

# South Kitsap Substance Abuse Prevention Coalition

## AGENDA – January 24, 2023

**Meeting Information:** Tuesday January 24, 2023, 1:00pm-2:00pm - Virtual Meeting via Zoom

**Join Zoom Meeting**

<https://us06web.zoom.us/j/87499869747?pwd=UHBNTQrWjAwaG9GS2FCVnZlOUtiQT09>

**Meeting ID:** 813 8297 7949 **Passcode:** 322049

**Dial by your location:** 1 253 215 8782; 1 253 205 0468 US **Meeting ID:** 813 8297 7949

### Welcome

- Welcome and Introductions
- Update on the SK Coalition Coordinator – in the hiring process

### Youth Participation in the Coalition

- South Kitsap Youth
- Youth groups and Contacts (Both current and suggested)

### Reporting on Recent Events & Trainings

- My Shoes, My Story
- The Kitsap Youth Forum -Follow up
- Hidden in Plain Sight Events – Interest in a South Kitsap Event?
- Review + Discuss - Community Surveys + Coalition Assessment Tool

### Upcoming Events & Trainings

- Point in Time Count – Jan 24-27
- Strengthening Families Facilitator Training – Last week in Feb.
- Town Hall Event in May
- Programs and Services Planned
- Alcohol Awareness Mo. & Mental Health Walk in April

### Building Our Coalition

- Program Implementation
- Outreach and Recruitment
  - Recruiting new members
  - Yard Signs and Banners location ideas for Spring
  - Social media update
- Project Work Groups - *Leadership, Strategic Planning, Strategies & Events*
- To learn more – contact
  - Laura Hyde: [lhyde@kitsap.gov](mailto:lhyde@kitsap.gov) 360-337-4879

### Closing Comments & Announcements:

**Next meeting Date 2/28/2023 1-2:00pm**

*“Aspire to inspire before you expire” – Anonymous*

# **South Kitsap Substance Abuse Prevention Coalition Meeting Minutes**

**December 16, 2022**

Platform: Zoom

Topic: SK Coalition Mtg

Time: December 16, 2022, 01:00 PM Pacific Time (US and Canada)

Attendees: 7- Laura Hyde Acting as Meeting Coordinator.

## **Summary**

### **Welcome**

Welcome and Introductions - Laura Hyde welcomed everyone to the meeting and thanked them for coming.

- Update on the SK Coalition Coordinator – Laura updated the group with where we are in the hiring process for a new Coordinator.

### **Youth Participation in the Coalition**

- South Kitsap Youth – A student from Cedar Heights Middle school attended and updated the group on issues, events, and activities in prevention club/school.
- The Coalition brainstormed some ideas for youth involvement.

### **Reporting on Recent Events & Trainings**

- My Shoes, My Story Program is in action, Highlights and plans were discussed.
- WA Prevention Summit was discussed, and virtual learning is on-going until Feb.
- Prevention Voices Training was discussed. Advocacy ideas were generated.
- Rural Prevention Conference – Laura shared information and resources gained at this event. Next steps from the conference learning and resources were discussed.
- Kitsap Youth Forum – follow up ideas were generated.
- Hidden in Plain Sight Events – Bremerton and North Kitsap events were reviewed and the idea of doing it in South Kitsap was discussed.

### **Upcoming Events & Trainings**

- Happy Holidays and Winter Break
- Looking ahead to the coming year
  - Strengthening Families Facilitator Training – Last week in Feb.
- Programs and Services Planned

