

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: January 20, 2021

Time: 11:30am- 1:30pm **(11:00am for pre-meeting technical assistance)**

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624 **Password:** 98366

Phone Dial-in: 1 (253) 215-8782 **Meeting ID:** 360 337 5624 **Password:** 98366

A G E N D A

- 11:30am 1. Call To Order
- 11:45am 2. Introduce interested new members
3. Meeting Agenda Approval
4. December meeting notes (Attachment 1) - Approval
5. Council Member Report of Activities
- a. 1/10th Citizens Advisory Council- Charmaine Scott
- b. 2020-2021 SCOA Meetings- Karol Stevens
- c. Council Member Report of Community Outreach Advocacy (3 minutes)- reminder complete tracking form
- What did you do since the last meeting?
 - How many people were involved?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 12:30pm 6. w4a Legislative Activities
- January 25th – Pre-Advocacy Webinar, Noon
 - January 26-28, 2021 appointments (Attachment 2)
 - Pre-panning meeting?
 - Thank You Card
- 12:45 pm 7. 2021 Advisory Council Business
- 2021 Advisory Council Roster- no contact info (Attachment 3)
 - 2021 Workplan – draft (Attachment 4)
 - Retreat planning – date and time?
- 1:00pm 8. ALTC Report
- a. COVID updates
- Vaccine distribution
 - Community- based information
- b. Dashboard Report (Attachment 5)
- c. 2021 Advisory Council Calendar of Events (Attachment 6)
- 1:30pm ADJOURN

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

December 16, 2020 Aging Advisory Council Meeting Minutes**Zoom**

1. **Convened at 11:32 p.m.**
2. **Members Present:** Barbara Paul, Charmaine Scott, Shawn Gibbs, Steve McMurdo, Susan Kerr, Mari Van Court, Karol Stevens, Michaelene Manion.

Members Excused: Al Pinkham.

Members Unexcused: None.

Guests Present: Linette Zimmerman.

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: Linette and members of the Council exchanged introductions.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Mari made a motion to approve the agenda, Steve and Barbara seconded. Agenda approved. Stacey asked to include new information about the COVID-19 vaccine. It was approved.
4. **Approval of Minutes:**
 - Steve made a motion to approve the September and November meeting minutes. The motion was seconded by Charmaine. The minutes were approved.
5. **Council Member Report of Activities**
 - a. 1/10th Citizens Advisory Council Representative – Charmaine Scott
 - Charmaine explained that the 1/10th Citizens Advisory is working to finish their Strategic Plan. Their Council plans to have it completed and submitted in January.

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

b. 2020 SCOA Meetings – Karol Stevens

- Although the SCOA did not meet in December, Karol asked fellow SCOA members if they would be interested in starting a social isolation workgroup. There was interest and the group will begin meeting monthly. Karol informed the group that she has ordered Dementia Action Collaboration rack cards and will be mailing them to all Council Members. Lastly, Karol shared the book *Together: The Healing Power of Human Connection in a Sometimes Lonely World* written by the Vivek Murthy, former and returning Surgeon General of the United States.

c. Council Member Report of Community Outreach Advocacy

- Shawn has been brainstorming ways to serve seniors while her local senior center is closed.
- Steve was involved in interviewing potential council members and participated in the recent appointment with Senator Rolfes.
- Barbara participated in the recent appointment with Sen. Rolfes. Barbara also received the publications requested last month and explained that once she receives the rack cards from Karol she will be distributing them to her parish nurse, to share with the congregation, and her local fire station.
- Susan participated in the appointment with Sen. Rolfes and has reached out to a few other senators.
- Michaelene has been advocating for her son and his adult disabled home remotely. She explained that it has been difficult keeping communication open remotely while the home is understaffed and some staff members are lacking training. COVID-19 has exacerbated the issue. Michaelene has also spent time advocating for the COVID-19 relief bill.

6. Legislative Appointments

a. December 2020 Appointments

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- The appointment with Sen. Rolfes went very well. She shared the upcoming SEIU shared benefit settlement that will be paid through the biennial budget.
- The appointment with Sen. Randall has been rescheduled from Thursday at 8:30am to Friday at noon.
- An appointment with Representative Caldier has been scheduled for December 29th at 12:30pm. Stacey would like to use the same outline that was used for Sen. Rolfes appointment. Stacey briefly described the outline. Steve, Charmaine, and Susan have volunteered to attend.

b. January 27, 2021 Appointments

- Stacey explained that the w4a has identified January 28th as the prime day to make appointments with legislators, with the 27th and 29th being favorable days as well. In a typical year, appointments with legislators are short and very tightly scheduled. Virtual appointments are a benefit because they are easier to attend and schedule; this allows them to be longer and more spaced out. The w4a will publish a flyer with important issues to focus on. Additionally, Kary White Tudor will be hosting a w4a advocacy webinar on January 25th at noon. It will be especially important for those planning to speak at the appointments to attend the webinar.

7. 2021 Advisory Council business

- This year's holiday card and two versions of the Council's thank you card were reviewed. The Council approved the holiday card and chose their preferred thank you card. Cristiana will edit the thank you card to be more suitable for emailing.
- 2021 Elections: Mari, Stacey, and Steve had a meeting to discuss the elections. Mari also had a chance to discuss the elections with Al separately. Mari announced the nominees: Steve has been nominated as Chair and Barbara as co-chair. Both have accepted their nominations. Shawn was nominated for the

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

third position of the Executive Committee, if needed. The position was explained, and Shawn accepted the nomination. The Council took a vote and all were in favor.

- Many thanks were given to Mari who has been integral part of the Advisory Council.
- Retreat planning: 2021 Workplan. Stacey explained that the updated Workplan will be due in February. The Workplan is usually submitted early, but due to COVID-19 the Annual Retreat, an event scheduled to complete the Workplan, has been postponed. Charmaine suggested the Council return to this discussion at the January Council Meeting. Steve agrees. Mari suggested carrying forward last year's plan with a few changes, pointing out that the plan can always be modified and resubmitted later. Stacey will add 2021 Workplan discussion to next month's agenda.

8. ALTC Report

a. COVID Impacts

- Stacey informed the Council that there is no longer an income limit for those eligible to receive cloth face masks. Those who order them will receive two masks with care instructions. Stacey asked the Council to send names and addresses of anyone who may want them.
- Stacey explained some of the themes of calls received by Information & Assistance staff since the Stay Home, Stay Healthy order was enacted. In March and April, with AARP closed, many older adults called to find help with filing their taxes. That was followed by older adults looking for help to make sure their Social Security information was correct. Then there many people being affected by social isolation calling to find ways to connect with others. There have also been some eviction inquiries. It seems now that calls are going back to routine topics, such as in-home assistance, assistance with transportation to and from appointments, etc. Karol said one theme that she

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- has seen is the increased toll on family caregivers. She explained that even those who have access to respite care have difficulty decompressing because they have nowhere to go and no way to socialize. Mari explained that during her experience with her husband's hospice care earlier this year, the only assistance available was over the phone; there was no in-home assistance.
- Stacey provided some information regarding the new COVID-19 vaccine implementation. In Kitsap County there are 2,600 facility-based beds on any given day. This includes nursing homes, assisted living facilities, and adult family homes. Staff and residents will be some of the first to receive the vaccine. Pfizer's vaccine comes in packs of 980, and the vaccines are time and temperature sensitive. Public health officials have partnered with Walgreens and CVS to create mobile vaccine teams to provide vaccinations on site at the facilities. Most facilities have signed up and Retsil is expecting a call any day now.
 - Stacey went over some information provided at the recent Kitsap Public Health meeting. The amount of COVID-19 infections in Kitsap County is still too high for schools and restaurants to reopen. It was pointed out that the infections rate in our county went from 2000 to 3000 very quickly. Stacey informed the Council that there are three drive-up testing sites and described where they are and when they are operating. The increased number of community members being tested could be contributing the steep rise in known infection rates. Nonetheless, in the last 30 days 6.9% of tests have come back positive. There are currently 13 people admitted to St. Michaels with COVID-19; 12 are in the ICU. There are 27 ICU beds county wide. The naval hospital is not providing inpatient services at this time. So far 5 members of the St. Michael's staff have received COVID-19 vaccines, and they are hoping to receive more soon.
 - This week is first week that no new facilities have been added to the statewide list of those with infections present. Currently 35% of assisted living facilities

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

and 71% of skilled nursing facilities have COVID-19 infections. The state of Washington has created 6 rapid response teams that consist of 6 medical professionals to provide help to facilities who feel understaffed. The state is hoping to create 2 more teams before the end of the year.

- In-home care providers are the next priority. Letters will be sent to staff to inform them that they are included in this group. This will be followed by a letter of validation that can be used as a voucher to receive their vaccinations.

b. Dashboard Report

- Stacey summarized December's dashboard report.

c. 2021 Advisory Council Calendar of Events

- The Council reviewed and approved the 2021 calendar of events. Stacey will update the calendar to include January appointments.
- Stacey shared the 2020 Census appreciation message.

ADJOURNMENT

The meeting was adjourned at 1:07 p.m.

Steve McMurdo, Chair

**Kitsap Aging Advisory Council
Legislative Virtual Meetings
January 26-28, 2021**

Legislative Appointments

Name	Date	Time	Zoom Link	Comments
Senator Christine Rolfes (23rd): Linda Owens	1/27/2021	10:30-10:45am		Scheduled with LA, Linda Owens
*Senator Tim Sheldon (35th): Beverly Burnley	1/27/2021	1:30-1:14pm		Schedule with Suzette Cooper, 1/12/2021. * LMT to join
*Representative Michelle Caldier (26 th)	1/28/2021	12:15-12:30pm		Confirmed with Robert Lewis (LA) on 1/4/2021. * Sara Thompson (Pierce AAA) to join
Representative Tarra Simmons (23 rd)	1/28/2021	3:30-3:45pm		Scheduled with Shannon Turner on 1/4/2021. He will resend an updated zoom link after 1/11/2021
<i>Not Confirmed</i>				
Representative Drew Hansen (23 rd)				Sent email request 12/21/2020 & 1/12/2021
Representative Drew MacEwen (35 th)				Sent email request 12/21/2020 & 1/12/2021
Representative Dan Griffey (35 th)				Sent email request 12/21/2020 & 1/12/2021
Senator Emily Randell (26th)				Sent email request 12/21/2020 & 1/12/2021
Representative Jesse Young (26 th)				Sent email request 12/21/2020 & 1/12/2021

KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE
2021 Advisory Council Roster

Meets the Third Wednesday of each month, 11:30 a.m. – 1:30 p.m.

	MEMBER	DISTRICT	TERM	TERM #
1.	Gibbs, Shawn	District 1 LEG 23	10/2019 – 12/2021	1
2.	McMurdo, Steve Chair	District 1 LEG 23	10/2019 – 12/2021	1
3.	Paul, Barbara Vice-Chair	District 1 LEG23	12/2018 – 12/2021	1
4.	Stevens, Karol	District 1 at large LEG 26	01/2021 – 12/2023	2
5.	Manion, Michaelene	District 2 LEG 26	01/2019 – 12/2021	4
6.	Scott, Charmaine	District 2 at large LEG 26	01/2019 – 12/2021	1
7.	Zimmerman, Linette	District 2 LEG 26	01/2021 – 12/2023	1
8.		District 2 LEG		1
9.	Kerr, Susan	District 3 LEG 26	03/2020 – 12/2022	1
10.	Pinkham Jr., Alfred D.	District 3 LEG 23	01/2019 – 12/2021	4
11.		District 3 LEG		1

Nominating committee: Steve McMurdo, Barbara Paul

Executive committee: Steve McMurdo, Barbara Paul, Shawn Gibbs

Contact person for information: Stacey Smith: sasmith@co.kitsap.wa.us
 Cristiana Fillion: cfillion@co.kitsap.wa.us

County District 1
(orange)

County District 2
(blue)

County District 3
(green)



KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL 2021 WORK PLAN

Meeting Days, Time and Location: Third Wednesdays of Each Month
11:30 pm – 1:30 pm
Zoom virtual meetings

Advisory Council Staff: Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant

Advisory Council Chair: Steve McMurdo

Advisory Council Purpose/Mission Statement: The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

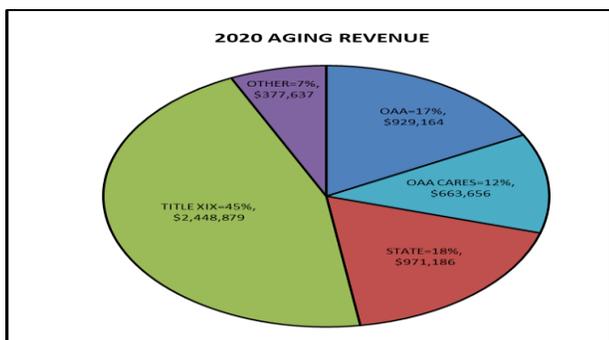
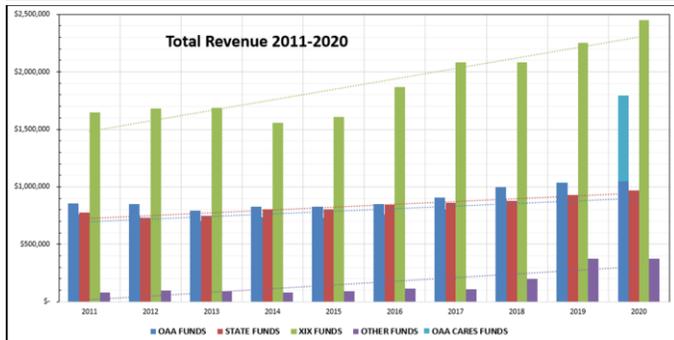
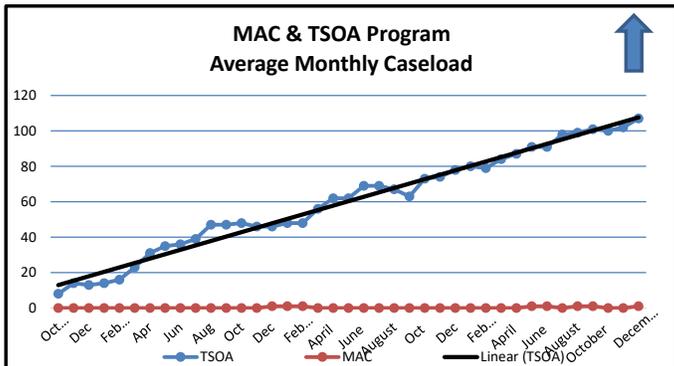
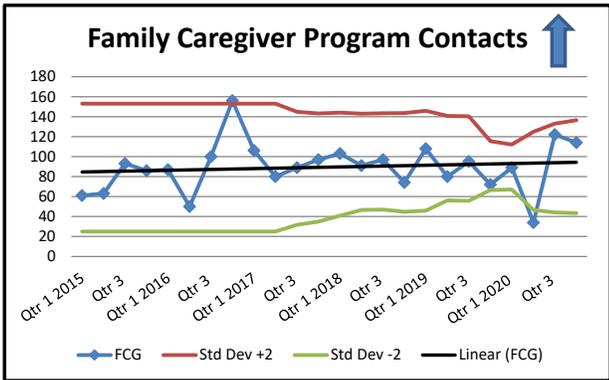
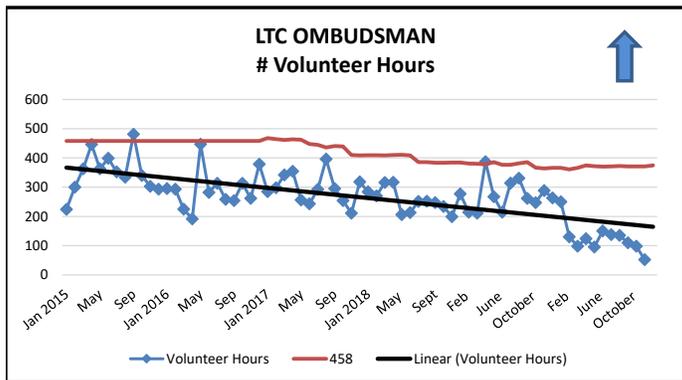
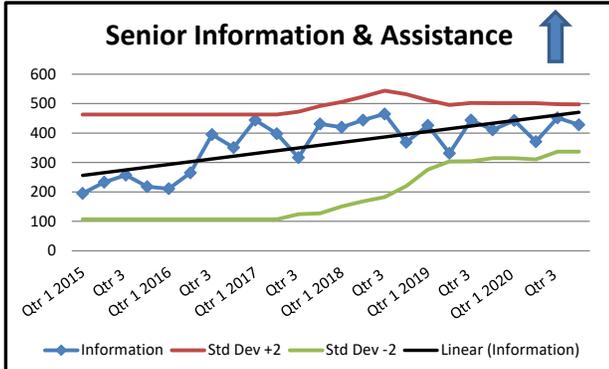
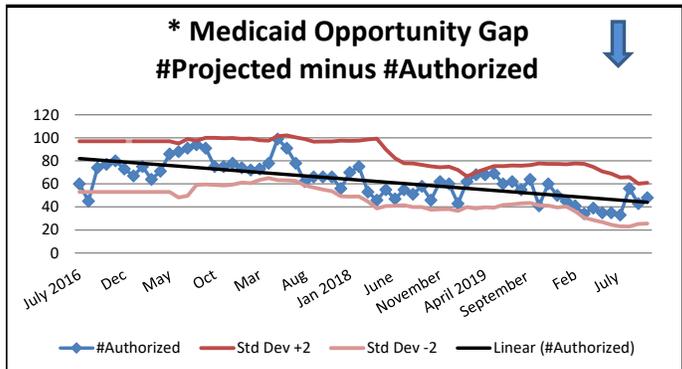
The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being of older adults and adults with disabilities.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services;
- Removal of individual and social barriers to economic and personal independence;
- Prevention of unnecessary or premature institutionalization;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition and health promotion and disease prevention education and activities;
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2021 Goal	Status	Priority Level	Comments/Coordination
TIER 1: HIGH PRIORITY			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community based organization to link/attend. Measure: a. Council members will report outreach activities at each Council meeting, staff will document events in Council meeting minutes and volunteer hours. b. Develop Dashboard metric to track outreach activities c. Review Call Volume reports to identify trends and needs
2. Continue to strengthen the Advisory Council's relationship with state, national and <i>with emphasis to the local elected officials</i> as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions. Measure: Advocacy activities are reported during monthly Council meetings and reflected in meeting minutes.
3. Due to threats of reduced Federal funding and increased staff costs, explore opportunities to increase revenue and expand community-based programs.	Ongoing	High	Measure: a. Monthly reporting of advocacy activities. b. Update dashboard revenue graph, as revenue – or +.
4. COVID related: Identify strategies for increased older adult social isolation	New	High	Measure: Review and identify strategies for safe social connections for older adults and their caregivers.
TIER 2: MODERATE PRIORITY			
Formalize an Advisory Council Development Plan for member recruitment and target skill sets.	Ongoing	High	Council may utilize a Council Subcommittee to assist in Board Development efforts. Measure: a. Council will complete a Development Plan. Council will develop and complete a Skills Inventory of current members.
TIER 3: LOW PRIORITY			
None			
GOALS ON HOLD			
None			
GOALS COMPLETED OR DELETED			
Older Adults participation in the 2020 Census and elections; assist with community education.	Completed	High	2020 Census and elections are key to funding local programs. Council members actively participated in 2020 Census trainings and registering voter events (LWV).

Aging & Long Term Care Advisory Council Dashboard- January 2021



* Medicaid Opportunity Gap: July 2020- Decreased allocation to 1005

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - January 2021: Statewide restricted opening due to Winter spikes

Trends:

Planning for legislative advocacy for biennial budget

Kitsap Aging staff working remotely, virtual workshops

Special Outreach Activities- cancelled due to COVID-19

2021 Project Connect cancelled

2021 Point in Time Count cancelled

Routine Community Outreach Activities- cancelled due to COVID-19 (since March 2020)

2021 Advisory Council Meetings & Activities

January 11

WA Legislator Begins (no events)

January 20

* Advisory Council from 11:30am- 1:30pm

January 25

* **W4A Pre-Lobby Day Webinar (zoom)**

<https://us02web.zoom.us/j/86999173617?pwd=QUZnQjVga2hsNHFlb1I5RUlxb243Zz09>

call in: 1-253-215-8782 Meeting ID: 869 9917 3617 Passcode: 549435

January 26-28

* W4A Senior Lobby Day- All Day

February 17

* Advisory Council from 11:30am- 1:30pm

February 18

* Spring Senior Lobby Conference

March 17

* Advisory Council from 11:30am- 1:30pm

April 21

~~Advisory Council from 11:30am- 1:30pm~~

April TBD

* County Volunteer Recognition Event

May 19

* Advisory Council from 11:30am- 1:30pm

May TBD

* May Older Adults Virtual Events

June 16

* Advisory Council from 11:30am- 1:30pm

July 21

~~Advisory Council from 11:30am- 1:30pm~~

August 18

* Advisory Council from 11:30am- 1:30pm

September 15

* Advisory Council from 11:30am- 1:30pm

October 20

* AAA & State Council on Aging Conference

October 21

* 2021 Fall Senior Lobby Conference

November TBD

* Fall Caregiver Conference

November 17

* Advisory Council from 11:30am-1:30pm

December 15

* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in person meetings: (South Kitsap) Cascade Room, Givens Community Center

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: February 17, 2021

Time: 11:30am- 1:30pm (11:00am for pre-meeting technical assistance)

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
- 11:45am 2. Introduce interested new members
3. Meeting Agenda Approval
4. January meeting notes (Attachment 1) - Approval
5. Council Member Report of Activities
- a. 1/10th Citizens Advisory Council- Charmaine Scott
 - b. 2020-2021 SCOA Meetings- Karol Stevens
 - c. Council Member Report of Community Outreach Advocacy (3 minutes)- reminder complete tracking form
 - What did you do since the last meeting?
 - How many people were involved?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:00pm 5. w4a Legislative Activities, next steps
- Discuss January Legislative visits
 - Cancelled Spring Senior Lobby Conference
 - Senior Bills of Interest – weekly updates (Attachment 2)
- 1:00 pm 6. 2021 Advisory Council Business
- Council vacancy
 - Aging Advisory Council Roster (Attachment 3)
 - March 17th Retreat planning – review draft agenda (Attachment 4)
- 1:00pm 7. ALTC Report
- a. COVID updates
 - Vaccine distribution
 - Community- based information
 - b. Dashboard Report (Attachment 5)
 - c. 2021 Advisory Council Calendar of Events (Attachment 6)
- 1:30pm ADJOURN

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

January 20, 2021 Aging Advisory Council Meeting Minutes**Zoom**

1. **Convened at 11:33 p.m.**
2. **Members Present:** Barbara Paul, Charmaine Scott, Shawn Gibbs, Steve McMurdo, Susan Kerr, Karol Stevens, Linette Zimmerman, Al Pinkham.

Members Excused: None.

Members Unexcused: Michaelene Manion.

Guests Present: Elizabeth Safsten.

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: Elizabeth introduced herself to the Council. Congratulations were given to Linette for being appointed as the newest member of the Council, to Karol for being reappointed to the Council, and to Stacey for being appointed to the Kitsap County Planning Commission.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Karol made a motion to approve the agenda. Barbara seconded and the agenda was approved.
4. **Approval of Minutes:**
 - Charmaine made a motion to approve the December meeting minutes. The motion was seconded by Barbara. The minutes were approved.
5. **Council Member Report of Activities**
 - a. 1/10th Citizens Advisory Council Representative – Charmaine Scott
 - Charmaine explained that the 1/10th Citizens Advisory Council is working to finish their Strategic Plan. She is the newly elected Chair. Once completed, the plan will go to the County Commissioners for final approval. The 1/10th Citizens Advisory Council is creating a new Request for Proposal Committee that will

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

be developing new questions for the next public survey. The Council has one open position.

b. 2020-2021 SCOA Meetings – Karol Stevens

- Although the SCOA did not meet in December, the newly established Social Engagement Workgroup did meet. Some of the topics discussed by the workgroup include creating a “Broadband for All” initiative, the Grandpad, and the possibility of starting a TV campaign to inform viewers how to access the COVID-19 vaccine. The workgroup will be meeting again next week.

c. Council Member Report of Community Outreach Advocacy

- Al received his COVID-19 vaccination last Tuesday and will receive the second dose in early February. Al described some side effects he experienced after getting the vaccination and warned that if you have seniors that are getting the vaccine, they should be monitored. Al reported that PCHS has opened a new vaccination site at the Gateway Center. Those who are 65 and older can go to the PCHS website to schedule appointments, and those who do not have internet access can call the clinic. Al also reported that the behavioral health specialists at PCHS have been overwhelmed with patients, and that the Knights of Columbus, who normally have one food drive per year, have had five in the past year.
- Barbara received a report from an RN friend that describes COVID-19 and how vaccinations work in layman’s terms. Barbara forwarded the report to her parish nurse for those who may be hesitant to receive the vaccine. She will forward the report to the council as well. Barbara also attended the recent legislative appointments.
- In addition to her work with the 1/10th Citizens Advisory Committee, Charmaine attended the recent legislative appointments. Susan also attended the recent legislative appointments. Susan informed the Council that there is a vaccine hesitancy class for Individual Providers (IPs) that she will be completing online.

