

Developmental Disabilities Resource Guide

The following guide lists the essential services for the people with Developmental Disabilities in Kitsap County. Please submit additions, deletions, or modifications to Kitsap County, Department of Human Services, Developmental Disabilities Program at kmurray@kitsap.gov.

*You can access the guide online at kitsapgov.com.
For additional copies of this guide, please call
360-337-4622*

If you are looking for specific support for people or families living with disabilities not listed in this directory, please call any of the following numbers.

Family Resource Coordinator	360-373-2536
Kitsap County DD Coordinator	360-337-4624
Kitsap County Parent Coalition Coordinator	206-486-0300
Kitsap Community Resources	360-473-2075

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ADVOCACY/DISABILITY SUPPORTS

- C.H.A.D.D. ADHD Support Group** 360-779-5362
chadd.net
- Support group for children and adults
 - Support and information for parents, AD/HD adults, educators, and healthcare professionals
- Dad's Move** 800-736-0979
dadsmove.org
- Family focused, dad driven peer support model offering education, advocacy, and peer support.
- Down Syndrome Support Group of Kitsap County and Surrounding Areas, (UPSIDE)** 360-308-0187
theupside@comcast.net
- Meets monthly, contact for meeting schedule.
- Holly Ridge Center Infant Toddler Program** 360-373-2536
5112 NW Taylor Rd., Bremerton WA 98312
itp@hollyridge.org | hollyridge.org
- Birth to three neurodevelopment early learning center for children and families with special needs
- Kitsap County Family Resource Coordinator** 360-373-2536
5112 NW Taylor Rd., Bremerton WA 98312 | frc@hollyridge.org
- Free developmental screening and referral for infants and toddlers under age three
- Kitsap County Parent Coalition** 206-486-0300
2528 Wheaton Way, Suite 106, Bremerton WA 98310 | kitsapcountyparentcoalition.org
- Advocacy, consulting, newsletter, training, resource navigation
- Kitsap Parent Child Assistance Program (PCAP)** 360-377-0370
4841 Auto Center Way, Suite 103, Bremerton, WA 98312
kitsappcap@agapekitsap.com
- Administered by Agape Unlimited
 - Advocacy and case management intervention for high-risk women with maternal alcohol and drug abuse
- Northwest ADA Center** 800-949-4234
nwadacenter.org
- Information, training, and guidance on the Americans with Disabilities Act (ADA)
- Opening Doors for Multicultural Families** 253-216-4479
multicultrualfamilies.org
- Provides culturally and linguistically relevant information, services, and programming to individuals with developmental disabilities and their families.
- Peninsula Alliance** 360-516-0474
3243 N Perry Ave., Bremerton WA 98310 | peninsulaalliance.org
- Provides information and referrals to individuals with developmental disabilities and their families.
 - Includes monthly newsletter, Friday Night Social, Recreation and Resident Camp

and adult classes.

- Representative payee program, Community Engagement

People First of Washington

253-999-7222

peoplefirstofwashington.org

- Self-advocacy and support
- Local Kitsap chapter, monthly meetings

South Sound Parent to Parent Program

360-352-1126

ssp2p.org

- Parent mentoring, support groups, parent education and sib- shops
- Local coordinator

Washington PAVE

253-565-2266

6316 S. 12th St., Tacoma, WA 98465 | wapave.org

- Parent-directed organization, information, and training available to parents about the educational system for preschoolers and school age children who experience a disability.
- Workshops, referrals, IEP support and information

BLINDNESS

Able Opportunities, Inc

206-406-9900

P.O. Box 468, Hansville, WA 98340 | ableopps.com

- Vocational evaluation, placement and retention, independent living assessments and training
- Communication consultation for those supporting nonverbal individuals, specialization: sensory loss.

Department of Services for the Blind

800-552-7103

dsb.wa.gov

- Independent living, vocational rehabilitation, orientation, training Assistive technology training/services, family services

Kitsap Regional Library

360-447-5480

1301 Sylvan Way, Bremerton, WA 98310 | krl.org

- Computers dedicated for use by people with visual disabilities.
- online catalog accessible to visually impaired users
- Training available for using systems.
- Large print and audio books

LS&S Group

800-468-4789

lssproducts.com

- Catalog specializing in products for the visually and hearing impaired.

NW Lions Foundation For Sight and Hearing

206-838-4668

nlfoundation.org

- Eyeglasses and vision exams for low-income residents
- Eye tissue bank accepts donated eyeglasses and hearing aids.

Olympic College
-Adaptive Technology 360-475-7510
-Student Disability Services 360-475-7540

1600 Chester Ave., Bremerton WA 98337
Olympic.edu | disabilityservices@olympic.edu

- Academic accommodations, adaptive technology for students with disabilities

Washington Council of the Blind 800-255-1147
wcbinfo.org mekawh@gmail.com

- Local chapter of WA Council of the Blind
- Public awareness, education, provides vision loss support group.
- Opportunities for community participation, recreation, and vocation

Washington State School for the Blind 360-696-6321
wssb.wa.gov | 2214 E 13th Street, Vancouver WA 98661-4120

- On-campus programs at no cost to parents and districts
- Lions Low Vision Clinic, Instruction Resource Center, Braille Production and Statewide Technology Center

Washington Talking Book and Braille Library 800-542-0866
2021 9th Avenue, Seattle WA 98121-2783 | wtbb.org

- Free, statewide public library service for individuals with disabilities
- Books and magazines, large print, or Braille available

CHILDREN'S THERAPY SERVICES

Easter Seals Olympic Peninsula Autism Center 360-337-2222
3100 Bucklin Hill Rd NW, Suite 215, Silverdale, WA 98383
easterseals.com/Washington

- Applied Behavior Analysis (ABA) services provided to children with Autism, birth to age 18.

Holly Ridge Center 360-373-2536
5112 NW Taylor Rd., Bremerton WA 98312
hrc@hollyridge.org | hollyridge.org

Mary Bridge Children's Eye Center - Silverdale 253-792-6630
9800 Levin Rd NW, Suite 208, Silverdale, WA 98383 | marybridge.org

Mary Bridge Children's Hospital 253-403-1400
311 S. L St., Tacoma WA 98405 | multicare.org/marybridge

Seattle Children's Hospital 866-987-2000
-Family Resource Center 206-987-2201
4800 Sand Point Way NE, Seattle WA 98105 | seattlechildrens.org

Winlock Pediatrics, LLC 564-234-3327
19540 Front St NE, Poulsbo WA 98370 | winlockpediatrics.com

- Autism center of excellence in Kitsap County
- Provides developmental assessments to establish or confirm an ASD diagnosis and develop a treatment plan.

OCCUPATIONAL THERAPISTS

Apple Tree Therapy, LLC 360-286-2351
9951 Mickelberry Rd NW, Suite 123 | appletreeot.com

- Provides occupational therapy treatments for children with special needs (autism, sensory processing disorders, ADHD, learning disabilities and developmental delays)

Center for Therapeutic Intervention 253-851-3874
6659 Kimball Dr., Suite D-403., Gig Harbor WA 98335 | ctigigharbor.com

- Pediatric occupational therapy clinic

Elk's Therapy Program 253-472-6223
P.O. Box 110760, Tacoma WA 98411 | waelks.org

- Provides home-based occupational and physical therapy to children with disabilities.

PHYSICAL THERAPISTS

Kitsap Children's Therapy 360-697-2228
19319 7th Ave, Suite 104, Poulsbo WA 98370 | kitsapchildrenstherapy.com

- Pediatric children's therapy, speech, and OT

SPEECH THERAPISTS

Children's Hospital Speech and Language 206-987-2104
4800 Sand Point Way NE, Seattle WA 98105 seattlechildrens.org

Hearing, Speech, and Deafness Center (HSDC)
-Seattle 888-222-5036
hsdc.org

- Services for deaf and hard of hearing children
- Audiology services (including infants) and hearing aids.

Mary Bridge Speech and Hearing 253-697-5200
1220 Division Ave., Tacoma WA 98403 | marybridge.org

Tacoma Speech and Language Clinic 253-472-6454
5005 Center St., Suite H, Tacoma WA 98409

CLOTHING/FOOD

Helpline House Bainbridge Is 206-842-7621
282 Knechtel Way, Bainbridge Island WA 98110 | helplinehouse.org

North Kitsap Fishline 360-779-5190
19705 Viking Ave NW., Poulsbo WA 98370 | fishlinehelps.org

- Food bank, thrift store, housing assistance

S. Kitsap Helpline 360-876-4089
1012 Mitchel Ave, Port Orchard WA 98366 | skhelpline.org

- Food bank and other assistance

Salvation Army 360-373-5550
832 6th St., Bremerton WA 98337 | bremerton.salvationarmynw.org

St. Vincent de Paul 360-377-2929
1137 N Callow, Bremerton WA 98312

- Food bank and assistance office
- Thrift store

DEAFNESS

Able Opportunities, Inc 206-404-9900
P.O. Box 468, Hansville, WA 98340 | ableopps.com

- Vocational evaluation, job placement and retention, independent living assessments and training
- All services available in ASL, American Sign Language

Early Hearing Loss, Detection, Diagnosis, and Intervention Program 206-418-5613
1610 NE 150th St., Shoreline WA 98155

- WA state DOH genetic services section
- Contact: EHDDI Program Consultant, ehddi2@doh.wa.gov

Hearing, Speech, and Deafness Center (HSDC)
-Seattle 888-222-5036
-Tacoma 866-421-5560
hcdc.org

- Services for deaf and hard of hearing children
- Audiology services (including infants) and hearing aids.