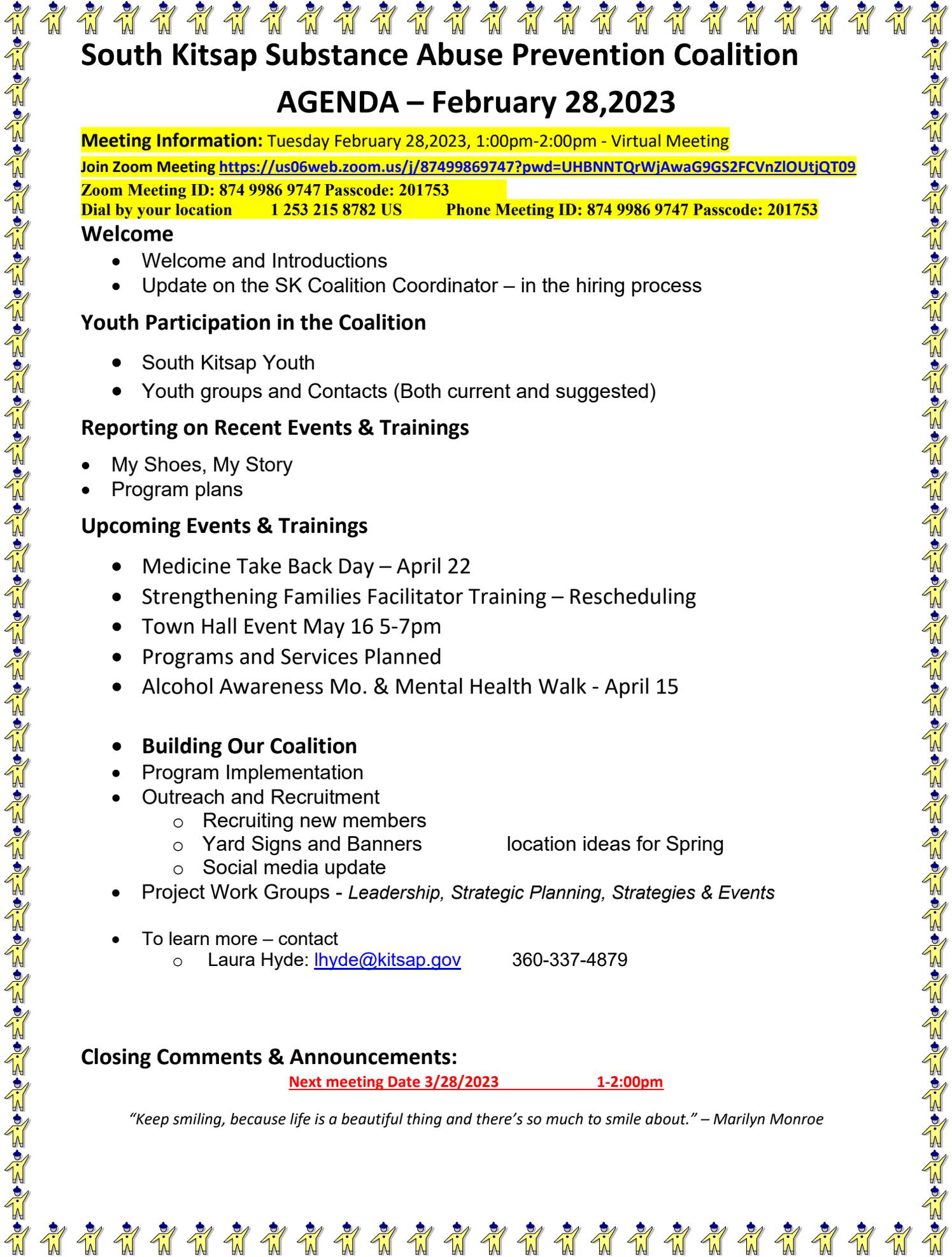
## Building Our Coalition

- Program Implementation – where we are in the process was shared by Laura.
- Outreach and Recruitment
  - Recruiting new members – ideas generated, and next steps planned.
  - Yard Signs and Banners location ideas to be tabled until the first of the year.
- Project Work Groups - *Leadership, Strategic Planning, Strategies & Events* – *were introduced and we will do recruitment for then in Jan.*
- To learn more – contact
  - Laura Hyde: [lh Hyde@kitsap.gov](mailto:lh Hyde@kitsap.gov) 360-337-4879

## Closing Comments & Announcements:

**Next meeting date 1/24/2023 1-2:00pm**

*“Remember that the happiest people are not those getting more, but those giving more.”  
— H. Jackson Brown Jr.*



# South Kitsap Substance Abuse Prevention Coalition

## AGENDA – February 28,2023

**Meeting Information:** Tuesday February 28,2023, 1:00pm-2:00pm - Virtual Meeting

**Join Zoom Meeting** <https://us06web.zoom.us/j/87499869747?pwd=UHBNNtQrWjAwaG9GS2FCVnZlOUtjQT09>

**Zoom Meeting ID:** 874 9986 9747 **Passcode:** 201753

**Dial by your location** 1 253 215 8782 US **Phone Meeting ID:** 874 9986 9747 **Passcode:** 201753

### Welcome

- Welcome and Introductions
- Update on the SK Coalition Coordinator – in the hiring process

### Youth Participation in the Coalition

- South Kitsap Youth
- Youth groups and Contacts (Both current and suggested)

### Reporting on Recent Events & Trainings

- My Shoes, My Story
- Program plans

### Upcoming Events & Trainings

- Medicine Take Back Day – April 22
- Strengthening Families Facilitator Training – Rescheduling
- Town Hall Event May 16 5-7pm
- Programs and Services Planned
- Alcohol Awareness Mo. & Mental Health Walk - April 15
- **Building Our Coalition**
- Program Implementation
- Outreach and Recruitment
  - Recruiting new members
  - Yard Signs and Banners location ideas for Spring
  - Social media update
- Project Work Groups - *Leadership, Strategic Planning, Strategies & Events*
- To learn more – contact
  - Laura Hyde: [lh Hyde@kitsap.gov](mailto:lh Hyde@kitsap.gov) 360-337-4879

### Closing Comments & Announcements:

Next meeting Date 3/28/2023 1-2:00pm

*“Keep smiling, because life is a beautiful thing and there’s so much to smile about.” – Marilyn Monroe*

# South Kitsap Substance Abuse Prevention Coalition Meeting Minutes

**January 24, 2023** Platform: Zoom Topic: SK Coalition Mtg Time: January 24, 2023, 01:00 PM Pacific Time (US and Canada) Attendees: 7- Laura Hyde Acting as Meeting Coordinator.

**Welcome** - Laura Hyde welcomed everyone to the meeting and thanked them for coming.

- Update on the SK Coalition Coordinator – Laura updated the group with where we are in the hiring process for a new Coordinator.

## Youth Participation in the Coalition

- We do not have youth in attendance – Alisyn (our Student Assistance Professional at Cedar Heights) left a message that she must attend a required training today and cannot facilitate youth involvement.
- The Coalition brainstormed some ideas for youth involvement.

## Reporting on Recent Events & Trainings

- My Shoes, My Story Program is in action, Highlights and plans were discussed.
- Prevention Update was discussed. Advocacy ideas were generated.
- Kitsap Youth Forum – additional programs were generated.