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- Shawn attended the recent legislative appointments. Shawn has been having one-on-one conversations with members of her community about COVID-19 vaccine misinformation. She has also been spreading the word about the free masks being distributed by the Aging and Long Term Care division office, but many are hesitant to share their names and addresses in order to receive the masks.
- Karol explained that her husband recently received the Pfizer vaccines with minor side effects; there have been three infections in her community. In addition to meeting with the new Social Isolation Workgroup, Karol also attended the recent legislative appointments.
- Linette attended a recent Town Hall hosted by Sen. Emily Randall. She has also been trying to reach out to stakeholders like Meals on Wheels Kitsap. She learned they have recently developed a “Phone Friends” program. Linette asked the Council if there is a list of providers that she can introduce herself to. Steve suggested that Linette reach out to her fellow Soroptimists. Stacey explained that the ALTC has contact with many of Kitsap County’s stakeholders, and many of them are subcontracted through the division. She shared bridge picture and Linette thinks her neighborhood will be a good place to start.
- Steve had a discussion with a receptionist regarding her concerns with her parents’ assisted living facility. Steve suggested he may be able to be a bridge between her and the facility. Steve also attended the legislative appointments.

6. w4a Legislative Activities

- January 25 – Pre-Advocacy Webinar: Stacey explained that those planning to join the upcoming legislative appointments on Wednesday and Thursday need to attend the Pre-Advocacy Webinar. The Webinar will provide a broad overview of Area Agencies on Aging, the messages that need to be conveyed at the legislative appointments, and priority areas. Stacey explained that the legislative

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

appointments will be 15 minutes long. There will be a quick introduction, Stacey will give a thank you for their support and explain why continued funding is needed, then a Council member will provide story. Stacey is hoping to touch on all priorities, but that may not be possible given the time limit. Stacey will send out both a Zoom meeting invitation and an email.

- January 26-28, 2021 Appointments: On the 27th the Council will first meet with Linda Owens, assistant to Sen. Christine Rolfes, then Beverly Burnley, assistant to Sen. Tim Sheldon. On the 28th the Council will meet with Rep. Michelle Caldier. Sara Thompson, an Advisory Council Member from the Peirce County Area Agency on Aging will also be in attendance. Finally, the Council will meet with the recently appointed Rep. Tarra Simmons. Stacey start with introductions- Council members in alphabetical order- and then explain the importance of preserving funding. Stacey suggested choosing one of the three stories told during December's legislative meetings and asked if there was one story that Council members preferred. Barbara liked Steve's story. With Steve telling the story, Stacey suggested that another council member talk through other four "asks". Barbara volunteered to do the "asks" and Stacey will then provide details. Stacey will send out email with all Zoom links.
- Stacey shared the updated Thank You card.

7. 2021 Advisory Council business

- Stacey shared the 2021 Advisory Council Roster.
- Stacey shared the 2021 Workplan Draft. The workplan was updated with Steve added as Chair, as well as the removal of the census work goal and creation of a goal regarding senior isolation. Member recruitment has been changed to moderate priority. Stacey asked if the Council if they would like to submit the draft and finalize the workplan during the retreat. Steve suggested adding a goal regarding vaccine importance. Stacey will add a goal under "COVID related".

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- The Council discussed the upcoming retreat. The retreat will take place in March. Stacey asked how long the Council would like the meeting to last. Charmaine suggested starting the meeting at 10am. Karol suggested blocking 3 hours for a condensed retreat. Barbara agreed. Stacey would like to plan the agenda during February's meeting.

8. ALTC Report

a. COVID Updates

- Stacey shared the "Washington's COVID-19 Vaccine Phases" infographic and gave a brief overview. She will forward the flyer to the Council. The Council discussed the FindYourPhaseWA website. I&A has received several calls with concerns about vaccination appointment availability. Stacey informed the Council that Tuesday is the best time to schedule an appointment, when dosage availability is updated.

b. Dashboard Report

- Stacey summarized January's dashboard report. With the increase in TSOA clients, a new Case Manager will need to be recruited this year.

c. The 2021 Advisory Council Calendar of Events was reviewed.

ADJOURNMENT

The meeting was adjourned at 1:27 p.m.

Steve McMurdo, Chair

**LEGISLATIVE BILL TRACKING 2021**

Bill Number	Subject	Sponsor	LTCOP Position	Comments	Current Status
HB 1072	Removing only one of the restrictions on the use of civil legal aid funds.	Lekanoff			2/1 - Referred to Rules 2 Review.
HB 1110	Concerning the composition of local boards of health.	Riccelli			1/25 - Public hearing in the House Committee on Health Care & Wellness. (Committee Materials)
HB 1120	Concerning state of emergency operations impacting long-term services and supports.	Tharinger			2/5 - Third reading, passed; yeas, 58; nays, 38; absent, 0; excused, 2. (View 1st Engrossed) (View Roll Calls)
HB 1124	Concerning nurse delegation of glucose monitoring, glucose testing, and insulin injections.	Cody			In the Senate 2/5 - First reading, referred to Health & Long Term Care.
HB 1127	Protecting the privacy and security of COVID-19 health data collected by entities other than public health agencies, health care providers, and health care facilities.	Slatter	Support	Requested Modification	2/10 - Scheduled for executive session in the House Committee on Health Care & Wellness at 8:00 AM (Subject to change). (Committee Materials)
HB 1147	Creating the Washington state office of resiliency.	Ryu			2/10 - Scheduled for executive session in the House Committee on Community & Economic Development at 10:00 AM (Subject to change). (Committee Materials)

HB 1148	Protecting patients in acute care hospitals.	Cody			*2/11 - Scheduled for executive session in the House Committee on Appropriations at 3:30 PM (Subject to change). (Committee Materials)
HB 1152	Supporting measures to create comprehensive public health districts.	Riccelli	Support	Companion Bill SB 5173	2/10 - Scheduled for executive session in the House Committee on Health Care & Wellness at 8:00 AM (Subject to change). (Committee Materials)
HB 1197	Concerning health care decisions made by a designated person.	Riccelli	Other		2/2 - Referred to Rules 2 Review
HB 1201	Funding foundational public health services.	Riccelli		Companion Bill SB 5149	1/14 - First reading, referred to Finance. (View Original Bill)
HB 1218	Improving health, safety, and quality of life for residents in long-term care facilities.	Bateman	Support		2/10 - Scheduled for executive session in the House Committee on Health Care & Wellness at 8:00 AM (Subject to change). (Committee Materials)
HB 1236	Protecting residential tenants from the beginning to end of their tenancies by penalizing the inclusion of unlawful lease provisions and limiting the reasons for eviction, refusal to continue, and termination.	Macri			*2/5 - Minority; do not pass. (Minority Report)
HB 1275	Concerning nursing facility medicaid rate rebasing, inflation, and case mix.	Schmick	Support		1/26 - Public hearing in the House Committee on Appropriation. (Committee Materials)
HB 1323	Concerning the long-term services and supports trust program.	Tharinger			2/10 - Scheduled for executive session in the House Committee on Health Care & Wellness at 8:00 AM (Subject to change). (Committee Materials)

HB 1460	Closing the digital divide by establishing excise taxes on telecommunications services to fund the expansion of the universal service programs in Washington.	Gregerson		Support	2/8 - Scheduled for public hearing in the House Committee on Finance. (Committee Materials)
SB 5115	Establishing health emergency labor standards.	Keiser			1/18 - Public hearing in the Senate Committee on Labor, Commerce & Tribal Affairs. (Committee Materials)
SB 5149	Funding foundational public health services.	Robinson		Companion Bill: HB 1201	1/27 - Public hearing in the Senate Committee on Health & Long Term Care. (Committee Materials)
SB 5169	Concerning provider reimbursement for personal protective equipment during the state of emergency related to COVID-19.	Frockt	Other		2/5 - Placed on second reading by Rules Committee.
SB 5173	Supporting measures to create comprehensive public health districts.	Robinson		Companion Bill HB 1152	1/12 - First reading, referred to Health & Long Term Care. (View Original Bill)
SB 5185	Concerning capacity to provide informed consent for health care decisions.	Pedersen	Support		1/29 - Passed to Rules Committee for second reading.
SB 5213	Clarifying the authority and role of the office of developmental disabilities ombuds.	Nguyen	Support		1/29 - Public hearing in the Senate Committee on Health & Long Term Care. (Committee Materials)
SB 5229	Concerning health equity continuing education for health care professionals.	Randall	Support		*2/8 – Passed to Rules Committee for second reading.

SB 5247	Concerning the multistate nurse licensure compact.	Padden			1/18 - First reading, referred to Health & Long Term Care. (View Original Bill)
SB 5294	Concerning the creation of statewide epidemic preparedness and response guidelines for long-term care facilities.	Cleveland			2/9 - Scheduled for public hearing in the Senate Committee on Ways & Means at 4:00 PM (Subject to change). (Committee Materials)
SB 5302	Establishing a personal protective equipment vendor database.	Cleveland	Other		2/1 - Referred to Ways & Means.
SB 5311	Adjusting the skilled nursing medicaid rate methodology.	Rivers			*2/8 - Referred to Ways & Means.
SB 5335	Concerning the acquisition of health care facilities.	Randall			1/22 - First reading, referred to Health & Long Term Care. (View Original Bill)

Other Bills of Interest

Bill Number	Subject	Sponsor	LTCOP Position	Comments	Current Status
HB 1212	Promoting the fair servicing and repair of digital electronic products to increase access to appropriate and affordable digital products, support small businesses and jobs, and enhance digital connectivity in Washington state.	Gregerson			2/4 - Scheduled for executive session in the House Committee on Consumer Protection & Business. (Committee Materials)
HB 1336	Creating and expanding unrestricted authority for public entities to provide telecommunications services to end users.	Hansen			*2/8 - Referred to Rules 2 Review.
HB 1450	Procuring, and supporting the use of, appropriate computers and devices for public school students and instructional staff by levying a tax on wireless devices.	Gregerson			2/12 - Scheduled for executive session in the House Committee on Education at 10:00 AM (Subject to change). (Committee Materials)
SB 5175	Concerning the authority of the community economic revitalization board.	Nguyen			2/11 - Scheduled for public hearing in the Senate Committee on Ways & Means at 4:00 PM (Subject to change). (Committee Materials)
SB 5242	Supporting media literacy and digital citizenship.	Liias			2/4 - Referred to Ways & Means.

* Changes from previous report

KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE
2021 Advisory Council Roster

Meets the Third Wednesday of each month, 11:30 a.m. – 1:30 p.m.

	MEMBER	DISTRICT	TERM	TERM #
1.	Gibbs, Shawn	District 1 LEG 23	10/2019 – 12/2021	1
2.	McMurdo, Steve Chair	District 1 LEG 23	10/2019 – 12/2021	1
3.	Paul, Barbara Vice Chair	District 1 LEG 23	12/2018 – 12/2021	1
4.	Stevens, Karol	District 1 at large LEG 26	01/2021 – 12/2023	2
5.	Manion, Michaelene	District 2 LEG 26	01/2019 – 12/2021	4
6.	Safsten, Elizabeth	District 2 LEG 26	01/2021 – 12/2023	1
7.	Scott, Charmaine	District 2 at large LEG 26	01/2019 – 12/2021	1
8.	Zimmerman, Linette	District 2 LEG 26	01/2021 – 12/2023	1
9.	Kerr, Susan	District 3 LEG 26	03/2020 – 12/2022	1
10.	Pinkham Jr., Alfred D.	District 3 LEG 23	01/2019 – 12/2021	4
11.		District 3 LEG		1

Nominating committee: Steve McMurdo, Barbara Paul

Executive committee: Steve McMurdo, Barbara Paul, Shawn Gibbs

Contact person for information: Stacey Smith: sasmith@co.kitsap.wa.us

Cristiana Fillion: cfillion@co.kitsap.wa.us

County District 1
(orange)

County District 2
(blue)

County District 3
(green)

Kitsap County Division of Aging & Long Term Care Advisory Council

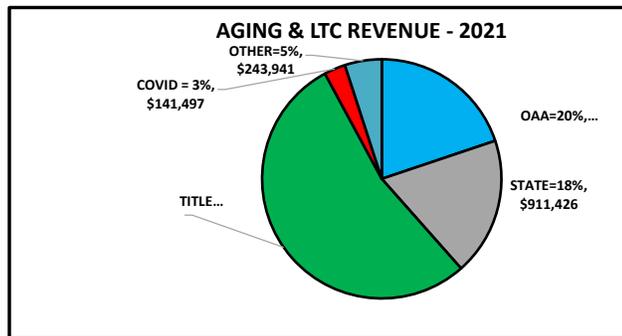
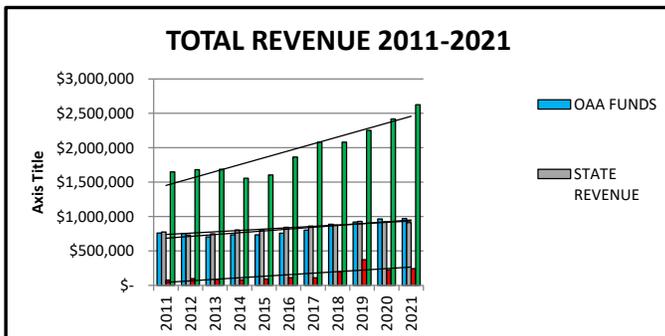
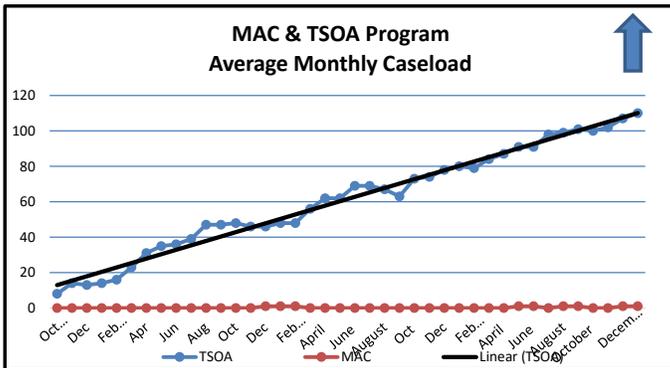
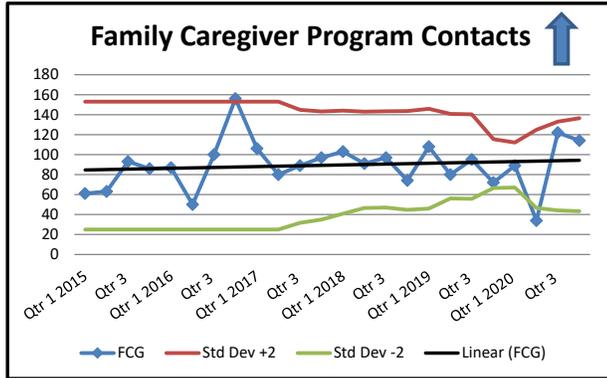
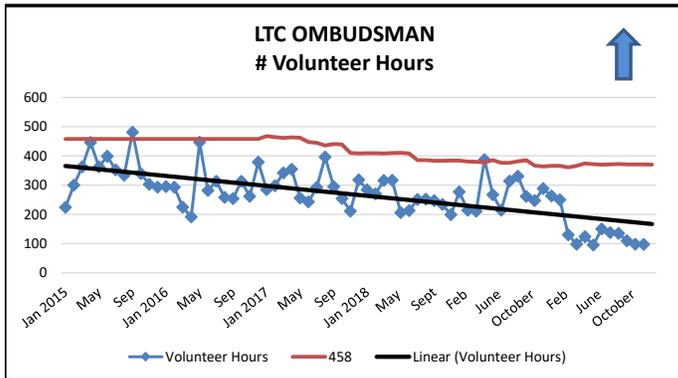
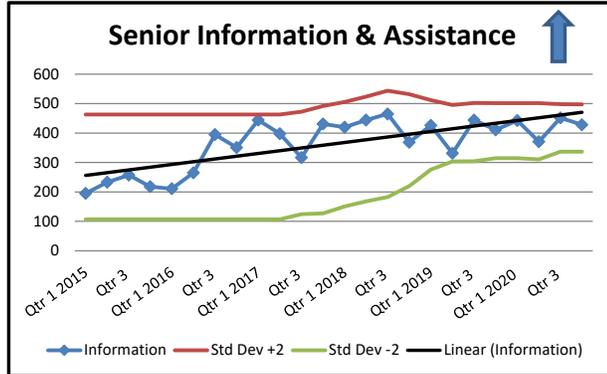
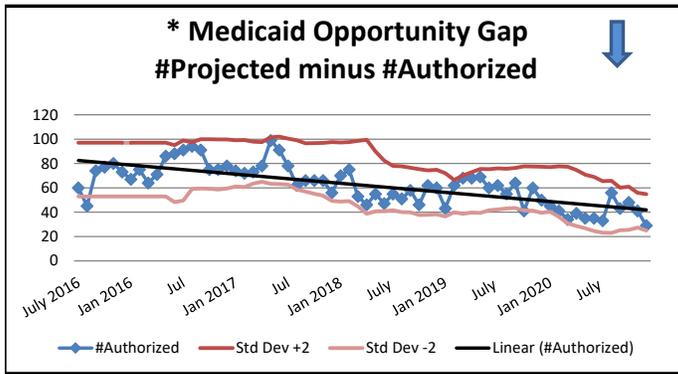
614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council**Annual Strategic Planning Session****Date:** March 17, 2021**Time:** 10:00 am – 1:30 pm**Virtual Meeting Link:** Please click the link below to join the webinar:**Meeting ID:** **Password:****Phone Dial-in:** **Meeting ID:** **Password:**

-
1. Introduction of members (brief 3 minutes) – Council Roster (Attachment 1)
 2. Discuss Objectives for Retreat
 - a. 2021 Strategic Planning
 - b. Commitment to Action
 3. 2021 Aging Advisory Council Workplan (Attachment 2)
 - a. Community Bridging
 - b. Elevator Speech
 - c. Responsibility as members of council, shared focus and membership commitment
 4. Data and Benchmarking
 - a. Review 2020 I&A Call Volume Report (Attachment 3)
 - How can we use this information to shape Council work this coming year?
 - Discuss Dashboard Board indicators
 5. Council Business
 - a. Targeted membership to fill Council Roster gaps
 - b. Orientation to services- schedule
 - c. Other items?
 6. Closing

Aging & Long Term Care Advisory Council Dashboard- February 2021



* Medicaid Opportunity Gap: July 2020- Decreased allocation to 1005

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - January 2021: Statewide restricted opening due to Winter spikes

Trends:

Planning for legislative advocacy for biennial budget

Kitsap Aging staff working remotely, virtual workshops

Special Outreach Activities- cancelled due to COVID-19

2021 Project Connect cancelled

2021 Point in Time Count cancelled

Routine Community Outreach Activities- cancelled due to COVID-19 (since March 2020)

2021 Advisory Council Meetings & Activities

January 11	WA Legislature Begins (no events)
January 20	*Advisory Council from 11:30am- 1:30pm
January 25	W4A Pre-Lobby Day Webinar (zoom)
January 26- 28	*W4A Senior Lobby Days- All Day
February 17	*Advisory Council from 11:30am- 1:30pm
February 18	* Spring Senior Lobby Conference
March 17	* Advisory Council Retreat (new time)
April 21	Advisory Council from 11:30am- 1:30pm
April TBD	County Volunteer Recognition Event
May 19	* Advisory Council from 11:30am- 1:30pm
May TBD	* May Older Adults Virtual Events
June 16	* Advisory Council from 11:30am- 1:30pm
July 21	Advisory Council from 11:30am- 1:30pm
August 18	* Advisory Council from 11:30am- 1:30pm
September 15	* Advisory Council from 11:30am- 1:30pm
October 20	* 2021 AAA & State Council on Aging (SCOA) Conference
October 21	* 2021 Fall Senior Lobby Conference
November TBD	* Fall Caregiver Conference
November 17	* Advisory Council from 11:30am-1:30pm
December 15	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in person meetings: (South Kitsap) Cascade Room, Givens Community Center

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: May 19, 2021

Time: 11:30am- 1:30pm (11:15am for pre-meeting technical assistance)

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
- 11:45am 2. Introduce interested new members
3. Meeting Agenda Approval
4. February meeting notes (Attachment 1) - Approval
- 12:00pm 5. Puget Sound Regional Council – Transportation subcommittee presentation & survey,
Kim Pearsons
- 12:35pm 6. Council Member Report of Activities- Outreach form (Attachment 2)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
- b. 2020-2021 SCOA Meetings- Karol Stevens
- c. Council Member Report of Community Outreach Advocacy (3 minutes)- reminder complete tracking form
- What did you do since the last meeting?
 - How many people were involved?
 - Brief Overview
 - Are there any items requiring action from the Council?
- d. Elevator Speech- suggested revisions
- I'm on the Advisory Council because the Department of Aging and Long Term Care is dedicated to helping people remain independent and connected as they age. I want to help my community support its members in the same way – in all age groups. (Karol)*
- 1:15pm 8. ALTC Report
- a. w4a WA legislative budget: "WIN WIN" (handout)
- b. Area Plan Update Presentation- next meeting
- c. COVID updates
- d. Dashboard Report (Attachment 3) - added new ethnicity metric
- e. 2021 Advisory Council Calendar of Events (Attachment 4)
- June meeting – 2 presentations
- 1:30pm ADJOURN

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

February 17, 2021 Aging Advisory Council Meeting Minutes

Zoom

1. **Convened at 11:31 p.m.**
2. **Members Present:** Barbara Paul, Charmaine Scott, Shawn Gibbs, Steve McMurdo, Susan Kerr, Karol Stevens, Linette Zimmerman, Elizabeth Safsten.

Members Excused: Al Pinkham.

Members Unexcused: Michaelene Manion.

Guests Present: None.

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: None.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Karol made a motion to approve the agenda. Shawn seconded and the agenda was approved.
4. **Approval of Minutes:**
 - Charmaine made a motion to approve the January meeting minutes. The motion was seconded by Linette. The minutes were approved.
5. **Council Member Report of Activities**
 - a. 1/10th Citizens Advisory Council Representative – Charmaine Scott
 - Charmaine explained that the 1/10th Citizens Advisory Council is taking their Request for Proposal (RFP) to the County Commissioners this month. Charmaine is now chairing the RFP Committee and they have decided to rework the next year's RFP to better align with the Strategic Plan.
 - b. 2020-2021 SCOA Meetings – Karol Stevens
 - At the most recent SCOA meeting there was lot of discussion about vaccine

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

distribution. Vaccine supply has been an issue. A DSHS staffer for the State Council forwarded questions and concerns to the Department of Health (DOH). The topics discussed included help for those who do not have access to the internet and making access to appointments easier for those that speak foreign languages. The DOH described issues with allocation and supply and explained that more advanced noticed from the Federal government would make for better planning. DSHS is also working to help adult family homes that have not been able to register.

The Social Isolation Workgroup has been working on a policy can help communities better engage those older adults who are isolated. They discussed social infrastructure and how environments can encourage or discourage interaction.

c. Council Member Report of Community Outreach Advocacy

- Karol has been reading up on social isolation and working with the SCOA and their new subcommittee. She is also planning to join the Medical Reserves.
- Charmaine has been busy working with 1/10 Citizens Advisory Council.
- Linette used a neighborhood communication group to introduce herself. The post received several “likes”. Linette was able to help a retired neighbor request masks through Stacey. She also reached out to the local Soroptimist International group. In lieu of attending legislative appointments, Linette sent advocacy emails.
- Shawn distributed 15-20 free Wi-Fi location (hot spot) flyers. She also shared articles with members of her network from the Washington Post and the Atlantic regarding declining COVID-19 cases and remaining concerns. Shawn is also considering joining Nextdoor.

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- Barbara's neighborhood has a Zoom meeting scheduled and she plans to mention the free masks being offered by the Division of Aging and Long Term Care (ALTC).
- Elizabeth posted the free Wi-Fi flyer on the "Fans of Olalla", Port Orchard, and a "Free Stuff" Facebook groups. Elizabeth volunteered to make chart outlining Advisory Council members and their networks.
- Susan informed several neighbors about the free masks being offered by the ALTC and reached out to legislators. She is also considering joining Nextdoor.
- Aside from legislative appointments, Steve has taken online classes hosted by the American Bar Association. These classes were focused on the legal aspects of contracting with long-term care facilities, as well as the types of documents needed (and their applicable laws) when helping someone enter a long-term care facility. Steve has also been sharing vaccine appointment information on social media.

6. w4a Legislative Activities

- Stacey described the legislative sessions, which went very well. Stacey sent "Sorry We Missed You" emails outlining priorities to those legislators that were not able to meet with the Council. Almost all emailed back and said they would like to meet in the future.
- The House and Senate agreed that they can only send out a maximum of seven bills. All policy bills were put forward by Monday, and fiscal bills are due on Monday the 22nd. The March revenue forecast will be released soon. This will determine what and how things will be funded. All the legislators that met with the Council supported maintaining services for older adults, so the council is feeling hopeful that services will not be affected. The Council agreed that they would like to be signed up for the n4a's newsletter.

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- The n4a has cancelled the Spring Lobby. Walt Bowen is preparing to retire and had difficulty with the last Fall Conference. Stacey is hopeful that the next president will be able to support this year's Fall Conference.
- Stacey went over the Legislative Bill Tracking 2021 sheet. The document is used by Ombuds to track issues related to long-term care and adult family homes. Each bill has a live tracking link. Stacey will send email updates to the Council.

7. 2021 Advisory Council Business

- Council Vacancy – The Council discussed the current vacancy. Stacey shared the roster and explained that the recruitment is for District 3. A more detailed roster will be shared at the upcoming retreat.
- Retreat Planning – Stacey shared the draft agenda and gave an overview. The Council discussed topics that could be added to the agenda. Elizabeth suggested discussing Council members' target areas and networks. Susan suggested moving 3.c "Responsibility as members of council, shared focus and membership commitment" above 3.a. "Community Bridging". Charmaine suggested setting time limits on agenda items. Stacey will add scheduled breaks to the agenda. Stacey, Steve, and Barbara will finalize the agenda.

8. ALTC Report

a. COVID Updates

- Stacey shared vaccine updates. Kitsap Public Health may work with the ALTC division and four other Human Services divisions to schedule vaccine appointments and manage calls.

b. Dashboard Report

- Stacey summarized the February dashboard report. A revenue section was added. Stacey would like to discuss what should be added in place of Health Homes during the upcoming retreat.

