



Kitsap County Mental Health, Chemical Dependency and Therapeutic Court Programs

ANNUAL REPORT 2020

Mission: Prevent and reduce the impacts of disabling chemical dependency and mental illness by creating and investing in effective, data driven programs for a continuum of recovery-oriented systems of care.

2021 Kitsap County Board of Commissioners

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Richard VanCleave, Deputy Director
Gay Neal, Program Coordinator
Hannah Shockley, Office Supervisor

Kitsap Public Health District

Amanda Tjemsland, Epidemiologist

Citizens Advisory Committee

Meetings are held the third
Tuesday of every month

Via Zoom Until Further Notice

5:00 p.m.— 7:00 p.m.



**December 31, 2020 marks the sixth full year of service
delivery for the Treatment Sales Tax** (1/10th of 1%) that

augments state funding of mental health and chemical dependency programs and the operation of therapeutic court services. 2020 began in a way no one expected, a deadly virus originating in China, quickly impacting all levels of behavioral health services here in Kitsap County. COVID-19 impacted each of the 23 projects funded, and all of our providers stepped up to the job of continued operations in a time of social isolation and increased stress.

School based behavioral health staff were provided little notice that school would be closing due to COVID-19. Staff implemented strategies to connect with students/families to continue program services. Staff worked with their school site to send notification to students and families about how to access services. Students of concern were identified and in collaboration with school staff wellness calls/checks were conducted.

While the regular criminal calendars in both Superior Court and District Court were summarily continued out for weeks at a time, the therapeutic courts recognized the importance of structure for their participants' and endeavored to remain consistent and active as a resource to them. A huge thank you to all of our providers and their staff for the support they are providing to Kitsap County residents.



Success Story: Kitsap Community Resources

An individual referred by Kitsap Connect was

chronically homeless for over five years. He had substance abuse issues most of his life, drinking for the first time at 11 years old. After getting connected with Kitsap Community Resources (KCR) housing staff, he moved into shared living and has long term support from a case manager through the Recovery Outreach and Stabilization Team (ROAST). After he expressed interest in going to treatment for substance abuse, his case manager took him to Kitsap Recovery Center, where he stayed inpatient for 30 days. The case manager found him sober housing and had it set up by the time he completed treatment. The client is now living at the new clean and sober house, is developing a new social network, and while his recovery has had its challenging moments and falters, he's been able to maintain his housing, and there have been no complaints from the house manager. KCR will continue to support him in his journey, to promote harm reduction, growth, and housing stability.

2020 Outcomes Related to the Kitsap County Board of Commissioner's Strategic Goals



Goal 1: Improve the health status and well-being of Kitsap County residents.

- ◆ Sixty-nine percent of New Start participants who were referred to primary care attended at least one appointment and 100% identified that their physical health improved.
- ◆ For Nurse Family Partnership clients with an identified caretaking/parenting problem (48 clients), 93.8% (45 out of 48) had an improvement in either their knowledge, behavior or status rating.
- ◆ Eighty-six percent elementary staff and 74% secondary staff reported that services have improved students' academic success.

Goal 2: Reduce the incident and severity of chemical dependency and/or mental health disorders in adults and youth.

- ◆ For Nurse Family Partnership (NFP) clients with an identified mental health problem (46 clients), 91.3% (42 out of 46 clients) had an improvement in either their knowledge, behavior or status rating.
- ◆ For NFP clients with an identified substance use problem (40 clients), 87.5% (35 out of 40 clients) had an improvement in either their knowledge, behavior or status rating.
- ◆ Among high school students with a substance use reduction goal - 77% reported a decreased in cigarette use, 54% in alcohol use, 71% in binge drinking, 42% in marijuana use, and 61% in vaping.

Goal 3: Divert chemically dependent and mentally ill youth and adults from initial or further criminal justice system involvement.

- ◆ One hundred percent Juvenile Therapeutic Court graduates remained crime-free at their one-year anniversary and 86% were crime-free at 18 months following the program (entire program history).
- ◆ Ninety percent of Drug Court graduates and 91% of Veterans Court graduates have remained conviction-free for at least 5 years (entire program history).
- ◆ Ninety percent of New Start participants have not had pre-charges and 97% have not had a new charge since enrollment in services.

Goal 4: Reduce the number of people in Kitsap County who cycle through the criminal justice systems, including jails and prisons.

