



Department of Human Services

Doug Washburn
Director

KITSAP COUNTY
DEPARTMENT OF HUMAN
SERVICES

Sonya Miles
Deputy Director
Phone: 360-337-4839

Kesha Anderson - Evans
Office Supervisor
Phone: 360.337.7185 x 3530

Developmental Disabilities
Kelly Oneal, Coordinator
Phone: 360.337.4624

Behavioral Health
Jolene Kron, Administrator
Phone: 360.337.4832

Mental Health/Chemical
Dependency/Therapeutic Court
Hannah Shockley, Coordinator
Phone: 360.337.4827

1/10th Affordable Housing
Joel Warren, Coordinator
Email: jwarren@kitsap.gov

Pretrial Services
William Basler, Program
Specialist
Phone: 360.337.4457

Substance Abuse Prevention/
Treatment and Youth Services
Laura Hyde, Coordinator
Phone: 360.337.4879
Substance Abuse Prevention
Deanne Jackson, Prevention
Coalition Coordinator
Phone: 360.337.4878

Aging & Long-Term
Care/Senior Information &
Assistance
Givens Community Center
1026 Sidney Avenue, Suite 105
614 Division Street, MS-5
Port Orchard, WA 98366
Phone: 360.337.5700
1.800.562.6418
Fax: 360.337.5746
Stacey Smith, Administrator
Phone: 360.337.5624

Community Development
Block Grant
Norm Dicks Government
Center
345 6th Street, Suite 400
Bremerton, WA 98337
Fax: 360.337.4609
Bonnie Tufts, Coordinator
Phone: 360.337.4606

Housing and Homelessness
Carl Borg, Program Manager
Phone: 360.337.7286

Kitsap Recovery Center
Outpatient Services:
1026 Sidney Road
Port Orchard, WA 98366
Inpatient and Detox Services:
661 Taylor Street
Port Orchard, WA 98366
Fax: 360.377.7027
Keith Winfield, Clinical
Manager
Phone: 360.337.5640

Workforce Development
3120 NW Randall Way
Silverdale, WA 98383
William Dowling, Acting
Director
Phone: 253.370.1136.

Veterans Assistance
Richard Becker, Coordinator
Phone: 360.337.4811

Bremerton Substance Abuse Prevention Coalition

Thursday, April 11, 2024

1:00 p.m. - 2:30 p.m.

(Workgroups: 12:00 - 1:00 & 2:30 - 3:00 p.m.)

[Click here to JOIN the Meeting](#) virtually or in-person (address below)

Meeting ID: 699 110 4058

Call in: 1-253-215-8782

AGENDA

Welcome, Land Acknowledgment and Introductions

- Community and Partner Updates
 - Events, Activities and Opportunities
 - News and Updates
- Youth Connection
 - News and updates, feedback and youth voice opportunity

Prevention Education

- Spotlight: Community Connections -

Prevention Efforts

- Programs and Progress
 - Updates
- Strategic Planning
 - Where are we and where do we want to go
 - In person meeting option updates
- Coalition events, activities
 - What can we commit to
 - Whose interested in participating
- Next Steps

New Business

Next Meeting Dates: 5/9/24, 6/13/24 and 7/11/24. We welcome you to join face to face at 1300 Sylvan Way Ste 101 or virtually at the link found above. Hope you can join us.

<https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx>

Our Mission is; to provide opportunities for youth to be in a safe and substance free environment while they move from surviving to thriving, coordinate and generate resources for youth, families, and the Bremerton community, develop a unified message to end substance abuse and communicate common values of respect and empower today's youth to be Bremerton's better tomorrow!



Bremerton Substance Abuse Prevention Coalition

Thursday, March 14, 2024

Announcement:

- Volunteer opportunities available. Please contact Deanne Jackson, djackson@kitsap.gov if you are interested.
- Rebranding efforts: coalition input provided to designer and we are awaiting first drafts for coalition review.
- Community Connections activity – February ‘Acts of Love’ needs drive for New Day was very successful. A special thank you to all of those who participated in hosting boxes, gathering items and supporting final collections.
- Communities Mobilizing for Change on Alcohol youth volunteers have been identified and confirmation and details and implementation dates will be announced soon.
- Leadership recruitment is NOW. If you or someone you know is interested in supporting and engaging in substance abuse prevention efforts, nominations (including self-nominations) are welcomed. Voting will be in June. Submit your nominations to Deanne.
- After reviewing County Level, we have confirmed that prevention efforts works. We all have played a valuable part. Great job and thank you! We still have lots of work to do and there are still a lot of areas of concern. Let’s not loose momentum.

PARTNER HIGHLIGHTS:

- Commission of Children and Youth RFP is out.
- Kitsap Public Health Dist. – is participating in outreach efforts with the Juv. Correction Center and with youth in transition. My Shoes My Story will be added to their work there.
- Coalition review of coalition results for community survey and a re-visit of Coalition Assessment. Next steps to follow.
- PCHS - in the process of expanding our housing facilities. We anticipate that the new housing units will be ready for occupancy by next month. Additionally, they will be opening a new clinic within our juvenile detention center. The clinic is scheduled to open next month and will play a crucial role in our jail transition program, enhancing the healthcare support provided to those within our care.

Moving Forward – Next Steps:

- Calling all interested youth. Opportunities available for current and upcoming events and activities.
- Community Survey and Coalition Assessment data and more, will be used to determine our Strategic Plan updates. Efforts to make these changes are underway calling for any additional data and information to assist this process.