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

c. The 2021 Advisory Council Calendar of Events

- The calendar was reviewed. April's County Volunteer Recognition Event has been cancelled

ADJOURNMENT

The meeting was adjourned at 1:30 p.m.

Steve McMurdo, Chair

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event (if applicable):	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

3. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Act | | | |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

4. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

5. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

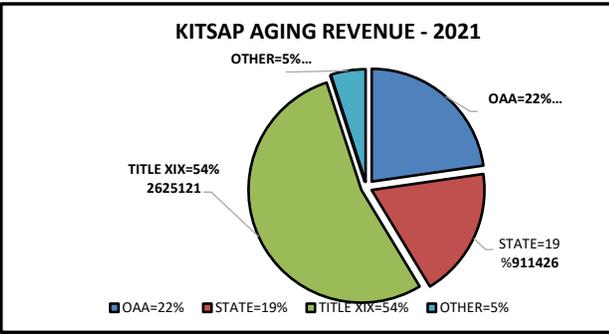
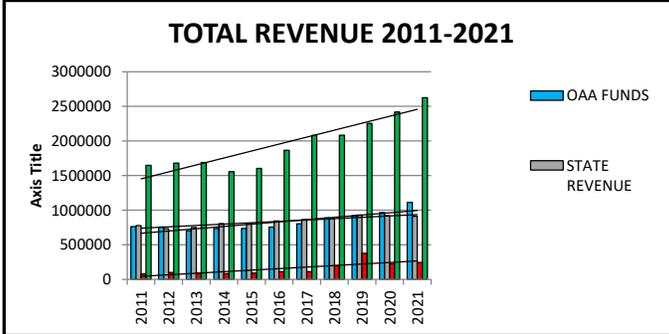
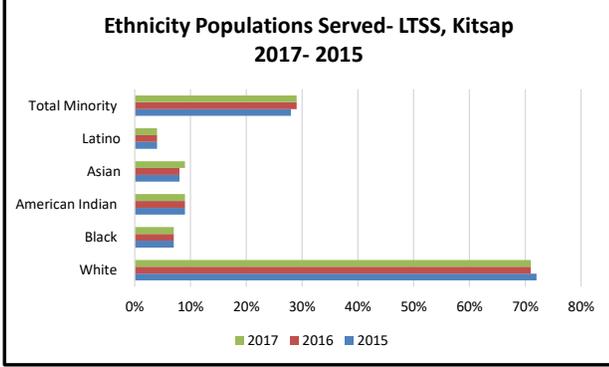
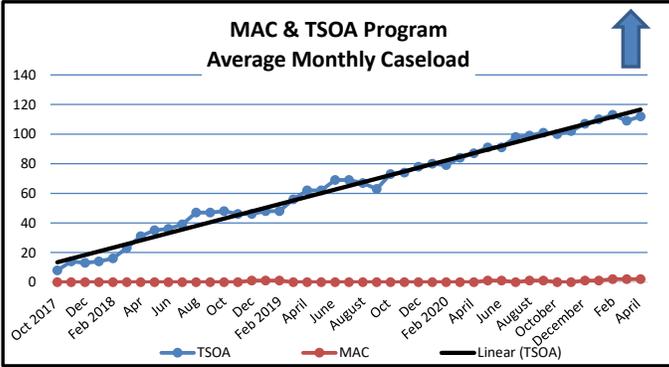
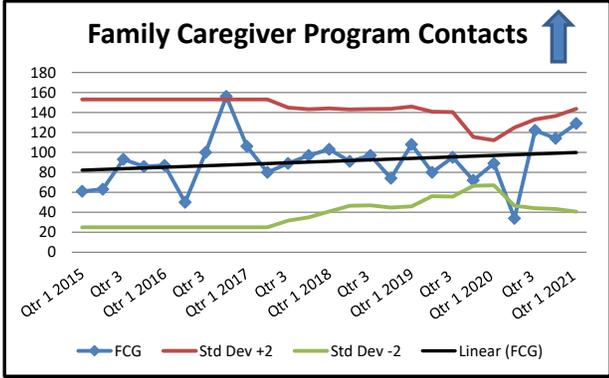
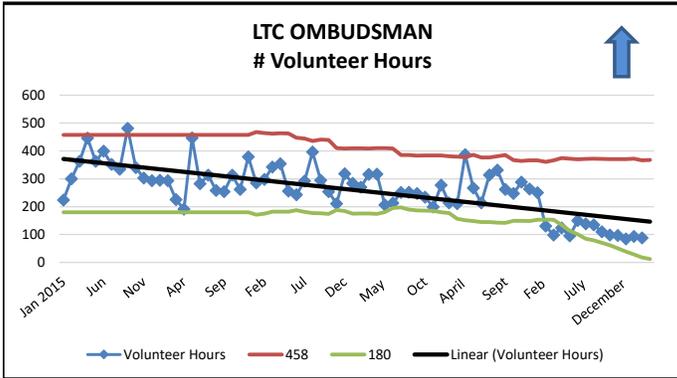
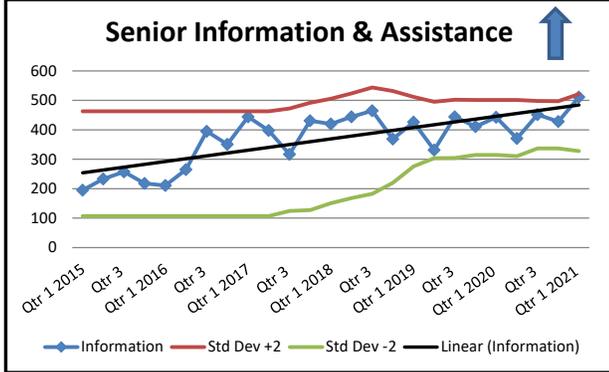
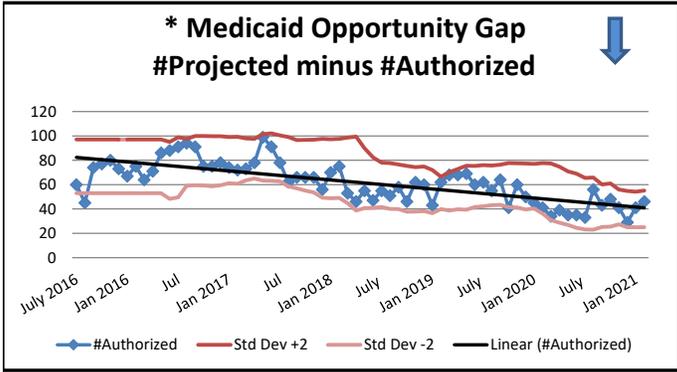
6. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

7. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Aging & Long Term Care Advisory Council Dashboard- May 2021



* Medicaid Opportunity Gap: July 2020- Decreased allocation to 1005

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - February 2021: Statewide restricted opening due to Winter spikes

March 2021- Increased vaccine events

April 15, 2021- Vaccine eligibility opens to all (over age 16 years)

Trends:

Following legislative advocacy for biennial budget

Kitsap Aging staff working remotely, virtual workshops

Special Outreach Activities- cancelled due to COVID-19

2021 May Older Americans month- planning virtual workshops and webinars

2021 May Older Americans month- website page with educational videos

Routine Community Outreach Activities- cancelled due to COVID-19 (since March 2020)

2021 Advisory Council Meetings & Activities

January 11	WA Legislature Begins (no events)
January 20	*Advisory Council from 11:30am- 1:30pm
January 25	W4A Pre-Lobby Day Webinar (zoom)
January 26- 28	*W4A Senior Lobby Days- All Day
February 17	*Advisory Council from 11:30am- 1:30pm
February 18	* Spring Senior Lobby Conference
March 17	* Advisory Council Retreat (10:00am- 1:30pm)
April 21	Advisory Council from 11:30am- 1:30pm
May 19	* Advisory Council from 11:30am- 1:30pm
May	* May Older Adults Virtual Events
June 16	* Advisory Council from 11:30am- 1:30pm
July 21	* Advisory Council from 11:30am- 1:30pm
August 18	* Advisory Council from 11:30am- 1:30pm
September 15	* Advisory Council from 11:30am- 1:30pm
October 20	* 2021 AAA & State Council on Aging (SCOA) Conference
October 21	* 2021 Fall Senior Lobby Conference
November TBD	* Fall Caregiver Conference
November 17	* Advisory Council from 11:30am-1:30pm
December 15	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in person meetings: (South Kitsap) Cascade Room, Givens Community Center

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: June 16, 2021

Time: 11:30am- 1:30pm (11:15am for pre-meeting technical assistance)

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
- 11:45am 2. Introduction of Council members and public members
3. Meeting Agenda Approval
4. May meeting notes (Attachment 1) - Approval
- 11:50pm 5. Heritage Park presentation – Hannah Shockley (Attachment 2)
- 12:05pm 6. Area Plan Update presentation – Tawnya Weintraub
- a. Overview of updates to the 2020-2023 Area Plan
- b. Requested feedback
- 12:45pm 7. Council Member Report of Activities- Outreach form (Attachment 3)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
- b. 2020-2021 SCOA Meetings- Karol Stevens
- c. Council Member Report of Community Outreach Advocacy (3 minutes)- reminder complete tracking form
- What did you do since the last meeting?
 - How many people were involved?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:25pm 8. Council Business
- a. June 2021 Dashboard Report (Attachment 4)
- b. 2021 Advisory Council Calendar of Events (Attachment 5)
- July meeting- cancelled
 - August meeting- meet or cancel?
- 1:30pm ADJOURN

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

May 19, 2021 Aging Advisory Council Meeting Minutes**Zoom****1. Convened at 11:32 a.m.**

- 2. Members Present:** Steve McMurdo, Charmaine Scott, Al Pinkham, Karol Stevens, Linette Zimmerman, Elizabeth Safsten, Susan Kerr.

Members Excused: Barbara Paul, Shawn Gibbs.

Members Unexcused: Michaelene Manion.

Guests Present: Kim Pearson and Jean Kim, Puget Sound Regional Council and Dana Bierman, Kitsap Public Health District

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: None.

3. Approval of Agenda: The meeting agenda was reviewed.

- Karol made a motion to approve the agenda. Charmaine seconded and the agenda was approved.

4. Approval of Minutes:

- Linette made a motion to approve the February meeting minutes. The motion was seconded by Karol. The minutes were approved.

5. Puget Sound Regional Council

- Kim Pearson, Assistant Planner and Jean Kim, Associate Planner of the Puget Sound Regional Council's Transportation Planning Division introduced themselves, as did each Council member. Kim and Jean gave a PowerPoint presentation on their Regional Transportation Plan. The Puget Sound Regional Council is responsible for strategic transportation, economic development and land use planning for King, Kitsap, Pierce, and Snohomish Counties. Kim and Jean explained that the Regional Transportation plan is updated every four years to

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

outline needs and goals for improvement. Within the Regional Transportation Plan is the Coordinated Mobility Plan which focuses on those with special transportation needs such as older adults, disabled individuals, teens, and low-income individuals.

Jean and Kim asked the Council for examples of challenges they have with using buses, rail, or ferries in Kitsap. Elizabeth explained that there is a lack of transit in Olalla and the South Kitsap area, and what is available is for ferry commuters. Karol said that the closest bus stop to Keyport is two miles away. Karol suggested a shuttle service that could transport riders to a transit station. Steve lives on the North end of Clear Creek Road and said that there was a shuttle that brought commuters to the Puget Sound Naval Shipyard in Bremerton, but he has not seen a bus in quite some time. Stacey explained that rural, weekend, and after-hours routes were reduced during the Recession, but never resumed. Kitsap Transit seems more concerned with commuters. Kitsap County is aging at a fast rate, and some older adults feel forced to drive. Karol agreed and explained that those routes would also benefit teens' social needs and ability to attend college. Al pointed out the difficulty in finding transportation for those with medical needs. The Council then discussed the possibility of increasing passenger only ferry routes. Jean shared a link to the Puget Sound Regional Council's Passenger Ferry Study: <https://www.psrc.org/passenger-ferry-study>.

Kim asked: What are challenges you have with specialized transportation services? Susan said she has heard complaints about hours of operation and asked how those who are homeless and without phones would be able to access specialized services. Elizabeth said specialized services are not available in her area. Karol said she spoke to her mother about her driving, but her mother would not apply for transit services. Karol suggested that perhaps outreach and advertising could help other older adults that are also hesitant.

Kim and Jean shared a link to a Puget Sound regional Council survey poll to be completed by May 26th. Kim explained that her team are in the process of

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

reviewing policy, will draft the plan in Fall, and will be implementing the plan on May 22nd, 2022.

6. Council Member Report of Activities

a. 1/10th Citizens Advisory Council Representative – Charmaine Scott

- Charmaine explained that the 1/10th Citizens Advisory Council received Commissioner approval for their Request for Proposal (RFP) for new and continuing grants. The RFPs will be released on May 28th. The Letter of Intent will be due in June. First quarter site visits will also occur in June via Zoom. Charmaine announced that this year there is \$1.5 million more in grant funds to award compared to last year. In their recent meeting the Council discussed the effect that the COVID-19 pandemic has had on children's mental health and the resulting increase in suicide rates among youth. They have been asked if special grant funds can be set aside for school districts and will have a planning meeting with five school districts to seek Commissioner approval.

b. 2020-2021 State Council On Aging (SCOA) Meetings – Karol Stevens

- At the most recent SCOA meeting the group reviewed bylaws to ensure their subcommittees were in compliance and found that they are. Karol was designated to collect input from council members on budgetary spending and send the suggestions to DSHS. Five members contributed.

c. Council Member Report of Community Outreach Advocacy

- AI informed the Council that Peninsula Community Health Services (PCHS) will be offering vaccinations to riders of the Bremerton/Seattle ferry. So far 30,000 vaccinations have been distributed by PCHS. PCHS has created an after-hours clinic for non-English speaking patients. PCHS pays for an e-translation app and AI suggested comparing their statistics to county demographics. AI is still attending Knights of Columbus meetings and they read *The Fourth Turning* by William Strauss.

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- Linette has been working on establishing relationships. She has been in contact with three Soroptimist clubs in Poulsbo, Bremerton, and Port Orchard. Linette outreached to about 65 people in one month. One person was seeking help with their 90-year-old mother and was interested to know what services are available. Linette is also looking to identify contacts within the Rotary, Kiwanis, and Freeport Clubs.
- Susan has been doing a lot of advocacy on a few Facebook pages for neighborhoods in her surrounding area. She took part in a neighborhood cleanup and has been getting to know her senior neighbors. She recently spent time caring for a family member and discussed her experience.
- Karol is starting to figure out “COVID responsible” ways to have activities within her community. She spoke to an employee from the health department about her community’s annual festival and the main takeaway was to stay flexible. They will be keeping the festival and other activities outdoors this year. The Board members agreed to stay in their positions for another year, so Karol will remain president. Recently Karol has started to make plans to age in place. She’s hired an architect to make her home walker friendly, for example.
- Steve has been focusing on outreach regarding vaccines and food drives, as well as distributing flyers.
- Elizabeth has been doing social media outreach regarding the pandemic, and she is hoping to reach out to local groups when things begin to open again. Elizabeth was able to complete 16 outreach activities and received 97 total reactions on social media and 27 others shared her social media posts. She also reached out to legislators and received some positive responses.
- Charmaine has been very busy with the 1/10th Citizens Advisory Council; she also joined the Port Orchard VFW.

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

d. Elevator Speech.

- Stacey read Karol's elevator speech to the Council. Steve liked the speech and suggested the addition of language to include "seniors, people with disabilities, and caregivers". Stacey suggested adding personal touches to the speech.

7. ALTC Report

a. w4a WA Legislative Budget.

- Stacey provided an overview of the stimulus funding allocated to Area Agencies on Aging beginning in 2020 through 2024. The specific allocation for Kitsap will be disturbed in revenue contracts- Kitsap is typically 3% of the state's overall budget.

b. Area Plan Update Presentation

- Stacey informed the Council that there will be a presentation on the 2021 Updates to the Area Plan during the June meeting.

c. COVID Updates

- Beginning June 1st, the county's Administration building will open to the public, Monday through Friday from 9am to 12pm. Front desk staff will present to direct members of the public. Plans to open more county buildings have not yet been finalized.

d. Dashboard Report

- Stacey summarized the May dashboard report. Stacey created a new graph for ethnicity populations served. Steve would like to explore ways to gather information and the opinions of local non-English speakers. Karol suggested reaching out to the Kitsap Immigrant Assistance Center.

e. The 2021 Advisory Council Calendar of Events

- The Calendar of Events was reviewed. Stacey explained that during June's meeting there will be a presentation on the 2021 Area Plan updates, and

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

another presentation by the Parks Department on the Port Gamble Heritage Park. They would like feedback from older adults on ways to improve the park and engage other community members. Stacey asked if the group would like to forgo July and August meetings, and perhaps meet in person in September. Council members discussed their availability in July and August. In conclusion, they decided to revisit in the topic in June.

ADJOURNMENT

The meeting was adjourned at 1:35 p.m.

Steve McMurdo, Chair



Port Gamble Forest Heritage Park Master Plan

Master Planning Questionnaire

What is this?

Port Gamble Forest Heritage Park is in North Kitsap County. The Master Plan will address the transition of former commercial timber harvest land into a public park, and we're looking for any and all ideas from the Kitsap Community. The master planning process will take place throughout 2021 and is expected to be completed and adopted by the Kitsap County Commissioners in early 2022.

Master planning tasks will include:

- Developing the vision and implementation plan for transition of the land to a more diverse and sustainable native forest that is also used for recreation.
- Identifying potential recreational uses and facilities that could be developed to enhance economic growth in Kitsap County, thereby helping to fund trails, recreation amenities, restoration, and other improvements included in the plan.
- Assessing the quality of natural resources and identifying how to improve them.

Park Vision and Goals



PROPOSED VISION

Port Gamble Forest Heritage Park is focused on the quality of its diverse environment, wildlife, user experience and recreation opportunities. The Park is managed to ensure ecological, educational and economic sustainability by attracting local and regional visitors while bringing compatible economic benefits to the area.

PROPOSED GOALS



WILDLIFE HABITAT ENHANCEMENT & REGENERATION

To promote sensitive stewardship of park lands and trails, especially from previously altered landscapes to improve habitat and regenerate natural systems for a wide range of wildlife.



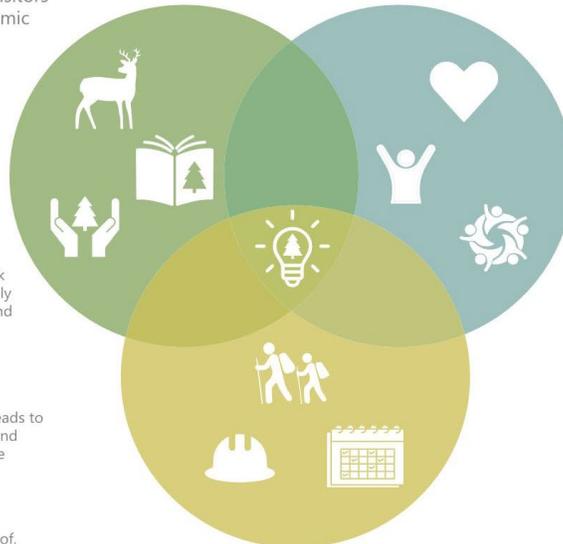
CONSERVATION ETHIC

To promote outdoor recreation, which leads to people placing value on natural places and believing it is important to steward these places for future generations.



EDUCATION

To provide access to, and interpretation of, park lands that have the array of wildlife, vegetation, history, and other assets which give the public a greater understanding of the importance of nature in our lives.



QUALITY OF LIFE

To improve quality of life for those in the community by increasing the amount of open space, particularly those with recreation opportunities.



PHYSICAL & EMOTIONAL HEALTH

To provide access to natural areas, trails, and outdoor recreation facilities, which has been shown to support improved physical and emotional health of users.



ACCESS & INCLUSION

To create a park and policies that support community values and provide equitable access to all people, with an active effort to ensure diverse participation in advancing the park's vision and goals.



NEW VENUES FOR ACTIVE RECREATION

To develop new facilities targeting specific events and activities providing a benefit to the local and regional community.



ECONOMIC VITALITY

To realize the economic benefit of increased recreation and conservation-related jobs while providing job stability and security.



PREDICTABILITY

To plan for the long-term to assure that development and programming will move forward in a way that is predictable, reliable and in keeping with community goals and aspirations.



Give us your feedback!

Have you heard of, and do you currently use Port Gamble Forest Heritage Park?

What would you like to do in the park that you can't do now, and what changes would enable you to do that?

Are there any groups or people you think we should engage with in the master planning process?

Are there barriers that currently keep you from using the park more than you do now?

Are there any specific facilities that you would like to see developed in the park? For example, restrooms, shelters, picnic areas, etc.

What improvements could be made to the park that would make it more enjoyable for you or would result in you using the park more often?

Port Gamble Forest Heritage Park (website link)
<https://storymaps.arcgis.com/stories/6a1988e10fa2459b9e665477284a86d8>

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

3. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

4. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

5. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

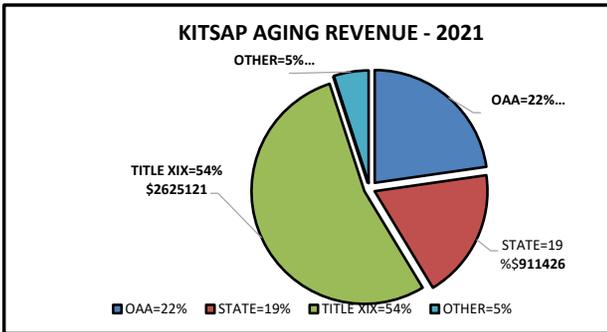
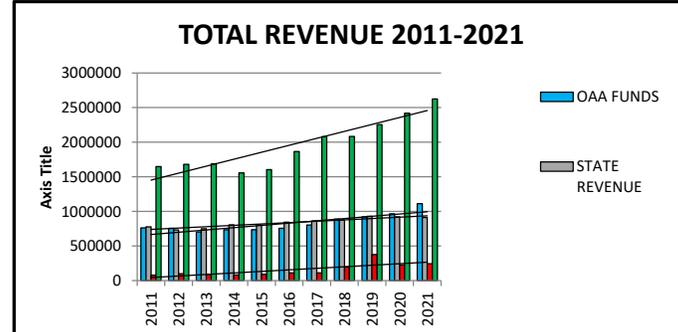
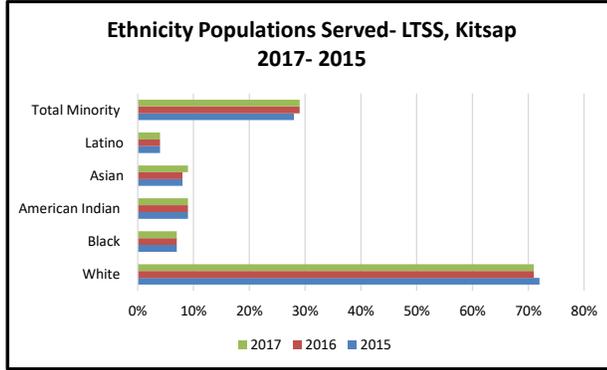
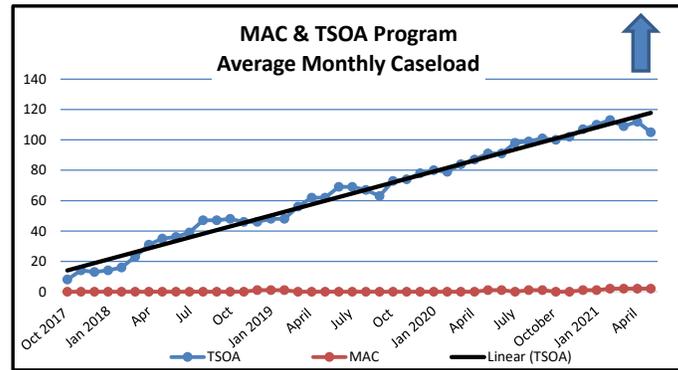
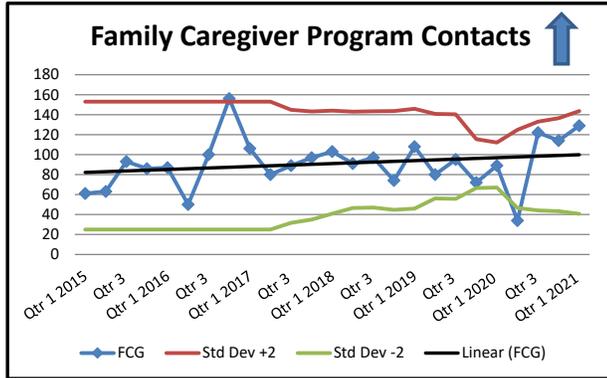
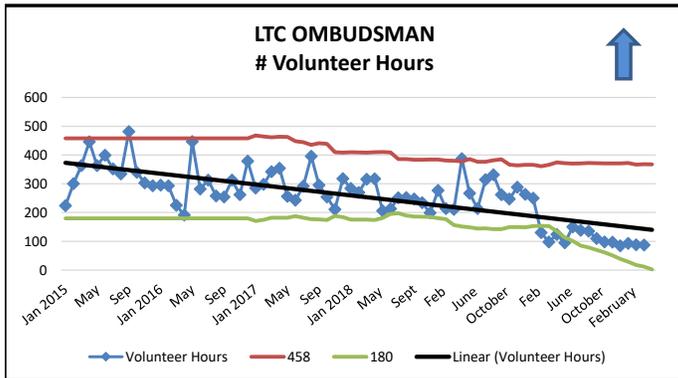
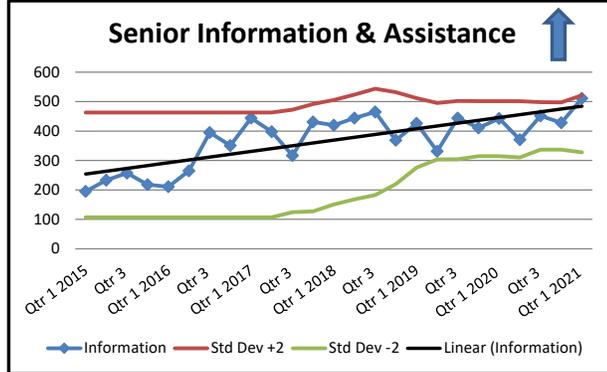
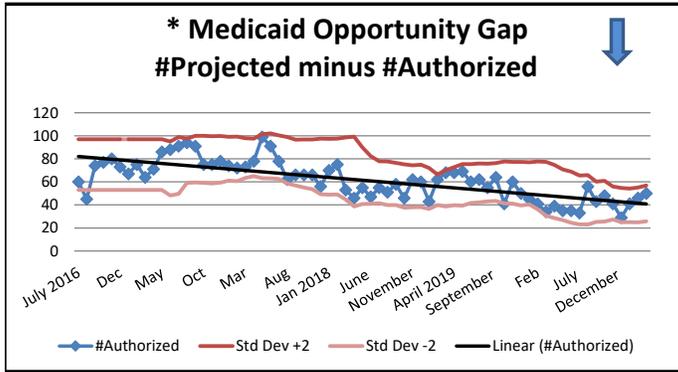
6. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

7. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Aging & Long Term Care Advisory Council Dashboard- June 2021



* Medicaid Opportunity Gap: July 2020- Decreased allocation to 1005

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - February 2021: Statewide restricted opening due to Winter spikes

March 2021- Increased vaccine events

April 15, 2021- Vaccine eligibility opens to all (over age 16 years)

Trends:

Following legislative advocacy for biennial budget

Kitsap Aging staff working remotely, virtual workshops

Special Outreach Activities- ~~cancelled due to COVID-19~~

Routine Community Outreach Activities- ~~cancelled due to COVID-19 (since March 2020)~~

2021 Advisory Council Meetings & Activities

January 11	WA Legislature Begins (no events)
January 20	*Advisory Council from 11:30am- 1:30pm
January 25	W4A Pre-Lobby Day Webinar (zoom)
January 26- 28	*W4A Senior Lobby Days- All Day
February 17	*Advisory Council from 11:30am- 1:30pm
February 18	* Spring Senior Lobby Conference
March 17	* Advisory Council Retreat (10:00am- 1:30pm)
April 21	Advisory Council from 11:30am- 1:30pm
May 19	* Advisory Council from 11:30am- 1:30pm
May	* May Older Adults Virtual Events
June 16	* Advisory Council from 11:30am- 1:30pm
July 21	* Advisory Council from 11:30am- 1:30pm
August 18	* Advisory Council from 11:30am- 1:30pm
September 15	* Advisory Council from 11:30am- 1:30pm
October 20	* 2021 AAA & State Council on Aging (SCOA) Conference
October 21	* 2021 Fall Senior Lobby Conference
November TBD	* Fall Caregiver Conference
November 17	* Advisory Council from 11:30am-1:30pm
December 15	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in person meetings: (South Kitsap) Cascade Room, Givens Community Center

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: August 18, 2021

Time: 11:30am- 1:30pm (11:15am for pre-meeting technical assistance)

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDEk1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
- 11:45am 2. Introduction of Council members and public members
3. Meeting Agenda Approval
4. June meeting notes (Attachment 1) - Approval
- 11:50pm 5. 2020-2023 Area Plan Update presentation – Tawnya Weintraub
- a. Overview of public comments and updates (Attachment 2)
 - b. For link to Area Plan Update: visit Aging website main page after 8.16.2021
 - c. Next Steps
- 12:45pm 7. Council Member Report of Activities- Outreach form (Attachment 3)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
 - b. 2020-2021 SCOA Meetings- Karol Stevens
 - c. Council Member Report of Community Outreach Advocacy (3 minutes)- reminder complete tracking form
 - What did you do since the last meeting?
 - How many people were involved?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:25pm 8. Aging Services
- a. August 2021 Dashboard Report (Attachment 4)
 - b. New Staff: MDT CM, I&A Supervisor, Extra Help
 - c. New Service planning
 - d. 2022 1/10th grant(s) submitted
 - e. Advisory Council Legislative meetings – September (Attachment 5- 2022 Investments in Home & Community-based Services)
 - f. 2021 Advisory Council Calendar of Events (Attachment 6)
 - September 15th AC meeting: PSRC Transportation -survey results presentation
 - Tentative Retreat Planning
- 1:30pm ADJOURN

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

June 16, 2021 Aging Advisory Council Meeting Minutes**Zoom**

1. **Convened at 11:30 a.m.**
2. **Members Present:** Steve McMurdo, Shawn Gibbs, Al Pinkham, Barbara Paul, Linette Zimmerman, Charmaine Scott, Karol Stevens, Elizabeth Safsten, Susan Kerr.

Members Excused: Barbara Paul.

Members Unexcused: Michaelene Manion.

Guests Present: Hannah Shockley, Human Services Supervisor

Staff Present: Stacey Smith, Cristiana Fillion, Tawnya Weintraub.

Public Address: The Council made introductions.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Karol made a motion to approve the agenda. Charmaine seconded and the agenda was approved.
4. **Approval of Minutes:**
 - Charmaine made a motion to approve the May meeting minutes. The motion was seconded by Karol. The minutes were approved.
5. **Heritage Park Presentation**
 - Hannah Shockley, staff to the Kitsap County Accessible Communities Advisory Committee, gave an overview of the vision and goals for the Port Gamble Forest Heritage Park. Hannah explained that community input is very important and that they would like to gain as much insight as possible for our Council. Some suggestions included ample seating, creating accessible paths with signage that states the level of mobility, and providing access to equipment like Duet Bikes or Action Trackchairs. Another idea was to create wildlife observation stations and bird programs. Hannah went over the questionnaire included in the Meeting Packet

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

and asked the Council for ideas on how to reach those who don't use the internet. Shawn suggested they reach out to local churches and provide materials that can be shared with congregations. Clubs and senior centers were also suggested. Steve suggested veterans' groups and tribal organizations. Barbara suggested the bulletin board at the YMCA. Karol suggested involving Kitsap Transit or perhaps working with teacher/parent groups of those with special needs.

6. Area Plan Update Presentation

- Tawnya Weintraub, Planner for the Division of Aging and Long Term Care, explained that every Area Agency on Aging (AAA) is required to submit a four-year plan to the state's Aging and Long Term Support Administration (AL TSA) in accordance with the Older Americans Act (OAA). This plan provides an opportunity to identify local needs and structure services to meet those needs. Tawnya explained that we would appreciate help spreading the word that the Area Plan Update draft available for review on the website or a paper copy can be mailed. We are open to ideas and suggestions. Tawnya gave a PowerPoint presentation on the current updates to the Area Plan. First, she gave an overview of the history behind the OAA and how AAAs came to be. Next, Tawnya explained that AAAs are required to create a 4-year comprehensive plan with 2-year updates. The Area Plan lists Major Goals (from a 2019 community survey), Focus Areas, and Issue Areas. Topics include aging and dementia friendly communities, options to support older adults and family caregivers, home and community-based services, tribal partnerships, and now COVID-19 response services and supports. Tawnya showed an overview of services for Kitsap County. Stacey explained the 2021 budget and expressed how important the continued advocacy from Council Members has been and thanked them. Stacey then gave a budget overview of the last 10 years. Tawnya shared a snapshot of key accomplishments and the Area Plan Update project timeline. Tawnya described the work that has been completed so far and explained that the Area Plan Updates will be shared with the Council, then it will be posted to the website and open to public review. The draft will be

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

posted for 30 days, after which there will be a final review. The Plan will then need Advisory Council's approval with Steve's signature. It will then go to the Board of County Commissioners for a signature, before finally being turned in to ALTSA. Tawnya encouraged the Council to ask questions and provide feedback through email or phone Karol suggested setting time aside to read the whole Area Plan Update. Tawnya will share the PowerPoint presentation and Stacey will send a link to the website where the Update Draft is available. Staff will provide an overview of the public comments at a future Aging Advisory Council meeting.

7. Council Member Report of Activities

a. 1/10th Citizens Advisory Council Representative – Charmaine Scott

- Charmaine explained that the 1/10th Citizens Advisory Council was having a mandatory meeting for those applying for grant funding. New grant applications are due on August 5th, and their Council then has one month to review the applications. In September they will be making questionnaires and will begin meeting applicants in October. The Council is working with schools and the Olympic Educational Service District to get extra funding for mental and behavioral health specifically for students.

b. 2020-2021 State Council On Aging (SCOA) Meetings – Karol Stevens

- At the most recent SCOA meeting they had the same transportation presentation from the Puget Sound Regional Council that this Council received in May. They also have a three-page summary from the Social Isolation Committee that could be implemented as public policy. When the summary is completed, it will be brought to the Advisory Council and State Council. There may be a setting to share the summary with representatives to encourage our legislators to support aging groups and those with dementia. The summary will also go to the Governor's office. Karol also noted that DSHS has been looking into robotic/animatronic pets for dementia patients.

c. Council Member Report of Community Outreach Advocacy

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- Shawn explained that Village Green has had challenges with COVID-19. There has been a fair amount of pushback from seniors that don't like the check-in process now required due to COVID-19. The director was happy to inform Shawn that exercise classes have resumed and that they were 17 people participated in line dancing. Shawn has been working on vaccine outreach and has found that there is still a large amount of people in her area who are anti-mask and anti-vaccine. Shawn has also done senior living placement work, spreading the word about services. She shared the preparedness webinar information and the Improving Equitable Access information. She has also shared the Caregiver Support newsletter.
- Linette reached out to her Soroptimists club. She shared information for emergency preparedness webinar and attended a Zoom meeting hosted by Emily Randall. She also reached out to two soroptimist clubs in Pierce County to suggest they contact their Advisory Councils.
- Al has been doing work on the Peninsula Community Health Services (PCHS) Board of Trustees. There will be a strategic planning session in July and Al asked that Council Members send him any input they may have for him to take to the meeting. Al informed the Council that PCHS has been doing outreach to increase vaccination rates and so far, they have administered 45,000 vaccinations. Al shared his concerns about what will happen when in-person school resumes and pointed out that many seniors raise grandchildren.
- Barbara went to seven churches and a few schools this past month. She created a flyer describing how to get free masks. She plans to spend time reading the Area Plan Update.
- Susan has spoken to five people that are older and/or disabled in her area. She created a survey with the Council's elevator speech at the top. The survey asks the participant what services they are using, what services they are planning to

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

use, what issues they may be having with services, and what services do they wish were provided.

- Charmaine has been busy working on the 1/10 Citizens Advisory Council.

8. Council Business

a. Dashboard Report

- The Council reviewed the dashboard report.

b. The 2021 Advisory Council Calendar of Events

- The Council agreed to cancel the July meeting and discussed whether to cancel August's meeting as well. Barbara suggested meeting to review the Area Plan. Steve agreed it will be necessary to meet to discuss the Area Plan and review the final draft, and suggested meeting on or around the normal meeting date.

ADJOURNMENT

The meeting was adjourned at 1:31 p.m.

Steve McMurdo, Chair



Kitsap County Aging and Long-Term Care

2020-2023 Area Plan



2021 UPDATE

Area Agency on Aging (AAA)

The Division of Aging and Long-Term Care is Kitsap County's Area Agency on Aging (AAA), one of 13 AAA's in Washington and 628 nationally.

- The Older Americans Act requires four-year comprehensive Area Plans with annual budget updates and biennial program updates.

The planning process and updates involve community and staff input with recommendations from the Area Agency on Aging Advisory Council.



*Washington Association of Area Agencies on Aging
Advocacy. Action. Answers on Aging.*

<http://www.agingwashington.org/>

AAA Planning-Major Goals

The major goals established by the Area Plan are to:

- ✓ Increase independence for older adults and individuals with disabilities
- ✓ Offer choices and service options that support Older Adults and Family Caregivers
- ✓ Promote healthy aging, brain health and aging readiness
- ✓ Support home and community-based care alternatives
- ✓ Promote civic and social engagement

The 2020-2023 Area Plan focus is on promoting healthy, positive Aging and support of caregivers in an age and dementia friendly community.

This 2021 update also focuses on supports and paths to recovery from the COVID pandemic for those we serve, our staff, and local community providers.

Issue Areas

Area Plan focus areas are required of AAA's by Department of Social and Health Services Aging & Long-Term Support Administration. The 2020-2023 issues areas for Kitsap AAA include:

Healthy Aging in an Age-Friendly, Dementia Friendly Community

- Healthy Aging in an Age-Friendly Community
- Alzheimer's, Dementia and Brain Health

Service Options that Support Older Adults and Family Caregivers

- Community Living connections, Family Caregiver Support Program, Medicaid Transformation Demonstration

Home and community-based services

- Case Management and Systems Coordination
- Tribal Partnerships: Coordination with Tribes through 7.01 plans
- COVID-19 Response Services and Supports

2020-2023 Area Plan Years

Key Accomplishments 2020-2021

Key Accomplishments are reported for each Issue Area:

- **Healthy Aging in an Age-Friendly Community**
- **Alzheimer's, Dementia and Brain Health**
- **Community Living Connections/Information & Assistance Services and**
- **Family Caregiver Support Program**
- **Medicaid Transformation Demonstration**
- **Home and Community Based Services: Case Management and Systems Coordination**
- **Tribal Partnerships**

The full report on accomplishments is Appendix F in the 2021 Draft Update to the 2020-2023 Area Plan, available to the public at:

www.agingkitsap.com

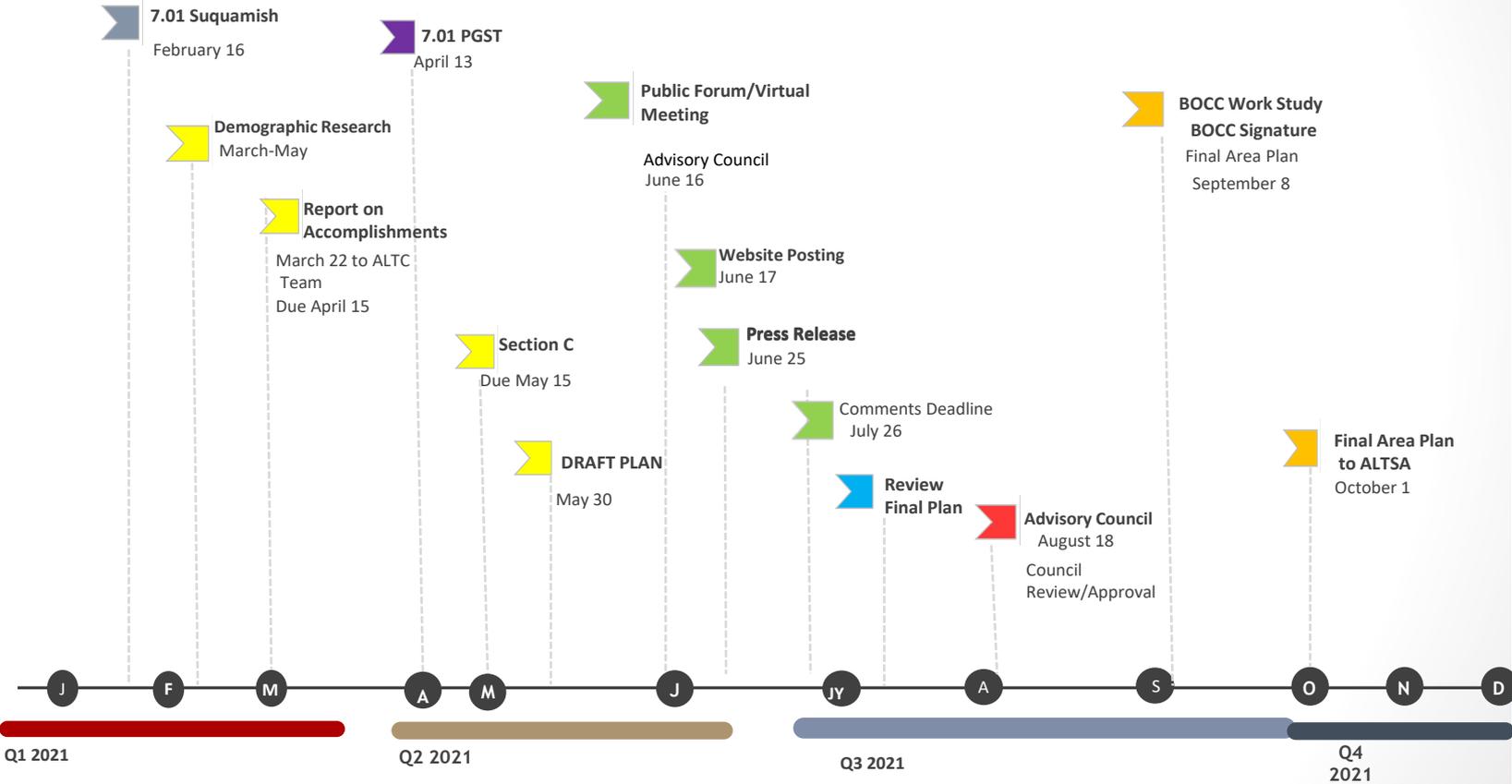
2021 Draft Process Updates

- Posting to Aging and Long-Term Care website
- Public announcement, email distribution
- Article with Sound Publishing in Port Orchard Independent on June 29, 2021

Community Input

- EMS/EMT/First Responder Collaborations and referral coordination, MCO partnerships, fall prevention, hoarding, overwhelmed caregiver issues.
- Nurse and caregiver shortages, advocacy during COVID-19 recovery for facility residents.
- Community-based needs:
 - Housing expenses, tenant rights, tax exemption, shortage of senior housing options in Kitsap County, nutrition, recycling options, volunteer opportunities.
- Individual and Family situations seeking support. Alzheimer's partner caregiver, transition for placement, help with parents.
- Requests for copies of the full plan for review and feedback
- Program pinch points: high caseload ratios, growing dementia services, access to aging in place choices.

Timeline 2021 Update to Area Plan 2020-2023



Our Request

Area Plan Draft-Review Feedback

Approval from ALTC Advisory Council

Local, State and Federal Advocacy

Support of local initiatives

Support for local programs

Contact information:

Kitsap County Aging and Long-Term Care agingkitsap.com

Stacey Smith, Administrator

337-5624 sasmith@co.kitsap.wa.us

Tawnya Weintraub, Human Services Planner

337-5690 tweintra@co.kitsap.wa.us

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

3. Topic(s) Discussed:

Alzheimer's & Dementia
 Family Caregiver Support
 MAC/TSOA
 SHIBA/Medicare
 Americans w/Disabilities
 Kinship Caregiver
 Medicaid
 Systems Advocacy
 Act
 Disaster Preparedness
 Legal Services
 Nutrition
 Volunteer Recruitment
 Elder Abuse
 Legislative Town Hall
 Senior Drug Info
 Other
 End of Life Planning
 Long Term Care Planning
 Senior I&A

4. Estimated Age Range of Attendees:

18-24
 35-44
 55-64
 25-34
 45-54
 65+

5. Groups- Targeted or in Attendance:

Dual-Eligible (Medicaid & Medicare)
 Unpaid Caregivers
 Mental Health Professionals
 Medicare Beneficiaries
 Speakers of Languages other than English
 Kinship Caregivers
 Low Income
 Other
 Individuals w/ Disabilities
 Social Workers
 Pre-retirees
 Person w/ dementia
 Health Care Workers
 Retirees

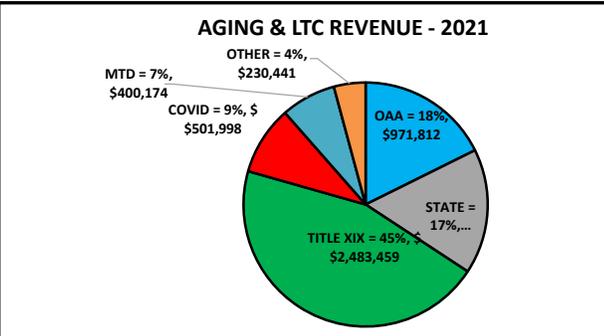
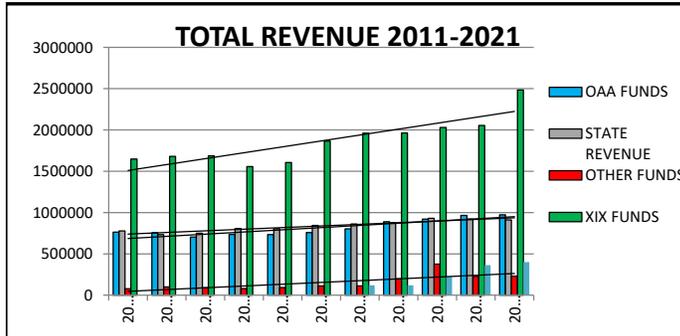
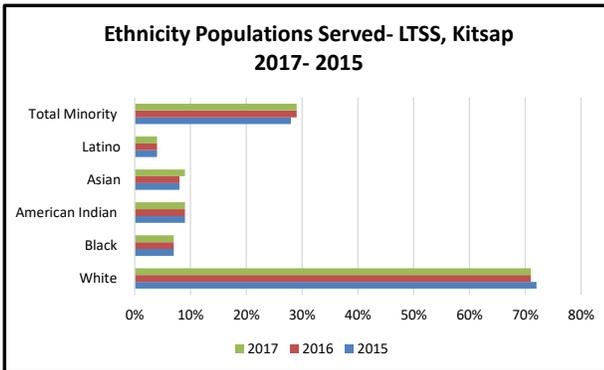
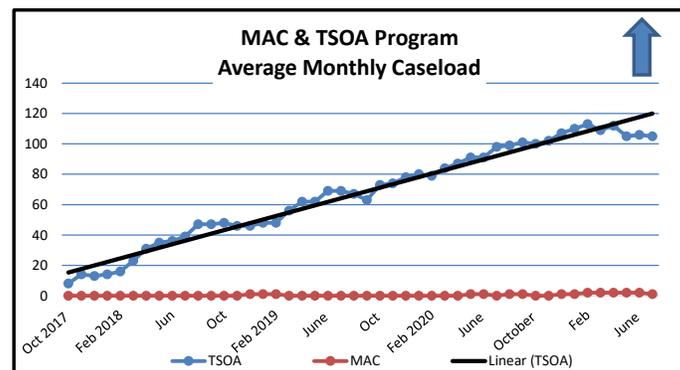
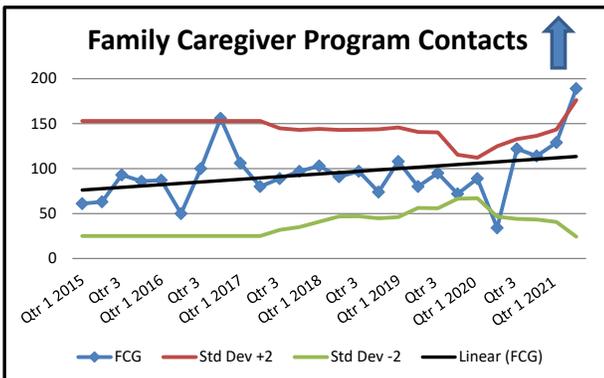
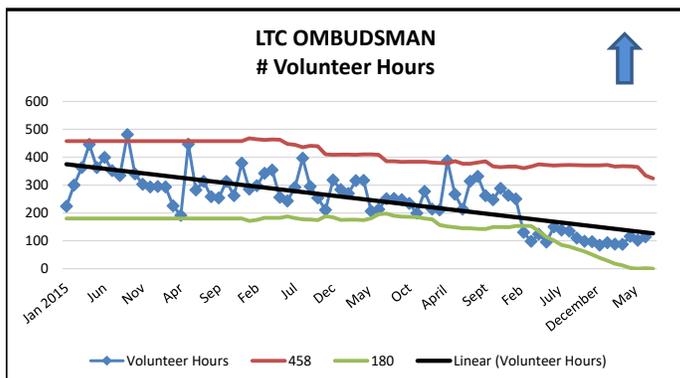
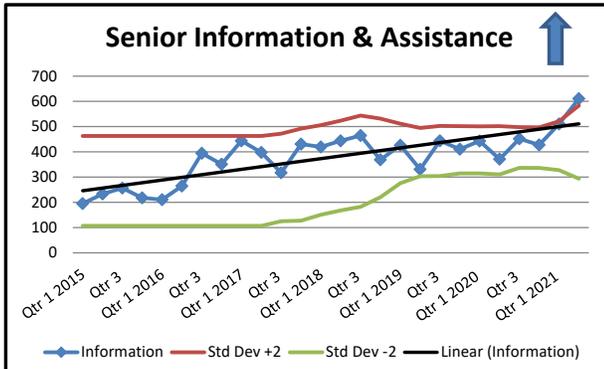
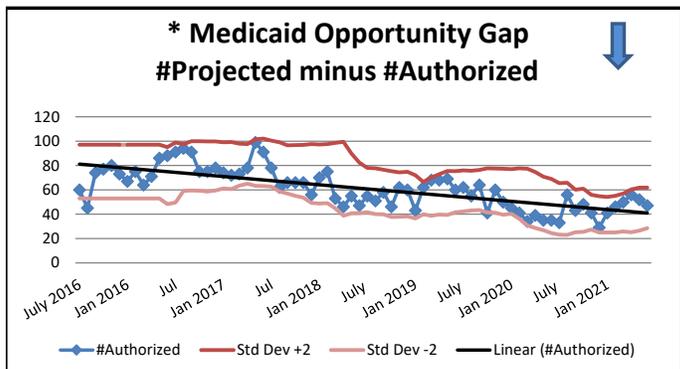
6. Race/Ethnicity- Targeted or in Attendance:

American Indian
 Samoan
 Asian Indian
 Other Pacific Islander
 Alaska Native
 Filipino
 Black, African Am
 Other Race-Ethnicity
 Chinese
 Japanese
 Korean
 Hispanic, Latino, Spanish
 Other Asian
 Guamanian or Chamorro
 Native Hawaiian
 White, Non-Hispanic
 Vietnamese

7. Materials Handed Out- Type & Quantity:

___ ALTC Rack Cards
 ___ Senior I&A Brochure
 ___ Other
 ___ Family Caregiver Support Brochure
 ___ MAC/TSOA
 ___ Advisory Council Bus. Card

Aging & Long Term Care Advisory Council Dashboard- August 2021



* Medicaid Opportunity Gap: July 2021- Increased allocation to 1017

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - February 2021: Statewide restricted opening due to Winter spikes

March 2021- Increased vaccine events

April 15, 2021- Vaccine eligibility opens to all (over age 16 years)

July 12, 2021- Staff return to the office one day a week (using hybrid remote model)

August 9, 2021: 5th wave proclaimed with Delta variant, spiked numbers in Kitsap.