- ◆ Behavioral Health Court participants reduced jail bed days from 2,752 pre-program participation to 827 post-program participation, a 70% reduction.
- ◆ Jail Reentry participants reduced jail bed days from 92,333 prior to program enrollment to 24,017 post-program enrollment (equivalent comparison periods), a 74% reduction.
- ◆ Kitsap Connect high utilizers had a 65% reduction in jail bed days for enrolled participants (year-to-date).

Goal 5: Reduce the number of people in Kitsap County who use costly interventions, including hospitals, emergency rooms, and crisis services.

- ◆ Kitsap Connect high utilizers had a 66% reduction in Emergency Medical Service calls; 66% reduction in emergency services used; and 66% reduction in Emergency Department visits (year-to-date).
- ◆ Ninety-eight percent of the Bremerton Ambulatory Team (BAT) program high utilizers were referred to primary care and 71% attended at least one primary care visit (year-to-date).

Goal 6: Increase the number of stable housing options for chemically dependent and mentally ill residents of Kitsap County.

- ◆ General Contractor selected, construction documents completed, building permit approved, tax credit investors secured and Limited Liability Corporation in place for Kitsap Mental Health Services Pendleton Place Permanent Supported Housing.
- ◆ Ninety-six percent of households (237) served by Kitsap Community Resources rental assistance program for individuals with behavioral health disorders have maintained housing for at least 6 months (year-to-date).

2020 Kitsap County Continuum of Care

Kitsap County uses a comprehensive approach to addressing behavioral health issues at all levels, including prevention; early intervention; crisis intervention; outpatient treatment; medical and sub-acute detox; acute inpatient care; and recovery support services. The following programs received funding to address the full continuum of care.

Prevention and Early Intervention

Kitsap Public Health District — \$135,322 in grant funds increased the capacity of the Nurse Family Partnership Program and provided services for 12 additional families and outreach to 22 mothers.

Bremerton School District — \$177,079 in grant funds provided a comprehensive, evidence-based, social and emotional teaching and learning system within the Bremerton School District.

Olympic Educational Service District 114 — \$513,522 in grant funds provided school-based behavioral health services for 193 elementary and 186 high school students.

City of Poulsbo — \$363,857 in grant funds provided Navigator Outreach Services for 797 adults with behavioral health issues who come into police contact throughout Kitsap County.

Crisis Intervention and Triage

The Coffee Oasis — \$304,291 in grant funds supported 408 youth in crisis intervention, 97 youth in behavioral health therapy and 43 youth in intensive case management services.

Kitsap County Sheriff's Office — \$123,263 in grant funds established a Crisis Intervention Coordinator to coordinate the patrol/field response for 650 individuals who suffer from behavioral health issues.

Kitsap Public Health District — \$198,524 in grant funds supported Kitsap Connect, a multi-disciplinary, mobile outreach team, to intervene with 17 high-utilizers experiencing behavioral health issues.

Peninsula Community Health Services — \$217,756 in grant funds provided mental health and substance use treatment for 42 individuals who are calling 911 to address non-emergent needs.

Outpatient

Agape Unlimited — \$218,542 in grant funds provided co-occurring disorder services for 52 clients on site at Agape and capital improvements to Koinonia Inn serving 17 Women and 16 Children.

Kitsap County Juvenile Services Department — \$175,231 in grant funds improved the continuity of treatment services to 24 participants in the Individualized Treatment and Youth Drug Court.

Kitsap County District Court — \$275,014 in grant funds served 51 individuals and provided clinical, compliance and public defense support for their Behavioral Health Court.

Kitsap County Prosecuting Attorney — \$299,047 in grant funds supported their increasing responsibility for all therapeutic-courts and maintained a centralized therapeutic court application.

Kitsap County Superior Court — \$322,894 in grant funds expanded the capacity of the Adult Felony Drug Court from 100 participants to 166 participants. A total of \$52,179 in grant funds supported the Veterans Court, serving 31 veterans.

Kitsap Mental Health Services — \$750,000 in grant funds funded a portion of the predevelopment costs necessary to construct Pendleton Place Apartments. \$61,529 in grant funds support non-reimbursed bed days at Pacific Hope and Recovery Center and the Crisis Triage Center for 463 individuals.

Recovery Support Services

Aging and Long-Term Care — \$90,000 in grant funds provided dementia-friendly supports and consultation for 115 seniors with challenging behaviors to prevent or delay institutionalization.

Kitsap Community Resources — \$751,854 in grant funds provided outreach, rental assistance, eviction prevention, rapid rehousing, case management, housing stabilization, crisis intervention, and mental health referrals for 395 individuals struggling with behavioral health issues.