Holly Ridge Center 360-373-2536
5112 NW Taylor Rd., Bremerton, WA 98312
hollyridge.org | hrc@hollyridge.org

- Birth to three Neurodevelopmental Clinic and Preschool serving families and children with special needs.

Kitsap County Family Resource Coordination 360-373-2536
5112 NW Taylor Rd., Bremerton, WA 98312 | frc@hollyridge.org

- Free developmental screening and referral for infants and toddlers under age three

N.W. Lions Foundation for Sight and Hearing 206-838-46668
nlfoundation.org | info@nlfoundation.org

- Accepts donated hearing aids.

Office of the Deaf & Hard of Hearing (ODHH) 800-422-7930
dshs.wa.gov/altsa

- Services for persons who are deaf, hard of hearing, deaf-blind or hearing with a speech disability

Olympic College
-Adaptive Technology 360-475-7510
-Student Disability Services 360-475-7540

1600 Chester Ave., Bremerton WA 98337 disabilityservices@olympic.edu
olympic.edu

- Access, academic accommodations, adaptive tech for students with disabilities

EDUCATION

Bainbridge Island School District Special Education bisd303.org	206-780-1052
Bremerton School District Special Services Department bremertonschools.org	360-473-1000
Central Kitsap School District Special Services Department ckschools.org	360-662-1610
Disabilities, Opportunities, Internetworking And Technology (DO-IT) (V/TTY) washington.edu/doit	206-685-3648
<ul style="list-style-type: none">• Grant funded program that focuses on college and career preparation for students with disabilities.• Information, training for employers and educators	
Going-to-College.org <ul style="list-style-type: none">• Information about living college life with a disability.• Designed for high school students and provides video clips, activities and additional resources that can help students get a head start in planning for college.	
Kitsap Community Resources, Head Start/ Early Childhood Education Program 1201 Park Avenue, Bremerton WA 98337	360-377-0053
<ul style="list-style-type: none">• Serving ages birth to 5 years• Early health & childhood development services	
Kitsap County Parent Coalition Wheaton Way, Suite 106, Bremerton 98310 kitsapcountyparentcoalition.org	206-486-0300
<ul style="list-style-type: none">• Advocacy, consulting, newsletter, training	
North Kitsap School District Special Education nkschools.org	360-396-3000
Office of the Education Ombudsman oeo.wa.gov	866-297-2597
<ul style="list-style-type: none">• Resolves complaints, disputes and problems between families and WA State elementary and secondary public schools.	
Olympic College -Adaptive Technology -Student Disability Services 1600 Chester Ave., Bremerton WA 98337 disabilityservices@olympic.edu olympic.edu	360-475-7510 360-475-7540
<ul style="list-style-type: none">• Access, academic accommodations, adaptive technology for students with disabilities	
Olympic ESD 114 105 National Ave. N, Bremerton WA 98312 Oesd114.org	360-479-0993
<ul style="list-style-type: none">• Serving the Olympic and Kitsap Peninsulas• HeadStart, EHS and ECEAP, 360-478-6889• Special Services, 360-478-6886	
Seattle University, Center for Change in Transition Services PO Box 222000, Seattle, WA 98122-1090	206-296-6494

seattleu.edu/ccts

- Technical assistance and training provided to school districts addressing transition needs of students with disabilities.

South Kitsap School District Office of Special Services 360-443-3629
skschools.org

Special Education Technology Center 509-963-3350
Central Washington University cwu.edu/setc

- A statewide project designed to assist school districts with the special technology needs of their students by providing technology resources that are otherwise difficult to find or access

Superintendent of Public Instruction 360-725-6000
k12.wa.us

Washington PAVE 253-565-2266
6316 S. 12th St., Tacoma, WA 98465 | wapave.org

- Parent-directed organization, information, and training available to parents about the educational system for preschoolers and school age children with special needs
- Workshops, referrals, and support

West Sound Technical Skills Center 360-473-0550
101 National Avenue N, Bremerton WA 98312 | westsoundtech.org

- Serving all high school students; vocational training classes
- Must be referred through high school.

EMPLOYMENT/ COMMUNITY INCLUSION

Able Opportunities, Inc 206-406-9900
P.O. Box 468, Hansville, WA 98340 | ableopps.com

- Vocational evaluation, placement, and retention
- Communication consultation for those supporting nonverbal individuals, specialization: sensory loss.
- Contact agency for WIN, a job placement program at local hospital
- All services available in American Sign Language

Bainbridge Island Youth Services 206-842-9675
askbys.org

- Job referrals, counseling, serves young people ages 12-20, must live on the Island or North Kitsap

BenefitU 206-312-1099
benefitu.org

- Information and resources related to federal and state benefit programs.
- Benefits planning and referral support for eligible Washington residents.

Cares of Washington 206-938-1253
caresofwa.org

- Short and long-term individual supported employment and community inclusion services

Easter Seals Washington 360-997-6017

2528 Wheaton Way, Suite 106, Bremerton WA 98310 | easterseals.com/Washington

- Supported individual employment, community inclusion services.

Holly Ridge Center 360-373-2536

5002 Kitsap Way, Suite 200, Bremerton WA 98312 | hollyridge.org

- Individual employment, job placement and retention services

Kitsap Community Resources 360-478-2301

kcr.org/employment

- Employment and training, community service
- AmeriCorps 360-473-2015
- SK Family Service Center - WorkSource affiliated 360-473-2144

Pathways to Success/WorkSource 360-515-1001

3120 NW Randal Way, Silverdale, WA 98383 | Oesd114.org

- Academic support, job training, career development for youth ages 16-21

Peninsula Services 360-373-1446

400 Warren Ave., Suite 150, Bremerton, WA 98310 | peninsulaservices.org

- Individual employment, vocational rehabilitation, job development and placement services

Plan to Work 866-497-9443

plantowork.org

- Benefits planning for persons receiving disability benefits from the Social Security Administration (SSA)

Skookum 360-475-0756

skookum.org

- Helps people with disabilities obtain and maintain jobs with employers that match their skills, interest, and abilities

Sound Works Job Center, Poulsbo 360-779-1160

19705 Viking Avenue, Poulsbo WA 98370

- Non-profit employment services and resources, job listings

Trillium 360-698-6659

3501 Lowell St, Suite 101, Silverdale, WA 98383 | trillium.org

- Provides individualized employment services including job development, job coaching and retention services.

Vadis 360-516-6484

3381 NW Bucklin Hill Rd, Suite B, Silverdale, WA 98383 | vadis.org

- Provides customized employment services including job development, job coaching and retention services.

Washington Initiative for Supported Employment WISE 206-343-0881

gowise.org

- Dedicated to expanding employment opportunities for people with developmental disabilities.
- Training, technical assistance, informational resources

WorkSource 360-516-1001

3120 NW Randall Way, Silverdale, WA 98382 | kitsapgov.com

- Job listings, career exploration and resume software, job skills workshops, career counseling

FINANCIAL

- BenefitU** 206-312-1099
benefitu.org
- Information and resources related to federal and state benefit. programs
 - Benefits planning and referral support for eligible Washington residents.
- Jones and Ibrahim, PLLC** 206-405-3240
3513 NE 45th St., Suite 2E, Seattle WA 98105 | Seattledisabilitylaw.com
- Estate planning for families with special needs children
 - Special needs trusts
 - Guardianship services, initially and ongoing reports to the court
- Developmental Disabilities Endowment Trust Fund** 888-754-8798
arcwa.org
- Allows individuals with developmental disabilities and their families to set aside funds for future use without affecting their eligibility for government benefits and services.
- Northwest Access Fund** 206-328-5116
nwaccessfund.org
- Low interest loans for any type of assistive technology device or services, as well as vehicle and home modifications
- Plan to Work** 866-497-9443
plantowork.org
- Planning services for individuals with Social Security Disability benefits
- Security Financial Services** 360-874-7975
1307 Bay Street, Port Orchard, WA 98366
- Social Security representative payee services

GOVERNMENTAL/COUNTY/TRIBAL SUPPORTS

- Department of Social and Health Services (DSHS), Community Services Office** 877-501-2233
4710 Auto Center Blvd, Bremerton, WA 98312
- Food stamps, financial and medical assistance
- DSHS, Adult Protective Services** 877-734-6277
- Investigates allegations of abuse, neglect, abandonment, and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information, and referral
- DSHS, Aging and Long-Term Support Administration** 360-725-2300
dshs.wa.gov/altsa
- DSHS, Division of Children and Family Services, Child Protective Services** 360-842-2323
4210 Wheaton Way, Suite 100, Bremerton WA 98310
- Primary intake points for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18.
- DSHS, Developmental Disabilities Administration (DDA)** 360-405-7800
710 Auto Center Blvd., Bremerton, WA 98312 | dshs.wa.gov/DDA
- Intake, information and referral, case/resource management, residential,

community and employment support, eligibility assessments for personal care services

DSHS, Division of Vocational Rehabilitation (DVR) 360-405-7810
4710 Auto Center Blvd., Bremerton WA 98312 | dshs.wa.gov/DVR

- Post high school assessment, education, placement, training, eligibility for services, referrals, case management, employment training and assistance.