Trends:

Following legislative advocacy for biennial budget

Kitsap Aging staff working remotely, virtual workshops

Special Outreach Activities- cancelled due to COVID-19

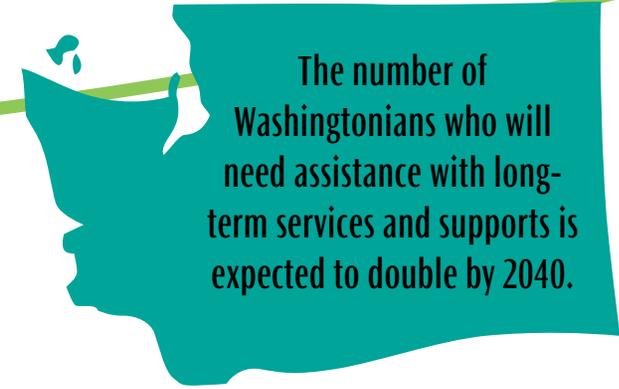
August 25-29: Kitsap Fair Vendor Table and Senior Lounge (tentative)

Routine Community Outreach Activities- cancelled due to COVID-19 (since March 2020)



Home and Community Based Services

Investment Recommendations



The number of Washingtonians who will need assistance with long-term services and supports is expected to double by 2040.

Background

Washington has one of the nation's best Long-Term Services and Supports (LTSS) systems. However, the state continues to see a rise in the number of people needing various levels and types of care, a severe shortage of direct care workers, and an aging provider infrastructure. Critical investments are necessary to avoid long waits for services and provide the quality supports that allow individuals to live in their own homes and communities with dignity and choice.

An ongoing 10% increase in the FMAP for home and community based services, with similar requirements as those in the American Rescue Plan, would increase funding in Washington by approximately \$900 million per year.

Additional federal investments are needed to continue providing access, choice, quality, and safety for older adults and individuals with disabilities.

Invest in Direct Care Workers

Direct care workers are essential to the safety and well-being of individuals with disabilities and older adults who rely on them for daily supports. The work they provide is critical and demanding, yet their salary and benefits have historically not reflected this.

The workforce is disproportionately women, women of color and immigrant populations.

The direct care worker is one of the fastest-growing occupations in the nation and caregivers need a competitive salary and benefits package or individuals risk going without the services they need.

Cost: 1 billion a year to increase average wages by \$5/hr

Direct care workers are the foundation of a robust LTSS system, and without a stable and sufficient workforce to deliver services, no other systemic improvements to LTSS are genuinely feasible.

Increase the Personal Needs Allowance

Individuals with incomes over the federal poverty level must spend those funds and contribute toward the cost of Medicaid-funded long-term services and supports. Frequently, this leaves them to choose between basic needs, such as housing, food, and other essentials, and necessary long-term care services and supports.

Allowing older adults to keep more of their income will help them address the rising costs of necessities needed to live independently in their homes.

Cost: 19.1 million a year so low income individuals can remain in their homes

Increasing the Personal Needs Allowance will help prevent people from being forced out of their homes because they are not able to afford the cost of home maintenance and other necessary purchases.

Invest in Case Management

Case managers ensure individuals receive timely needs assessments and access to long-term care services. They work with community providers and individuals to address chronic conditions, health, wellness, safety and reduce unnecessary ER, hospitals, and nursing homes.

The physical and behavioral acuity of individuals served in community settings has significantly increased as the proportion of individuals served in nursing facilities dropped to only 10% in WA. Reducing case management ratios is critical to supporting individuals in their setting of choice.

Cost: \$423 million a year

Washington offers person-centered case management that works with individuals to build a care plan that reflects an individual's choices and preferences.

Eliminate Waitlists and Reduce Service Deserts

Ensure service equity by eliminating waitlists for services and ensure choice and access to providers in underserved geographic areas and populations.

Having more qualified providers including crisis respite beds and those specializing in dementia, traumatic brain injury and behavioral health will keep many older adults and individuals with disabilities from having to move away from their homes and loved ones.

The provider network must address the preferences and choices of individuals served and support individuals to maintain connection with their local community.

2021 Advisory Council Meetings & Activities

January 11	WA Legislature Begins (no events)
January 20	*Advisory Council from 11:30am- 1:30pm
January 25	W4A Pre-Lobby Day Webinar (zoom)
January 26- 28	*W4A Senior Lobby Days- All Day
February 17	*Advisory Council from 11:30am- 1:30pm
February 18	* Spring Senior Lobby Conference
March 17	* Advisory Council Retreat (10:00am- 1:30pm)
April 21	Advisory Council from 11:30am- 1:30pm
May 19	* Advisory Council from 11:30am- 1:30pm
May	* May Older Adults Virtual Events
June 16	* Advisory Council from 11:30am- 1:30pm
July 21	* Advisory Council from 11:30am- 1:30pm
August 18	* Advisory Council from 11:30am- 1:30pm
September 15	* Advisory Council from 11:30am- 1:30pm
October 20	* 2021 AAA & State Council on Aging (SCOA) Conference
October 21	* 2021 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Conference
November 17	* Advisory Council from 11:30am-1:30pm
December 15	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in person meetings: (South Kitsap) Cascade Room, Givens Community Center

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: September 15, 2021

Time: 11:30am- 1:30pm (11:15am for pre-meeting technical assistance)

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqNO1vVXNnK1creTVDEk1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members
 3. Meeting Agenda Approval
 4. August meeting notes (Attachment 1) - Approval
- 11:45am 5. Puget Sound Regional Council Transportation Survey Results: Jean Kim, Kim Pearson
- 12:30pm 6. Council Member Report of Activities- Outreach form (Attachment 2)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
 - b. 2020-2021 SCOA Meetings- Karol Stevens
 - c. Council Member Report of Community Outreach Advocacy (3 minutes)- reminder complete tracking form
 - What did you do since the last meeting?
 - How many people were involved?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:10pm 7. Aging Services
- a. August 2021 Dashboard Report (Attachment 3)
 - Senior Information & Assistance- call themes
 - b. w4a and SCOA Fall Conference- October 20th
 - c. Senior Lobby – October 21st from 9:00am-4:00pm (Attachment 4)
 - d. Advisory Council Legislative meetings, plans (Attachment 5)
 - e. 2021 Advisory Council Calendar of Events (Attachment 6)
 - Council meeting in October cancelled
 - Retreat in November?
 - Reappointments?
- Terms expiring 12/2021: Steve, Barbara, Al, Shawn, & Charmaine
- 1:30pm ADJOURN

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

August 18, 2021 Aging Advisory Council Meeting Minutes**Zoom**

1. **Convened at 11:31 a.m.**
2. **Members Present:** Steve McMurdo, Karol Stevens, Al Pinkham, Linda Fyfe, Linette Zimmerman, Barbara Paul, Charmaine Scott, Elizabeth Safsten, Susan Kerr.

Members Excused: Shawn Gibbs.

Members Unexcused: None.

Guests Present: None.

Staff Present: Stacey Smith, Cristiana Fillion, Tawnya Weintraub.

Public Address: Linda introduced herself as the Director of the Village Green Community Center and a member of the Kingston Chamber of Commerce. The Advisory Council welcomed Linda and gave brief introductions. Stacey announced there are three applicants for District 3 opening.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Barbara made a motion to approve the agenda. Karol seconded and the agenda was approved.
4. **Approval of Minutes:**
 - Karol made a motion to approve the June meeting minutes. The motion was seconded by Barbara. The minutes were approved.
5. **2020-2023 Area Plan Update Presentation – Tawnya Weintraub**
 - Tawnya Weintraub, Planner for the Division of Aging and Long Term Care (ALTC), explained that she would be giving an outline of the Area Plan Update document, sharing community comments, and asking for the Council's feedback. Tawnya described Area Agencies on Aging and explained that an Area Plan is required by the Older Americans Act every four years, with biennial updates. She described

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Major Goals, Issue Areas (now including a COVID-19 Response section), and the 2020-2021 Key Accomplishments. Tawnya explained that once the Area Plan Update Draft was completed, the next step was to post the Draft on the Aging website to make it available to the public. Next was to inform the public by word-of-mouth, newspaper advertisements, and an article published by the Port Orchard Independent. Tawnya then shared community input highlights. These include discussion of EMS/EMT/First Responder collaborations and referral, MCO partnerships, fall prevention, hoarding, and caregiver issues. There were also comments about nurse shortages and advocacy for long term care facility residents. There were questions about community-based needs, such as tenant rights. A number of comments and questions led to referrals. Tawnya asked if there were any questions before continuing.

- Karol asked if the Medicaid case management rate was statewide. Tawnya replied that it has increased from 17,897 per month to 18,373. She also asked if there could be a key for the Budget Summary for those items highlighted in red. Tawnya said yes and explained that soon a new reporting system will be rolled out. The red is highlighting changes and additional breakdowns for reporting and billing. Tawnya asked if there were any other questions. Linette asked if there is financial support for changing to new the reporting system. Stacey explained that she has been advocating for it by asking if AL TSA could delay, provide additional funds, or reduce reporting. Barbara asked if we will have a chance to use updated demographic information provided by the 2020 Census. Tawnya explained that those numbers have not been released in time to be used in the Area Plan Update and will be part of the next four-year plan. Karol commented that she was glad to see that caregivers were highlighted in the Area Plan.
- Tawnya moved to the Timeline and explained that we are on track, and next we need approval from the Council and a signature from Steve, the Advisory Council Chair. Barbara commented about the Disaster Preparation section of the Area Plan and explained that she was volunteer for the Red Cross and that Kitsap County

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

has a fine Disaster Preparation plan. Barbara went on to explain that she understands ALTC is not responsible for the plan, but it would be beneficial to have a representative to be sure the needs of older adults and those with disabilities are included when the plan is created. Stacey replied that we are involved in the planning, but there is room for improvement. Stacey has co-chaired the Vulnerable Population Task Force, but this got put on the backburner when the COVID-19 pandemic struck. They have not been able to meet since 2019.

- AI moved to accept the 2020-2021 Area Plan Update. Linda seconded. Steve asked if there was any additional comment before voting. Susan asked if we have a plan now that the hospital in Bremerton has closed and was concerned about the number of available beds. She did not see anything in the plan that addresses hospital shortages and asked if that is something that will be added to the plan. Tawnya said no, but explained that it is related to emergency response. She went on to explain that the Northwest Regional Coalition is doing work to address these issues, here and in surrounding areas, and that we provide feedback to them. Stacey added that the Northwest Healthcare Regional Council keeping track of surge capacity, and we attend biweekly meetings and receive updates. Our hospital system has plan in place, and although one hospital closed, the number of ICU beds increased from 27 to 56. Unfortunately, as of yesterday they are 92% full. Steve made a motion to vote, and the 2020-2021 Area Plan Update was approved as presented. Tawnya informed the Council that the next step is a work-study session, and we are still on target for submitting the plan to ALTSA and DSHS.

6. Council Member Report of Activities

b. 1/10th Citizens Advisory Council Representative – Charmaine Scott

- Charmaine explained that the 1/10th Citizens Advisory Council received 21 Requests for Proposal (RFP), 16 of those being new. This Council has four weeks to continue reviewing and grading each RFP. Charmaine expressed that it will be tough to choose between so many good programs. Although there are

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

more funds available this year, there is still only so much that can be granted. Charmaine has been working on this every day, and there will be many more meetings to make their final decisions.

c. 2020-2021 State Council On Aging (SCOA) Meetings – Karol Stevens

- Karol explained that the SCOA has taken a break for July and August, so things have been quiet. The Social Engagement/Isolation Committee have been focusing on aging in place and researching the options and supports that are available for seniors to safely stay in their homes. Karol has also been reading publications from the World Health Organization on age- and dementia-friendly communities and considering what types of things would help communities function and what public policy could make it more likely to encourage healthy communities.

d. Council Member Report of Community Outreach Advocacy

- Steve has been involved in interviewing prospective Council Members and has spent time reviewing the Area Plan Update.
- Linda shared upcoming events at the Village Green. They have worked to create new programming such as art classes for all ages during weekends. There will be an open-air concert performed by students of Wilfley Elementary. On Saturday, Kingston will be having a wine and brew festival.
- Barbara had a meeting with Dana at the Poulsbo Fire Department and plans to meet again when she returns from a trip. She often shares materials and publications with the fire stations and thinks it would be nice to put informational packages together for volunteer first responders in North Kitsap. Barbara offered to help in any way she can regarding work with EMS and first responders. Steve said he is still interested in getting together to discuss how to provide information to emergency responders. Karol is also very interested.

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- Karol adapted Keyport's July Fourth celebration and continues to work on adapting other community events, such as women's gatherings and book club meetings, to keep community members safe. Karol explained that there is usually a festival in September, but instead there will be a car show this year. The Board will continue to meet via Zoom.
- Linette has been reaching out to service clubs to inform them of available CARES funds.
- Elizabeth created a half page letter to introduce herself and share information on services with neighbors. She would also like to be involved in sharing information with fire departments and EMS.

7. Aging Services

a. Dashboard Report

- Stacey explained the purpose of the dashboard report and gave an overview of the August dashboard report. Stacey shared that ALTC is planning to host a Senior Lounge at the upcoming County Fair, and metrics will be taken. Prepackaged snacks, coffee, and masks will be made available. Indoor activities may be off limits, so the team is making two plans. Regarding the dashboard, Elizabeth asked if we know what the spike in Information & Assistance (I&A) calls was related to. Stacey explained that there were many calls about vaccines in January and February.

b. New Staff: MTD Case Manager, I&A Supervisor, Extra Help

- An additional case manager for MTD will be hired to help with the increasing number of clients. An I&A Supervisor will also be hired to support I&A and outreach activities, this will allow Jennifer to be dedicated to case management programs. The team is reviewing applications now. Stacey mentioned that they also hope to open an extra help position.

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

c. New Service Planning

- Using the Area Plan, the Management Team has been working to decide what programs could be easily implemented and/or brought back to normal funding capacity with stimulus dollars. They are also looking to see who will have the capacity to expand services.

d. 2022 1/10 Grant(s) Submitted

- Stacey informed the Council that ALTC has submitted an RFP for continued funding of the Dementia Specialist program. ALTC has also been in discussion with the North Kitsap Fire District to find ways of working together. Stacey will keep the Council updated.

e. Advisory Council Legislative Meetings

- Stacey explained that figuring out how to request increased funding for case management services is a major focus. W4A is asking for more funding and ALTSA are both working on it. W4A is currently working to define the legislative priorities to be addressed during appointments with key legislators. Stacey confirmed that 2021-2022 legislative appointments will take place over Zoom. More information to come.
- Stacey gave a brief overview of COVID-19 infection rates. Weekly case counts have increased dramatically, with higher rates than ever recorded. Fortunately, older adults are most educated on the virus and are staying the healthiest.

f. 2021 Advisory Council Calendar of Events

- The council reviewed the Calendar of Events. Stacey confirmed that Council meetings will stay virtual through the winter. Both the AAA/SCOA Conference and the Fall Senior Lobby Conference will be virtual. Registration will begin next month. The Puget Sound Regional Council will be returning to give a presentation of survey results in September. Stacey asked what the Council would like to do about retreat planning and the Council agreed to include it on

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

the September agenda. Stacey pointed out that many members terms will be expiring this year, so she will be reaching out to ask if members would like to be reappointed.

ADJOURNMENT

The meeting was adjourned at 1:31 p.m.

Steve McMurdo, Chair

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

3. Topic(s) Discussed:

Alzheimer's & Dementia
 Family Caregiver Support
 MAC/TSOA
 SHIBA/Medicare
 Americans w/Disabilities
 Kinship Caregiver
 Medicaid
 Systems Advocacy
 Act
 Disaster Preparedness
 Legal Services
 Nutrition
 Volunteer Recruitment
 Elder Abuse
 Legislative Town Hall
 Senior Drug Info
 Other
 End of Life Planning
 Long Term Care Planning
 Senior I&A

4. Estimated Age Range of Attendees:

18-24
 35-44
 55-64
 25-34
 45-54
 65+

5. Groups- Targeted or in Attendance:

Dual-Eligible (Medicaid & Medicare)
 Unpaid Caregivers
 Mental Health Professionals
 Medicare Beneficiaries
 Speakers of Languages other than English
 Kinship Caregivers
 Low Income
 Other
 Individuals w/ Disabilities
 Social Workers
 Pre-retirees
 Person w/ dementia
 Health Care Workers
 Retirees

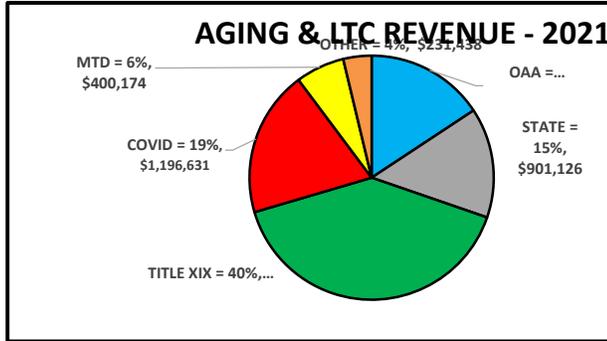
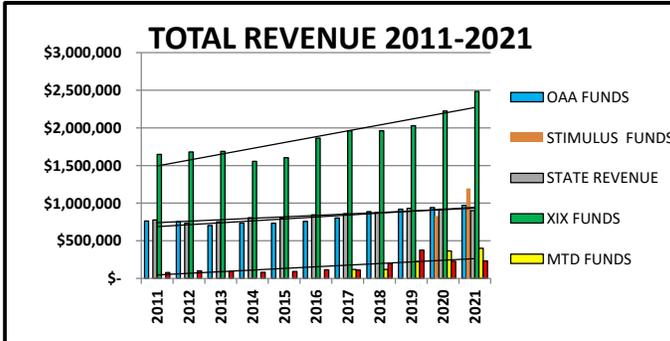
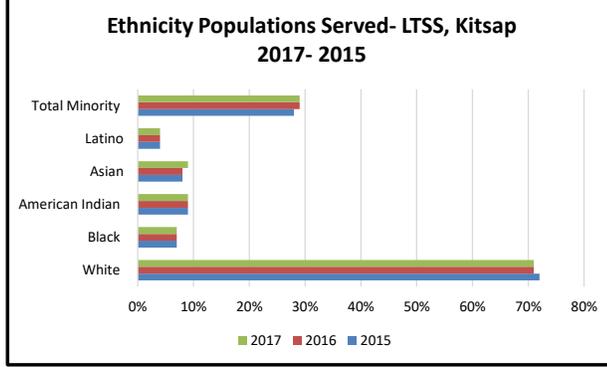
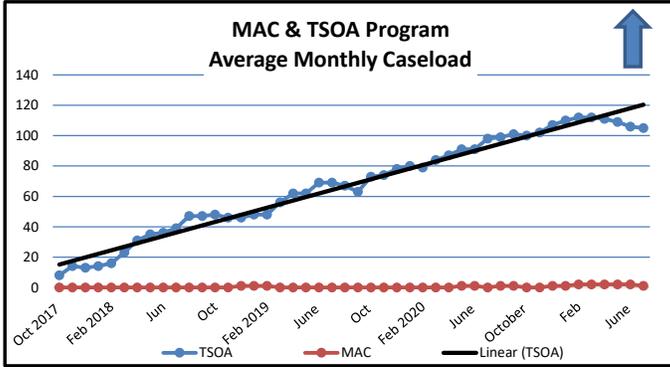
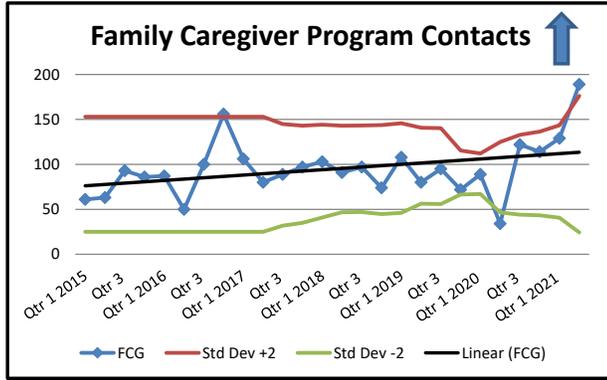
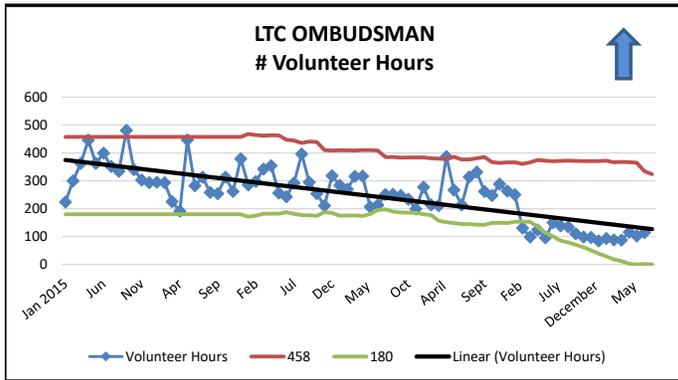
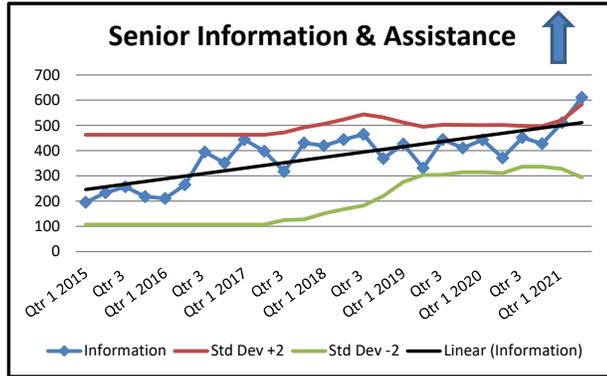
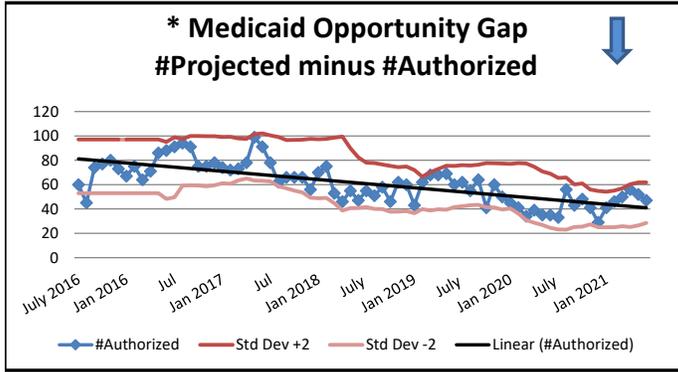
6. Race/Ethnicity- Targeted or in Attendance:

American Indian
 Samoan
 Asian Indian
 Other Pacific Islander
 Alaska Native
 Filipino
 Black, African Am
 Other Race-Ethnicity
 Chinese
 Japanese
 Korean
 Hispanic, Latino, Spanish
 Other Asian
 Guamanian or Chamorro
 Native Hawaiian
 White, Non-Hispanic
 Vietnamese

7. Materials Handed Out- Type & Quantity:

___ ALTC Rack Cards
 ___ Senior I&A Brochure
 ___ Other
 ___ Family Caregiver Support Brochure
 ___ MAC/TSOA
 ___ Advisory Council Bus. Card

Aging & Long Term Care Advisory Council Dashboard- September 2021



* Medicaid Opportunity Gap: July 2021- Increased allocation to 1017

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - February 2021: Statewide restricted opening due to Winter spikes

March 2021- Increased vaccine events

April 15, 2021- Vaccine eligibility opens to all (over age 16 years)

July 12, 2021- Staff return to the office one day a week (using hybrid remote model)

August 9, 2021: 5th wave proclaimed with Delta variant, spiked numbers in Kitsap

August 23, 2021: Governor indoor mask mandate, begins

Trends:

Following legislative advocacy for biennial budget

Kitsap Aging staff working remotely, virtual workshops

Special Outreach Activities- cancelled due to COVID-19

Routine Community Outreach Activities- cancelled due to COVID-19 (since March 2020)



2021 Virtual Fall Conference

The Washington State Senior Citizens Foundation will hold their 2021 Virtual Fall Conference:

- **Thursday October 21, 2021**
- **9:00 A.M. to 4:00 P.M.**

We would like to invite you to register for the Virtual Fall conference. This year we expect about 150 people will attend the **2021 Virtual Fall Conference**. The audience includes legislators, policy makers, civic Leaders, state, county and city employees, activists, and providers of services for senior citizens.

The focus of the conference will cover topics such as:

- Identify Legislative Priorities for 2022 Legislative Session,
- Long Term Care Staffing,
- Senior Demographics,
- Budget Update,
- Impact of COVID 19,
- Broadband
- Long-Term Care Trust Act.

