

# Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5747

## Advisory Council Meeting

**Date:** April 16, 2025

**Time:** 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

**Virtual Meeting Link:** Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

**Meeting ID:** 814 6322 1480

**Passcode:** 98366

**Phone Dial-in:** 1 (253) 215-8782

**Meeting ID:** 360 337 5624

**Password:** 98366

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### A G E N D A

- 11:30am    1. Call To Order
2. Introduction of Council members and public members- expectations for public input  
                    (please reference bottom of agenda for protocol during hybrid meetings)
3. Public Comments.
4. Meeting Agenda- Approval
5. March Meeting Notes (Attachment 1) - Approval
- 12:00pm    6. Legislative Activities – State & Federal (Town Hall events)
- a. WA state legislative budget - deadlines
- b. Federal impacts
- CR passed March 14<sup>th</sup>, included \$800B Medicaid reduction
- Reduced field offices: ACL, SSA, IRS
- 12:30pm    7. Council Member Report of Activities - Outreach form (Attachment 2)
- a. 1/10<sup>th</sup> Citizens Advisory Council- Charmaine Scott
- b. Kitsap Accessibilities & Public Works Transitions Plan- Ranae Beeker
- c. Council Member Report of Community Outreach
- 1:10pm    8. Aging Services:
- 2025 Dashboard (Attachment 3)
- May Older Americans Month activities (Attachment 4)
- 1:20pm    9. 2024 Advisory Council Business
- a. Council recruitment status
- b. 2025 Calendar of Events (Attachment 5) – discuss meeting in May/June
- 1:30pm    ADJOURN

#### **Instructions for members of the public during a hybrid meeting:**

To provide public comment during the meeting, click on the hand icon at the bottom of the screen to “raise your hand.” The chair, or designee, will call upon the attendee to speak at the designated time.

Public comment may also be submitted in advance to be read by staff or the chair during the meeting. Email comments by 12:00 p.m. the day before the meeting to Stacey Smith at [sasmith@kitsap.gov](mailto:sasmith@kitsap.gov)

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## **March 19, 2025 Aging Advisory Council Meeting Minutes**

### **Zoom**

#### **1. Convened at 11:32 a.m.**

**Members Present:** Steve McMurdo, Laney Calhoon, Theresa Lambert, Charmaine Scott, Linette Zimmerman, Ranae Beeker, Elizabeth Safsten.

**Members Excused:** Karol Stevens.

**Members Unexcused:** None.

**Guests Present:** Christy DeGeus (Public Works ADA Plan Program manager), Dr. Paul Nuchims.

**Staff Present:** Stacey Smith, Cristiana Fillion.

#### **2. Public Address:**

- Steve read the rules of public comment. The Council and guests made introductions. Dr. Nuchims shared his concept of an inter-generational residential home that residents would manage the community themselves, giving them the freedom to come and go as they like. The concept involves parents bringing their children to the community to engage in play and learning activities with the older adults. This would create a happy environment where older adults remain active contributors to society by helping children and parents with childcare

#### **3. Approval of Agenda:** The meeting agenda was reviewed.

- Ranae made a motion to approve the agenda, Charmaine seconded, and the agenda was approved.

#### **4. Approval of Minutes:**

- Laney made a motion to approve the February meeting minutes. The motion was seconded by Theresa. The minutes were approved.

#### **5. KC Public Works ADA Transition Plan, Christy DeGeus** provided an overview of the Plan.

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- The Americans with Disabilities Act (ADA) was originally enacted in 1990 and in 2010 the Standards and the Public Right of Way Accessibility Guidelines were created. The Guidelines took effect in 2023 and require employers with 50,000 or more employees to develop transition plans to address non-compliance and develop plans to remove barriers.
- The plan focuses on addressing barriers with public right-of-way, particularly near streets and transportation facilities as mandated by ADA Title II. This initiative is dedicated exclusively to enhancing pedestrian accessibility.
- A self-evaluation process was conducted. A scoring matrix was then developed to prioritize projects by assessing the degree of non-compliance and the proximity to major landmarks. The evaluation included push-button signals, curb ramps, and sidewalks. It also reviewed general hazards, including driveways, tripping hazards, and obstacles like trees and telephone poles, with the standard that sidewalks must have a minimum width of 4 feet.
- Estimated barrier removal costs exceed \$99 million, while current funding is approximately \$270,000. Other sources of funds include the County maintenance program, 6-Year TIP County Wide ADA and Non-Motorized Improvements, the Traffic Signal Division, and private property owners responsible for obstructions
- In development of the plan, public input was gathered through an online survey, an open house, and a reporting tool, with responses from 154 participants. The ADA Transition Plan Advisory Committee was formed which created the scoring matrix, and various community groups were involved.
- Elizabeth asked whether the plan covers all of Kitsap County or only unincorporated areas. Christy clarified it only covers unincorporated areas. When asked whether she had collaborated with Kitsap Transit to ensure pedestrian accessibility at park-and-ride locations, Christy explained that their involvement is at street level where connections to the public right-of-way occur, rather than on-site.
- Steve asked about potential lighting improvements for individuals with vision impairments. Christy noted that lighting does not fall under the public right-of-way

