



SALISH BEHAVIORAL HEALTH
ADMINISTRATIVE SERVICES ORGANIZATION
ADVISORY BOARD
MEETING

Providing Behavioral Health Services in
Clallam, Jefferson and Kitsap Counties

DATE: Friday, February 4, 2022
TIME: 10:00 AM – 12:00 PM
LOCATION: **VIRTUAL ONLY:** We will use the ZOOM virtual platform.

Recommend participation by either computer or ZOOM app on your mobile phone. Please use this link to download ZOOM to your computer or phone: <https://zoom.us/support/download>.

LINK TO JOIN BY COMPUTER OR PHONE APP:

Join Zoom Meeting:

<https://us06web.zoom.us/j/85817894528?pwd=RTA0U1RUZDJIS3A0NmXuTFdGWGZudz09>

Meeting ID: 858 1789 4528

USE PHONE NUMBER and MEETING ID TO JOIN BY PHONE:

Dial by your location: 1-253-215-8782

Meeting ID: 858 1789 4528

A G E N D A

[Salish Behavioral Health Administrative Services Organization – Advisory Board](#)

1. Call To Order
2. Announcements/Introductions
3. Opportunity to Address the Board on Agenda Topics (limited to 3 minutes each)
4. Approval of Agenda
5. Approval of SBH-ASO Advisory Board Meeting Minutes for December 3, 2021 (Attachment5)
6. Action Items
 - a. Election of Chair and Vice-Chair
 - b. RFP Subcommittee for Kitsap County Youth Mobile Crisis Outreach Team
 - c. RFP Subcommittee for Both R.E.A.L. and Co-Responder Programs
7. Informational Items
 - a. Ombuds Presentation
 - b. Regional Community Needs Assessment
8. Opportunity for Public Comment (limited to 3 minutes each)
9. Adjournment

ACRONYMS

ACH	Accountable Community of Health
ASAM	Criteria used to determine substance use disorder treatment
BHAB	Behavioral Health Advisory Board
BH-ASO	Behavioral Health Administrative Services Organization
BHO	Behavioral Health Organization, replaced the Regional Support Network
CAP	Corrective Action Plan
CMS	Center for Medicaid & Medicare Services (federal)
COVID-19	Coronavirus Disease 2019
DBHR	Division of Behavioral Health & Recovery
DCFS	Division of Child & Family Services
DCR	Designated Crisis Responder
DDA	Developmental Disabilities Administration
DSHS	Department of Social and Health Services
E&T	Evaluation and Treatment Center (i.e., AUI, YIU)
EBP	Evidence Based Practice
EQRO	External Quality Review Organization
FIMC	Full Integration of Medicaid Services
FYSPRT	Family, Youth and System Partner Round Table
HARPS	Housing and Recovery through Peer Services
HCA	Health Care Authority
HCS	Home and Community Services
HIPAA	Health Insurance Portability & Accountability Act
HRSA	Health and Rehabilitation Services Administration
IMD	Institutes for the Mentally Diseased
IS	Information Services
ITA	Involuntary Treatment Act
MAT	Medical Assisted Treatment
MCO	Managed Care Organization
MHBG	Mental Health Block Grant
MOU	Memorandum of Understanding
OCH	Olympic Community of Health
OPT	Opiate Treatment Program
OST	Opiate Substitution Treatment
PACT	Program of Assertive Community Treatment
PATH	Programs to Aid in the Transition from Homelessness
PIHP	Prepaid Inpatient Health Plans
PIP	Performance Improvement Project
P&P	Policies and Procedures
QUIC	Quality Improvement Committee
RCW	Revised Code Washington
R.E.A.L	Recovery, Empowerment, Advocacy, Linkage
RFP, RFQ	Requests for Proposal, Requests for Qualifications
SABG	Substance Abuse Block Grant
SAPT	Substance Abuse Prevention Treatment
SBH-ASO	Salish Behavioral Health Administrative Services Organization
SUD	Substance Use Disorder
TAM	Technical Assistance Monitoring
UM	Utilization Management
VOA	Volunteers of America
WAC	Washington Administrative Code
WM	Withdrawal Management
WSH	Western State Hospital, Tacoma

[Full listing of definitions and acronyms](#)



SALISH BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION ADVISORY BOARD MEETING

Providing Behavioral Health Services in
Clallam, Jefferson and Kitsap Counties

February 4, 2022

Action Items

A. ELECTION OF CHAIR AND VICE-CHAIR

Per the Salish BH-ASO Advisory Board By-laws, the Chair and Vice-Chair shall be elected by majority vote for a one-year term.

