

# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA February 1, 2024, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <a href="https://us02web.zoom.us/j/86411987270">https://us02web.zoom.us/j/86411987270</a>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 6833 US (San Jose)

+1 646 876 9923 US (New York)

Meeting ID: 961 5275 7562

#### **THE PURPOSE OF THIS BOARD IS TO:**

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments.

Facilitate Coordination of information among agencies to maximize resources.

Advocate for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families.

#### **AGENDA**

4:30	WELCOME & INTRODUCTIONS – In person and online
4:40	APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA
4:45	YOUTH REPRESENTATIVE REPORTS
5:00	WORK PLAN OVERVIEW & VOTE
5:25	RFP/GRANT ANNOUNCEMENT OVERVIEW & VOTE
5:40	UPDATES - YOUTH ADVOCACY OPPORTUNITY & EQUITY TRAININGS
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING – MARCH 7, 2024

<sup>&</sup>quot;If you don't like the road you're walking, start paving another one." Dolly Parton

# Kitsap County Commission on Children and Youth AGENDA BRIEFING –February 1, 2024 4:30 P.M. –6:00 P.M.

In Person at 105 National Ave. N. Bremerton, WA 98312 and via Zoom meeting- details provided on Agenda.

#### 4:30 p.m. WELCOME & INTRODUCTIONS

Teagan Krog and Abby Stevenson will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.

#### 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

Please note the January 2024 meeting was cancelled. December Mtg. Minutes and changes to the February Agenda will be approved.

#### 4:45 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

#### 5:00 p.m. WORK PLAN OVERVIEW & VOTE

Laura will present the 2024 Work Plan Draft. Board members will give comments. The board will vote to approve the 2024 Work Plan.

#### 5:25 p.m. RFP/GRANT ANNOUNCEMENT OVERVIEW & VOTE

Laura will present the 2024 RFP/Grant Announcement Draft. Board members will give comments. The board will vote to approve the 2024 RFP/Grant Announcement.

#### 5:40 p.m. YOUTH ADVOCACY OPPORTUNITY & EQUITY TRAININGS

Updates on the two recent Youth Advocacy Opportunities and one coming up will be shared.

#### 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

## 6:00 p.m. <u>ADJOURNMENT & NEXT MEETING: The next monthly meeting will be</u> held March 7, 2024.

#### Kitsap County Commission on Children and Youth

## MINUTES December 7, 2023

The Kitsap County Commission on Children and Youth meeting was held on Thursday December 7, 2023, from 4:30 -6:00 p.m. via Zoom and in person. Abigail Stevenson Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. WELCOME & INTRODUCTIONS

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and quests for self-introductions. Attendees offered introductions.

#### II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

November 2, 2023, meeting minutes were approved and entered into the record. It was noted that we are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

#### III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. WORKPLAN OVERVIEW

Laura presented the Work Plan and its purpose. Members asked questions and will review the Work Plan that was sent out prior to the meeting. Members will email feedback to Laura for use in the creation of a 2024 draft Work Plan. The Executive Team will present a draft at the next meeting for approval.

#### V. PROJECT TEAMS/COMMITTEES OVERVIEW AND SIGN UP

Information was shared about the Project Teams and members were asked to email Laura with what Team(s) they would like to be on.

#### VI. <u>UPDATE – YOUTH ADVOCACY OPPORTUNITY & EQUITY TRAININGS</u>

Two Youth Advocacy opportunities were shared with the group. One is the Youth Leadership Award through the City of Bremerton, and the other is the invitation to participate in the new Youth Advisory Council forming to provide the US Congress youth input on issues and legislation. Laura shared information about the County Equity Trainings and that recordings will be posted for viewing.

#### VII. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements.

#### VIII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. The next meeting will be held on January 4, 2024. We will meet in hybrid mode – in-person at OESD 114 and virtually.

#### IV. ATTENDANCE

COMMISSION MEMBERS	STAFF	GUESTS
Camden Singer	Laura Hyde	Amanda Williamson
Abigail Stevenson		Jessie Smith
Elisabeth Nilsson		Josh Lane
Susan Mayes Winfield		Jeff Allen
Kimberly Riley		Glenna Matteson
Lynne Tabone		Kathleen Kondek
Natasha Facteau Minger		Brendon Taga
Crista Magneson		Erica Whares
Dragan Kardzic		
Emily Main		
Cathy Adams-Bomar		
Kimberly Riley		
Absent		
Teagan Krog		
Bethany Wecks		

Get informed.
Be prepared.
Take action.



# PARENT NIGHT OUT

Learn tips to talk confidently to your kids about drugs and alcohol.

13 DEC 6:30 pm | Zoom **REGISTER:** <u>bit.ly/3sPfvSM</u>

11 MAR 12 pm | Zoom **REGISTER:** <u>bit.ly/3QHpy4c</u>

18 JAN 12 pm | Zoom **REGISTER:** <u>bit.ly/47oe6So</u>

11 APR 6:30 pm | Zoom **REGISTER:** <u>bit.ly/40NS8Wk</u>

15 FEB 6:30 pm | Zoom **REGISTER:** <u>bit.ly/3GctWmY</u> 13 MAY 12 pm | Zoom **REGISTER:** <u>bit.ly/3R9qQq8</u> Please share with those you think might be interested.

1. This is an opportunity for our youth to have a voice in the creation of a new national Fentanyl Prevention Campaign for youth!

In this Challenge, we are seeking the best ideas from U.S. youth, aged 14-18, on a community strategy to increase youth awareness, education, and prevention around the dangers of fentanyl, especially the hidden dangers of fake pills and other contaminants that can lead to drug overdose deaths.

The Substance Abuse and Mental Health Services Administration (SAMHSA) leads public health efforts to advance the behavioral health of the nation within the U.S. Department of Health and Human Services (HHS).

#### FentAlert Challenge: Empowering Youth for Safer Choices

(challenge program info)

**Challenge.Gov** (application info)

Headlines: FentAlert Challenge (mailchi.mp)

2. WA State Health Dept created a 'teen health hub' in collaboration with Washington's youth last year. A lot of mental health resources on it. Here is a link to the posters/imaging to share this new resource.

Posters FINAL - ordered 11/30 (waportal.org)

# HearMeWA

# The **Youth Safety and Well-being Tipline**



# **HearMeWA**

The process for selecting the name "HearMeWA" included market research, outreach to youth, and communication with stakeholders to ensure the program name is accessible.

#### Youth survey and outreach

574 Responses We launched an online survey to collect youth



feedback on the program name.



We contacted organizations that provide services to deaf, hard of hearing, and nonverbal youth for their feedback and input on ways we can communicate about the program's accessibility.



We will continue working with youth and other stakeholders to learn how to communicate about this program in an inclusive way.

We want to hear from you! Reach us at youthprogram@atg.wa.gov To learn more go to HearMeWA.org

HearMeW

The Washington State
Attorney General's Office
(AGO) started developing
the HearMeWA program in
July 2021. This program will
receive and respond to
safety and well-being tips
24/7/365 via mobile app,
phone, text, chat and
website from Washington
youth up to age 25.



- HearMeWA will triage tips to local schools, public safety responders, and/or county crisis lines and 988.
- The intent of HearMeWA is to build trust with youth and connect them to resources available in their community.
- The AGO is committed to using a youth-centered, traumainformed, and antiracist lens throughout the development and implementation of this program.

We want to hear from you! Reach us at youthprogram@atg.wa.gov To learn more go to HearMeWA.org



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA March 7, 2024, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: https://us02web.zoom.us/j/86411987270

By phone: Dial by your location +1 253 215 8782 US (Tacoma)

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Meeting ID: 961 5275 7562

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<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments.

Facilitate Coordination of information among agencies to maximize resources.

Advocate for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families.

#### **AGENDA**

4:30	WELCOME & INTRODUCTIONS - In person and online
4:40	APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA
4:45	YOUTH REPRESENTATIVE REPORTS
5:00	YOUTH SAFETY PRESENTATION
5:30	PROJECT UPDATES
5:40	YOUTH ADVOCACY OPPORTUNITY BRIEFING
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING – APRIL 4, 2024

# Kitsap County Commission on Children and Youth AGENDA BRIEFING –March 7, 2024 4:30 P.M. –6:00 P.M.

In Person at 105 National Ave. N. Bremerton, WA 98312 and via Zoom meeting- details provided on Agenda.

#### 4:30 p.m. WELCOME & INTRODUCTIONS

Teagan Krog and Abby Stevenson will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option, until further notice.

#### 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

February Meeting. Minutes will be reviewed and changes to the March Agenda will be approved.

#### 4:45 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

#### 5:00 p.m. <u>TEEN SAFETY PRESENTATION</u>

Half of teens now spend over four hours a day on smartphones which has been proven to cause anxiety, suicidal tendencies, and substance abuse. Gene Hill from Freedom13 will review several issues that threaten our teens' safety. All relate to the Internet. Strategies will be proposed to deal with these issues.

#### 5:30 p.m. PROJECT UPDATES

Board members and Laura will provide project updates to the board including the 2024 RFP/Grant process, My Shoes My Story, the Youth Commission Work Plan, and partnering with the schools on substance abuse prevention. Board members will give comments.

#### 5:40 p.m. YOUTH ADVOCACY OPPORTUNITY

Laura will provide an update on our partnership with the US Congress Youth Advisory Council and youth advocacy efforts.

#### 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

## 6:00 p.m. <u>ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held April 4. 2024.</u>

#### Kitsap County Commission on Children and Youth

#### MINUTES February 1, 2024

The Kitsap County Commission on Children and Youth meeting was held on Thursday February 1, 2024, from 4:30 -6:00 p.m. via Zoom and in person. Teagan Krog Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder. It was noted that the January 4<sup>th</sup> meeting was cancelled.

