



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH

January 9, 2020

Olympic Educational Service District 114 105 National Ave. N. Bremerton, WA 4:30-6:00 pm

THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

<u>Advocate</u> for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

A G E N D A

4:30	WELCOME & INTRODUCTIONS
4:35	APPROVAL OF THE MINUTES/AGENDA AMENDMENTS MEMBERSHIP UPDATE
4:40	YOUTH REPRESENTATIVE REPORTS
4:50	STRATEGIC PLANNING KCHP SUMMIT & DATA UPDATING VISION/PURPOSE
5:45	NEW BAN ON TOBACCO/VAPE SALES TO UNDER 21 KITSAP EDUCATION AND ENFORCEMENT PLAN
5:55	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING- FEBRUARY 6, 2020
6:00	PROJECT TEAM MEETINGS – AS NEEDED

Kitsap County Commission on Children and Youth AGENDA BRIEFING – January 9, 2020 4:30 P.M. – 6:00 P.M.

Olympic Educational Service District 114 105 National Avenue North, Bremerton, WA 98312

- 4:30 p.m. WELCOME & INTRODUCTIONS
- 4:35 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA
 The January Minutes and changes to the agenda will be approved.
 Laura will also provide a quick membership update.
- 4:40 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

4:50 p.m. STRATEGIC PLANNING

We will continue our work on the strategic planning process as well as the role of the Youth Forum in the development of the strategic plan.

The Kitsap Community Health Priorities (KCHP) Summit Data will be discussed. Jeff Allen will lead the board through the development of a vision/purpose.

5:45 p.m. NEW BAN ON TOBACCO/VAPE SALES TO UNDER 21 -KITSAP EDUCATION AND ENFORCEMENT PLAN

Laura will share information about the new 2020 Tobacco Vape 21 law and the education and enforcement plans for Kitsap county.

- 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

 Members of the board & the public will announce events & share comments.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: FEBRUARY 6. 2020.

Kitsap County Commission on Children and Youth

MINUTES December 5, 2019

The Kitsap County Commission on Children and Youth meeting was held on Thursday, December 2019 4:30 -6:00 p.m. at Olympic Educational Service District 114 in Bremerton. Jeff Allen the Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Jeff asked members and guests for self-introductions

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The November 2019 meeting and Annual Planning Session Minutes were reviewed and approved.

III. YOUTH REPRESENTATIVE REPORTS

We did not have Youth Representatives at the meeting. It was noted that we have openings for Youth Representatives in Bremerton, Central and North Kitsap. The desire to have more youth input was discussed and it is the hope of the Commission that we will make this happen through the coming Youth Forums.

IV. STRATEGIC PLANNING PROCESS REVIEW- YOUTH FORUM PLANNING

IT was decided to set priorities

V. NALOXONE TRAINING & KIT DISTRIBUTION

Laura facilitated and members of the Youth Commission completed training on Naloxone and Opioid Overdose Response and Prevention. Those that completed the training received Naloxone Kits to revive an individual experiencing an Opioid overdose. 11 kits were distributed.

VI. ANNOUNCEMENTS/PUBLIC COMMENT

Program updates and events were shared.

XIII. ADJOURNMENT & NEXT MEETING

It was decided to move the January meeting to one week later on January 9th due to scheduling conflicts presented by the holidays. The meeting was adjourned.

XII. ATTENDANCE

COMMISSION MEMBERS		STAFF		GUESTS	
Ursula Petters	Laura Hy	'de			
Jessica Guidry			Erica \	White	
Kelly Sanchez			Nancy	Gurley	
Connie Mueller					
Joy Lile					
Jeff Allen					
Lisa Lechuga					
Ashley Jensen					
Charles Stevenson					
		Absent			
Susan Chesbrough					
Patrick Woo Ching					
Christy Garner					
Nolan Hubbell					
Michael Ramsdell					
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Come Join Us!



Come join us for our Youth Marijuana Prevention and Education Program - Olympic Region Networking Meeting

Guest Speakers Sara Broschart

WA Liquor and Cannabis Board Advocacy vs. Lobbying: Identifying Local & State Advocacy Opportunities

Dave Harrelson WA State Department of Health Statewide Updates

When: Thursday, January 30, 2020 Time: 9:00 AM - 12:30 PM Where: Jefferson County Library 620 Cedar Ave. Port Hadlock, WA 98339

CLICK HERE to RSVP!

or manually search:

https://www.eventbrite.com/e/ympep-winter-olympic-regionnetworking-meeting-tickets-86596056135

THANKYOU	

Helping
Individuals
& Families
in Need





One-Stop FREE Services & Information Fairs

North Kitsap Project Connect

Tuesday ~ January 21, 2020~ 10AM to 2PMGateway Fellowship Church — **NEW Location!**18901 8th Ave NE, Poulsbo, WA 98370

Bremerton Project Connect

Wednesday ~ January 22, 2020 ~ 10AM to 2PM The Salvation Army 832 6th Street Bremerton, WA 98337

South Kitsap Project Connect

Thursday ~ January 23 2020 ~ 10AM to 2PM Givens Community Center 1026 Sidney Ave Port Orchard, WA 98366

- FREE Lunch
- Housing Information
- DSHS/Foodstamps
- Employment Info
- Food Bank Info
- Mental Health Info
- Child Support
- Homeless Resources
- Hygiene Kits
- Medical Insurance
- Head Start
- WIC
- Pet Food
- Legal Services
- Transportation Info
- Veterans Info
- Medical Van
- And MORE!

(Service offerings will vary by location.)

Thanks to our sponsors:

















February 6, 2020

Olympic Educational Service District 114 105 National Ave. N. Bremerton, WA 4:30-6:00 pm

THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

AGENDA

4:30	WELCOME & INTRODUCTIONS
4:35	APPROVAL OF THE MINUTES/AGENDA AMENDMENT MEMBERSHIP UPDATE
4:40	YOUTH REPRESENTATIVE REPORTS
4:50	WORK PLAN DISCUSSION AND APPROVAL
5:15	RFP DISCUSSION AND APPROVAL
5:40	MEMBERSHIP DISCUSSION
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING- MARCH 5, 2020
6:00	PROJECT TEAM MEETINGS – AS NEEDED

Kitsap County Commission on Children and Youth AGENDA BRIEFING – February 6, 2020 4:30 P.M. – 6:00 P.M.

Olympic Educational Service District 114 105 National Avenue North, Bremerton, WA 98312

- 4:30 p.m. WELCOME & INTRODUCTIONS
- 4:35 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA
 The January Minutes and changes to the agenda will be approved.
 Laura will also provide a quick membership update.
- 4:40 p.m. YOUTH REPRESENTATIVE REPORT

 Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.
- 4:50 p.m. WORK PLAN DISCUSSION AND APPROVAL

 Jessica and Laura will lead the discussion of the draft 2020 Work Plan. Any revisions will be made and the Board will vote to approve the Plan.
- 5:15 p.m. RFP DISCUSSION AND APPROVAL

 Jessica and Laura will introduce the 2020 Programs that Prevent and Reduce the Impact of Adverse Childhood Experiences through Building Resiliency Request for Proposals. (RFP) This is our annual funding we offer to support youth projects in the community. Questions will be answered and necessary revisions will be made. The Board will vote to approve the RFP.
- 5:40 p.m. MEMBERSHIP DISCUSSION
 Laura will lead the discussion on membership, recruitment and the selection process.
- 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

 Members of the board & the public will announce events & share comments.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: March 5, 2020.

Kitsap County Commission on Children and Youth

MINUTES January 9, 2020

The Kitsap County Commission on Children and Youth meeting was held on Thursday, January 9, 2020 4:30 -6:00 p.m. at Olympic Educational Service District 114 in Bremerton. Jeff Allen the Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Jeff asked members and guests for self-introductions

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The December 2019 Meeting Minutes were reviewed and approved.

III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community. It was noted that we have openings for Youth Representatives in Bremerton, Central and North Kitsap. The desire to have more youth input was discussed and it is the hope of the Commission that we will make this happen through the coming Youth Forums.

IV. STRATEGIC PLANNING

Jeff shared information about the findings from the KCHP Summit and the Healthy Youth Survey. The Youth Commission will be the lead on the *Well Being* Workgroup. We have requested more information about the roles and responsibilities. Key take away from the data analysis is that one of the most effective things that improve health and overall well-being of children and youth is to have a relationship between young people and one responsible caring adult. Other key factors include supporting and educating parents and increasing the coordination between youth programs.

V. <u>NEW BAN ON TOBACCO/VAPE SALES TO UNDER 21- KITSAP EDUCATION AND ENFORCEMENT PLAN</u>

Laura presented information and answered questions about the new Tobacco/Vape 21 law that took effect 1/1/20.

VI. ANNOUNCEMENTS/PUBLIC COMMENT

Program updates and events were shared.

XIII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. Next meeting will be held on February 5, 2020.

XII. ATTENDANCE

COMMISSION MEMBERS		STAFF		GUESTS	
Nolan Hubbell Laura Hyd		'de	Sofia S	Smith Cuprill	
Michael Ramsdell			Ana C	uprill	
Kelly Sanchez					
Connie Mueller					
Ashley Jensen					
Jeff Allen					
Erica White					
Nancy Gurley					
		Absent	l		
Susan Chesbrough					
Patrick Woo Ching					
Christy Garner					
Lisa Lechuga					
Joy Lile					
Ursula Petters					
Jessica Guidry					
Charles Stevenson					
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KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH

March 5, 2020

Olympic Educational Service District 114 105 National Ave. N. Bremerton, WA 4:30-6:00 pm

THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

<u>Advocate</u> for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

AGENDA

4:30	WELCOME & INTRODUCTIONS
4:35	APPROVAL OF THE MINUTES/AGENDA AMENDMENTS MEMBERSHIP UPDATE
4:40	YOUTH REPRESENTATIVE REPORTS
4:50	OVERVIEW OF BOARD ROLES, DUTIES & UPDATES
5:20	RFP UPDATE AND NEXT STEPS
5:25	MEMBERSHIP DISCUSSION
5:40	WORKPLAN DISCUSSION
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING- APRIL 2, 2020
6:00	PROJECT TEAM MEETINGS – AS NEEDED

Kitsap County Commission on Children and Youth AGENDA BRIEFING – March 5, 2020 4:30 P.M. – 6:00 P.M.

Olympic Educational Service District 114 105 National Avenue North, Bremerton, WA 98312

- 4:30 p.m. WELCOME & INTRODUCTIONS
- 4:35 p.m. <u>APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA</u>
 The January and February Minutes will be approved. Any changes to the March

Agenda will be approved.

4:40 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

4:50 p.m. OVERVIEW OF BOARD ROLES, DUTIES & UPDATES

Rebecca Pirtle, the Kitsap County Volunteer Coordinator will provide the annual overview of the role of our board in Kitsap county government, other county boards, and the duties of our board members. Rebecca will also provide information about other county boards and their activities. Rebecca will also answer any questions board members may have.

5:20 p.m. RFP UPDATES AND NEXT STEPS

Laura will provide an update on our RFP (Request for Proposals of the Programs That Reduce and Prevent the Impact of Adverse Childhood Experiences Through Building Resiliency) status and timeline. A grant application review committee will be formed and meeting location set. The review committee date is April 23, 2020 and tentative meeting time is: 4-7pm. (selections have been completed by 6 pm for the last 3 years)

5:25 p.m. MEMBERSHIP DISCUSSION

Laura will provide a membership update. Board members will discussion board composition, potential recruits, and the selection process.

5:40 p.m. WORK PLAN DISCUSSION

Board members will review the work plan and develop action items

- 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

 Members of the board & the public will announce events & share comments.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: April 2, 2020

(PROJECT TEAM MEETINGS AS NEEDED)

Kitsap County Commission on Children and Youth

MINUTES February 6, 2020

The Kitsap County Commission on Children and Youth meeting was held on Thursday, February 6, 2020 4:30 -6:00 p.m. at Olympic Educational Service District 114 in Bremerton. Jessica Guidry, the Board Vice Chairperson facilitated this meeting and called the meeting to order. Laura Hyde called in and served as staff and recorder. Laura is out of the office on medical leave.

I. WELCOME & INTRODUCTIONS

Jessica asked members and guests for self-introductions

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The January 2020 Meeting Minutes will be reviewed at the next meeting.