B. RFP SUBCOMMITTEE FOR KITSAP COUNTY YOUTH MOBILE CRISIS OUTREACH TEAM

During the December 3rd Advisory Board Meeting, staff shared information regarding new funding allocated by the legislature to support the expansion of youth mobile crisis outreach teams. The legislation requires that every BH-ASO region have at least 1 youth mobile crisis outreach team by June 30, 2022.

Following an analysis of crisis service utilization trends and budget allocations, staff determined that a single youth team would be added to Kitsap County. And, that crisis agencies in Clallam and Jefferson counties would receive additional funding allocations to add Child Mental Health Specialists to their existing crisis teams. This plan was presented to and approved by the Executive Board on December 10, 2021.

On January 14th, the Kitsap County Youth Mobile Crisis Outreach Team RFP was released and will be closed on February 17th. Staff is seeking volunteers for an RFP Subcommittee to review Kitsap Youth Mobile Crisis Outreach Team proposals and make recommendations on behalf of the full Advisory Board to the Executive Board.

Staff will review the anticipated timeline and time commitments for this RFP Subcommittee.

C. RFP SUBCOMMITTEE FOR BOTH R.E.A.L. AND CO-RESPONDER PROGRAMS

R.E.A.L Program

SB5476, which is the legislative response to State v. Blake decision, requires BH-ASOs to establish a Regional Recovery Navigator Program. The Recovery Navigator Program must provide community-based outreach, intake, assessment, and connection to services to youth and adults with substance use or co-occurring needs. SBH-ASO has named its Recovery Navigator Program the REAL Program (Recovery, Empowerment, Advocacy, and Linkage).

BH-ASOs were tasked with rapidly developing and implementing this program to ensure community access and outreach support was available by November 1, 2021. SBH-ASO has contracted with 5 agencies for Year-1 funding which runs through June 30, 2022. SBH-ASO will be releasing an RFP in early March 2022 to manage Years 2 and 3 funding.

Co-Responder Program

A small allocation of funds, \$100,000 per year, has been allocated to SBH-ASO to fund a single co-responder program in the region. Funding would be awarded to a law enforcement agency or other first responder agency (Fire/EMS) to pair a mental health professional and allow for co-response to emergency calls. SBH-ASO plans to release this RFP in March 2022, as well.

RFP Subcommittee for Both R.E.A.L and Co-Responder Proposals

Staff is seeking volunteers for an RFP Subcommittee to review both of these program's proposals and make recommendations on behalf of the full Advisory Board to the Executive Board. Staff will review the anticipated timeline and time commitments for this RFP Subcommittee.

Informational Items

A. OMBUDS PRESENTATION

Presentation by Bridges Ombuds, Vivian Morey. Vivian will review Ombuds activity for 2021. She will discuss any trends, including successes and challenges. She will provide updates from the State Ombuds meetings.

B. REGIONAL COMMUNITY NEEDS ASSESSMENT

In 2020, SBH-ASO released a community needs survey to providers, stakeholders, and community partners to identify needs and priorities. Staff is planning to develop a new survey for release this spring.

This assessment will seek feedback on behavioral health needs within the community including specific information on crisis services, youth services, ability to access services, and awareness of behavioral health services. The information will assist with identifying regional priorities for calendar years 2022 and 2023.

**MINUTES OF THE
SALISH BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION
ADVISORY BOARD**

**Friday, December 3, 2021
10:00 a.m. - 12:00 p.m.
VIRTUAL ONLY**

CALL TO ORDER –Lois Hoell, SBH-ASO Behavioral Advisory Board Chair called the meeting to order at 10:02 a.m.

