

# Kitsap County Commission on Children and Youth



**Programs that Prevent and Reduce  
the Impact of Adverse Childhood  
Experiences through Building  
Resiliency**

**2022 Request for Proposal**

# Kitsap County Commission on Children and Youth

Established in 1988 by the Kitsap  
County Board of Commissioners

- **Advises** County Commissioners and residents on the need of children, youth and families based on periodic assessments.
- **Facilitates** the coordination of information among agencies to maximize resources.
- **Advocates** for an environment that fosters healthy, self-sufficient responsible children, youth and families.

# Timeline

<u>DATE</u>	<u>ACTIVITY</u>
February 3, 2022	Kitsap County Commission on Children and Youth meet and approve RFP.
March 10, 2022	Request for Proposal Released. RFP Packet Available.
March 22, 2022 11:00 a.m. – 11:30 a.m.	Bidder's Conference Will be held virtually. Please email Laura Hyde for an invitation <a href="mailto:Lhyde@co.kitsap.wa.us">Lhyde@co.kitsap.wa.us</a>
April 14, 2022 3:00 p.m. deadline	Proposals Received by the Kitsap County Commission on Children and Youth.  <b>BID SUBMISSION DEADLINE &amp; LOCATION</b> April 14, 2022 at 3:00p.m. Mailing Address: 614 Division Street MS-7 Port Orchard, WA 98366  Physical Address: BY APPOINTMENT ONLY 4th Floor Administration Building 619 Division Street Port Orchard, WA 98366 360.337.4788
April 22, 2022	Staff technical review and proposals sent to Grant Review Committee.
April 23, 2022	Kitsap Cares About Kids Grant Review Committee Members receive and rank proposals.
May 3, 2022	Grant Review Committee meets and develops recommendations for funding.
May 5, 2022	Kitsap County Commission on Children & Youth meets to select proposals for funding.
May 16, 2022	Awards announced and contracts initiated.
June 1, 2022	Matching funds available for selected youth projects or program services between June 1, 2022 and December 31, 2022.
December 31, 2022	Matching funds must be spent.
January 5, 2023	Awardees report to the Youth Commission at the January 2023 monthly meeting.
January 15, 2023	Final written report due.

# The Kitsap ACEs Partnership

The Adverse Childhood Experience (ACEs) Study

## Mission

To promote wide-spread understanding of the science of childhood adversity and resiliency so that we can ensure the health and well-being of our communities, particularly our children.

*An Initiative of the Kitsap Community Health Priorities and the  
Kitsap County Commission on Children and Youth*



# What Happens in Your Childhood Matters



Your childhood experiences and relationships directly influence your physical, mental, behavioral health, and how you interact in society throughout your life

**Good News!**

Significant strides are being made to understand how trauma and resiliency during childhood influences health over time



