

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: January 18, 2023

Time: 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members- expectations for public input
3. Meeting Agenda Approval
4. December meeting notes (Attachment 1) - Approval
5. 2023 Aging Council Workplan- Social Isolation subcommittee (discussion)
- 12:00pm 6. January Advocacy activities
- a. Governor's Budget (Attachment 2)
- b. w4a Advocacy webinar – January 23 at 11:00am
- c. Kitsap Aging planning session – January 24 at Noon
- d. Legislative appointments (virtual, dates & times)
- e. Thank You card
7. Council Member Report of Activities- Outreach form (Attachment 3)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
- b. 2022 SCOA Meeting- Susan
- c. Council Member Report of Community Outreach Advocacy
- What did you do since the last meeting?
- Brief Overview
- 1:10pm 8. Aging Services
- a. Dashboard Report (Attachment 4)
- b. 2023 Draft Advisory Council Calendar of Events (Attachment 5)
- 1:30pm ADJOURN

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December 14, 2022 Aging Advisory Council Meeting Minutes**Zoom****1. Convened at 11:32 a.m.**

Members Present: Steve McMurdo, Ranae Beeker, Karol Stevens, Barbara Paul, Susan Kerr, Linette Zimmerman, Ann Paoletti, Elizabeth Safsten, Cynthia Blinkinsop.

Members Excused: Charmaine Scott.

Members Unexcused: Sandra Miles.

Guests Present: None.

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: None.

2. Approval of Agenda: The meeting agenda was reviewed.

- a. Karol made a motion to approve the agenda. Barbara seconded and the agenda was approved.

3. Approval of Minutes:

- Ranae made a motion to approve the August meeting minutes. The motion was seconded by Ann. The minutes were approved.

4. 2023 Aging Council Workplan

- Stacey shared the 2023 workplan. Steve asked if there are any amendments that Council members would like to make to the draft workplan. No changes suggested. Cynthia made a motion to approve the plan and Karol seconded. The 2023 Workplan was finalized.
 - a. Social Isolation Subcommittee – Stacey stated that a subcommittee for Goal #3 will need to be formed. Ann, Karol, and Ranae would like to join the subcommittee. Karol would like to start the meetings in 2023. Elizabeth is interested and asked for clarification on the status of the Recruitment Subcommittee that she is a member of. Barbara stated that they had identified groups to approach and were deciding on who would approach which group. Their final task was to develop a skillset, but now that the Council has 11

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members, the Recruitment Subcommittee is on pause. Barbara will create a plan of action in February for when another vacancy occurs.

5. Discuss January Activities

- a. w4a Legislative Advocacy Webinar – Stacey stated that the webinar is scheduled for January 23, with a tentative start time of 11 a.m.
- b. Kitsap Aging Planning Session – Stacey explained that Kitsap County there are three districts: 23, 26, and 35. Each has one Senator and two Representatives. With the general elections having taken place in November, District 23 has had no changes, Spencer Hutchins will replace Rep. Jesse Young in District 26, and Travis Couture will be filling the seat of retiring Sen. Tim Sheldon in District 35. Stacey has sent invitations to schedule Zoom meetings, likely to begin on January 30. She is anticipating four of five legislators will have the time and interest to meet. Legislative meetings are typically 15 minutes. Stacey reminded the Council that she will not be attending the preparation meetings and that Cathy Knight, w4a Director and Bainbridge Island resident, will step in to help the Council prepare. Stacey asked that Council members hold January 23 for Advocacy Day and January 24 for the preparation planning meeting.