DSHS, Health Care Authority 800-562-3022
hrsa.wa.gov

- Free or low-cost health care

DSHS, Working Connections Childcare 844-626-8687
4710 Auto Center Blvd., Bremerton, WA 98312 dcyf.wa.gov

- Childcare subsidy for working parents.
- Contact agency for eligibility and program requirements

Kitsap County Developmental Disabilities 360-337-4624
614 Division St. MS-23, Port Orchard WA 98366 kitsapgov.com

- Funding for day and employment programs; responsible for community plan; advocacy; coordination of services

Port Gamble S'Klallam Tribe 360-297-2646
pgst.nsn.us

- Various services available through different departments including early childhood education; child and family services; career and education; and health services to support enrolled tribal members and their families.

Social Security Administration 800-772-1213
9594 Mickleberry Rd. NW, Silverdale, WA 98383 | socialsecurity.gov

- Financial assistance; Social Security Income (SSI) disability and Social Security Disability Insurance (SSDI)

Suquamish Tribe 360-598-3311
suquamish.nsn.us

- Variety of available services provided through different departments including education; community development; family and friends center; human services; health division and wellness center to support the Suquamish community.

Washington State Information

wa.gov

- Official website of Washington State, with easy access to online state services and government agencies.

HOUSING/LIVING ASSISTANCE

Bremerton Housing Authority 360-479-3694
600 Park Ave, Bremerton WA 98310 | bremertonhousing.org

- Applications for public housing, housing for people with disabilities, home ownership programs

Catholic Social Services Benedict House, Single Men's Shelter 360-377-6136

- Contact for eligibility requirements and available program services.

City of Bremerton 360-377-7738
bremertonwa.gov

- Down payment assistance program for first time, income eligible home buyers;

- home rehabilitation program
 - Contact program for eligibility requirements
- Communitas** 360-377-7231
 920 Park Ave., Bremerton WA 98337 | communitas.org
- Group homes, apartment programs, tenant support; recreational support serves adults over 18 years of age.
- Habitat for Humanity of Kitsap County** 360-479-3853
 3581 Wheaton Way, Bremerton WA 98312 | kitsaphabitat.org
- Housing Kitsap** 360-535-6100
 2244 NW Bucklin Hill Rd., Silverdale 98383 housingkitsap.org
- Applications for public housing; housing for people with disabilities, home ownership programs
- Housing Resources Board (HRB)** 206-842-1909
 Housingresourcesbi.org
- Non-profit agency that provides low-income rental housing on Bainbridge Island
 - Independent living program that provides health and safety related home modifications
 - Home share program that matches folks with rooms to rent in their homes with those looking for lower cost housing.
- Kitsap Community Resources** 360-473-2035
 1201 Park Ave., Bremerton WA 98337 | kcr.org
- Housing assistance, transition housing, weatherization
 - Energy assistance, 360-479-1507
- Kitsap Residences, Port Orchard** 360-876-1470
 2505 Mile Hill Drive, unit 201, Port Orchard, WA 98366 | kitsapresidences.org
- Apartment programs, tenant support, community integration, recreational support for persons with developmental disabilities
- Kitsap Tenant Support Services (KTSS)** 360-377-7307
 2540 Cascades Pass Blvd #100, Bremerton WA 98312
 kitsaptenantsupportservicesinc.com
- Assisted living alternatives, supported living assistance and recreational support for persons with developmental disabilities
- Low Income Energy Assistance (LEAP)** 360-479-1507
 kcr.org
- Program assists income-eligible renters and homeowners by providing financial assistance to pay their electric, natural gas and heating bills.
- Max Hale Center** 360-792-2117
 285 5th Street, Bremerton WA 98337
- Non-emergency, permanent housing for homeless and income- eligible persons
- St. Vincent De Paul** 360-473-2035
 1137 North Callow, Bremerton WA 98312
- Women’s shelter, contact for eligibility requirements
- Telephone Assistance Program**
 lifewireless.com
- Life Wireless provides free phone service as well as free government phones with qualifying enrollment through the Lifeline phone program.

INFORMATION AND REFERRAL

- Salish Regional Crisis Line** 888-910-0416
imhurting.org
- Comprehensive community resource information
 - Listening ear, crisis intervention
- The Childcare and Action Council** 360-786-8907
ccacwa.org
- Childcare resource and referral
- Kitsap Regional Library** 360-447-5480
1301 Sylvan Way, Bremerton WA 98310 | krl.org
- Local and national resource database
- Lutheran Community Services NW Navy EFM Respite Care** 800-424-2246
lcsnw.org
- Respite care for active-duty navy families with EMF children
- Senior Information and Assistance** 360-337-5700
agingkitsap.com
- Information and referral for senior programs and services
- Peninsula 211** 211
wa211.org
- Community and state-wide information and referral assistance
- Washington PAVE** 253-565-2266
wapave.org | 6316 S 12th St., Tacoma WA 98465
- Comprehensive listing of state and national phone numbers for many disabilities and disability issues

LEARNING DISABILITIES

- Front Street Clinic** 360-697-1141
frontstreetclinic.com
- Testing for learning disabilities for adolescents 18 and under as well as adults
- Hope Clinic** 360-613-0181
9633 Levin Rd NE, Suite 201, Silverdale WA 98383 | hopecliniconline.com
- Free testing for learning disabilities
- Learning Disabilities Association of Washington** 425-882-0820
ldawa.org
- Online directory to help those affected by learning disabilities find resources within the greater Puget Sound region.
- Learning Disabilities Online**
ldonline.org
- Web-based information and resource site related to learning disabilities.

LEGAL

- Crime Victim Support Services** 425-252-6081
• Free advocacy service for victims/survivors of robbery, assault, abuse, fraud, and other crimes
- Developmental Disabilities Endowment Trust Fund** 888-754-8798
arcwa.org
• Special needs trust accounts for individuals with developmental disabilities
• State matching funds available
- Disability Rights Washington** 800-562-2702
disabilityrightswa.org | info@dr-wa.org
• Legal and information services
- Dispute Resolution Center of Kitsap County** 360-698-0968
9004 Washington Ave., Silverdale, WA 98383 | kitsapdrc.org
• Mediation and conciliation, and problem-solving services
- Jones and Ibrahim, PLLC** 206-405-3240
Seattledisabilitylaw.com
• Estate planning for families with special needs children
• Special needs trusts
• Guardianship services, initially and ongoing reports to the court
- Kitsap Legal Services** 360-479-6125
kitsaplegalservices.org
• Legal referral, works in conjunction with the NW Justice Project
- NW Justice Project, CLEAR Hotline** 888-201-1012
nwjustice.org
• Free legal referral and information services
- U.S. Dept. of Housing and Urban Development, Fair Housing Enforcement** 800-669-9777
hud.gov/complaints
• Handles complaints related to housing discrimination.
- U.S. Dept. of Justice, Equal Employment Opportunity Commission (EEOC)** 800-669-4000
eoc.gov
• Interprets and enforces employment regulations of the ADA.
- Washington Lawhelp**
washingtonlawhelp.org
• Web-based legal information site
- YWCA, Bremerton/Port Orchard** 360-479-0491
905 Pacific Ave, Bremerton WA 98337 | ywcakitsap.org
• Legal and family advocacy

MEDICAL/DENTAL

Directory of Dentists for Children with Developmental or Special Needs

wsda.org/public/special-needs-directory

HealthCare for Workers with Disabilities (HWD)

800-871-9275

dshs.wa.gov

- Medical state program that allows workers with disabilities to purchase Medicaid coverage.

KCHELP

360-329-2461

kchelp.org

- Hospital equipment lending program

Kitsap Public Health District

360-728-2235

345 6th St., Suite 300, Bremerton, WA 98337 | kitsappublichealth.org

- Immunization, public health nurse, children with special health care needs

Kitsap County Medical Society

360-698-2928

kcmedical.org

- County-wide referral line to Kitsap County physicians, grievance committee, mediation services

ABC Dental

360-373-3487

4207 Wheaton Way, Suite C, Bremerton, WA 98310 | abcd-dental.org

- Accepts Medicaid coupons.