III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community. It was noted that we have openings for Youth Representatives in Bremerton, Central and North Kitsap.

IV. WORK PLAN DISCUSSION AND APPROVAL

The board reviewed the draft work plan, made some changes, and approved it by a vote.

V. RFP DISCUSSION AND APPROVAL

The board reviewed the draft Request for Proposals on our *Programs that Prevent and Reduce the Impact of Adverse Childhood Experiences through Building Resiliency* (RFP), With a few minor edits, the board approved it by a vote. Laura will move it forward for posting on March 12th as planned.

VI. MEMBERSHIP DISCUSSION

The membership discussion was postponed until next month due to lack of time remaining for the meeting.

VII. ANNOUNCEMENTS/PUBLIC COMMENT

Program updates and events were shared.

VIII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. Next meeting will be held on March 5, 2020.

IX. ATTENDANCE

COMMISSION MEMBERS	,	STAFF	GUESTS	
Nolan Hubbell	Laura Hy	de – call in		
Michael Ramsdell				
Lisa Lechuga				
Connie Mueller				
Ashley Jensen				
Charles Stevenson				
Jessica Guidry				
Nancy Gurley				
		Absent		
Susan Chesbrough				1
Patrick Woo Ching				1
Christy Garner				1
Erica White				1
Joy Lile				1
Ursula Petters				1
Kelly Sanchez				1
Juliette Brown				1
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IS IT EVER HARD TO CONNECT WITH YOUR TEEN

about their values and making healthy choices?







Linking Families and Teens is a 6-hour program that brings teens (ages 13-19) and their supportive adult(s)* together to learn how to share family values, strengthen family bonds, and talk about the tough stuff – like sexual health and relationships.

- Encourage your teen to open up to you
- Support your teen to achieve their goals
- Help your teen make healthy choices
- Connect with other parenting adults in your community



March 21st 2020 from 10:30 am – 4:30 pm Sylvan Way library - 1301 Sylvan Way, Bremerton, WA 98310

*Supportive Adult is any parent, caregiver, grandparent, aunt or uncle, or other important adult in the life of a teen.

Questions? Interested in participating?

Call or Text: Erica White | 206-919-3614 erica.white@ppgnhi.org | sign-up today: www.bit.do/LiFTsignup



JUST DON'T GET LIKE YOUR PARENTS ON TO STATE OF THE PARENTS OF THE

is it tough to talk with adults about the important things?

LiFT is a 6-hour program that brings teens together in a safe space where you'll learn to talk with the adults in your life about the tough stuff. At the same time, your adult(s)* will learn how to listen to you and support you to reach your goals.

- Have fun talking with your friends (in a separate space from the adults)
- Figure out how to communicate with and be heard by your parents
- LINKING FAMILIES & TEENS

• Learn how to **take care** of your health

March 21st 2020 from 10:30 am – 4:30 pm Sylvan Way library

1301 Sylvan Way, Bremerton, WA 98310

*You can join LiFT with a parent, caregiver, grandparent, aunt or uncle, or any other important adult in your life.

Questions? Interested in participating?

Text or call: Erica White | 206-919-3614 erica.white@ppgnhi.org | sign-up today: www.bit.do/LiFTsignup



Research shows that a strong connection between teens and their supportive adult(s) is a **superpower** that helps teens achieve their goals, and supports healthy teen outcomes, including: decreased rates of unwanted teen pregnancy, STIs, depression, and drug and alcohol use, and increased school success.^{1,2}

Although teens and adults alike say they want to talk with one another about sexuality, many families say that they feel uncomfortable and ill-equipped to have conversations with each other about sexual health topics³, and this makes building strong connections very challenging.

Linking Families and Teens (LiFT) is a new program offered by Planned Parenthood to help families share their values, build the family bond, and talk about the tough stuff – including sexual health and healthy relationships. LiFT, (available in English and Spanish), includes an engaging and interactive 6-hour workshop, one follow-up phone call, and 12 weekly text messages for both teens between the ages of 13-19 and their supportive adult(s)*.





IMPACT

In qualitative data collected at the booster call, three- and 12- months following the program, youth and parenting adult participants say they are having **more tough talks**, and credit LiFT with **building their confidence and skills** to have conversations around sexuality and relationships; helping to **increase trust** between family members, and to be more **open** and **empathetic** with one another.

These results are supported by the preliminary data from 3- follow-up surveys, which show that, compared to survey-only participants**:

- LiFT youth and adults communicate more frequently about sexuality values, thoughts & feelings with their parenting adult;
- LiFT adults **communicate more frequently** about sexuality and pregnancy with their youth;
- LiFT youth are more likely to feel competent preventing pregnancy, and;
- LiFT adults are more likely to support their young person seeking sexual healthcare.

WANT TO LEARN MORE? Interested in participating? Contact Erica White at Erica.white@ppgnhi.org for more information. Sign up for LiFT in Kitsap County: www.bit.do/LiFTsignup

PARTICIPANT EXPERIENCE

"This program has taught me to be open to communicate about the 'tough stuff' with my girls. My daughter now comes to me with questions or experiences and I listen with an open mind, no judgment. I greatly appreciate how this LiFT program has helped open up the communication in my family." LiFT Supportive

"My mom and I always fight about me spending time with my boyfriend. After LiFT, we were able to use the skills that we learned to agree on a decision we both felt good about without fighting. It was such a nice change!" ~LiFT Teen

"We talk more since we participated in LiFT. I learned that it is ok to be nervous to talk to my kids about topics around sex, and now me and my teen are more open to talking about these things. We are more open about sex and have been able to talk about preventing pregnancy and drug use." ~LiFT Supportive Adult

"It's helped my adult and I gain more confidence in one another. I feel like I got to know more about them and now I know I could trust them with anything." ~LiFT Teen

^{*}Supportive adult can include biological parent, foster parent, caregiver, grandparent, aunt or uncle, or another important adult in the life of that teen. **These results include participants living in rural communities of 50,000 or fewer.

Strengthening Families Program



For Parents/Caregivers and Youth ages 10-14

Thursday

March 12- April 30, 2020

Seven weeks, one session per week 5:00-8:00 1201 Park Ave

Kitsap Community Resources, Bremerton WA

- Free childcare available for children age 2+
- Free dinner for families who participate Register Now, Space is Limited!

PARENTS LEARN:

- What to expect from their adolescent children
- Over a dozen tools for effectively parenting teens
- How to set limits and show love during the pre-teen and teen years
 YOUTH LEARN:
 - How to resist peer pressure and how to choose positive friends
 - · How to handle angry feelings and manage stress
 - Appreciation for their parents

Fill out the registration form below and return by March 3rd to:

Connie Mueller at cmueller@kcr.org or call 360-473-2085 for more information

Parent/Caregivers' Names: #1		#2	
Telephone:			
Name(s) of youth (ages 10-14) enrol classes	led in class. NOTE: Eac	ch youth must be accompanio	ed by one adult to
1. Youth Name	Age:		
2. Youth Name	Age:		
Please help us prepare for childcard	e by listing the names ar	nd ages of children age 2+ tha	it you plan to bring
Child's Name	Age Child's I	Name	Age









Join Zoom Meeting:

https://zoom.us/j/93297403671?pwd=ZjhvbGhhMTBkN2gvU1hVUnZzbjJnUT09

Meeting ID: 932 9740 3671

Password: 517316

6:00

One tap mobile: +16699006833, 93297403671# US (San Jose)

+13462487799, 93297403671# US (Houston)

THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

A G E N D A

WELCOME & INTRODUCTIONS * note April meeting cancelled due 4:30 to Covid 19 Shelter in Place Orders APPROVAL OF THE MINUTES/AGENDA AMENDMENTS & 4:35 MEMBERSHIP UPDATE YOUTH REPRESENTATIVE REPORTS 4:40 4:50 **OVERVIEW - GRANT APPLICATION REVIEW & FUNDING** RECOMMENDATION PROCESS 5:00 COMMITTEE RECOMMENDATIONS FOR FUNDING 5:25 **BOARD VOTE - FUNDING RECOMMENDATIONS** 5:30 PLANNING FOR MAY COMMITTEE MEETINGS 5:40 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)

ADJOURNMENT & NEXT MEETING- JUNE 4, 2020

*PROJECT TEAM MEETINGS - TO BE SCHEDULED

Kitsap County Commission on Children and Youth AGENDA BRIEFING – May 7, 2020 4:30 P.M. – 6:00 P.M.

To be held on Zoom- details on Agenda

4:30 p.m. WELCOME & INTRODUCTIONS

*Note All April County Advisory Board meetings were cancelled at the request of the County Commissioners and Governor Inslee - Shelter in Place Order.

4:35 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The March minutes will be approved and any changes to the May Agenda will be approved.

4:40 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

4:50 p.m. OVERVIEW GRANT APPLICATION REVIEW & FUNDING RECOMMENDATION PROCESS

Laura will provide an overview of the grant application review and funding recommendation processes. The board will have a discussion then a vote approving the recommendation for funding as presented during the vote. The Recommendation will be sent to the Board of County Commissioners who will determine the funding to be offered to the approved applicants.

5:00 p.m. COMMITTEE RECOMMENDATIONS FOR GRANT FUNDING

The Application Review Committee will meet on May 5th and decide on a set of recommendations. The Committee will share their recommendations with the board. The board will have a discussion then create funding recommendations to be presented for a vote.

5:25 p.m. BOARD VOTE- FUNDING RECOMMENDATIONS TO THE BOARD OF COUNTY COMMISSIONERS

A vote will be conducted to approve recommendation for funding as presented by the Application Review Committee. The Recommendation will be sent to the Board of County Commissioners who will determine funding allocations.

5:30 p.m. PLANNING FOR MAY COMMITTEE MEETINGS

Planning and goal setting for May Committee Meetings.

5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

- 6:00 p.m. ADJOURNMENT & NEXT MEETING: JUNE 4, 2020
 - ****PROJECT TEAM MEETING WILL BE SCHEDULED IN MAY

Kitsap County Commission on Children and Youth

MINUTES March 5, 2020

The Kitsap County Commission on Children and Youth meeting was held on Thursday, March 5, 2020 4:30 -6:00 p.m. at Olympic Educational Service District 114 in Bremerton. Je, Jeff Allen, Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Jeff asked members and guests for self-introductions

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The February 2020 Meeting Minutes were approved and entered into the record.

III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community. It was noted that we have openings for Youth Representatives in Bremerton, Central and North Kitsap.

IV. OVERVIEW OF BOARD ROLES, DUTIES, & UPDATES

Rebecca Pirtle, the Kitsap County Volunteer Coordinator provided the annual overview of the role of our board in Kitsap county government, other county boards, and the duties of our board members. Rebecca also provided information about other county boards and their activities. Rebecca answered questions. The board decided to review the current positions and consider consolidating the number of board positions.

V. RFP UPDATE & NEXT STEPS

Laura provided an update on our RFP (Request for Proposals of the Programs That Reduce and Prevent the Impact of Adverse Childhood Experiences Through Building Resiliency) status and timeline. A grant application review committee was formed and meeting location set. The review committee date is May 5, 2020 and tentative meeting time is: 1-4 pm.

VI. MEMBERSHIP DISCUSSION

The membership discussion was held as part of section IV. Membership structure and procedures will be reviewed.

VII. WORKPLAN DISCUSSION

The workplan will be reviewed as part of the process to amend the bylaws.

VIII. ANNOUNCEMENTS/PUBLIC COMMENT

Program updates and events were shared.

IX. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. Next meeting will be held on April 2, 2020.

IX. <u>ATTENDANCE</u>

COMMISSION MEMBERS		STAFF		GUESTS
Nolan Hubbell	Laura Hy		Reher	cca Pirtle
Michael Ramsdell	Laura i iyo	<u> </u>	TRODUC	sca i iitic
Lisa Lechuga				
Connie Mueller				
Ashley Jensen				
Charles Stevenson				
Jeff Allen				
Nancy Gurley				
Erica White				
Ursula Petters				
		Absent		
Susan Chesbrough	,	ADSCIIL		
Patrick Woo Ching				
Christy Garner				
Jessica Guidry				
Joy Lile				
Juliette Brown				
Kelly Sanchez				
Trony Carlonoz				
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APRIL 22, 2020

Applications open for Youth Recreational Facilities Grant

For 2021-2023 session

The Department of Commerce today announces the opening of applications for Youth Recreational Facilities (YRF) Grant for the 2021-2023 session.