6. Council Member Report of Activities

- a. 1/10th Community Advisory Council Representative – Charmaine Scott
 - Charmaine was not in attendance.
- b. 2022 SCOA Meeting
 - Susan stated that SCOA did not meet in November. She added that while she has not yet officially joined a subcommittee, she has had a chance to attend a meeting for both committees she is interested in.
- c. Council Member Report of Activities
 - Cynthia presented at the Family and Consumer Science conference, and she has been receiving messages from professors that attended. Karol helped her work on the PowerPoint slides, and she was able to share them on a few websites. She also advised a friend on how to find resources for her father.
 - Ranae explained that she is also a member of the Kitsap County Accessible Communities Advisory Committee. She attended a Governor's Committee on

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Disability Issues & Employment (GCDE) townhall in Port Orchard and learned what other counties are doing to help citizens with accessibility needs. Their Advisory Committee plans to discuss an audit or survey to help identify needs in Kitsap County. Ranae stated that the Americans with Disabilities Act (ADA) requires an ADA plan; their Committee will work with Kitsap Public Health to discuss resources. Ranae also spoke to a friend who is a caregiver for his wife and strongly recommended that he speak with ALTC's Information & Assistance specialists.

- Linette did some advocacy work with the Port Orchard Rotary Club and discussed isolation for senior women with the Soroptimists.
- Karol explained that a Keyport resident with dementia has been receiving help from neighbors. Unfortunately, he cannot use Meals on Wheels because he's unable to heat meals on his own, so neighbors have arranged a group to bring hot food to him. Karol provided a Dementia Roadmap and contact information for ALTC.
- Barbara has been working with a friend from church, sharing the bridge sheet.
- Ann shared information with friends about this Council and is looking forward to learning more to help those around her.
- Cynthia asked if she could have a workshop with neighbors to describe services provided by ALTC. Stacey suggested she connect with Jason Doty, Information & Assistance Supervisor.

7. Aging Services

a. Workforce Recruitments

- Dementia Specialist Denise Hughes has decided to officially retire this month. Stacey put out a request for proposal in July but did not receive any responses. This gave her the ability to reach out to Mari Van Court, the former Chair of this Council. Mari is an ARNP and has been a caregiver for three different family members. Denise will be taking referrals until Friday and will release referrals to Mari in mid-January. ALTC's work with Denise has prompted the UW Memory & Brain Wellness Center to reach out to Stacey regarding the Dementia Friends Initiative, and ALTC will be hosting an event in February.

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- ALTC staff have been very busy preparing for a new carpet install. Staff are now back in the office and getting things back in order. There are currently three Case Manager vacancies. ALTC recently welcomed a Care Transitions Care Coordinator. Hospital staff have been trained and she is hoping to get a referral soon.

b. Dashboard Report

- The Council reviewed the December Dashboard Report and Stacey described the dashboard metrics. Stacey will update the revenue section next month.

c. 2023 Draft Advisory Council Calendar of Events

- The Council reviewed the 2023 Calendar of Events. Stacey announced that Ann has been officially appointed. Her orientation will be on Wednesday the 21st from 10 to 11:30. The meeting is open for any Council members that would like to attend.

8. Executive Session

a. 2023 Advisory Council Slate of Officers

- Stacey explained that the Chair and Vice Chair positions have term limits of two years, but that the Council can choose to pause the bylaws if everyone agrees that the current incumbents should remain in their positions. Karol asked if Barbara and Steve would be willing to sit in their positions for another year. Barbara would like to encourage someone to step forward, but she will continue in her position if there are no interested members. Steve stated that he comfortable staying in his role as Chair but would like the to group to decide. As no other members are able to volunteer for the positions at this time, Karol moved that Council suspend the bylaws so the Chair and Vice Chair can remain in their appointments for another year. Ranae seconded. All were in favor, motion carried.

b. Holiday Card Picture

- Cristiana took screenshots of the Council to use for the holiday card.

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ADJOURNMENT

The meeting was adjourned at 1:08 p.m.