Registration Packet = \$30.00 Registration Fee which includes Agenda, Bios of each Speaker, Links to their Presentation materials, and a list of all Sponsors and to the **Registration Sign on and User id**.

Karen Bowen

Office Manager | 360.754.0207 | info@waseniorlobby.org
1501 Capitol Way S, Ste 103, Olympia, WA 98501





*** Save the Date ***

W4A's Fall
Advisory Council
Advocates Webinar

**Monday
September 13, 2021
12 noon - 1pm
via ZOOM**

*ZOOM link will be sent
via your AAA Advisory
Council contact so watch
your inbox for more
details– we hope to see
you there! Webinar will
also be recorded for
those who cannot attend.*



Topic: Advisory Council Advocates Webinar for Fall 2021 Legislative Session

Time: Sep 13, 2021 12:00 PM Pacific Time (US and Canada)

Join Zoom Meeting via computer, tablet, etc.:

[https://us02web.zoom.us/j/89874804245?](https://us02web.zoom.us/j/89874804245?pwd=b1dVVRVZHSzdWNUF1T2NidkkrcDNJQT09)

[pwd=b1dVVRVZHSzdWNUF1T2NidkkrcDNJQT09](https://us02web.zoom.us/j/89874804245?pwd=b1dVVRVZHSzdWNUF1T2NidkkrcDNJQT09)

Meeting ID: 898 7480 4245

Passcode: 218831

Join Zoom Meeting by phone:

One tap for cell phones:

+12532158782,,89874804245#

Dial direct on a landline:

+1 253 215 8782 US (Tacoma)

Meeting ID: 898 7480 4245

2021 Advisory Council Meetings & Activities

January 11	WA Legislature Begins (no events)
January 20	*Advisory Council from 11:30am- 1:30pm
January 25	W4A Pre-Lobby Day Webinar (zoom)
January 26- 28	*W4A Senior Lobby Days- All Day
February 17	*Advisory Council from 11:30am- 1:30pm
February 18	* Spring Senior Lobby Conference
March 17	* Advisory Council Retreat (10:00am- 1:30pm)
April 21	Advisory Council from 11:30am- 1:30pm
May 19	* Advisory Council from 11:30am- 1:30pm
May	* May Older Adults Virtual Events
June 16	* Advisory Council from 11:30am- 1:30pm
July 21	* Advisory Council from 11:30am- 1:30pm
August 18	* Advisory Council from 11:30am- 1:30pm
September 15	* Advisory Council from 11:30am- 1:30pm
October 20	* 2021 AAA & State Council on Aging (SCOA) Conference
October 21	* 2021 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Conference
November 17	* Advisory Council from 11:30am-1:30pm (or RETREAT)
December 15	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in-person meeting location: (South Kitsap) Cascade Room, Givens Community Center

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: November 17, 2021

Time: 11:30am- 1:30pm (11:15am for pre-meeting technical assistance)

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDEk1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members
 3. Meeting Agenda Approval
 4. September meeting notes (Attachment 1) - Approval
- 11:45am 5. 2022 Aging Council Workplan -review (Attachment 2)
- 12:20pm 6. Council Member Report of Activities- Outreach form (Attachment 3)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
 - b. 2020-2021 SCOA Meetings- Karol Stevens
 - c. Council Member Report of Community Outreach Advocacy (3 minutes)- reminder complete tracking form
 - What did you do since the last meeting?
 - How many people were involved?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:00pm 7. Aging Services
- a. Holiday Card- picture
 - b. November 2021 Dashboard Report (Attachment 4)
 - 2022 1/10th Partners In Memory Care Grant
 - 2022 1/10th NK CARES Grant
 - 2022 Kitsap Public Health Grant
 - c. November Caregiver Workshops flyer (Attachment 5)
 - d. Advisory Council Legislative meetings: (Attachment 6- Contact Sheet)
 - Senator Christine Rolfes - 23rd
 - Senator Emily Randall - 26th
 - Rep. Tarra Simmons - 23rd
 - Rep. Michelle Caldier - 26th
 - e. w4a Legislative Priority Fact Sheet (Attachment 7)
 - f. 2022-2024 Reappointments: Steve, Barbara, Shawn, & Charmaine
 - g. 2021 Advisory Council Calendar of Events (Attachment 8)
 - h. 2022 Advisory Council Calendar of Events (Attachment 9)
- 1:30pm ADJOURN

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

September 15, 2021 Aging Advisory Council Meeting Minutes**Zoom**

1. **Convened at 11:31 a.m.**
2. **Members Present:** Steve McMurdo, Karol Stevens, Al Pinkham, Linda Fyfe, Linette Zimmerman, Charmaine Scott, Elizabeth Safsten.

Members Excused: Susan Kerr.

Members Unexcused: Shawn Gibbs, Barbara Paul, Cynthia Blinkinsop.

Guests Present: Jean Kim and Kim Pearson, Puget Sound Regional Council.

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: None.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Linda made a motion to approve the agenda. Karol seconded and the agenda was approved.
4. **Approval of Minutes:**
 - Charmaine pointed out one correction needed: “21” changed to “41”. The error was noted.
 - Charmaine made a motion to approve the August meeting minutes as corrected. The motion was seconded by Linda. The minutes were approved as corrected.
 - Stacey explained that there is a way to sign up for Council and County notifications on the Advisory Council’s webpage. Stacey showed the Council’s webpage, and it was noted that Elizabeth’s name needed correction.
5. **Puget Sound Regional Council Transportation Survey Results**
 - The Council welcomed Jean Kim and Kim Pearson. Jean and Kim met with 12+ organizations in spring and summer to identify community needs. Kim explained that the Coordinated Mobility Plan includes information on population and existing

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

services, addresses mobility needs and gaps in services, as well as outlines prioritized strategies from outreach and online survey results. Kim gave an overview of the top 6 mobility challenges across the four County region. These include lack of services, long travel times, difficulty getting to medical appointments, lack of information about services, high costs, and lack of accessible infrastructure. Kim asked if the challenges resonate with the Council or if the Council feels the identified needs reflects Kitsap's transportation difficulties. The challenges resonated with both Elizabeth and Karol. Al thought the issues were defined well. Kim explained that strategies have been developed to address these challenges, one example being the differences in rural and suburban areas. This has been addressed by partnering with other agencies, such as small community vans. Stacey asked how they work together. Jean explained that staff attend monthly Transportation Operation Committee meetings to discuss needs. Two members are also part of the Special Needs Transportation Committee. Stacey expressed that she has seen a Puget Sound Regional Council focus on economic need, so she is thankful to hear about Special Needs Committee involvement.

- Kim moved on to an interactive activity and asked for Council participation. A link and QR code were provided for the activity. The activity was a live survey to help determine what the Council would want the transportation system to look like and if they approve of the plan's outcomes. This prompted discussion about the lack of service in rural communities, mobility issues, the preference older adults seem to have for cars and the hesitancy some feel about using transportation services. It was agreed that there is a lack of information about services, and it may help to find ways to bring excitement and make riders feel safe. Elizabeth informed the Council of Catholic Community Services of Western Washington's "Bus Buddies" program that does travel training for the public. They do a lot of work with senior centers and senior living communities and would likely be willing to share their tactics with transit agencies. Elizabeth also described the difficulty of travelling

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

between counties. Stacey pointed out that Kitsap County is one of the only counties in Washington that does not have a contiguous walking path connecting North to South areas. Karol and Charmaine also discussed the lack of sidewalks on many major roads. Jean thanked the Council for their useful feedback and said that they are open to any additional feedback or suggestions until September 22. The next steps will be to develop strategies and performance measures. An online survey related to public transit and specialized transportations options is available on the Puget Sound Regional Council website.

6. Council Member Report of Activities

a. 1/10th Citizens Advisory Council Representative – Charmaine Scott

- Charmaine explained that the 1/10th Citizens Advisory Council finished reviewing Survey Monkey results and spent time developing questions for the Q&A sessions. Final review will start at the end of the month. Stacey asked if there were many applications related to older adults or disabilities. Charmaine said that most are for the general community, such as drug and alcohol court, recovery programs, and mental health care and intervention. The Council discussed programs for those with substance abuse and mental health difficulties. It was agreed that there is a definite need for case management. Several programs are trying to fill the increased need for behavioral healthcare, but there have been staff shortages.

b. 2020-2021 State Council On Aging (SCOA) Meetings – Karol Stevens

- Karol stated that the SCOA has not met since June, so there is nothing new to report.

c. Council Member Report of Community Outreach Advocacy

- Al explained that there is a lack of COVID-19 testing capability due to unvaccinated individuals that need more frequent testing for work, school, etc. He also stressed the importance of getting a flu vaccine this year.

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- Linette received her third dose of the COVID-19 vaccine. She's also been in contact with five service clubs around the peninsula.
- Elizabeth has been spreading the word about a free grocery event for veterans in Port Orchard and Olalla. Elizabeth asked if free masks are still available. Stacey confirmed that they are and said to send an email with the name and address of the recipient(s).
- Karol has been working with a vaccine clinic and is eager to follow up with first responders and to connect people in different industries. Many EMTs and paramedics can see when services are needed but aren't aware of the options available.
- Steve was present at the meeting with County Commissioners related to the Area Plan Update and thought it was nice to be involved. Steve asked if there are plans to encourage more COVID-19 testing. Stacey responded that last week, testing supplies began running out for the first time. There have been supply chain issues and difficulty finding community partners that want to be involved. Al said part of the issue is that in order for schools to have sports programs, students have to be tested before events. Charmaine added that a South Kitsap High School game got cancelled last week because a football player tested positive. Karol remarked that it has been very hard to find a testing location.
- Charmaine has been busy working with the 1/10th Citizens Advisory Council.

7. Aging Services

a. Dashboard Report

- The Council reviewed the September dashboard report. Stacey described the large increase in I&A call volumes. About two thirds of calls are general information requests, and about one third are related to caregiving.

b. W4a and SCOA Fall Conference – October 20th

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- Stacey shared the draft w4a/SCOA agenda and gave an overview. The conference will take place over Zoom. Steve, Charmaine, and Karol will be attending, and Elizabeth and Linette have tentatively agreed.
- c. Senior Lobby – October 21st
- Stacey shared the 2021 Virtual Fall Conference invitation and gave a description of the focus topics. These include long term care staffing issues, senior demographics from the 2020 census, the impact of COVID-19, broadband, and the Long Term Care Trust Act. There is a \$30 registration fee. Steve will attend all day, Linette would like to attend in the morning, and Charmaine can attend until 2pm. The SCOA will be handling Karol's registration.
- d. Advisory Council Legislative Meetings
- Stacey said that the main takeaway from the webinar was that meetings need to be scheduled. Out of the group of key legislators, only one was ours, Senator Rolfes. Stacey asked if the Council would like to schedule any earlier meetings prior to scheduling in January. Charmaine asked if the legislators will be busier in January and if they will be meeting in person. Stacey replied that they will be busy in January and the meetings will be virtual. Steve asked if we have an E.T.A. for census data. Stacey confirmed that some data will be available for the Fall Senior Lobby. Karol brought up the option of seeing legislators sooner and then reaching out via email in January. Al suggested perhaps seeing them not in January but near it. The Council will try for early December meetings with Sen. Rolfes, Sen. Randall, Rep. Caldier, and Rep. Simmons.
- e. 2021 Advisory Council Calendar of Events
- Stacey went over the Calendar Of Events. October's meeting is cancelled, as Council members will be busy with the conferences. With last year's typical November retreat being pushed out to March, Stacey asked the Council what they would like to do this November. Karol said a normal meeting makes sense. Stacey suggested reviewing the workplan to see if a retreat is necessary at this

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

time. Charmaine recommended having a regular meeting in November, and then deciding in March. Steve agreed. Karol suggested revisiting the workplan in November. Stacey will add the workplan to the November agenda. Cristiana will mail hard copies of the workplan to Karol, Steve, and Charmaine

- Al announced that he is not seeking re-appointment when his term ends, December 31st. Stacey will be outreaching to other Council members with terms expiring December 31, 2021 to discuss re-appointment.

ADJOURNMENT

The meeting was adjourned at 1:48 p.m.

Steve McMurdo, Chair



KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL **2021 WORK PLAN**

Meeting Days, Time and Location: Third Wednesdays of Each Month
11:30 pm – 1:30 pm
Zoom virtual meetings

Advisory Council Staff: Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant
Advisory Council Chair: Steve McMurdo

Advisory Council Purpose/Mission Statement: The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being and independence of older adults, adults with disabilities, and caregivers.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services;
- Removal of individual and social barriers to economic and personal independence;
- Prevention of unnecessary or premature institutionalization;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition, health promotion and disease prevention education and activities;
- Connecting caregivers to individualized support and guidance to help empower them in their caregiving role
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2021 Goal	Status	Priority Level	Comments/Coordination
TIER 1: HIGH PRIORITY			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community based organization to link/attend. Measure: a. Council members will report outreach activities at each Council meeting b. Review Dashboard metrics that track outreach activities, monthly c. Review Call Volume reports to identify trends and needs, annually d. Identify 1-2 group/ gaps to concentrate connections, annually
2. Continue to strengthen the Advisory Council's relationship with state, national and <i>with emphasis to the local elected officials</i> as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions. Measure: Advocacy activities are reported during monthly Council meetings and reflected in meeting minutes.
3. Due to threats of reduced Federal funding and increased staff costs, explore opportunities to increase revenue and expand community-based programs.	Ongoing	High	Measure: a. Monthly reporting of advocacy activities. b. Update dashboard revenue graph, as revenue – or +.
TIER 2: MODERATE PRIORITY			
COVID related: Identify strategies for increased vaccine information distribution and decreased social isolation for older adults	Ongoing	Moderate	Measure: a. Identify strategies for vaccine information distribution b. Identify strategies for safe social connections for older adults and their caregivers
Formalize an Advisory Council Development Plan for member recruitment and target skill sets.	Ongoing	Moderate	Council may utilize a Council Subcommittee to assist in Board Development efforts. Measure: a. Council will complete a Development Plan. b. Council will develop and complete a Skills Inventory of current members. c. Increase racial/cultural diversity on Council
TIER 3: LOW PRIORITY			
None			
GOALS ON HOLD			
None			
GOALS COMPLETED OR DELETED			
Older Adults participation in the 2020 Census and elections; assist with community education.	Completed	High	2020 Census and elections are key to funding local programs. Council members actively participated in 2020 Census trainings and registering voter events (LWV).

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

3. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Act | | | |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

4. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

5. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

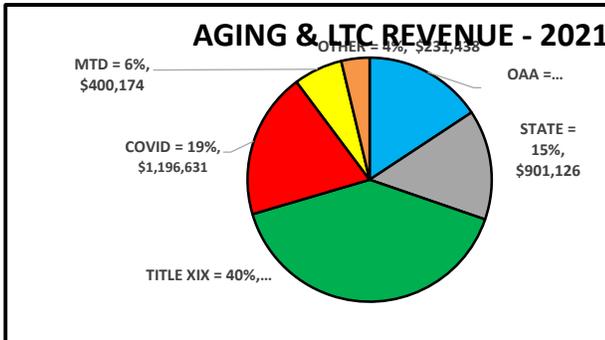
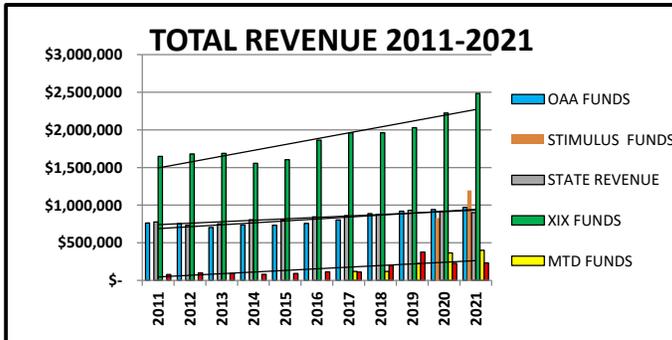
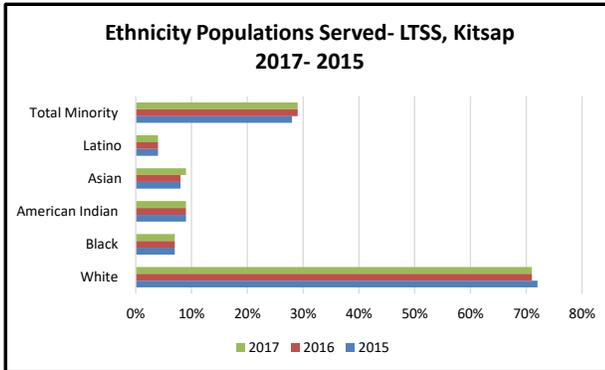
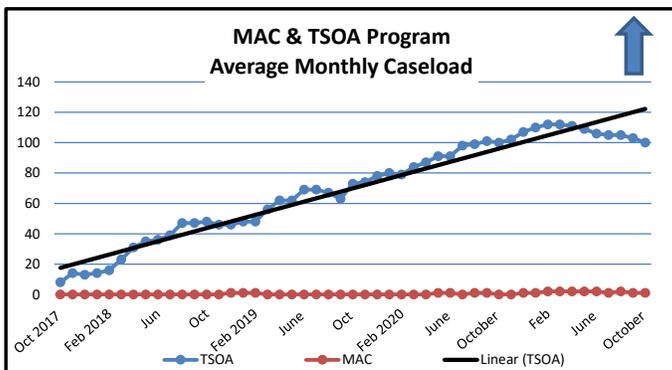
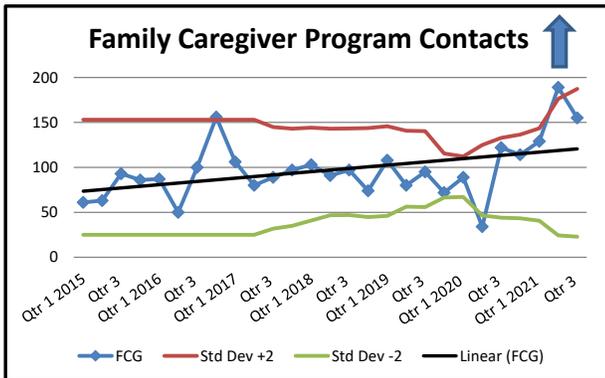
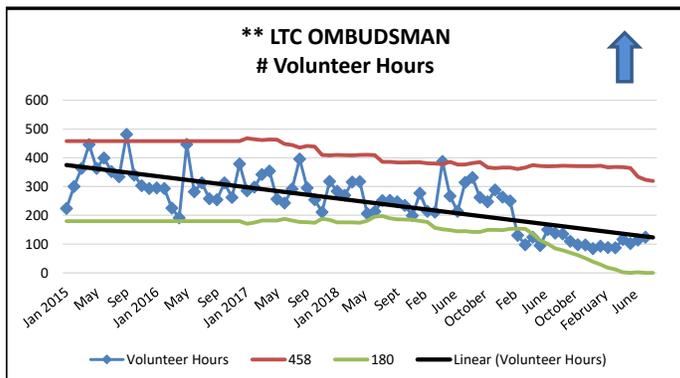
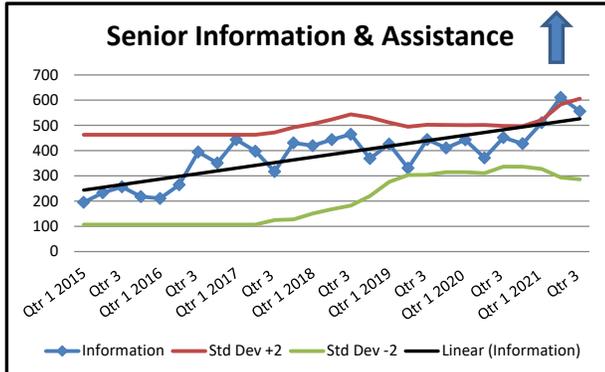
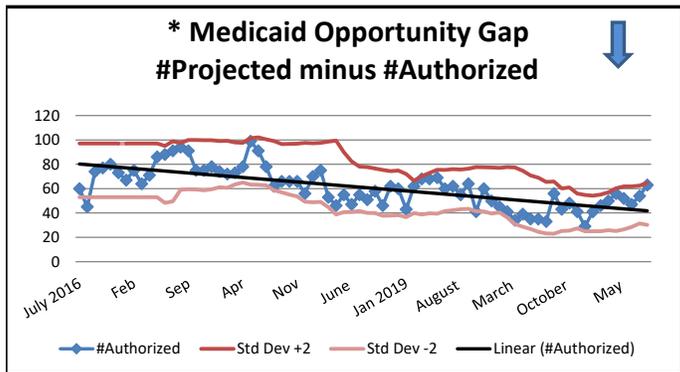
6. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

7. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Ageing & Long Term Care Advisory Council Dashboard- November 2021



* Medicaid Opportunity Gap: July 2021- Increased allocation to 1017

** Ombuds PIM effective 9.22.2021 (in person visits and vaccine)

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - February 2021: Statewide restricted opening due to Winter spikes

March 2021- Increased vaccine events

April 15, 2021- Vaccine eligibility opens to all (over age 16 years)

July 12, 2021- Staff return to the office one day a week (using hybrid remote model)

August 9, 2021: 5th wave proclaimed with Delta variant, spiked numbers in Kitsap

August 23, 2021: Governor indoor mask mandate, begins

September 1, 2021: Home assessments launch was paused due to high positivity rates

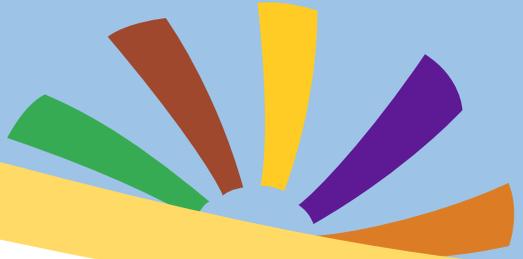
Trends:

Following legislative advocacy for biennial budget

Kitsap Aging staff working remotely, virtual workshops

Special Outreach Activities- cancelled due to COVID-19

Routine Community Outreach Activities- cancelled due to COVID-19 (since March 2020)



November is National Family Caregiver Month!

We're Here for You!

Join us on-line or by phone for discussions with local professionals to support you in helping an adult family member or friend.

Communication Tips for Caregivers Nov. 10th, 10:00am-11:00am Register: [Here](#)

Communicating with multiple people involved in someone's care

◇ Denise Hughes, Dementia Specialist

Long-Term Care 101 Nov. 15th, 5:30pm-6:30pm Register: [Here](#)

Review of types of facilities, ways to pay, and admission process

◇ Dana Gargus, Kitsap County LTC Ombudsman

Help for Helpers Nov. 17th, 5:30pm-6:30pm Register: [Here](#)

Learn about free caregiver support

◇ Jennifer Calvin-Myers,
Kitsap County Aging & Long Term Care

Registration required to participate online. Alternatively, you may contact our office or visit our website to obtain the phone number and code for the call-in option. Closed captioning provided for online attendees. Events will not be recorded.