Peninsula Community Health Services

360-377-3776

pchsweb.org

- Medical/assistance, dental services for children under 19 (at the Bremerton clinic only), sliding fee schedule.
- Multiple locations throughout Kitsap County

Sexual Assault Nurse Examiner (S.A.N.E.)

360-744-8800

vmfh.org

- Medical services, assistance, and exams to victims of sexual assault

Washington Apple Health for Kids

800-562-3022

wahealthplanfinder.org

- A Washington State initiative aimed at streamlining applications for children's medical insurance.
- Administered locally by the Kitsap County Health District

University of Washington, DECODE Clinic

206-543-4619

dental.washington.edu

- Dental treatment, prevention, and rehabilitation for persons with disabilities

MENTAL/BEHAVIORAL HEALTH SERVICES/ SUPPORTS

- Bridges Mental Health Ombuds Service** 360-698-1582
9004 Washington Ave NW, Silverdale, WA 98383 | kitsapdrc.org
- Advocacy for persons who are receiving or eligible to receive publicly funded mental health services.
- Courage to Heal Counseling Services** 360-779-4880
18732 Ness PI NE, Poulsbo, WA 98370
- Serves children and adults, sliding fee scale.
- Lou-Ann Lauborough, LICSW** 360-275-2377
lauborough-counseling.com
- Counseling and consultation services for individuals with developmental disabilities
- Kitsap Mental Health Services** 360-373-5031
kitsapmentalhelath.org
- Comprehensive mental health services
 - Locations throughout Kitsap County
- Kitsap Sexual Assault Center** 360-337-9773
600 Kitsap St., Port Orchard, WA 98366
- Information, crisis intervention, counseling, support groups, legal and medical advocacy
- Olympic Peninsula Autism Center** 360-337-2222
3100 NW Bucklin Hill Rd Ste 215, Silverdale, WA 98383
easterseals.com/Washington
- Provides Applied Behavioral Analysis (ABA) services to support children birth to age 18 with Autism Spectrum Disorder
- NAMI, Kitsap County**
namikitsap.org
- Affiliate of National Alliance for the Mentally Ill
 - Advocacy, support groups, education, information, and referral
- Salish Behavioral Health Organization** 360-337-7050
614 Division St., Port Orchard, WA 98366
- Plans and administers state funded programs for children and adults with persistent and severe mental illness in Kitsap, Jefferson, and Clallam counties
- Salish Regional Crisis Line** 888-910-0416
imhurting.org
- Comprehensive community resource information
 - Listening ear, crisis intervention
- YWCA,**
-Bremerton/Port Orchard 360-479-0522
-24 Hr. Hotline 800-500-5513
905 Pacific Ave, Bremerton, WA 98337 | ywcakitsap.org
- ALIVE shelter for women and children who are victims of domestic violence.
 - Legal advocacy, support groups and youth services

MILITARY SUPPORTS

Disabled American Veterans, Chapter 5 2315 Burwell Street, Bremerton WA 98312	360-373-2397
<ul style="list-style-type: none">Resources, information, and assistance for veterans	
Kitsap County Parent Coalition 2528 Wheaton Way, Suite 106, Bremerton WA 98310 kitsapcountyparentcoalition.org	206-486-0300
<ul style="list-style-type: none">Information and referral for military programs and services	
Kitsap County Veterans Assistance kitsapgov.com	360-337-4811
<ul style="list-style-type: none">Provides information and assistance to veterans.	
Madigan Army Medical Center 9040 Jackson Ave, Tacoma, WA 98431 madigan.tricare.mil	253-968-1110
Naval Hospital Bremerton Exceptional Family Member Program bremerton.tricare.mil	360-475-4000 360-475-4205
Navy Relief Society Naval Base Kitsap Bremerton nmcrs.org	360-672-2187
<ul style="list-style-type: none">Family assistance, interest free loans/grants for emergency needs to active duty and retired navy/marine corps families/ dependents	
Navy Sexual Assault Prevention and Response (SAPR) Advocacy, information, referral, and counseling	877-995-5247
<ul style="list-style-type: none">Assistance with obtaining civilian and military protective orders.	
Specialized Training for Military Parents /STOMP wapave.org	253-565-2266
West Sound Fleet and Family Support Centers kitsap.navylifepnw.com	866-854-0638
<ul style="list-style-type: none">General social services for families or Navy personnel	

PERSONAL/RESPIRE CARE

Alta Vista Integrated Life Services altavistalife.com	360-355-8969
<ul style="list-style-type: none">Adult and child respite careDDA contracted respite provider.	
Bainbridge Island Special Needs Foundation, Stephens House 105 Winslow Way West, Bainbridge Island, WA 98110 bispecialneedsfoundation.org	206-780-1211
<ul style="list-style-type: none">Daily activity program and Community Engagement servicesDSHS licensed respite care provider	
Caregiver Support Ctr/Caregiver Respite kitsapgov.com	360-337-5700
<ul style="list-style-type: none">Respite provided to informal, unpaid caregivers, contact program for eligibility	

criteria.

- Resource library, counseling, information, and referral
- Catholic Community Services** 360-792-2020
5610 Kitsap Way, Suite 320, Bremerton, WA 98337 ccsww.org
- Long-term home care services, volunteer chore services and foster grandparents' program
- Communitas** 360-377-7231
920 Park Ave., Bremerton, WA 98337 | communitas.org
- Non-medical in-home personal care supports to adults with disabilities.
- Easterseals WA Gateway Adult Services** 360-377-9810
easterseals.com/Washington | 4414 Perry Ave NE Bremerton, WA 98310
- Provides respite services in a community setting.
- Kitsap Applied Technologies** 360-377-5454
4195 Wheaton Way, Bremerton WA 98310 | katkitsap.org
- Provides adult respite services for persons with developmental disabilities.
- Kitsap Home Care Services** 360-377-7307
2540 Cascades Pass Blvd, #100, Bremerton, WA 98312 | kitsaphomecare.com
- Non-medical personal care and respite services available to the elderly, children, and adults with disabilities
- Lutheran Community Services NW** 253-272-8433
645 4th St, Suite 202, Bremerton, WA 98337 lcsnw.org
- Non-medical in-home personal care supports to the elderly and adults with disabilities.
- Martha and Mary at Home** 360-626-7840
marthaandmary.org/home-care
- Provides in-home care to adults and seniors.
- The Shepherd's Hand LLC** 360-769-3122
theshepherdshand.org
- Community Engagement and respite services

PROTECTION/SUPPORTS

- DSHS, Adult Protective Services** 877-734-6277
dshs.wa.gov/altsa/adult-protective-services
- Investigates allegations of abuse, neglect, abandonment, and financial exploitation of vulnerable persons over the age of 60 and individuals 18 and over with disabilities
- DSHS, Division of Children and Family Services,
Child Protective Services** 888-713-6115
dcyf.wa.gov
- Primary intake points for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18.
- Disability Rights Washington** 800-562-2702
disabilityrightswa.org
- Protection and advocacy for individuals with disabilities and /or mental illness

Developmental Disabilities Ombuds 833-727-8900
DDOmbuds.org

- Information and referral; complaint resolution; system improvement for individuals with I/DD receiving services through DDA.

Washington State Office of Long-Term Care Ombudsman Program V/TTY 800-562-6028
waombudsman.org

- Protection/advocacy for individuals living in boarding homes, adult family homes, IMR's, congregate care facilities, nursing homes.
- Kitsap County Ombuds 360-337-5714

Washington State Office of the Family and Children Ombudsman 206-439-3870
ofco.wa.gov

- Investigates complaints about an agency action or failure to act in cases involving any child at risk of abuse or neglect; a child or family involved with child protection or child welfare services.

RECREATION/LEISURE

Peninsulas Alliance 360-516-0474
3243 N Perry Ave., Bremerton WA 98310 | peninsulaalliance.org

- Friday night dance/social for people with disabilities, classes

Bainbridge Island Special Needs Foundation, Stephens House 206-780-1211
105 Winslow Way, Bainbridge Island, WA 98110 | bispecialneedsfoundation.org

- Day program facility for young adults with developmental disabilities that focuses on life-enhancing activities while providing respite for caregivers.