These grants fund 25% of eligible capital costs up to \$1.2 million for nonresidential facilities that provide youth (K-12) with recreation opportunities integrated with social and/or educational services.

All applications must be submitted electronically through ZoomGrants. Hardcopies are not accepted. Applications are due to Commerce at 5 p.m. on Thursday, July 2, 2020.

Please use this link to go to the ZoomGrants website. If you have a ZoomGrants account, log in and follow the instructions. If you are a new user, complete the required information for a new ZoomGrants account to create a profile.

Please do not use "The" as the first word in the agency name. Once the agency profile has been created, select the YRF Grant, click the "Apply" button and start your proposal. Answers are automatically saved after each response.

Free YRF Application Workshops are also available, to meet with staff and help answer any and all of your questions.

DATE: Tuesday, May 13, 2020

TIME: 9 to 11 a.m.

This option will be conducted via Skype. Please RSVP to capprograms@commerce.wa.gov

These workshops are not mandatory, so if you cannot make it we would be happy to reach out to you individually. If you have any questions, please email

<u>cappprograms@commerce.wa.gov</u> or call our main line at 360-725-3075. Have a great spring!



About Commerce

Commerce works with local governments, businesses, community-based organizations and tribes to strengthen communities. The department's diverse portfolio of more than 100 programs and effective public and private partnerships promote sustainable community and economic development to help all Washingtonians thrive. For more information, visit http://www.commerce.wa.gov. For information on locating or expanding a business in Washington, visit choosewashingtonstate.com.

Update your subscriptions, modify your password or email address, or stop subscriptions at any time on your <u>Subscriber Preferences Page</u>. You will need to use your email address to log in. If you have questions or problems with the subscription service, please visit <u>subscriberhelp.govdelivery.com</u>.

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FYI: DSHS Office of Communications

OLYMPIA – Beginning Friday, April 17, some Washington residents can apply through the Department of Social and Health Services for emergency cash assistance to help meet their immediate needs. As a result of Governor Inslee's emergency declaration in the face of the COVID-19 pandemic, the federal government has approved implementing the Disaster Cash Assistance Program, or DCAP, in Washington state.

The Governor's declaration of a statewide emergency and subsequent <u>proclamation on March 18</u> enables DSHS to offer DCAP benefits to people who are not eligible for other cash assistance programs. The assistance is available to all Washington families and people without children who meet the <u>income and resource limits</u> of the program. DSHS estimates more than 175,000 households may be eligible for this assistance.

"Having access to this emergency aid is critically important to helping people meet their immediate, basic needs, like shelter costs, utilities, clothing, minor medical care, household supplies and transportation costs for work," explained Babs Roberts, director of DSHS' Community Services Division. "We're pleased Governor Inslee made these funds available so that we can extend the benefits to Washingtonians who are most in need during this unprecedented time."

This cash assistance is available to Washington residents regardless of citizenship status, and does not require applicants to provide a Social Security number. Eligible households will receive their DCAP benefits for one month in a 12-month period during an emergency. The benefit amount depends on household size, income and need, ranging from a maximum of \$363 for a single person to a maximum of \$1,121 for a household of eight or more people. Once approved, people will receive their DCAP benefits on an existing Electronic Benefit Transfer, or EBT, card or a new EBT card will be sent via U.S. Mail.

People can apply for DCAP online at <u>WashingtonConnection.org</u> and then call the Customer Service Contact Center at 877-501-2233 to complete the required interview. People can also call 877-501-2233 to complete the entire application process over the phone. Due to much higher than normal call volumes, people are asked to call before 11 a.m. and to keep in mind that the busiest call times are 11 a.m. to 2 p.m.

For the latest COVID-19 benefits-related information, check the <u>DSHS website</u>, <u>Facebook</u> and <u>Twitter</u> accounts.

This news release is also available in Spanish.

DSHS to provide <u>disaster cash assistance</u> for some Washingtonians beginning April 17 [News Release - Spanish] [FAQ-English] [FAQ-Spanish]

Dear Friends.

Domestic violence is on the rise in Kitsap County. It's important that family and friends know what to do in order to provide support to someone they know is being abused.

YWCA is the only State Certified domestic violence provider in Kitsap County. Professionally trained Domestic Violence Advocates are available 24/7 by phone and text to survivors, their children, their friends, and their family. They are also available to community service providers and to the community at large if anyone recognizes that someone may be experiencing abuse.

This is your friend, this is your family member, this is your loved one. Chances are, you know some of the dynamics that are going on.

It is important to continue to share YWCA contact information – especially the Hotline number – and to share the safety planning tips we have made available through social media. But, the number one thing anyone can do to help vulnerable individuals right now is to stay connected. When survivors have access to at least one supportive person – that can make all the difference. It is a lifeline for survivors.

There has been a social media movement of posts sharing code words and phrases for anyone to use in order to reach out for help. It is being shared on a broad platform, inviting people who do not know one another to communicate their needs.

While it is commonly recommended to create code words to center safety, YWCA Kitsap County does not recommend sharing broadly.

If you do want to take part in social media code word postings, please consider the following suggestions:

- 1. Not all code phrases and words work for everyone for example, not all survivors use makeup and not all survivors are women. Choose a code that makes sense and can be defended if questioned by the abusive person.
- 2. Keep in mind that while posts should appear to be broad, they should be very intentional for that one person you know needs help.
- 3. Do not continue ongoing communication on a platform that can be easily accessed by the abusive person. If possible, move the conversation to a secret text app where messages can be deleted permanently or an email the abusive person doesn't know about. Make sure the survivor only accesses this email through an incognito browser if possible. Reach out to the YWCA to learn more about this.
- 4. Avoid long conversations. This can put the person in danger even if it is all in code. Those maintaining power and control may be monitoring or may not permit the survivor to access the device they are on and the survivor may be taking a risk when reaching out to you.
- 5. Call the YWCA Hotline if you can communicate with your friend/family when they cannot. Domestic Violence Advocates will offer safety planning and resources for you to communicate to the survivor.
- 6. Stick to the simple code you offer. Do not call the police unless given permission, but do call if you believe the person is in immediate danger.
- 7. If safe to do so, share YWCA's Hotline: 1.800.500.5513 and Text Line: 1.360.277.7607 whenever possible so survivors can access safety planning and help directly from professionals.

8. The most important thing you can do for a survivor is to keep communication when/if possible. Listen without judgement, tell them you care about them, and encourage them to think about what safety looks like for them and their children.

Example I	Post:
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•

If you are isolated with an unhealthy or abusive person, or if you feel sad, fearful, or worried while staying at home with someone, you can reach out to me any time. Here are some **CODES** you can use to let me know what you need. Please phrase your messages to me any way that is comfortable:

"I am interested in your RED CANDLES. You can ship to (insert your address)." = Call 911 "I love your ORANGE CANDLES!" = I am fleeing. Call YWCA for emergency shelter/resources to share with me.

"Your BLUE CANDLES are my favorite." = Email me so I can talk safely.
"I would love to have some GREEN CANDLES in my house." = Check up on me.

I can change the codes at any time if it's better for you. If social media isn't safe for you, email me at ____.

You are not alone. There is help. **Call YWCA Kitsap County 24/7: 1-800-500-5513 or text YWCA 24/7: 1-360-277-7607**. Visit ywcakitsap.org for more information. Their services are free and confidential.

I want to acknowledge the amazing support from our community members who have come together in very creative ways to make sure everyone has access to the resources they need. We will continue to navigate this together.

In solidarity, Meg







Over 16,000 Signed up for Coverage through Washington Healthplanfinder as Impacts of COVID-19 Pandemic Hits Washington Households

FOR IMMEDIATE RELEASE:

April 23, 2020

- Over 16,000 customers selected a plan for qualified health coverage through Washington Healthplanfinder since March 10, when a special enrollment period was announced in response to the Coronavirus (COVID-19) pandemic. Additionally, Washington Apple Health (Medicaid) enrollments are increasing.
- The special enrollment period allows anyone uninsured and eligible to enroll in health coverage through Washington Healthplanfinder to sign up by May 8. 2020.
- Additional existing special enrollment periods allow people who have experienced a recent loss of income or loss of employer coverage to sign up.
- Individuals can sign up using the WAPlanfinder mobile app, or over the phone with the help of an Exchange certified Navigator, Broker, or Enrollment center.
- Washington Apple Health (Medicaid) enrollment is open year-round for individuals who qualify.

OLYMPIA, Wash. – Washington Health Benefit Exchange (Exchange) announced on April 23 that over 16,000 customers have selected a plan for coverage since the Exchange announced a special enrollment period in response to the Coronavirus (COVID-19) pandemic. This includes over 6,000 previously uninsured Washington residents who have come in through the COVID-19 special enrollment period, and over 10,000 additional customers who have come in through a <u>qualifying life event</u>. Currently, 202,000 individuals have selected a qualified health plan through the Exchange.

Washingtonians who are uninsured have 15 days left to sign up for coverage using the new special enrollment period, scheduled to close May 8. An additional 10,000 customers have selected a plan using existing special enrollments periods for those who have recently lost their employer coverage, experienced a change in income, or experienced another gualifying event.

"I want to remind individuals that they can get the coverage they need during this crisis through <u>Washington Healthplanfinder</u>," said Exchange Chief Executive Officer Pam MacEwan. "I know there are thousands of people out there who have either lost their health insurance or were uninsured when this crisis began. There is a path to coverage ready for them."

Individuals who need help signing up for coverage through Washington Healthplanfinder can contact an Exchange certified Navigator, Broker, or Enrollment center. These insurance experts can also answer any questions consumer may have and help them get enrolled. Consumers can find local experts using the *WAPlanfinder Mobile App* or by visiting: https://www.wahealthplanfinder.org/ content/find-expert-advice.html.

Customers who need help signing up for coverage can contact the Customer Support Center between 7:30 a.m. to 5:30 p.m. Monday-Friday at 1-855-923-4633; TTY: 855-627-9604.

Individuals who have recently lost their job or their employer coverage, have experienced a change in income, or experienced another <u>qualifying event</u> can visit WAHealthplanfinder.org or use the *WAPlanfinder Mobile App* to sign up online.



LOST YOUR JOB AND NEED HEALTH INSURANCE?

If you've recently lost health insurance, due to loss of your job, Washington Healthplanfinder can help you find free or low-cost health coverage to protect you and your loved ones. If you or someone you know is without coverage, financial help to pay for health insurance may be available through Washington Healthplanfinder.

Visit us online or call our knowledgeable experts. wahealthplanfinder.org | 855.923.4633

HEALTH PLANS AVAILABLE ON WASHINGTON HEALTHPLANFINDER







LifeWise



PacificSource



PROVIDENCE



Insurance companies providing coverage through Washington Healthplanfinder have agreed to cover cost sharing related to the testing and treatment of COVID-19.

Contact your health insurance provider directly for more information about:

- How COVID-19 impacts your coverage
- Telehealth appointments

- Payment options or grace periods
- Benefits related to COVID-19

Insurance Providers:

- Apple Health Members
- Bridgespan Health Members
- Kaiser Permanente Members
- Molina Healthcare Members
- Lifewise Health Plan of Washington Members
- Pacific Source Members
- Premera Blue Cross Members
- Providence Health Plan Members
- Coordinated Care Members

For more information about coverage options during the COVID-19 pandemic, please visit https://www.wahbexchange.org/coronavirus-faqs/.

Reminders: Enrollment is offered year-round to individuals and families through Washington Apple Health (Medicaid).

About Washington Healthplanfinder

Washington Healthplanfinder is an online marketplace for individuals and families in Washington to compare and enroll in health insurance coverage and gain access to tax credits, reduced cost sharing and public programs such as Medicaid. The next qualified health and dental plans open enrollment period for <u>Washington</u> Healthplanfinder begins on Nov. 1, 2020.

About Washington Apple Health

In Washington, Medicaid is called <u>Washington Apple Health</u>. Free or low-cost coverage is available year-round for those who qualify. Since the Affordable Care Act launched in October 2013, more people have access to preventive care, such as cancer screenings, treatment for diabetes and high blood pressure, and many other health care services they need to stay healthy. Apple Health clients enroll and renew online using <u>Washington Healthplanfinder</u>. Apple Health is administered by the Washington State Health Care Authority: <u>www.hca.wa.gov</u>.





KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH June 4, 2020 4:30-6:00pm

Join Zoom Meeting

https://zoom.us/j/96152757562

Meeting ID: 961 5275 7562

Call in: +1 253 215 8782 US (Tacoma)

THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

<u>Advocate</u> for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

A G E N D A

4:30	WELCOME & INTRODUCTIONS
4:35	APPROVAL OF THE MINUTES/AGENDA AMENDMENTS
4:40	YOUTH REPRESENTATIVE REPORTS
4:50	GRANT & FUNDING UPDATE
5:00	UPDATING OUR BYLAWS
5:30	WORKPLAN OVERVIEW & GOAL SETTING
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING- JULY 2, 2020

Kitsap County Commission on Children and Youth AGENDA BRIEFING – June 4, 2020 4:30 P.M. – 6:00 P.M.

Zoom meeting- details provided on Agenda

- 4:30 p.m. WELCOME & INTRODUCTIONS
- 4:35 p.m. <u>APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA</u>

The May minutes will be approved and any changes to the June Agenda will be approved.

4:40 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

4:50 p.m. GRANT & FUNDING UPDATE

Laura will provide a status update on last month's grant award decision, announcements and where we go from here.

5:00 p.m. UPDATING OUR BYLAWS

Our bylaws are reviewed annually but the last update was in 2013. A draft was started during our March meeting and has been emailed to Board Members and Board Applicants earlier this month. The update discussion was postponed due to time constraints. Note, the April meeting was cancelled due to shelter in place orders and the May meeting was focused on the grant award decision. Suggestions for updates will be reviewed, discussed, and decided upon.

5:30 p.m. WORKPLAN OVERVIEW

We will review our Work Plan and set goals for the rest of 2020 given the changes brought by the Covid 19 Pandemic. Work Plan Goals are assigned to specific committees and will be the topic of committee meetings. Progress is periodically reviewed by the Board.

- 5:45 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

 Members of the board & the public will announce events & share comments.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: JULY 2, 2020

Kitsap County Commission on Children and Youth

MINUTES May 7, 2020

The Kitsap County Commission on Children and Youth meeting was held on Thursday, May 7, 2020 from 4:30 -6:00 p.m. via Zoom due to health and safety issues brought by the Covid 19 Pandemic and the current Shelter in Place orders. Jeff Allen, Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Jeff asked members and guests for self-introductions. It was noted that this is our first Zoom official Advisory Board meeting.

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The March 2020 Meeting Minutes were approved and entered into the record. There was not an April meeting as all County Advisory Board meetings were cancelled due to Covid 19 orders.

III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community. It was noted that we have openings for Youth Representatives in Bremerton, Central and North Kitsap.

IV. OVERVIEW GRANT APPLICATION REVIEW & FUNDING RECOMMENDATION PROCESS

Laura provided an overview of the grant application review and funding recommendation processes, for our annual grant/RFP (Request for Proposals of the Programs That Reduce and Prevent the Impact of Adverse Childhood Experiences Through Building Resiliency) status and timeline. A grant application review committee met on May 5th evaluated the applications and have funding recommendations for the Board. Charles Stevenson presented a power point he created to review the selection process with the board. The Board approved by vote the recommendations of the Review Committee. Recommendation will be sent to the Board of County Commissioners who will determine the funding to be offered to the approved applicant.

V. ANNOUNCEMENTS/PUBLIC COMMENT

Program updates and events were shared.

VI. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. Next meeting will be held on June 4, 2020.

IX. ATTENDANCE

COMMISSION MEMBERS	,	STAFF		GUESTS	
Nolan Hubbell	Laura Hy	de –	Corinn	ne Wolffe	
Ursula Petters			Job M	oraido	
Lisa Lechuga			David	Dominguez	
Connie Mueller			Ana C	uprill	
Jeff Allen			Sofia S	Smith Cuprill	
Charles Stevenson					
		Absent			
Susan Chesbrough					
Patrick Woo Ching					
Christy Garner					
Jessica Guidry					
Ashley Jensen					
Juliette Brown					
Kelly Sanchez					
Michael Ramsdell					
Nancy Gurley					
Erica White					
-					
<u> </u>					

Helping Children Cope During and After a Disaster

A Resource for Parents and Caregivers

The amount of damage caused from a disaster can be overwhelming. The destruction of homes and separation from school, family, and friends can create a great amount of stress and anxiety for children. They may not fully understand what is going on. A child's reaction and signs of stress may vary depending on age and previous experiences and typical coping behavior with stress.

What You Can Do to Help Children Cope with a Disaster

Set a good example by managing your own stress through healthy lifestyle choices, such as eating healthy, exercising regularly, getting plenty of sleep, and avoiding drugs and alcohol. When you are prepared, rested, and relaxed, you can respond better to unexpected events and can make decisions in the best interest of your loved ones.









The following tips can help reduce stress before, during, and after a disaster or traumatic event.

Before

- Assure your children that you are prepared to keep them safe.
- Review safety plans before a disaster or emergency happens. Having a plan will increase your children's confidence and help give them a sense of control.

During

- Stay calm and reassure your children.
- Talk to your children about what is happening in a way that they can understand. Keep it simple and appropriate for each child's age.

After

- Give your children opportunities to talk about what they went through. Encourage them to share concerns and ask questions.
- Encourage your children to take action directly related to the disaster so they feel a sense of control. For example, children can help others after a disaster, such as volunteering to help community or family members in a safe environment. Children should NOT participate in disaster cleanup activities for health and safety reasons.
- Because parents, teachers, and other adults see children in different situations, it is important for them to work together to share information about how each child is coping after a traumatic event.
- Help your children to have a sense of structure, which can make them feel more at ease or provide a sense of familiarity. Once schools and child care opens again, help them return to their regular activities.

FAMILY FUN ACTIVITY WEBSITES

Board-Free Family Fun: 3 Games to Play Over the Holidays! www.huffingtonpost.com/sadie-dingfelder/family-games b 2338027.html

6 Family Valentine's Day Activities. ... https://www.aol.com/.../13/the-10-best-u-s-cities-for-raising-a-family

10 Easy Ways to Celebrate Spring as a Family www.huffingtonpost.com/...easy-ways-to-celebrate-spring-as-a-family

10 Easy Ways to Celebrate Spring as a Family. By Rebecca Green. ... So, yes, we have a Spring Bucket List of 60+ activities to enjoy this season.

10 Best U.S. Cities for Budget-Friendly Summer Travel ...

https://www.aol.com/article/finance/2015/06/10/best-us-cities...

10 Best U.S. Cities for Budget-Friendly Summer Travel. ... And the city has tons of family-friendly activities. A few favorites include the Discovery ...

50 Fun Summer Activities That Burn 50 Calories | HuffPost

www.huffingtonpost.com/...activities-burn-50-calories_n_3530330.html

50 Fun Summer Activities That Burn 50 Calories. ... Baseball's a great way to have fun with friends and family, and you'll burn 58 calories in just 10 ...

The Most Kid-Friendly Cities In America | HuffPost

www.huffingtonpost.com/2014/04/10/kid-friendly-cities-usa_n...

The countless museums and monuments will make for the ultimate history lesson during the family vacay. 4 New York, NY. ... Part of HuffPost Lifestyle ...

American Idol Night.

Have two people in your family be the judges and the rest can be contestants. If you have a smaller family (and you don't mind embarrassing yourself), invite some neighbors over to join in the fun. A karaoke machine is a fun way to spice this night up as well.

Guest of Honor Night.

Have this night be focused on one person in your family or outside your family. Create a unique list of questions to ask this person during dinner that highlights things about their personality unbeknownst to the rest of the family. Another option is to invite a willing guest to share in their area of expertise. Leave time for your kids to ask them questions.

Home Video Night.

All kids love to see themselves when they were younger. Pop in a tape of their younger days or create a slideshow using pictures of them growing up. Kids are also fascinated by their parents' wedding tapes. Just make sure to fast forward if your video is 6 hours long. The point is not to bore them to death.

Sign up to volunteer at a local place that needs help. Specifying your volunteer work to something your child is interested in is a great way to start. If your child loves animals, volunteer at the humane society.

Individual Dinner Night.

Having a family with multiple children can often make it hard to spend one-on-one time together. Have a night where you and your spouse take your children out individually and let them be the center of attention for the night.

Backyard Campout Night.

Camping doesn't have to take place in the forest. Popping up the tent in the backyard is a great way to have a convenient vacation. Remember to include all the things that you normally would at a campsite: S'mores, flashlights, sleeping bags, etc.

Concert Night.

Taking your kids to a concert exposes them to music/culture that they might not hear otherwise. Outdoor concerts in the summer are great because they are more relaxed. In the winter, take your kids to a symphony. Sometimes orchestras customize their concerts to put a twist on some songs that your kids might know!

Dessert Out Night.

Surprise your kids by eating dinner at home and announcing that you're taking them out for dessert! If it's warm, head to an outdoor ice cream parlor and if it's colder, go out for warm apple pie.

\$5 Dollar Shopping Night.

Take your kids to a store such as Target, Wal-Mart, or Dollar Tree and give them each \$5. Make it a contest to see who can buy the best item for the family just using that amount. Let them know that they can buy numerous items and combing them to make their final purchase. (e.g., buying letter stickers and spelling out your family's name on a small scrapbook).

13. Costume Night.

Go to a consignment shop or Goodwill and have them pick out a funny outfit. Then, go for a picnic in the park as a group of random personalities. Make sure to take pictures of this night!

15. Formal Etiquette Night.

Have your kids dress in their best and get out the good china! Take this opportunity to teach your kids some lessons at the table. This will also be a great time of laughing while your kids try to play grown up. Talking in British accents and pretending you're having afternoon tea is fun as well.

16. Twisted Bowling/Miniature Golf Night.

Sometimes these activities can get old after a while, so add a little twist. Have specific instructions for each hole or frame. For instance, "At this hole, you have to swing the putter behind your back." Or, "During this frame, try to only knock down the two pins on the end."

17. Picture Night.

Have a fun photo shoot with your kids by inviting a friend over who does photography for a hobby. Don't just stick to classic poses and matching outfits. Make sure you allow your kids' goofy personalities to shine through. Take them to the store and let them pick their favorites to print off.

19. Interactive Movie Night.

Watch a movie together as a family. Some ways to keep this family-friendly and interactive include: watching a film with a controversial message and discussing it afterwards or hanging a sheet on a wall outside of your house and having your own drive-in type show.

20. A How-To Night.

Learn something together! Some ideas could be: how to cook a certain kind of food, change a tire/the oil in a car, plant a garden (the kids can pick out the seeds), start a campfire, create a budget (save money) or play a sport (golf).

Kitsap County's Mental Health & Crisis Support Lines

Kitsap County Crisis Line 1-888-910-0416

National 1-800-273-8255 (TALK)

The Coffee Oasis Teen Crisis Text Line 360-377-5560

Text line is for any youth age 13-25 years old who is experiencing a crisis or just needs to talk.

YWCA 24-Hour Domestic Violence Hotline 1.800.500.5513 or Text Line 360.277.7607

Scarlet Road's Survivor Support Line 360-362-5143
Survivor's Support Line for anyone who is or has experienced sexual exploitation.

National Suicide Prevention Lifeline 1-800-273-8255 Veterans Crisis Line 1-800-273-8255 (Press 1)



Kitsap County Commission on Children and Youth

Announcements and Resource Sharing information

Kitsap County Emergency Operations Center Coronavirus Resource and Information Page https://www.kitsapgov.com/Pages/coronavirus.aspx

Kitsap County Services During the Coronavirus Response https://www.kitsapgov.com/Pages/online-Services.aspx

Kitsap Public Health Coronavirus Information Page https://kitsappublichealth.org/CommunityHealth/CoronaVirus.php

Jessica Guidry wanted to share the following announcement:

Child Care, Youth Development, and Summer Day Camps During the COVID-19 Outbreak guidance now available. As Washington State progresses through the phases of reopening, more families will return to work. This means the availability of care and youth development opportunities are critical as we move through the summer. In order to reduce the risk of virus transmission between children, youth, and staff; businesses, non-profits, cities, counties, and other entities planning for summer 2020 should use this guidance for all programs serving groups of children and youth from multiple households. Authorization to open specific types of programs is governed by Governor Inslee's Safe Start Washington Recovery Plan and the ongoing guidance issued under the Plan. In keeping with the public health approach, it is anticipated that this guidance will be in effect through the summer months.