#### I. WELCOME & INTRODUCTIONS

Board Co-Chair Teagan Krog called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

December 7, 2023, meeting minutes were approved and entered into the record. It was noted that the Jan. meeting was cancelled. We are meeting virtually and inperson today. The in-person meeting was held at OESD 114.

#### III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. WORKPLAN OVERVIEW & VOTE

Laura presented the Work Plan and its purpose. Members asked question about the Work Plan that was sent out prior to the meeting. A Vote was held, and the Work Plan was accepted. The next step is to submit it to the County Commissioners for approval.

#### V. RFP/GRANT ANNOUNCEMENT OVERVIEW & VOTE

Laura presented information about the 2024 RFP and the Grant Announcement Draft. Board members asked questions and gave comments. The board voted to approve the 2024 RFP/Grant Announcement.

#### VI. UPDATE – YOUTH ADVOCACY OPPORTUNITY & EQUITY TRAININGS

Updates on the two recent Youth Advocacy Opportunities and the one coming up were shared.

#### VII. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements.

#### VIII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. The next meeting will be held on March 7, 2024. We will meet in hybrid mode – in-person at OESD 114 and virtually.

#### IV. ATTENDANCE

COMMISSION MEMBERS	STAFF	GUESTS
Teagan Krog	Laura Hyde	Jessie Smith
Abigail Stevenson		
Elisabeth Nilsson		
Susan Mayes Winfield		
Kimberly Riley		
Lynne Tabone		
Natasha Facteau Minger		
Amanda Williamson		
Dragan Kardzic		
Emily Main		
Cathy Adams-Bomar		
Brendon Taga		
Josh Lane		
	Absent	
Camden Singer		
Bethany Wecks		
Crista Magneson		
	-	
	-	

REQUEST FOR PROPOSALS 2024-014 Building Programs for Childhood Resiliency Response Deadline: Thursday April 11, 2024 @2:00 PM The Kitsap County Commission on Children and Youth is requesting proposals for public matching dollars from Organizations and/or Youth Serving Agencies who are working to prevent and reduce the impact of Adverse Childhood Experiences through building resiliency in youth ages birth to eighteen in Kitsap County. Proposals must be for projects or program services that are able to document a 100% cash match in private funds. Private matching funds would include private individuals, civic group, non-profit organization, foundation or corporate donations, and fees or earned income. Federal, tribal, state, or local government funds will not be accepted as matching funds. In-kind donations will not be accepted as match. Up to \$19,500 dollars will be awarded for projects or program services delivered between June 1, 2024, and December 31, 2024.

Complete [RFQ] information can be found online at <a href="https://www.kitsapgov.com/das/Pages/Online-Bids.aspx">https://www.kitsapgov.com/das/Pages/Online-Bids.aspx</a>.

For questions contact Glen McNeill at 360-337-4789 or <u>purchasing@kitsap.gov</u>

#### **OLYMPIC PREVENTION PARTNERSHIP**

#### Wednesday March 13th - 9 AM

Join us for a presentation by Dr. Jason Kilmer on youth and young adult substance use and prevention.

Click the link <u>here</u> to register

Dr. Kilmer is an Associate Professor in Psychiatry and Behavioral Sciences at

UW, and serves as an investigator on prevention and intervention efforts for alcohol, marijuana, and other drug use by college students.

Please join us for our next regional networking meeting on March 13<sup>th</sup> for a presentation by Dr. Jason Kilmer. Feel free to share the registration information with your partners!

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZUqde6srzstH9CCGKMw-sLDvVIP4LKYrKU-

When: Mar 13, 2024 09:00 AM Pacific Time (US and Canada)

After registering, you will receive a confirmation email containing information about joining the meeting.



**ANNUAL** 

# **KITSAP COUNTY**

DEVELOPMENTAL DISABILITIES RESOURCE FAIR

APRIL 24, 2024 4:00-6:00 PM

> Central Kitsap High School Gym 10140 Frontier Pl NW, Silverdale

Explore services in our community in the areas of Education, Advocacy, Support, Employment, Care, Housing, Recreation, Leisure, and more!

More Info: Kelly Oneal, koneal@kitsap.gov

#### Sponsored By









Get informed.
Be prepared.
Take action.



# PARENT NIGHT OUT

Learn tips to talk confidently to your kids about drugs and alcohol.

13 DEC 6:30 pm | Zoom **REGISTER:** <u>bit.ly/3sPfvSM</u>

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15 FEB 6:30 pm | Zoom **REGISTER:** <u>bit.ly/3GctWmY</u> 13 MAY 12 pm | Zoom **REGISTER:** <u>bit.</u>ly/3R9qQq8



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA April 4, 2024, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: https://us02web.zoom.us/j/86411987270

By phone: Dial by your location +1 253 215 8782 US (Tacoma)

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<u>Advocate</u> for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families.

#### **AGENDA**

4:30	WELCOME & INTRODUCTIONS – In person and online
4:40	APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA
4:45	YOUTH REPRESENTATIVE REPORTS
5:00	ROBERT'S RULES OF ORDER PRESENTATION
5:30	PROJECT UPDATES
5:40	YOUTH ADVOCACY OPPORTUNITY BRIEFING
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING – MAY 2, 2024

"Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen."

Anonymous

# Kitsap County Commission on Children and Youth AGENDA BRIEFING – April 4, 2024 4:30 P.M. –6:00 P.M.

In Person at 105 National Ave. N. Bremerton, WA 98312 and via Zoom meeting- details provided on Agenda.

#### 4:30 p.m. WELCOME & INTRODUCTIONS

Co-Chairpersons Teagan Krog and Abby Stevenson will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an inperson option and an online option. until further notice.

#### 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

March Meeting. Minutes will be reviewed and changes to the April Agenda will be approved.

#### 4:45 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

#### 5:00 p.m. ROBERT'S RULES OF ORDER PRESENTATION

Rebecca Pirtle, Kitsap County Volunteer Coordinator will present information about Robert's Rules of Order that are used to facilitate all county advisory boards.

#### 5:30 p.m. PROJECT UPDATES

Board members and Laura will provide project updates to the board including the 2024 RFP/Grant process, My Shoes My Story, the Youth Commission Work Plan, and the Kitsap Youth Forum. Board members will give comments.

#### 5:40 p.m. YOUTH ADVOCACY OPPORTUNITY

Laura will provide an update on our partnership with the US Congress Youth Advisory Council and youth advocacy efforts.

#### 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

## 6:00 p.m. <u>ADJOURNMENT & NEXT MEETING: The next monthly meeting will be</u> held May 2. 2024.

#### Kitsap County Commission on Children and Youth

#### MINUTES March 7, 2024

The Kitsap County Commission on Children and Youth meeting was held on Thursday March 7, 2024, from 4:30 -6:00 p.m. via Zoom and in person. Teagan Krog and Abigail Stevenson Co-Chairpersons facilitated this meeting and Abigail called the meeting to order. Laura Hyde served as staff and recorder.

#### I. WELCOME & INTRODUCTIONS

Board Co-Chair Teagan Krog called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

February 1, 2024, meeting minutes were approved and entered into the record. We are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

#### III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. YOUTH SAFETY PRESENTATION

Gene Hill of Freedom 13 presented information about teen safety on the internet and with social media. Half of all teens now spend over four hours a day on smartphones which has been proven to cause anxiety, suicidal tendencies, and substance abuse. Strategies were offered to reduce the threat to teen safety with these issues.

#### V. PROJECT UPDATES

Board Members and Staff offered updates on the Grant/RFP process, Members were encouraged to attend the Bidders Conference this month to learn more about the gran and the application process. The My Shoes My Story Program is planning events this month and next month. The Youth Forum planning committee is seeking members and will start up in May.

#### VI. YOUTH ADVOCACY OPPORTUNITY BRIEFING

Laura presented information about the first US Congress Youth Advisory Board meeting held last month. Our Board was selected as a member organization and Laura represented the board for this first meeting. The next step is for the US Congress Youth Advisory Board to set the second meeting date/time. Once we have the date/time for future meetings, Laura will contact CCY Youth Board Members and schedule a youth to represent the Youth Commission at the next meeting. Laura offered to help our youth obtain school approval as the meeting happens during the school day.

#### VII. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements.

VIII. ADJOURNMENT & NEXT MEETING
The meeting was adjourned. The next meeting will be held on April 4, 2024. We will meet in hybrid mode – in-person at OESD 114 and virtually.

#### IV. ATTENDANCE

COMMISSION MEMBERS	STAFF	GUESTS
Teagan Krog	Laura Hyde	Gene Hill
Abigail Stevenson		
Camden Singer		
Susan Mayes Winfield		
Kimberly Riley		
Josh Lane		
Natasha Facteau Minger		
Amanda Williamson		
Dragan Kardzic		
Emily Main		
Cathy Adams-Bomar		
Brendon Taga		
	Absent	
Elisabeth Nilsson		
Bethany Wecks		
Crista Magneson		
Lynne Tabone		

6th Annual 2024

Living Life Leadership
Youth Empowerment
Conference

# Prouder and Louder Together

April 1, 10:30 - 3:30 Free Admissions and Lunch

> Middle and High School



Sankofa Sacred Circlez
Marvin Williams Recreation Center
725 Park Ave, Bremerton
karendvargas@gmail.com

LivingArts

Get informed.
Be prepared.
Take action.



# PARENT NIGHT OUT

Learn tips to talk confidently to your kids about drugs and alcohol.