## Upcoming Events & Trainings

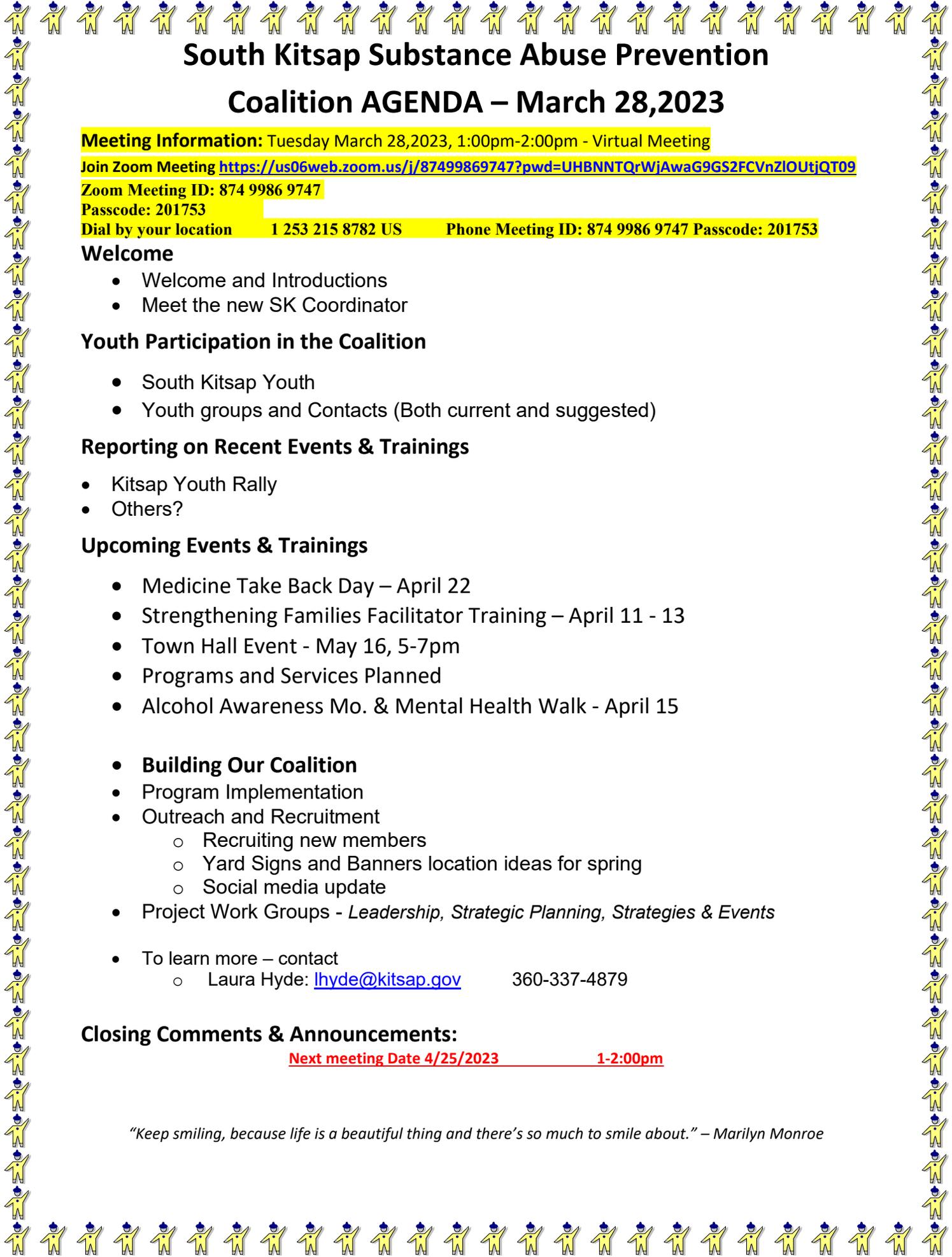
- Looking ahead to the coming year
  - Strengthening Families Facilitator Training – Last week in Feb.
  - Hidden in Plain Sight Event survey for South Kitsap was discussed
- Programs and Services Planned were reviewed
- **Building Our Coalition**
- Program Implementation – where we are in the process was shared by Laura.
- Outreach and Recruitment
  - Recruiting new members – ideas generated, and next steps planned.
  - Yard Signs and Banners - location ideas to be tabled until the first of the year.
- Project Work Groups - *Leadership, Strategic Planning, Strategies & Events* – were introduced and we will do recruitment for them in Jan.
- To learn more – contact
  - Laura Hyde: [lh@kitsap.gov](mailto:lh@kitsap.gov) 360-337-4879

## Closing Comments & Announcements:

Next meeting Date 2/28/2023 1-2:00pm

*“Remember that the happiest people are not those getting more, but those giving more.”*

— H. Jackson Brown Jr.



# South Kitsap Substance Abuse Prevention

## Coalition AGENDA – March 28,2023

**Meeting Information:** Tuesday March 28,2023, 1:00pm-2:00pm - Virtual Meeting

**Join Zoom Meeting** <https://us06web.zoom.us/j/87499869747?pwd=UHBNNtQrWjAwaG9GS2FCVnZlOUtjQT09>

**Zoom Meeting ID:** 874 9986 9747

**Passcode:** 201753

**Dial by your location** 1 253 215 8782 US **Phone Meeting ID:** 874 9986 9747 **Passcode:** 201753

### Welcome

- Welcome and Introductions
- Meet the new SK Coordinator

### Youth Participation in the Coalition

- South Kitsap Youth
- Youth groups and Contacts (Both current and suggested)

### Reporting on Recent Events & Trainings

- Kitsap Youth Rally
- Others?

### Upcoming Events & Trainings

- Medicine Take Back Day – April 22
- Strengthening Families Facilitator Training – April 11 - 13
- Town Hall Event - May 16, 5-7pm
- Programs and Services Planned
- Alcohol Awareness Mo. & Mental Health Walk - April 15
- **Building Our Coalition**
- Program Implementation
- Outreach and Recruitment
  - Recruiting new members
  - Yard Signs and Banners location ideas for spring
  - Social media update
- Project Work Groups - *Leadership, Strategic Planning, Strategies & Events*
- To learn more – contact
  - Laura Hyde: [lh Hyde@kitsap.gov](mailto:lh Hyde@kitsap.gov) 360-337-4879

### Closing Comments & Announcements:

**Next meeting Date 4/25/2023 1-2:00pm**

*“Keep smiling, because life is a beautiful thing and there’s so much to smile about.” – Marilyn Monroe*

# South Kitsap Substance Abuse Prevention Coalition Meeting Minutes

**February 28, 2023**, Platform: Zoom Topic: SK Coalition Mtg Time: February 28, 2023, 01:00 PM Pacific Time (US and Canada) Attendees: 11- Laura Hyde Acting as Meeting Coordinator.

- **Welcome** - Laura Hyde welcomed everyone to the meeting and thanked them for coming. Attendees made self-introductions
- Update on the SK Coalition Coordinator – Laura updated the group with where we are in the hiring process for a new Coordinator.

## Youth Participation in the Coalition

- We do not have youth in attendance today – Alisyn reached out to several
- The Coalition brainstormed some ideas for youth involvement.

## Reporting on Recent Events & Trainings

- My Shoes, My Story Program is winding down, Highlights and plans were discussed.
- Program Plans were discussed. Outreach and coalition building ideas were generated.

## Upcoming Events & Trainings

- Medicine Take Back Day – April 22
- Strengthening Families Facilitator Training – Rescheduling
- Town Hall Event - May 16, 5-7pm
- Programs and Services Planned
- Alcohol Awareness Mo. & Mental Health Walk - April 15

## Building Our Coalition

- Program Implementation – where we are in the process was shared by Laura.
- Outreach and Recruitment
  - Recruiting new members – ideas generated, and next steps planned.
  - Yard Signs and Banners location ideas to be tabled until next month.
- Project Work Groups - *Leadership, Strategic Planning, Strategies & Events* – were introduced and we will do recruitment for them in Jan.
- To learn more – contact
  - Laura Hyde: [lhyme@kitsap.gov](mailto:lhyme@kitsap.gov) 360-337-4879

## Closing Comments & Announcements:

**Next meeting Date 3/28/2023 1-2:00pm**

*“Remember that the happiest people are not those getting more, but those giving more.”*  
— H. Jackson Brown Jr.