Full guidance <u>here</u>.

Important things to note:

- Any day camp the includes sports related activities must also following forthcoming guidance for youth sports.
- Future guidance will cover:
 - Overnight camps
 - Youth sports and athletics (example: leagues, recreation teams, clubs)
 - Activities included as part of K-12 basic education or special education programs



Have Fun, Stay Healthy

Let's keep on the path to recovery!

As some parks and outdoor activities reopen, it's still critical to take steps to prevent the spread of COVID-19. We're not out of the woods yet.



STAY INFORMED

The Board of County Commissioners and the Kitsap County Commission on Children and Youth are pleased to announce the award of \$27,500 in funding for the Programs that Prevent and Reduce the Impact of Adverse Childhood Experiences through Building Resiliency 2020 Annual Grant.

We are proud to fund the following projects serving Kitsap County children and youth. The agencies funded are all providing a 100%-cash match for every grant dollar invested in these valuable projects.

The projects are to be implemented by youth serving organizations who are working to prevent and reduce the impact of Adverse Childhood Experiences through building resiliency in youth ages birth to eighteen in Kitsap County.

These projects will be part of the youth serving agencies response to increased service demand due to the Covid 19 Pandemic.

Services will be delivered between June 1, 2020 and December 31, 2020.

Projects funded are as follows:

Coffee Oasis Awarded \$5,200

This project will provide research proven Mind Matters activities for youth at each Drop-in Center.

EBC-West Sound Awarded \$5,000

This project will provide basic needs items to agency partners for customers in need with support of a program.

YWCA Kitsap County Awarded \$17,300

This project will implement evidence-based children's activities for building resiliency in children affected by domestic violence.



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH JULY 2, 2020

4:30-6:00pm

Join Zoom Meeting

https://zoom.us/j/96152757562 Dial by phone: +1 253 215 8782 Meeting ID: 961 5275 7562

THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

A G E N D A

4:30	WELCOME & INTRODUCTIONS
4:35	APPROVAL OF THE MINUTES/AGENDA AMENDMENTS
4:40	YOUTH REPRESENTATIVE REPORTS
4:50	VOTING TO APPROVE OUR BYLAW REVISIONS
5:00	UPDATES - FRESH OPPORTUNITIES
5:10	COMMITTEE REPORTS - NEXT STEPS
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING- AUGUST 6, 2020

Kitsap County Commission on Children and Youth AGENDA BRIEFING

July 2, 2020 4:30 P.M. – 6:00 P.M.

Zoom meeting- details provided on Agenda

- 4:30 p.m. WELCOME & INTRODUCTIONS
- 4:35 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The June minutes will be approved and any changes to the July Agenda will be approved.

4:40 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

4:50 p.m. VOTING TO APPROVE OUR BYLAW REVISIONS

The Board will take a vote on the proposed revisions to our Bylaws.

5:00 p.m. UPDATES - FRESH OPPORTUNITIES

Laura will share some opportunities with the Board:

The first is an opportunity to educate the community on the Search Institute's Developmental Relationships Program. This web-based training opportunity is proposed as a partnership with Kitsap Strong.

The second opportunity is for the Youth Commission to host a Youth Forum with the Kitsap County Board of County Commissioners.

5:10 p.m. COMMITTEE REPORTS - NEXT STEPS

Members will share information about the Committee meetings held in June. Next steps will be offered.

5:45 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

6:00 p.m. ADJOURNMENT & NEXT MEETING: August 6, 2020

Kitsap County Commission on Children and Youth

MINUTES June 4, 2020

The Kitsap County Commission on Children and Youth meeting was held on Thursday, June 2, 2020 from 4:30 -6:00 p.m. via Zoom due to health and safety issues brought by the Covid 19 Pandemic and the current Shelter in Place orders. Jeff Allen, Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Jeff asked members and guests for self-introductions. Attendees offered introductions.

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The May 2020 Meeting Minutes were approved and entered into the record. It was noted that we are meeting virtually due to the Covid 19 Pandemic and the Governor's Stay Home Stay Healthy Directive.

III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community. It was noted that we have openings for Youth Representatives in Bremerton, Central and North Kitsap.

IV. Grant and Funding Update

Laura provided an update on the grant recommendations for our annual grant/RFP (Request for Proposals of the Programs That Reduce and Prevent the Impact of Adverse Childhood Experiences Through Building Resiliency) status. The Board approved by vote the recommendations of the Review Committee. Recommendation were sent to the Board of County Commissioners who will determine the funding to be offered to the approved applicant.

V. UPDATING OUR BYLAWS

The proposed Bylaw revisions were presented, and it was recommended by the Board Members present that we approve the Bylaws as recommended. We did not have a Quorum present so we will have a vote when we do have a quorum. It was requested that Laura check to see if we can have a vote by email given the virtual status of most work now.

VI. WORKPLAN OVERVIEW & GOAL SETTING

The Board reviewed the current Work Plan and noted the goal assignments to each committee. The Board reviewed the Committee Descriptions and volunteered for committees. The Board will hold committee meetings in June to review their Goals to work on. Next steps will be set.

VII. ANNOUNCEMENTS/PUBLIC COMMENT

Program updates and events were shared.

VIII.

ADJOURNMENT & NEXT MEETING
The meeting was adjourned. Next meeting will be held on July 2, 2020.

IX. **ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Nolan Hubbell	Laura Hyde –	Sofia Smith Cuprill
Ursula Petters	Laura riyue –	Ana Cuprill
Lisa Lechuga		Ana Cupilli
Connie Mueller		
Jeff Allen		
Nancy Gurley		
Nancy Guney		
	Absent	
Erica White		
Patrick Woo Ching		
Christy Garner		
Jessica Guidry		
Ashley Jensen		
Michael Ramsdell		
Kelly Sanchez		

Kitsap County's Mental Health & Crisis Support Lines

Kitsap County Crisis Line 1-888-910-0416

National 1-800-273-8255 (TALK)

The Coffee Oasis Teen Crisis Text Line 360-377-5560

Text line is for any youth age 13-25 years old who is experiencing a crisis or just needs to talk.

YWCA 24-Hour Domestic Violence Hotline 1.800.500.5513 or Text Line 360.277.7607

Scarlet Road's Survivor Support Line 360-362-5143
Survivor's Support Line for anyone who is or has experienced sexual exploitation.

National Suicide Prevention Lifeline 1-800-273-8255 Veterans Crisis Line 1-800-273-8255 (Press 1)





Figure 1 image above is not representative of provided masks

COUNTYWIDE CLOTH MASK DISTRIBUTION FOR LOW-INCOME HOUSEHOLDS

We need your organization's help to us distribute 100,000 masks!

Mask distribution will be through organizations that work with low-income households. The Kitsap County Emergency Operations Center and Kitsap County Human Services would like to partner with as many organizations as possible for this effort.

Each person in an eligible household may receive 2 masks. Masks must be provided at no charge and with no conditions. Reporting requirements will be minimal.

If your organization is able to distribute masks to low-income individuals, please complete a request as soon as possible at kcowa.us/clothmaskrequest. We anticipate this being a one-time distribution, with masks available in mid-June.

What are the requirements?

Households must be below 200% Federal Poverty Level to qualify.

Persons in		
Household	Monthly	Annual
1	\$2,127	\$25,520
2	\$2,873	\$34,480
3	\$3,620	\$43,440
4	\$4,367	\$52,400
5	\$5,113	\$61,360
6	\$2,860	\$70,320
7	\$6,607	\$19,280
8	\$7,353	\$88,240

For questions contact Cory Derenburger, cderenbu@co.kitsap.wa.us | 360-362-0404

OPEN TO ALL NON-PROFITS, AGENCIES, ORGANIZATIONS THAT SERVE LOW- INCOME HOUSEHOLDS

2 MASKS PER PERSON IN ELIGIBILE HOUSEHOLDS

HOUSEHOLDS MUST BE
BELOW
200% FPL

MINIMAL REPORTING REQUIREMENTS

APPLY ONLINE FOR YOUR AGENCY TO REQUEST MASKS TO DISTRIBUTE

TO PARTICIPATE

Complete an application online at the following website to requests masks

kcowa.us/clothmaskrequest



FREE MEALS IN KITSAP COUNTY



BREMERTON AREA Updated On: JUNE 2020 ~ SUMMER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cornerstone Church 901 N. Wycoff Lunch To Go Bag 1 PM Newlife Bremerton Bremerton Middle School		•	Shepherd's Table Nazarene Church 924 Sheridan Rd To Go Meals 6:00 PM 2 6 th St. – OPEN SEVI		Coffee OASIS Center (13-25-Youth Only) 822 Burwell OPEN Late Nights: 6-9:00 PM	UNTIL FURTHER NOTICE Gratefully Presume All Meals Wil Be Served
2400 Perry Ave To Go~5:30 PM		18 & Under Only - 1 Kitsap Rescue Miss	DLUNCH ~ 3102 Wheat 0:30AM-12PM - MO ion 810 6 th Street ~ E CLOSED UNTIL	NDAY to FRIDAY Bremerton ~ 360-373		To-Go!
THE SALVATION ARMY & KITSAP RESCUE MISSION EMERGENCY SHELTERS OPEN Until Further Notice CALL HSC:	TSA-832 6 th St. Breakfast 8-8:45 AM Lunch 12-12:45 PM Dinner 5-5:45 PM	TSA ~ FOOD BANK, SHOWERS & LAUNDRY CLOSED CALL TSA Daily				
360-473-2035 To Verify Availability	The Salvation A	Army Food Bank county	is Closed – Servi	BANKS	t. Vincent FB LISTED BELOW*	for Updates 360-373-5550
St. Vincent De Paul 1137 Callow Ave Bremerton (360) 479-7017 ext. 2 M/T/Th/F: 10:30-2:30	Bremerton Foodline 1600 12 th St. (360) 479-6188 Mon-Fri: 10:00 AM to 1:15 PM	SK-Helpline 1012 Mitchell Ave. (360) 876-4089 Mon-Fri: 12-5:00 PM	2537 NW Anderson Hill Rd (360) 692-9818 Mon-Fri 10- 1:30PM	BI-Helpline House 282 Knetchel Way NE (206) 842-7621 M-T-Th-F 9:30AM to 4:30 PM Closed 12:30-1:15PM	NK Fishline 19705 Viking Ave. NW (360) 779-4190 M/T/Th/F, 10-3:00pm & Wed. 1-7:00pm	Sharenet

KITSAP COUNTY AREA (South Kitsap, North Kitsap, Central Kitsap and Bainbridge Island)

"There is no power for change greater than a community discovering what it cares about." ~ Margaret J. Wheatley ~













COVID-19

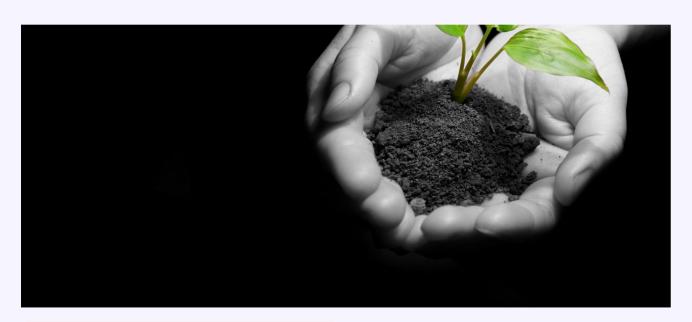
FREE MEALS IN KITSAP COUNTY

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LAST 2 wks Month 5:00 PM 2-Go NK-St. Olaf's 18943 Caldart Ave Call Nancy: 360-697-2679 SK-Capital Christian DAY ROOM & MEALS POSTPONED UNTIL FURTHER NOTICE NK-Faith Episcopal Church Served DAY ROOM OPEN 9AM to 3PM SK-First Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go SK-Family Kitchen First Lutheran 2483 Mitchell Rd. LAST 2 wks Month 5:00 PM 2-Go SK-Capital Christian DAY ROOM OPEN 9AM to 3PM SK-First Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go SK-First Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go SK-First Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Bay Street Pt. Orchard Area Lutheran Church 1701 Ridgepoint Dr. Silverdale Lutheran Church Scrved DAY ROOM OPEN 9AM to 3PM SK-First Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Christian 4888 5W Howde Rd, LAST 5 wks Month 5:30 PM 2-Go NK-Gapital Rd. LAST 5 wks Month 5:00 PM 2-Go NK-Kingston Bayside Church 25992 Barber Cut off Rd. NW LAST Fri/Mnth 5-6:30 PM 2-Go SK-Family Kitchen First Lutheran 2483 Mitchell Rd. LAST 2 wks Month 5:00 PM LAST 2 wks Month 5:00 PM NK-Kainsten Potrorbard 5:00 PM LAST 5 wks Month 5:00 PM NK-Kainsten Potrorbard 5:00 PM NK-Kainsten Potrorbard 1780 5K-Capital Christian 1780 5K-Capital Ch	SK-Family Kitchen	CK-Silverdale United	SK-Christian Life	NK-First Lutheran	NK-Coffee OASIS Center	SK-7 th Day Adventist
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"Individually, we are one drop. Together, we are an ocean" Ryunosuke Satoro



RESILIENCY 2020



CONTINUING EDUCATION HOURS

Resiliency 2020 is now a NAADAC approved provider! Registrants will be able to earn 4 CEs with attendance and completion of an evaluation.