Additionally, you may scan the QR code at right for registration links or contact:

(360) 337-5700 • (800) 562-6418 • seniorinfo@co.kitsap.wa.us

Kitsap County Aging & Long Term Care, Family Caregiver Support Program

23rd District

Senator Christine Rolfes (D)
Ways & Means (Chair),
Agriculture, Water, Natural
Resources & Parks

360.786.7644
303 John A Cherberg Building
Christine.Rolfes@leg.wa.gov
Leg. Assistant: Linda Owens



Rep. Tarra Simmons (D)
Civil Rights & Judiciary (Vice
Chair), Health Care & Wellness
Public Safety, Rules

360.930.8127
132F Legislative Building
Tarra.Simmons@leg.wa.gov
Leg. Assistant: Shannon Turner



Rep. Drew Hansen (D)
Civil Rights & Judiciary (Chair),
College & Workforce
Development, Appropriations

206.333.2975
370 John L O'Brien Building
Drew.Hansen@leg.wa.gov
Leg. Assistant: Sam Harriot

Council members: Al, Barbara, Shawn, Steve

26th District

Senator Emily Randall (D)
Higher Education & Workforce
Development (Chair), Health &
Long Term Care, Transportation

360.786.7650
416 Legislative Building
Emily.Randall@leg.wa.gov
Leg. Assistant: Sarah Myers



Rep. Michelle Caldier (R)
Housing, Human Services &
Veterans (Ranking Minority
Mem.), Health Care & Wellness
(Asst. Ranking Minority Mem.),
Appropriations, Rules

360.786.7802
122H Legislative Building
Michelle.Caldier@leg.wa.gov
Leg. Assistant: Robert Lewis



Rep. Jesse Young (R)
Children, Youth & Families,
Finance, Public Safety

360.786.7964
468 John L O'Brien Building
Jesse.Young@leg.wa.gov

Council members: Charmaine, Elizabeth, Karol, Linette, Michaelene, Susan

35th District

Senator Tim Sheldon (D)
Environment, Energy &
Technology, Transportation

360.786.7668
417 Legislative Building
Timothy.Sheldon@leg.wa.gov
Leg. Assistant: Suzette Cooper



Rep. Dan Griffey (R)
Local Government (Asst.
Ranking Minority Mem.), Public
Safety, Transportation

360.786.7966
403 John L O'Brien Building
Dan.Griffey@leg.wa.gov
Leg. Assistant: Amber Oliver



Rep. Drew MacEwen (R)
Commerce & Gaming (Ranking
Minority Mem.), Appropriations
(Asst. Ranking Minority Mem.),
Capital Budget

360.786.7902
427A Legislative Building
Drew.Macewen@leg.wa.gov
Leg. Assistant: Robert Barnes

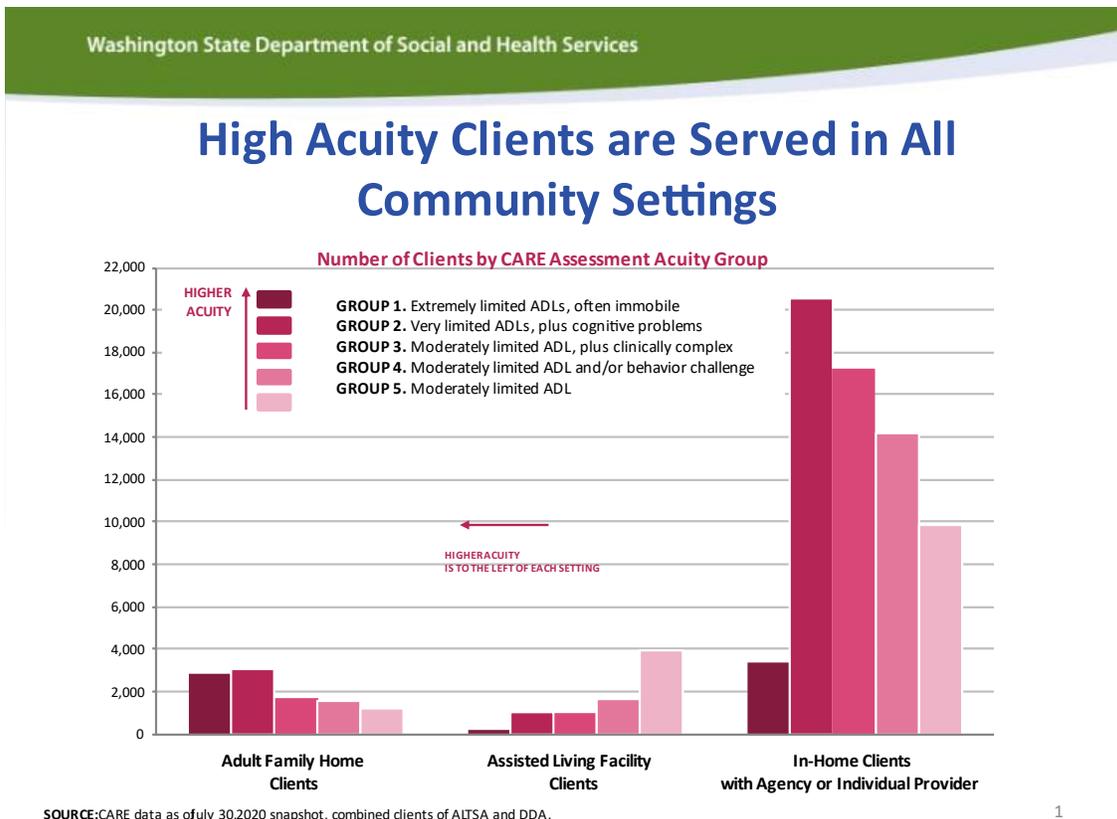
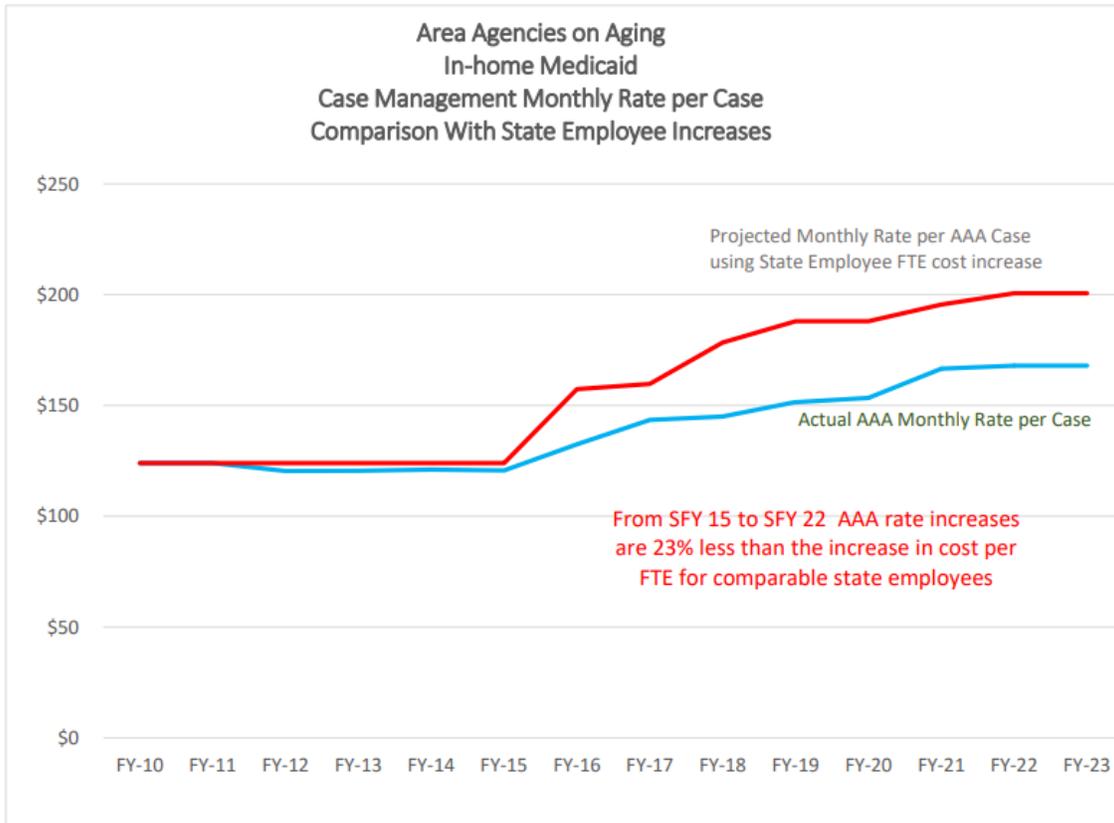
Council members:



Washington Association of Area Agencies on Aging

AAA In-Home Case Managers care for the largest numbers of most complex cases for the longest period of time: We are at the breaking point

- **Case Managers do complex, stressful, essential work:** Area Agency on Aging (AAA) case managers keep their clients living with multiple disabilities safe and cared for in their homes. Every client needs nursing-home levels of services. AAA case managers handle evictions, caregiver turnover, health crises, suicidal thoughts, make Covid vaccine appointments, address self-neglect, abuse, family conflicts, protect clients in emergencies, (heat, fire, flood, blackouts).
- **AAAs Manage the core infrastructure of Medicaid long-term care:** We oversee two thirds of people receiving Medicaid long-term care services (50,000 clients). DSHS case managers handle the remaining one third in assisted living, adult family homes, or nursing homes (25,000 clients). Serving clients in their homes is far cheaper than caring for them in facilities
- **Workforce Crisis: AAA Case Managers are overwhelmed.** Caseloads exceed 87 clients apiece. Case managers are “putting out fires” and worrying about the clients falling through the cracks as they triage emergencies every day.
- **AAA’s struggle to keep staff while funding falls further behind the state.** Since 2015, DSHS funding to cover cost of wages, benefits, and other supports for its own state caseworkers has increased 23% more than the rate for AAA for in-home case management. AAA’s face the same cost pressures. AAA rates are **not** adjusted in the maintenance level budget.
- **AAA’s match state salaries, but the job keeps getting harder.** Without funding to cover increasing costs, ever-fewer staff cope with ever-increasing caseloads, which dangerously limits time to keep clients safe.
- **Solution: Parity.** Stabilize AAA Case Management with **\$12 million GF-S** plus **\$12 million federal match to reach parity** with state staff, adjusted in the maintenance level budget. **Protect Parity in statute.**



Contact: Kate White Tudor, 360-402-1272 kate@whitetudor.com
 or Cathy Knight, cathy.knight@agingwashington.org

2021 Advisory Council Meetings & Activities

January 11	WA Legislature Begins (no events)
January 20	*Advisory Council from 11:30am- 1:30pm
January 25	W4A Pre-Lobby Day Webinar (zoom)
January 26- 28	*W4A Senior Lobby Days- All Day
February 17	*Advisory Council from 11:30am- 1:30pm
February 18	* Spring Senior Lobby Conference
March 17	* Advisory Council Retreat (10:00am- 1:30pm)
April 21	Advisory Council from 11:30am- 1:30pm
May 19	* Advisory Council from 11:30am- 1:30pm
May	* May Older Adults Virtual Events
June 16	* Advisory Council from 11:30am- 1:30pm
July 21	* Advisory Council from 11:30am- 1:30pm
August 18	* Advisory Council from 11:30am- 1:30pm
September 15	* Advisory Council from 11:30am- 1:30pm
October 20	* 2021 AAA & State Council on Aging (SCOA) Conference
October 21	* 2021 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Conference
November 17	* Advisory Council from 11:30am-1:30pm (or RETREAT)
December 15	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in-person meeting location: (South Kitsap) Cascade Room, Givens Community Center

2022 Advisory Council Meetings & Activities

January 10	WA Legislature Begins (no events)
January 19	*Advisory Council from 11:30am- 1:30pm
January 25	TBD (zoom)
January 26- 28	*W4A Senior Lobby Days- TBD
February 16	*Advisory Council from 11:30am- 1:30pm
February 18	* Spring Senior Lobby Conference - TBD
March 16	* Advisory Council Retreat (10:00am- 1:30pm)
April 20	Advisory Council from 11:30am- 1:30pm
May 18	* Advisory Council from 11:30am- 1:30pm
May	* May Older Adults Virtual Events
June 15	* Advisory Council from 11:30am- 1:30pm
July 20	* Advisory Council from 11:30am- 1:30pm
August 17	* Advisory Council from 11:30am- 1:30pm
September 21	* Advisory Council from 11:30am- 1:30pm
October 19	* 2022 AAA & State Council on Aging (SCOA) Conference
October 20	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Conference
November 16	* Advisory Council from 11:30am-1:30pm (or RETREAT)
December 21	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in-person meeting location: (South Kitsap) Cascade Room, Givens Community Center

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: December 15, 2021

Time: 11:30am- 1:30pm (11:15am for pre-meeting technical assistance)

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDEk1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members
 3. Meeting Agenda Approval
 4. November meeting notes (Attachment 1) - Approval
- 11:45am 5. 2022 Aging Council Workplan -review
(Attachment 2 2022 Workplan with highlights; Attachment 3 Final Draft)
- a. COVID vaccinations by age demographics (Attachment 4)
 - b. 2022 Council Officer Elections- Chair, Vice Chair, & Executive Committee
- 12:20pm 6. Council Member Report of Activities- Outreach form (Attachment 5)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
 - b. 2020-2021 SCOA Meetings- Karol Stevens
 - c. Council Member Report of Community Outreach Advocacy (3 minutes)- reminder complete tracking form
 - What did you do since the last meeting?
 - How many people were involved?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:00pm 7. Aging Services
- a. Holiday Card- picture
 - b. December 2021 Dashboard Report (Attachment 6)
 - Advisory Council Legislative meetings: Senator Christine Rolfes - 23rd (postponed until January 2022)
 - Rep. Tarra Simmons - 23rd (scheduled for December 17th at 11:00am)
 - Senator Emily Randall - 26th
 - Rep. Michelle Caldier - 26th
 - c. w4a Legislative Priority Fact Sheet (Attachment 7)
 - WA State Legislative Roadmap (Attachment 8)
 - Beginning to schedule January zoom meetings
 - d. 2022-2024 Vacancies: District 1 (Shawn Gibbs) and District 3 (Al Pinkham)
 - e. 2022 Advisory Council Calendar of Events (Attachment 9)
- 1:30pm ADJOURN

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

November 17, 2021 Aging Advisory Council Meeting Minutes**Zoom**

1. **Convened at 11:31 a.m.**
2. **Members Present:** Steve McMurdo, Karol Stevens, Al Pinkham, Charmaine Scott, Elizabeth Safsten, Barbara Paul, Cynthia Blinkinsop.

Members Excused: Susan Kerr.

Members Unexcused: Linda Fyfe, Linette Zimmerman.

Guests Present: None

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: None.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Barbara made a motion to approve the agenda. Al seconded and the agenda was approved.
4. **Approval of Minutes:**
 - Charmaine made a motion to approve the September meeting minutes. The motion was seconded by Barbara. The minutes were approved.
5. **2022 Aging Council Workplan**
(See Attachment 2 with revisions highlighted and Attachment 3 Final Draft)
 - The Council reviewed the 2021 Workplan and discussed revisions for 2022. Steve asked if any Council members have suggestions for changes. Stacey asked the Council if they'd like to move the COVID-19 related goal from Moderate Priority to High Priority. Steve suggested waiting until December to see how things evolve. Charmaine agreed.
 - Steve began reading through the goals. Stacey noted that reviewing the Dashboard Report and reporting on Council member activities have become a regular part of Council meetings and asked if measures a. and b. could be removed

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

from the first High Priority goal. The first three measures were removed. No changes were made to the second High Priority goal. Steve suggested either editing or removing the third High Priority goal regarding threats to funding because it is not a current issue. Stacey suggested placing the goal under Completed. Steve asked if there were any objections and there were not. The third High Priority goal was moved to Completed.

- The Council moved on to the Moderate Priorities. The first Moderate Priority goal was split due to the increasing need to address social isolation. A new High Priority goal was created to address social isolation. Stacey asked the Council if they would like to move the Moderate Priority goal regarding recruitment under Goals on Hold; action has not been taken yet and there are no current openings. The goal was placed under Goals on Hold.

6. Council Member Report of Activities

- a. 1/10th Citizens Advisory Council Representative – Charmaine Scott
 - Charmaine explained that the 1/10th Citizens Advisory Council has been working since the summer to decide which of the 37 requests for proposal would be funded. Requests totaled over \$9 million and initially there was only \$5 million to distribute. The Council was able to receive rainy day funds, bringing the total to \$7 million. Finally, 21 continuing projects and 12 new projects were able to be funded. Their Council spent a lot of time thoroughly going over requests to be sure they meet community needs and checking to see how continuing projects have been performing so far. The County Commissioners approved their recommendations with no changes.
- b. 2020-2021 State Council On Aging (SCOA) Meetings – Karol Stevens
 - Karol stated that the monthly 90-minute SCOA meetings for the Social Engagement/Isolation Committee have resumed. Karol found it interesting that social isolation is a top legislative issue. The committee discussed transitioning back to in person activities and broadband internet. Karol explained that there

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

are people who don't have skills to set up an internet connection or the finances required to set up and continue receiving broadband services. Other legislative priorities include decreasing caseloads for caregivers, the ongoing labor shortage within senior services, supporting ALTSA requests, the Long Term Care Ombuds program, the Dementia Action Collaborative, low-cost housing for older adults, and an extension for the MAC/TSOA program. SCOA will wait until next year to decide on when they will begin meeting in-person.

c. Council Member Report of Community Outreach Advocacy

- Steve attended both October conferences and said there was a lot of great information. He has also been working to renew his law license and found that the bar association is recognizing senior isolation issues in a "Bridging Social Isolation" course that discusses how the legal community can help. Steve posted information about the November Caregiver Workshops on Twitter and Nextdoor and posted a flyer at his Post Office. Steve noted that the state redistricting has not been approved and it has moved to the state Supreme Court for a decision.
- Al stressed that COVID-19 boosters for elders are very important and thinks there's still a lot to learn about the virus. He informed the council that a new Peninsula Community Health Services clinic is opening tomorrow in the Key Peninsula.
- Cynthia attended the Wednesday Caregiver Workshop and was reminded of how relational we are and that every story is important. Cynthia has been trying to share stories and network. She sent out flyers for the conference, hoping to cast wide net.
- Barbara has been busy passing out Spanish language brochures. She gave some to her primary care provider who has many Hispanic patients. She also provided Spanish and English brochures to the North Point Church in Poulsbo which has many seniors in their congregation. Barbara asked if someone is available to speak with Spanish speaking callers. Stacey explained that there

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

are telephonic translations, which brings a third person onto a call, and a case manager. Barbara asked if there are still masks available to be mailed out. Stacey said there should be about 1,200 remaining.

- Karol said the Washington Cares Fund tax is going into effect in January, and lawsuits have been brought against it. Karol will forward information she received yesterday to Stacey, and Stacey will forward on to the group. Karol explained that only about half of 1% is being taxed on earnings to provide the funds for the program. She expressed that the state has not marketed the program well. Many do not understand the benefits, and part of the issue may be the language used and the name given. The program seems like it will be used more for transitional care than long term care. The Council discussed the bill.
- Elizabeth has been spending lots of time with her new baby and plans to restart outreach efforts next month. She is still interested in contacting police and fire in South Kitsap.

7. Aging Services

- a. Holiday Card – Stacey took a picture of the Council and may take another, more festive one, during December’s meeting.
- b. Dashboard Report
 - 1/10th Partners in Memory Care Grant – Most groups were funded for 2022.
 - 1/10th NK CARES Grant – The Division of Aging and Long Term Care (ALTC) was part of the proposal. We were hoping to have a dedicated staff member to work with first responders, but this program was only partially funded.
 - Kitsap Public Health Grant – Kitsap Public Health submitted a \$10,000 grant to increase partnership with ALTC to better understand health and social issues impacting older adults in Kitsap.
 - The Council reviewed the November Dashboard Report.

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

- c. November Caregiver Workshop Flyer
 - Unfortunately, there were not many in attendance for the three workshops. Stacey described the workshops and said the last workshop, taking place tonight, has 20 people registered. Stacey said the last in person conferences had about 100 attendees.
- d. Advisory Council Legislative Meetings
 - Stacey has reached out to some legislators and will need to reconnect. Some have not responded. Stacey will decide on stories for the legislative meetings.
- e. W4A Legislative Priority Fact Sheet
 - Stacey shared the Priority Fact Sheet for the January Senior Lobby Days.
- f. 2022-2024 Reappointments
 - Steve, Barbara, and Charmaine will be seeking reappointment when their terms expire at the end of the year. Shawn has resigned, and Al will not be seeking reappointment at the end of the year.
- g. 2021 Advisory Council Calendar of Events
 - The Council agreed to meet on the normal scheduled day in December. The meeting packet will include vaccination information and demographics. It is possible they will have met with some legislators by the next meeting.
- h. 2022 Advisory Council Calendar of Events
 - Cynthia asked and Stacey confirmed that April's meeting is cancelled. Stacey would like to schedule an orientation for Cynthia, Linda, and Elizabeth.

ADJOURNMENT

The meeting was adjourned at 1:19 p.m.

Steve McMurdo, Chair



KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL

2022 WORK PLAN

Meeting Days, Time and Location: Third Wednesdays of Each Month
 11:30 pm – 1:30 pm
 Zoom virtual meetings

Advisory Council Staff: Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant
Advisory Council Chair: Steve McMurdo

Advisory Council Purpose/Mission Statement: The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being and independence of older adults, adults with disabilities, and caregivers.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services;
- Removal of individual and social barriers to economic and personal independence;
- Prevention of unnecessary or premature institutionalization;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition, health promotion and disease prevention education and activities;
- Connecting caregivers to individualized support and guidance to help empower them in their caregiving role
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2022 Goal	Status	Priority Level	Comments/Coordination
TIER 1: HIGH PRIORITY			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community based organization to link/attend. Measure: a. Council members will report outreach activities at each Council meeting b. Review Dashboard metrics that track outreach activities, monthly c. Review Call Volume reports to identify trends and needs, annually d. Identify 1-2 group/ gaps to concentrate connections, annually
2. Continue to strengthen the Advisory Council's relationship with state, national and with emphasis to the local elected officials as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions. Measure: Advocacy activities are reported during monthly Council meetings and reflected in meeting minutes.
3. COVID related: Decreased social isolation for older adults.			Measure: a. Identify strategies for safe social connections for older adults and their caregivers
TIER 2: MODERATE PRIORITY			
COVID related: Identify strategies for increased vaccine and booster information distribution.	Ongoing	Moderate	Measure: a. Identify strategies for vaccine information distribution
TIER 3: LOW PRIORITY			
None			
GOALS ON HOLD			
Formalize an Advisory Council Development Plan for member recruitment and target skill sets.	Ongoing	Moderate	Council may utilize a Council Subcommittee to assist in Board Development efforts. Measure: a. Council will complete a Development Plan. b. Council will develop and complete a Skills Inventory of current members. Increase racial/cultural diversity on Council
GOALS COMPLETED OR DELETED			
Older Adults participation in the 2020 Census and elections; assist with community education.	Completed	High	2020 Census and elections are key to funding local programs. Council members actively participated in 2020 Census trainings and registering voter events (LWV).
Due to threats of reduced Federal funding and increased staff costs, explore opportunities to increase revenue and expand community-based programs.	Ongoing	High	Measure: a. Monthly reporting of advocacy activities. b. Update dashboard revenue graph, as revenue – or +.



KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL **2022 WORK PLAN**

Meeting Days, Time and Location: Third Wednesdays of Each Month
11:30 pm – 1:30 pm
Zoom virtual meetings

Advisory Council Staff: Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant
Advisory Council Chair: Steve McMurdo

Advisory Council Purpose/Mission Statement: The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being and independence of older adults, adults with disabilities, and caregivers.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services;
- Removal of individual and social barriers to economic and personal independence;
- Prevention of unnecessary or premature institutionalization;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition, health promotion and disease prevention education and activities;
- Connecting caregivers to individualized support and guidance to help empower them in their caregiving role
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2022 Goal	Status	Priority Level	Comments/Coordination
TIER 1: HIGH PRIORITY			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community based organization to link/attend. Measure: a. Identify 1-2 group/ gaps to concentrate connections, annually
2. Continue to strengthen the Advisory Council's relationship with state, national and <i>with emphasis to the local elected officials</i> as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions. Measure: Advocacy activities are reported during monthly Council meetings and reflected in meeting minutes.
3. COVID related: Decreased social isolation for older adults.			Measure: a. Identify strategies for safe social connections for older adults and their caregivers
TIER 2: MODERATE PRIORITY			
COVID related: Identify strategies for increased vaccine and booster information distribution.	Ongoing	Moderate	Measure: a. Identify strategies for vaccine information distribution
TIER 3: LOW PRIORITY			
None			
GOALS ON HOLD			
Formalize an Advisory Council Development Plan for member recruitment and target skill sets.	Ongoing	Moderate	Due to recent appointments, the Council has been full. Postpone utilizing a Council Subcommittee to create a Board Development Plan.
GOALS COMPLETED OR DELETED			
Due to threats of reduced Federal funding and increased staff costs, explore opportunities to increase revenue and expand community-based programs.	Completed		2020-2024: Family First, CARES and American Rescue stimulus funds were received. Network provider and services have expanded to meet local needs.



Welcome to Kitsap Public Health District

 search


[Vaccine Information](#)

Webpage: [Coronavirus \(kitsapublichealth.org\)](https://www.kitsapublichealth.org/Coronavirus)

Kitsap County Vaccine Distribution Demographics

Weekly Updates - Tuesday

Last Updated: 12/1/2021



Healthcare providers in our county have been administering COVID-19 vaccines since December. Kitsap Public Health District (KPHD) is working with the state to better understand who in our county is getting vaccinated using the state's immunization data. The Department of Defense data is not included. The data reveals how local vaccination rates vary by age, race, ethnicity, and geographic area. Similar disparities are being seen across the state. KPHD is collaborating with service organizations and healthcare providers to support equitable access to vaccine and reach populations hardest hit by the pandemic.

Kitsap County Vaccine Distribution Demographics

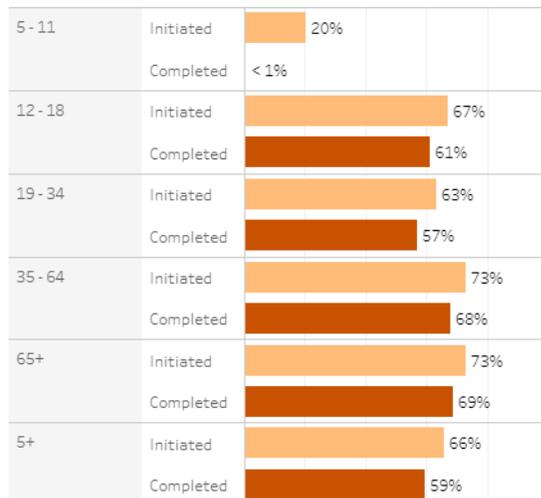
Weekly Updates - Tuesday

Last Updated: 12/1/2021

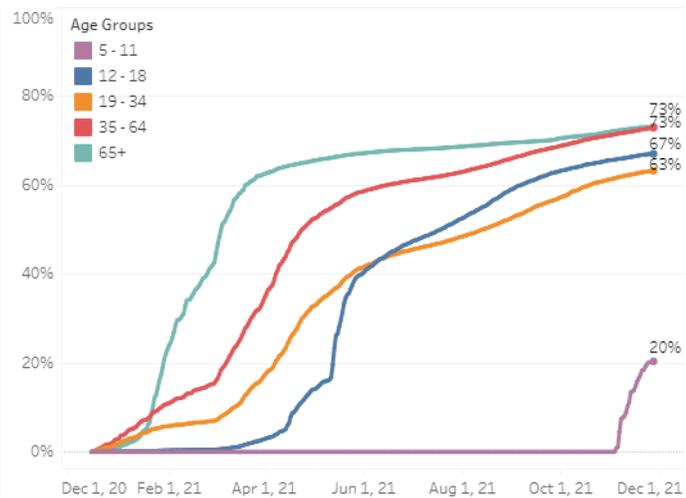


Healthcare providers in our county have been administering COVID-19 vaccines since December. Kitsap Public Health District (KPHD) is working with the state to better understand who in our county is getting vaccinated using the state's immunization data. The Department of Defense data is not included. The data reveals how local vaccination rates vary by age, race, ethnicity, and geographic area. Similar disparities are being seen across the state. KPHD is collaborating with service organizations and healthcare providers to support equitable access to vaccine and reach populations hardest hit by the pandemic.