Easter Seals Washington, Camp Stand By Me 253-884-2722
17809 Vaughn Rd. KPN, Vaughn, WA 98394-0313
easterseals.com/Washington

- Camping and recreation

Outdoors for All 206-838-6030
outdoorsforall.org

- Year-round recreational activities

Special Olympics 206-362-4949
specialolympicswashington.org

- Ongoing participation in sporting events

Vitalize Kitsap 206-842-5594
6894 NE Seabold Church Rd, Bainbridge Island, WA 98110 | Vitalizekitsap.org

- Community Engagement services, specialized habilitation, and peer activities

YMCA, Bremerton 360-377-3741
2261 Homer James Dr., Bremerton, WA 98310 | ymcapkc.org

- Variety of recreation and sports activities, membership assistance available

YMCA, Silverdale 360-698-9622
3909 NW Randall Way, Silverdale, WA 98383 | ymcapkc.org

- Recreational and sports activities, membership assistance available

SERVICES FOR CHILDREN WITH I/DD

Answers for Special Kids Line (ASK)	847-607-1612
answersforspecialkids.org	
<ul style="list-style-type: none">Assists families with children who have special needs locate local and state resources.	
DSHS, Developmental Disabilities Administration	360-405-7800
4710 Auto Center Blvd., Bremerton WA 98312 dshs.wa.gov/dda	
Holly Ridge Center Infant Toddler Program	360-373-2536
5112 NW Taylor Rd., Bremerton WA 98312 hollyridge.org itp@hollyridge.org	
<ul style="list-style-type: none">Birth to three neurodevelopment clinic and pre-school serving children and families with special needs.	
Kitsap Community Resources Head Start/ECEAP	360-377-0053
1201 Park Ave., Bremerton WA 98337 kcr.org	
<ul style="list-style-type: none">Countywide full day HeadStart and daycareWrap-around program option	
Kitsap County Family Resource Coordination	360-373-2536
5112 NW Taylor Rd., Bremerton, WA 98312 hollyridge.org	
<ul style="list-style-type: none">Free developmental screening and referral for infants and toddlers under age three	
Kitsap Public Health District	360-728-2235
kitsappublichealth.org	
<ul style="list-style-type: none">Offers parent/child health services.	
Olympic ESD 114 Head Start/ECEAP	360-478-6889
105 National Ave. N, Bremerton WA 98312 Oesd114.org	
Paratransit Services	800-933-3468
paratransit.net	
4810 Auto Center Way, Suite Z, Bremerton WA 98312	
Port Gamble S'Klallam Tribe	360-297-6300
31912 Little Boston Road NE, Kingston WA 98346 pgst.nsn.us	
<ul style="list-style-type: none">Early childhood programs, early HeadStart infant/toddler servicesHeadStart pre-school, extended day childcare	
Seattle Children's Autism Center	206-987-8080
seattlechildrens.org/clinics-programs	
<ul style="list-style-type: none">Assessment, diagnosis, treatment, and support.	
Specialized Training for Military Parents/ STOMP	253-565-2266
wapave.org	
Shriner's Hospital for Children	
shrinershq.org	
-National Information	800-237-5055
-Portland	503-241-5090
-Spokane	509-455-7844
UW Autism Center	206-221-6806

- depts.washington.edu
 - Evaluation, treatment, training, and research
- UW Center on Human Development & Disability (CHDD)** 206-598-4317
- uwmedicine.org
- Washington Apple Health for Kids** 800-562-3022
- wahealthplanfinder.org
- Washington Elks Therapy** 800-825-3557
- waelks.org
- Children’s occupational and physical therapy services
- WA PAVE** 253-565-2266
- wapave.org
- Facilitates programs for families of children with special needs.
- Washington Sensory Disability Services** 360-947-3297
- wsds.wa.gov
- Assists children who are deaf or hard of hearing, blind or visually impaired, or deaf-blind, by providing training and other support to families and service providers.

SUPPORTS (General Community)

- Agape Unlimited** 360-373-1529
- 4841 Auto Center Way, Bremerton WA 98312 agapekitsap.org
- State-certified chemical dependency out-patient treatment facility
- On-site childcare
- Transitional housing
- Everything from intensive out-patient counseling to after care
- Caregiver Support Center and Caregiver Respite** 360-337-5700
- 9729 Silverdale Way, Silverdale, WA 98383
- kitsapgov.com/altc
- Resource library, counseling, information, and referral.
- Kitsap Adult Center for Education** 360-602-0014
- 725 Kitsap St., Port Orchard, WA 98366
- Individual tutoring in reading skills
- Computer labs, year-round GED preparation classes, ESL
- Kitsap Recovery Center** 360-337-4625
- kitsapgov.com
- Substance abuse in-patient services.
- Outpatient services, detox
- Lutheran Community Services NW** 253-272-8433
- 645 4th St., Suite 202, Bremerton WA 98337 | lcsnw.org
- Respite services for caregivers, home care
- The Parenting Place** 360-377-0053
- 1201 Park Ave., Bremerton, WA 98337 | kcr.org
- Parenting classes

West Sound Treatment Center 360-876-9430
4060 Wheaton Way, Bremerton, WA 98310 | westsoundtreatmentcenter.org

- Out-patient substance abuse program

YWCA, Bremerton/Port Orchard 360-479-0522
-24 Hr. Hotline 800-500-5513

ywcakitsap.org

- ALIVE shelter for women and children who are victims of domestic violence.
- Legal advocacy, support groups and youth services

TECHNOLOGY/LITERATURE

AbleNet, Inc 800-322-0956
ablenetinc.com

- Products and services for people with disabilities

Apple Computer, Inc 877-204-3930
apple.com/accessibility

- Innovative solutions for people with disabilities

Brookes Publishing 800-638-3775
brookespublishing.com

- Resource for texts, videos, guidebooks, curricula, and tools based on research in disabilities, child development and education.

Center for Applied Special Technology 781-245-2212
cast.org

Diglo.com 800-825-6758

- Products for people who are deaf or hard of hearing.

Enabling Devices 800-832-8697
enablingdevices.com

- Products for deaf and hard of hearing

Hearing, Speech, and Deafness Center (HSDC) 206-323-5770
hsvc.org

- Communication devices for the deaf and hard of hearing
- ALD for conferences and meetings

Job Accommodation Network 800-526-7234
askjan.org

- Information on adaptive devices, accommodations, and ADA for the workplace

Northwest Access Fund 206-328-5116
nwaccessfund.org

- Provides assistive technology loans for Washington residents.

Washington Assistive Technology Act Program 800-214-8731
watap.org

- Research, education, and advocacy related to assistive technology and accessible information systems.

TRANSPORTATION

- Angel Flight West** 888-426-2643
angelflightwest.org
- Free medical transportation for people in need
- Around the Sound Transportation Specialist** 253-858-7088
atstrans.org
- Door-to-door service, wheelchair accessible vehicles
 - Medicaid, private pay, group trips and excursion services available
 - Serves Kitsap, Jefferson, Clallam, King, Pierce, and Mason counties.
- Kitsap Transit** 360-377-2877
kitsaptransit.org
60 Washington Ave, Suite 200, Bremerton, WA 98337
- Kitsap Transit Access Reservations** 360-479-7272
60 Washington Ave, Suite 200, Bremerton, WA 98337 | kitsaptransit.org
- Door-to-door bus service for individuals with disabilities, at a discount rate; monthly bus passes
- Paratransit Services** 360-377-7176
4810 Auto Center Way, Bremerton WA 98312 | paratransit.net
- Door-to-door wheelchair and special needs transportation

VOLUNTEERS

- Lutheran Community Services NW** 253-722-5695
645 4th St., Suite 202, Bremerton WA 98337 | lcsnw.org
- RSVP – senior volunteers, 55 and over
 - Senior outreach services/adult day care
- Volunteer Action Center, United Way** 360-377-8505
645 4th St., Bremerton WA 98337 | unitedwaykitsap.org
- Volunteer Chore Service** 360-362-1391
250 S Cambrian Ave, Bremerton WA 98312 | ccsw.org
- Assist low-income elderly and disabled in their homes
 - Provides services such as house cleaning, transportation, yard care, home repair, etc.

**WASHINGTON STATE/NATIONAL
ADVOCACY/DISABILITY SUPPORT**

Alexander Graham Bell Association For the Deaf and Hard of Hearing	agbell.org	202-337-5220
American Association on Intellectual and Developmental Disabilities	aamr.org	202-387-1968
American Council of the Blind National Office		800-424-8666
American Speech-Language-Hearing Association Action Center	asha.org 800-638-8255	
Arc of the United States	thearc.org 800-433-5255	
Arc of Washington State	arcwa.org 360-357-5596	
Association of People Supporting Employment First (APSE)	apse.org	301-279-0060
Autistic Self Advocacy Network (ASAN)	autisticadvocacy.org	
Autism Society of America	autism-society.org	800-328-8476
Autism Society of Washington	autismsocietyofwa.org	888-279-4968
Batten's Disease Support Research Association Toll Free	bdsrafoundation.org	800-448-4570
Boys Town, National Research Hospital	boystownhospital.org	800-448-3000
Babyhearing.org		531-355-1234
Brain Injury Association	biausa.org	800-444-6443
Brain Injury Association of WA	biawa.org	206-467-4800
Children's Tumor Foundation	ctf.org	800-323-7938
Cleft Palate Foundation	cleftline.org	800-242-5338
Cornelia de Lange Syndrome Foundation	cdlsusa.org	800-753-2357
Cystic Fibrosis Foundation	cff.org	800-344-4823
Media Program		800-237-6213