## **Press Release for the 2023 Youth Empowerment Conference by Living Life Leadership**

### **Annual Free Youth Empowerment Conference Happening over Spring Break April 3-7**

Living Life Leadership is hosting the 5<sup>th</sup> annual week-long Youth Empowerment Conference from April 3<sup>rd</sup> through the 7<sup>th</sup> from 10:30 AM – 3:30 PM daily at the Marvin Williams Center in Bremerton. This year's theme for the conference is "The Art of Healing" where students are invited to breathe and make time for themselves through participation in activities that center on wellness and self-care. This year's Collage of Care programming includes special guest speakers and workshops offering inspiring sessions for student expression through creative arts, movement, nutritional foods, music, and courageous conversations where students listen and share their voices and perspectives.

On Thursday, April 6<sup>th</sup> students attending the conference will take a field trip to Evergreen State College in Tacoma. There they will participate in the Ancestral Healing Tour.

On Friday, April 7<sup>th</sup> students will meet for a special Villaging Circle to gather students for reflection of hearts and to share their vision of wellness for themselves as they spring forward in the season ahead and then close with our conference celebration at SEEFilms.

All middle school and high school youth are invited to participate in the conference. Register for the conference at: <https://forms.gle/5kqZRBN4TBBRJ4oe8>

**5<sup>th</sup> Annual 2023  
LIVING LIFE LEADERSHIP  
YOUTH Empowerment  
Conference**

**The ART of HEALING  
Collage of Care**



**ZINES**

**INSPIRATION**

**HOPE  
COURAGE  
CREATE  
HAPPY**



**Paint and Sip**



**creativity**

**UPLIFT ~ INSPIRE ~ HEAL ~ MOVITAVE ~ CREATE  
MOVEMENT ~ JOY ~ KINDNESS = COMMUNITY**



**DREAMERS**



**Spring Break**

**April 3-7 10:30-3:30 pm**

**GRADES 6<sup>TH</sup>-12<sup>TH</sup> FREE**

**Marvin Williams  
Recreation Center  
725 Park Ave, Bremerton  
REGISTER~**

<https://forms.gle/5kqZRBn4TBBRJ4oe8>

**IN Community With-  
Catalyst Public Schools  
Conduit, Commit 360  
Evergreen Tacoma Collage  
Equity Sisters, Kitsap Strong  
Kitsap ERACE Coalition  
Kitsap Health District, Kitsap SURJ**

**Living Arts Cultural Heritage  
Luminous Minds, New Life CDA,  
Sahali Family Farm**

**BREATHE...and make  
TIME for YOURSELF!!!**

**COLLAGING THE ARTS  
COURAGEOUS ~  
CONVERSATIONS  
EVERGREEN COLLEGE &  
ANCESTRAL HEALING TOUR  
MEDICINE IN THE MUSIC  
MOVIE NIGHT - SEEFILM  
MOVE TO HEAL  
POWER IN ME  
SIPPIN GREENS  
THE ART OF RECOVERY  
WELLNESS & SELF-CARE**

**FUN ~ FOOD ~ FRIENDS**



# Alta Vista Integrated Life Services

Mental Health | ABA Therapy | Education | Respite | Family Services

## Parent & Caregiver Support Group

**Every Other Thursday**

**3/30, 4/13, 4/27, 5/11**

**5:30-7:00 pm**

*Come together to connect and share  
with other parents and caregivers of children and  
adults with special health and developmental needs.  
Attend one session or as many sessions as you can.*

1950 Pottery Ave Ste. 124, Port Orchard

**Please RSVP to: (253) 858-5846**

admin@altavistalife.com

Child Care Available

**Free- Donations Accepted**



Paddle Safe Info sheet from WA State Parks. Essentially, it's a free water safety and kayaking class for already-existing youth programs. Plus, free life jackets!

KPHD is now the steward for the [life jacket loaner stations](#) at Kitsap Lake and Long Lake swimming beach. For more information, visit the link or contact [erica.whares@kitsappublichealth.org](mailto:erica.whares@kitsappublichealth.org).

Thank you!



## ESD 114 SERIES OF WORKSHOPS AND IEP CLINICS

ESD 114 105 NATIONAL AVE NORTH BREMERSON, WA 98312

### Special Education 2022-2023 School Year

These trainings are opportunities for parents, caregivers, and professionals to learn how students receive their special education services. The initial plan is to be meeting in person; however, information will be sent a couple of days prior to meeting.

First hour will be for the training topic.

In the second hour, the IEP clinic will allow individuals to bring your students IEP, Evaluation, or 504 plan to the clinic and asked questions/answers.

### QUESTIONS, PLEASE CONTACT VANESSA LEWIS

 253-720-1583 or

 [Vlewis@wapave.org](mailto:Vlewis@wapave.org)

 Visit [wapave.org](http://wapave.org) for more information

Register by going to:

<https://www.tfaforms.com/5012314>

This training provides the participant with a variety of types of information. This may include information on State or Federal law regarding the rights of individuals with disabilities. While this is provided to inform or make one aware of these rights, legal definitions, or laws/regulations, it is not providing legal representation or legal advice. The participant understands that this is information to educate them not to provide them with legal representation.

### TOPICS AND DATES FOR IN PERSON WORKSHOPS AND IEP CLINICS:

PARENTS RIGHTS  
DEC 14, 2022  
2 PM- 4 PM ROOM 204

BULLYING / HARASSMENT  
FEB 15, 2023  
11 AM - 1 PM  
ROOM 204

HIGH SCHOOL TRANSITION  
APRIL 19, 2023  
11 AM - 1 PM  
ROOM 204

QUESTIONS/ANSWERS  
IEP CLINIC  
JUNE 7, 2023  
11 AM - 1 PM  
ROOM 204

BACK TO SCHOOL  
WORKSHOP  
AUGUST 16, 2023  
11 AM - 1 PM  
ROOM 204

[www.wapave.org](http://www.wapave.org)



**Request for Proposals  
2023-015**

**KITSAP COUNTY  
REQUESTS FOR PROPOSALS**

**PROGRAMS FOR BUILDING CHILDHOOD RESILIENCY**

**SUBMITTALS DUE  
Thursday April 13, 2023, at 2:00PM**

The Kitsap County Commission on Children and Youth is requesting proposals for public matching dollars from Organizations and/or Youth Serving Agencies who are working to prevent and reduce the impact of Adverse Childhood Experiences through building resiliency in youth ages birth to eighteen in Kitsap County.