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**ANNUAL** 

# KITSAP COUNTY

DEVELOPMENTAL DISABILITIES RESOURCE FAIR

APRIL 24, 2024 4:00-6:00 PM

> Central Kitsap High School Gym 10140 Frontier Pl NW, Silverdale

Explore services in our community in the areas of Education, Advocacy, Support, Employment, Care, Housing, Recreation, Leisure, and more!

More Info: Kelly Oneal, koneal@kitsap.gov

#### Sponsored By











# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA May 2, 2024, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <a href="https://us02web.zoom.us/j/84295747300">https://us02web.zoom.us/j/84295747300</a>

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#### **AGENDA**

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4:40	APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA
4:45	YOUTH REPRESENTATIVE REPORTS
5:00	PRESENTATION – Recommendations from the Grant Application Review Committee
5:20	VOTE – Board Recommendations re: grant funding
5:35	UPCOMING PROJECTS & ACTIVITIES
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING – JUNE 6, 2024

# Kitsap County Commission on Children and Youth AGENDA BRIEFING – May 2, 2024 4:30 P.M. –6:00 P.M.

In Person at 105 National Ave. N. Bremerton, WA 98312 and via Zoom meeting- details provided on Agenda

#### 4:30 p.m. WELCOME & INTRODUCTIONS

The Chairpersons will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.

#### 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

April Meeting Minutes will be approved and any changes to the May Agenda will be approved.

#### 4:45 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

### 5:00 p.m. PRESENTATION – Recommendations from the Grant Application Review Committee

The grant review committee will share about the process, the applications, and their recommendations on funding.

#### 5:20 p.m. VOTE – Board Recommendations re: grant funding

Board members will vote on the proposed recommendations for funding the grant applicants.

- **5:40 p.m. UPCOMING PROJECTS & ACTIVITIES** Information will be shared about community activities happening in the future.
- 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

  Members of the board & the public will announce events & share comments.
- 6:00 p.m. <u>ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held June 6, 2024.</u>

#### **Kitsap County Commission on Children and Youth**

#### MINUTES April 4, 2024

The Kitsap County Commission on Children and Youth meeting was held on Thursday April 4, 2024, from 4:30 -6:00 p.m. via Zoom and in person. Teagan Krog, Co-Chairperson facilitated this meeting and Teagan called the meeting to order. Laura Hyde served as staff and recorder.

#### I. WELCOME & INTRODUCTIONS

Board Co-Chair Teagan Krog called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

March 7, 2024, meeting minutes were approved and entered into the record. We are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

#### III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. ROBERTS RULES OF ORDER PRESENTATION

Rebecca Pirtle, Kitsap County Volunteer Coordinator will present information about Robert's Rules of Order that are used to facilitate all county advisory boards.

#### V. PROJECT UPDATES

Board Members and Staff offered updates on the Grant/RFP process, **Members were encouraged to attend the May 4**th **Commission on Children and Youth meeting** as the RFP committee will present their recommendations and the Board will vote to make their recommendations to the Board of County Commissioners who have the final decision regarding which of the applicants will receive funding and how much they will be awarded. The My Shoes My Story Program is planning events this month and next month. The Youth Forum planning committee is seeking members and will start up in May.

#### VI. YOUTH ADVOCACY OPPORTUNITY BRIEFING

Laura presented information about the first US Congress Youth Advisory Board meeting held in February and the next steps. Our Board was selected as a member organization and Laura represented the board for this first meeting. The next step is for the US Congress Youth Advisory Board to set the second meeting date/time. Once we have the date/time for future meetings, Laura will contact CCY Youth Board Members and schedule a youth to represent the Youth Commission at the next meeting. Laura offered to help our youth obtain school approval as the meeting happens during the school day.

#### VII. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements.

#### VIII.

ADJOURNMENT & NEXT MEETING
The meeting was adjourned. The next meeting will be held on May 2, 2024. We will meet in hybrid mode – in-person at OESD 114 and virtually.

#### IV. ATTENDANCE

IV. ATTENDANCE		
COMMISSION MEMBERS	STAFF	GUESTS
Teagan Krog	Laura Hyde	Rebecca Pirtle
Crista Magneson	•	Lisa Lechuga
Camden Singer		Kelly Field
Susan Mayes Winfield		
Kimberly Riley		
Josh Lane		
Natasha Facteau Minger		
Lynne Tabone		
Brendon Taga		
_		
	Absent	
Elisabeth Nilsson	7 tooont	
Bethany Wecks		
Cathy Adams-Bomar		
Dragan Kardzic		
Abigail Stevenson		
Emily Main		
Amanda Williamson		
7 (manda vviinamson		





# YOUTH MENTAL HEALTH FIRST AID

#### LEARN HOW TO SUPPORT THE YOUNG PEOPLE IN YOUR LIFE

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. You'll build skills and confidence you need to reach out and provide initial support to young people who are struggling. You'll also learn how to help connect them to appropriate support.

#### AFTER THE COURSE, YOU'LL BE ABLE TO:

- Recognize common signs and symptoms of mental health challenges, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a young person in crisis.
- Know how to connect a young person with help.
- Better understand trauma, substance use, self-care and the impact of social media and bullying.

#### **DATES**

Choose one session. They will have the same content.

Saturday, May 11 and Wednesday, May 29

10:30am - 4 pm with lunch provided

Childcare provided at the Saturday session

#### LOCATION

Mt Rainier Room, Kitsap Community Resources 1201 Park Ave, Bremerton

# FREE! REGISTER NOW

Limited seats in each session
Follow this link or QR code:
<a href="mailto:bit.ly/ymhfa2024">bit.ly/ymhfa2024</a>















# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA June 6, 2024, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Meeting Link: https://us06web.zoom.us/j/83713433700?pwd=20pzQt9BY4OU93eFbJUox3kVO6ROuj.1

Meeting ID: 837 1343 3700 Passcode: 768766

By phone: Dial by your location +1 253 205 0468 US(Tacoma)

Meeting ID: 837 1343 3700 Passcode: 768766 +1 346 248 7799 US (Houston)

+1 720 707 2699 US (Denver)

+1 646 558 8656 US (New York)

+1 312 626 6799 US (Chicago)

Meeting ID: 837 1343 3700 Passcode: 768766

#### THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

#### **AGENDA**

4:30	WELCOME & INTRODUCTIONS – In person and online
4:40	APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA
4:45	YOUTH REPRESENTATIVE REPORTS
5:00	PRESENTATION – YOUTH HOUSING SUPPORT PROGRAM
5:30	PROJECT UPDATES & UPCOMING ACTIVITIES
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING – JULY 11, 2024

"Someone is sitting in the shade today because someone planted a tree a long time ago. Warren Buffett

# Kitsap County Commission on Children and Youth AGENDA BRIEFING – June 6, 2024 4:30 P.M. –6:00 P.M.

In Person at 105 National Ave. N. Bremerton, WA 98312 and via Zoom meeting - details provided on Agenda

#### 4:30 p.m. WELCOME & INTRODUCTIONS

The Chairpersons will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option, until further notice.

#### 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

May Meeting Minutes will be approved and any changes to the June Agenda will be approved.

#### 4:45 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

#### 5:00 p.m. PRESENTATION – Youth Housing Support Program

Avianah McKenna of Lutheran Services will present information about their new program - *The Youth Housing Support Program.* This program supports youth ages 16-25 with housing and housing related challenges.

#### 5:30 p.m. PROJECT UPDATES & ACTIVITIES

Board members will vote on the proposed recommendations for funding the grant applicants.

- **5:40 p.m. <u>UPCOMING PROJECTS & ACTIVITIES</u>** Information will be shared about community activities happening in the future.
- 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

  Members of the board & the public will announce events & share comments.
- 6:00 p.m. <u>ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held July 11, 2024</u>.

#### **Kitsap County Commission on Children and Youth**

#### MINUTES May 2, 2024

The Kitsap County Commission on Children and Youth meeting was held on Thursday May 2, 2024, from 4:30 -6:00 p.m. via Zoom and in-person. Abigail Stevenson, Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. WELCOME & INTRODUCTIONS

Board Co-Chair Teagan Krog called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

April 4, 2024, meeting minutes were approved and entered into the record. We are meeting virtually and in-person today. The May 2, 2024, Agenda was approved. The in-person meeting was held at OESD 114.

#### III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

## IV. <u>PRESENTATION – Recommendations from the Grant Application Review</u> <u>Committee</u>

Members of the Grant Application Review Committee shared information about their recommendations for funding.

#### V. <u>VOTE – Board Recommendations re: grant funding</u>

A vote was held. All Board Members present voted. The vote was unanimous to approve the recommendations of the Grant Application Review Committee. The recommendations will be shared with the Board of County Commissioners who have the final decision regarding which of the applicants will receive funding and how much they will be awarded.

#### VI. UPCOMING PROJECTS & ACTIVITIES

Laura shared information about The My Shoes My Story Program, two events are planned for this month. The Youth Forum planning committee is seeking members and will start up in June. The event is planned to be held in October. Laura reported that she did reach out to the U.S. Congress Youth Advisory Board and was told that there is no date selected for the next meeting at this time. Email will go out when the next meeting is scheduled.

#### VII. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements.

#### VIII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. The next meeting will be held on May 2, 2024. We will meet in hybrid mode – in-person at OESD 114 and virtually.

#### IV. ATTENDANCE

IV. ATTENDANGE	-	211222
COMMISSION MEMBERS	STAFF	GUESTS
Abigail Stevenson	Laura Hyde	
Dragan Kardzic		
Camden Singer		
Emily Main		
Kimberly Riley		
Cathy Adams Bomar		
Lynne Tabone		
Brendon Taga		
	Absent	
Elisabeth Nilsson	7 1000111	
Bethany Wecks		
Natasha Facteau Minger		
Crista Magneson		
Josh Lane		
Amanda Williamson		
Teagan Krog		
1 Juguii i i u g		







# Youth Housing Support Program

Are you a young adult aged 16-25 in need of support and guidance? Look no further! Our organization is here to help you navigate life's challenges and find stability.

