



EVENTS

NOVEMBER 2024 FAMILY CAREGIVER MONTH

2024 THEME: # I CARE



No REGISTRATION Required

Every November we celebrate National Family Caregivers Month. While family caregivers should be celebrated every day, this is a time to recognize and honor caregivers nationally and locally by raising awareness around caregiving issues by educating communities and increasing support for our caregivers.

Join us for **FOUR, FREE AND LOCAL, IN-PERSON EVENTS**. Learn about the hot topics caregivers are facing and discover helpful resources.

Monday November 4, 2024

Memory Loss & Communication for Caregivers with Jennifer Calvin Myers

In-Person: 1pm – 2pm

Silverdale Library ~ Salish Room

3650 NW Anderson Hill Rd, Suite 101

Silverdale

Tuesday November 5, 2024

Caregiver Support Programs & Resources with Carrie Mulcahy

In-Person: 1:30pm – 2:30pm

Sylvan Way Library – Heninger Room

1301 Sylvan Way, Bremerton

Thursday November 7, 2024

Residential Care Overview for Long-Term Care with Dana Gargus

In-Person: 3:00pm – 4:00pm

Poulsbo Library – Common Room

700 NE Lincoln Road, Poulsbo

Wednesday November 13, 2024

Legal Planning and Decision Support for Family Caregivers with Northwest

Justice Project

In-Person: 3:30-4:30pm

Poulsbo Library – Conference Room

700 NE Lincoln Road, Poulsbo

**QUESTIONS OR ACCOMMODATIONS?
CONTACT:**

CARRIE MULCAHY (360) 337-5700
CMULCAHY@KITSAP.GOV
WWW.AGINGKITSAP.COM