INTRODUCTIONS – Self introductions were conducted around the room.

ANNOUNCEMENTS – None.

OPPORTUNITY FOR PUBLIC TO ADDRESS THE BOARD ON AGENDA TOPICS –

- Janet Nickolaus, SBH-ASO Advisory Board Member, requested to address the Board. She read from a statement. She voiced that she is very grateful for the awareness of mental health issues in our community. As well as voiced concerns regarding lack of participation of the Board to make determinations on how funding was allotted in our community.
 - Kimberly Hendrickson, City of Poulsbo and Department of Housing Health and Human Services, provided response to Janet’s comments.
 - Helen Havens, SBH-ASO Advisory Board Member, referenced her past participation in committees with the SBH-ASO and Kitsap County 1/10th of 1% regarding grant funds that were available to the community. She noted that she was struck by the lack of submissions for the extra grant monies that were available. Understanding the processes are similar to the funding allotment that Janet and Kimberly are referencing. Would like to encourage review of how information is provided to agencies to ensure that it is received.
- Sandy Goodwick, SBH-ASO Advisory Board Member. Noted her participation with the board since 2017 and that she has advocated for the inclusion of peer recognition. Voiced concerns regarding the implementation of 9-8-8 and its effects on those seeking services. Inquiring how the Salish is reaching out to regional, state, and national peer organizations in relationship to 9-8-8 national implementation.

APPROVAL of AGENDA –

MOTION: Janet Nickolaus moved to approve the agenda as submitted. Jon Stroup seconded the motion. Motion carried unanimously.

APPROVAL of MINUTES –

MOTION: Helen Havens moved to approve the meeting notes as submitted for the September 17, 2021 meeting. Jon Stroup seconded the motion. Motion carried unanimously.

ACTION ITEMS

➤ **REAPPOINTMENT OF ADVISORY BOARD MEMBERS**

On November 12, 2021, Salish Staff emailed Advisory Board Members with expiring terms and inquired about interest in continuing to serve on the Board. Staff received responses from all Board Members listed below, except for Jolene Sullivan. All Board Member responses confirmed interest in continuing to serve.

The following Advisory Board Members have expiring terms:

- Sandy Goodwick, 2-year term expires 12/31/21
- Janet Nickolaus, 1-year term expires 12/31/21
- Anne Dean, 2-year term expires 12/31/21
- Helen Havens, 1-year term expires 11/30/21
- Jon Stroup, 1-year term expires 12/31/21
- Jolene Sullivan, 2-year term expires 12/31/21

Staff requests the Advisory Board make recommendations to the Executive Board regarding reappointments. These recommendations will be presented to the Executive Board on December 10, 2021.

Reviewed Jolene Sullivan's term and lack of response to staff email outreach. Discussed option of allowing term to expire on 12/31/2021 as Jolene is not present to discuss her interest in continuing to serve.

MOTION: Janet Nickolaus moved to recommend Executive Board approval of Advisory Board Reappointments for all members with expiring terms, with the exception of Jolene Sullivan. Helen Havens seconded the motion. Motion carried unanimously.

➤ **APPROVAL OF JANUARY-JUNE 2022 FEDERAL BLOCK GRANT PLANS**

SBH-ASO is presenting updated Block Grant plans for January 1, 2022 through June 30, 2022.

Mental Health Block Grant (MHBG): The plan aligns funding in accordance with the 2022 SBH-ASO budget being presented to the Executive Board on December 10, 2021. The MHBG plan provides funding for the crisis system. This includes mobile crisis, crisis hotline, and interpreter services. The plan format from HCA includes crisis categories directly. The MHBG plan also identifies an estimated of the number of people to be served in each category. SBH-ASO Administration allowance was added to the updated plan for this period. Allocations are in line with the previous 6-month allocation.