SOME SERVICES WE OFFER..

• Housing Partnerships: We work with strong housing partnerships to connect youth to permanent housing and provide assistance throughout the process.

• Individualized Support: Our dedicated staff offer one-on-one information and advocacy support to identify resources, access services, and navigate systems.

• Comprehensive Services: From completing paperwork for rent assistance to job applications and legal challenges, we're here to assist you every step of the way.

#### Contact info:

Lutheran Community Services Northwest 645 4th Street, Suite 202

Bremerton, WA 98337

TEL: 360-377-5511 FAX: 360-377-3548



#### How to avoid health

# **MISINFORMATION**

and find reliable information!



The internet gives us easy access to a huge amount of health information. However, it can be difficult to sort out good information from wrong or misleading information. Here are quick tips for finding reliable information and avoiding misinformation.

#### What are misinformation and disinformation?



**Misinformation** is information that is false or misleading according to the best available evidence. People often share misinformation without knowing it is wrong.



**Disinformation** is misinformation people spread on purpose to do harm.

Misinformation and disinformation **can cause people to make decisions that put their health at risk**. That's why it is important to watch out for misinformation and only share reliable information.

#### How do I identify misinformation?

Here are some ways of checking whether something you hear or see online could be misinformation:

#### Trusted public health sources

- Kitsap Public Health District: kitsappublichealth.org
- WA State Department of Health: **doh.wa.gov**
- CDC: cdc.gov



**Check trusted sources**, such as local, state and national public health department websites, to see if the information is true, or talk to your healthcare provider.



Look closely at the source of the information. Does the claim appear on graphic with no source or link to information? Is the information old or recent? Does it come from an organization or news source you've never heard of? Or does it come directly from a source you trust, such as a university or hospital?

#### **Addressing misinformation**

Misinformation affects us all and everyone has a part to play in addressing misinformation online and in our community.



We compiled a toolkit of resources to help people and organizations plan for, identify, and effectively address misinformation. To access the toolkit, scan the code above or go to kitsappublichealth.org/news

#### **Talking about misinformation**

**Talking to people** about misinformation they might be hearing or sharing can help prevent harm. Remember to:







April 2024



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA July 11, 2024, 4:30-6:00pm



Virtual only: Meeting Link:

https://us06web.zoom.us/j/83713433700?pwd=20pzQt9BY4OU93eFbJUox3kVO6ROuj.1

Meeting ID: 879 8928 3708

Passcode: 306846

By phone: Dial by your location +1 253 205 0468 US(Tacoma)

Meeting ID: 879 8928 3708 Passcode: 306846 +1 253-215 87823US (Tacoma)

+1 720 707 2699 US (Denver)

+1 646 558 8656 US (New York)

+1 312 626 6799 US (Chicago)

#### **THE PURPOSE OF THIS BOARD IS TO:**

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

#### **AGENDA**

4:30	WELCOME & INTRODUCTIONS
4:40	APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA
4:45	YOUTH REPRESENTATIVE REPORTS
5:00	KITSAP COUNTY YOUTH PROGRAM UPDATES
5:30	PROJECT UPDATES & ACTIVITIES
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING – AUG 1, 2024

<sup>&</sup>quot;Very great change starts from very small conversations, held among people who care" Margaret Wheatley

# Kitsap County Commission on Children and Youth AGENDA BRIEFING – July 11, 2024 4:30 P.M. –6:00 P.M.

#### Zoom meeting- details provided on Agenda

#### 4:30 p.m. WELCOME & INTRODUCTIONS

The Chairpersons will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.

- 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

  June Meeting Minutes will be approved and any changes to the July Agenda will be approved.
- 4:45 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

- 5:00 p.m. KITSAP COUNTY YOUTH SUBSTANCE ABUSE PREVENTION UPDATES
  Laura Hyde of the Kitsap County Substance Abuse Prevention & Youth
  Services Division will provide updates on new programs and upcoming
  activities.
- 5:30 p.m. PROJECT UPDATES & ACTIVITIES

With the graduation of our current Youth Co-Chairperson – Teagan Krog and our Vice Chairperson – Camden Singer, we will be having an election for a new Youth Co-Chairperson and Vice Chairperson at the August meeting, Please contact Laura with your nominations. Updates on the Kitsap Youth Forum, Membership drive will be offered.

5:40 p.m. <u>UPCOMING PROJECTS & ACTIVITIES</u>

Information will be shared about community activities happening in the near future.

- 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

  Members of the board & the public will announce events & share comments.
- 6:00 p.m. <u>ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held</u> <u>August 1, 2024</u>.

#### **Kitsap County Commission on Children and Youth**

#### MINUTES June 6, 2024

The Kitsap County Commission on Children and Youth meeting was held on Thursday June 6, 2024, from 4:30 -6:00 p.m. via Zoom and in person. Abigail Stevenson and Teagan Krog, Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. WELCOME & INTRODUCTIONS

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

May 2, 2024, meeting minutes were approved and entered into the record. We are meeting virtually and in-person today. The June 6, 2024, Agenda was approved. The in-person meeting was held at OESD 114.

#### III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

#### IV. PRESENTATION – Youth Housing Support Program

Avianah McKenna and Amy Godnez of Lutheran Services presented information about their new program - *The Youth Housing Support Program*. This program supports youth ages 16-25 with housing and housing related challenges.

#### V. PROJECT UPDATES & ACTIVITIES

Information was shared about community activities happening in the future.

#### VI. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements.

#### VII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. The next meeting will be held on July 11, 2024, as our regularly scheduled July meeting falls on a Holiday. We will meet virtually.

#### IV. ATTENDANCE

IV. ATTEMBANCE				
COMMISSION MEMBERS	STAFF	GUESTS		
Abigail Stevenson	Laura Hyde	Avianah McKenna		
Dragan Kardzic		Amy Godnez		
Teagan Krog		Lisa Lechuga		
Emily Main		Noah Clauss		
Kimberly Riley				
Cathy Adams Bomar				
Lynne Tabone				
Brendon Taga				
Amanda Williamson				
Crista Magneson				
Absent				
Elisabeth Nilsson				
Bethany Wecks				
Natasha Facteau Minger				
Josh Lane				
Camden Singer				



#### **About the Training**

Learn how to promote healthy development & reduce risky behavior in teen years & build family connections! This training emphasizes strong family bonds as the key that motivates preteens to follow family guidelines and stay on a course toward better health and educational outcomes as teenagers.

## JOIN US '



To register, scan the QR code or email us at adijohn@kitsap.gov

Washington State
Health Care Authority



**Schedule** 

**Tuesday, July 16, 2024 Tuesday, July 23, 2024 Tuesday, July 30, 2024** Tuesday, August 6, 2024 Tuesday, August 13, 2024

5:30pm - 7:30pm









http://kcowa.us/prevention



Teen Health Hub WA: One-stop shop for young people's questions about their health Washington State Department of Health sent this bulletin at 06/14/2024 03:10 PM PDT



# Teen Health Hub WA: One-stop shop for young people's questions about their health

#### Youth-driven solutions to public health issues

Finding reliable health information online isn't easy whether you're a teen or an adult. A single search may bring up a ton of results, often with conflicting information. It can be tough to tell which sources are credible and trustworthy. But reliable health information isn't just nice to have—it's essential.

That's why the <u>Teen Health Hub WA (Hub)</u> matters for the <u>nearly 1 million teens in Washington</u>. It's a great solution to what's missing. This first collaboration between the Department of Health (DOH) and the Youth Advisory Council (YAC) resulted in a valuable new online resource. The YAC is a group of teens and young adults from different parts of the state. Last year, YAC members Shubham, Cara, and Aryaa helped to develop the Hub. "Having a resource that's easy to understand and accurate is super important," said Shubham.





## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA August 1, 2024, 4:30-6:00pm



Virtual only: Meeting Link:

https://us06web.zoom.us/j/84662675476?pwd=RHYqS74sbsr4PWAz8pX9HbXZc5GRMe.1

Meeting ID: 846 6267 5476

Passcode: 336869

By phone: Dial by your location +1 253 205 0468 US(Tacoma)

Meeting ID: 846 6267 5476 Passcode: 336869 +1 253-215 8782 US (Tacoma)

+1 720 707 2699 US (Denver)

+1 646 558 8656 US (New York) +1 312 626 6799 US (Chicago)

#### **THE PURPOSE OF THIS BOARD IS TO:**

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

#### **AGENDA**

4:30	WELCOME & INTRODUCTIONS
4:40	APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA
4:45	YOUTH REPRESENTATIVE REPORTS
5:00	ELECTIONS – YOUTH BOARD CO-CHAIRPERSON & VICE-CHAIRPERSON
5:30	PROJECT UPDATES & ACTIVITIES
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING – SEPTEMBER 6, 2024

"To accomplish great things, we must not only act, but also dream; not only plan, but also believe."

Anatole France

## Kitsap County Commission on Children and Youth AGENDA BRIEFING – August 1, 2024 4:30 P.M. –6:00 P.M.

This is a virtual meeting with the meeting link provided on the Agenda and on our webpage <a href="kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx">kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx</a>

#### 4:30 p.m. WELCOME & INTRODUCTIONS

Chairperson Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered quarterly until further notice.

#### 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

July Meeting Minutes will be approved and any changes to the August Agenda will be approved.

