



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA April 6, 2023, 4:30-6:00pm



In Person: 105 National Ave. N. Bremerton, WA, 98312- Olympic Educational Service District 114

Web - Based Meeting Link: <https://us02web.zoom.us/j/84295747300>

By phone: Dial by your location +1 253 215 8782 US (Tacoma)
+1 346 248 7799 US (Houston)
+1 669 900 6833 US (San Jose)
+1 646 876 9923 US (New York)
Meeting ID: 961 5275 7562

THE PURPOSE OF THIS BOARD IS TO:

Advise County Commissioners and residents on the needs of children, youth, and families based on periodic assessments.

Facilitate Coordination of information among agencies to maximize resources.

Advocate for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth, and families.

AGENDA

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| 4:30 | WELCOME & INTRODUCTIONS – In person and online |
| 4:40 | APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA |
| 4:45 | YOUTH REPRESENTATIVE REPORTS |
| 5:00 | PRESENTATION – SYNC Program – Bryan Gross |
| 5:20 | RFP UPDATE & PLANNING |
| 5:35 | UPCOMING PROJECTS & ACTIVITIES |
| 5:50 | ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit) |
| 6:00 | ADJOURNMENT & NEXT MEETING – MAY 4, 2023 |

Kitsap County Commission on Children and Youth

AGENDA BRIEFING – April 6, 2023

4:30 P.M. –6:00 P.M.

**In Person at 105 National Ave. N. Bremerton, WA 98312 and via
Zoom meeting- details provided on Agenda**

4:30 p.m. WELCOME & INTRODUCTIONS

The Chairpersons will welcome attendees and facilitate brief introductions. The board will meet in Hybrid status with an in-person option and an online option. until further notice.

4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

March Meeting Minutes will be approved and any changes to the April Agenda will be approved.

4:45 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

5:00 p.m. Presentation – SYNC Program – Bryan Gross of the Salish BH-ASO will share information about the new SYNC program.

5:20 p.m. RFP Update & Planning – Laura will share where we are in the RFP process and next steps.

5:40 p.m. UPCOMING PROJECTS & ACTIVITIES – Information will be shared about community activities happening in the future.

**5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)
Members of the board & the public will announce events & share comments.**

6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held May 4, 2023.

Kitsap County Commission on Children and Youth

MINUTES March 2, 2023

The Kitsap County Commission on Children and Youth meeting was held on Thursday March 2, 2022, from 4:30 -6:00 p.m. via Zoom and in person. Jeff Allen and Michael Ramsdell Board Co-Chairpersons facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Jeff asked members and guests for self-introductions. Attendees offered introductions.

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The February 2023 Meeting Minutes were approved and entered into the record. The It was noted that we are meeting virtually and in-person today. The in-person meeting was held at OESD 114.

III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community.

IV. PRESENTATION – Boys & Girls Club of North Kitsap

Chelsea Tate presented information about how the Boys & Girls Club of North Kitsap utilized their 2022 Youth Commission grant funds.

V. PRESENTATION – YWCA of Kitsap County

Harriette Bryant and Jackie Brown presented information about how the YWCA of Kitsap County utilized their 2022 Youth Commission grant funds.

VI. UPCOMING PROJECTS & ACTIVITIES

Information was shared about the Youth Rally and the Community Connections Walk planned in April. It was announced that there will be a Town Hall Event focused on substance abuse prevention and mental health promotion in May. Emily invited the Board to come for the Canoe Landing at Port Gamble S'Klallam Tribal Lands on July 27th.

VII. ANNOUNCEMENT/PUBLIC COMMENT

The board and guests shared announcements.

VIII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. Next meeting will be held on April 2, 2023.

IV. ATTENDANCE

[illegible]



Alta Vista
Integrated Life Services

Mental Health | ABA Therapy | Education | Respite | Family Services

Parent & Caregiver Support Group

Every Other Thursday

3/30, 4/13, 4/27, 5/11

5:30-7:00 pm

*Come together to connect and share
with other parents and caregivers of children and
adults with special health and developmental needs.
Attend one session or as many sessions as you can.*

1950 Pottery Ave Ste. 124, Port Orchard

Please RSVP to: (253) 858-5846

admin@altavistlife.com

Child Care Available

Free- Donations Accepted



Press Release for the 2023 Youth Empowerment Conference by Living Life Leadership

Annual Free Youth Empowerment Conference Happening over Spring Break April 3-7

Living Life Leadership is hosting the 5th annual week-long Youth Empowerment Conference from April 3rd through the 7th from 10:30 AM – 3:30 PM daily at the Marvin Williams Center in Bremerton. This year's theme for the conference is "The Art of Healing" where students are invited to breathe and make time for themselves through participation in activities that center on wellness and self-care. This year's Collage of Care programming includes special guest speakers and workshops offering inspiring sessions for student expression through creative arts, movement, nutritional foods, music, and courageous conversations where students listen and share their voices and perspectives.

On Thursday, April 6th students attending the conference will take a field trip to Evergreen State College in Tacoma. There they will participate in the Ancestral Healing Tour.