Kitsap County Sheriff's Office — \$164,977 in grant funds provided reentry services to 615 inmates with behavioral health needs who are being released back into the community.

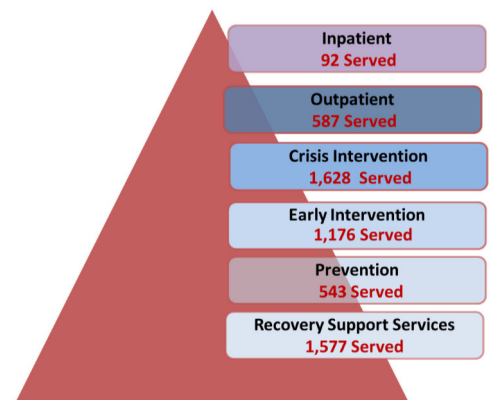
West Sound Treatment Center — \$309,215 in grant funds provided Substance Use Disorder and Reentry Services for 452 inmates in the jail, as well as housing, case management and supportive services for 16 men and women through the New Start men and women's houses.

Success Story: Juvenile Individualized Treatment Court

A recent graduate entered Individualized Treatment Court (ITC) a little under a year ago. When she started the program, she was failing all her classes (essentially not attending), struggling with her mental health issues, not taking her medications and having family problems. While she never "struggled" in the program, she did take some time to get on board with what was being asked of her. Once she did get on board, she flourished. First, she became compliant with her medications and meeting with our Behavioral Health Therapist. She was able to not only bring her grades up to a passing level, she attained a GPA of over 3.0 by the time she graduated from ITC. She started participating in ROTC at her school and other prosocial activities. She also took part in family therapy that started to mend the fissures that had developed over the years with her parents. Her plan after graduating was to continue therapy, graduate high school, and look at the possibility of college.



2020 Kitsap County Continuum of Care



5,603 Individuals Enrolled in Services

Individuals Served by Kitsap County 1/10th of 1% Tax Funding in 2020

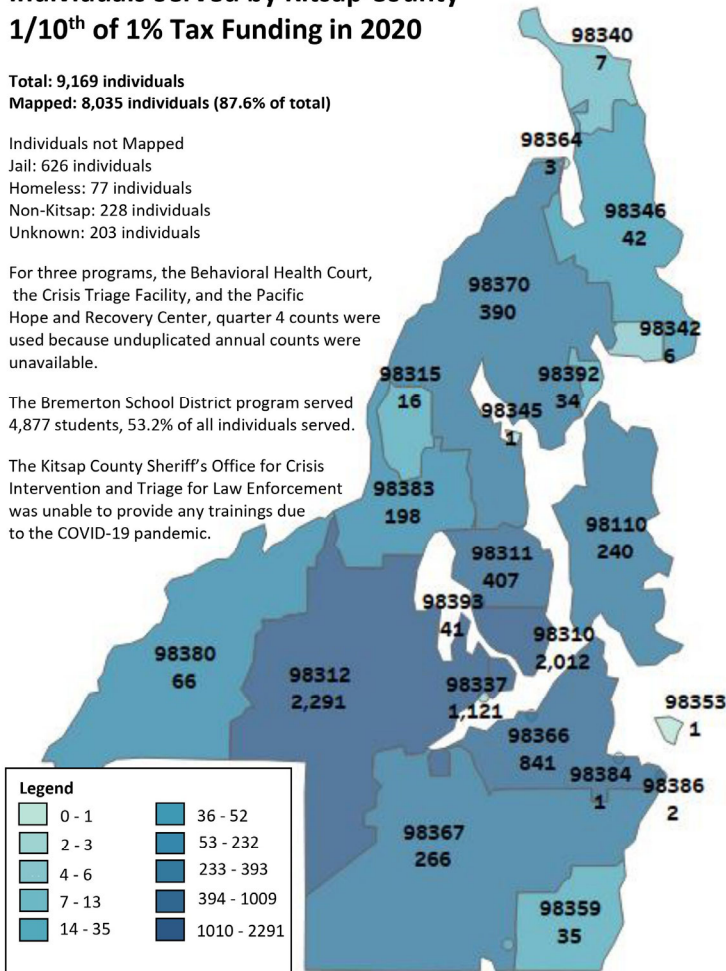
Total: 9,169 individuals
Mapped: 8,035 individuals (87.6% of total)

Individuals not Mapped
Jail: 626 individuals
Homeless: 77 individuals
Non-Kitsap: 228 individuals
Unknown: 203 individuals

For three programs, the Behavioral Health Court, the Crisis Triage Facility, and the Pacific Hope and Recovery Center, quarter 4 counts were used because unduplicated annual counts were unavailable.