Substance Abuse Block Grant (SABG): The plan aligns funding in accordance with the 2022 SBH-ASO budget being presented to the Executive Board on December 10, 2021. It includes a new allowance for SBH-ASO Administration. Brief intervention includes mobile crisis response services. Engagement and Referral includes crisis line funding. Interim Services are a requirement and limited in funding due to not historically being needed. Ten percent of SABG is required to fund PPW programs. The SABG plan includes PPW housing supports and childcare programs. The plan includes funding to support secure withdrawal management (SUD ITA). Transportation is also addressed as this was identified as a priority in the needs assessment. The SABG plan identifies number of PPW to be served by category. The Brief treatment and Engagement and Referral PPW number reflects 10% of expected number served. Allocations are in line with the previous 6-month allocation.

Discussion regarding Department of Health (DOH) related to the warmline or crisis hotline to be staffed by peer services. Staff discussed that there were mandates for crisis hotline services provided 24/7 coverage and that the Washington Administrative Code's required certain staff credentials. Noting that there is a recognition for expanding peer services and there have been COVID enhanced block grant RFP monies that could have been opportunities to expand.

- **MOTION: Anne Dean moved to approve Approval of Calendar Year 2022 Budget: Mental Health Block Grant. Janet Nickolaus seconded the motion. Motion carried unanimously.**
- **MOTION: Anne Dean moved to approve Approval of Calendar Year 2022 Budget: Substance Abuse Block Grant. Jon Stroup seconded the motion. Motion carried unanimously.**

INFORMATIONAL ITEMS

➤ UPDATE ON NEW PROGRAMS

During the 2021 Legislative Session, a significant amount of funding was allocated to support new behavioral health programming. The majority of this new behavioral health funding is being managed by the Health Care Authority who is then contracting with BH-ASOs to develop regional programming.

Recovery Navigator Program

SB5476, which is the legislative response to State v. Blake decision, requires BH-ASOs to establish a Regional Recovery Navigator Program. The Recovery Navigator Program must provide community-based outreach, intake, assessment, and connection to services to youth and adults with substance use or co-occurring needs. SBH-ASO has named its Recovery Navigator Program the REAL Program (Recovery, Empowerment, Advocacy, and Linkage).

SBH-ASO is in the process of rolling out the REAL Program. This program provides in the field outreach and case management to individuals with substance use or co-occurring needs and may have frequent law enforcement contacts. This program is intended to provide support and diversion from further legal involvement for these individuals. The focus is on meeting individuals where they are at and providing peer support. The program is voluntary and driven by the individual. The program is harm-reduction focused and time delimited. The priority referral source is law enforcement, though community referrals will also be accepted.

SBH-ASO has been working with providers on the REAL Program roll out since late summer. The SBH-ASO plan was approved on November 1st. Since that time, agencies have been working diligently to get staffing in place. There are five teams across the region: Peninsula Behavioral Health and Reflections in Clallam County; Discovery

Behavioral Health in Jefferson County; and Agape and West Sound Treatment Center in Kitsap County. Each team includes a Project Manager, Outreach Coordinator/Care Manger, and Recovery Coaches. The teams will coordinate with law enforcement, existing navigator programs, and community members to provide support to individuals who have challenges accessing care in traditional settings.

Certified Peer Counselor Mobile Crisis Enhancement

Funding has been provided to add a Certified Peer Counselor (CPC) to existing Crisis teams. The CPC will be required to participate in crisis specific peer training that is being developed by DBHR. Crisis Peers may not provide the initial crisis response independently. This position may provide co-response with another crisis staff and/or peer services following a crisis event. Each of the four crisis teams across the region will add the role to their existing team.

Peer Transition from Incarceration Program

This program adds Peer services to the existing Jail Transitions Program. Peer services will be available to individuals who are exiting incarceration and up to 120 days post release. The Peer would be connected to the individual pre-release or at release to provide continuity of care through the return to community. The Peer Pathfinder will work with the individuals to bridge any barriers to returning to community. They can provide support tailored to the individuals' needs including access to community-based services, support with life skills, social support, and reintegration. They will assist the individuals with connecting to formal services as well as informal support based on individual needs and desires. The goal is to assist with transitions back to community and decrease recidivism.