# The Adverse Childhood Experiences Study

Large research study by Kaiser of 17,000 adults

## Abuse

- Psychological
- Physical
- Sexual

## Neglect

- Physical Neglect
- Emotional Neglect

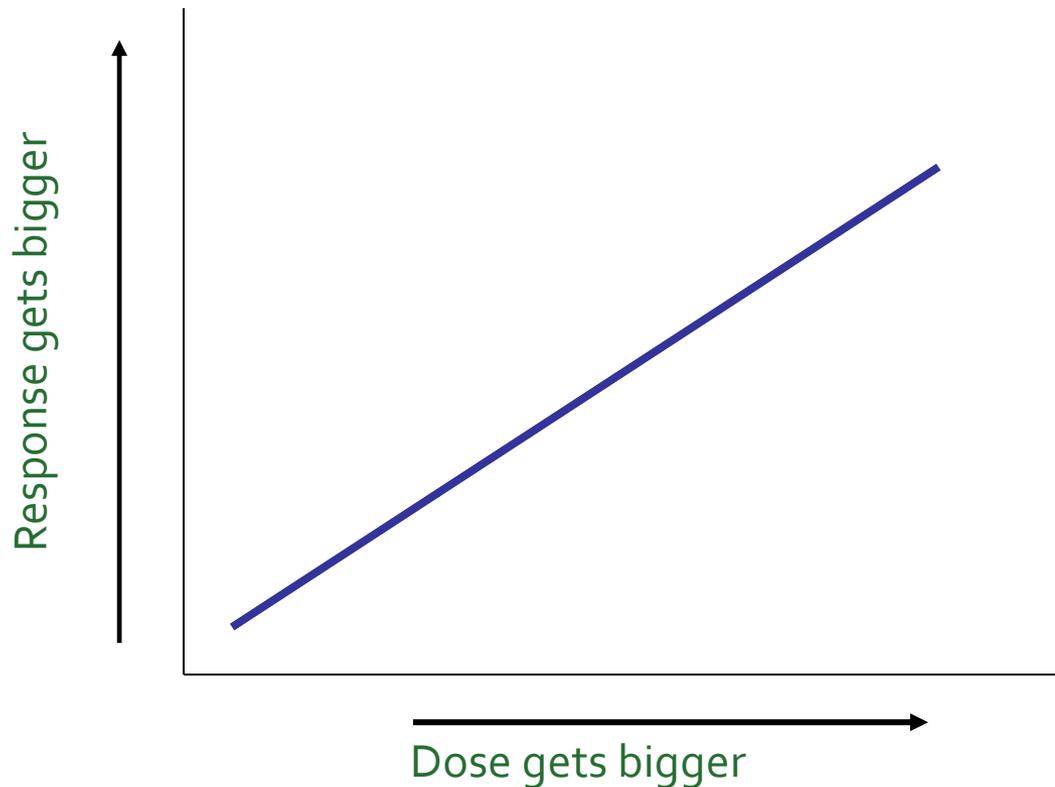
## Household Dysfunction

- Substance Abuse
- Parental discord – divorce, separation, abandonment
- Mental Illness
- Mother Treated Violently
- Imprisoned Household Member



# Dose-Response Relationship

Higher ACE Score Reliably Predicts Prevalence of Health Problems in a population



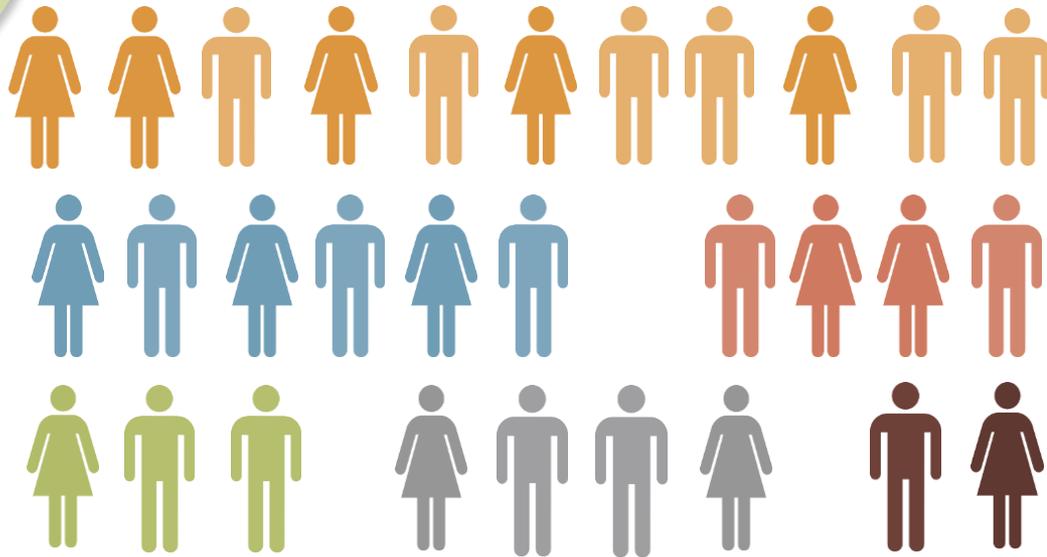
The “response”—in this case the occurrence of the health condition—is caused directly by the size of the “dose”—in this case, the number of ACE categories.



# Distribution of Adverse Childhood Experiences (ACEs) in a Group of 30

11 people with no ACE  
6 with 1 ACE  
4 with 2 ACEs  
3 with 3 ACEs  
4 with 4-5 ACEs  
2 with 6-8 ACEs

If we were to project our ACEs distribution in Kitsap County to an average classroom of 30 high schoolers, about one third would have no ACEs, one third would have 1-2 ACEs, and one third would have 3 or more ACEs.