	dcmp.org	
Devereux Foundation		800-345-1292
	devereux.org	
Disability Rights Washington		800-562-2702
	disabilityrightswa.org	
• Advocacy, legal information		
Epilepsy Foundation Washington		206-487-4189
	epilepsy.com/local/Washington	
Family to Family Health Information Center		800-572-7368
	familyvoices.org	
• Information and referral about special health care needs		
Genetic Counseling		
• Children’s Hospital & Medical Centers, Seattle		866-987-2000
	seattlechildrens.org	
• University Hospital, Seattle		206-598-3300
	uwmedicine.org	
• Mary Bridge Children’s Hospital, Tacoma		253-403-4473
	multicare.org	
Governor’s Committee on Disability Issues and Employment		360-890-3774
	governor.wa.gov	
HIV and AIDS Hotline		800-232-4636
	cdc.gov/HIV	
Human Growth Foundation		844-661-5550
	hgfound.org	
Hydrocephalus Association		888-598-3789
	hydroassoc.org	
International Association of Assistance Dog Partners		888-544-2237
	iaadp.org	
International Rett Syndrome Foundation		
Information and Resources		800-818-7388
	rettsyndrome.org	
Job Accommodation Network		800-526-7234
	askjan.org	
• Information on adaptive devices, accommodations, ADA for the workplace		
Journey Care Grief Support		224-770-2273
	journeycare.org	
Learning Disabilities Association (LDA) of WA		
Information and Referral		425-882-0820
	ldawa.org	
Lyme Disease Foundation		
Info Hotline		860-454-8909
	lyme.org	
March of Dimes Birth Defects Foundation		888-663-4637
	marchofdimes.org	
National Association for Parents of Children		

with Visual Impairments	lionsvisionresource.org	800-562-6265
National Down Syndrome Congress	ndsccenter.org	800-232-6372
National Down Syndrome Society	ndss.org	800-221-4602
National Easter Seal Society, Inc	easterseals.com	800-221-6827
National Institute of Health	nih.gov	301-496-4000
National Institute of Neurological Disorders and Stroke	ninds.nih.gov	800-352-9424
National Multiple Sclerosis Society	nationalmssociety.org	800-344-4867
National Organization for Albinism	albinism.org	800-473-2310
National Organization for Rare Disorders, Inc	rarediseases.org	617-249-7300
National Organization on Fetal Alcohol Syndrome	nofaswa.org	800-270-4849
National Rehabilitation Information Center	naric.com	800-346-2742
National Reyes Syndrome Foundation	reyessyndrome.org	800-233-7393
National Spinal Cord Injury Network International	spinalcordinjury.org	800-548-2673
National Tuberous Sclerosis Complex Alliance	tsalliance.org	800-225-6872
People First of WA	peoplefirstofwashington.org	253-999-7222
Self-Advocates of Washington Kitsap County	P.O. Box 6513, Tacoma WA 98464 wearesaw.org	253-571-8665
<ul style="list-style-type: none"> • Self-advocacy groups for people with developmental disabilities • Contact: Shannon Carlson 		
Self-Advocates in Leadership (SAIL)	sailcoalition.org	888-754-8798
<ul style="list-style-type: none"> • A coalition of people with developmental disabilities shaping public policy 		
Sickle Cell Disease Association of America	sicklecelldisease.org	800-421-8453
The Stuttering Foundation	stutteringhelp.org	800-992-9392
TASH		202-817-3264

- tash.org
 - International membership association promoting equity, opportunity, and inclusion for people with developmental disabilities
- Tourette's Syndrome Association** 866-289-9637

tsa-usa.org
- Trips, Inc** 800-686-1013

tripsinc.com

 - All-inclusive vacation packages for travelers with developmental disabilities
- U.S. Department of Justice, ADA Homepage** 800-514-0301

- U.S. Department of Justice, Equal Employment Opportunity Commission, (EEOC)** 800-669-4000

eeoc.gov

 - Interprets and enforces employment regulations of the ADA.
- U.S. Department of Labor** 202-693-3844

disability.gov

 - Information to promote an inclusive workforce and increase employment opportunities for people with disabilities.
- Washington Assistive Technology Act Program (WATAP)** 800-214-8731

watap.org

 - Resources and expertise to obtain the technology and related services needed for employment, education, and independent living.
- Washington Department of Services for the Blind** 206-906-5500

dsb.wa.gov

 - Vocational rehabilitation, training, independent living program, assistive technology training, family services
- Washington PAVE** 253-565-2266

wapave.org

 - Support for parents of children with special needs
 - Parent training program
- Washington Prescription Drug Program (WPDP)**

hca.wa.gov
- Washington Sensory Disabilities Services** 360-947-3297

wsds.wa.gov

 - Deaf/hard of hearing, blind/visually impaired, deaf/blind
- Washington State Developmental Disabilities Council** 800-634-4473

2600 Martin Way, Suite F, Olympia WA 98504-8314 | ddc.wa.gov

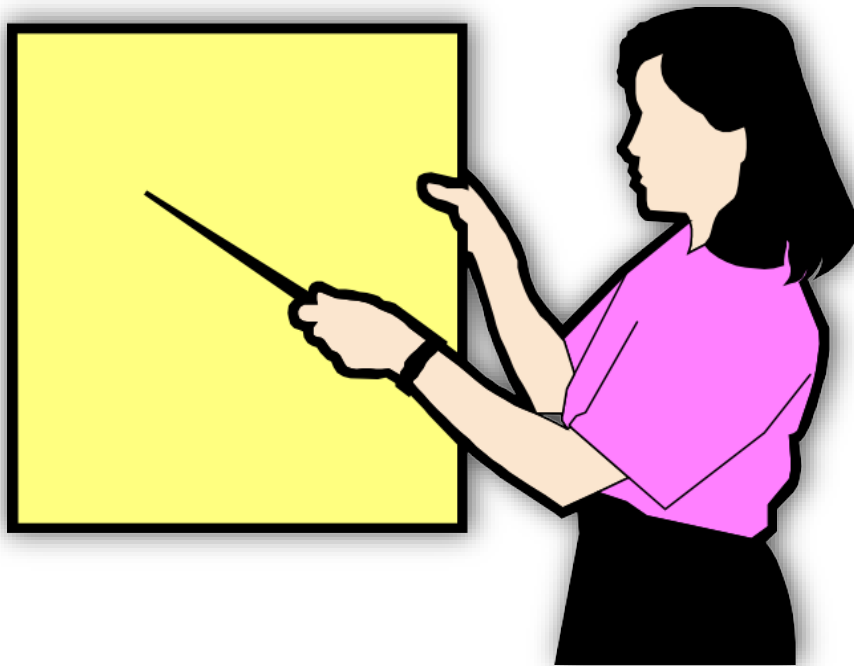
 - Legislative information, grants, education
- Washington State Father's Network** 425-653-4286

fathersnetwork.org

 - Support, information, resources for fathers of children with health care needs and/or developmental disabilities
- Washington State Legislative Hotline** 800-562-6000

P.O. Box 40600, Olympia, WA 98504

The ABC's of IDD



**A listing of frequently used
Acronyms and Phrases**

ACRONYMS

A...

AAMC	Association of American Medical Clinics
AAMC	Association of American Medical Colleges
AAPCC	Adjusted Average Per Capita Cost
AAMD	American Association of Mental Development
AAPS	American Association of Physicians and Surgeons
AASA	Aging and Adult Services Administration
ACCH	Association for the Care of Children's Health
ACHS	Association of Counties of Human Services
ADA	American Dental Association
ADA	American Dietetic Association
ADA	Americans with Disabilities Act
ADD	Attention Deficit Disorder
ADHD	Attention Deficit-Hyperactive Disorder
ADL	Activities of Daily Living
AES	Adult Employment Service
AGPA	American Group Practice Association
AHA	American Hospital Association
AHCPR	Agency for Health Care Policy and Research
AHEC	American Health Education Center
AIDS	Acquired Immune Deficiency Syndrome
ALIVE	Alternatives to Living in a Violent Environment
AMA	American Medical Association
ANA	American Nurses Association
ANHA	American Nursing Homes Association
AOA	American Optometric Association
AOA	American Osteopathic Association
APA	Administrative Procedures Act
APA	American Pharmaceutical Association
APHA	American Protestant Hospital Association
APHA	American Public Health Association
APS	Adult Protective Services
ARC	Advocacy for the Rights of Citizens with Disabilities
ARNP	Advanced Registered Nurse Practitioner
ASHA	American Speech and Hearing Association
ASTHO	Association of State and Territorial Health Officials

B...

BARS	Budgeting, Accounting and Reporting System— <i>DSHS accounting code</i>
BHP	Basic Health Plan
BHP/Plus	Basic Health Plan for eligible children

C...

