

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: February 15, 2023

Time: 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members- expectations for public input
3. Meeting Agenda Approval
4. January meeting notes (Attachment 1) - Approval
- 11:45am 5. Council Member Report of Activities- Outreach form (Attachment 2)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
- b. 2022 SCOA Meeting- Susan
- c. Council Member Report of Community Outreach Advocacy
- What did you do since the last meeting?
- Brief Overview
- 12:15pm 6. De-brief January Advocacy activities – what went well, improvements for next time
- a. w4a Priority Summary Fact Sheet (Attachment 3)
- b. Legislative appointments, de-brief (Attachment 4)
- 1:00pm 7. Aging Services
- a. Recruitments
- b. Care Transitions program
- c. Dashboard Report (Attachment 5)- updated revenue graphs
- d. 2023 Draft Advisory Council Calendar of Events (Attachment 6)
- 1:30pm ADJOURN

Reminder March meeting: Report status of 2023 Aging Council Workplan- Social Isolation subcommittee (Karol)

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January 18, 2022 Aging Advisory Council Meeting Minutes**Zoom****1. Convened at 11:32 a.m.**

Members Present: Steve McMurdo, Ranae Beeker, Barbara Paul, Ann Paoletti, Charmaine Scott, Susan Kerr, Karol Stevens, Elizabeth Safsten, Linette Zimmerman.

Members Excused: Cynthia Blinkinsop.

Members Unexcused: Sandra Miles.

Guests Present: None.

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: None.

2. Approval of Agenda: The meeting agenda was reviewed.

- a. Karol made a motion to approve the agenda. Ann seconded and the agenda was approved.

3. Approval of Minutes:

- Ranae made a motion to approve the December meeting minutes. The motion was seconded by Charmaine. The minutes were approved.

4. 2023 Aging Council Workplan—Social Isolation Subcommittee

- Ann, Ranae, Karol, and Elizabeth expressed interest in joining the Social Isolation Subcommittee. Karol is open to leading the subcommittee and explained that she was previously a member of a similar subcommittee for SCOA. Stacey asked if Karol would like to have the subcommittee added to the March agenda; Karol confirmed.

5. Discuss January Activities

- a. Governor's Budget, w4a Advocacy Webinar, and Kitsap Aging planning session—Stacey shared the Governor's Budget letter and directed the Council to page 2 which detailed the funding for continuation of mandatory caseload and workload adjustments. This is a top priority for w4a. Stacey explained that being included in

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the letter is a good start, but that it does not guarantee that it will be approved. The Governor's budget was released in December. This budget will be a biennial process, meaning the budget will cover the next two years. The legislative session will last 105 days, starting January 9 and ending April 23. There are cutoffs and items on the budget will need sponsors. Council members will learn more about the process during the w4a webinar on Monday. During the legislative meetings Council members will explain their asks and thank each legislator for their ongoing support. Once meetings have ended, the Council will watch the bills and budget as they go through the legislative process with advocacy alerts. Stacey clarified that Monday is the educational meeting with w4a lobbyists (Kate Tudor-White) to learn more about the statewide issues, then the meeting specifically for Kitsap Aging Council members will be on Tuesday. Elizabeth explained that she will not be able to make the webinar on the 23rd but will be able to attend the meeting on the 24th.

- b. Legislative Appointments – Stacey started making meeting requests on December 13. She has received a few responses and is in the process of confirming dates and times. She will send confirmed times on Tuesday. There will be a meeting with Sen. Drew McEwan's staff on Monday, January 30. Sen. McEwan's 35th district overlaps with the Lewis, Mason, Thurston AAA and they will be leading the appointment. There will also be a meeting with Rep. Michelle Caldier on Monday; Sara Thompson from Pierce County will be in attendance. Stacey is still waiting for confirmation on the meeting with Sen. Christine Rolfes, who is the Chair of the Ways & Means Committee. Kate White Tudor will join this meeting, and Stacey is working with Kate's schedule to ensure that she can attend. The meeting will take place on either January 31 or February 1. There will be a meeting with Rep. Tarra Simmons on Wednesday, February 1. Stacey has not heard back from Sen. Emily Randall, who has been appointed to the Senate Leadership Committee, but will attempt to make contact again today.
- c. Thank you card – Cristiana shared the previous year's thank you card. Stacey explained that the thank you card will be sent out after meetings with legislators. Steve suggested that caregivers be listed in the card's language. Cristiana will

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make the addition and update the group photo on the card.