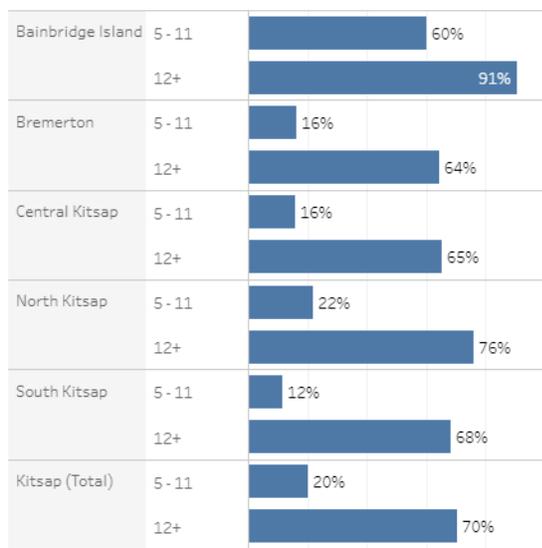
Percent of Kitsap Residents Vaccinated by Age Group and Stage of Vaccination



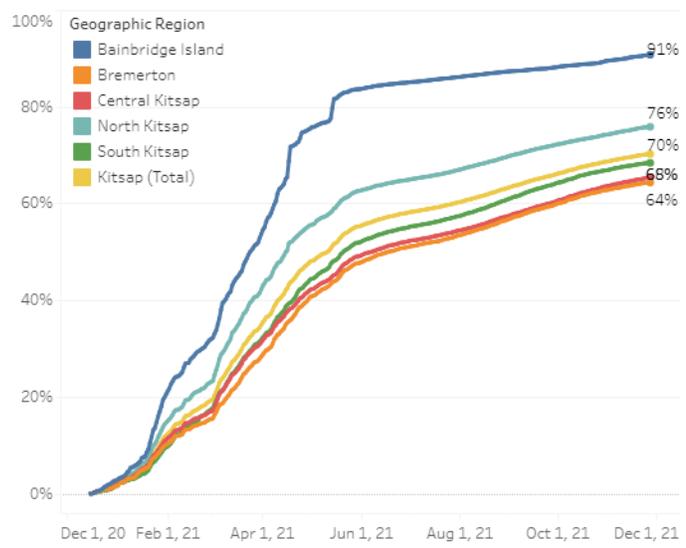
Percent of Kitsap Residents who Have Initiated Vaccination by Age Group and Date of Vaccination



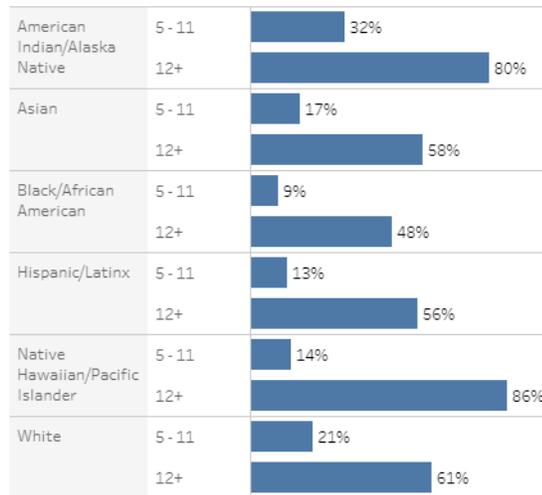
Percent of Vaccinated Kitsap Residents by Geographic Region and Age



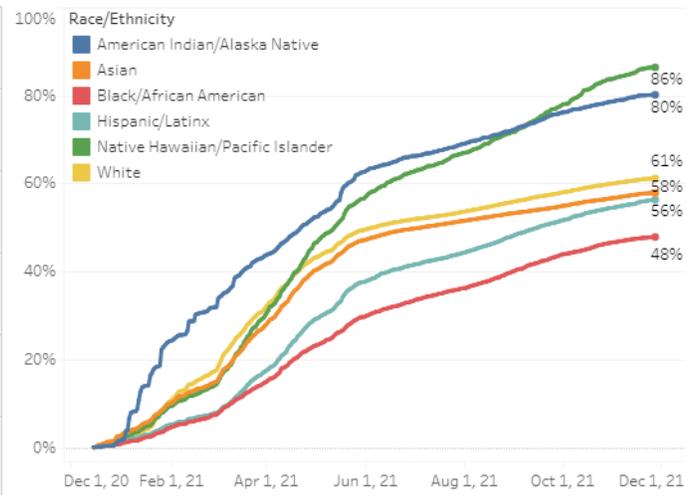
Percent of Kitsap Residents who Have Initiated Vaccination by Geographic Region and Date of Vaccination



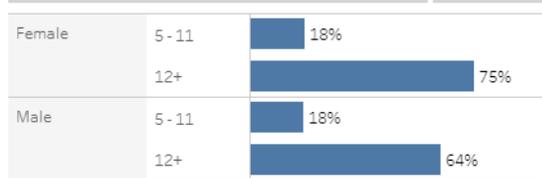
Percent of Vaccinated Kitsap Residents by Race/Ethnicity and Age



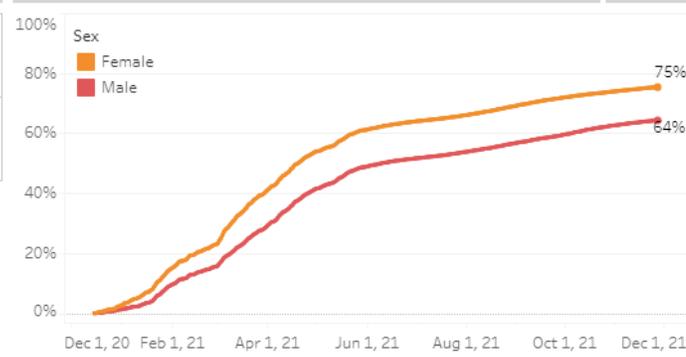
Percent of Kitsap Residents who Have Initiated Vaccination by Race/Ethnicity and Date of Vaccination



Percent of Vaccinated Kitsap Residents by Sex and Age



Percent of Kitsap Residents who Have Initiated Vaccination by Sex and Date of Vaccination



Missing Data: <1% of sex data, 9% of race/ethnicity data, 11% of vaccinations given in Kitsap County are missing ZIP Code of residence and therefore excluded.
Sources: (1) Vaccination data reported to WA State Immunization Information System (WA IIS) as of 11/27/2021, Notes: Addresses may not be most current address of vaccine recipients; Age is calculated based on date of first dose. (2) WA State Office of Financial Management, Population Estimates, 2020.

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

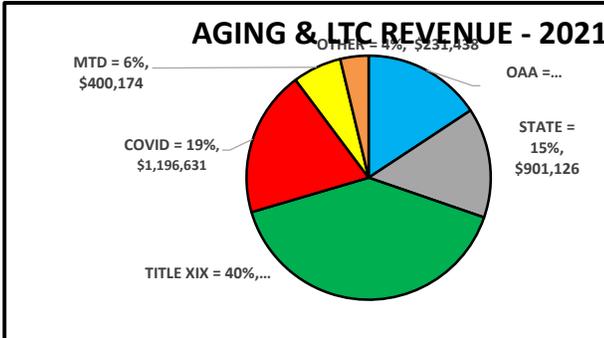
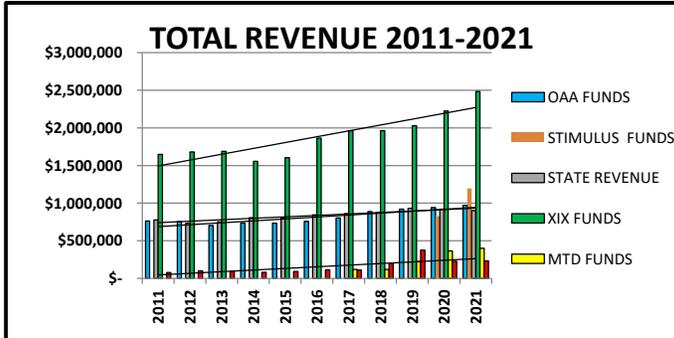
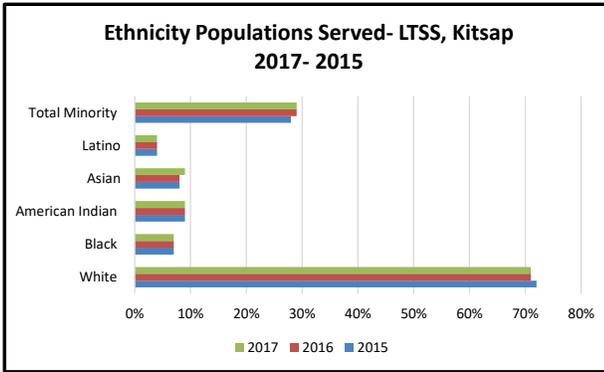
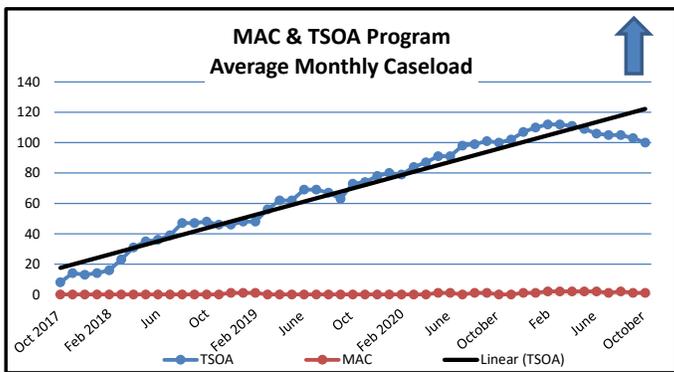
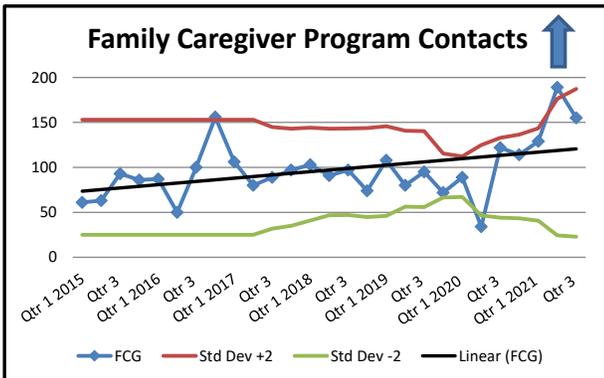
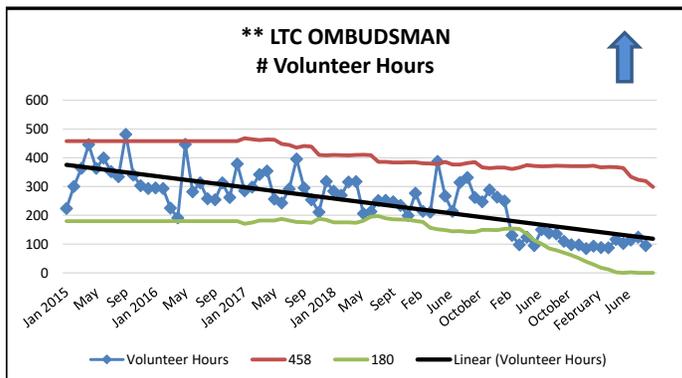
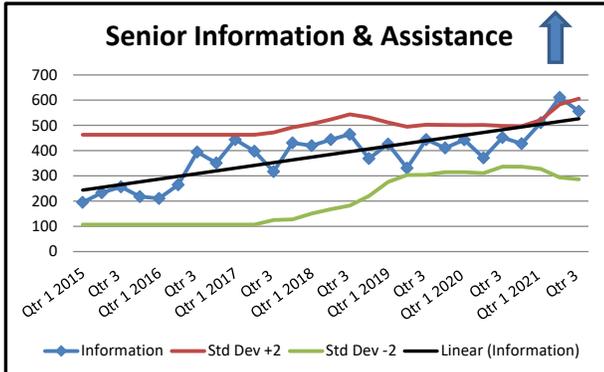
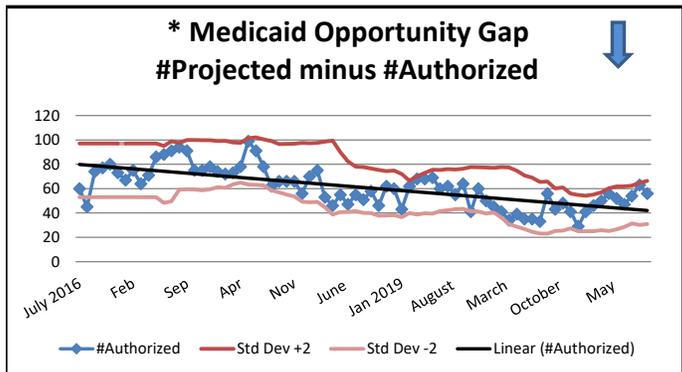
7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Ageing & Long Term Care Advisory Council Dashboard- December 2021



* Medicaid Opportunity Gap: July 2021- Increased allocation to 1017

** Ombuds PIM effective 9.22.2021 (in person visits and vaccine)

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - February 2021: Statewide restricted opening due to Winter spikes

March 2021- Increased vaccine events

April 15, 2021- Vaccine eligibility opens to all (over age 16 years)

July 12, 2021- Staff return to the office one day a week (using hybrid remote model)

August 9, 2021: 5th wave proclaimed with Delta variant, spiked numbers in Kitsap

August 23, 2021: Governor indoor mask mandate, begins

September 1, 2021: Home assessments launch was paused due to high positivity rates

Trends:

Following legislative advocacy for biennial budget

Kitsap Aging staff working remotely, virtual workshops

Special Outreach Activities- cancelled due to COVID-19

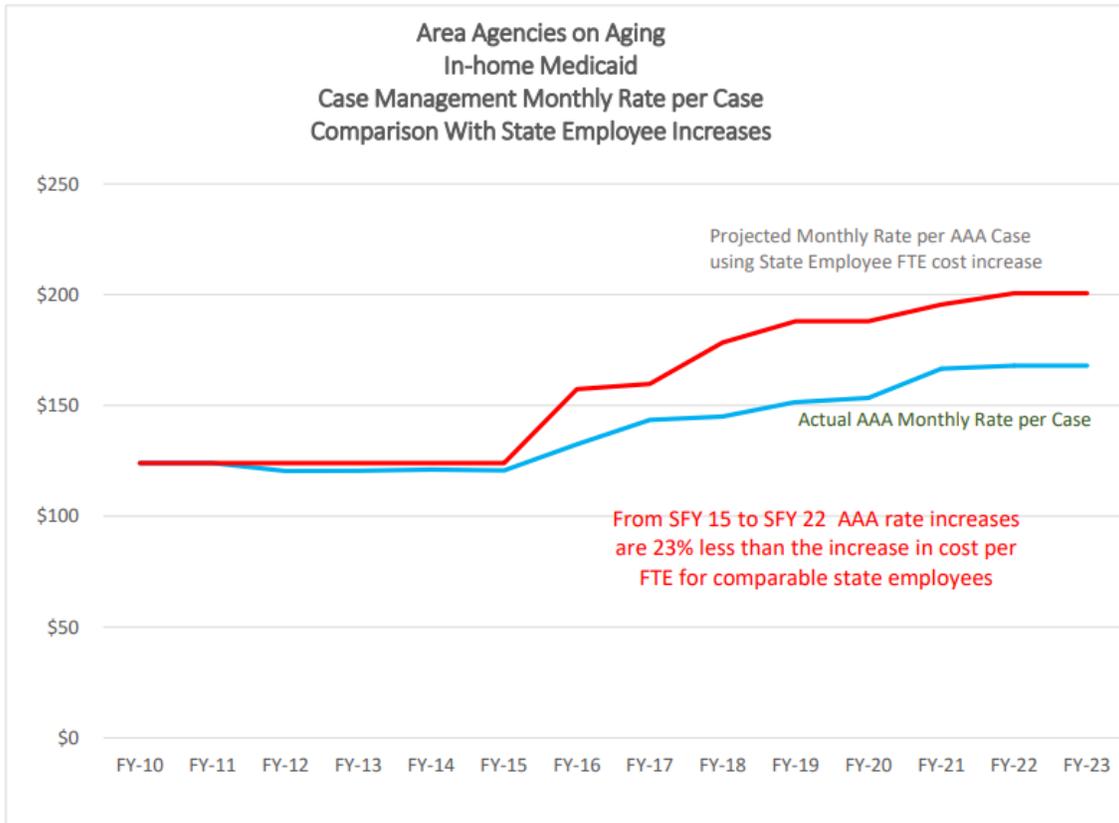
Routine Community Outreach Activities- cancelled due to COVID-19 (since March 2020)



Washington Association of Area Agencies on Aging

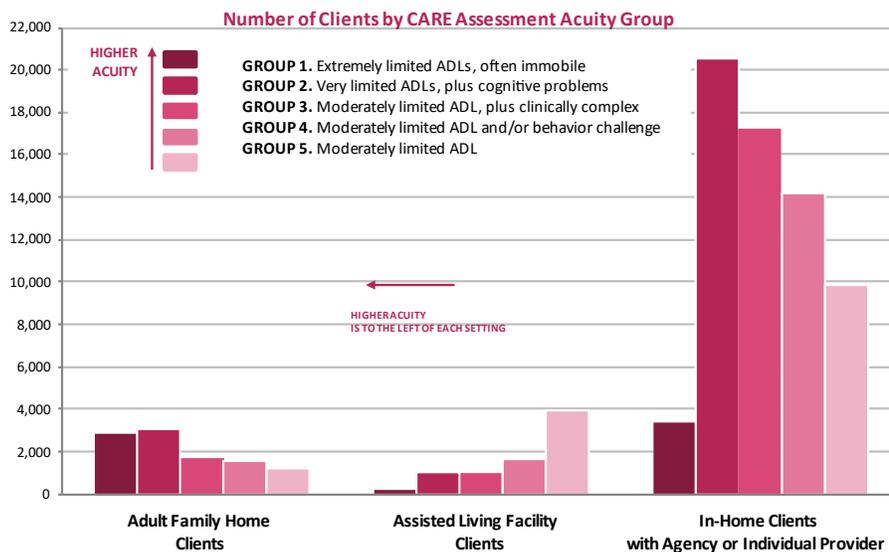
AAA In-Home Case Managers care for the largest numbers of most complex cases for the longest period of time: We are at the breaking point

- **Case Managers do complex, stressful, essential work:** Area Agency on Aging (AAA) case managers keep their clients living with multiple disabilities safe and cared for in their homes. Every client needs nursing-home levels of services. AAA case managers handle evictions, caregiver turnover, health crises, suicidal thoughts, make Covid vaccine appointments, address self-neglect, abuse, family conflicts, protect clients in emergencies, (heat, fire, flood, blackouts).
- **AAAs Manage the core infrastructure of Medicaid long-term care:** We oversee two thirds of people receiving Medicaid long-term care services (50,000 clients). DSHS case managers handle the remaining one third in assisted living, adult family homes, or nursing homes (25,000 clients). Serving clients in their homes is far cheaper than caring for them in facilities
- **Workforce Crisis: AAA Case Managers are overwhelmed.** Caseloads exceed 87 clients apiece. Case managers are “putting out fires” and worrying about the clients falling through the cracks as they triage emergencies every day.
- **AAA’s struggle to keep staff while funding falls further behind the state.** Since 2015, DSHS funding to cover cost of wages, benefits, and other supports for its own state caseworkers has increased 23% more than the rate for AAA for in-home case management. AAA’s face the same cost pressures. AAA rates are **not** adjusted in the maintenance level budget.
- **AAA’s match state salaries, but the job keeps getting harder.** Without funding to cover increasing costs, ever-fewer staff cope with ever-increasing caseloads, which dangerously limits time to keep clients safe.
- **Solution: Parity.** Stabilize AAA Case Management with **\$12 million GF-S** plus **\$12 million federal match to reach parity** with state staff, adjusted in the maintenance level budget. **Protect Parity in statute.**



Washington State Department of Social and Health Services

High Acuity Clients are Served in All Community Settings



SOURCE: CARE data as of July 30, 2020 snapshot, combined clients of AITSA and DDA.

Contact: Kate White Tudor, 360-402-1272 kate@whitetudor.com
or Cathy Knight, cathy.knight@agingwashington.org

State budget timeline

State agencies

SEPT 2021
Agencies submit budget requests

JULY 1, 2022
Biennial budget takes effect

JUNE–JULY 2022
Agencies submit detailed spending plans

Governor & Office of Financial Management (OFM)

JUNE 2021
OFM issues budget instructions

NOV 2021
Quarterly revenue & caseload forecasts

FALL 2021
OFM reviews & governor decides

SUMMER–FALL 2021
Collective bargaining occurs

OCT 2021
Determination of employee contract financial feasibility

DEC 2021
Governor proposes budget to Legislature

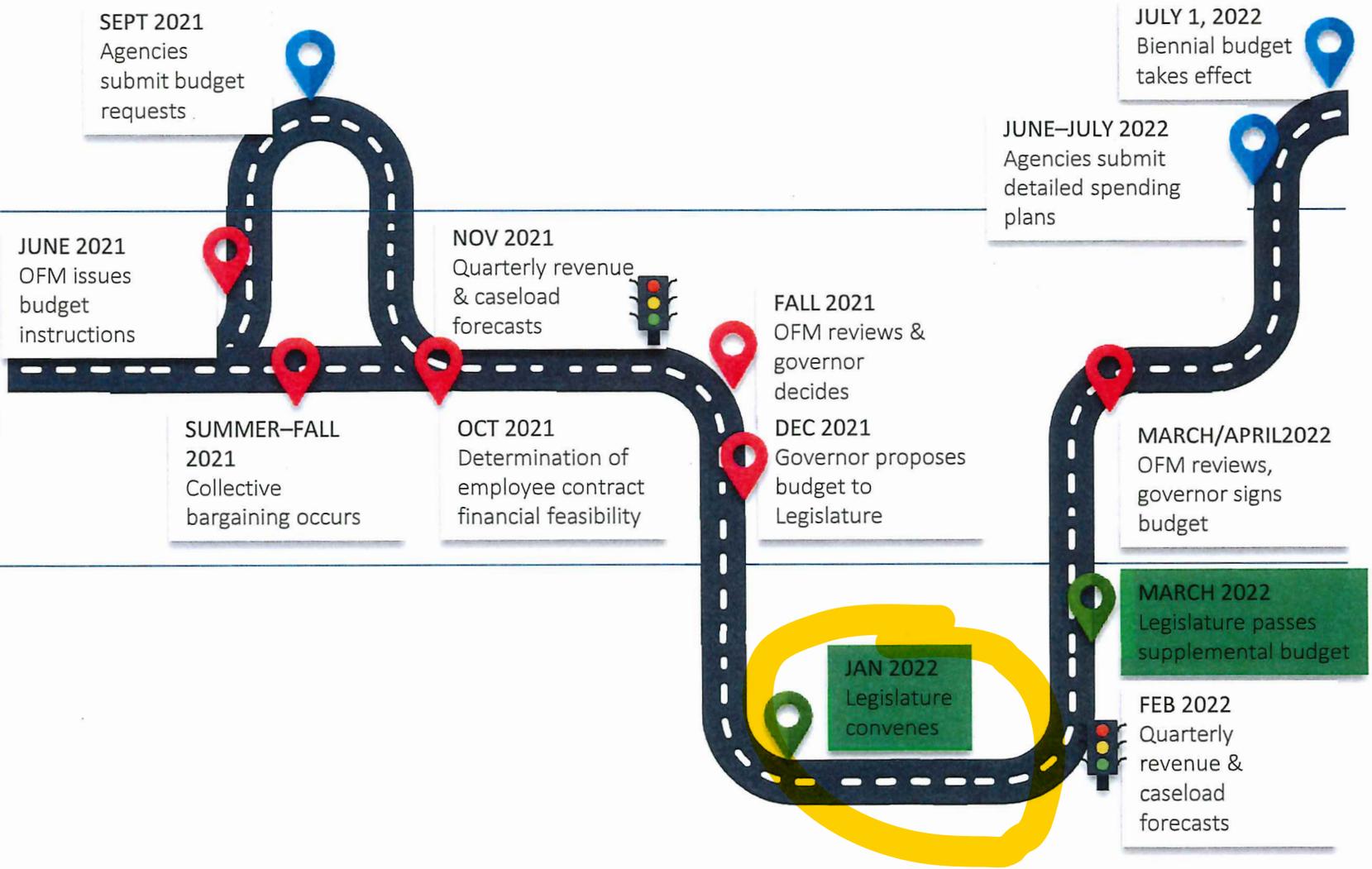
MARCH/APRIL 2022
OFM reviews, governor signs budget

State Legislature

JAN 2022
Legislature convenes

MARCH 2022
Legislature passes supplemental budget

FEB 2022
Quarterly revenue & caseload forecasts



2022 Advisory Council Meetings & Activities

January 10	WA Legislature Begins (no events)
January 19	*Advisory Council from 11:30am- 1:30pm
January 25	TBD (zoom)
January 26- 28	*W4A Senior Lobby Days- TBD
February 16	*Advisory Council from 11:30am- 1:30pm
February 18	* Spring Senior Lobby Conference - TBD
March 16	* Advisory Council Retreat (10:00am- 1:30pm)
April 20	Advisory Council from 11:30am- 1:30pm
May 18	* Advisory Council from 11:30am- 1:30pm
May	* May Older Adults Virtual Events
June 15	* Advisory Council from 11:30am- 1:30pm
July 20	* Advisory Council from 11:30am- 1:30pm
August 17	* Advisory Council from 11:30am- 1:30pm
September 21	* Advisory Council from 11:30am- 1:30pm
October 19	* 2022 AAA & State Council on Aging (SCOA) Conference
October 20	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Conference
November 16	* Advisory Council from 11:30am-1:30pm (or RETREAT)
December 21	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in-person meeting location: (South Kitsap) Cascade Room, Givens Community Center