

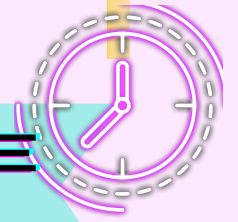
# NATIONAL FAMILY CAREGIVER MONTH

2025

NOVEMBER

AROUND THE CLOCK

Honoring Our Family Caregivers



**MONDAY**  
NOVEMBER  
03

**2:30-3:30PM**

Dementia 101: what is it, who gets it, what can be done?

No RSVP Required

With Jennifer Calvin Myers

3650 NW Anderson Hill Rd, Silverdale Library

Kitsap Aging & Long Term Care  
Caregiver Programs Overview  
No RSVP Required

With Carrie Mulcahy

87 Sidney Ave, Port Orchard Library

**WEDNESDAY**  
NOVEMBER  
05

**2:30-3:30PM**

**THURSDAY**  
NOVEMBER  
06  
11:00AM-  
12:00PM

Via Zoom  
Kitsap Aging & Long-Term Care Caregiver  
Programs Overview  
No RSVP Required

With Carrie Mulcahy - see back for Zoom info

Via Zoom  
Dementia 101: what is it, who gets it,  
what can be done?

With Jennifer Calvin Myers - see back for Zoom info

**FRIDAY**  
NOVEMBER  
07  
11:00AM-  
12:00PM



**MORE INFO:**

**TURN ME OVER**



Kitsap County

## Division of Aging & Long Term Care

**MONDAY  
NOVEMBER  
03  
2:30 - 3:30PM  
NO RSVP**

### Dementia 101 at the Silverdale Library

Join social worker Jennifer Calvin Myers to review the basics about dementia, what not to ignore, and support resources you can use now and in the future.

Specifically, we'll review the topics below, along with your questions.

- What is dementia and why does it happen
- Most common types of dementia
- Signs it may be time to talk with your doctor about your memory
- Strategies to possibly slow the onset or progression of the disease
- Resource information

**SAME PROGRAM REPEATS VIA ZOOM on November 7th, 2025**

**WEDNESDAY  
NOVEMBER  
05  
2:30 - 3:30PM  
NO RSVP**

### Caregiver Programs Overview at the Port Orchard Library

Join Carrie Mulcahy for an overview of the Caregiver Programs: Tailored Supports for Older Adults and Family Caregiver Support Program. Eligibility, how to apply, program benefits and more. Ask questions, get answers!

**SAME PROGRAM REPEATS VIA ZOOM on November 6<sup>th</sup>, 2025**

**THURSDAY  
NOVEMBER  
06  
11AM-12PM  
NO RSVP**

### Join Zoom Meeting

**CAREGIVER PROGRAMS OVERVIEW ~ Carrie Mulcahy**

[https://uso6web.zoom.us/j/85093685182?](https://uso6web.zoom.us/j/85093685182?pwd=jD4RjsOE9PYHylF5b7sJ2E7Kclcz0.1)

[pwd=jD4RjsOE9PYHylF5b7sJ2E7Kclcz0.1](https://uso6web.zoom.us/j/85093685182?pwd=jD4RjsOE9PYHylF5b7sJ2E7Kclcz0.1)

Meeting ID: 850 9368 5182 Passcode: 083085

This is a virtual offering of the previous presentation

**FRIDAY  
NOVEMBER 07  
11AM-12PM  
NO RSVP**

### Join Zoom Meeting

**Dementia 101 ~Jennifer Calvin Meyers**

[https://uso6web.zoom.us/j/85100097103?](https://uso6web.zoom.us/j/85100097103?pwd=zOXvMjZht1357YKKGJcovSnvLAXmNw8.1)

[pwd=zOXvMjZht1357YKKGJcovSnvLAXmNw8.1](https://uso6web.zoom.us/j/85100097103?pwd=zOXvMjZht1357YKKGJcovSnvLAXmNw8.1)

Meeting ID: 851 0009 7103 Passcode: 827871

This is a virtual offering of the previous presentation

For more details these events, please visit our website **Kitsap.gov** or call 360.337.5700