EVENTS:

- Various professional and community trainings (watch email for new ones as they are announced)
- Human Rights Youth Rally – Mar. 19 @ Olympic College
- Parent Night Out Virtual Training –Apr. 11 and May 13
- WA. Breathes 5th Annual Teaching Cannabis Awareness and Prevention virtual conference Apr. 17-18
- Volunteer Appreciation Week – Apr. 21-27
- Community Court Resource Fairs –June 1, Sept. 1 @ Marvin Williams Center 12-4 pm
- Juneteenth Resource Fair – June

Get informed.
Be prepared.
Take action.

TRUE NORTH
AT CAPITAL REGION ESD 113

PARENT NIGHT OUT

*Learn tips to talk confidently to
your kids about drugs and alcohol.*

**13
DEC**

6:30 pm | Zoom
REGISTER:
bit.ly/3sPfvSM

**11
MAR**

12 pm | Zoom
REGISTER:
bit.ly/3QHpy4c

**18
JAN**

12 pm | Zoom
REGISTER:
bit.ly/47oe6So

**11
APR**

6:30 pm | Zoom
REGISTER:
bit.ly/40NS8Wk

**15
FEB**

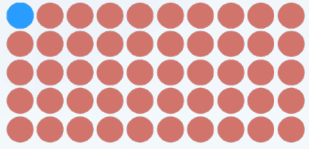
6:30 pm | Zoom
REGISTER:
bit.ly/3GctWmY

**13
MAY**

12 pm | Zoom
REGISTER:
bit.ly/3R9qQq8

What's up with fentanyl?

Strong



Fentanyl is a very strong opioid, **50x stronger** than heroin.

Fast



Overdose can happen in **seconds** or **minutes**.

Higher Risk



Most overdose deaths in WA State now involve fentanyl.

What does it look like?

In WA State, most fentanyl has been in blue pills with a "M30" stamp. It's sometimes in drugs that look like powder, or a rock like crack cocaine.



Fentanyl could be in any drug you buy on the street or online. What fentanyl looks like will continue to change.

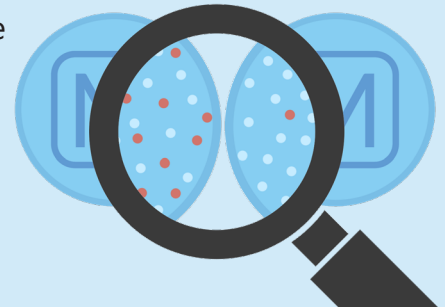


What's the risk?

The amount and strength of fentanyl **can vary a lot**.

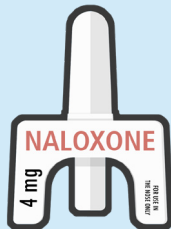
One pill might have a deadly amount.

Another pill might have very little, if any, fentanyl.



Naloxone works on fentanyl.

Carry naloxone. Tell people you have it and how to use it. Because fentanyl is so strong, it may take more than one dose to work. Keep extra kits around.



Meth does not protect from OD.

Using meth along with fentanyl actually **increases the chance of overdose**.

If you use both meth and fentanyl, use one at a time, and pace yourself slowly with small amounts.



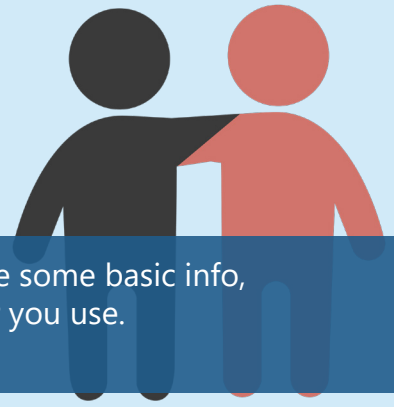
Mythbusting Facts

1 You can overdose on fentanyl **however you use it:** if you smoke, swallow, snort, or inject.

2 It's safe to respond to a fentanyl overdose! You can't overdose just by touching fentanyl or drugs that contain fentanyl.

What can I do?

- Start with a **small amount** and **go slow**. Use one drug at a time.
- When you can, **use around other people**. Use one person a time. That way, if someone overdoses, one person can respond.
- If you do use alone, **let a friend know they should check on you**.



Try **neverusealone.com** or call **(800) 484-3731**. You provide some basic info, and they stay on the phone with you for a few minutes after you use. If you stop responding, they call 911.

- **Watch your tolerance**. If you take a break from using fentanyl or other opioids, use way less when you start again.

Signs of a fentanyl OD:

- Not breathing. Gurgling or heavy snoring.
- Won't wake up.
- Blue or gray skin, lips or fingernails.
- Chest muscles may get stiff.



What to do in an OD:

- **Call 911 right away**. You don't have to say there's been an overdose, just that someone is not breathing.
- **Give a dose of naloxone**. You may need to give another dose every 2 minutes. Do rescue breathing until they start to breathe on their own.



Learn more about fentanyl and find naloxone at:
StopOverdose.org & LacedAndLethal.com

STOPOVERDOSE
.org

LACED
LETHAL

Tentative Spring Youth Forum Update

► Spring Youth Forum

- ▶ Tentative: Great Wolf Lodge in Grand Mound, WA (TBD)
- ▶ Tentative: May 7-8, 2024
- ▶ Visit our website for more info:
<https://springyouthforum.org/>

2024 SPRING YOUTH FORUM

**LEADING PREVENTION
TOGETHER**