#### 4:45 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

## 5:00 p.m. <u>ELECTIONS – YOUTH BOARD CO-CHAIRPERSON AND BOARD VICE</u> CHAIRPERSON

With the graduation of our current Youth Co-Chairperson (Teagan Krog) and Vice-Chairperson (Camden Singer) in June, these positions are now open. We will hold elections for our Youth Co-Chairperson and for our Vice Chairperson positions.

#### 5:30 p.m. PROJECT UPDATES & ACTIVITIES

Updates on the Kitsap Youth Forum, the membership drive, and purchase of a new zoom account, and other activities will be shared and discussed.

#### 5:40 p.m. UPCOMING PROJECTS & ACTIVITIES

Information will be shared about community activities happening in the near future.

#### 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

## 6:00 p.m. <u>ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held</u> <u>September 6, 2024</u>.

#### Kitsap County Commission on Children and Youth

#### MINUTES July 11, 2024

The Kitsap County Commission on Children and Youth meeting was held on Thursday July 11, 2024, from 4:30 -6:00 p.m. via Zoom. It should be noted that we had technical difficulties with accessing the zoom link to the virtual meeting. Laura created a fresh meeting link and emailed it out to members and individuals who sent email asking for help. She also shared that we are using an account shared with other Kitsap County Programs and there has been difficulty as this account only allows for one account manager. Members present were in agreement for the Youth Commission to purchase their own zoom account. Abigail Stevenson, Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. <u>WELCOME & INTRODUCTIONS</u>

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

June 6, 2024, meeting minutes were approved and entered into the record. We are meeting virtually and in-person today. The June 6, 2024, Agenda was approved.

#### III. YOUTH REPRESENTATIVE REPORTS

We did not have a Youth representatives report this month as our three youth representatives on the Commission were not in attendance. Camden Singer and Teagan Krog recently graduated and are headed to college. Lynne Tabone is on vacation out of the area and could not attend today's meeting. The Commission discussed youth representative recruitment and several ideas were formed.

#### IV. PRESENTATION - Kitsap County Youth Program Updates

Laura Hyde presented information about the Kitsap County Youth Program. She shared information about the Guiding Good Choices Caregiver and Parent Classes that will start this week. Classes are full with a waiting list. A second session is planned for the fall. A facilitator training is being scheduled to increase capacity for trainers for this new program to Kitsap. Laura also shared information about the Friends For Life Campaign is beginning. The campaign is focused on youth opioid and fentanyl prevention and was created by the State of Washington with input from youth. Laura also shared information about their new funding for Youth Opioid/Fentanyl misuse prevention recently funded by the Opioid Settlement Funds.

#### V. PROJECT UPDATES & ACTIVITIES

Information was shared about community activities happening in the future.

#### VI. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements.

#### VII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. The next meeting will be held on August 1, 2024. We will meet virtually. In-person meeting will occur quarterly.

#### IV. ATTENDANCE

COMMISSION MEMBERS		STAFF	GUESTS	
Abigail Stevenson	Laura Hyde		Courtney Oliver	
Crista Magneson			Danielle Jenkel	
Cathy Adams Bomar			Melissa McEfresh	
Kimberly Riley				
		Absent		
Elisabeth Nilsson				
Bethany Wecks				
Natasha Facteau Minger				
Josh Lane				
Camden Singer				
Dragan Kardzic				
Teagan Krog				
Lynne Tabone				
Brendon Taga				
Amanda Williamson				
Emily Main				

# QPR



Serving Clallam, Jefferson, and Kitsap Counties

## (Question/Persuade/Refer)

## SUICIDE PREVENTION TRAINING

August 6 & 8, 2024

## Ask a Question, Save a Life

Three steps anyone can take to help prevent suicide. You can be a resource for someone who might be struggling.

This training is for anyone that wants to recognize the signs that someone is at risk for suicide.

QPR Gatekeeper Training Teaches:

- How to recognize the warning signs
- How to offer hope
- How to refer someone to help

### Tuesday, August 6, 2024

Doors open at 4:00 pm
Training from 4:30 pm - 5:30 pm
7 Cedars Hotel, Blyn Room
270756 US-101
Sequim, WA 98382

#### Thursday, August 8, 2024

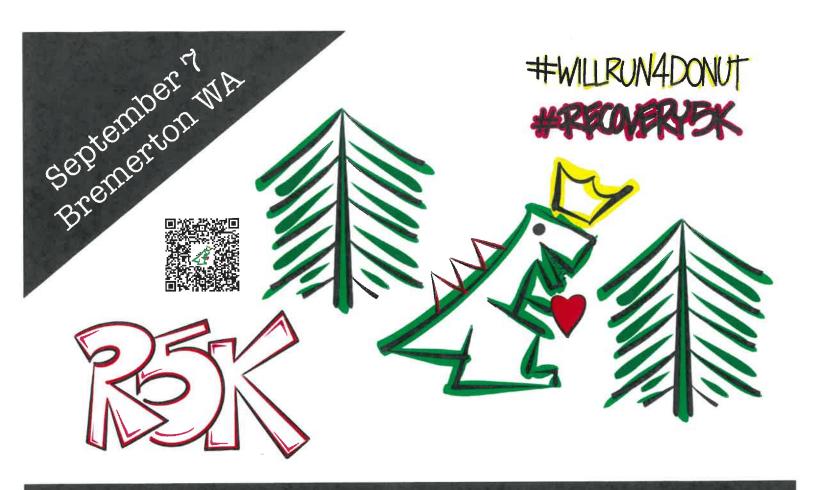
Doors open at 4:00 pm
Training from 4:30 pm - 5:30 pm
Poulsbo Library, Community Room
700 NE Lincoln Road
Poulsbo, WA 98370

Light refreshments will be served

# Register for free: <a href="http://bit.ly/4bsuqT9">http://bit.ly/4bsuqT9</a>



For more info, contact Amy Browning at abrowning@kitsap.gov or 360-307-4275



9:00 am Recovery 5k Illahee Preserve

11-2:00 Recovery Day at the Park Evergreen Park





SATURDAY

**SEPTEMBER 14TH** 

12:00 - 3:00 PM

**EVERGREEN PARK** 

HOSTED BY SHAY PETERS
SPONSORED BY KITSAP MENTAL HEALTH SERVICES



KITSAP
MENTAL HEALTH
SERVICES



SALISH REGIONAL CRISIS LINE 1-888-910-0416 OR TEXT 988

KMHS.ORG

## YOUTH MOBILE CRISIS

- <u>WHAT</u>: YMCOT through Kitsap Mental Health Services provides 24-hour crisis response regardless of insurance coverage.
- WHO: A Youth Mobile Outreach Team
  (YMCOT) consists of a Mental Health
  Professional/ Mental Health Care Provider and
  a Certified Peer that responds to the crisis call
  for a youth in need.
  - <u>WHEN</u>: YMCOT responds when individuals are experiencing an acute behavioral health crisis.
- <u>WHERE</u>: YMCOT meets individuals where they are at in the community, responding as mobile frontline teams across Kitsap County.
- HOW: YMCOT referrals can be initiated by individuals in crisis, concerned citizens, law enforcement, family members and professional providers. The team builds rapport to actively engage youths in need of stabilization and safety planning for up to 2 weeks.



## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA September 5, 2024, 4:30-6:00pm



Virtual only: Meeting Link:

https://us06web.zoom.us/j/81977460493?pwd=Iba4fyoBbQbsYBNy6pPDbAYpBm7CpQ.1

Meeting ID: 819 7746 0493

Passcode: 182070

By phone: Dial by your location • +1 253 215 8782 US (Tacoma)

Meeting ID: 819 7746 0493 • +1 253 205 0468 US

Passcode: 182070 • +1 720 707 2699 US (Denver)

• +1 301 715 8592 US (Washington DC)

#### THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

#### **AGENDA**

4:30	WELCOME & INTRODUCTIONS
4:40	APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA
4:45	YOUTH REPRESENTATIVE REPORTS
5:00	PRESENTATION - KITSAP MENTAL HEALTH SERVICES
5:30	PROJECT UPDATES & ACTIVITIES
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING - OCTOBER 3, 2024

"Teamwork divides the task and multiplies the success." Andrew Carnegie

## Kitsap County Commission on Children and Youth AGENDA BRIEFING – September 5, 2024 4:30 P.M. –6:00 P.M.

This is a virtual meeting with the meeting link provided on the Agenda and on our webpage <a href="https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx">kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx</a>

#### 4:30 p.m. WELCOME & INTRODUCTIONS

Chairpersons Lynne Tabone and Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered quarterly until further notice.

#### 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

August Meeting Minutes will be approved and any changes to the September Agenda will be approved.

#### 4:45 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

#### 5:00 p.m. PRESENTATION – KITSAP MENTAL HEALTH SERVICES

An update on services and programs offered by Kitsap Mental Health Services will be shared.

#### 5:30 p.m. PROJECT UPDATES & ACTIVITIES

Updates on the Kitsap Youth Forum, the membership drive, and purchase of a new zoom account, and other activities will be shared and discussed.

#### 5:40 p.m. UPCOMING PROJECTS & ACTIVITIES

Information will be shared about community activities happening in the near future.

#### 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

#### 6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held

October 3, 2024.

#### **Kitsap County Commission on Children and Youth**

#### MINUTES August 1, 2024

The Kitsap County Commission on Children and Youth meeting was held on Thursday August 1, 2024, from 4:30 -6:00 p.m. via Zoom. Abigail Stevenson, Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. WELCOME & INTRODUCTIONS

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

July 11, 2024, meeting minutes were approved and entered into the record. We are meeting virtually and in-person today. The August 1, 2024, Agenda was approved.