**Complete RFQ information can be found online at  
<https://www.kitsapgov.com/das/Pages/Online-Bids.aspx>. For questions contact  
Glen McNeill at 360-337-4789 or [gsmcneill@kitsap.gov](mailto:gsmcneill@kitsap.gov)**

# Bremerton Municipal Court

MARCH 31ST, 2023

12PM - 4PM

# 1ST THERAPEUTIC COURT RESOURCE FAIR

Housing & Job Resources | Local & State Resources |  
Crisis Centers & Helplines | SUD Treatment (Primary & Co-  
occurring Options) | Mental Health (Primary)

Marvin Williams!

725 Park Ave. Bremerton, WA 98337



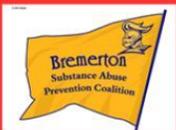
# STRENGTHENING FAMILIES PROGRAM 10-14 NEW FACILITATOR TRAINING & CERTIFICATION

*Tools, skills & strategies to  
build families in seven weeks*



TRAINING DATES & TIMES  
APRIL 11  
8AM-4PM  
APRIL 12&13  
8:30AM-4:30PM  
645 4TH ST, #101  
BREMERTON, WA 98337

Presented By:



- Become a Certified Facilitator
- An introduction to SFP 10-14
- Review & practice the 7-week program in a team setting
- Review of the research & current updates
- Discussion & experiential-based engagement with curriculum & participants
- Readiness-primer to discuss implementation, logistics, technology, recruitment, retention & technical support for next steps

# Save the Date



# Community Connections Walk

And Resource Fair

**Saturday, April 15**

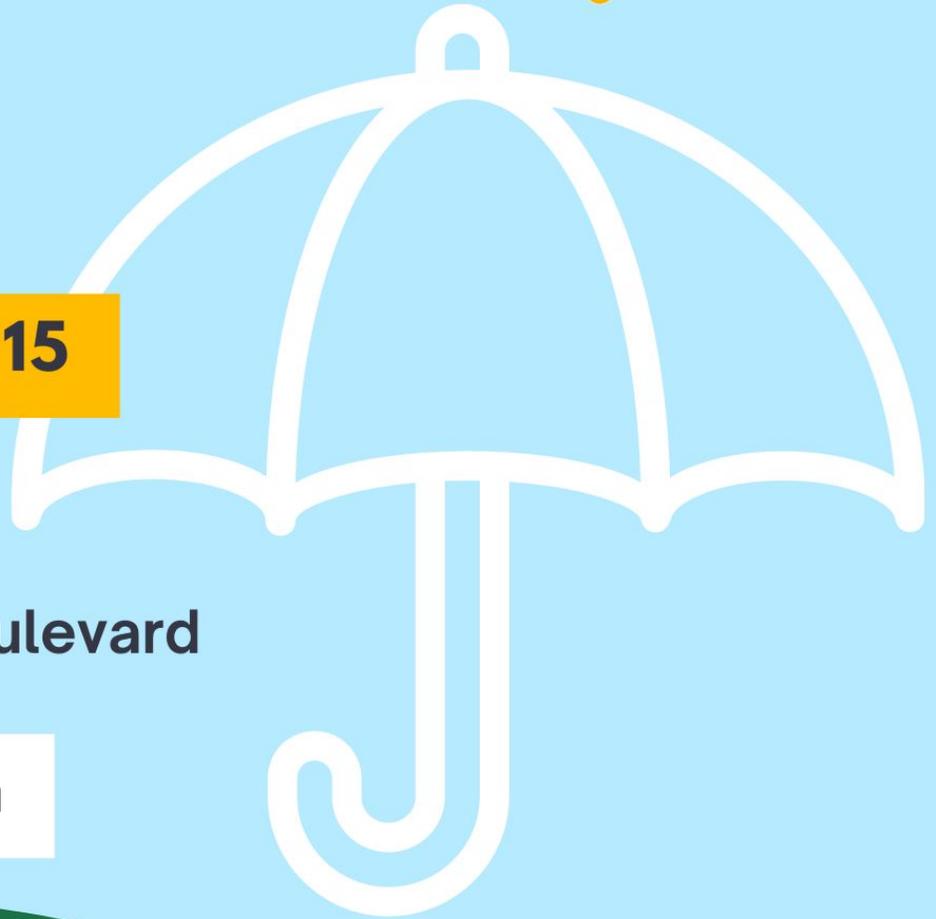
12:00PM-3:00PM

4650 Bay Vista Boulevard

**Free Admission**

Come for a chance to win

free prizes





Learn More

Email



# Salish Regional FYS...

Share your voice!



We're Listening

We are the  
Salish Regional FYSPRT Program

Family, Youth, System Partner Round Table

FYSPRT provides the opportunity for Youth who have received Behavioral Health Services, their families, and System Partners an equal platform to share their lived experience and identify improvements to Systems of Care

**Salish Regional FYSPRT provides an opportunity for all voices to be heard**

- ✔ We meet virtually every month.
- ✔ You can receive compensation for your time.
- ✔ Together we will influence positive change!