6. Council Member Report of Activities

a. 1/10th Community Advisory Council Representative – Charmaine Scott

- Charmaine stated that 2023 contracts that were worked on and signed last year will be starting this month. She explained that all funds are provided through the 1/10th of 1% Mental Health, Substance Abuse and Therapeutic Court sales tax and that previously they had performed in-person site visits, but now everything takes place via Zoom. Their Council will be having a retreat this Saturday. Several members have not met with the Council in-person, so this will be a great opportunity. Charmaine pointed out that Project Connect is holding a fair next Tuesday, Wednesday, and Thursday with free services.

b. 2022 SCOA Meeting

- Susan stated that there was no meeting December.

c. Council Member Report of Activities

- Steve reviewed the Governor's Budget. He also joined a discussion on NextDoor with a woman who is trying to find services and things to do for 93-year-old father.
- Ann spoke to someone looking for full-time care for their mother and passed on the phone number for ALTC and Kitsap County's Long Term Care Ombuds. She also spoke to a friend about Veteran-Directed Care for their dad. In regard to senior isolation, Ann reached out to teachers, whose students that often need to complete community service, to share the idea of teens helping seniors with tech support. She plans to maintain contact with a high school V.P. and hopes to work with her in March or April. Steve pointed out that this would be a good thing for the subcommittee to discuss. Ann was also reading about disability issues, and it occurred to her that her local Post Office does not have an automatic door and the South Kitsap Mall does not have an elevator. Ranae shared that many federal buildings do not have automatic doors and suggested that Ann possibly approach the Mall's administrator regarding the elevator.
- Linette stated she has been sending out emails and reminders of Council

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activities. She is hoping to include bill numbers in her emails requesting others to help with advocacy. Stacey explained that a majority of the w4a priority asks are through the budget proviso process- no bill number is assigned.

- Susan spent time in Arizona caregiving to her parents. She helped them transfer data on their computer as well as clear up old emails and unsubscribe from others. Susan received a response from Sen. Kilmer's office which gave her a good idea of what he is working on relating to aging. Susan plans to visit the Bremerton Senior Center in the next month.
- Barbara has volunteered for Project Connect and in February she will start working on a plan of action for the Recruitment Subcommittee. Barbara explained that she has Power of Attorney for a woman at Bay Vista who has been on hospice since November.
- Karol announced that she is in the sixth month of her house remodel. A number of other homes in Keyport were affected by a recent king tide. As the Community Club President, Karol shared information on Emergency Management and another state program meant to mitigate costs left over after insurance. The community's medical equipment library has been very helpful for residents.
- Ranae has been reaching out to Congressional legislators and has found that a number of them have taken the time to respond. Ranae has also encouraged a couple of friends to participate in caregiver support groups.
- Elizabeth reached out to Olalla Bay Market & Landing and learned that the community space is free to use. She has been pursuing the idea to have a Kitsap Aging overview of services informational presentation for the community. Elizabeth plans to reach out to Fred Meyer or Safeway to see if they will donate food for the event.

7. Aging Services

a. Dashboard Report

- The Council reviewed the January Dashboard Report.

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- Barbara asked if the revenue for Care Transitions will be lost if not used. Stacey stated that the revenue will come every year going forward thanks to the advocacy work that the Council did last year. Stacey explained that ALTC has been working closely with the new Hospital Discharge Case Manager, Faith, and introducing her to our community social workers. Stacey had a very frank discussion with the Post Acute Program Manager last month and presented to their staff.

b. 2023 Draft Advisory Council Calendar of Events

- The Council reviewed the 2023 Calendar of Events.

ADJOURNMENT

The meeting was adjourned at 1:20 p.m.

Steve McMurdo, Chair

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- ☐ Community Outreach Event
 ☐ Group Education
 ☐ Media/Internet
 ☐ One on One
 ☐ Material Dissemination
 ☐ Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |



Washington Association of Area Agencies on Aging

2023 Budget Priorities

Case Management:

Thank You for 2022 Funding for Case Manager workforce. We are “catching up,” thanks to \$24 million in last year’s budget. Area Agencies on Aging are on track to hire 130+ case managers this year. These funds help reduce staff burnout and help restore services to keep clients living with disabilities safe at home.