CA	Comprehensive Assessment
CACFP	Child and Adult Care Food Program
CAP	Client Assistance Program (<i>Division of Vocational Rehabilitation</i>)
CBO	Congressional Budget Office
CCF	Congregate Care Facility
CCHP	Consumer Choice Health Plan
CCR&R	Childcare Resource and Referral
CCS	Catholic Community Services
CCU	Coronary Care Unit
CD	Communication Disorders
CDC	Centers for Disease Control and Prevention
CDS	Communication Disorders Specialist— <i>now SLP</i>
CEC	Council for Exceptional Children
CFC	Combined Federal Campaign
CFR	Code of Federal Regulations
CHADD	Children and Adults with Attention Deficit Disorder
CHAMPUS	Civilian Health and Medical Program of the Uniformed Services
CHC	Community Health Center
CHDD	Center on Human Development and Disabilities
CHMC	Children's Hospital and Medical Center
CHP	Comprehensive Health Planning
CI	Community Inclusion Services
CME	Continuing Medical Education
CMHC	Community Mental Health Center
CMP	Comprehensive Medical Plan
COB	Coordination of Benefits
COG	Council of Governments
CON	Certificate of Need
COTH	Council of Teaching Hospitals
CP	Cerebral Palsy
CPA	Certified Public Accountants
CPHA	Commission on Professional and Hospital Archives
CPI	Consumer Price Index
CPR	Cardio-Pulmonary Resuscitation

CPS	Child Protective Services
CSHCN	Children with Special Health Care Needs
CSO	Community Service Office (<i>DSHS</i>)

D...

(D)HHS	Department of Health and Human Services
DCD	Department of Community Development
DCFS	Division of Children and Family Services (<i>DSHS</i>)
DD	Developmental Disabilities
DD	Developmentally Disabled
DD	Developmentally Delayed
DDA	Developmental Disabilities Administration
DDC	Developmental Disabilities Council
DDS	Doctor of Dental Surgery
DMA	Division of Medical Assistance
DME	Durable Medical Equipment
DMH	Division of Mental Health
DOD	Department of Defense
DOH	Department of Health
DOVIA	Directors of Volunteers in Agencies
DPH	Department of Public Health
DRG	Diagnosis-Related Group
DRW	Disability Rights Washington
DSHS	Department of Social and Health Services
DV	Domestic Violence
DVR	Division of Vocational Rehabilitation (<i>DSHS</i>)

E...

E&D	Evaluation and Diagnosis
ECDAW	Early Childhood Development Association of Washington
ECEAP	Early Childhood Education and Assistance Program
ECF	Extended Care Facility
EEG	Electroencephalogram
EFM	Exceptional Family Member Program (<i>Military</i>)
EKG	Electrocardiogram
EMS	Emergency Medical Services
EPSDT	Early and Periodic Screening, Diagnosis and Treatment Program
ER	Emergency Room
ERSA	Employee Retirement Income Security Act
ESD	Educational Service District

ESY	Extended School Year
F...	
FAE	Fetal Alcohol Effect
FAS	Fetal Alcohol Syndrome
FAH	Federation of American Hospitals
FAPE	Free Appropriate Public Education
FDA	Food and Drug Administration
FEHBP	Federal Employees Health Benefits Program
FICA	Federal Insurance Contributions Act
FNP	Family Nurse Practitioner
FPL	Federal Poverty Level
FRC	Family Resource Coordinator (<i>for children birth to three</i>)
G...	
GIA	Grant-in-Aid
GP	General Practitioner
H...	
HHS	Department of Health and Human Services
HCBS	Home and Community Based Services Waivers (DSHS)
HI	Health Impaired
HI	Hearing Impaired
HIAA	Health Insurance Association of America
HMO	Health Maintenance Organization
HOH	Hard of Hearing
HRC	Holly Ridge Center (<i>provider</i>)
HRSA	Health Resources and Services Administration
HSA	Health Service Area
HSA	Health Systems Agency
HUD	Housing and Urban Development (<i>federal</i>)
HWD	Healthcare for Workers with Disabilities
I...	
I&R	Information and Referral
ICAP	Inventory for Client and Agency Planning
ICC	Interagency Coordinating Council
ICF	Intermediate Care Facility
ICU	Intensive Care Unit
I/DD	Intellectual/Developmental Disability

IDEA	Individuals with Disabilities Education Act
IDF	Immune Deficiency Foundation
IEP	Individualized Education Plan
IFSP	Individual Family Service Plan
IHP	Individual Habilitation Plan
IOM	Institute of Medicine of the National Academy of Sciences
IPP	Individual Program Plan
IQ	Intelligence Quotient
IRWE	Income-Related Work Expense
ISE	Individual Supported Employment
ISP	Individual Service Plan
ITA	Involuntary Treatment Act
ITEIP	Infant Toddler Early Intervention Program
ITP	Individual Training Plan
ITP	Individual Transition Plan
J...	
JAMA	Journal of American Medical Association
JCAHO	Joint Commission on Accreditation of Healthcare
JTPA	Job Training Partnership Act of 1982 (<i>the manpower and training programs for youth and adults which are funded by the law</i>)
JWOD	Javits Wagner O'Day Act
K...	
KC	Kitsap County
KICC	Kitsap Interagency Coordinating Council
KMH	Kitsap Mental Health
KSAC	Kitsap Sexual Assault Center
KTSS	Kitsap Tenant Support Services (<i>provider</i>)
L...	
L-TC	Long-Term Care
LD	Learning Disabled
LD	Learning Disability
LDA	Learning Disability Association
LEA	Local Education Agency
LICWAC	Local Indian Child Welfare Advisory Committee
LOS	Length of Stay
LPN	Licensed Practical Nurse
LRE	Least Restrictive Environment

LVN Licensed Vocational Nurse

M...

MAA Medical Assistance Administration
MAAC Maximum Allowable Actual Charge
MAF Medical Assistance Facility
MAP Medical Audit Program
MCAT Medical College Admission Test
MCH Maternal and Child Health program
MCO Managed Case Organization
MD Medical Doctor
MD Muscular Dystrophy
MDT Multiple Disciplinary Team
MH Mental Health
MIHCP Medically Intensive Home Care Program
MMIS Medicaid Management Information System
MPC Medicaid Personal Care
MRI Magnetic Resonance Imaging
MS Multiple Sclerosis
MSA Metropolitan Statistical Areas
MSW Master of Social Work

N...

NACo National Association of Counties
NAEYC National Association for the Education of Young Children
NARI Northwest Association of Rehabilitation Industries
NCA National Council on Aging
NCHS National Center for Health Statistics
NCHSR/HCTA National Center for Health Services Research/Health Care Technology
Assessment
NDT Neurodevelopment Treatment
NF Nursing Facility
NGA National Governor's Association
NHIS National Health Interview Survey
NHSC National Health Service Corps
NICU Neonatal Intensive Care Unit
NIH National Institute of Health
NIMH National Institute of Mental Health
NIOSH National Institute of Occupational Safety and Health
NISH National Institute for Severely Handicapped

NLM National Library of Medicine
NP Nurse Practitioner
NPRM Notice of Proposed Rulemaking

O...

OBRA Omnibus Budget Reconciliation Act of 1987 (*provides funding for people in need of nursing home care or equivalent services*)
OCR Office of Civil Rights
OESD Olympic Educational Service District
OFM Office of Financial Management
OI Orthopedically Impaired
OJT On-the-Job Training
OMB Office of Management and Budget
OPD Outpatient Department
OPPFM Office of Program Planning and Fiscal Management
ORDA Office of Research and Data Analysis
OSEP Office of Special Education Programs
OSERS Office of Special Education and Rehabilitation Services
OSPI Office of the Superintendent of Public Instruction
OT Occupational Therapist
OT Occupational Therapy
OTR Licensed and Registered Occupational Therapist

P...

PA Physician's Assistant
PA Public Assistance
PAC Parent Advisory Committee
PASS Plan for Achieving Self Support
PCAP Parent Child Assistance Program
PAVE Partnerships for Action, Voices for Empowerment
PBSP Positive Behavior Support Plan
PCP Primary Care Physician
PHN Public Health Nurse
PKU Phenylketonuria
PL Public Law
PPA Preferred Provider Arrangement
PPO Preferred Provider Organization
PPRC Physician Payment Review Commission
PT Physical Therapist
PT Physical Therapy

PTA Parent Teacher Association
PTI Parent Training and Information Center
PTSS Post Traumatic Stress Syndrome

R...

R&D Research and Development
RCW Revised Code of Washington
REW Rehabilitation Enterprises of Washington
RHC Residential Habilitation Center
RN Registered Nurse
RPT Registered Physical Therapist
RSAS Rehabilitation Services Accreditation System
RSN Regional Support Network/Mental Health Region
RSVP Retired Seniors Volunteer Program

S...