ADDITIONS TO OUR LINEUP

We are still adding presenters to our line up. As the first registrants, you will be the first to know of any additions we make to our lineup. You'll also be the first to learn about schedules for presenters, "giveaways" and offerings.

REGISTRATION & CURRENT LINEUP

See our most current line-up of presenters on our website at: Resiliency2020.com

INTERESTING STATISTICS

highest number of registrants live in Illinois. The largest number of registrants arrived from NAADAC. The first presenters to join our webinar were Arianna Huffington, Bryar Robinson, Rhonda Ross, Elaine Miller-Karas & Cynthia Tuohy. Our co-hosts have known each other for 35 years!



JOYFUL MESSAGE

I have personally read each and every one of your registrations, and I am so very grateful for your participation. Our team hopes this webinar will offer you the opportunity to discover techniques which will help you move from survival to "thriving." When creating this miraculous webinar, we wanted to reach out to those who were feeling unbalanced, anxious, fearful, and grieving. Together we are focusing on sharing strategies to become more balanced, grounded and resilient during this ever-changing time.

MEET JOURNALIST LISA LING



Lisa Ling projects mental health will be the "new" pandemic, in her new CNN series called *The Road to A Vaccine*. Featured in a Forbes Magazine article in May, our own cohost, Dr. Bryan Robinson interviews the remarkable Lisa Ling. She is joined by the dynamic Arianna Huffington, CEO of Thrive Global.



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH **August 6, 2020**

4:30-6:00pm

Join Zoom Meeting:

https://zoom.us/j/96152757562

Phone in Option: 1 253 215 8782 US (Tacoma)

Meeting ID: 961 5275 7562

THE PURPOSE OF THIS BOARD IS TO:

Advise County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

	<u> </u>
4:30	WELCOME & INTRODUCTIONS
4:35	APPROVAL OF THE MINUTES/AGENDA AMENDMENTS
4:40	YOUTH REPRESENTATIVE REPORTS
4:50	PROJECT UPDATES/NEXT STEPS - Bylaws, Community Education, and Youth Voices

- FALL PLANS SCHOOLS, PROGRAMS, NEEDS 5:15
- 5:50 **ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- **ADJOURNMENT & NEXT MEETING- SEPT. 3, 2020** 6:00

Kitsap County Commission on Children and Youth AGENDA BRIEFING – Aug. 6, 2020 4:30 P.M. – 6:00 P.M. Zoom meeting- details provided on Agenda

4:30 p.m.	WELCOME &	INTRODUCTIONS
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4:35 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The July minutes will be approved and any changes to the Aug. Agenda will be approved.

4:40 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

4:50 p.m. VOTING TO APPROVE OUR BYLAW REVISIONS

The Board will take a vote on the proposed revisions to our Bylaws.

4:50 p.m. PROJECT UPDATES/NEXT STEPS

Bylaws, Community Education, and Youth Voices

Laura will provide an update on the projects we have in the works: Updates to our Bylaws and where we are in the process, Our Community Education plans to roll out virtual training in partnership with Kitsap Strong; and options for the Youth Forum - (Youth Voices)

5:15 p.m. SCHOOLS, PROGRAMS, NEEDS

The board will share information about what is planned for school and youth programs in the fall with special emphasis the changes due to Covid. We will brainstorm ideas regarding resource and service needs.

5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

6:00 p.m. ADJOURNMENT & NEXT MEETING: Sept. 3, 2020

Kitsap County Commission on Children and Youth

MINUTES July 2, 2020

The Kitsap County Commission on Children and Youth meeting was held on Thursday, July 2, 2020 from 4:30 -6:00 p.m. via Zoom due to health and safety issues brought by the Covid 19 Pandemic and the current Shelter in Place orders. Jeff Allen, Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Jeff asked members and guests for self-introductions. Attendees offered introductions.

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The June 2020 Meeting Minutes were approved and entered into the record. It was noted that we are meeting virtually due to the Covid 19 Pandemic and the Governor's Stay Home Stay Healthy Directive.

III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community. It was noted that we have openings for Youth Representatives in Bremerton, Central and North Kitsap.

IV. VOTING TO APPROVE CHANGES TO OUR BYLAWS

A vote of the Board was completed and the recommended changes to the bylaws were approved. The recommendation will now go to the Board of County Commissioners for approval.

V. FRESH OPPORTUNITIES

Laura will share two new opportunities presented to the Youth Commission. The first opportunity is a partnership with Kitsap Strong to roll out some community education around the Search institute's newest program offering on Developmental Relationships. The second opportunity is possibly hosting a Youth Forum in partnership with the Kitsap Board of County Commissioners. The goal of the Youth Forum is to provide the youth of Kitsap County with an opportunity to share their thoughts, concerns, and ideas with the Board of County Commissioners and the Public.

VI. COMMITTEE REPORTS AND NEXT STEPS

Representatives from each committee reported on the committee meetings held in June and the next steps each is planning to take. It was noted that we have several members whose terms are expiring and some members who have experienced some job and life changes due to Covid. The Membership committee will reach out to each and see if they want to/are able to continue on the board.

VII. ANNOUNCEMENTS/PUBLIC COMMENT

Program updates and events were shared.

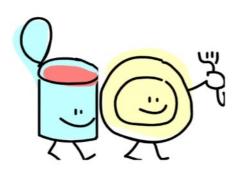
VIII.

ADJOURNMENT & NEXT MEETING
The meeting was adjourned. Next meeting will be held on August 6, 2020.

IX. **ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Nolan Hubbell	Laura Hyde	Sofia Smith Cuprill
	Laura пуче	
Ursula Petters		Ana Cuprill
Jessica Guidry		
Ashley Jensen		
Jeff Allen		
	Absent	
Erica White	Absent	
Patrick Woo Ching		
Christy Corner		
Christy Garner		
Nancy Gurley Connie Mueller		
Michael Ramsdell		
Kelly Sanchez		
Charles Stevenson		









The South Kitsap Helpline is excited to announce a great new community grocery program that is in partnership with Kitsap Regional Library, Port Orchard Kiwanis, Planet of Kids Foundation and South Kitsap Rotary.

Grab & Go Grocery Bags are designed to help provide breakfast and lunch items for local families in need of food for their children until the free and reduced meals begin again through our school district in the fall. Grocery bags will be filled with non-perishable foods that kids love to eat and will be handed out weekly on Wednesdays starting August 5th at the following South Kitsap locations:

- Burley-Glenwood Elementary School parking lot (100 SW Lakeway Blvd.)
- Olalla Elementary School parking lot (6100 SE Denny Bond Blvd.)
- Sunnyslope Elementary School parking lot (4183 Sunnyslope Rd. SW)
- Port Orchard United Methodist parking lot (725 Kitsap St.)





All pick-ups will be from 12-1:30 p.m. or until all bags are distributed. One grocery bag per household per week, please. For more information, please call 360-876-4089.

NECESITAMOS SU AYUDA

PARA DISMINUIR LA PROPAGACIÓN DE COVID-19 EN EL CONDADO DE KITSAP.



EVITE REUNIONES Y MULTITUDES

Las reuniones deben limitarse a no más de cinco personas de fuera de su hogar cada semana.



MANTÉNGASE A 6 PIES DE DISTANCIA DE OTROS

Mantenga 6 pies de distancia de las personas fuera de su hogar, incluso si usted está usando cubiertas faciales.



LÁVESE LAS MANOS CON FRECUENCIA

o use desinfectante para los manos. Esta es todavía una de las mejores maneras de proteger su salud y evitar la propagación de virus.



USE UNA CUBIERTA FACIAL

Lleve una cubierta facial contigo y úselo cuando estas cerca de personas de fuera de su hogar.



SIEMPRE PERMANEZCA EN CASA SI SE SIENTE ENFERMO

Quédese en casa y evite el contacto cercano con otras personas, incluso si su enfermedad es leve.



OBTENGA PRUEBAS TAN PRONTO COMO SEA POSIBLE SI TIENE SINTOMAS DE COVID-19

Llame a su médico o a su clínica regular. Obtenga más información sobre los síntomas de COVID-19 en cdc.gov/coronavirus

Anima a sus amigos y familiares a seguir estos pasos.

Sea compasivo y de apoyo a las personas alrededor de usted. ¡Todos estamos en esto juntos!



WE NEED YOUR HELP

TO SLOW THE SPREAD OF COVID-19 IN KITSAP COUNTY



AVOID GATHERINGS AND CROWDS

Gatherings should be limited to no more than five people from outside your household each week.



STAY 6 FEET APART FROM OTHERS

Maintain 6 feet of distance from people outside of your household, even if you are wearing face coverings.



WASH YOUR HANDS FREQUENTLY

or use hand sanitizer. This is still one of the best ways to protect your health and avoid spreading viruses.



WEAR A FACE COVERING

Carry a face covering with you and wear it when you are around people from outside of your household.



ALWAYS STAY HOME IF YOU FEEL SICK

Stay home and avoid close contact with other people, even if your illness is mild.



GET TESTED AS SOON AS POSSIBLE IF YOU HAVE COVID-19 SYMPTOMS

Call your regular doctor or a clinic. Learn more about COVID-19 symptoms at cdc.gov/coronavirus

Encourage your friends and family to follow these steps.

Be compassionate and supportive to people around you.

We are all in this together!





6:00



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH September 3, 2020 4:30-6:00pm

Join Zoom Meeting

https://zoom.us/j/96152757562

Phone in Option +1 253 215 8782 US (Tacoma)

Meeting ID: 961 5275 7562

THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

<u>Advocate</u> for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

AGENDA

4:30	WELCOME & INTRODUCTIONS
4:35	APPROVAL OF THE MINUTES/AGENDA AMENDMENTS
4:40	YOUTH REPRESENTATIVE REPORTS
4:50	PROJECT UPDATES/NEXT STEPS - Youth Voices, Community Education, Bylaws, Membership
5:15	FALL PLANS – SCHOOLS, PROGRAMS, NEEDS
5:50	ANNOUNCEMENTS/PUBLIC COMMENT (2 min_limit)

ADJOURNMENT & NEXT MEETING- OCTOBER 1, 2020

Kitsap County Commission on Children and Youth

MINUTES August 6, 2020

The Kitsap County Commission on Children and Youth meeting was held on Thursday, August 6, 2020 from 4:30 -6:00 p.m. via Zoom due to health and safety issues brought by the Covid 19 Pandemic and the current Shelter in Place orders. Jeff Allen, Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Jeff asked members and guests for self-introductions. Attendees offered introductions.

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The July 2020 Meeting Minutes were approved and entered into the record. It was noted that we are meeting virtually due to the Covid 19 Pandemic and the Governor's Stay Home Stay Healthy Directive.

III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community. It was noted that we have openings for Youth Representatives in Bremerton, Central and North Kitsap.