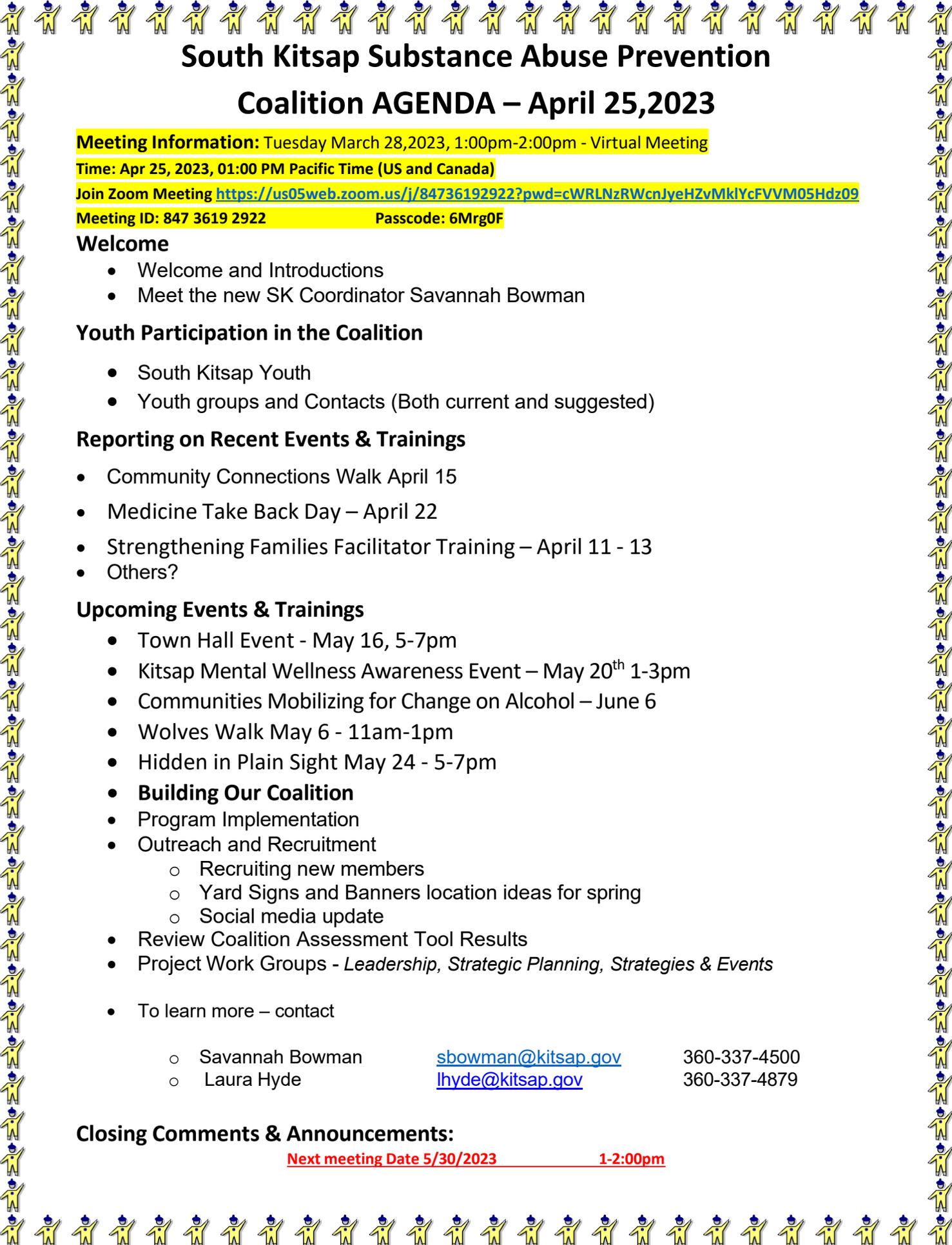


For more information contact Sam Agnew,  
Salish FYSPRT Regional Convener

360-337-4664  
sagnew@kitsap.gov  
www.salish-bhaso-fysprt.org

The South Kitsap School District does not sponsor or endorse the activity and/or information contained in this flyer.





# South Kitsap Substance Abuse Prevention

## Coalition AGENDA – April 25, 2023

**Meeting Information:** Tuesday March 28, 2023, 1:00pm-2:00pm - Virtual Meeting

**Time:** Apr 25, 2023, 01:00 PM Pacific Time (US and Canada)

**Join Zoom Meeting** <https://us05web.zoom.us/j/84736192922?pwd=cWRLNzRWcnJyeHZvMkIYcFVVM05Hdz09>

**Meeting ID:** 847 3619 2922

**Passcode:** 6Mrg0F

### Welcome

- Welcome and Introductions
- Meet the new SK Coordinator Savannah Bowman

### Youth Participation in the Coalition

- South Kitsap Youth
- Youth groups and Contacts (Both current and suggested)

### Reporting on Recent Events & Trainings

- Community Connections Walk April 15
- Medicine Take Back Day – April 22
- Strengthening Families Facilitator Training – April 11 - 13
- Others?

### Upcoming Events & Trainings

- Town Hall Event - May 16, 5-7pm
- Kitsap Mental Wellness Awareness Event – May 20<sup>th</sup> 1-3pm
- Communities Mobilizing for Change on Alcohol – June 6
- Wolves Walk May 6 - 11am-1pm
- Hidden in Plain Sight May 24 - 5-7pm
- **Building Our Coalition**
- Program Implementation
- Outreach and Recruitment
  - Recruiting new members
  - Yard Signs and Banners location ideas for spring
  - Social media update
- Review Coalition Assessment Tool Results
- Project Work Groups - *Leadership, Strategic Planning, Strategies & Events*
- To learn more – contact

○ Savannah Bowman

[sbowman@kitsap.gov](mailto:sbowman@kitsap.gov)

360-337-4500

○ Laura Hyde

[lhyde@kitsap.gov](mailto:lhyde@kitsap.gov)

360-337-4879

### Closing Comments & Announcements:

Next meeting Date 5/30/2023

1-2:00pm

*"If you imagine it, you can achieve it, If you can dream it, you can become it." William Arthur Ward*

## South Kitsap Substance Abuse Prevention Coalition Meeting Minutes

**March 28, 2023**, Platform: Zoom Topic: SK Coalition Mtg Time: March 2023, 01:00 PM Pacific Time (US and Canada) Attendees: 7- Laura Hyde Acting as Meeting Coordinator.

- **Welcome** - Laura Hyde welcomed everyone to the meeting and thanked them for attending. Attendees made self-introductions.
- Laura introduced the newly hired Coalition Coordinator Savannah Bowman. Savannah shared a little about herself.

### Youth Participation in the Coalition

- We do not have youth in attendance today and the SAP who has been inviting youth to attend is not at the meeting today.
- The Coalition brainstormed some ideas for youth involvement.

### Reporting on Recent Events & Trainings

- The Kitsap Youth Rally for Human Rights was held on 3/24/23. Laura and Savannah staffed a table and shared their experiences. Many contacts were made.
- My Shoes, My Story Program is winding down, Highlights and plans for the future were discussed.
- Program Plans were discussed. Outreach and coalition building ideas were generated.