Youth Mobile Crisis Team Expansion

Senate Bill 5092 appropriated funds to support the development and/or expansion of youth mobile crisis outreach teams. The bill requires that each BH-ASO region have at least 1 youth mobile crisis outreach team by June 30, 2022.

The Salish region does not currently have any mobile crisis outreach teams that only serve youth. Rather, each crisis team is responsible for serving all individuals in their assigned catchment area. This new team will be separate and distinct from current mobile crisis outreach teams. This new youth team will provide crisis outreach services and, when indicated, coordinate with existing crisis teams for involuntary treatment investigations.

Staff conducted an analysis of the number of youth served by mobile crisis and number of services rendered for the period of January 2020 – June 2021 for both Clallam and Kitsap Counties. The data reflected below suggests that only Kitsap County has the population and utilization to justify the cost of a youth mobile crisis team.

	Kitsap County	Clallam County
Jan-June 2020: Average # Youth Served	15	7
Jan-June 2020: Average # of Services	45	10
July-December 2020: Average # Youth Served	18	6
July-December 2020: Average # of Services	53	12
Jan-June 2021: Average # Youth Served	26	8
Jan-June 2021: Average # of Services	64	19

Staff estimates the cost of operating a 2-person youth mobile crisis outreach team in Kitsap County, 7 days a week between 7am-11pm, to be \$475,000. This equates to approximately 56% of the new annual funding allocated to expand youth mobile crisis outreach team capacity and aligns with Kitsap County's proportion of population in relation to Jefferson and Clallam Counties.

The remaining 44% of funding, approximately \$372,000 would then be added to Clallam and Jefferson County Crisis Providers compensation to add Child Mental Health Specialists to their mobile crisis outreach teams. Staff will present this plan to the Executive Board on December 10, 2021, prior to releasing an RFP for the Kitsap County Youth Mobile Crisis Outreach Team.

Co-Responder Program

Another new program that supports the behavioral crisis system is the Co-Responder Program. A small allocation of funds, \$100,000 per year, has been allocated to SBH-ASO to partner with law enforcement or other first responder agency (Fire/EMS) to pair a mental health professional and allow for co-response to emergency calls. SBH-ASO was prepared to release an RFP for these funds on 11/19/21 prior to receiving communication from the HCA on 11/18/21 that narrowed the entities that were eligible to submit a proposal.

Due to the number of new programs SBH-ASO is tasked with implementing over the next 6 months, Staff must proceed with implementing other new programs before returning to this program and developing a new plan.

Questions arose regarding R.E.A.L Program staffing positions of Program managers and recovery coaches specific to if they are all individuals with lived

experience. Discussion that there is no requirement that all staff are individuals with lived experience, however, the SBH-ASO advocates for this being a peer driven program. Noting that many of the staff that have been hired are individuals with lived experiences. Discussion of concerns and potential barriers regarding the requirement to only allow individuals with lived experience in these positions.

Discussion regarding liaison and coordination with housing and health, as well as other community resources. The R.E.A.L. Program staff will conduct a brief needs assessment to determine what the individual identifies as their need and that program staff will partner with them to access all resources available. The R.E.A.L. Program expectations are to empower and advocate for the individual and that will include housing and medications or any identified need.

Discussion regarding the SBH-ASO accountability for an individual's access to services and programs where they run up against challenges. The R.E.A.L. Program is a place to fill those gaps and help participants to navigate those challenges, while working with community resources and supports. Encouraged community participants to reach out if there are barriers or issues noted to the SBH-ASO.

Inquiry with regards to a Washington state contact regarding the Certified Peer Counselors (CPC), SBH-ASO staff identified Maureen "Mo" Bailey as the Health Care Authority (HCA) Peer Program contact.

During the discussion regarding Peer Transition from Incarceration Program, inquiry for other funding or programs focused on managing barriers for individuals with criminal histories accessing treatment, housing, and specifically employment. Discussed that there are programs and meetings at the state level focused on accessing these types of connections.