Steve McMurdo, Chair



STATE OF WASHINGTON
DEPARTMENT OF SOCIAL AND HEALTH SERVICES
Aging and Long-Term Support Administration
PO Box 45600, Olympia, WA 98504-5600

December 15, 2022

Dear colleagues, friends and partners—

Yesterday Governor Inslee released his proposed 2023-2025 Operating budget and 10-year Capital budget for consideration by the Washington State legislature. The Department of Social and Health Services was thankful to see over \$2.9 billion in operating budget investments and over \$1 billion in Capital budget projects for the Washingtonians served by our agency. Among investments made in the Aging and Long-term Support Administration, we are pleased to highlight:

Increases to Medicaid Provider Rates: The Governor's budget includes significant investments in Medicaid provider rates for Skilled Nursing Facilities, Assisted Living Facilities and Adult Family Homes, totaling \$257.50 GF-State and \$292.80 GF-Federal. Further, the Governor's budget includes implementation of the Consumer Directed Employer (CDE) Rate Setting Boards Recommendations to increase the labor and administrative rates (\$341 million GF-State and \$421 million GF-Federal), funding for home care agency worker parity, and an increase in administration funding for home care agencies. (\$4.9 million GF-State and \$6 million GF-State, respectively).

The Governor's budget also includes critical investments in care for clients with significant or complex needs, including traumatic brain injury and specialty dementia care. This is critical both for client care and the health of the long-term services and supports system as a whole.

Funding to Support Clients Transitioning from Hospital and other Institutional Settings: The Governor's budget includes \$10.9 million GF-State and \$2.1 million GF-Federal to help patients transition from acute care hospitals and other institutional settings to community-based settings, offering flexible solutions- including investments in housing subsidies- to improve our client's ability to transition into an appropriate setting of their choosing.

Investment in Traumatic Brain Injury Beds: Traumatic Brain Injury (TBI) survivors often have complex and specific needs that cannot be met in many residential settings. Currently, there are no TBI specialty beds in Washington state. This results in TBI patients being sent out of Washington state to receive care, which is difficult for our clients, their families and the State's budget. Governor Inslee's budget includes funding for a 16-bed community-based facility, to help serve Washington's TBI clients.

Funding for WA Cares Fund implementation: The Governor's budget includes over \$2.5 million in investments in staffing and technology for the WA Cares Fund over the next biennium. WA Cares is Washington state's first-in-the-nation universal long-term care insurance program, that will provide \$36,500 in long-term care services and supports for working Washingtonians who contribute to the

program. This funding will support additional FTE, state-wide capacity planning and outreach, actuarial modeling for policy options and implementation of IT solutions for the Fund.

Funding for continuation of Mandatory Caseload and Workload adjustments: Governor Inslee included funding to account for changes in the projected number of clients receiving long-term care services and supports based on the November 2022 forecast. His budget also includes funding for professional staff necessary to verify Medicaid eligibility, assess functional disability, ensure oversight and quality assurance, and coordinate the delivery of services for this projected caseload.

ALSTA Agency Request Legislation: The Governor's proposal also includes funding for two pieces of ALSTA Agency Request Legislation. These proposed bills would increase the Personal Needs Allowance for residents of LTC facilities to \$100 per month and implement a petition process for removal from the Adult Protective Services (APS) registry should the law be revised to create this avenue in the session. We're excited to continue to work with the legislature on these two important issues.

Remember, the Governor's budget is just the first step in the legislative process. The legislature will consider the proposals, introduce new legislative priorities, and pass a final budget during the 2023 session that balances expenditures with revenue projections. As we continue to move through this process, the Department of Social and Health Services will work to support the legislature and the Governor's office in their decision-making process, forwarding our important mission of *Transforming Lives*.

For additional details on the Governor's budget, please visit the [Office of Financial Management](#).

Sincerely,



Bea Rector
Assistant Secretary
Aging and Long-Term Supports Administration
Washington State Department of Social and Health Services

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- ☐ Community Outreach Event
 ☐ Group Education
 ☐ Media/Internet
 ☐ One on One
 ☐ Material Dissemination
 ☐ Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