S.A.F. E Schools Are For Everyone
SAMSHA Substance Abuse and Mental Health Services Administration
S.A.N.E. Sexual Assault Nurse Examiner
SAVI Sexual Assault Victim Intervention (*military*)
SCAN State-Controlled Area Network
SCH Sole Community Hospital
SE Supported Employment
SEA State Education Agency
SEAC Special Education Advisory Council
SEPAC Special Education Parent/Professional Advisory Council
SGA Substantial Gainful Activity (SSA)
SLD Specific Learning Disability
SLP Speech-Language Pathologist
SLS Supported Living Services
SNF Skilled Nursing Facility
SPI Superintendent of Public Instruction
SSA Social Security Administration
SSDI Social Security Disability Income
SSI Supplemental Security Income
SSP State Supplementary Payment
STD Sexually Transmitted Disease
STOMP Specialized Training of Military Parents
SW Social Work/ Social Worker

T...

TA	Task Analysis
TANF	Temporary Assistance to Needy Families
TARP	Technical Assistance for Parents and Teachers
TASH	The Association for Persons with Severe Handicaps
TBI	Traumatic Brain Injury
TDD	Telecommunication Device for the Deaf
TS	Tenant Support
TT/TTY	Telephone Typewriter
TXIX	Title 19 (<i>Medicaid funding through the Social Security Act</i>)

U...

UCP	United Cerebral Palsy
UW	United Way

V...

VA	Veterans Administration
VI	Visually Impaired
VR	Vocational Rehabilitation

W...

WAC	Washington Administrative Code
WACD	Washington Association for Citizens with Disabilities
WARI	Washington Association of Rehabilitation Industries
WAIS	Weschler Adult Intelligence Scale
WISC	Weschler Intelligence Scale for Children
WIC	Women, Infants and Children (<i>supplemental food program</i>)
WISE	Washington Initiative for Supported Employment
WSMC	Washington State Migrant Council

COMMONLY USED PHRASES AND WORDS

A...

Acute Illness—An illness that has occurred suddenly and may be serious.

Activities of Daily Living (ADL)—Behaviors necessary for self-care. Adaptive Behavior—Use of basic skills in daily life activities.

Adult Service Agency—Federal, state or locally funded agency (with written policies and procedures) that provides services to adults and children (i.e., Developmental Disabilities Administration (DDA); Division of Vocational Rehabilitation (DVR); Women, Infants and Children (WIC); Employment Security, etc.).

Ambulatory Care—Health services that are provided without an overnight stay in a health-care facility.

Ancillary Services—Miscellaneous tests, such as laboratory or radiological exams.

Assistive Technology Device—Any item or piece of equipment that is useful to increase, maintain, or improve abilities of individuals with disabilities.

B...

Basic Health Plan (BHP)—Managed care plan available through the State of Washington to any individual or family. Premiums can be subsidized by the state, based on income, and need.

Basic Health Plan/Plus (BHP/Plus)—Basic Health Plan for eligible children that provides its benefits through Healthy Options/ Medicaid.

C...

Case Management—The process of having a person's health-care needs coordinated by using an ongoing plan.

Case Manager—Individual who arranges services, ensures that clients progress through the process, completes reviews, and (may) maintain fiscal responsibility.

Coinsurance—A percentage (often 20%) that an insured person pays for a visit to a physician or other health care provider, a hospital stay or treatment.

Community Based Programs—Programs for individuals with disabilities that are located within the individual's community.

Community Resources—Public or private agencies, schools or programs offering services to people.

Concurrent Review—A review by an insurer at the time of service to verify that a patient needs continued inpatient care.

Copayment—A fixed dollar amount the recipient pays for health-care services at the time of receiving the service.

Curriculum-Based Vocational Assessment (CBVA)—Various tests to determine the career development and vocational instruction needs of students based on preferences in course content and curriculum; identification of students' career/vocational strengths and weaknesses.

D...

Deductible—The amount of money an insured person pays for services before the insurer starts paying the bill.

Diagnosis—Identification of a disease producing a specific condition.

Diagnostic Services—Procedures to determine the presence of a health condition.

Durable Medical Equipment (DME)—A long-lasting medical supply, such as a wheelchair.

E...

Elective Procedure—A procedure that isn't an emergency and that a patient and doctor plan in advance.

Emergency—An injury or acute medical condition likely to cause death, disability, or serious illness if not attended to very quickly.

Exclusions—Health conditions that an insurance policy specifically doesn't cover.

F...

Functional Living Skills Assessment—Skills, interests, and values related to functioning in the home and community.

G...

Gainful Employment—Includes employment in one of the following: Competitive labor market or supported employment. Work is performed for living wage and typical benefits.

Gatekeeper—The person who controls a patient's access to health-care services, whether as a case manager or a primary-care provider. Typically, this person must approve all uses of health-care services.

H...

Habilitation—a process aimed at helping individuals with disabilities to attain, keep, or improve skills and functioning for daily living.

Healthcare for Workers with Disabilities (HWD)—Medicaid buy-in program for workers with disabilities.

Health Maintenance Organization (HMO)—An entity that provides, offers, or arranges for coverage of designated health services needed by plan members for a fixed, prepaid premium.

Health Plan—The set of services in an insurance policy for health care.

Health Plan Employer Data and Information Set—A standardized report used to compare and evaluate HMO's.

I...

Independent Living Skills—Basic skills needed to meet the challenges of daily living, in the least restrictive environment.

Individualized Transition Plan (ITP)—A plan which includes long-term goals and short-term objectives, including a) timelines, b) measurable expected outcomes, and c) identification of persons who are responsible for teaching and monitoring the

plan to ensure that the goals and objectives are met.

Inclusive Work Setting—work setting of a typical community business in which employees earn at or above minimum wage.

Inpatient—A patient who stays in a hospital overnight.

J...

Job Analysis—Job analysis identifies and describes a) what the worker does; b) how the work is done; c) results of the work; and d) the worker's characteristics.

Job Coach—Provides individualized one-to-one assistance in job placement, travel training, skill training at the job site, ongoing assessments, and long-term assessment.

Job Development Specialist—An individual who contacts businesses and industries for the purpose of placing individuals in competitive employment or on-the-job training sites.

L...

Lifetime Maximum—The total amount that an insurance policy will pay out for medical care during the lifetime of a policy holder.

M...

Managed Care—A term used to describe strategies of health-care plans to control costs by monitoring services and providers used for fees charged.

Maximum Out-of-Pocket Cost—The maximum amount of money a member will have to pay from his or her own funds for deductibles, copayments, or other expenses.

Medically Necessary—Services required to prevent harm to the patient or to the patient's quality of life.

N...

Non-Participating Provider—A provider who isn't part of a specific health plan.

O...

Outcome Oriented—A measurable skill at the end of a set period of training.

P...

Placement Specialist—Professional who assists in job placement.

Pre-Admission Review—A review undertaken by a health plan that happens before a patient enters a hospital to determine if the admission is necessary and appropriate.

Pre-Certification—Similar to pre-admission review but requires a certificate or authorization from the patient's health plan.

Pre-Existing Condition—A health condition that a person has that an insurance policy specifically excludes from coverage or that prevents the person from qualifying for insurance.

Preventive Care—Health care that stresses healthy behavior, regular testing, screening for diseases, and other services that detect diseases early or prevents them from occurring.

Primary Care—First-level or generalist care that a person receives outside a hospital.

Primary Care Physician (PCP)—The health-care provider a person most commonly

calls first when a problem arises.

Prior Authorization—A cost-control procedure in which an insurer requires a service or medication to be approved in advance for coverage.

Provider—A person or an agency/organization that delivers a service.

R...

Referral—When one health-care provider suggests you visit another one for the purpose of further evaluation and treatment.

S...

Screening Test—A procedure to determine if a person has a certain medical condition.

Secondary Care—Care, often provided in hospitals and long-term facilities, that makes more use of caregivers with specialized training than does primary care.

Self-Referral—When a health-care provider stands to benefit financially from referring a patient to another provider for care.

Service Area—The geographic area a health plan serves.

Social Security Disability Insurance (SSDI)—benefits provided to disabled and blind individuals who are “insured” by workers’ contributions to the Social Security Trust. The worker’s widower or worker’s adult child with a disability may also receive a benefit.

Specialist—A physician whose training focuses on a particular area beyond the general training for all physicians.

Supported Employment—Paid employment for individuals with intellectual/developmental disabilities. All supported employment services provide job site support in a typical community business.

Supplemental Security Income (SSI)—cash assistance program to aged, blind and individuals with disabilities including children under 18 who have limited income and resources.

T...

Task Analysis (TA)—The breakdown of a particular job into its component work activities.

Tertiary Care—Highly specialized care for severe health problems.

U...

Utilization Management—The process health plans and insurers use to make sure the kind of treatment and care recommended for a patient is necessary and appropriate.

Thank You . . .

**To the Kitsap County Board of Commissioners
for their support of persons with special needs
in Kitsap County.**

**To the members of the Kitsap County
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their support.**

**And to the Kitsap County Developmental
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completing this guide and distributing it to those
that most need this information.**

**Scan QR code or visit <http://kcowa.us/resources>
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