Adapted from the Washington State Family Policy Council

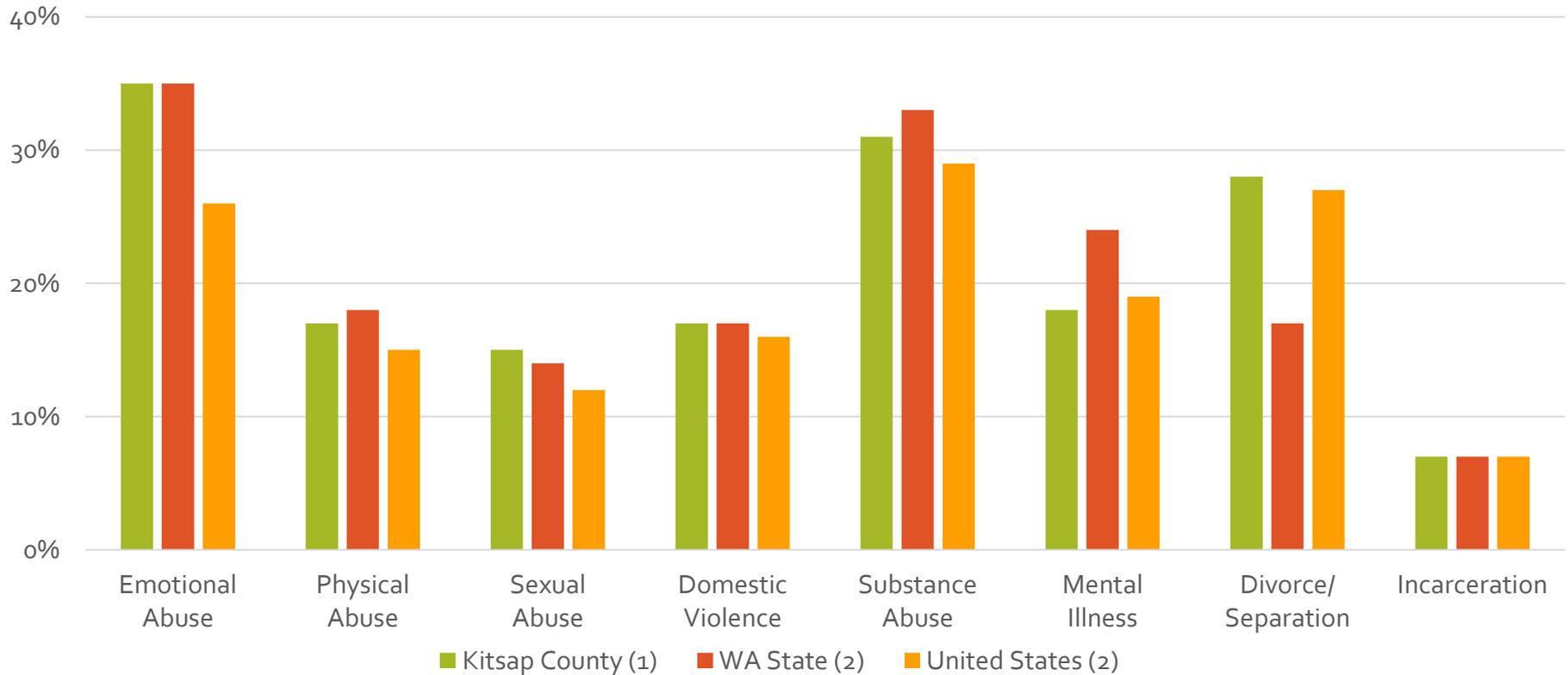


# ACEs are Common in Kitsap County

Abuse	Emotional	35%
	Physical	17%
	Sexual	15%
Household Dysfunction	• Domestic violence	17%
	• Substance Abuse	31%
	• Mental Illness	18%
	• Separation/Divorce	28%
	• Incarceration	7%



# ACEs are Common Everywhere



BRFSS, 2009-2010



# Protective Factors Fosters Resiliency

The capacity to **rise above adversity** and to **forge lasting strengths** in the struggle.