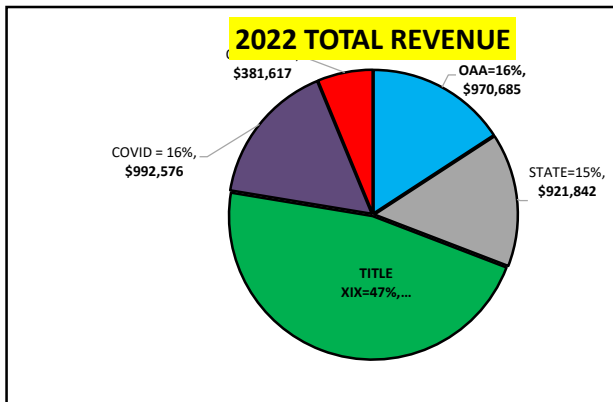
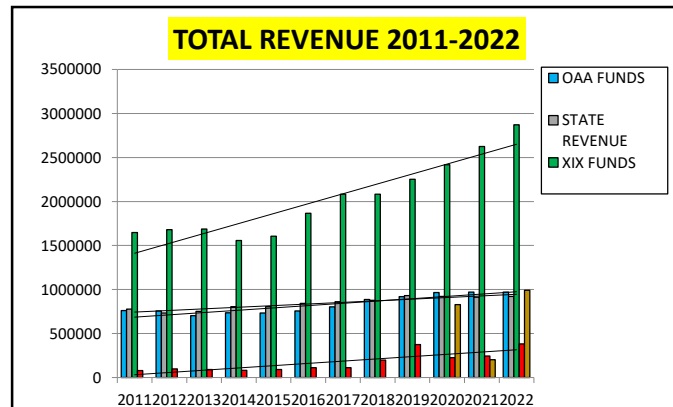
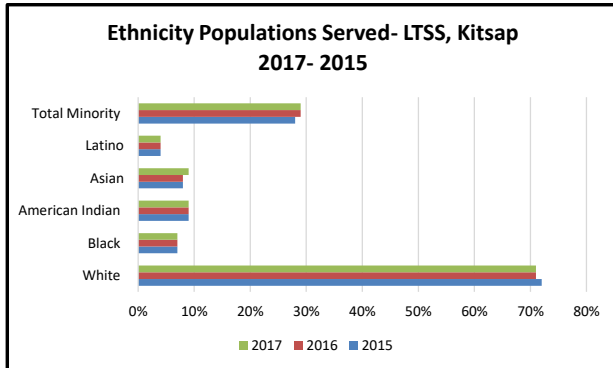
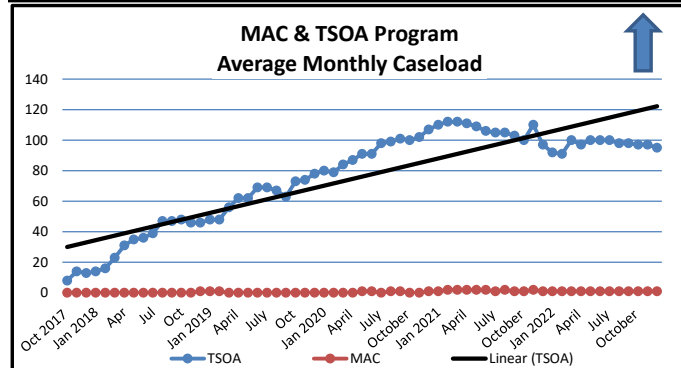
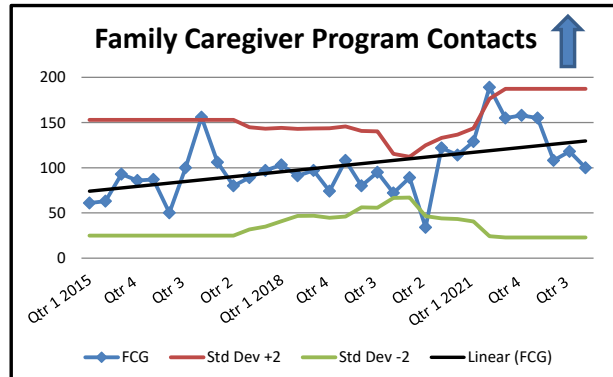
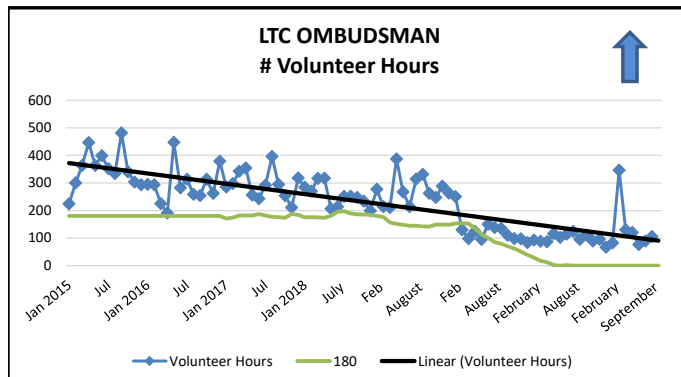
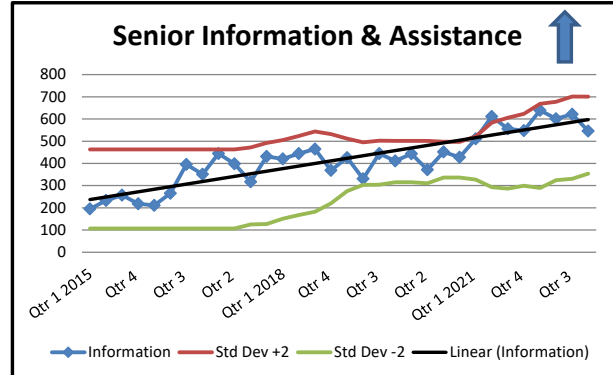
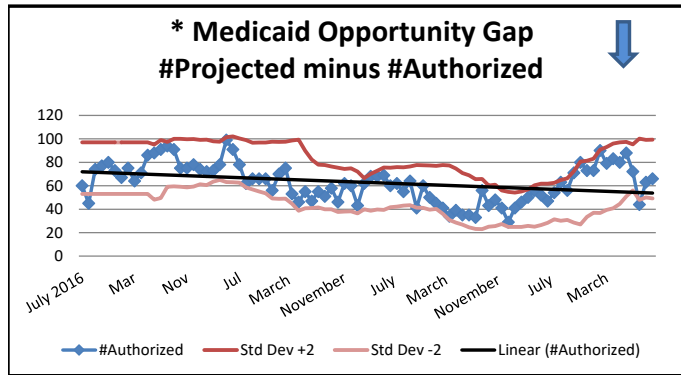
7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Aging & Long Term Care Advisory Council Dashboard- January 2023