### Upcoming Events & Trainings

- Upcoming events and details were discussed.
- Medicine Take Back Day – April 22
- Strengthening Families Facilitator Training – April 11-13.
- Town Hall Event - May 16, 5-7pm
- Programs and Services Planned
- Alcohol Awareness Mo. & Mental Health Walk - April 15

### Building Our Coalition

- Program Implementation – where we are in the process was shared by Laura.
- Outreach and Recruitment
  - Recruiting new members – ideas generated, and next steps planned.
  - Yard Signs and Banners location ideas to be tabled next month.
- Project Work Groups - *Leadership, Strategic Planning, Strategies & Events* – were introduced and volunteers were requested..
- To learn more – contact

- Laura Hyde: [lhyde@kitsap.gov](mailto:lhyde@kitsap.gov) 360-337-4879

## **Closing Comments & Announcements:**

**Next meeting Date 4/24/2023 1-2:00pm**

*“Remember that the happiest people are not those getting more, but those giving more.”*

— H. Jackson Brown Jr.

# 2023 COMMUNITY CONNECTION EVENT

## SPEAKER

16TH  
MAY  
5PM-7PM



**JASON KILMER**

ASSOCIATE PROFESSOR IN PSYCHIATRY  
AND BEHAVIORAL SCIENCES AT UW  
SCHOOL OF MEDICINE

**DUANE DEBOCK**

SUBSTANCE USE  
DISORDER TREATMENT



**BERGEN STARK**

DIRECTOR OF  
BEHAVIORAL HEALTH



**SCOTT WILSON**

PRINCIPAL  
OLYMPIC HIGH SCHOOL



**JACKIELYN JONES**

ASSOCIATE BEHAVIORAL  
HEALTH PROGRAM  
DIRECTOR



**MARC GABRIEL**

BOARD MEMBER OF THE  
KIDS UP COUNTY DRUG  
COURT ALUMNI  
ASSOCIATION



Kitsap County Townhall: Engaging community to discuss youth mental health and substance abuse prevention needs in Kitsap County. Hear from a panel of experts with lived experience on supporting youth mental health and substance abuse prevention, including an administrator from the Kitsap County Sheriff's Office.

**Location**  
Norm Dicks Government Center  
345 6th Street  
Bremerton, WA 98337

To attend virtually please click the link [here](#) or scan the QR code.





## ESD 114 SERIES OF WORKSHOPS AND IEP CLINICS

ESD 114 105 NATIONAL AVE NORTH BREMERSON, WA 98312

### Special Education 2022-2023 School Year

These trainings are opportunities for parents, caregivers, and professionals to learn how students receive their special education services. The initial plan is to be meeting in person; however, information will be sent a couple of days prior to meeting.

First hour will be for the training topic.

In the second hour, the IEP clinic will allow individuals to bring your students IEP, Evaluation, or 504 plan to the clinic and asked questions/answers.

### QUESTIONS, PLEASE CONTACT VANESSA LEWIS

 253-720-1583 or

 [Vlewis@wapave.org](mailto:Vlewis@wapave.org)

 Visit [wapave.org](http://wapave.org) for more information

Register by going to:

<https://www.tfaforms.com/5012314>

This training provides the participant with a variety of types of information. This may include information on State or Federal law regarding the rights of individuals with disabilities. While this is provided to inform or make one aware of these rights, legal definitions, or laws/regulations, it is not providing legal representation or legal advice. The participant understands that this is information to educate them not to provide them with legal representation.

### TOPICS AND DATES FOR IN PERSON WORKSHOPS AND IEP CLINICS:

#### PARENTS RIGHTS

DEC 14, 2022

2 PM- 4 PM ROOM 204

#### BULLYING / HARASSMENT

FEB 15, 2023

11 AM - 1 PM

ROOM 204

#### HIGH SCHOOL TRANSITION

APRIL 19, 2023

11 AM - 1 PM

ROOM 204

#### QUESTIONS/ANSWERS

IEP CLINIC

JUNE 7, 2023

11 AM - 1 PM

ROOM 204

#### BACK TO SCHOOL

WORKSHOP

AUGUST 16, 2023

11 AM - 1 PM

ROOM 204

[www.wapave.org](http://www.wapave.org)



Kitsap County  
Parent Coalition



A program of PAVE



**Alta Vista**  
Integrated Life Services

Mental Health | ABA Therapy | Education | Respite | Family Services

# Parent & Caregiver Support Group

**Every Other Thursday**

**3/30, 4/13, 4/27, 5/11**

**5:30-7:00 pm**

*Come together to connect and share  
with other parents and caregivers of children and  
adults with special health and developmental needs.  
Attend one session or as many sessions as you can.*

1950 Pottery Ave Ste. 124, Port Orchard

**Please RSVP to: (253) 858-5846**

admin@altavistlife.com

Child Care Available

**Free- Donations Accepted**



# HIDDEN IN PLAIN SIGHT



The teen years can be difficult. Indicators of teen drug use, mental health concerns, unhealthy relationships, human trafficking, and other risk factors can be hidden in plain sight, but easy for parents and other adults to miss.

Join us to learn about current trends, how to recognize common warning signs and how to talk to youth about these important issues.

Parents, Caregivers, Educators and other adults who work with youth are encouraged to attend.

**\*Must be 18+ to attend**

Washington State  
Health Care Authority



## EVENT DETAILS

### HANDS ON

Participants will walk through a mock teen bedroom and try to identify 70+ items, which can indicate problem or risky behaviors.

### PRESENTATION

After walking through the teen room, attendees will participate in a presentation and discussion which will cover:

- Identification and discussion of items and how they may indicate problem or risky behaviors
- Popular local youth trends
- Tools to help navigate the teen years and discussion points for family conversations

### RESOURCES

Local resources will be available for all participants

## EVENT INFORMATION

Date: Wed., May 24, 2023

Time: 5:00PM – 7:00PM

Location: Cedar Heights MS  
2220 Pottery Ave, Port Orchard,  
WA 98366

\*Childcare and refreshments  
will be provided



Kitsap Suicide Awareness Coalition

# KITSAP MENTAL WELLNESS AWARENESS EVENT

## We're better together

**May 20th, 1 - 3 PM**

**Kitsap County  
Administration Building  
619 Division St, Port Orchard 98366**

**Vendors & Resources  
Ask the Experts Panel Discussion  
Mental Health Vigil  
Light snacks available**

[www.facebook.com/KitsapSuicideAwarenessCoalition](http://www.facebook.com/KitsapSuicideAwarenessCoalition)

