three options to participate:

Haselwood Family YMCA: M | W | F 11:30a-12:30p

Tom Taylor Family YMCA: M | W | F 12:30p- 1:30p

Virtual (ZOOM): M | W | F 11:00a – 12:00p

To learn more, please contact the Care Coordination Team at 253-460-8935 or Reclaimyourhealth@ymcapkc.org and/or complete our interest form by scanning the QR code on this flyer.



2025 Advisory Council Meetings & Activities

January 13	WA Legislature Begins (ends April 27, 2025)
January 15	* Advisory Council from 11:30am- 1:30pm
January 21	* w4a Legislative Training Webinar (Noon-1:00pm)
January 29	* Advisory Council Legislative Planning meeting (10:00-11:00am)
February 4-7:	* w4a Advocacy Days (appointments with elected officials)
February 19 (Wed)	* Advisory Council from 11:30am- 1:30pm
February 20:	* Virtual Spring Senior Lobby event
March 19 (Wed)	* Advisory Council from 11:30am- 1:30pm Topic: PW Accessibility Taskforce, Christy DeGeus
April 16 (Wed)	* Advisory Council from 11:30am- 1:30pm
May 21 (Wed)	* Advisory Council from 11:30am- 1:30pm
May Workshops TBD	<u>May Older Adults Virtual Workshops</u> <ul style="list-style-type: none"> • May 8th- Kitsap Aging Services presentation, Kingston Library • May 14th Fall Prevention presentation, Silverdale Library • May 16th Kitsap Aging Services presentation, zoom • May 21st Kitsap Aging Caregiver Programs Overview, Port Orchard Library • May 29th- Medicare Basics, Port Orchard Library
June 18 (Wed)	* Advisory Council from 11:30am- 1:30pm
July 16 (Wed)	Optional Picnic
August 20 (Wed)	* Advisory Council from 11:30am- 1:30pm
September 17 (Wed)	* Advisory Council from 11:30am- 1:30pm Tentative Topic: PSRC Transportation, Coordinated Mobility Plan Jean Kim
October 15 (Wed)	* Advisory Council from 11:30am- 1:30pm CANCELLED 2024 AAA & State Council on Aging (SCOA) Conference
October 17 TBD	2024 Fall Senior Lobby Conference
November TBD	Kitsap Caregiver Fall Caregiver Workshops
November 19 (Wed)	* Advisory Council from 11:30am-1:30pm
December 17 (Wed)	* Advisory Council from 11:30am- 1:30pm

*Indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room