It is the means by which children/adults can **rebound from hardship** and **emerge as strong**, healthy individuals, able to lead gratifying lives, albeit with some scars to show for their experiences.

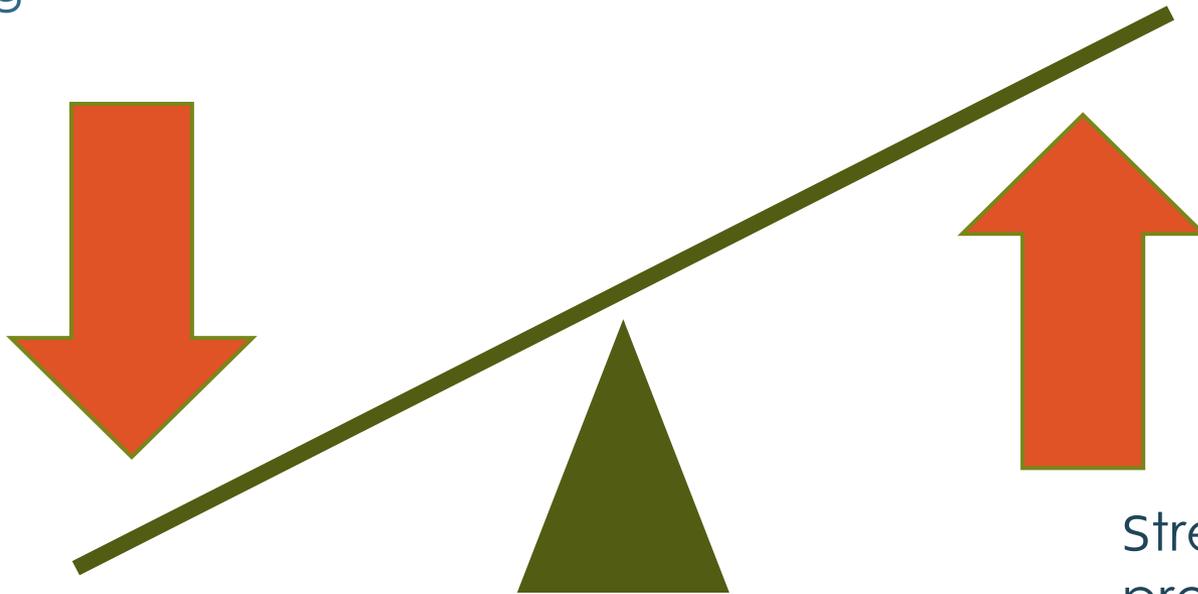
Stephen and Sybil Wolin



# Protective Factors (Developmental Assets)

## Shifting the Balance

Reducing  
the risks



Strengthening  
protective  
factors



TOGETHER WE CAN 1990 Jeanne Gibbs and Sherrin Bennett

# 40 Developmental Assets

(Theory of Change)