IV. PROJECT UPDATES/NEXT STEPS

Bylaws – Laura shared that the changes to the Bylaws will be approved by the Board of County Commissioners on 8/10. We will need to update our Membership Handbook to reflect the changes. We will become a board of 20 members not 24. The positions that were eliminated were those that had multiple positions within the sector. Our applicants were recommended for appointment. Community Education- Laura will check in with Kitsap Strong to see where we are in the process of scheduling this. Youth Voices- Jeff provided an update. A meeting of the planning committee was held and they shared plans for collaboration with Kitsap Regional Library on this project.

V. <u>FALL PLANS – SCHOOLS, PROGRAMS, NEEDS</u>

Board members shared information about plans for the fall with their program and schools. School districts will be going all virtual or using virtual and a hybrid option. Out of school programs are adjusting to this and finding a way to offer modified services.

VI. ANNOUNCEMENTS/PUBLIC COMMENT

Program updates and events were shared.

VIII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. Next meeting will be held on September 3, 2020.

IX. ATTENDANCE

COMMISSION MEMBERS	STAFF	GUESTS
Jeff Allen	Laura Hyde	Sofia Smith Cuprill
Jessica Guidry		Ana Cuprill Job Morando
Lisa Lechuga		Job Morando
Ashley Jensen Michael Ramsdell		
Michael Ramsdell		
	Absent	
Erica White		
Nolan Hubbell		
Ursula Petters		
Nancy Gurley		
Connie Mueller		
Charles Stevenson		
Kelly Sanchez		

Resources to Check Out

Returning to School After an Emergency or Disaster: Tips to Help Your Students Cope

https://www.cdc.gov/childrenindisasters/school-return-after.html

8 Tips to Help Your Child Focus and Stay Engaged During Distance Learning by John Hopkins University

https://education.jhu.edu/2020/04/8tipsforfocus/#:~:text=%20%20%201%20Understand%20the%20ex pectation%20for,Allow%20time%20for%20exercise%20before%20your...%20More%20

Parent Tips and Tricks for Distance Learning

https://www.commonsense.org/education/articles/parent-tips-and-tricks-for-distance-learning



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KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH October 1, 2020 4:30-6:00pm

Join Zoom Meeting:

https://us02web.zoom.us/j/81433256567?pwd=VHNTOGJ6RWExSkdoellaZlQ2T0RtUT09 **Dial by your location:** +1 253 215 8782

THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

<u>Advocate</u> for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

A G E N D A

4:30	WELCOME & INTRODUCTIONS
4:35	APPROVAL OF THE MINUTES/AGENDA AMENDMENTS
4:40	YOUTH REPRESENTATIVE REPORTS
5:00	YOUTH VOICES PROJECT UPDATE
5:20	WORK PLAN REVIEW
5:30	ANNUAL PLANNING SESSION PLANNING
5:40	YOUTH & YOUTH SERVING ORGANIZATION RECOGNITION
5:45	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
6:00	ADJOURNMENT & NEXT MEETING- NOVEMBER 5, 2020

Kitsap County Commission on Children and Youth AGENDA BRIEFING – October 1, 2020 4:30 P.M. – 6:00 P.M. Zoom meeting- details provided on Agenda

4:30 p.m.	WELCOME & INTRODUCTIONS
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4:35 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The September minutes will be approved and any changes to the October Agenda will be approved.

4:40 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

5:00 p.m. YOUTH VOICES UPDATE

Members of the Youth Voices Planning Committee will update the board on activities.

5:20 p.m. WORK PLAN UPDATE

Laura will provide an update on the 2020 Work Plan

5:30 p.m. ANNUAL PLANNING SESSION PLANNING

The board will discuss when and how to conduct our annual planning session

5:40 p.m. YOUTH & YOUTH SERVING ORGANIZATION RECOGNITION

The board will discuss an opportunity to have awards recognizing exceptional youth and youth serving organizations.

5:45 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

6:00 p.m. ADJOURNMENT & NEXT MEETING: Nov. 5, 2020

Kitsap County Commission on Children and Youth

MINUTES September 3, 2020

The Kitsap County Commission on Children and Youth meeting was held on Thursday, September 3, 2020 from 4:30 -6:00 p.m. via Zoom due to health and safety issues brought by the Covid 19 Pandemic and the current Shelter in Place orders. Jeff Allen, Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Jeff asked members and guests for self-introductions. Attendees offered introductions.

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The August 2020 Meeting Minutes were approved and entered into the record. It was noted that we are meeting virtually due to the Covid 19 Pandemic and the Governor's Stay Home Stay Healthy Directive.

III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community. It was noted that we have openings for Youth Representatives in Bremerton, Central and North Kitsap.

IV. PROJECT UPDATES/NEXT STEPS

Bylaws – Laura shared that the changes to the Bylaws were approved by the Board of County Commissioners 8/10/20. We will need to update our Membership Handbook to reflect the changes. We are now a board of 20 members not 24. The positions that were eliminated were those that had multiple positions within the sector

Youth Voices- Jeff provided an update. A meeting of the planning committee was held, and they shared plans for collaboration with Kitsap Regional Library on this project.

Community Education – Laura will check in with Kitsap Strong to see where we are in the process of scheduling this.

Membership- On 8/10 Job Moraido, David Dominguez, and Sofia Smith Cuprill were appointed to the board. We welcomed them to the board.

V. FALL PLANS – SCHOOLS, PROGRAMS, NEEDS

Board members shared information about plans for the fall with their program and schools. School districts will be going all virtual or using virtual and a hybrid option. Out of school programs are adjusting to this and finding a way to offer modified services.

VI. ANNOUNCEMENTS/PUBLIC COMMENT

Program updates and events were shared.

VIII. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. Next meeting will be held on October 1, 2020.

IX. <u>ATTENDANCE</u>

COMMISSION MEMBERS	S	TAFF		GUESTS	
Jeff Allen	Laura Hyde		Arjun Subramanian		
Ursula Petters	,		Ana Cup	Ana Cuprill	
Connie Mueller					
Ashley Jensen					
Michael Ramsdell					
Sofia Smith-Cuprill					
Lisa Lechuga					
	Α	bsent			
Erica White					
David Dominguez					
Ursula Petters					
Nancy Gurley					
Jessica Guidry					
Charles Stevenson					
Kelly Sanchez					
Job Moraido					

Upcoming Trainings hosted by Salish Behavioral Health Administrative Services Organization (SBH-ASO)







Suicide Prevention and Awareness Training

SAFE: Suicide Awareness for Everyone

Anyone can effectively intervene to **prevent suicides**.

Suicide Awareness for Everyone (SAFE) is a 2-hour presentation. This is an informational & referral training designed to raise suicide awareness *and* teach basic skills to everyone.

Target audience is **non-behavioral health professionals and community members** (e.g. Families, supports, etc.). SAFE is recommended for anyone over the age of 18.



Three (3) convenient sessions to choose from:

Wednesday, October 14, 10am-12pm Tuesday, October 20, 2-4pm Thursday, October 29, 9-11am

Registration is Required. Space is limited.

CLICK HERE TO REGISTER!

Registration is due the Friday before each training.

Registration is also available at the <u>Salish BH-ASO website</u>.

Questions? Contact Martiann Lewis at mlewis@co.kitsap.wa.us or 360-307-4275.

*Please note that this is not a WA DOH approved training.

POSTING FOR 2020 COALITON COMMUNITY SURVEYS

*The North Kitsap and Bremerton Substance Abuse Prevention Coalitions would like to invite you to participate in this survey. The survey is about concerns regarding substance abuse among youth in our community.

If you live, or work within the geographic area served by the Bremerton or North Kitsap Substance Abuse Prevention Coalitions (School District Boundaries) please complete the appropriate survey.

The goal is to assess attitudes, beliefs, and practices related to youth substance use and behavioral health in these communities. The completed surveys will be utilized to guide our work to develop effective substance abuse prevention programs for our community.

To learn more our services, please consult our webpage at https://www.kitsapgov.com/hs/Pages/PREVENTION-Landing.aspx

All surveys **must** be completed by Dec. 15

North Kitsap
ONLINE SURVEY ENGLISH
https://www.research.net/r/KINOKIEN2020

ONLINE SURVEY SPANISH https://es.research.net/r/KINOKISP2020

Bremerton
ONLINE SURVEY ENGLISH
https://www.research.net/r/KIBREN2020

ONLINE SURVEY SPANISH https://es.research.net/r/KIBRSP2020

Kitsap County Rent and Mortgage Help

Do you need help paying your rent?

Have you been financially impacted by COVID-19 and have a mortgage?

Financial assistance is AVAILABLE NOW!

Housing Solutions Center of Kitsap County (360) 473-2035 hsc@kcr.org







CCY Agenda Pack for October 2020

Kitsap Strong Resiliency Summit

https://m.bpt.me/event/4739779

Emerging Wisdom Trainings and Resources

http://www.emergingwisdom.net/

Vaping and Marijuana Prevention - This Saturday

https://fb.me/e/3x8DZocXm

Community Survey

Please send with agenda pack (attached)

Job Event

 $\frac{\text{https://www.facebook.com/groups/1771813676383366/permalink/2872955569602499/?sfnsn=mo\&ex}{\text{tid}=\text{kLHmTUFbqH4qk9CE}}$

Housing Resource

 $\frac{\text{https://www.facebook.com/1520980414/posts/10223247046674063/?sfnsn=mo\&extid=84W9TFqJXw0}{\text{nBA0n}}$

https://www.kitsapgov.com/hs/Pages/HH-Housing-and-Homelessness-Landing.aspx



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH November 5, 2020 4:00-4:30 p.m.

Join Zoom Meeting

Phone in option: +1 253 215 8782 US (Tacoma)

THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

A G E N D A

NOTE TIME CHANGE: 4:00-4:30 p.m.

4:00	WELCOME – BRIEF INTRODUCTIONS - SHORT MEETING TODAY
4:05	APPROVAL OF THE MINUTES/AGENDA AMENDMENTS
4:10	YOUTH REPRESENTATIVE REPORTS
4:20	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)
4:30	ADJOURNMENT & NEXT MEETING- DECEMBER 3, 2020

Kitsap County Commission on Children and Youth AGENDA BRIEFING November 5, 2020 4:00 P.M. – 4:30 P.M. Zoom meeting details provided on Agenda

4:00 p.m. WELCOME & INTRODUCTIONS

The Chairperson will welcome attendees and facilitate brief introductions. The Chairperson will share that we are having an abbreviated monthly meeting this month to allow time for the Board Retreat and Annual Planning Session.

4:05 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The October minutes will be approved and any changes to the November Agenda will be approved.

4:10 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

4:20 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

4:30 p.m. ADJOURNMENT & NEXT MEETING: Dec 3, 2020

Kitsap County Commission on Children and Youth

MINUTES October 1, 2020

The Kitsap County Commission on Children and Youth meeting was held on Thursday, October 1, 2020 from 4:30 -6:00 p.m. via Zoom due to health and safety issues brought by the Covid 19 Pandemic and the current Shelter in Place orders. Jeff Allen, Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Jeff asked members and guests for self-introductions. Attendees offered introductions.

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The September 2020 Meeting Minutes were approved and entered into the record. It was noted that we are meeting virtually due to the Covid 19 Pandemic and the Governor's Stay Home Stay Healthy Directive.

III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community. It was noted that we have openings for Youth Representatives in Bremerton, Central and North Kitsap.

IV. YOUTH VOICES UPDATE

Ana and Sofia provided an update. Members of the planning committee attended the KRL Youth group meeting to recruit youth to the committee and participate in KRL activities. They shared info. and invited the youth to join. Ana will contact the youth and schedule a planning committee meeting. Youth are focused on the start of school right now. Will focus more on the prog. Development next month.

V. WORK PLAN REVIEW

Jeff led a review of our work plan in preparation of the Annual Planning Session to be held next month.

VI. ANNUAL PLANNING SESSION PLANNING

Jeff led a discussion about how we want to do our Annual Planning Session to be held next month. It was decided we will do it virtually. The Board decided to do it in the same manner we did last year. We will have a short monthly meeting open to the public and then convene the Annual Planning Session open only to Board members.

VII. YOUTH & YOUTH SERVING ORGANIZATION RECOGNITION

The board discussed an opportunity to have awards recognizing exceptional youth and youth serving organizations.

VIII. ANNOUNCEMENTS/PUBLIC COMMENT

Program updates and events were shared.

IX.

<u>ADJOURNMENT & NEXT MEETING</u>
The meeting was adjourned. Next meeting will be held on November 5, 2020.