#### III. YOUTH REPRESENTATIVE REPORTS

Co-Chairperson Lynne Tabone offered an update on summer activities and plans for the school year. The Commission discussed youth representative recruitment, and several ideas were formed.

#### IV. ELECTIONS - YOUTH BOARD CO-CHAIRPERSON AND VICE-CHAIRPERSON

Elections were held for the Youth Co-Chairperson position and Lynne Tabone was elected. Vice-Chairperson elections were moved to next month. Board Members were requested to send nominations to Laura.

#### V. PROJECT UPDATES & ACTIVITIES

Information was shared about community activities happening in the future.

#### VI. ANNOUNCEMENT/PUBLIC COMMENT

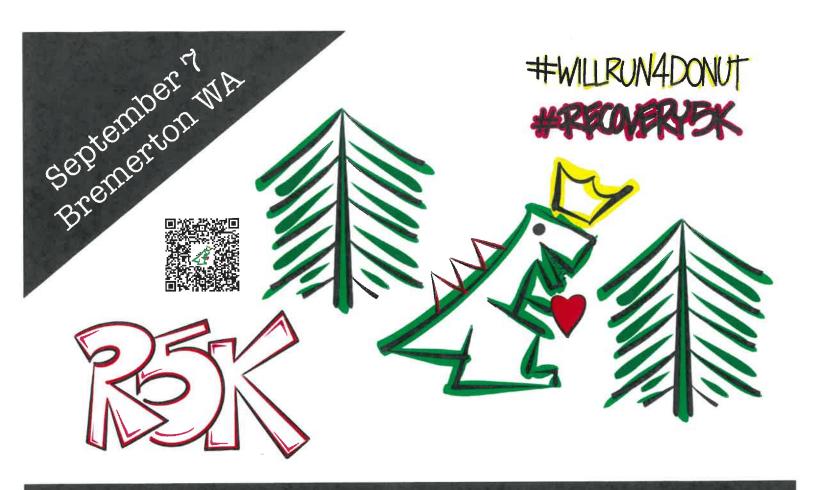
The board and guests shared announcements.

#### VII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. The next meeting will be held on September 5, 2024. We will meet virtually. In-person meeting will occur quarterly.

#### IV. ATTENDANCE

COMMISSION MEMBERS	STAFF		GUESTS	
Abigail Stevenson	Laura Hy	de	Ian Moss	
Lynne Tabone			Elsa Drugge	
Cathy Adams Bomar			Aldrin Villahermosa	
Kimberly Riley				
Amanda Williamson				
Danielle Jenkel				
Brendon Taga				
		Absent		
Elisabeth Nilsson				
Bethany Wecks				
Natasha Facteau Minger				
Josh Lane				
Camden Singer				
Dragan Kardzic				
Crista Magneson				
Emily Main				



9:00 am Recovery 5k Illahee Preserve

11-2:00 Recovery Day at the Park Evergreen Park





SATURDAY

**SEPTEMBER 14TH** 

12:00 - 3:00 PM

**EVERGREEN PARK** 

HOSTED BY SHAY PETERS
SPONSORED BY KITSAP MENTAL HEALTH SERVICES





KITSAP

MENTAL HEALTH

SERVICES



SALISH REGIONAL CRISIS LINE 1-888-910-0416 OR TEXT 988

KMHS.ORG

## YOUTH MOBILE CRISIS

- <u>WHAT</u>: YMCOT through Kitsap Mental Health Services provides 24-hour crisis response regardless of insurance coverage.
- WHO: A Youth Mobile Outreach Team
  (YMCOT) consists of a Mental Health
  Professional/ Mental Health Care Provider and
  a Certified Peer that responds to the crisis call
  for a youth in need.
  - <u>WHEN</u>: YMCOT responds when individuals are experiencing an acute behavioral health crisis.
- <u>WHERE</u>: YMCOT meets individuals where they are at in the community, responding as mobile frontline teams across Kitsap County.
- HOW: YMCOT referrals can be initiated by individuals in crisis, concerned citizens, law enforcement, family members and professional providers. The team builds rapport to actively engage youths in need of stabilization and safety planning for up to 2 weeks.



## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA October 3, 2024, 4:30-6:00pm



Virtual only: Meeting Link:

https://us06web.zoom.us/j/86819583040?pwd=f92qIc49dIrHjoM4KUi92Peb0nA4Eb.1

Meeting ID: 868 1958 3040

Passcode: 845096

By phone: Dial by your location • +1 253 215 8782 US (Tacoma)

Meeting ID: 8681958 3040 • +1 253 205 0468 US

Passcode: 845096 • +1 720 707 2699 US (Denver)

• +1 301 715 8592 US (Washington DC)

#### THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

#### **AGENDA**

4:30	WELCOME & INTRODUCTIONS
4:40	APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA
4:45	YOUTH REPRESENTATIVE REPORTS
5:00	PROJECT UPDATES & ACTIVITIES
5:30	FALL/WINTER EVENTS & RESOURCES
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING – NOVEMBER 7, 2024

<sup>&</sup>quot;The youth are the architects of tomorrow." Deborah Elam

## Kitsap County Commission on Children and Youth AGENDA BRIEFING – October 3, 2024 4:30 P.M. –6:00 P.M.

This is a virtual meeting with the meeting link provided on the Agenda and on our webpage <a href="https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx">kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx</a>

#### 4:30 p.m. WELCOME & INTRODUCTIONS

Chairpersons Lynne Tabone and Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered quarterly until further notice.

#### 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

September Meeting Minutes will be approved and any changes to the October Agenda will be approved.

#### 4:45 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

#### 5:00 p.m. PROJECT UPDATES & ACTIVITIES

Updates on the Kitsap Youth Forum, the membership drive, and other activities will be shared and discussed.

#### 5:30 p.m. FALL/WINTER EVENTS & RESOURCES

Board Members and guests will share information about fall and winter activities as well as resources available to help children, youth, and families.

#### 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

## 6:00 p.m. <u>ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held</u> November 7, 2024.

#### Kitsap County Commission on Children and Youth

#### MINUTES September 5, 2024

The Kitsap County Commission on Children and Youth meeting was held on Thursday September 5, 2024, from 4:30 -6:00 p.m. via Zoom. Abigail Stevenson and Lynne Tabone Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. WELCOME & INTRODUCTIONS

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

August 1, 2024, meeting minutes were approved and entered into the record with two changes. We are meeting virtually today. The September 2024 Agenda was approved.

#### III. YOUTH REPRESENTATIVE REPORTS

Co-Chairperson Lynne Tabone offered an update on activities, the start of school and plans for the school year. The Commission discussed youth representative recruitment, and several ideas were formed.

#### IV. PRESENTATION - KITSAP MENTAL HEALTH SERVICES

Michael Schrader of Kitsap Mental Health Services – Young Adult Transition Team (YATT) shared information about the program, Evergreen Bright Start Housing Program, and other KMHS services for children and youth.

#### V. PROJECT UPDATES & ACTIVITIES

Information was shared about community activities happening in the future.

#### VI. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements.

#### VII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. The next meeting will be held on October 3, 2024. We will meet virtually. In-person meeting will occur quarterly.

#### IV. ATTENDANCE

STAFF	GUESTS	
Laura Hyde	Courtney Oliver	
	Elsa Drugge Aldrin Villahermosa	
	Aldrin Villahermosa	
Absent		
	Absent	

# KITSAP YOUTH FORUM 2024

## TUESDAY - OCTOBER 15TH 4:30pm - 7:00pm



We will have multiple local policy makers present to listen to your ideas and concerns. Your new and fresh perspectives will contribute to the creation of laws, rules and regulations for the future!

Register at:

bit.ly/KitsapYouthForum24

or scan the QR code:



Location: Norm Dicks Government Center 345 6th Street, Bremerton, WA 98337











## **GATHERING YOUTH PERSPECTIVES**

#### FOR YOUR TIME, WE'LL PROVIDE A \$25 STARBUCKS GIFT CARD

#### **WE WANT TO HEAR FROM YOU!**

Focus groups are a chance for Kitsap Public Health to listen to youth voices that can positively impact our work. We want to hear what you think about cannabis and tobacco usage and the way it is marketed to you and your fellow teens. Your thoughts and feelings will inspire our programming in the coming years.

#### **REQUIREMENTS**

- Must be between 13 to 18 years old
- Must reside in these counties:
  - Clallam
  - Jefferson
  - Kitsap
- Must commit 60 minutes to join

#### WHAT TO EXPECT

#### **Motivation**

Participation guarantees your opportunity to have your voice heard and you will receive a \$25 Starbucks gift card at the end of your focus group.

#### **Time**

All focus group discussion durations will take between 45 - 60 minutes to complete. We will be sure to finish promptly to respect everyone's time.

#### **Purpose**

These focus groups are being held to collect insight from youth (people aged 13 to 18) from Kitsap, Jefferson, and Clallam counties regarding cannabis and tobacco.

#### **Format**

Focus groups will be four to six participants and one facilitator who will ask a few questions to start a discussion. Participants will be kept anonymous. Kitsap groups will be in person, Clallam and Jefferson groups will be virtual.

# PREGNANCY & PARENTING SUPPORT LINE

Monday through Friday, 8 a.m. to 4 p.m.