Support

Empowerment

Boundaries & Expectations

Constructive use of time

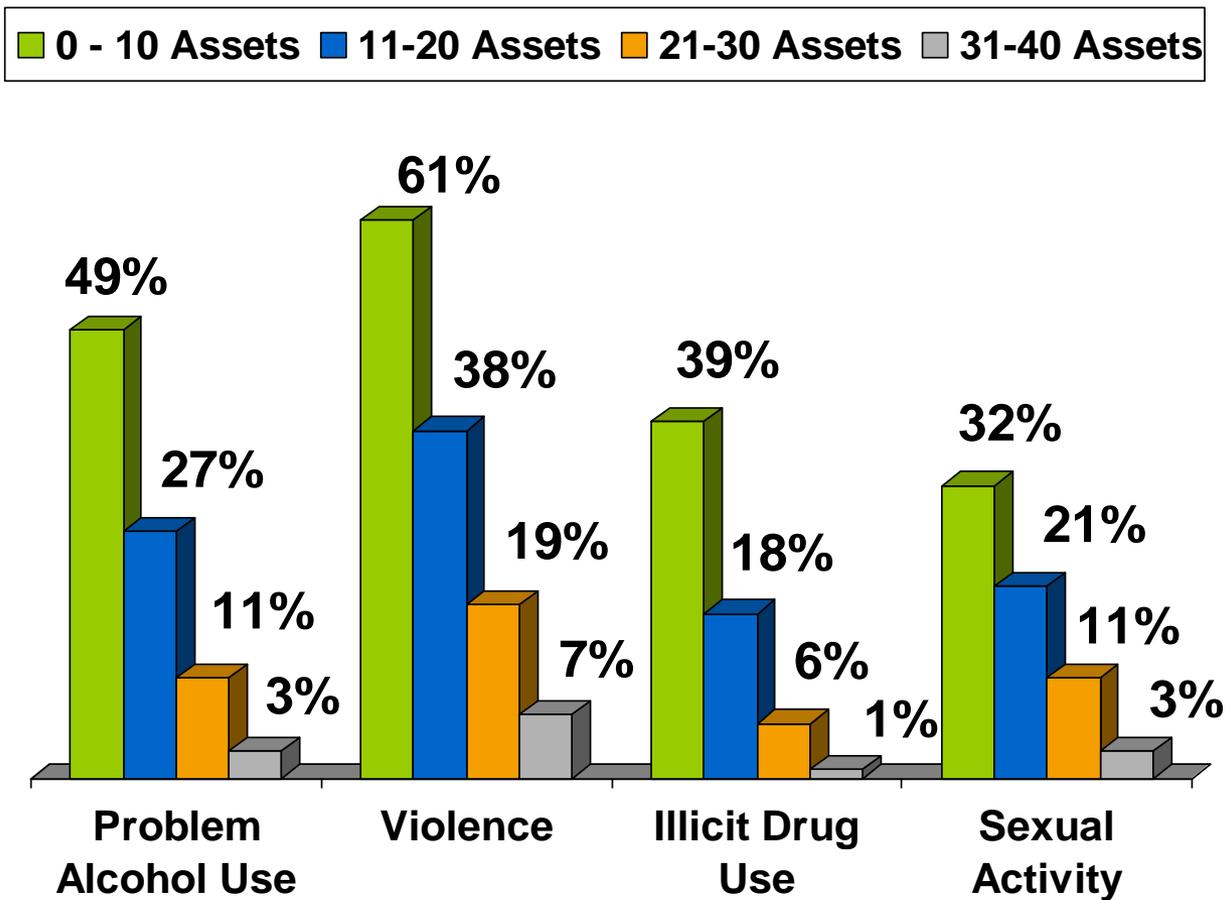
Commitment to learning

Positive values

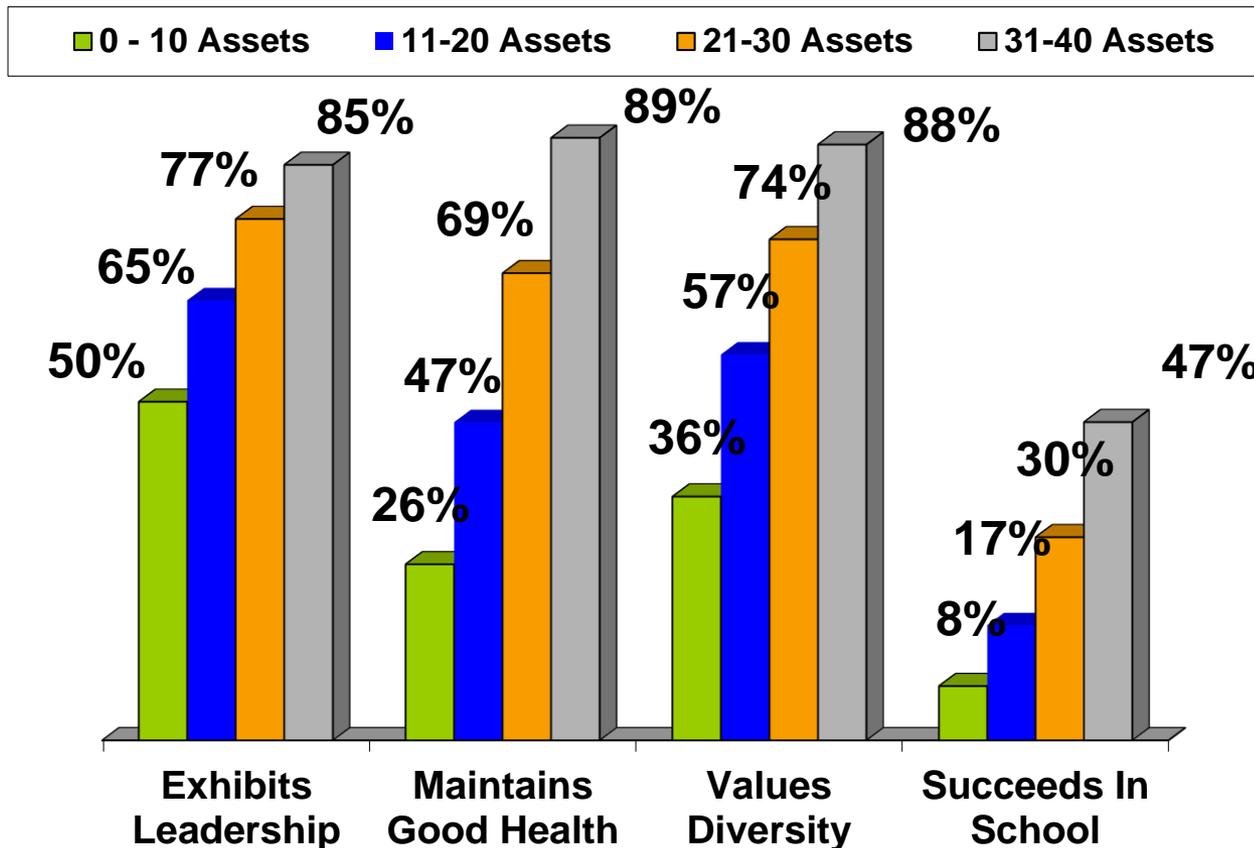
Social competencies

Positive identity

# The Power of Developmental Assets



# The Power of Developmental Assets



# Kitsap County Commission on Children and Youth RFP 2022 - \$19,500

**Funding priorities for 2021:** Program services that build and expand on existing efforts to prevent and reduce the impact of Adverse Childhood Experiences through building resiliency include, but are not limited to:

- Youth leadership development (e.g. training, mentorship, internships, project coordination)
- Education efforts focused on parents, childcare providers, preschool teachers and youth serving organizations to increase awareness of the adverse consequences of adverse childhood experiences in early childhood for lifelong outcomes in learning, behavior, and health;
- Development of creative, new strategies that can be incorporated into home-, school-, and center-based services to reduce sources of adverse childhood experiences and to strengthen the relationships that buffer children from the long-term consequences of significant adversity;
- Community based mentoring activities;
- Selected early-intervention programs, early childhood mental health services, and specialized family therapies that have demonstrated evidence of positive impacts on vulnerable young children and families;
- Professional development programs that educate key participants in the juvenile court and foster care systems about the biology of adversity and its implications for case management, child custody, and foster care of children who have been abused or neglected;
- Collaborative efforts with educators, youth services workers, mental health providers, and other related professionals to address urgent needs as early as possible and to integrate effective services for the most vulnerable children and their families.

# Elements Targeted for Funding

- Staff training;
- Curriculum;
- Service-learning projects;
- Civic engagement projects;
- Youth leadership training;
- Teen and/or adult parent education, involvement and attachment activities;
- School bonding, belonging and achievement activities;
- Alcohol and other drug prevention strategies training;
- Counseling and mental health programs for youth;
- Early childhood and school readiness programs;
- Promotion of competencies, coping skills and general life skill building;
- Opportunities to learn and develop talents;
- Child abuse prevention programs;
- Positive behavior support;
- Self regulation skills development.

# 100% Private Match

- Individual donations of cash to the organization;
- Donations from civic groups like Rotary, Kiwanis, Lions;
- Grant awards from foundations like the Kitsap Community Foundation, Paul Allen Foundation, Bill and Melinda Gates Foundation;
- Grant awards from non-profit organizations like the United Way;
- Grant awards from private corporations like Starbucks, Boeing, Fred Meyer;
- Fees collected for projects or program services or earned income.

**This would not include fees that were paid by federal, state, local government tax dollars.**

# Questions:

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