



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA May 2, 2024, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/84295747300>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)
+1 346 248 7799 US (Houston)
+1 669 900 6833 US (San Jose)
+1 646 876 9923 US (New York)
Meeting ID: 961 5275 7562

THE PURPOSE OF THIS BOARD IS TO:

Advise County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

AGENDA

- 4:30 WELCOME & INTRODUCTIONS – In person and online**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 PRESENTATION – Recommendations from the Grant Application Review Committee**
- 5:20 VOTE – Board Recommendations re: grant funding**
- 5:35 UPCOMING PROJECTS & ACTIVITIES**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – JUNE 6, 2024**

**Kitsap County Commission on Children and Youth
AGENDA BRIEFING – May 2, 2024**

4:30 P.M. –6:00 P.M.

**In Person at 105 National Ave. N. Bremerton, WA 98312 and via
Zoom meeting- details provided on Agenda**

- 4:30 p.m. WELCOME & INTRODUCTIONS**
The Chairpersons will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.
- 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**
April Meeting Minutes will be approved and any changes to the May Agenda will be approved.
- 4:45 p.m. YOUTH REPRESENTATIVE REPORT**
Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.
- 5:00 p.m. PRESENTATION – Recommendations from the Grant Application Review Committee**
The grant review committee will share about the process, the applications, and their recommendations on funding.
- 5:20 p.m. VOTE – Board Recommendations re: grant funding**
Board members will vote on the proposed recommendations for funding the grant applicants.
- 5:40 p.m. UPCOMING PROJECTS & ACTIVITIES – Information will be shared about community activities happening in the future.**
- 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**
Members of the board & the public will announce events & share comments.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held June 6, 2024.**

Kitsap County Commission on Children and Youth

MINUTES April 4, 2024

The Kitsap County Commission on Children and Youth meeting was held on Thursday April 4, 2024, from 4:30 -6:00 p.m. via Zoom and in person. Teagan Krog, Co-Chairperson facilitated this meeting and Teagan called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Board Co-Chair Teagan Krog called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

March 7, 2024, meeting minutes were approved and entered into the record. We are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

IV. ROBERTS RULES OF ORDER PRESENTATION

Rebecca Pirtle, Kitsap County Volunteer Coordinator will present information about Robert's Rules of Order that are used to facilitate all county advisory boards.

V. PROJECT UPDATES

Board Members and Staff offered updates on the Grant/RFP process, **Members were encouraged to attend the May 4th Commission on Children and Youth meeting** as the RFP committee will present their recommendations and the Board will vote to make their recommendations to the Board of County Commissioners who have the final decision regarding which of the applicants will receive funding and how much they will be awarded. The My Shoes My Story Program is planning events this month and next month. The Youth Forum planning committee is seeking members and will start up in May.

VI. YOUTH ADVOCACY OPPORTUNITY BRIEFING

Laura presented information about the first US Congress Youth Advisory Board meeting held in February and the next steps. Our Board was selected as a member organization and Laura represented the board for this first meeting. The next step is for the US Congress Youth Advisory Board to set the second meeting date/time. Once we have the date/time for future meetings, Laura will contact CCY Youth Board Members and schedule a youth to represent the Youth Commission at the next meeting. Laura offered to help our youth obtain school approval as the meeting happens during the school day.

VII. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements.



Mental Health FIRST AID

from NATIONAL COUNCIL FOR MENTAL WELLBEING

YOUTH MENTAL HEALTH FIRST AID

LEARN HOW TO SUPPORT THE YOUNG PEOPLE IN YOUR LIFE

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. You'll build skills and confidence you need to reach out and provide initial support to young people who are struggling. You'll also learn how to help connect them to appropriate support.

AFTER THE COURSE, YOU'LL BE ABLE TO:

- Recognize common signs and symptoms of mental health challenges, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a young person in crisis.
- Know how to connect a young person with help.
- Better understand trauma, substance use, self-care and the impact of social media and bullying.

DATES

Choose one session. They will have the same content.

Saturday, May 11 and Wednesday, May 29

10:30am - 4 pm with lunch provided

Childcare provided at the Saturday session

LOCATION

Mt Rainier Room, Kitsap Community Resources

1201 Park Ave, Bremerton

FREE!

REGISTER NOW

Limited seats in each session

Follow this link or QR code:

bit.ly/ymhfa2024



For more information about course content, visit MHFA.org
Local contact for this training: promise.partner@kitsapstrong.org