The Bremerton School District program served 4,877 students, 53.2% of all individuals served.

The Kitsap County Sheriff's Office for Crisis Intervention and Triage for Law Enforcement was unable to provide any trainings due to the COVID-19 pandemic.



Success Story: Superior Court Adult Drug Court

One drug court participant had a rocky beginning. He had been in and out of jail for twenty years; in and out of his children's lives and in and out of the criminal justice system. He hadn't held a job for more than a few months at a time and was homeless off and on over the years. He entered drug court and couldn't go more than a week without receiving a sanction for a program violation. He had a horrible attitude towards his treatment counselor and his compliance specialist and was full of resentments towards everything he was asked to do. He was told he was on his last chance and we were not going to continue to work harder for his recovery than he was willing to work. Fast forward nine months—this man is one of the pillars of our program and not just drug court, but the recovery community overall. He is someone who can be relied on to help any other participant out. Since he is a little bit older than the majority of our participants, he takes on a father-figure role to a lot of the new people and takes them under his wing. He is trustworthy as the day is long. It is nothing short of a miraculous turnaround that he has made from the person he was to who he is today.

Confidential Helplines (toll-free)

Washington Recovery Help Line: 1-866-789-1511

State-wide 24-hour/day support for people dealing with substance abuse, mental health issues and problem gambling; provides crisis intervention and referrals to treatment and support services.

Oasis Crisis Text Line: Text "CoffeeOasis" to 360-377-5560

Support for local Kitsap County youth ages 13—25 years old 24/7.

Volunteers of America 24 Hour Care Crisis Line: 1-888-910-0416 & Crisis Chat www.imhurting.org

Provides over-the-phone local crisis intervention, information referral for Kitsap, Jefferson and Clallam Counties.

National Suicide Prevention Lifeline: 1-800-273-8255

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States.



Success Story: Behavioral Health Strategic Planning Team

December 31, 2020 marks the sixth full year of service delivery for the Treatment Sales Tax and six years since the original Behavioral Health Strategic Plan was written to guide distribution of sales tax funds. In 2014, community leaders and subject matter experts, worked with the Kitsap County Human Services Department to developed a six-year strategic plan for behavioral health services.

The Behavioral Health Strategic Planning Team was reconvened in Fall of 2020 to update the Behavioral Health Strategic Plan for the period of January 1, 2021 through December 31, 2026. The Team met three times in October and November 2020 to review a community survey, identify gaps in the current behavioral health system and establish objectives and strategies for each of the Board of Commissioners behavioral health strategic goals. In spite of a pandemic the Team was able to meet virtually and complete the plan.

The Citizens Advisory Committee will use the updated Strategic Plan to inform their annual review of applications for funding based on the Board of Commissioners' strategic direction and priorities. The plan will also be used to ensure that the implementation and evaluation of the strategies and programs funded by the Treatment Sales Tax are transparent, accountable and collaborative. The updated plan can be found at <https://www.kitsapgov.com/hs/Pages/CAC-REPORTS-INFORMATION-PLANS.aspx>.

2021 Mental Health, Chemical Dependency & Therapeutic Court Program Contacts

Prevention & Early Intervention Services

Nurse Family Partnership
Kitsap Public Health District
360-728-2235

NEW **RISE Mentor Training**
Kitsap Strong
360-536-3394

School Based Behavioral Health
Olympic ESD 114
360-405-5833

Crisis Intervention Services

NEW **Behavioral Health Outreach**
Bremerton Police Department
360-473-5220

NEW **Kitsap Fire CARES**
City of Poulsbo
360-394-9794

Homeless Youth Intervention
The Coffee Oasis: 360-377-5560
Oasis Crisis Text Line: Text
"CoffeeOasis" to 360-377-5560

Crisis Intervention Officer Kitsap
County Sheriff's Office
360-337-4590

NEW Stand by Me

Peninsula Community Health
Services
360-377-3776

Outpatient Behavioral Health Treatment Services

Agape Unlimited
Co-Occurring Disorder Services
360-373-1529

Juvenile Therapeutic Court
Kitsap Juvenile Department
360-337-5465

Behavioral Health Court
Kitsap County District Court
360-337-4706

**Adult Drug Court &
Veterans Therapeutic Court**
Kitsap County Superior Court
360-337-4834

Alternative to Prosecution
Kitsap County Prosecuting
Attorney's Office
360-337-4814