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requirements and is not mandated by the ADA. Stacey then inquired about next steps, asking whether the plan had been approved. Christy explained that it was presented to the Board of County Commissioners in March as a final draft and will be submitted in April, making the project eligible for continued funding.

- Christy will send the updated presentation slide show to Stacey to distribute to the Council following the meeting.

### **6. Legislative Activities – State & Federal**

- Stacy shared a Seattle Times op-ed highlighting the increasing hunger among our neighbors and emphasizing that Washington lawmakers need to do better in addressing food insecurity. The piece underscores the need to support all populations experiencing food insecurity. Stacey explained that the State's House and Senate will release their budgets on the March 23, the legislative session will end on April 21, and the new provisions will take effect on July 1. A special session may be considered due to the volume of work. ALTC's federally funded program are guaranteed through current contracts until September 30, while Congress determines the implementation details.
- Ranae mentioned the upcoming Washington Legislative districts town hall at Olympic College and Stacey noted that other town halls are also scheduled: 23rd District representatives will meet on March 22 on Bainbridge Island and later that same day at Olympic College, and the 35th District representatives will hold a telephone town hall on March 25.

### **7. Council Member Report of Activities**

- 1/10<sup>th</sup> Community Advisory Committee- Charmaine Scott
  - Charmaine explained that the 1/10th Community Advisory Committee has been scheduling appointments for and conducting site visits.
- Kitsap Accessibilities and Public Works Transitions Plan- Ranae Beeker
  - Ranae explained that there are no notable developments to report.
- Council Member Report of Community Outreach

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- Theresa contacted Meals on Wheels Kitsap and will participate in a ride along next Tuesday as a ride-along.
- Ranae stated that there will be another walk at Harper Park in April and another Bikes for All event in September.
- Linette has been responding to advocacy alerts and sharing them with members of multiple soroptimist clubs.
- Laney explained that Senior Center committee is now the Silverdale Community Center Foundation and has a board of directors. They are currently recruiting for additional board members who will be open to fundraising.
- Last Thursday, Steve co-presented presented to the Suquamish Community Advisory Council with Jason Doty, Senior Information & Assistance Supervisor, and Chief William from the Suquamish Police Department. Twenty-two people attended including Rebecca Pirtle, Kitsap County Volunteer Coordinator, and Commissioner Christine Rolfes.

### **8. Aging Services**

- The Council reviewed the March dashboard report and community outreach activities.
- Staff recruitments – Stacey explained that next week ALTC will be fully staffed.

### **9. 2024 Advisory Council Business**

#### **a. Council Recruitment Status**

- Steve stated that Rebecca Pirtle sent out an electronic notification to advertise open recruitment for multiple councils.

#### **b. Orientation for New Members**

- Stacey explained the tentative plan to meet prior to the April Advisory Council meeting.

#### **c. 2025 Calendar of Events was briefly reviewed**

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### **ADJOURNMENT**

The meeting was adjourned at 1:15 p.m.

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Steve McMurdo, Chair

## Aging Advisory Council Community Outreach Tracking Form

**Month:** \_\_\_\_\_

**Name:** \_\_\_\_\_

### Summary of Activities

Date of Activity	Describe Activity: <ul style="list-style-type: none"> <li>AC Meeting</li> <li>Community outreach or event (name)</li> <li>Social Media/Email</li> <li>Material Dissemination</li> <li>Advocacy Alert Action</li> <li>Other: Describe</li> </ul>	Topic: (optional) <ul style="list-style-type: none"> <li>General Aging Info (programs, services or events)</li> <li>General Caregiver Info (programs, services or events)</li> <li>Memory Loss</li> <li>Other: Describe</li> </ul>	Total Duration of Time (include prep & travel)	Approx. number of individuals reached (per activity), as applicable