# 360-728-BABY (2229)

#### We can refer you to resources for:

- Pregnancy care
- Mental health support
- Breast/chestfeeding
- Early learning

- Parenting
- Home visiting programs
- Support groups
- Developmental concerns



#### Find us online:

kitsappublichealth.org/ParentSupport







# EMBARAZO Y PATERNIDAD LÍNEA DE APOYO

De Lunes a Viernes, de 8am a 4pm

## 360-728-BABY (2229)

### **¡HABLAMOS ESPAÑOL!**

#### Podemos referirlos a recursos e información sobre:

- Cuidados durante el embarazo
- Información sobre la salud mental
- Lactancia
- Aprendizaje temprano
- Información para la crianza de los hijos
- Programas de visitas domiciliarias
- Grupos de apoyo
- Evaluación de retrasos en el desarrollo de infantes y niños







# COUNTYWIDE YOUTH &

October 5, 2024 10 am - 2 pm

Marvin Williams Center 725 Park Ave Bremerton, WA 98337

DOOR PRIZES

GAMES

FREE FOOD

GIFT CARDS

ELECTRONIC GIVEAWAYS

SPECIAL GUEST SPEAKER

FORMER STATE REPRESENTATIVE

JESSE JOHNSON

Focus on PEACE: police engagement and community education



## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA November 7, 2024, 4:30-6:00pm



Virtual only: Meeting Link:

https://us06web.zoom.us/j/86819583040?pwd=f92qIc49dIrHjoM4KUi92Peb0nA4Eb.1

Meeting ID: 868 1958 3040

Passcode: 845096

By phone: Dial by your location • +1 253 215 8782 US (Tacoma)

Meeting ID: 868 1958 3040 • +1 253 205 0468 US

Passcode: 845096 • +1 720 707 2699 US (Denver)

• +1 301 715 8592 US (Washington DC)

#### THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

#### **AGENDA**

4:30	WELCOME & INTRODUCTIONS
4:40	APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA
4:45	YOUTH REPRESENTATIVE REPORTS
5:00	PROJECT UPDATES & ACTIVITIES
5:30	YOUTH FORUM EVENT REVIEW & 2025 PLANNING
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING – DECEMBER 5, 2024

"Luck favors the mind that is prepared" Louis Pasteur

## Kitsap County Commission on Children and Youth AGENDA BRIEFING – November 7, 2024 4:30 P.M. –6:00 P.M.

This is a virtual meeting with the meeting link provided on the Agenda and on our webpage <a href="https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx">kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx</a>

#### 4:30 p.m. WELCOME & INTRODUCTIONS

Chairpersons Lynne Tabone and Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered quarterly until further notice.

#### 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

October Meeting Minutes will be approved and any changes to the November Agenda will be approved.

#### 4:45 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

#### 5:00 p.m. PROJECT UPDATES & ACTIVITIES

Updates on upcoming projects, the membership drive, and other activities will be shared and discussed.

#### 5:30 p.m. YOUTH FORUM EVENT REVIEW & 2025 PLANNING

The success of last month's 2024 Kitsap Youth Forum will be discussed and notes will be made for suggested improvements for the 2025 Forum.

#### 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

### 6:00 p.m. <u>ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held</u> <u>December 5, 2024.</u>

#### Kitsap County Commission on Children and Youth

#### MINUTES October 3, 2024

The Kitsap County Commission on Children and Youth meeting was held on Thursday October 3, 2024, from 4:30 -6:00 p.m. via Zoom. Abigail Stevenson and Lynne Tabone Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. WELCOME & INTRODUCTIONS

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

#### II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

September 3, 2024, meeting minutes were approved and entered into the record. We are meeting virtually today. The October 2024 Agenda was approved.

#### III. YOUTH REPRESENTATIVE REPORTS

Youth Board Members offered an update on activities and events within their districts over the last month.

#### IV. PROJECT UPDATES & ACTIVITIES

Information was shared about community activities happening in the future. Plans, schedule, and panel members for the Youth Forum were discussed.

#### VI. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements.

#### VII. FALL/WINTER EVENTS & ANNOUNCEMENTS

The board offered information about upcoming events and opportunities for community engagement.

#### IV. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. The next meeting will be held on November 7, 2024. We will meet virtually. In-person meeting will occur quarterly.

#### IV. ATTENDANCE

COMMISSION MEMBERS	STAF	F	GUESTS	
Abigail Stevenson	Laura Hyde	Court	ney Oliver	
Lynne Tabone		Elsa [	Drugge	
Josh Lane		Aldrin	Villahermosa	
Kimberly Riley		Miles	Borer	
Amanda Williamson		Nic C	lay	
Danielle Jenkel				
Cathy Adams Bomar				
	Abse	ent		
Elisabeth Nilsson				
Bethany Wecks				
Natasha Facteau Minger				
Brendan Taga				
Dragan Kardzic				
Emily Main				
Crista Magneson				
<u> </u>				

# PREGNANCY & PARENTING SUPPORT LINE

Monday through Friday, 8 a.m. to 4 p.m.

# 360-728-BABY (2229)

#### We can refer you to resources for:

- Pregnancy care
- Mental health support
- Breast/chestfeeding
- Early learning

- Parenting
- Home visiting programs
- Support groups
- Developmental concerns



#### Find us online:

kitsappublichealth.org/ParentSupport







# EMBARAZO Y PATERNIDAD LÍNEA DE APOYO

De Lunes a Viernes, de 8am a 4pm

## 360-728-BABY (2229)

### **¡HABLAMOS ESPAÑOL!**

#### Podemos referirlos a recursos e información sobre:

- Cuidados durante el embarazo
- Información sobre la salud mental
- Lactancia
- Aprendizaje temprano
- Información para la crianza de los hijos
- Programas de visitas domiciliarias
- Grupos de apoyo
- Evaluación de retrasos en el desarrollo de infantes y niños









DONATE: NOV 18th - to . DEC 1842

# DEC 18th

Help by donating

 New Toys (2-16 year old appropriate)

- · New Books
- · Chromebooks
- · Tablets
- · Board Games
- · Sporting Goods
- · LEGO® Sets
- · Art Supplies

Brightening lives of ill children in the hospital!

Kidzz Helping Kidzz is a 501(c)(3) charitable nonprofit organization working in conjunction with hospitals in Kitsap, Pierce and King Counties.

www.kidszhelpingkidsz.org/contribute



# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA December 5, 2024, 4:30-6:00pm



Virtual only: Meeting Link:

https://us06web.zoom.us/j/87217368091?pwd=BOkKiR2lXiqztOMs33zJ7LQplBwaJy.1

Meeting ID: 872 1736 8091

Passcode: 024119

Passcode: 024119

By phone: Dial by your location

Dial by your location • +1 253 215 8782 US (Tacoma)

Meeting ID: 872 1736 8091 • +1 253 205 0468 US

• +1 720 707 2699 US (Denver)

• +1 301 715 8592 US (Washington DC)

#### THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

<u>Advocate</u> for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

### **AGENDA**

4:30	WELCOME & INTRODUCTIONS
4:40	APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA
4:45	YOUTH REPRESENTATIVE REPORTS
5:00	PROJECT UPDATES & ACTIVITIES
5:15	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
5:25	ADJOURNMENT & NEXT MEETING – JANUARY 2, 2025
5:30	NEW MEMBER ORIENTATION – HALF HOUR

"Every day is a chance to be better"

# Kitsap County Commission on Children and Youth AGENDA BRIEFING – December 2, 2024 4:30 P.M. –6:00 P.M.

This is a virtual meeting with the meeting link provided on the Agenda and on our webpage <a href="https://kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx">kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx</a>

### 4:30 p.m. WELCOME & INTRODUCTIONS

Chairpersons Lynne Tabone and Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered quarterly until further notice.

### 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

November Meeting Minutes will be approved and any changes to the December Agenda will be approved.

### 4:45 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

### 5:00 p.m. PROJECT UPDATES & ACTIVITIES

Updates on upcoming projects, the membership drive, and other activities will be shared and discussed.

### 5:15 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

### 5:25 p.m. ADJOURNMENT & NEXT MEETING:

The next monthly meeting will be held January 2, 2025.

### 5:30 p.m. <u>NEW MEMBER ORIENTATION – HALF HOUR</u>

New members will learn about what the Commission on Children and Youth does and how we do it.

### Kitsap County Commission on Children and Youth

### MINUTES November 7, 2024

The Kitsap County Commission on Children and Youth meeting was held on Thursday November 7, 2024, from 4:30 -6:00 p.m. via Zoom. Abigail Stevenson and Lynne Tabone Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

### I. WELCOME & INTRODUCTIONS

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

### II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

October 3, 2024, meeting minutes were approved and entered into the record. We are meeting virtually today. The November 2024 Agenda was approved.

### III. YOUTH REPRESENTATIVE REPORTS

Youth Board Members offered an update on activities and events within their districts over the last month.

### IV. PROJECT UPDATES & ACTIVITIES

Information was shared about community activities happening in the future.

### V. YOUTH FORUM EVENT REVIEW & PLANNING

Members discussed what when well and what could be improved with the 2024 Youth forum. There was also a discussion about how we could get more youth to attend. The board decided to convene a planning committee in January to begin preparation for the 2025 Forum.

### VI. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements.

### VII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. The next meeting will be held on December 5, 2024. We will meet virtually. In-person meeting will occur quarterly.

### VIII. ATTENDANCE

COMMISSION MEMBERS	STAFF	GUESTS
Abigail Stevenson	Laura Hyde	
Lynne Tabone		
Josh Lane		Aldrin Villahermosa
Kimberly Riley		
Amanda Williamson		
Danielle Jenkel		
Cathy Adams Bomar		
Emily Main		
Dragan Kardzic		
Elsa Drugge		
Nic Clay		
Courtney Oliver		
Crista Magneson		
	Absent	
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facteau Minger		
Brendan Taga		
Miles Borer		



### **PUBLIC HEALTH NEWS**

Nov. 13, 2024

Información en español

Grants available for youth-serving organizations in Kitsap



**KITSAP COUNTY, WA** — Does your organization offer events or activities for youth in Kitsap County? We want to support your work!