Inquiry regarding if SBH-ASO has information about the percentages of the youth utilizing crisis team services in relationship to the number of youth population in Kitsap County. Currently the SBH-ASO has identified the total number accessing crisis services.

Discussed the Youth Mobile Crisis Team expansion plan that will be presented to the SBH-ASO Executive Board next Friday, and that RFP will be released specific to Kitsap county to add a youth team. Both Clallam and Jefferson counties will receive additional allocations of funding to enhance existing crisis teams with child mental health specialists. Currently each of the counties have a Mobile Crisis Outreach Team and have access to a Child Mental Health Specialist (CMHS) for consultation and crisis coordination for youth crisis services. Noted concerns regarding the implementation of the Youth Mobile Crisis Team only in Kitsap and inquired about a way to collect information and share in comparison to Clallam and Jefferson counties without this type of program.

Noted that the numbers presented during the Youth Mobile Crisis Team discussion only represent those agencies and providers who are subcontracted with the SBH-ASO. Referencing that there are other youth crisis programs in the community that are not represented in these statistics.

➤ **UPDATE ON ADVISORY BOARD RECRUITMENT EFFORTS**

Per Advisory Board By-laws, membership is comprised of 3 representatives from each county and 2 Tribal Representatives. In order to have a quorum, a member from each of the 3 counties must be present. For this reason, staff focused its recruitment efforts first on Jefferson County, as there are 2 vacant Jefferson County seats.

During September and October 2021, Salish Staff performed Jefferson County outreach to recruit volunteers to serve on the SBH-ASO Advisory Board. Staff utilized web and print advertising, including the Port Townsend Leader, to reach Jefferson County residents. Staff also connected with several Jefferson County entities to disseminate the Advisory Board flyer to a broad audience, including:

- Brinnon School District
- Chimacum School District
- Quilcene School District
- Jefferson County NAMI
- Jefferson County Employees
- Recovery Café Port Townsend

➤ **2022 ADVISORY BOARD MEETING SCHEDULE**

Due to the amount of new behavioral health programs being planned and implemented, staff recommends increasing the frequency of Advisory Board Meetings in 2022. In 2022, Advisory Board Meetings will be scheduled every other month on the first Friday, from 10am-12pm.

- February 4, 2022
- April 1, 2022
- June 3, 2022
- August 5, 2022
- October 7, 2022
- December 2, 2022

PUBLIC COMMENT

- *G'Nell Ashley, Reflections, appreciates the opportunity to speak and participate in these discussions today. Shared her experiences with the SBH-ASO as a substance use treatment provider, and notes SBH-ASO as always reaching out to all agencies regarding opportunities for funding and being transparent with providers. Provided feedback on John Stroup's comments earlier regarding*

- *Kate Ingman, CHPW, shared her congratulations on the myriad of program presented today and is excited for all of them.*

GOOD OF THE ORDER

- ADD COMMENTS.

ADJOURNMENT – Consensus for adjournment at 12:07 p.m.

ATTENDANCE

BOARD MEMBERS	STAFF	GUESTS
Lois Hoell, SBH-ASO Advisory Board	Stephanie Lewis, SBH-ASO Administrator	Joe Roszak, KMHS Executive Director
Sandy Goodwick, SBH-ASO Advisory Board	Jolene Kron, SBH-ASO Deputy Administrator/Clinical Director	G'Nell Ashley, Reflections
Anne Dean, SBH-ASO Advisory Board	Doug Washburn, Human Services Director	Kate Ingman, CHPW
Janet Nickolaus, SBH-ASO Advisory Board	Martiann Lewis, SBH-ASO Care Manager	Lisa Rey Thomas, UW Addiction
Helen Havens, SBH-ASO Advisory Board	Nicole Oberg, SBH-ASO Program Specialist	Kim Hendrickson, City of Poulsbo and Department of Housing Health and Human Services
Jon Stroup, SBH-ASO Advisory Board		
Excused:		
None		

NOTE: These meeting notes are not verbatim.