Recovery Support Services

Partners in Memory Care
Aging and Long Term Care
360-337-5700 or 1-800-562-6418

**Recovery Outreach and
Stabilization Team**
Kitsap Community Resources
360-473-2047

Jail Reentry Coordination
Kitsap County Sheriff's Office
360-337-4514

New Start Jail Transition
West Sound Treatment Center
360-876-9430

NEW **On-Site Behavioral
Health Services**
Kitsap Homes of Compassion
360-830-6832

NEW **On-Site Behavioral
Health Services**
Kitsap Rescue Mission
360-373-3428

NEW **Rental Assistance for
Victims of Human Trafficking**
Scarlet Road
360-850-9718

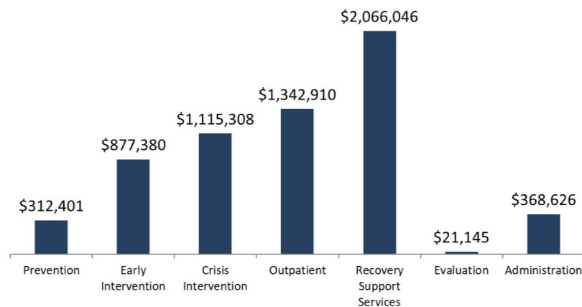
**Mental Health, Chemical Dependency and Therapeutic Court Sales Tax
12 Month Revenue & Expenditure Report
Fund activity – For the period beginning January 1, 2020 ending December 31, 2020**

| | Revenue Collected | Amount Spent |
|----------------------|-----------------------|-----------------|
| Revenue | | |
| Sales Tax Collected | \$5,520,569.77 | |
| Investment Interest | \$ 56,023.31 | |
| Total Revenue | \$5,576,593.08 | |

| | | |
|--|--|-----------------------|
| Expenditures | | |
| Agape Unlimited – Koinonia Inn & Co-occurring Disorder Program | | \$218,542.64 |
| Aging and Long Term Care – Partners in Memory Care | | \$ 90,000.00 |
| Bremerton School District | | \$177,079.59 |
| City of Poulsbo – Behavioral Health Outreach | | \$363,857.99 |
| Coffee Oasis – Homeless Youth Intervention | | \$304,291.79 |
| Kitsap Community Resources – ROAST | | \$751,854.65 |
| Kitsap County District Court – Behavioral Health Court | | \$275,014.46 |
| Kitsap County Juvenile Services – Therapeutic Courts | | \$175,231.07 |
| Kitsap County Prosecutors Office – Therapeutic Courts Alternatives | | \$299,047.88 |
| Kitsap County Sheriff's Office – Crisis Intervention Coordinator | | \$123,263.00 |
| Kitsap County Sheriff's Office – Crisis Intervention Training | | \$ 3,402.00 |
| Kitsap County Sheriff's Office – Reentry Services | | \$164,977.14 |
| Kitsap Mental Health Services – Pendleton Place Pre-Development | | \$750,000.00 |
| Kitsap Mental Health Services – Pacific Hope & Recovery Center | | \$ 61,529.87 |
| Kitsap County Superior Court – Adult Drug Court | | \$322,894.93 |
| Kitsap County Superior Court – Veterans Court | | \$ 52,179.02 |
| Kitsap Public Health District – Nurse Family Partnership | | \$135,322.06 |
| Kitsap Public Health District – Kitsap Connect | | \$198,524.38 |
| Kitsap Public Health District – Evaluation and Monitoring | | \$ 21,145.87 |
| Olympic Educational Service District – School Based Services | | \$513,522.95 |
| Peninsula Community Health Services – Fired Up for Health | | \$217,756.38 |
| West Sound Treatment Center - New Start Jail Services | | \$309,215.19 |
| Kitsap Mental Health Services KC-444-16 | | \$180,741.95 |
| Peninsula Community Health Services KC-020-19 | | \$ 25,798.98 |
| Kitsap County Human Services – Program Administration | | \$368,626.53 |
| Total Expenditures | | \$6,103,820.32 |

| | |
|--|-----------------------|
| Beginning Fund Balance 01/01/20 | \$9,716,840.11 |
| 2020 Revenue | \$5,576,593.08 |
| 2020 Expenses | (6,103,820.32) |
| 2019 Sales Tax Receivable | \$ 0.00 |
| Ending Fund Balance 12/31/20 | \$9,189,612.87 |

2020 Expenditures by Continuum of Care



**For More Information
Contact**

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<https://spf.kitsapgov.com/hs/Pages/CAC-LANDING.aspx>