

WorkingWell *presents*

Passport to Wellness



Your guide to exploring all aspects of your health:

Financial **Intellectual** **Spiritual**
Environmental **Occupational**
Emotional **Social** **Physical**

It's important to Kitsap County that each employee has opportunities to experience more fulfilled and satisfied lives. Holistically healthy employees help the County function at optimal levels of efficiency, thereby better serving the public.

Your Passport to Wellness has several fun and interesting challenges in each pillar of health for you to try. Explore ours or create your own!

Participate and be eligible for monthly prize giveaways!

Complete each passport page (by trying 3 tasks per category) and be eligible for our end-of-the-year grand prize drawing!

Watch for your passport to be distributed soon!

Contact your departmental **Wellness Champions** with any questions, or any suggestions on how **WorkingWell** can make wellness improvements for you!

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