On Friday, April 7th students will meet for a special Villaging Circle to gather students for reflection of hearts and to share their vision of wellness for themselves as they spring forward in the season ahead and then close with our conference celebration at SEEFilms.

All middle school and high school youth are invited to participate in the conference. Register for the conference at: <https://forms.gle/5kqZRBn4TBBRJ4oe8>



Paddle Safe Washington Youth Paddle Curriculum



Program Overview:

Washington State Parks Boating Program invites youth ages 11-18 to learn the basics of paddle safety, water competency and teamwork through on water and land-based instruction. Each class of 15-20 kids will receive a life jacket and four hours of instruction (2 hours on water paddle instruction).

Community Partners: The Boating Program partners with schools, youth organizations and recreation departments seeking additional outdoor/water safety programming for their participants.

Cost: Nothing! This Boating Program course is free, and the costs are covered by our No Child Left Inside grant.

Where: The program is mobile and will come to a public body of water near your organization. Partner organizations provide transportation to the location, and the Boating Program will do the rest. Staff/counselors must be present and are encouraged to participate.

Safety: Washington State Parks Boating Program is all about safety. The class will be run by trained staff and volunteers with a small youth to instructor ratio of 4:1. Each participant will receive a custom fitted life jacket to be worn while on or near the water.

For questions about the program or to get involved contact:
boating@parks.wa.gov.

Washington State Parks Boating Program

What our participants had to say:

“Instructors were great! It was my first time, and I was scared of the water. I learned to build self-confidence and continued to be a leader to help others” – Haily, participant

“Practicing ‘Reach, throw, don’t go’ is surprisingly popular. The campers leave the course focused on the paddling fun they had, but do retain the safety lessons they’ve learned.” – Tamara, center director

“The coaches are nice and patient. I like the life jacket, very high quality” – William, participant

“This program is way beyond expectations, professional instructors, free high-quality life jackets and nice people all around who really care for our kids and teens. We hope this program will benefit more families in our city.” – Linda, mother of participant

“Boating with the WA State boating program has taught me to be safe by always wearing a life jacket whenever you’re on a boat” – Irene



Paddle Safe Washington | Youth Paddle Curriculum



Safety and Partnership Information:

Safety is paramount to us, and programming may be modified or cancelled if conditions do not fit our parameters:

- We provide courses for free to groups of 15-20 youth, and ensure a four to one youth to instructor ratio
- Our staff have first aid/CPR training, youth protection training, and have completed background check
- We operate in winds of 12 miles an hour or less
- We follow Department of Health and Labor and Industries policies on heat and air quality
- Life jackets must be worn at all times in boats, on docks, or in other situations as deemed necessary by staff and volunteers

In addition to our safety parameters, we ask our partners to help support our delivery of a successful program by:

- Arriving on time and keeping us informed of schedule modifications
- Setting clear and safe behavior norms for the youth in your program
- Maintaining a safe environment for your youth during breaks/lunches and other non-water parts of the program
- Designating one staff to participate in the program on the water, with the intent to engage with the youth in a supportive manner (whether encouraging or in a discipline-oriented manner)
- Have fun!



Kitsap County Parent Coalition

Something's Not Quite Right



April 26 @ 6:00 - 8:00 PM

Join KCPC and Dr Violeta Gomez on Zoom

We will discuss

- Recognizing signs of a developmental disorder like autism
- Pursuing a diagnosis
- What to do when the pediatrician won't listen to your concerns

Questions/RSVP/Zoom link: Melia Hughes

www.KitsapCountyParentCoalition.org

(360) 347-6412

kcpc@wa.easterseals.com

Community Connections Walk

And Resource Fair

Saturday, April 15

12:00PM-3:00PM

4650 Bay Vista Boulevard
Bremerton

Free Admission

Come for a chance to win
free prizes

**An All-Ages
Event**

For Questions:



Washington State
Health Care Authority



Kitsap Suicide Awareness Coalition

MENTAL HEALTH AWARENESS EVENT

We're better together



May 20th, 1 - 3 PM

**Kitsap County
Administration Building
619 Division St, Port Orchard 98366**



**Vendors & Resources
Ask the Experts Panel Discussion
Mental Health Vigil
Light snacks available**

www.facebook.com/KitsapSuicideAwarenessCoalition

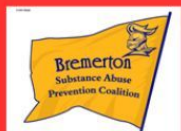
STRENGTHENING FAMILIES PROGRAM 10-14 NEW FACILITATOR TRAINING & CERTIFICATION

*3-Day Training - Tools, skills
& strategies to build families*



TRAINING DATES & TIMES
APRIL 11
8AM-4PM
APRIL 12&13
8:30AM-4:30PM
645 4TH ST, #101
BREMERTON, WA 98337

Presented By:



- Become a Certified Facilitator
- An introduction to SFP 10-14
- Review & practice the program in a team setting
- Review of the research & current updates
- Discussion & experiential-based engagement with curriculum & participants
- Readiness-primer to discuss implementation, logistics, technology, recruitment, retention & technical support for next steps