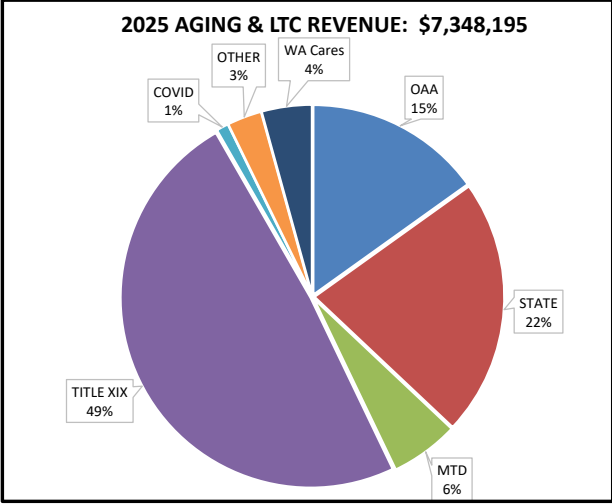
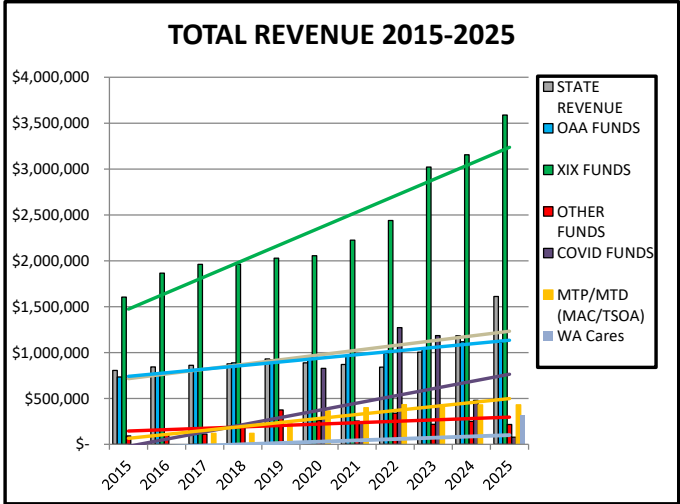
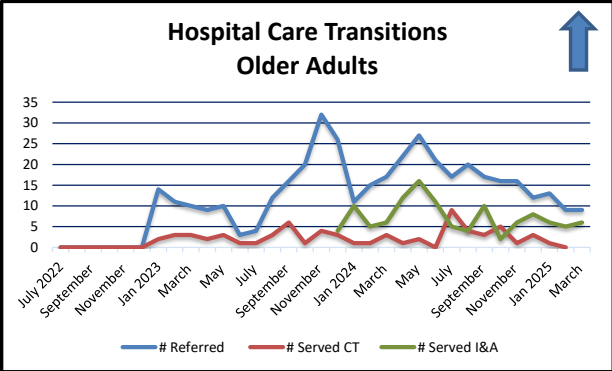
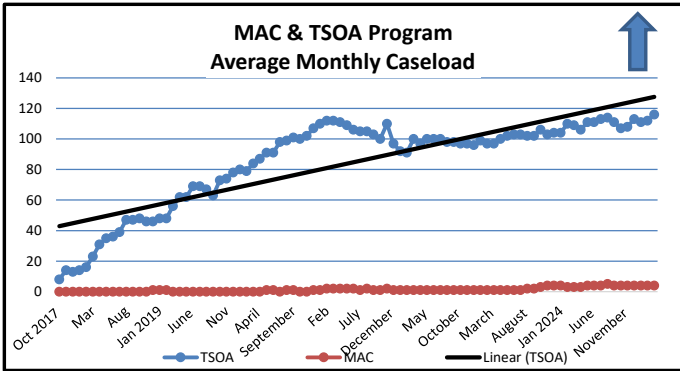
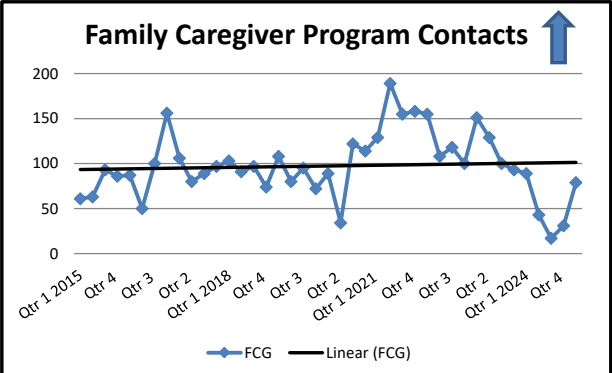
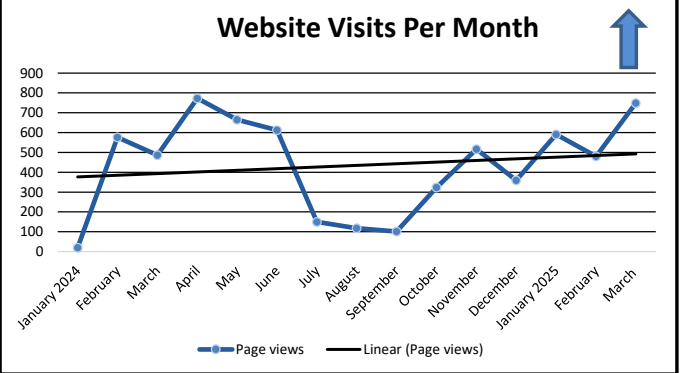
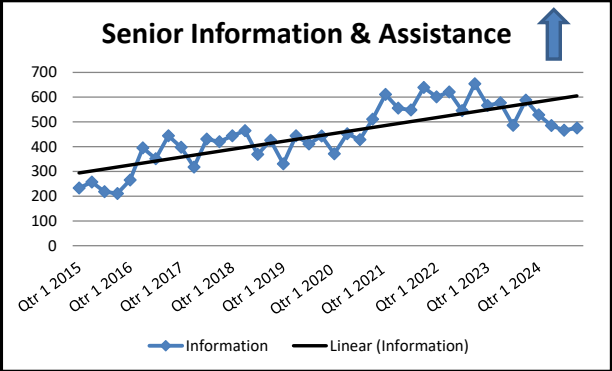
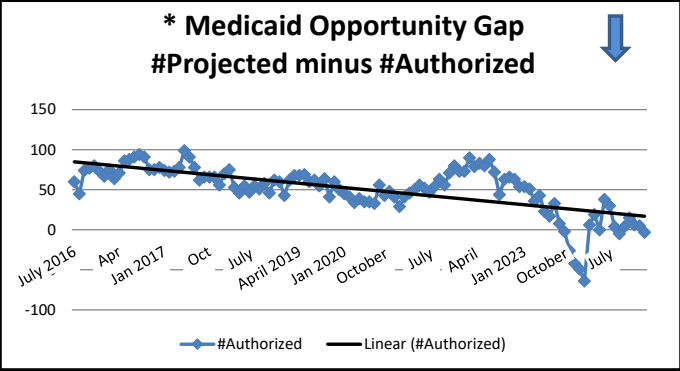
**Notes:**

