

## Saliva Specimen Collection

- **Do not eat or drink or put anything into your mouth (including water, gum, candy, etc.) for 1 hour prior to saliva collection**
- Collect saliva from the mouth, rather than mucus that is coughed up or cleared from the back of the throat
- If collecting into a green-topped tube, put the tube right up to your mouth; if collecting into a black tube (with orange cap), insert plastic funnel into the top of the tube, then put funnel right up to your mouth
- Spit into the tube until at least 2 cc (2 mL) of saliva have been collected, which may take several minutes. Judge the volume based on the markings on the side of the tube, and count only fluid, not bubbles.
- Close cap tightly after collection



**Ensure vial is labeled with name and DOB, matching the requisition.**