



Accessing care and estimating costs with Kaiser

How do I access care?

To find an in-network provider, go to kp.org/wa. Select “Doctors and Locations” and search for doctors that provide the specific care you are looking for.

How can I estimate the cost of my visit?

See the table below for the in-network copays/coinsurance you’ll pay per core benefit, as well as the number of visits covered per year.

	Kaiser Prime	Kaiser HDHP/HSA
Exams	(first 4 visits not subject to deductible)	
PCP visit	\$25 copay after deductible	20% coinsurance after deductible
Specialist visit	\$25 copay after deductible	20% coinsurance after deductible
Virtual visit	\$25 copay after deductible	20% coinsurance after deductible
Facility services		
Urgent care	\$25 copay after deductible	20% coinsurance after deductible
Urgent Care Options in Kitsap County: Kaiser Silverdale - 104522 Silverdale Way		
Virginia Mason Franciscan Emergency and Urgent Care Facilities: Port Orchard – 450 S Kitsap Blvd Bremerton – 4205 Kitsap Way		
Emergency room	\$75 copay after deductible	20% coinsurance after deductible



DEDUCTIBLES BY PLAN

Kaiser Prime

\$250/person
\$750/family

Kaiser HDHP/HSA

\$1,700/person
\$3,400/family



CONTACT KAISER

Phone: (888) 901-4636

Website: kp.org/wa

See your benefits booklet for full details including limitations and exclusions.



Get quality care whenever you need it

Convenient ways to get care

With Kaiser Permanente, you have many options available to get care you depend on for all your health needs - day or night. Here's how:

Convenient ways to get care



Phone visit

Talk with a clinician over the phone. Schedule an appointment or get fast, personalized support 24/7.



Video visit

Meet face-to-face with a clinician by video from your smartphone, tablet, or computer. Appointments are optional.



24/7 care advice

Talk with a Kaiser Permanente clinician anytime day or night for advice.



E-visit

Fill out a short questionnaire about your symptoms online and get personalized self-care advice from a Kaiser Permanente clinician.



Email

Message your doctor's office with nonurgent health questions anytime through your kp.org account.



Mail-order pharmacy

Get prescription sent straight to your door with Kaiser's mail-order delivery service.

Making an appointment is easy

Go online

To choose the kind of care you need, visit kp.org/getcare or sign in to the Kaiser Permanente app – and avoid hold times on the phone. For Washington members, chat online with a doctor through your kp.org account.

Call 24/7

Washington:

1 (800) 297-6877

Text: 711



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