### ABOUT US

- Kitsap Recovery Center (KRC), located in Port Orchard, provides both inpatient and outpatient substance abuse treatment services.
- KRC is state-approved and utilizes the American Society of Addiction Medicine (ASAM) treatment criteria.
- The facility houses 16 inpatient treatment beds and 16 sub-acute detoxification beds. Employees include treatment staff, administrative support staff and two private contracted consultants to provide medical and dietary advice and assistance.
- Annually, approximately 2,000 adult men and women receive chemical dependency treatment for drug and/or alcohol addiction.
- KRC serves primarily low-income and Medicaid-eligible clients. It also accepts clients with private insurance and provides information, education and referrals to all county residents.

Outpatient Services: 1026 Sidney Rd, Port Orchard, WA 98366 Inpatient and Withdrawal Management: 661 Taylor Street, Port Orchard, WA 98366

Phone: (360) 337-4625

Recovery Center Fax: 360-337-4704 Drug Court Fax: 360-337-4783 The future depends on what you do today

## Mission Statement

The mission of Kitsap Recovery Center is to promote healthy lifestyles and communities through superior, responsive, cost-effective chemical dependency treatment services leading to improved quality of life for those involved in or affected by chemical dependency.

### Staff Values

**Integrity** – Maintaining ethical principles and standards and keeping commitments.

**Respect** – Appreciating individual contributions and fostering a risk-free environment where differing opinions are respected.

**Team Work** – Working together for a common mission and by appreciating the roles played and efforts made by each person on the team.

**Growth** – Seeking self-care and self-

improvement, staff remain centered and more effectively contribute to the mission.

**Compassion** – Treating others with dignity. **Communication** – Practicing active listening, sharing information and respecting confidentiality



# Kitsap Recovery Center



**Outpatient Services** 

Inpatient and Withdrawal Management Phone: (360) 337-4625

# WITHDRAWAL MANAGEMENT

KRC's withdrawal management unit provides non-medical detoxification services to clients experiencing withdrawal symptoms. Amenities/Services offered at the facility include:

- 12 Beds
  - ➤ 6 Female
  - ➤ 6 Male
- 3-5 day stay based on symptomology
- Medications and vitals monitored
- Hygiene items provided
- All meals provided
- Access to case management and assessment services
- Referral options to outside providers upon discharge
- May need medical clearance in coordination with medical provider
- Follow-up care

#### **ASSESSMENTS**

Kitsap Recovery Center provides assessments on an appointment basis. Our assessment coordinator works to determine level of care based on ASAM criteria.

Referral options will be given based on client needs. DUI assessments not offered at this time.

# RESIDENTIAL TREATMENT

The residential treatment center at Kitsap Recovery Center includes access to a wide array of comprehensive service. Services offered include:

- 16 beds
  - ➤ 6 Female
  - ➤ 10 Male
- Varied length of stay based on individualized needs
- Medications monitored and medical services offered in-house
- All meals provided
- Individualized treatment planning to address specific needs identified by the client
- Psychoeducational lectures everyday covering the disease concept of addiction, relapse prevention, structure, values, relationships, self-care and many other topics to prepare the individual for a lifestyle of recovery
- Daily process groups
- Individual sessions with assigned counselor for additional specific time to work through identified problems
- Family program offered on weekends for relationship-building and improved communication between client and loved ones
- Visiting community resources to facilitate transition into community including: Oxford, Housing Authority and 12-step

#### **OUTPATIENT**

Outpatient services are provided at the Givens location and offer 2.1 Intensive Outpatient and Level 1 Outpatient Services. Services offered include:

- ASAM Assessments
- Individual sessions
- Group therapy
- Random drug testing
- Case management
- Collaboration with outside agencies

# KITSAP COUNTY DRUG COURT

Kitsap County Superior Court partners with Kitsap Recovery Center to provide 2.1 and Level 1.0 care options. Services include:

- Individualized treatment planning and counseling
- Psychoeducational lectures
- Process groups
- Random drug-testing
- Case management services
- Coordination with community agencies for medical, dental, MAT, mental health, housing, 12-step, legal, transportation, and more