



EVENTS

NOVEMBER 2024 FAMILY CAREGIVER MONTH

2024 THEME: # I CARE



No REGISTRATION Required

Every November we celebrate National Family Caregivers Month. While family caregivers should be celebrated every day, this is a time to recognize and honor caregivers nationally and locally by raising awareness around caregiving issues by educating communities and increasing support for our caregivers.

Join us for **FOUR, FREE AND LOCAL, IN-PERSON EVENTS**. Learn about the hot topics caregivers are facing and discover helpful resources.

**QUESTIONS OR ACCOMMODATIONS?
CONTACT:**

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Monday November 4, 2024

**Memory Loss & Communication for
Caregivers** with *Jennifer Calvin Myers*

In-Person: 1pm – 2pm

Silverdale Library ~ Salish Room

3650 NW Anderson Hill Rd, Suite 101
Silverdale

Tuesday November 5, 2024

**Caregiver Support Programs &
Resources** with *Carrie Mulcahy*

In-Person: 1:30pm – 2:30pm

Sylvan Way Library – Heninger Room
1301 Sylvan Way, Bremerton

Thursday November 7, 2024

**Residential Care Overview for Long-
Term Care** with *Dana Gargus*

In-Person: 3:00pm – 4:00pm

Poulsbo Library – Common Room
700 NE Lincoln Road, Poulsbo

Wednesday November 13, 2024

**Legal Planning and Decision Support
for Family Caregivers** with *Northwest
Justice Project*

In-Person: 3:30-4:30pm

Poulsbo Library – Conference Room
700 NE Lincoln Road, Poulsbo