Please complete and return to Aging by the 5<sup>th</sup> of each month -mail or attach to an email.

Mail: 614 Division St., MS-5  
Port Orchard, WA 98366

Email: Cristiana at [cfillion@kitsap.gov](mailto:cfillion@kitsap.gov)

Aging & Long Term Care Advisory Council Dashboard- April 2025



\* 1,146 caseload max



**Community Outreach Activities:**

April 23: DDA Resource Fair, 2:00-4:00pm (Jason & Russ)

April 26: Veterans Stand Down, 10:00am- 2:00pm (Jason & Russ)

May 6: RESCHEDULED Manette History Club, 1:00-2:00pm (Jason & Russ)

May 6: Manchester Community Advisory Council Open House , 6:00-8:00pm (Stacey & Jason)

May 8: Kingston Library (OAM), 2:00-3:00pm

May 28:Medicare 101 Overview (OAM) Silverdale Library, 11:00am- Noon

June 5: Silverdale Senior Center, 1:00-2:00pm (Stacey & Jason)



## May is Older Americans Month

The 2025 theme, *Flip the Script on Aging*, focuses on transforming how society perceives, talks about, and approaches aging. It encourages individuals and communities to challenge stereotypes and dispel misconceptions. This year, join us in honoring older adults' contributions, exploring the many opportunities for staying active and engaged as we age, and highlighting the opportunities for purpose, exploration, and connection that come with aging.

In recognition of this month, **Kitsap County Aging and Long-Term Care** is offering free virtual and in-person events to older persons, family, caregivers, and supports.