#breakthestigma



MENTAL HEALTH AWARENESS MONTH

# ASB Fundraiser

# Mental Health Awareness Event

Wolves Walk For Wellness

May 6th, 2023

11:00am-1pm

SKHS KITSAP BANK STADIUM

PRE-REGISTER HERE

<https://tinyurl.com/SKWolvesWalk>



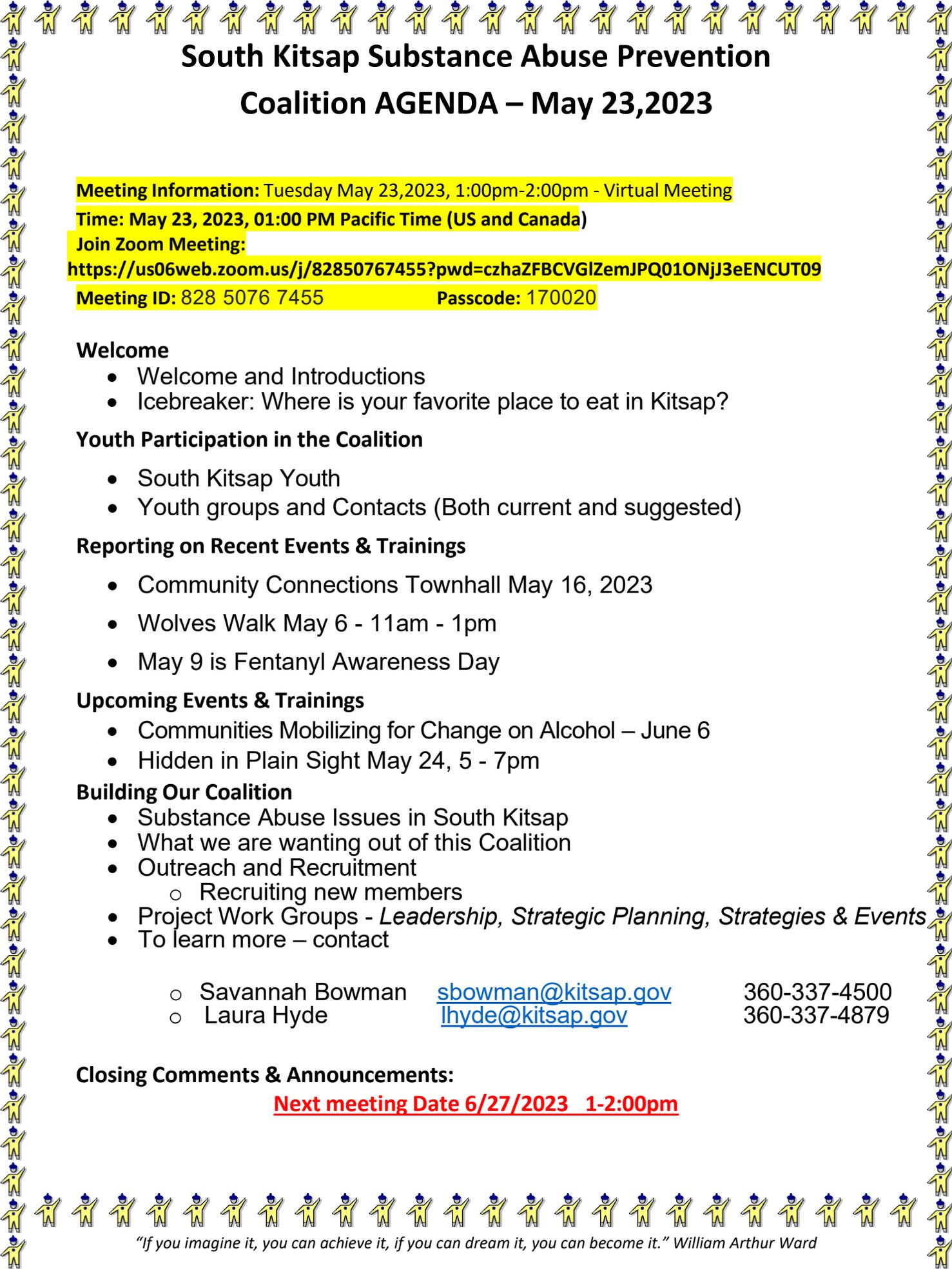
Register

FREE COMMUNITY EVENT

DONATIONS ARE APPRECIATED!  
ALL PROCEEDS WILL GO TO SUPPORT  
AGAPE, (NON PROFIT) SUPPORTING  
DRUG AND ALCOHOL TREATMENT



Donate



# South Kitsap Substance Abuse Prevention Coalition AGENDA – May 23, 2023

**Meeting Information:** Tuesday May 23, 2023, 1:00pm-2:00pm - Virtual Meeting

**Time:** May 23, 2023, 01:00 PM Pacific Time (US and Canada)

**Join Zoom Meeting:**

<https://us06web.zoom.us/j/82850767455?pwd=czhaZFBCVGIZemJPQ01ONjJ3eENCUT09>

**Meeting ID:** 828 5076 7455

**Passcode:** 170020

## Welcome

- Welcome and Introductions
- Icebreaker: Where is your favorite place to eat in Kitsap?

## Youth Participation in the Coalition

- South Kitsap Youth
- Youth groups and Contacts (Both current and suggested)

## Reporting on Recent Events & Trainings

- Community Connections Townhall May 16, 2023
- Wolves Walk May 6 - 11am - 1pm
- May 9 is Fentanyl Awareness Day

## Upcoming Events & Trainings

- Communities Mobilizing for Change on Alcohol – June 6
- Hidden in Plain Sight May 24, 5 - 7pm

## Building Our Coalition

- Substance Abuse Issues in South Kitsap
- What we are wanting out of this Coalition
- Outreach and Recruitment
  - Recruiting new members
- Project Work Groups - *Leadership, Strategic Planning, Strategies & Events*
- To learn more – contact

- Savannah Bowman
- Laura Hyde

[sbowman@kitsap.gov](mailto:sbowman@kitsap.gov)  
[lhude@kitsap.gov](mailto:lhude@kitsap.gov)

360-337-4500  
360-337-4879

## Closing Comments & Announcements:

**[Next meeting Date 6/27/2023 1-2:00pm](#)**

*"If you imagine it, you can achieve it, if you can dream it, you can become it." William Arthur Ward*