Please support technical fix to Case Management Formula—it includes some, but not all, case managers in maintenance level adjustments to keep up with rapid inflation in wages. We need \$4.9 million from the general fund plus federal match to maintain parity with state staff compensation for all of our case management staff. (Budget language on back)

Health Homes:

This Medicaid Program Pays for itself by reducing hospital costs. The Health Homes program provides care coordination for people on both Medicaid and Medicare (dual-eligibles) who have the most expensive and complex chronic health problems. Health Homes services help keep clients healthy, reducing hospital costs. Washington has a shared savings agreement with federal Medicare to send about \$17 million each year back to the state.

Please support a rate increase to keep up with inflation for Health Homes “fee for service” program for dual-eligible clients. (Budget language on back)

Dementia Resource Catalyst Funding to help people stay safe at home (supporting Alzheimer’s Association Request):

The 2021 Legislature funded a two-year pilot program for dementia-capable services at two Area Agency on Aging sites. This program is a vital lifeline for people with Alzheimer's disease and their families. Our staff help families keep their loved ones safely at home and connect them to resources they need.

Please fund \$1.734 million for dementia services at two additional sites.

Contact:

Kate White Tudor 360-402-1272; kate@whitetudor.com
Cathy Knight, 206-612-4006; cathy.knight@agingwashington.org

Area Agencies on Aging proposed budget language:

Please support technical fix to Case Management Formula—it does not keep up with rapid inflation in wages. We need to maintain parity with state staff compensation.

Budget language: “\$4,900,000 of the general fund—state, and \$5,000,000 of the general - fund-federal appropriation for fiscal years 2024 and 2025 is provided solely for Area Agency on Aging Case Management services parity with funding provided for comparable work performed by state employees. DSHS shall maintain parity by adjusting the Area Agency on Aging case management funding on a per client monthly rate by a percentage equal to the percentage increase in the fully budgeted cost for comparable full time equivalent state employees.”