### What does Kitsap Aging Information and Assistance offer me?

May 8<sup>th</sup> 2:00 – 3:00pm

**In-Person Location:** Kitsap Regional Library (Meeting Room) – 26159 Dulay Rd NE, Kingston, WA 98346

**Presenters:** Jason Doty and Dan Parsons with Kitsap County Aging and Long-Term Care

**This presentation will cover a range of services and supports intended to help older adults, adults with disabilities, and caregivers in Kitsap County**

### Fact or Myth: Falls are Part of Normal Aging

May 14<sup>th</sup> 2:00 – 3:00pm

**In-Person Location:** Kitsap Regional Library, 3650 NW Anderson Hill Rd, Ste 101, Silverdale, WA 98383

**Presenter:** Jennifer Calvin Myers with Kitsap County Aging and Long-Term Care

**Join us for a review of lifestyle options that flip the script on stereotypes about aging and support your brain health!**

### What does Kitsap Aging Information and Assistance offer me?

May 16<sup>th</sup> 10:00 – 11:00 AM

**Virtual – Zoom, Registration Link:** <https://us06web.zoom.us/meeting/register/WNRnNbTbROeyzGtC70rCjg>

**Presenters:** Jason Doty and Claire Mackie with Kitsap County Aging and Long-Term Care

**This presentation will cover a range of services and supports intended to help older adults, adults with disabilities, and caregivers in Kitsap County**

### Where to Turn: The Right Program for the Right Time

May 21<sup>st</sup> 2:00 – 3:00pm

**In-Person Location:** Kitsap Regional Library – 87 Sidney Ave, Port Orchard, WA 98366

**Presenter:** Carrie Mulcahy with Kitsap County Aging and Long-Term Care

**Join us for an overview of available programs for caregivers and individuals who are looking for options outside of traditional Medicaid programs**

### Medicare Basics

May 29<sup>th</sup> 2:00 – 3:00pm

**In-Person Location:** Kitsap Regional Library – 87 Sidney Ave, Port Orchard, WA 98366

**Presented by:** Davin Reyes with Kitsap County Aging and Long-Term Care

**This presentation will provide insight into how basic Medicare programs work**

Visit [www.agingkitsap.com](http://www.agingkitsap.com) for event information and video library

For questions, call 360-337-5700, 1-800-562-6418 or Email: [SeniorInfo@Kitsap.gov](mailto:SeniorInfo@Kitsap.gov)



# 2025 Advisory Council Meetings & Activities

January 13	WA Legislature Begins (ends April 27, 2025)
January 15	* Advisory Council from 11:30am- 1:30pm
January 21	* w4a Legislative Training Webinar (Noon-1:00pm)
January 29	* Advisory Council Legislative Planning meeting (10:00-11:00am)
February 4-7:	* w4a Advocacy Days (appointments with elected officials)
February 19 (Wed)	* Advisory Council from 11:30am- 1:30pm
February 20:	* Virtual Spring Senior Lobby event
March 19 (Wed)	* Advisory Council from 11:30am- 1:30pm Topic: PW Accessibility Taskforce, Christy DeGeus
April 16 (Wed)	* Advisory Council from 11:30am- 1:30pm
May 21 (Wed)	* Advisory Council from 11:30am- 1:30pm
May Workshops TBD	<b><u>May Older Adults Virtual Workshops</u></b> <ul style="list-style-type: none"> <li>• May 8<sup>th</sup> Kitsap Aging Services presentation, Kingston Library</li> <li>• May 14<sup>th</sup> Fall Prevention presentation, Silverdale Library</li> <li>• May 16<sup>th</sup> Kitsap Aging Services presentation, zoom</li> <li>• May 21<sup>st</sup> Kitsap Aging Caregiver Programs Overview, Port Orchard Library</li> <li>• May 29<sup>th</sup> Medicare Basics, Port Orchard Library</li> </ul>
June 18 (Wed)	* Advisory Council from 11:30am- 1:30pm
July 16 (Wed)	Optional Picnic
August 20 (Wed)	* Advisory Council from 11:30am- 1:30pm
September 17 (Wed)	* Advisory Council from 11:30am- 1:30pm Tentative Topic: PSRC Transportation, Coordinated Mobility Plan Jean Kim
October 15 (Wed)	<del>* Advisory Council from 11:30am- 1:30pm</del> CANCELLED 2024 AAA & State Council on Aging (SCOA) Conference
October 17 TBD	2024 Fall Senior Lobby Conference
November TBD	Kitsap Caregiver Fall Caregiver Workshops
November 19 (Wed)	* Advisory Council from 11:30am-1:30pm
December 17 (Wed)	* Advisory Council from 11:30am- 1:30pm

\*Indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room