As part of our efforts to prevent youth substance use, we are offering up to \$3,000 in funding to help organizations create a social event or project where youth can gain coping skills, improve their mental health, and strengthen their sense of community.

### **Important Dates**

- Applications open Nov. 13, 2024
- Applications close Dec. 11, 2024

Continue reading or go to kitsappublichealth.org/minigrant for more information.

### Eligibility

We encourage organizations serving youth living in Kitsap County to apply. This can include coalitions, Tribal organizations, and non-profits. **The organizations should be working with youth and/or young adults aged 12-20.** 

We will be giving special consideration to organizations and projects that:

- Support or work with LGBTQ+ youth, rural youth, youth in transition (foster care youth, homeless youth, etc.) and tribal youth.
- Focus on engaging youth with state and/or local elected officials.
- Engage underserved youth in substance use prevention.

Organizations that receive a grant will use the funds to provide activities for youth that help decrease substance use. Examples include, but are not limited to:

- Host an event for youth to learn how they can advocate for healthy choices among their peers.
- Provide opportunities for youth to engage with local decision-makers.
- Provide leadership opportunities to youth.

We can help with technical assistance in the implementation phase of the project. This help can include, but is not limited to:

- Project management.
- Research of best practices.
- Structuring equity into your project.

### **Funding**

The most funding that one organization can receive is \$3,000. We request that organizations apply only for funding needed.

### How to Apply

You can apply online, by mail, or drop off your application in-person at our front desk:

Kitsap Public Health District ATTN: Aldrin Villahermosa II 345 6th St Unit 300 Bremerton, WA 98337

If you require a **paper application**, please contact Aldrin Villahermosa II (aldrin.villahermosa@kitsappublichealth.org) to request one.

Applications are due on December 11, 2024 by 11:59 p.m. (mailed applications must be postmarked by December 11th)

You can find more information about the mini grant process <u>here</u> and at kitsappublichealth.org/minigrant.

kitsappublichealth.org





Contact us:

Email or call 360-728-2235

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# K12 Partnerships & Outreach Fall Quarter 2024 Newsletter



### MEET THE CAMPUS OUTREACH TEAM



Alex Hall Director

The Outreach Team is available for both on and off campus outreach activities, including campus visits, classroom presentations/guest speaker(s), career and college fairs, and family information nights for admissions topics, as well as general financial aid and scholarship content.

Contact us at: OCOutreach@olympic.edu



Jenna Elliott Assistant Directorr



Coming soon! STEM



Coming soon! Manufacturing & Trades

### DIVISION OUTREACH COORDINATORS



Emily McNeely Military & Veterans Programs



Emily Williams Business & Technology



Susan Lomow Healthcare



Mia Steben Social Sciences & Humanities

### UPCOMING OUTREACH EVENTS



### INFO SESSIONS

Interested in learning more about OC's programs?

Check out an upcoming info session in the online calendar of events.

The Division Outreach Coordinators offer info sessions in person and online.

### OC BOUND

A series of three onsite workshops at your school to support your students' journey from application to enrolling in classes.

- General OC presentation and apply for admission.
- Activate ctcLink, email and Canvas accounts.
- Overview of New Student Orientation, Advising and Registration.

Sign up your school now for OC Bound using the QR code!



# OLYMPIC COLLEGE BREMERTON CAMPUS BLD 4 '25 ENROLL NOW EVENT DEC 4 4 - 7 PM NEW STUDENT WELCOME, ACADEMIC PATHWAY INFO SESSION, FINANCIAL AID, CAMPUS TOUR, RESOURCE FAIR & FREE PIZZA! OCOUTREACH-OLYMPIC.EDU RSVP

### ENROLL NOW

This is a "one stop" shop type of enrollment program offered 3 times per year at OC on the Bremerton campus. The program is typically offered close to the start of the term.

Students attend the event and participate in new student orientation, advising information sessions, registration, financial aid, military veteran services, campus tour, campus resource fair and free pizza!

For more information and to RSVP for Winter.

### SAVE THE DATES

# WHAT'S NEXT TRANSITIONS EVENT

OC hosts local career educators and their students on campus for a full day of exploration of OC's professionaltechnical certificate and degree programs.

February 25th, 2025 - sign up through West Sound Career Educators Group

# GEMS EVENT (GIRLS EXPLORING MATH & SCIENCE)

An interactive career conference for 5th-8th grade girls.

- Increase interest in math & science through hands-on experiences
- Foster awareness of career opportunities for women in math and science related fields
- Meet women working in careers in math and science related fields

March 22nd, 2025 - Registration forthcoming!



Meet with healthcare professionals, participate in handson activities and simulations, and gain valuable insights into the educational paths, scholarships, and grants available for aspiring healthcare professionals.

April 24, 2025 - offered to local schools in a field trip format. Event flyer and registration forthcoming.

HEALTH CARE
CAREER CAMP

# MEET THE FINANCIAL AID OUTREACH TEAM

The Washington State legislature passed HB1835, creating a pilot program related to financial aid filing assistance in the two geographic areas of the state with the lowest filing rates. As a result, Olympic College has five Financial Aid Outreach Specialists partnering with or embedded in local high schools.



Jackie Brickham



Jennifer Rushing-Crocker



Chris Koeblin



Jennifer Brantley



Anna Fulford Assistant Director

# FINANCIAL AID & SCHOLARSHIP UPDATES

- FAFSA 2025-26 News Beta Testing window to open soon! Read the announcement from U.S. Department of Education.
- · FAFSA 2025-26 screenshots presentation
- · 2025-26 FAFSA Prototype Now Available
- We want your input! Which messaging campaign would you use to persuade parents who are able to file FAFSA or WASFA with their senior during Winter Break? Survey is open from 11/18-11/22.

## HOW'D YOUR SCHOOL DO FOR THE CLASS OF 2024?

Curious how your school or district compares with others on FAFSA filing rates for the class of 2024? Check it out on the WSAC completion portal.

# DUAL CREDIT PROGRAM UPDATES

### RUNNING START

Due to an increase in student demand and a shortage of available appointments, we are offering several options to meet with an advisor:

- Zoom appointments
- Group advising on 11/27
- In-person appointments
- 15-minute check-in appointments (non-degree seeking or WQTR already mapped out)

Important Note About Enrollment and Holds:

- Seniors that have turned in a winter RSEVF and scheduled an appointment but have not yet been able to meet with an advisor due to limited availability, will have hold released no later than November 15.
- Juniors that have turned in a winter RSEVF and scheduled an appointment but have not yet been able to meet with an advisor due to limited availability, will have hold released no later than November 21.

Running Start Information Session on Wednesday, December 4 at 5-6 pm in Building 7, William D. Harvey Theater. Seating is limited - reserve a spot!

## COLLEGE IN THE HIGH SCHOOL

OC has been working on developing a CiHS program over the last year and are close to having all of the infrastructure components worked out. Stay tuned by January for a process for teachers to submit an interest form to explore eligibility for the 25.26 academic year!

### CTE

Please let us know if you need help getting your students registered in SERS - we can come out and help!

Did you know we have <u>Transfr</u> VR headsets? We can use them for on campus visits and classroom visits at your school. Let's get something scheduled!

WA DUAL CREDIT DATA DASHBOARD

Check out Washington's ERDC Dual Credit Dashboard

### NEWS YOU CAN USE

### REMODELED SHOP BUILDING

Olympic College unveils remodeled Shops Building featuring state-of-the-art equipment and facilities.

Learn more



### OSPI BULLETINS

In October 2024, OSPI released a bulletin with guidance related to Running Start connected to SHB 1316 that includes guidance on the following topics:

- Mandated access
- Selective approval and denial
- Caseload or term restrictions
- RSEVF deadlines
- High school honors and activities
- Grade weight

<u>Read more</u> as the last two come up quite often in FAQs with students and families.

### WSAC DATA DASHBOARD

Have you explored the new Washington Student Achievement (WSAC) Strategic Action Plan (SAP) Dashboard?

The dashboard includes selected indicators that track Washington's progress toward its postsecondary attainment goal with a focus on equity. The dashboard includes indicators in the SAP's four cluster areas: Affordability, Enrollment, Student Supports, and Completion. You can drill down to the district or school level!



The Attorney General's Office is recruiting members for the HearMeWA Youth Advisory Group.

The HearMeWA Youth Advisory
Group was created to ensure that
HearMeWA is and stays youth
centered.

HearMeWA Youth Advisory Group members may be eligible for a compensation per AGO Stipend and Travel guidelines.







Be part of the Youth Advisory Group

### Youth will have the opportunity to:

- Be in conversation with their peers and make suggestions when it comes to HearMeWA's branding, marketing and advertising, and program feedback.
- Gain leadership opportunities to facilitate and conduct meetings, compose notes, and hold the group accountable to its purpose and community agreements.
- Become more knowledgeable and conscious about community issues and the larger factors that affect youth lives.
- Provide a youth perspective to the HearMeWA Program.
- Represent the HearMeWA Youth Advisory Group at events to create awareness about the program.

Youth between the ages of 12-25 who reside in Washington State can apply to be a member. Youth who are motivated and committed to learning and addressing issues related to youth, have a vision for the future, and are not afraid to voice their opinions in a respectful way are highly encouraged to apply.

Information youth provide during meetings could be subject to public record. Youth must have access to a smart phone or a computer for Zoom meetings.

The deadline to submit an application is the end of the day, January 1, 2025. Applications will be thoroughly reviewed and applicants can expect to hear about their submission by January 22nd.

www.research.net/r/youthadvisorygroupapplication

www.HearMeWa.org