* Medicaid Opportunity Gap: July 2022- Decreased allocation to 1001

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect
June 2020: COVID-19 phased reopening began
July 2020: COVID-19 July 2020 reopening paused
November 2020 - February 2021: Statewide restricted opening due to Winter spikes
December 2021- January 2022: Omicron spikes
March 2022- Brief home visits start
May 2022 - Home assessments begin (partial or full)
July 2022- BA.5 variant surge
October 31- State PHE ends for LTC facilities and some state waivers

Trends:

Community Outreach Activities:

2023 Advisory Council Meetings & Activities

January 9	WA Legislature Begins (no events)
January 18	* Advisory Council from 11:30am- 1:30pm
January 23	* w4a Legislative Training Webinar 11:00am-Noon zoom
January 24	* Advisory Council Legislative Planning meeting- Noon zoom
January 30-February 2	* w4a Advocacy Days (appointments with elected officials)
February 15	* Advisory Council from 11:30am- 1:30pm
March 15	* Advisory Council from 11:30am- 1:30pm)
April 19	Advisory Council from 11:30am- 1:30pm
May 17	* Advisory Council from 11:30am- 1:30pm
May TBD	* May Older Adults Virtual Workshops
June 21	* Advisory Council from 11:30am- 1:30pm
July 19	* Advisory Council from 11:30am- 1:30pm (Summer Gathering)
August 16	* Advisory Council from 11:30am- 1:30pm
September 20	* Advisory Council from 11:30am- 1:30pm
October 18	* 2022 AAA & State Council on Aging (SCOA) Conference (No Advisory Council meeting this month)
October 19	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Workshop/Conference
November 15 (revise)	* Advisory Council from 11:30am-1:30pm
December 20	* Advisory Council from 11:30am- 1:30pm

*indicates hybrid in-person and zoom meeting

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room