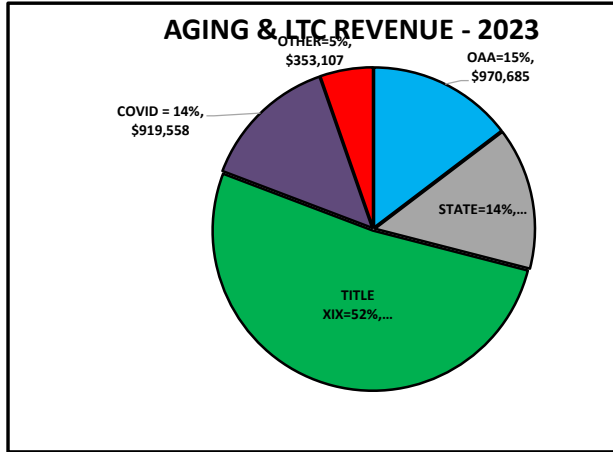
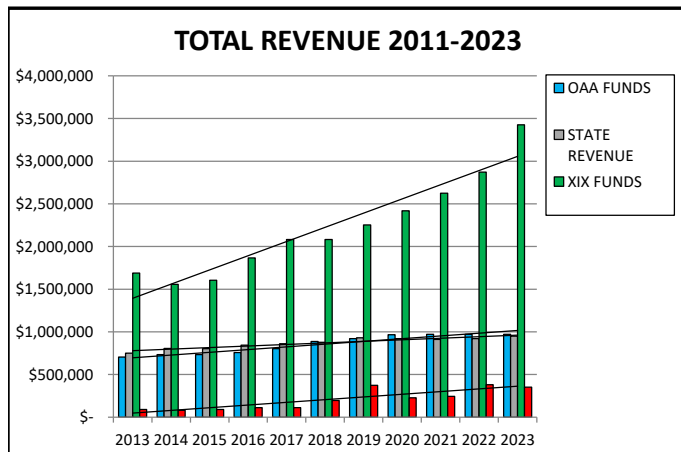
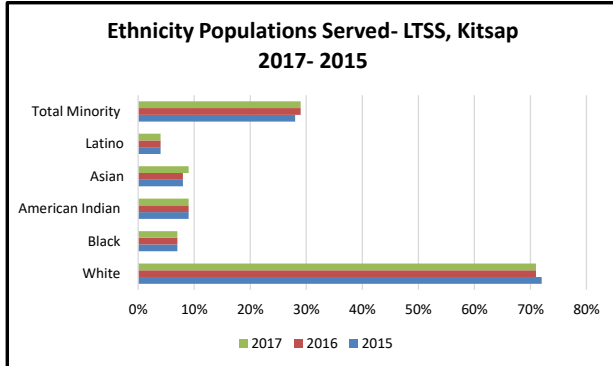
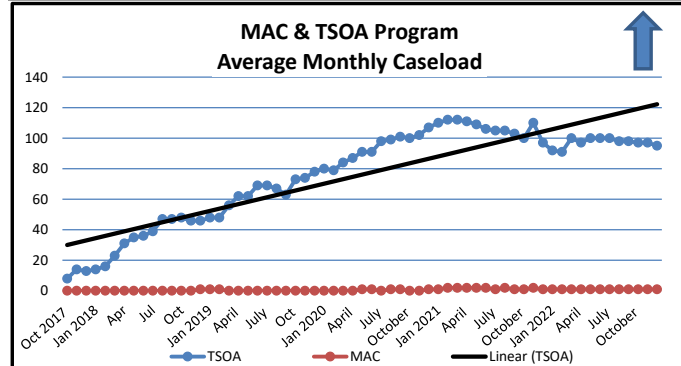
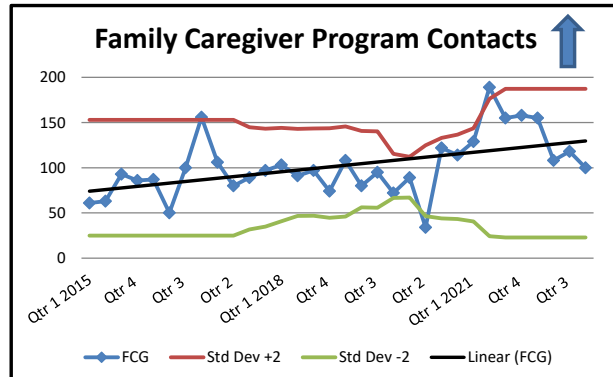
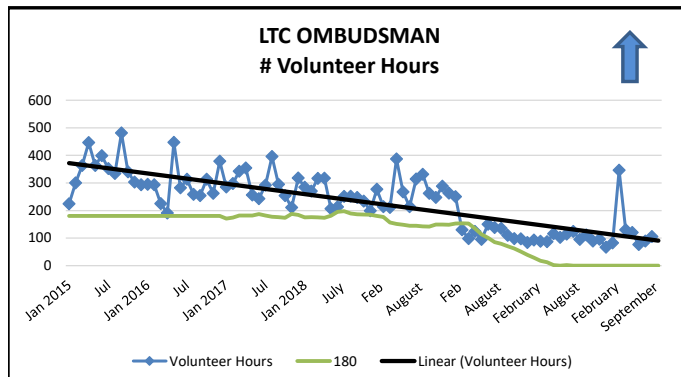
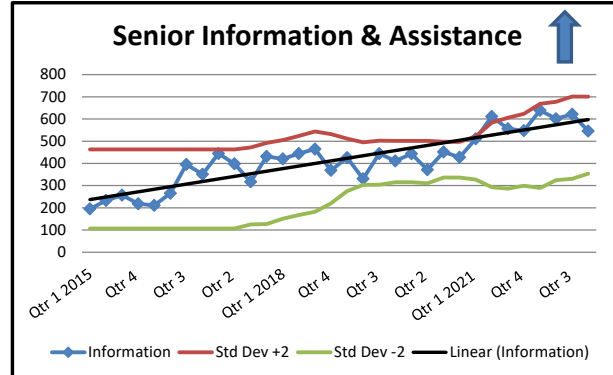
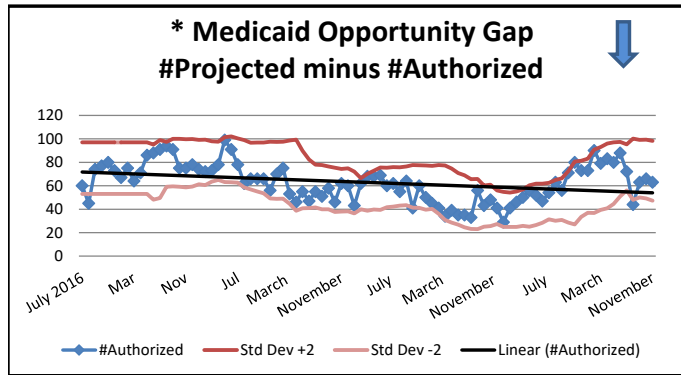
Health Homes needs to keep up with inflation to stay staffed—this program pays for itself.