X. **ATTENDANCE**

COMMISSION MEMBERS		STAFF		GUESTS
Jeff Allen	Laura Hy		Δriun 9	Subramanian
Ursula Petters	Ladia iiy	<u>uc</u>	Ana C	
Connie Mueller			71114 0	иргііі
Ashley Jensen				
Lisa Lechuga				
Lisa Lechuga Sofia Smith-Cuprill Job Moraido				
Job Moraido				
		Absent		
Connie Mueller				
David Dominguez				
Charles Stevenson				
Nancy Gurley				
Jessica Guidry				
Michael Ramsdell				



Chili & Cornbread Dinner Whacky & Wild Games with Prizes TONS & TONS OF CANDY! ALL FREE!







Housing Choice Voucher Waitlist Opening

Bremerton Housing on behalf of Housing Kitsap announces the opening of Housing Kitsap's Section 8 Housing Choice Voucher Program.

Opens: Monday, November 2nd, 2020 at 8:00 AM Closes: Sunday, November 8th, 2020 at Midnight

Online Application Only

Application Link at www.bremertonhousing.org

A valid email address is required to submit this form. If you do not have an email address, a free account can be obtained from several providers, including hotmail.com, gmail.com, yahoo.com and others.

For questions about the application or waitlist process, please contact the Bremerton Housing Authority at 360-616-7100

Section 8 Housing Choice Voucher (S8 HCV) Waitlist Frequently Asked Questions

When will the Wait list open?

 The waitlist will be open from November 2nd, at 8 AM thru November 8th, 2020 at Midnight

What if I am already on the S8 HCV waitlist?

• If you are currently on the Section 8 waitlist for Bremerton Housing Authority you can apply for the Housing Kitsap Section 8 waitlist, if you are currently on the Housing Kitsap Section 8 waitlist, you do not need to reapply.

How will BHA be taking applications?

 Applicants will be accepted via an online process. All applicants are required fill out an online application found on the Bremerton Housing Authority website; www.bremertonhouisng.org The Housing Authority will be using a lottery system to select a limited number of applications to be placed on the waitlist.

What information is required to complete an application?

- Applicants MUST have a working Email to submit their application. If no email is entered the application cannot be accepted. A confirmation email will be sent to the contact email when the application is received. If you don't have an email you can create one for free at www.gmail.com
- No mailing address will be required to be placed on the waitlist.
- Applicants must have a Social Security Number in order to submit an application. If you do not have an assigned Social Security Number you must contact the Housing Authority prior to completing application by phone (360-616-1700).

How does the waitlist lottery process work?

• The Housing Authority will randomly select 150 applications to be placed on the Housing Kitsap S8 waitlist

Can I fill out more than one application?

 Only one application per adult will be accepted. Duplicate or multiple applications will not be processed.

Section 8 Housing Choice Voucher (S8 HCV) Waitlist Frequently Asked Questions

Why only 150 applications and why a lottery?

• Limiting the number of applicants will allow BHA to work more efficiently and decrease the wait time for the applicants. The lottery system has proven to be a fair and cost-effective way to manage a waitlist.

What if I don't have a computer or know how to use one

- Locations that have computer access and staff support;
 - ➤ The Summit Computer lab (located in the Bay Vista Community; bus #26). BHA staff will be on site to help applicants with the application process. Hours are 8:00 am to 3:00
 - Local Libraries (Bremerton and Silverdale) Computer use only – may not be open at this time
 - ➤ If you have a cell phone, typically your cell phone can be used to fill out the online application

If you require a reasonable accommodation please submit your request in writing to BHA or call 360-616-1700 for further assistance

WASHINGTON COVID-19 IMMIGRANT RELIEF FUND

Program Overview:

If you're an immigrant experiencing hard times because of COVID-19, and you aren't eligible for federal financial relief or unemployment insurance, this fund is for you. Apply for the Washington COVID-19 Immigrant Relief Fund and receive a \$1,000 one-time direct payment (up to \$3,000 per household).

Eligibility

To apply, you must meet ALL of the requirements below:

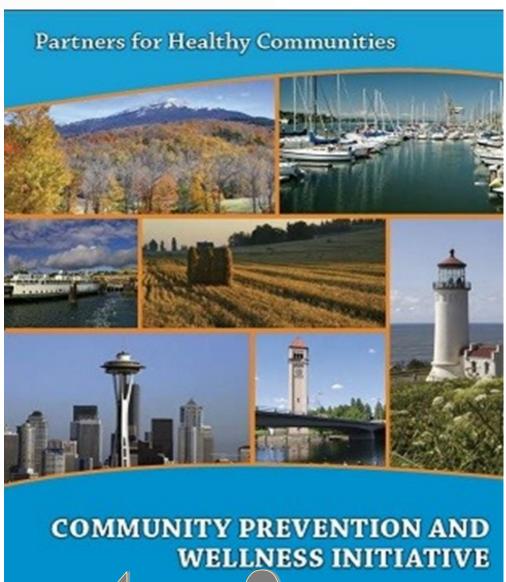
- Be 18 years old or older AND
- Reside in Washington state

 AND
- Have experienced hardship due to the pandemic AND
- Did not receive federal CARES Act Economic Impact Payment (also known as a "coronavirus stimulus check") due to immigration status AND
- Are not eligible for unemployment insurance during the COVID-19 pandemic due to immigration status.

https://immigrantreliefwa.org/



Community Prevention and Wellness Initiative (CPWI)
Community Survey
2020



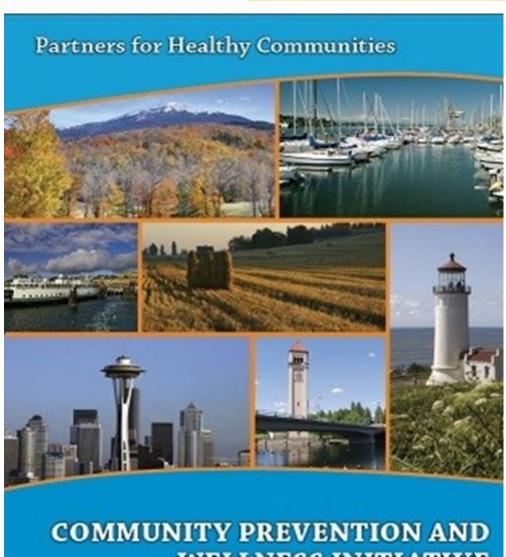
Bremerton Survey:

English: https://www.research.net/r/KIBREN2020

Spanish: https://es.research.net/r/KIBRSP2020



Community Prevention and Wellness Initiative (CPWI) **Community Survey** 2020



WELLNESS INITIATIVE

North Kitsap Survey:

https://www.research.net/r/KINOKIEN2020 **English:**

https://es.research.net/r/KINOKISP2020 **Spanish:**



6:00



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH / December 3, 2020 4:30-6:00pm

https://us02web.zoom.us/j/83720002430

OR by phone: Dial by your location

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 6833 US (San Jose)

+1 646 876 9923 US (New York)

Meeting ID: 961 5275 7562

THE PURPOSE OF THIS BOARD IS TO:

<u>Advise</u> County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

A G E N D A

4:30	WELCOME & INTRODUCTIONS
4:35	APPROVAL OF THE MINUTES/AGENDA AMENDMENTS
4:40	YOUTH REPRESENTATIVE REPORTS
5:00	PROJECT UPDATES -Youth Voices, Developmental Relationships Training, Strategic Planning
5:30	DEVELOPMENTAL ASSETS TRAINING
5:45	ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)

ADJOURNMENT & NEXT MEETING- JANUARY 7, 2021

Kitsap County Commission on Children and Youth AGENDA BRIEFING – December 3, 2020 4:00 P.M. – 4:30 P.M. Zoom meeting- details provided on Agenda

4:30 p.m. WELCOME & INTRODUCTIONS

The Chairperson will welcome attendees and facilitate brief introductions.

4:35 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The November minutes will be approved and any changes to the December Agenda will be approved.

4:40 p.m. YOUTH REPRESENTATIVE REPORT

Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.

5:00 p.m. PROJECT UPDATES

Youth Voices, Developmental Relationships Training, Strategic Planning

DEVELOPMENTAL ASSETS TRAINING

Laura will offer a brief overview of the Search Institute's Developmental Assets as a building block for the upcoming Developmental Relationships training being sponsored by the Board.

4:20 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)

Members of the board & the public will announce events & share comments.

4:30 p.m. ADJOURNMENT & NEXT MEETING: Jan. 7, 2020

Kitsap County Commission on Children and Youth

MINUTES November 5, 2020

The Kitsap County Commission on Children and Youth meeting was held on Thursday, November 5, 2020 from 4:30 -6:00 p.m. via Zoom due to health and safety issues brought by the Covid 19 Pandemic and the current Shelter in Place orders. Jeff Allen, Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. WELCOME & INTRODUCTIONS

Jeff asked members and guests for self-introductions. Attendees offered introductions.

II. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA

The October 2020 Meeting Minutes were approved and entered into the record. It was noted that we are meeting virtually due to the Covid 19 Pandemic and the Governor's Stay Home Stay Healthy Directive.

III. YOUTH REPRESENTATIVE REPORTS

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community. It was noted that we have openings for Youth Representatives in Bremerton, Central and North Kitsap.

IV. ANNOUNCEMENT/PUBLIC COMMENT

It was noted that we have a short meeting today due to the Annual Planning Session being held following this meeting.

It was also announced that the there was a meeting on 11/16 to move forward with Strategic Planning. The group decided on 4 goals: Increase the number of youth on the board, the Youth Voices Program, Collaborate with Kitsap Strong on Developmental Relationships and ACES education, Supporting programs that support youth leadership development through our annual grant/RFP process.

V. ADJOURNMENT & NEXT MEETING

The meeting was adjourned. Next meeting will be held on December 3, 2020.

X. ATTENDANCE

COMMISSION MEMBERS		STAFF		GUESTS
Jeff Allen	Laura Hy	de	Arjun Subramanian Ana Cuprill	
Ursula Petters			Ana Cup	orill
Michael Ramsdell				
Ashley Jensen				
Lisa Lechuga				
Sofia Smith-Cuprill				
Lisa Lechuga Sofia Smith-Cuprill Job Moraido				
	,	Absent		
Connie Mueller				
David Dominguez				
Charles Stevenson				
Nancy Gurley				
Nancy Gurley Jessica Guidry				
_				



WORKSHOP HOSTED BY: Str









Developmental Relationships & Igniting Sparks for thriving youth – Virtual Workshop

Relationships are developmental when they help young people discover who they are, develop abilities to shape their own lives, and learn how to engage with and contribute to the world around them. A Spark is the hidden flame inside every young person that taps into their true passions, talents, skills, and dreams.

This workshop will teach participants to harness Search Institute's research on Sparks to build and strengthen relationships with young people. Participants will learn tools to be more intentional and strategic in strengthening relationships in school, program, and agency settings.

PARTICIPANTS WILL

- Become familiar with Search Institute's research on Developmental Relationships and Sparks within the context of thriving
- · Examine the place of relationships in the lives of youth
- Explore the five essential actions that contribute to making a relationship transformative in the life of a young person
- Explore Sparks as a tool for building Developmental Relationships
- Consider practical applications for building Sparks and Relationships
- · Identify personal actions for applying our research to your work with youth

The five critical elements of Developmental Relationships identified by our research team:



Express Care



Challenge Growth



Support Support



Share Power



Expand Possibilities

WHO SHOULD ATTEND

- Educators
- After-school and out-ofschool programs
- Mentoring programs
- Juvenile justice organizations
- Libraries
- Coalitions
- Coaches

WHAT YOU WILL RECEIVE

 Print materials that summarize and support the application of Developmental Relationships and Sparks



2020











Free

Two resources:

1. To help you prepare for the upcoming Legislative Season visit the State of WA site:

https://leg.wa.gov/

2. Hello! Preregistration kicked off Friday for our 30th Annual Kitsap County Conference for Human Rights that takes place 9 a.m. to 4 p.m. Friday, Dec. 4.

This is an annual event of the Kitsap County Council for Human Rights.

This year's virtual conference is free to participate in but preregistration is required. Go to the council's website at http://kcowa.us/hrc for more information on programs and presenters offered and to register. We'd love for you to join us (you can join all day or come and go). Please share the council website link with others who may be interested. Thank you!

