THANK YOU FOR GETTING TESTED!

ACCESSING YOUR TEST RESULTS

STICKER

Results are typically available within 2-4 calendar days (48-96 hours). Results might take longer due to high testing volumes at the lab or other unforeseen circumstances.

If you provided an email address you will receive an email from Test Directly with instructions for accessing your results. **If you did not provide an email,** go to **testdirectly.com/patient/report** and enter your order ID, access key, and date of birth to access your results.

FOR QUESTIONS REGARDING TEST RESULTS:
- Call Kitsap Public Health District at 360-728-2235 from 8 a.m. to 4 p.m., Monday-Friday. Please allow at least two business days before calling regarding the status of your results.
- Inquiries also can be directed to NW Lab Customer Support, **360-527-4592**, 6 a.m. to 10 p.m. Monday-Friday, 8 a.m. to 10 p.m. Saturday-Sunday, or **email covidvm@nwlaboratory.com**.
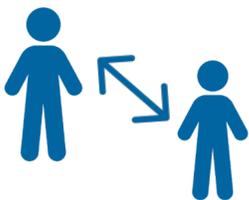
What should I do while while I wait for my test results?

Stay home and away from other people

Return home and stay home until your test results are available. Do not go to work, school, or public areas. Avoid public transportation, ride-sharing, or taxis. Ask friends or family members to help with shopping or use a delivery service.

Stay apart from others in your household as much as possible

This is especially important if you live with people who are at higher risk for getting very sick from COVID-19, such as older adults and people with certain health conditions. Learn more about risk factors at cdc.gov/coronavirus.

Get medical help quickly if your symptoms get worse

Emergency warning signs include trouble breathing, persistent pain or pressure in the chest, confusion, inability to wake or stay awake, and bluish lips or face.

If you have an emergency and need to call 911, tell the dispatcher that you may have COVID-19. If possible, put on a face covering before emergency medical services arrive. **If you need to go to a doctor's office**, call ahead and let them know that you may have COVID-19.

What should I expect if I my test results are positive for COVID-19?

You will need to stay home and avoid close contact with other people until:

It has been at least 5 days since your syptoms first started, or at least 5 days from your test date if you have not had symptoms

AND

You have been fever-free for at least 24 hours without the use of fever-reducing medications.

AND

Your symptoms have gotten better.

The health department may call you.

If you live in Kitsap County, you might get a call from a Washington State Department of Health or Kitsap Public Health District interviewer. **Please respond as soon as you can and follow the guidance provided!**

- If you do get a call, the interviewer will ask you about your symptoms, the places you have recently visited, and people you have been in close contact with.

- The interviewer will **NOT** ask you for your immigration status, social security number, or financial information.

What does it mean if my test result is negative for COVID-19?

A negative test result is reassuring but does not necessarily mean you do not have COVID-19.

- You may have been tested too soon after being exposed to the virus, in which case you could still test positive in the future.

- If you have any symptoms, please stay home until you have been fever free (without the use of fever-reducing medications) for 24 hours and other symptoms are improving.

- **If you are a close contact of a confirmed COVID-19 case,** you must quarantine for 5 days since your last exposure to the case, followed by strict mask use for 5 more days.

- If you develop symptoms during this time, you should consider getting tested again.

NEED HEALTH INSURANCE?

Peninsula Community Health Services may be able to help! Go to pchsweb.org or call 360-377-3776.

HAVE YOU GOTTEN YOUR COVID-19 VACCINE?

COVID-19 vaccines are abundant around our county. The vaccines are safe, effective and free.

Vaccination opportunities are available by appointment or on a walk-up basis at clinics, hospitals, pharmacies, and other settings, including pop-up clinics, around Kitsap. Everyone 5 years old and older is eligible.

For more information about where to get vaccinated near you, go to **kcowa.us/vaccine**, or call **360-728-2219**. More vaccine opportunities are available at **vaccinlocator.doh.wa.gov** and **800-525-0127**.