Budget language: “\$1,607,000 of the general fund-state, and \$1,633,000 of the general fund-federal is appropriated for fiscal year 2024 and \$2,015,000 of the general fund—state and \$2,048,000, of the general fund-federal is appropriated for fiscal year 2025 solely to increase payment rates in the health homes program for dual eligible enrollees.”

W4A Advocacy Day
Legislative Appointments
 January 30- February 3, 2023

Date	Time	Name	Virtual Link	Comments
1/30/2023 Monday	11:00- 11:15am	Senator Drew MacEwen (35) STAFF		Appt with STAFF (not Senator). LMTAAA to lead appt.
1/30/2023 Monday	2:30-2:45pm	Rep. Michelle Caldier (26)		Sara Thompson (Pierce AAA) to join
1/31/2023 Tuesday	4:00-4:15pm	Rep. Drew Hansen (23)		
2/1/2023 Wednesday	9:30-9:45am	Rep. Tarra Simmons (23)		
2/1/2023 Wednesday	1:30-1:45pm	Senator Christine Rolfes (23)		Kate to the join the meeting
2/1/2023 Wednesday	3:00-3:15pm	Senator Emily Randall (26)		Sara Thompson (Pierce AAA) to join

Aging & Long Term Care Advisory Council Dashboard- February 2023



COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect
June 2020: COVID-19 phased reopening began
July 2020: COVID-19 July 2020 reopening paused
November 2020 - February 2021: Statewide restricted opening due to Winter spikes
December 2021- January 2022: Omicron spikes
March 2022- Brief home visits start
May 2022 - Home assessments begin (partial or full)
July 2022- BA.5 variant surge
October 31- State PHE ends for LTC facilities and some state waivers
May 2023: Federal PHE ends

Trends:

Community Outreach Activities:

Feb. 14: Keyport Community, Overview of Services and Aging in Place
Feb. 18: Silverdale Library, Info Resource Fair
Feb. 21: The Pearl, Overview of Services
March 15: Hansville Friends, Overview of Services presentation
March: (Hold) SK Senior Resource Fair

2023 Advisory Council Meetings & Activities

January 9	WA Legislature Begins (no events)
January 18	* Advisory Council from 11:30am- 1:30pm
January 23	* w4a Legislative Training Webinar 11:00am-Noon zoom
January 24	* Advisory Council Legislative Planning meeting- Noon zoom
January 30-February 2	* w4a Advocacy Days (appointments with elected officials)
February 15	* Advisory Council from 11:30am- 1:30pm
March 15	* Advisory Council from 11:30am- 1:30pm)
April 19	Advisory Council from 11:30am- 1:30pm
May 17	* Advisory Council from 11:30am- 1:30pm
May TBD	* May Older Adults Virtual Workshops
June 21	* Advisory Council from 11:30am- 1:30pm
July 19	* Advisory Council from 11:30am- 1:30pm (Summer Gathering)
August 16	* Advisory Council from 11:30am- 1:30pm
September 20	* Advisory Council from 11:30am- 1:30pm
October 18	* 2022 AAA & State Council on Aging (SCOA) Conference (No Advisory Council meeting this month)
October 19	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Workshop/Conference
November 15 (revise)	* Advisory Council from 11:30am-1:30pm
December 20	* Advisory Council from 11:30am- 1:30pm

*indicates hybrid in-person and zoom meeting

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room